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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$48.59

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 guests or more.

DELICIOUS DAWN

Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM PERK UP

Granola Bars v	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

POWER UP LUNCH

. O W ER OF EDITION	
Tomato and Cucumber Couscous Salad vg	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad v EW	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter v	160 Cal each
Green Beans Gremolata vg EW PF	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto v EW	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York Cheesecake v	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips v	230 Cal/2.25 oz. serving
Grilled Vegetable Tray VG EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$40.39

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

MORNING MINI

Miniature Muffins v	80-120 Cal each
Miniature Danish v	140-170 Cal each
Miniature Scones v	100-110 Cal each
Yogurt Parfait Cups v	400-450 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

THE ENERGIZER

Donut Holes v	45-90 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

IT'S A WRAP

Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap V PF	620 Cal each
Seasonal Fresh Fruit Salad vg PF	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad vg	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips v	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Pico De Gallo vg	5 Cal/1 oz. serving
Assorted Whole Fruit VG EW PF	45-100 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$32.09

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Bottled Water 0 Cal each Gourmet Coffee, Decaf and Hot Tea 240-500 Cal each 0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 520 Cal each Ham and Swiss Sub 400 Cal each Turkey and Swiss Sandwich 520 Cal each Roasted Pepper and Mozzarella Ciabatta V EW PF 500 Cal each Individual Bag of Chips V 100-160 Cal each Assorted Craveworthy Cookies V 210-260 Cal each Bottled Water 0 Cal each

MID-DAY MUNCHIES

Tortilla Chips **v** 260 Cal/3 oz. serving

Choice of Two (2) Salsas:

Salsa Roja VG
Salsa Verde VG
Salsa Verde VG
Solo De Gallo VG
Sasorted Whole Fruit VG EW PF
Assorted Craveworthy Cookies V
Bottled Water
Gourmet Coffee, Decaf and Hot Tea

20 Cal/1 oz. serving
5 Cal/1 oz. serving
45-100 Cal each
210-260 Cal each
0 Cal each
0 Cal/8 oz. serving

*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 12 guests or more. All appropriate condiments included.

BASIC BEGINNINGS \$10.49

Choice of One (1) Breakfast Pastry:

Assorted Danish v

Assorted Muffins v

Assorted Scones v

Assorted Bagels v

Croissants v

Bottled Water

Gourmet Coffee, Decaf and Hot Tea

250-420 Cal each
400-440 Cal each
290-450 Cal each
290-450 Cal each
370 Cal each
0 Cal/8 oz. serving

MINI CONTINENTAL \$12.39

Miniature Muffins V 80-120 Cal each
Miniature Danish V 140-170 Cal each
Miniature Bagels V 110-160 Cal each
Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving
Bottled Water 0 Cal each
Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

QUICK START \$12.39

Choice of Three (3) Breakfast Pastries:

250-420 Cal each Assorted Danish v 380-550 Cal each Assorted Muffins v Assorted Scones v 400-440 Cal each 290-450 Cal each Assorted Bagels v Croissants v 370 Cal each Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Juice 110-170 Cal/8 oz. serving **Bottled Water** O Cal each Gourmet Coffee, Decaf and Hot Tea O Cal/8 oz. serving

À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and

Jam **v** \$27.49 Per Dozen 290-450 Cal each

Assorted Muffins Served with Butter and Jam V

\$27.49 Per Dozen 380-550 Cal each

Assorted Danish **v** \$27.49 Per Dozen 250-420 Cal each

Assorted Pastries **v** \$27.49 Per Dozen 210-530 Cal each

Granola Bars **v** \$2.09 Each 130-250 Cal each

Vegan Blueberry Banana Breakfast Bread vg PF

\$16.29 Serves 12 250 Cal/3 oz. serving

BREAKFAST

HOT BREAKFAST

All prices are per person and available for 12 guests or more. All appropriate condiments included.

