WE CATER
FOOD THAT DELIVERS

BREAKFAST • LUNCH • SNACKS • BEVERAGES
We cater food that delivers.

Breakfast Buffets

12 person minimum

All Breakfast Buffets served with a selection of condiments, assorted fruit juices, teas and steaming-hot regular and decaffeinated coffee.

Morning Medleys

Sweet Starts 7.99 pp
assortment of rich pastries ........................................ 220 Cal each

Continental Petite Sampler 9.79 pp
flaky croissants ......................................................... 180 Cal each
muffins ................................................................. 80-100 Cal each
rich pastries ............................................................. 140-170 Cal each
chewy bagels ......................................................... 110 Cal each
fresh seasonal fruit assortment .................................. 40 Cal per 3-oz. serving

Yogurt and Cereal Starter 12.29 pp
Assortment of Fresh Whole Fruit
apples ................................................................. 80 Cal each
oranges ................................................................. 80 Cal each
bananas ................................................................. 110 Cal each
creamy low-fat yogurt cups ..................................... 50 Cal each
individual cereal cups ........................................... 140-260 Cal each
with 2% milk .......................................................... 140 Cal per 8-oz. serving

Lox & Bagel Beginnings 14.99 pp
Norwegian smoked salmon, chopped hard-cooked eggs, sliced tomato, cucumber, red onion ..................... 110 Cal per 3-oz. serving
fresh-baked bagels .................................................. 170-290 Cal each
fresh seasonal fruit assortment .................................. 40 Cal per 3-oz. serving

Warm and Comforting

Artisanal Frittatas 10.29 pp
Breakfast Blend Frittatas, Three Ways
ham and potato ...................................................... 300 Cal each
sausage and potato .................................................. 440 Cal each
hearty vegetable .................................................... 170 Cal each
fresh seasonal fruit assortment ................................ 40 Cal per 3-oz. serving

Hearty American 11.99 pp
fluffy scrambled eggs ............................................. 180 Cal per 4-oz. serving
crisp, sliced hash-brown potatoes ......................... 140 Cal per 2-oz. serving
smoky bacon .......................................................... 40 Cal each
breakfast sausage links ........................................ 130 Cal each
fresh seasonal fruit assortment ................................ 40 Cal per 3-oz. serving
warm, freshly baked biscuits ................................... 180 Cal each

Sunrise Sandwiches 10.99 pp
Freshly Griddled Egg Sandwiches, Three Ways
sausage, egg & cheese biscuit .................................. 520 Cal each
egg & cheese English muffin ................................... 270 Cal each
bacon, egg & cheese bagel ....................................... 270 Cal each
fresh seasonal fruit assortment ................................ 40 Cal per 3-oz. serving

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.
BREAKFAST BUFFET ENHANCEMENTS

All items served with a selection of condiments.

INDIVIDUAL SELECTIONS

FRESH-BAKED BAGELS 4.29 pp .......................... 170-290 Cal each
PETITE SAMPLER 4.29 pp
muffins .................................................. 80-100 Cal each
rich pastries ............................................. 140-170 Cal each
buttery scones ........................................ 120 Cal each
TRADITIONAL LOX AND BAGELS 8.99 pp
norwegian smoked salmon, chopped hard-cooked
eggs, sliced tomato, cucumber, red onion .......... 110 Cal per 3-oz. serving
fresh-baked bagels ................................... 170-290 Cal each
CINNAMON-ORANGE FRENCH TOAST 5.99 pp
defrench toast .......................................... 90 Cal each
maple syrup ............................................. 110 Cal per 1-oz. serving
HANDCRAFTED YOGURT PARFAITS 6.99 pp
CREAMY LOW-FAT YOGURT LAYERED WITH ENTRICING FRUITS (CHOOSE TWO):
roasted banana ........................................ 400 Cal each
apple pie ................................................ 410 Cal each
honey ginger pear .................................... 440 Cal each
strawberry .............................................. 370 Cal each
SEASONAL SLICED FRUIT 2.99 pp .................. 40 Cal per 3-oz. serving
GRANOLA BARS 2.29 pp ............................. 190-230 Cal each

LET US HELP CREATE YOUR PERFECT MENU TODAY!
Memorable breakfast and lunch packages, inspiring buffet options, satisfying snacks and in-demand beverages. Whatever you’re looking for, we’ll make the experience easy, from start to finish.

