

# **INSPIRED EXPERIENCES.** Our food is locally sourced and globally **CULINARY** inspired to connect you with community **FORWARD** and fuel your best work. Our people are genuine, passionate, and **THOUGHTFUL** empowered to do what it takes to make HOSPITALITY your moment special. Our common goodness considers PEOPLE & the environmental, social, ethical and **PLANET** economic impact of everything we do. Our experiences create connection and **INSPIRED** culture, bringing desired and inspired **EXPERIENCES** spaces to life.

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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



## **ALL-DAY PACKAGES**

## **ALL DAY DELICIOUS \$46.29**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 quests or more.

### **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **AM PERK UP**

Granola Bars <b>v</b>	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### POWER UP LUNCH

POWER OF LUNCH	
Tomato and Cucumber Couscous Salad vg	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad <b>V EW</b>	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Green Beans Gremolata <b>VG EW PF</b>	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto <b>V EW</b>	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with	
a Lemon Tarragon White Wine Sauce <b>EW</b>	210 Cal/5.75 oz. serving
New York Cheesecake <b>v</b>	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### PM PICK ME UP

230 Cal/2.25 oz. serving
70 Cal/3 oz. serving
250 Cal/2.25 oz. serving
0 Cal/8 oz. serving
0 Cal/8 oz. serving

## **MEETING WRAP UP \$38.39**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

### **MORNING MINI**

Miniature Muffins <b>v</b>	80-120 Cal each
Miniature Danish <b>v</b>	140-170 Cal each
Miniature Scones <b>v</b>	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	400-450 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## THE ENERGIZER

Donut Holes <b>v</b>	45-90 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### IT'S A WRAP

Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap <b>V PF</b>	620 Cal each
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch <b>vg ew PF</b>	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>v</b>	120 Cal/3 oz. serving
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving

O Cal/8 oz. serving

### **MID-DAY MUNCHIES**

Iced Water

Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Assorted Whole Fruit <b>VG EW PF</b>	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **ALL-DAY PACKAGES**

## **SIMPLE PLEASURES \$30.49**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

## SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 520 Cal each Ham and Swiss Sub 400 Cal each Turkey and Swiss Sandwich 520 Cal each Roasted Pepper and Mozzarella Ciabatta V EW PF 500 Cal each Individual Bag of Chips V 100-160 Cal each Assorted Craveworthy Cookies V 210-260 Cal each Iced Water 0 Cal/8 oz. serving

## **MID-DAY MUNCHIES**

Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>vg</b>	5 Cal/1 oz. serving
Pico De Gallo <b>v</b> g	5 Cal/1 oz. serving
Assorted Whole Fruit <b>VG EW PF</b>	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





## **BREAKFAST**

#### **BREAKFAST COLLECTIONS**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

MINI	CONTIN	ENTAL	\$11.79
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Miniature Muffins v 80-120 Cal each
Miniature Danish v 140-170 Cal each
Miniature Bagels v 110-160 Cal each
Seasonal Fresh Fruit Platter vg pf 35 Cal/2.5 oz. serving
Iced Water 0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### **EUROPEAN CONTINENTAL \$15.69**

European Breakfast Charcuterie: Platter of Gruyere, Blue Cheese, Genoa Salami, Prosciutto, Orange Marmalade, Fig Cranberry Jam, Whole Grain Mustard, Hard-Boiled Egg,

Red Grapes and Crostini 400 Cal/4.5 oz. serving

Croissants with Butter and Jam V 370 Cal each Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Juice 110-170 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### **HEALTHY CHOICE BREAKFAST \$11.79**

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups190-230 Cal eachMilk120 Cal eachBananas VG EW PF100 Cal eachAssorted Yogurt Cups80-150 Cal eachIced Water0 Cal/8 oz. servingGourmet Coffee, Decaf and Hot Tea0 Cal/8 oz. serving