AMERICAN BREAKFAST \$14.99

Choice of One (1) Breakfast Pastry:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Croissants v	370 Cal each
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

SUNRISE SANDWICH BUFFET \$14.39

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:	
Egg and Cheese English Muffin v	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha	Syrup VPF 440 Cal each
Spicy Southern Chicken Biscuit with Maple Srirach	a Syrup 560 Cal each

Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg

370 Cal each on a Everything-Spiced Biscuit

Bacon, Lettuce, Tomato, Avocado and Egg Bagel 420 Cal each **Bottled Water** O Cal each Gourmet Coffee. Decaf and Hot Tea O Cal/8 oz. serving

HOMETOWN BREAKFAST \$18.59

Crustless Spinach and Cheese Quiche and Pancakes with Butter and Syrup accompanied by choice of Three (3) Breakfast Pastries with Butter, Jam and Cream Cheese, a Seasonal Fresh Fruit Platter, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, Assorted Juices, and #coffee

Choice of (3) Breakfast Pastries v	210-530 Cal each
Seasonal Fresh Fruit Platter vg	40 Cal/2.5 oz. serving
Crustless Spinach and Cheese Quiche 🗸	180 Cal each
Breakfast Potatoes vg	120-140 Cal/3 oz. serving
Bacon	60 Cal each
Breakfast Sausage	60-180 Cal each
Buttermilk Pancakes v	50 Cal each
Gourmet Coffee, Decaf and Hot Tea vg	0 Cal/8 oz. serving
Assorted Juices	110-170 Cal each
Bottled Water	O Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

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BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 12 guests or more.

YOGURT PARFAIT BAR \$8.69 PER PERSON

Choice of Two (2) Yogurt Flavors:

Greek Yogurt v 60 Cal/4 oz. serving 80 Cal/4 oz. serving Strawberry Yogurt **v** Vanilla Yogurt v 80 Cal/4 oz. serving Diced Pineapple VG PF 30 Cal/2 oz. serving Fresh Strawberries VG PF 20 Cal/2 oz. serving 90 Cal/0.5 oz. serving Walnuts vg 40 Cal/0.5 oz. serving Honey v Granola v 110 Cal/1 oz. serving

BREAKFAST BURRITOS AND TACOS \$6.19 PER PERSON

Choice of Two (2) Breakfast Burritos and/or Tacos: Choose from Meat Lovers, Pico, Florentine, or Sweet Potato Breakfast Burritos; or Egg & Hashbrowns, Vegan Chorizo, Egg & Chorizo, or Sausage, Egg and Cheese Tacos. One (1) Burrito Per Person, Two (2) Tacos Per Person:

Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham	820 Cal each
Pico Burrito: Scrambled Egg, Cheddar, Potato and Pico de Gallo ${\bf v}$	440 Cal each
Florentine Burrito: Scrambled Eggs, Mushrooms, Roast Peppers, Spinach and Cheddar v	ed 580 Cal each
Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa Brown Rice, Egg White, Swiss Cheese, Spinach and Pesto VEW PF	450 Cal each
Egg & Hash Breakfast Tacos (2) v Vegan Chorizo Breakfast Tacos (2) vg Ew Egg & Chorizo Tacos (2) Sausage, Egg & Cheese Taco	270 Cal each 270 Cal each 350 Cal each 280 Cal each

BISCUITS IN SAUSAGE GRAVY \$4.09 PER PERSON

\$4.09

570 Cal/7 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 quests or more.

DELI EXPRESS \$15.99

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each Deli Platter (Sliced Oven-Roasted Turkey.

Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving

Cheese Tray (Cheddar and Swiss) v Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 210-260 Cal each

110 Cal/1 oz. serving

Choice of Two (2) Beverages:

90 Cal/8 oz. serving Lemonade Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

PREMIUM BOX LUNCHES

Blackened Chicken Ciabatta \$18.49

Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta 410 Cal each Spiced Sweet Potato Salad vg Ew 120 Cal/4 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie v 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

Salmon Caesar Salad \$19.39

Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons 660 Cal/10.5 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar V 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

Mediterranean Quinoa Salad \$18.99

Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and Pita VEW PF 450 Cal/15 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup vg PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

CLASSIC BOX LUNCH \$15.29

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each Individual Bag of Chips v 100-160 Cal each 210-260 Cal each Assorted Craveworthy Cookies V **Bottled Water** O Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$18.59

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg O Cal/1 oz. serving Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Choice of Two (2) Beverages:

90 Cal/8 oz. serving Lemonade Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Bayarian Ham and Brie on a Pretzel Roll 500 Cal each

Roast Beef, Boursin and Roasted Pepper Sandwich 430 Cal each

Turkey and Cheddar Baquette with a Mesquite

Mayonnaise 790 Cal each

Chicken Caesar Wrap 630 Cal each

Veggie and Hummus with Arugula, Plum Tomatoes.

