

2022-2023

# DINING DETAILS

This guide was created to help you make the most informed decisions possible about your dining experience. You're in control! Whatever you choose, rest assured that quality is at the core of everything we do. With an ever-present focus on craftsmanship, our daily offerings will always be made from scratch. You'll enjoy fresh, consciously sourced food with a focus on seasonal items, a wide variety of delicious and healthy meals, build-your-own meal concepts, and special options for every diet. We're here to nourish, comfort, and excite through our food offerings every single day. We can't wait to serve you!

## MEAL PLAN OPTIONS

Meal plans are an important part of a student's lifestyle, whether you are an incoming first-year student or a returning upperclassman. Our goal is to match each and every student with the perfect meal plan that meets and exceeds their expectations. These plans give our guests total control and flexibility, along with the best value for the dollar.

<p><b>17 MEAL PLAN</b>  <i>17 meals per week  in the Ripich Commons plus  \$75 Flex and \$75 Nor'Easter Dollars  per semester</i></p>
<p><b>12 MEAL PLAN</b>  <i>12 meals per week  in the Ripich Commons plus  \$125 Flex and \$75 Nor'Easter Dollars  per semester</i></p>
<p><b>8 MEAL PLAN</b>  <i>8 meals per week  in the Ripich Commons plus  \$175 Flex and \$75 Nor'Easter Dollars  per semester</i></p>

## FLEX DOLLARS

Flex Dollars are included with each meal plan and act like a debit account for meals, snacks, and beverages at any of our campus dining locations.

## TERMS AND CONDITIONS

All incoming freshman and transfer students are automatically enrolled in the 17 meal plan. For the Spring semester, the meal plan you were enrolled in from the Fall will roll over. All students will be given a chance to change that plan at a later date. All meal plan costs are included in your UNE Room & Board, and all meal plans have an equal value, allowing you to choose which plan works best for you.

## CONTACT

For any dining or meal plan questions, please reach out to us by phone or email.

PHONE: 207.602.2369

EMAIL: [UNEdining@une.edu](mailto:UNEdining@une.edu)

## ALLERGENS & DIETARY NEEDS

We understand the diverse needs and preferences of our campus community and are committed to offering a variety of delicious and filling options for everyone, regardless of unique dietary restrictions. In addition to our beloved Inspired Eats station featuring menus free of the top 8 food allergens, many of our stations offer customization to adapt your dining experience to your personal needs, and all items are labeled with our allergen and dietary lifestyle icons. Our team will work with you to ensure incredible food experiences. To connect with our dining team, email [UNEdining@une.edu](mailto:UNEdining@une.edu).



Wholesome and fueling meals made from scratch.

# DINING DESTINATIONS AND HOURS

## BIDDEFORD CAMPUS



### RIPICH DINING COMMONS

In Ripich Commons Dining Hall, all open food will be served by a dining team member, our deli sandwiches and salads will be pre-made and plated for you to grab quickly, and selections will change daily.

#### SPOON & FORK

This station offers guests restaurant-style entrées, chef-created meals, and delicious sides, from salmon with pineapple habañoero salsa to chicken Marsala, and homestyle classics like lasagna or fried chicken and waffles with maple bourbon syrup. A vegetarian entree will always be available at Spoon & Fork.

#### THE GRILL

Every day at The Grill, we'll offer a different grilled entrée and side dish. At lunch, we might showcase a deluxe grilled cheese with caramelized onions and jicama slaw, or a crab roll with sweet potato fries! Your favorites will still be available – hamburgers, veggie burgers, and fresh-cut fries. The Grill will be open and serving every weekday from 11 am to close.

#### MONGOLIAN GRILL

At the Mongolian Grill, it's all about choices! Choose from a selection of daily specials of your favorite kind of noodle and rice dishes. From chicken fried rice and beef bulgogi to Thai fried noodles, the offerings will highlight Asian flavors.

#### V2 – VEGAN CUISINE

Right next to the Mongolian Grill, you'll find daily entrées featuring plant-centric offerings. Here, our chefs prepare delicious dishes like wild mushroom strudel, lentil and vegetable biryani, vegetable paella, seitan gumbo, roasted asparagus, and spinach fajitas.

#### INSPIRED EATS

All meals made in this station are free of gluten, soy, peanuts, tree nuts, eggs, dairy, shellfish, and fish. This station features lunch and dinner specials Monday through Friday and serves allergen-free brunch every weekend from 10 am to 2 pm.

#### MARKET FRESH SALADS

We are excited to offer a build-your-own salad bar. Choose from a variety of salad greens, fresh-chopped vegetables, and toppings for your perfect salad. All dressings are made in-house to top it off!

#### DELI

Our Deli will be offering a selection of handcrafted sandwiches daily that will be pre-made and ready for you to enjoy. Guests can expect to enjoy their sandwiches on fresh, local bread. Each day, be on the lookout for exciting specials, such as an authentic Vietnamese bánh mì, or maybe a rustic Italian bread loaded with fresh mozzarella, tomatoes, and basil, drizzled with olive oil and topped with a pinch of salt.

#### PIZZA & PASTA

Our pizzas all look different, because they are hand tossed! This station features five different varieties of pizza daily, including gluten-friendly. The pasta bar features pasta du jour, whole wheat, and gluten-friendly pasta. Choose from vegan marinara, Alfredo, or check out our composed pasta dish, like pasta primavera. Don't forget to grab a fresh-baked garlic knot. This station is closed on Saturdays.



All our pizzas are made by hand.



### THE PUB AT THE COMMONS

Featuring Starbucks® We Proudly Brew, we serve up a full line of coffee and espresso. The Pub also has all of your favorite grill items, with a Firehouse Grille menu that features flame-grilled burgers, fried chicken, and plant-based chili.



### ALFOND CAFÉ

Made-to-order fresh fruit and vegetable smoothies and a large variety of chef-made sandwiches, salads, and snacks from our On the Go! cooler.



### FORUM CAFÉ

Enjoy our new concept Cinco Cantina, featuring build-your-own burritos, bowls, and tacos, as well as a variety of flatbreads to choose from!



### WINDWARD CAFÉ

Touchscreen kiosks allow students access to a wide array of snacks, convenience items, and our fresh-packed On the Go! items. Open 24/7

## PORTLAND CAMPUS



### NOR'EASTER CAFÉ

Enjoy our brand new location featuring Corner Mercantile Express and Hello Bistro Express. Plus, enjoy your favorite pick-me-up from our Starbucks® We Proudly Brew location!



### PARKER CAFÉ

Touchscreen kiosks allow students access to a wide array of snacks, convenience items, and our fresh-packed On the Go! items. Open 24/7



Scan this QR code to see more dining information and updated hours on our website.