## À LA CARTE BREAKFAST

Cinnamon Rolls **v** \$27.39 Per Dozen 350 Cal each

Assorted Scones Served with Butter and Jam v

**\$26.09 Per D**ozen 400-440 Cal each

Assorted Pastries **v** \$26.09 Per Dozen 210-530 Cal each

Granola Bars **v** \$2.69 Each 130-250 Cal each

Assorted Yogurt Cups \$3.09 Each 50-150 Cal each

Whole Fruit **vg EW PF \$1.29 E**ACH 45-100 Cal each

## **BREAKFAST**

## **HOT BREAKFAST**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

## **AMERICAN BREAKFAST \$14.29**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Croissants <b>v</b>	370 Cal each
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

SUNRISE SANDWICH BUFFET \$15.49		
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving	
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving	
Choice of Two (2) Sunrise Breakfast Sandwiches:		
Egg and Cheese English Muffin <b>v</b>	270 Cal each	
Egg and Cheese Croissant	370 Cal each	
Sausage, Egg and Cheese Biscuit	490 Cal each	
Ham, Egg and Cheese Biscuit	450 Cal each	
Bacon, Egg and Cheese Bagel	410 Cal each	
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each	
Spicy Veggie Sausage Biscuit with Maple Sriracha	Syrup <b>VPF</b> 440 Cal each	
Spicy Southern Chicken Biscuit with Maple Srirach	a Syrup 560 Cal each	
Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg		
on a Everything-Spiced Biscuit	370 Cal each	

Bacon, Lettuce, Tomato, Avocado and Egg Bagel

Gourmet Coffee, Decaf and Hot Tea

Iced Water

TACOS FOR BREAKFAST \$14.29	
Seasonal Fresh Fruit Platter <b>vg PF</b>	35 Cal/2.5 oz. serving
Flour Tortilla - 6" <b>vg</b>	90 Cal each
Corn Tortilla - 6" <b>vg</b>	35 Cal each
Scrambled Eggs <b>v</b>	140 Cal/4 oz. serving
Bacon and Eggs Scramble	140 Cal/4 oz. serving
Sauteed Peppers and Onions <b>vg</b>	40 Cal/2 oz. serving
Shredded Cheddar Cheese <b>v</b>	110 Cal/1 oz. serving
Hashbrown Potatoes <b>v</b>	120 Cal/3 oz. serving
Guacamole <b>vG</b>	100 Cal/4 oz. serving
Choice of Two (2) Salsas:	
Salsa Verde <b>v</b>	5 Cal/1 oz. serving
Salsa Roja <b>v</b> g	10 Cal/1 oz. serving
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Sour Cream <b>v</b> <sub>6</sub>	120 Cal/1 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

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420 Cal each

0 Cal/8 oz. serving

0 Cal/8 oz. serving



## **BREAKFAST**

### **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 12 guests or more.

### YOGURT PARFAITS \$5.79 PER PERSON

Choose Your Favorite:

Blueberry Orange Yogurt Parfait V

Apple, Raisin and Cranberry Yogurt Parfait V PF

400 Cal each
Honey Ginger Pear Yogurt Parfait V PF

450 Cal each
Strawberry Yogurt Parfait V

360 Cal each

### **JUST FRENCH TOAST \$5.99 PER PERSON**

Orange Cinnamon French Toast **v** 100 Cal each Maple Syrup **vg** 70 Cal/1 oz. serving

## BISCUITS IN SAUSAGE GRAVY \$3.89 PER PERSON

Biscuits and Gravy

570 Cal/7 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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## SANDWICHES & SALADS

### CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

#### **DELI EXPRESS \$16.09**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each 100-160 Cal each Individual Bags of Chips v Assorted Baked Breads and Rolls v 110-230 Cal each Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving 110 Cal/1 oz. serving Cheese Tray (Cheddar and Swiss) v Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 210-260 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

### **PREMIUM BOX LUNCHES**

#### Kale Pesto Turkey Ciabatta \$17.69

Turkey, Provolone, Tomato, Balsamic Glaze and Spicy Kale Pesto on Ciabatta 550 Cal each Chilled Dill Cucumber Salad vg EW PF 60 Cal/3.75 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie **v** 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