Cucumbers, Bell Pepper, & Feta on Semolina Roll v PF 130 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

THE EXECUTIVE LUNCHEON \$21.39

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
Dill Pickle Slices vg	0 Cal/1 oz. serving
Individual Bags of Chips v	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each

Choice of Two (2) Beverages: Lemonade 90 Cal/8 oz. serving O Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water

EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread	740 Cal each
Gourmet Turkey Sandwich with Baby Arugula, Creamy Brie and Cranberry-Fig Jam	430 Cal each
Old Bay* Shrimp Roll	320 Cal each
Roast Beef, Caramelized Onion and Kale on a Pretzel Roll	440 Cal each
Rosemary Chicken Salad and Chive Cream Cheese Wrap	570 Cal each
Portobello Ciabatta with Baby Spinach and Sun-Dried Tomato Pesto v	440 Cal each

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SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic Vinaigrette Dressing vg EW PF 50 Cal/3.5 oz. serving Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing 240 Cal/4 oz. serving Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing **V EW** 170 Cal/3.5 oz. serving Fresh Fruit Salad VG PF 35 Cal/2.5 oz. serving Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v 80 Cal/3 oz. serving Roasted Vegetable Pasta Salad V EW PF 200 Cal/3.75 oz. serving Herbed Quinoa Side Salad V PF 110 Cal/3.5 oz. serving

Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning vo 90 Cal/3.5 oz. serving

Chickpea Salad with Fresh Cucumbers, Red

Traditional Caesar Salad with Garlic Parmesan Croutons v 200 Cal/4 oz. serving

THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

GLOBAL STREET TACOS \$22.69	
Tortilla Chips	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo vg	10 Cal/1 oz. serving
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde vg	5 Cal/1 oz. serving
Cumin Black Beans vg EW PF	90 Cal/3 oz. serving
Choice of One (1) Rice:	
Cilantro Lime White Rice vG	120 Cal/3 oz. serving
Cilantro Lime Brown Rice VG EW	140 Cal/3.5 oz. serving
Mexican Rice vG	130 Cal/3 oz. serving
Choice of Two (2) Tacos:	
Korean Pork Taco with Kimchi	230 Cal each
Korean Shrimp Taco with Crema Fresca	
and Shredded Slaw	200 Cal each
Spicy Fish Taco with Watermelon Salsa	
and Spicy Slaw	140 Cal each
Green Chili Chicken Taco	220 Cal each
Black Bean and Kale Taco vg EW PF	180 Cal each
Mango Chicken Taco EW	260 Cal each
Roasted Vegetable Taco vg EW PF	200 Cal each
Cinnamon Sugar Cookies V	250 Cal each

TROPICAL TRADEWINDS \$22.79

Roasted Sweet Potato Salad vg EW	120 Cal/4 oz. serving
Coconut, Mango and Peanut Coleslaw v Ew	200 Cal/3.77 oz. serving
Plantain Chips	120 Cal/1.5 oz. serving
Tropical Rice vg	120 Cal/3 oz. serving
Traditional Veggie Stir-Fry vg EW PF	40 Cal/2.75 oz. serving
Choice of Two (2) Tropical Entrées:	
Teriyaki Chicken EW	270 Cal/7.86 oz. serving
Mahi Mahi with Pineapple Salsa EW	190 Cal/7.75 oz. serving
Sweet Chili Pork	280 Cal/3 oz. serving
Miniature Pineapple Upside-Down Parfaits v	220 Cal each