EXPLORE OUR FULL RANGE OF MENU OPTIONS AT CATERTRAX.COM

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SALADS & SANDWICHES

12 person minimum

SIDE SALAD OPTIONS
- balsamic garden salad ........................................... 60 Cal per 4-oz. serving
- classic bacon spinach salad .................................. 60 Cal per 2-oz. serving
- greek penne pasta salad ......................................... 90 Cal per 3-oz. serving
- toasted couscous with cranberry, apricot and apple ..... 180 Cal per 3-oz. serving
- asian peanut and cilantro noodle salad ................. 210 Cal per 3-oz. serving
- caribbean spiced sweet potatoes .......................... 120 Cal per 4-oz. serving

ENTRÉE SALAD OPTIONS
- grilled chicken cobb salad .................................... 450 Cal each
- wild pacific salmon caesar salad ............................. 320 Cal each
- steak satay and ginger lime salad ............................ 280 Cal each
- garden salad ......................................................... 60 Cal each

SANDWICH OPTIONS
- turkey ciabatta with creamy sage spread ............... 420 Cal each
- herb-grilled chicken caesar wrap ......................... 630 Cal each
- ham and swiss ciabatta with apricot-onion spread ... 530 Cal each
- southwestern smoked turkey and pepper jack ciabatta 510 Cal each
- fresh vegetable with aged provolone and herb boursin cheeses on ciabatta ... 390 Cal each
- sriracha grilled vegetable and feta lavash ............... 600 Cal each
- rustic brie, caramelized onion and apple baguette ...... 760 Cal each
- roast beef on whole wheat with tarragon horseradish ... 450 Cal each

PREMIUM BOXED LUNCHES

PREMIER SALAD 13.99 pp
- one handcrafted entrée salad of your choice .......... 60-450 Cal each
- one piece of ripe whole fruit ................................. 80-110 Cal each
- bakery-fresh roll .................................................. 90 Cal each
- house-baked Craveworthy Cookie ......................... 240-290 Cal each

PREMIER SANDWICH 12.99 pp
- one premium sandwich of your choice ................. 60-210 Cal each
- one piece of ripe whole fruit ................................. 80-110 Cal each
- crunchy potato chips ............................................ 150-160 Cal each
- house-baked Craveworthy Cookie ......................... 240-290 Cal each

EXECUTIVE LUNCH PACKAGES

SALAD COLLECTION 17.99 pp
- three handcrafted entrée salads of your choice ....... 60-450 Cal each
- fresh seasonal fruit assortment ............................. 40 Cal per 3-oz. serving
- bakery-fresh rolls .................................................. 90 Cal each
- house-baked Craveworthy Cookies ......................... 240-290 Cal each

SANDWICH BOARD 16.99 pp
- three premium sandwiches of your choice ............. 390-760 Cal each
- two side salads of your choice ............................... 60-210 Cal each
- fresh seasonal fruit assortment ............................. 40 Cal per 3-oz. serving
- crunchy potato chips ............................................ 150-160 Cal each
- house-baked Craveworthy Cookies ......................... 240-290 Cal each

CLASSIC COMBINATIONS

DELI TO GO 12.99 pp
AN ASSORTMENT OF HEARTY MEATS
- sliced oven-roasted turkey ................................ 60 Cal per 1-oz. serving
- deli ham .............................................................. 30 Cal per 1-oz. serving
- tuna ................................................................. 80 Cal per 1-oz. serving
- cheese tray ......................................................... 60 Cal per 2-oz. serving
- relish tray of lettuce, tomato, onion, pickles, pepperoncini ... 30 Cal per 2-oz. serving
- bakery-fresh breads and rolls .............................. 110-160 Cal each
- one side salad of your choice ............................... 60-210 Cal each
- house-baked Craveworthy Cookies ......................... 240-290 Cal each

SIDE SALAD OPTIONS
- balsamic garden salad ........................................... 60 Cal per 4-oz. serving
- classic bacon spinach salad .................................. 60 Cal per 2-oz. serving
- greek penne pasta salad ......................................... 90 Cal per 3-oz. serving
- toasted couscous with cranberry, apricot and apple ..... 180 Cal per 3-oz. serving
- asian peanut and cilantro noodle salad ................. 210 Cal per 3-oz. serving
- caribbean spiced sweet potatoes .......................... 120 Cal per 4-oz. serving

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GLOBAL GATHERINGS

WE CATER FOOD THAT DELIVERS

CHILLED

ASIAN INSPIRATIONS 18.99 pp
orange-marinated chicken breast, baby spinach, lemon teriyaki salmon, lemon-garlic green beans, cayenne-spiced asian slaw, cilantro-peanut noodles, dessert selection of brownies, bars and Craveworthy Cookies 200-290 Cal each

MEXICAN CONNECTION 18.99 pp
marinated carne asada, roasted potatoes, spicy ranchero sauce, lemon-pepper chicken, roasted corn and black bean relish, fresh jicama chopped romaine salad, crisp tortilla chips, salsa and creamy guacamole, cinnamon sugar-dusted dessert sopapillas 150 Cal each

HOT

TAVALINO 15.99 pp
roasted eggplant parmesan, sauteed italian sausage, peppers, onions, fresh basil penne marinara, with sliced, grilled chicken, chilled caesar salad, bakery-fresh rolls, dessert selection of brownies, bars and Craveworthy Cookies 200-290 Cal each

MAYAN RICE BOWL 18.99 pp
braised, shredded beef brisket, tender pulled chicken, white or brown cilantro-lime rice, marinated and grilled portobello, seasoned black beans, creamy cilantro pinto beans, chunky guacamole, salad of romaine, with creamy avocado ranch dressing, dessert selection of brownies, bars and Craveworthy Cookies 200-290 Cal each