#### Steakhouse Chop Salad \$18.59

Grilled Beef Steak tossed with Blue Cheese, Vegetables 220 Cal each and Romaine tossed with Dijon Vinaigrette Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving

O Cal each

#### Mediterranean Quinoa Salad \$18.09

**Bottled Water** 

Quinoa, Toasted Chickpeas, Cucumber, Tomato 450 Cal/15 oz. serving and Kalamata Olives with Hummus and Pita VEW PF Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup vg PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

### **CLASSIC BOX LUNCH \$14.59**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each Individual Bag of Chips v 100-160 Cal each 210-260 Cal each Assorted Craveworthy Cookies v **Bottled Water** O Cal each

### CLASSIC SELECTIONS SANDWICH BUFFET \$17.69

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg O Cal/1 oz. serving Individual Bags of Chips V 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Bavarian Ham and Swiss on a Pretzel Roll 500 Cal each

Roast Beef and Cheddar Sandwich 430 Cal each

California Turkey Ciabatta with Avocado, Spinach,

Cucumber, Tomato and Ranch Dressing 470 Cal each

Chicken Caesar and Asiago Bruschetta Baguette 770 Cal each

Greek Salad Wrap with Crumbled Feta, Black Olives,

Fresh Cucumbers, Plum Tomatoes and Red Onion v 430 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

## **SANDWICHES & SALADS**

## **CLASSIC COLLECTIONS**

All prices are per person and available for 12 guests or more.

#### THE EXECUTIVE LUNCHEON \$20.39

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) Dill Pickle Slices <b>vg</b>	30-240 Cal each 0 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

600 Cal each

### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli	610 Cal each
Pepper Jack Tuna Wrap with Fresh Jalapenos and Plum Tomatoes	610 Cal each
Buffalo Chicken Baguette with Ranch Dressing, Blue Cheese, Lettuce, Tomato and Onion	640 Cal each
Roast Beef, Swiss and Mushroom Sub	440 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub	490 Cal each
Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce	600 Cal each
Garden Vegetables with Boursin, Aged Provolone and	

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#### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Salidwich Bullets)	
Traditional Garden Salad with a Balsamic Vinaigrette Dressing <b>VG EW PF</b>	50 Cal/3.5 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	110 Cal/3.75 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing V	240 Cal/4 oz. serving
Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing <b>VG EW PF</b>	60 Cal/3.75 oz. serving
Fresh Fruit Salad <b>vg PF</b>	35 Cal/2.5 oz. serving
Strawberry Melon Salad <b>EW</b>	40 Cal/3 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives <b>v</b>	80 Cal/3 oz. serving
Grilled Vegetable Pasta Salad with a Balsamic Dressing <b>vg</b>	120 Cal/3 oz. serving
Ranch Pasta Salad <b>v</b>	110 Cal/3 oz. serving
White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette <b>VG EW PF</b>	80 Cal/3.25 oz. serving

Roasted Garlic Aioli on Ciabatta v

## **THEMED BUFFETS**

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## MI COMIDA \$21.59

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Choice of Two (2) Sides:	
Sweet Plantain PF	70 Cal each
Seasoned Black Beans	90 Cal/4 oz. serving
Crispy Yuca Fries EW PF	40 Cal each
Pinto Beans	100 Cal/4 oz. serving
Puerto Rican Mashed Plantains VG EW PF	230 Cal/4 oz. serving
Brazilian Collard Greens	30 Cal/4 oz. serving
Choice of One (1) Base:	3
Chopped Salad VG PF	20 Cal/2 oz. serving
Yellow Rice <b>vg EW</b>	120 Cal/4 oz. serving
Quinoa <b>vg ew pf</b>	130 Cal/4 oz. serving
Choice of One (1) Protein:	
Puerto Rican Roasted Pork	280 Cal/3 oz. serving
Cuban Picadillo	400 Cal/4 oz. serving
Peruvian Chicken EW	410 Cal each
Mojo Shrimp	120 Cal/4 oz. serving
Choice of Two (2) Salsas/Sauce:	
Salsa Criolla <b>vg</b>	15 Cal/1 oz. serving
Salsa Pebre <b>vg</b>	5 Cal/1 oz. serving
Mojo Dressing <b>vg</b>	110 Cal/1 oz. serving
Peruvian Green Sauce <b>v</b>	160 Cal/1 oz. serving
Spicy Mayonnaise	140 Cal/1 oz. serving
Tres Leche Parfait	710 Cal each

## O-MORI RAMEN BOWL \$23.59

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Tempura Broccoli with Spicy Sesame Mayo	420 Cal/5 oz. serving
Wedge Salad with Carrot Ginger Dressing <b>vg PF</b>	230 Cal/7.5 oz. serving
Choice of Two (2) Broths:	
Smokey Shoyu	60 Cal/12oz. serving
Curry Chicken	70 Cal/12oz. Serving
Mushroom Miso <b>vg</b>	40 Cal/12oz. Serving
Choice of One (1) Protein:	
Chashu Pulled Pork	280 Cal/3 oz. serving
Cripsy Chicken Katsu	270 Cal/3.75 oz. serving
Soy Shitake <b>vg EW PF</b>	100 Cal/4 oz. serving
Choice of Three (3) Toppings:	
Crispy Onion <b>vg</b>	30 Cal/0.5 oz. serving
Baby Bok Choy <b>vg ew pf</b>	0 Cal/1.5 oz. serving
Corn <b>vg</b>	30 Cal/2 oz. serving
Spinach <b>vg ew PF</b>	10 Cal/2 oz. serving
Soy Egg <b>v</b>	80 Cal each
Choice of Two (2) Garnishes:	
Scallion <b>v</b>	0 Cal/0.5 oz. serving
Nori Square <b>vg</b>	0 Cal each
Chili Oil	120 Cal/0.5 oz. serving
Togarashi <b>v</b>	10 Cal/0.25 oz. serving
Toasted Sesame Seed <b>vg</b>	20 Cal/0.25.oz. serving

## **SPRING FLING \$24.59**

130 Cal/4 oz. serving
50 Cal/2 oz. serving
120 Cal/4 oz. serving
110 Cal/4 oz. serving
100 Cal/4 oz. serving
60 Cal/4 oz. serving
180 Cal/3 oz. serving
80 Cal/3 oz. serving
340 Cal/5 oz. serving
50 Cal each
210 Cal/3 oz. serving
140 Cal/3 oz. serving
150 Cal/1 oz. serving
15 Cal/1 oz. serving
40 Cal/1 oz. serving
160 Cal/1 oz. serving
40 Cal/1 oz. serving
280 Cal/2.75 oz serving



## **THEMED BUFFETS**

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### LAZY SUMMER BBQ \$23.59

Old-Fashioned Coleslaw V EW 150 Cal/3 oz. serving Cornbread Fiesta Muffins v 120 Cal each 160 Cal/4.75 oz. serving **Baked Beans** Macaroni and Cheese v 250 Cal/4 oz. serving 380 Cal/6 oz. serving BBQ Chicken 340 Cal/5 oz. serving Sliced Brisket Assorted Craveworthy Cookies v 210-260 Cal each Gourmet Dessert Bars v 300-360 Cal/2.75-3.25 oz. serving

### **BASIC ITALIAN BUFFET \$21.09**

Classic Garden Salad with Fresh Seasonal Vegetables

and Balsamic Vinaigrette and Ranch vg EW PF 50 Cal/3.5 oz. serving

Garlic Breadsticks **v** 110 Cal each Home-Style Lasagna with Parmesan Cheese 340 Cal/7.25 oz. serving

Choice of One (1) Vegetarian Lasagna:

Cauliflower Lasagna V PF 410 Cal/8.375 oz. serving Vegetable Alfredo Lasagna V 470 Cal/11 oz. serving Chocolate Dipped Biscotti V 190 Cal each

## **THEMED BUFFETS**

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## SOUP AND SALAD BUFFET \$20.89

Garden Fresh Mixed Greens <b>v</b>	15 Cal/3 oz. serving
Sliced Red Onions vg	10 Cal/1 oz. serving
Tomatoes <b>vg</b>	10 Cal/1 oz. serving
Cucumbers <b>vG</b>	5 Cal/1 oz. serving
Shredded Carrots <b>vg</b>	10 Cal/0.5 oz. serving
Shredded Cheese <b>v</b>	60 Cal/0.5 oz. serving
Roasted Chickpeas <b>vG</b>	100 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	80 Cal/2 oz. serving
Ranch Dressing <b>v</b>	200 Cal/2 oz. serving
Italian Dressing <b>v</b>	80 Cal/2 oz. serving
Croutons <b>v</b>	60 Cal/0.5 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Soup Du Jour	140-240 Cal/8 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

## **TASTE OF SPAIN \$22.69**

Mesclun Salad <b>vg</b>	15 Cal/3 oz. serving
Shallot Sherry Vinaigrette <b>v</b>	80 Cal/1 oz. serving
Rosemary Sea Salt Flatbread <b>v</b>	220 Cal/2.25 oz. serving
Spanish Rice <b>vg</b>	110 Cal/3.5 oz. serving
Steamed Asparagus <b>vg EW PF</b>	20 Cal/3 oz. serving
Paprika Chicken <b>EW</b>	200 Cal/5 oz. serving
Braised Pork	360 Cal/3.5 oz. serving
Lemon Cheesecake Bars v	300 Cal/2.75 oz. serving

## **TAVOLINO BUFFET \$22.69**

Caesar Salad	170 Cal/2.7 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Eggplant Parmesan PF	340 Cal/7.7 oz. serving
Rigatoni Marinara <b>v</b>	130 Cal/4.5 oz. serving
Italian Sausage and Peppers	470 Cal/4.74 oz. serving
Miniature Cheesecake Tarts <b>v</b>	170 Cal/1.75 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

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## **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch <b>vg EW PF</b>	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving
Crudités with Tzatziki Sauce <b>V EW PF</b>	40 Cal/5 oz. serving
Antipasto Platter with Crostini	260 Cal/5 oz. serving
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Asiago Chicken in a Roasted Red Pepper Sauce \$26.09	300 Cal/5 oz. serving
Grilled Lemon Rosemary Chicken EW \$22.69	130 Cal/3 oz. serving
Slow-Roasted Turkey Breast Rubbed with Sage and Thyme <b>EW</b> \$22.69	170 Cal/3 oz. serving
Pretzel-Crusted Cod \$25.49	290 Cal/4 oz. serving
Fireside Herbed Steak Marinated in Dijon Mustard, Thyme and Cider Vinegar \$28.29	200 Cal/3 oz. serving
Roast Beef with Demi Glace \$26.09	260 Cal/6 oz. serving
Late Harvest Veggie Cavatappi with Zucchini, Spinach, Tomato and White Beans in a Pepper-Garlic Sauce <b>V EW PF</b> \$19.29	420 Cal/15.75 oz. serving

BUFFET SIDES	
Pan Roasted Vegetables <b>V PF</b>	45 Cal/3 oz. serving
Fresh Herbed Vegetables <b>VG EW PF</b>	100 Cal/3.5 oz. serving
Italian Seasoned Green Beans <b>V EW PF</b>	40 Cal/3.25 oz. serving
Buttermilk Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Oven-Roasted Fingerling Potatoes ${f v}$	130 Cal/3.5 oz. serving
Savory Herbed Rice <b>V VG</b>	150 Cal/3.5 oz. serving
Macaroni and Cheese <b>v</b>	250 Cal/4 oz. serving