MYKONOS RETREAT 14.99 pp
garlic and rosemary-rubbed chicken souvlaki skewers, crispy falafel, roasted eggplant, israeli couscous with fresh mint, fresh spinach sauteed in garlic, soft white or whole wheat pita, creamy tzatziki, dessert selection of brownies, bars and Craveworthy Cookies 200-290 Cal each

KOREAN FUSION BBQ 16.99 pp
SAVORY KOREAN BARBECUED FILINGS (CHOOSE TWO):
bbq pork, bbq chicken, bbq tofu, bbb lettuce cup noodles, jasmine rice, vegetable egg rolls, chopped peanut garnish, dessert selection of brownies, bars and Craveworthy Cookies 200-290 Cal each

REPUBLIC OF SPICE 16.99 pp
spicy kada prawn masala, fiery-red tandori chicken, lemon-ginger basmati rice, kachumber side salad, curry-spiced naan, dessert selection of brownies, bars and Craveworthy Cookies 200-290 Cal each

BUFFETS

FOOD THAT DELIVERS
WE CATER GLOBAL GATHERINGS

18.99 pp
200-290 Cal each

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**BEVERAGES & BREAKTIME**

**BEVERAGES**

**FRUIT-INFUSED SPA WATERS** $1.49 pp
- Choose from five refreshing flavors:
  - Lemon: 0 Cal per 8-oz. serving
  - Orange: 10 Cal per 8-oz. serving
  - Cucumber: 10 Cal per 8-oz. serving
  - Grapefruit: 10 Cal per 8-oz. serving

**ASSORTED NAKED® JUICE DRINKS** $4.99 pp
- 210-240 Cal each

**ASSORTED FRUIT JUICES** $3.29 pp
- 110-170 Cal each

**REGULAR AND DECAF COFFEE AND ASSORTED TEA** $2.49 pp
- 0 Cal per 8-oz. serving

**STILL AND SPARKLING BOTTLED WATER** $1.99 pp
- 0 Cal per 8-oz. serving

**ASSORTED SODAS** $1.79 pp
- 0-200 Cal each

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**ALL-DAY SNACKS**

**PACKAGES**

**CHOCOLATE INDULGENCE** $8.29 pp
- Luscious chocolate-dipped strawberries: 40 Cal per 2 pieces
- Sweet and salty chocolate-dipped pretzels: 110 Cal each
- Selection of petite candy bars: 45 Cal per 4 pieces
- Creamy chocolate milk: 200 Cal per 8-oz. serving
- House-baked Craveworthy Cookies: 240-290 Cal each

**WHOLESALE BOOST** $7.99 pp
- Assortment of fresh whole fruit:
  - Red apples: 80 Cal each
  - Granny smith apples: 80 Cal each
  - Oranges: 80 Cal each
  - Bananas: 110 Cal each
  - Pears: 100 Cal each
  - Creamy low-fat yogurt cups: 50 Cal each
  - Crunchy trail mix: 290 Cal each
  - Hearty granola bars: 190 Cal each

**SNACK RELIEF** $6.99 pp
- Fudgy house-baked brownies: 220 Cal per 2-oz. serving
- Sweetly salty honey peanuts: 160 Cal per 1-oz. serving
- Hearty granola bars: 190 Cal each
- Chips in an assortment of flavors: 150-160 Cal each

**PLATTERS**

**CRAVEWORTHY COOKIES** $1.99 pp
- Seasoned pita wedges: 50 Cal per 2 pieces
- Crostini: 80 Cal per 2 pieces
- Roasted mushroom, shallot and tomato salad: 40 Cal per 3-oz. serving

**ARRAY DE CRUDITÉS** $3.99 pp
- A delightful collection of carrots, broccoli crowns, red pepper, cauliflower, grape tomatoes, zucchini, yellow squash and fresh celery: 120 Cal per 4-oz. serving
- Ranch dill dressing: 90 Cal per 1-fl.-oz. serving

**ANTIPasto EXCITEMENT** $9.29 pp
- A craveable collection of mixed olives, provolone cheese, roasted red peppers and sliced genoa salami: 250 Cal per 4-oz. serving
- Crostini: 80 Cal per 2 pieces
- Marinated artichoke hearts: 90 Cal per 4-oz. serving
- Roasted mushroom, shallot and tomato salad: 40 Cal per 3-oz. serving

**CHEESE TO PLEASE** $4.99 pp
- A delicious assortment of domestic swiss, monterey pepper jack and sharp yellow cheddar cheese cubes: 290 Cal per 4-oz. serving
- Crostini: 80 Cal per 2 pieces
- Seasoned pita wedges: 50 Cal per 2 pieces

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ENJOY SERVICE AND CONVENIENCE.
Your order includes everything you need for the perfect meeting or event—presented in professional, convenient, ready-to-serve packaging.

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The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles (i.e., trays/bowls used) vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Important: Any amount charged by Aramark (such as an administrative, service, delivery, labor, or other charge or fee), unless expressly designated as a tip or gratuity, is not intended to be for the benefit of any employee(s) and is not a tip or gratuity. Charges or fees other than those designated as tips or gratuities are not distributed to employees except where expressly stated otherwise in writing.