BUFFET FINISHES	
Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
New York-Style Cheesecake	440 Cal/slice
Dulce De Leche Brownie <b>v</b>	230 Cal/2.25 oz. serving
Chocolate Cake <b>v</b>	340 Cal/slice
Lemon Poppyseed with Strawberries Thimble Cake ${f v}$	90 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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## **RECEPTIONS**

## **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

## **RECEPTION HORS D'OEUVRES (HOT)**

Franks in a Blanket \$24.59	40 Cal each
Swedish Meatballs \$24.59	110 Cal each
Chicken Satay \$27.49	20 Cal each
Sesame Chicken \$27.49	40 Cal each
Boursin Mushroom Pinwheel v \$36.09	70 Cal each
Crispy Asiago Asparagus <b>v</b> \$36.09	50 Cal each
Spicy Corn Fritters with Jalapeno Ranch Drizzle <b>v</b> \$36.09	45 Cal each
Assorted Mini Quiche \$24.09	70-100 Cal each
Spanakopita <b>v</b> \$25.59	60 Cal each

## RECEPTION HORS D'OEUVRES (COLD)

Assorted Petit Fours <b>v</b> \$26.59	60-140 Cal each
Chocolate-Caramel Mini Cheesecakes <b>v</b> \$26.59	80 Cal each
Smoked Salmon Mousse Cucumber Round \$21.79	100 Cal each
Mediterranean Antipasto Skewers <b>v</b> \$34.89	60 Cal each
Traditional Tomato Bruschetta Crostini <b>v</b> \$19.29	50 Cal each
Pimento Cheese & Bacon Toast Points \$18.19	110 Cal each

## UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





## **RECEPTIONS**

## **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 12 guests or more.

### **CLASSIC SLICED CHEESE TRAY \$62.19 SERVES 12**

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Crackers, Pita Chips and Cractini V

290 Cal/2.75 oz. serving

### SEASONAL FRESH FRUIT PLATTER \$43.29 SERVES 12

Seasonal Fresh Fruit va pe

35 Cal/2.5 oz. serving

## CHEF'S CHOICE CHARCUTERIE BOARD MARKET PRICE SERVES 12

Charcuterie Board

Calories Vary Per Assortment

### HOUSE-MADE SPINACH DIP \$48.29 SERVES 12

House-Made Spinach Dip served with Fresh Pita Chips  ${\bf v}$ 

230 Cal/2.25 oz. serving

## **HUMMUS WITH PITA CHIPS \$48.29 SERVES 12**

Hummus with Pita Chips **v** EW PF

250 Cal/4.5 oz. serving

\*All packages include necessary accompaniments and condiments.

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## **RECEPTIONS**

## **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

## **DIM SUM \$13.79**

Egg Rolls	180 Cal each
Pot Stickers	45 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	40 Cal/1 oz. serving
Sweet and Sour Sauce <b>vg</b>	30 Cal/1 oz. serving
Chili Garlic Sauce <b>vg</b>	40 Cal/1 oz. serving
Sweet and Spicy Boneless Chicken Wings	
with Celery Sticks	590 Cal/7.5 oz. serving
Gourmet Dessert Bars v	300-370 Cal/2 75-3 25 oz serving

## **HAPPY HOUR \$18.69**

230 Cal/2.25 oz. serving 180 Cal each
560 Cal/6.75 oz. serving
410 Cal each 210-260 Cal each 300-370 Cal/2.75-3.25 oz. serving

## **GROWN UP MAC AND CHEESE \$15.79**

Chipotle Macaroni and Cheese <b>v</b>	480 Cal/8 oz. serving
Choice of Three (3) Proteins:	
Grilled Chicken Breast	160 Cal/3 oz. serving
Sautéed Shrimp	90 Cal/3 oz. serving
Pulled Pork	290 Cal/3 oz. serving
Diced Ham	80 Cal/2 oz. serving
Roasted Mushrooms <b>VG EW PF</b>	90 Cal/3 oz. serving
Peas vg EW PF	70 Cal/3 oz. serving
Broccoli Bits <b>vg EW PF</b>	40 Cal/1.76 oz. serving
Scallions <b>v</b> <sub>G</sub>	0 Cal/0.25 oz. serving

### **BREAKS**

All prices are per person and available for 12 guests or more.

## **ENERGY BREAK \$4.19**

Granola Bars <b>v</b>	130-250 Cal each
Fruit Filled Bar <b>v</b>	130-250 Cal each
Breakfast Bar <b>v</b>	130-250 Cal each

## **SNACK ATTACK \$7.89**

Assorted Chips <b>v</b>	100-160 Cal each
Roasted Peanuts <b>v</b>	180 Cal/1 oz. serving
Trail Mix <b>v</b>	290 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

### **BREADS AND SPREADS \$6.69**

•	
Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Pita Chips <b>v</b>	130 Cal/2 oz. serving
Crostini <b>vg EW</b>	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole <b>VG PF</b>	90 Cal/2 oz. serving
Ginger Verde Guacamole <b>vg PF</b>	80 Cal/2 oz. serving
Chilled Spinach Dip <b>v</b>	200 Cal/2 oz. serving
Feta and Roasted Garlic Dip 🗸	260 Cal/2 oz. serving
Traditional Hummus <b>vg PF</b>	320 Cal/4 oz. serving
Artichoke and Olive Dip <b>v</b>	140 Cal/2 oz. serving
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving

## **ORCHARD TREATS \$10.89**

Apple Wedges <b>vg EW PF</b>	60 Cal each
Caramel Sauce <b>v</b>	100 Cal/1 oz. serving
Cinnamon Sugar Donuts <b>v</b>	240 Cal each
Maple Walnut Blondies <b>v</b>	300 Cal/2.38 oz. serving
Sliced Cheese served with Baguettes <b>v</b>	710 Cal/4.75 oz. serving



## **BEVERAGES & DESSERTS**

### **BEVERAGES**

Includes appropriate accompaniments

Bottled Water \$2.49 Each O Cal each

Assorted Sodas (Can) \$2.09 EACH 0-150 Cal each

Assorted Individual Fruit Juices \$2.49 Each 110-170 Cal each

Regular Coffee \$23.09 Per Gallon 0 Cal/8 oz. serving

Decaffeinated Coffee \$23.09 Per Gallon O Cal/8 oz. serving

Hot Chocolate \$21.99 Per Gallon 160 Cal/8 oz. serving

Iced Tea \$18.99 Per Gallon 0 Cal/8 oz. serving

Lemonade \$18.99 Per Gallon 90 Cal/8 oz. serving

Iced Water \$1.99 Per Gallon O Cal/8 oz. serving

Infused Water \$11.09 PER GALLON
Choice of One (1) Fruit Infused Water:

Lemon Infused Water 0 Cal/8 oz. serving
Orange Infused Water 10 Cal/8 oz. serving
Apple Infused Water 20 Cal/8 oz. serving
Cucumber Infused Water 10 Cal/8 oz. serving
Grapefruit Infused Water 10 Cal/8 oz. serving

## **DESSERTS**

Assorted Blondies v \$21.99 Per Dozen 240-300/1.875-2.38 oz. serving

Assorted Craveworthy Cookies **v** \$18.19 Per Dozen 210-260 Cal each

Bakery-fresh Brownies **v**\$21.99 Per Dozen 250 Cal/2.25 oz. serving

Gourmet Dessert Bars **v \$21.99** PER DOZEN 300-360 Cal/2.75-3.25 oz. serving

New York Cheesecake (Each) **v** \$30.69 Serves 8 440 Cal/slice

### ORDERING INFORMATION

#### **Lead Time**

Notice of 3 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

### Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN

**EW** EAT WELL

V VEGETARIAN

PF PLANT FORWARD



## **Contact Us Today**

910.884.0065 johnson-michelle20@aramark.com washington-barbara4@aramark.com www.methodistuniversity.catertrax

Prices effective until 07/01/2024 Prices may be subject to change

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