SOUP AND SALAD BUFFET \$22.69

Garden Fresh Mixed Greens VG	15 Cal/3 oz. serving
Sliced Red Onions vg	10 Cal/1 oz. serving
Tomatoes vG	10 Cal/1 oz. serving
Cucumbers vg	5 Cal/1 oz. serving
Shredded Carrots vg	10 Cal/0.5 oz. serving
Shredded Cheese v	60 Cal/0.5 oz. serving
Roasted Chickpea vg	100 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	80 Cal/2 oz. serving
Ranch Dressing v	200 Cal/2 oz. serving
Italian Dressing v	80 Cal/2 oz. serving
Croutons v	60 Cal/0.5 oz. serving
Bakery-Fresh Rolls with Butter v	160 Cal each
Soup Du Jour	140-240 Cal/8 oz. serving
Assorted Craveworthy Cookies v	210-260 Cal each





THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

SUNDAY BBQ \$22.79

Apple Bacon Coleslaw VG EW PF
Baked Sweet Potatoes
120 Cal/3.25 oz. serving
120 Cal/4.2 oz. serving
120 Cal/4.2 oz. serving
120 Cal/3.5 oz. serving
120 Cal/2.5 oz. serving
120 Cal/2.25 oz. serving
120 Cal/2.25 oz. serving

TAVOLINO BUFFET \$23.79

Caesar Salad	170 Cal/2.7 oz. serving
Garlic Breadsticks v	110 Cal each
Eggplant Parmesan PF	340 Cal/7.7 oz. serving
Rigatoni Marinara v	130 Cal/4.5 oz. serving
Italian Sausage and Peppers	470 Cal/4.74 oz. serving
Miniature Cheesecake Tarts v	170 Cal/1.75 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

ASIAN ACCENTS \$27.69

Chili Lime Ramen Noodles v	210 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	100 car caerr
	50.01/4
Sweet Soy Sauce v	50 Cal/1 oz. serving
Sweet and Sour Sauce vg	40 Cal/ 1 oz. serving
Chili Garlic Sauce v g	40 Cal/1 oz. serving
Choice of One (1) Rice:	
White Rice v	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
Steamed Brown Rice vg Ew	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans EW	140 Cal/3 oz. serving
Fortune Cookies	20 Cal each

LETTUCE WRAP UP \$17.69

Build a Lettuce Wrap or Rice Bowl with: Two (2) bases, Two (2) Proteins, Five (5) Toppings, Swwet Chili Sauce, Unagi Soy Glaze, Scallions, and Crispy Onion, Assorted Chips and Seasonal Fruit Tray, Cookies, Iced Water, Iced Tea/ Lemonade

Lettuce Leaves vG	0 Cal/1 oz. serving
Jasmine Rice vg	110 Cal/3 oz. serving
Roasted Diced Chicken	160 Cal/4 oz. serving
Chile Garlic Shrimp	130 Cal/4 oz. serving
Vegan Crumbles with Sweet Chili Sauce vg	200 Cal/4 oz. serving
Diced Cucumber v _G	10 Cal/1 oz. serving
Pickled Carrot & Daikon vg	20 Cal/1 oz. serving
Sliced Fresh Jalapeno vg	10 Cal/1 oz. serving
Sliced Sweet Onion vg	10 Cal/1 oz. serving
Diced Avocado vg	50 Cal/1 oz. serving

BASIC ITALIAN BUFFET \$20.19

Classic Garden Salad with Fresh Seasonal Vegetables

and Balsamic Vinaigrette and Ranch vg EW PF 50 Cal/3.5 oz. serving

Garlic Breadsticks v Home-Style Lasagna with Parmesan Cheese

Choice of One (1) Vegetarian Lasagna:

Cauliflower Lasagna V PF

Vegetable Alfredo Lasagna v Chocolate Dipped Biscotti v

410 Cal/8.375 oz. serving 470 Cal/11 oz. serving

340 Cal/7.25 oz. serving

190 Cal each

110 Cal each

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CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch vg ew PF	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta v	110 Cal/3.25 oz. serving
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.25 oz. serving
Caprese Salad with Balsamic Glaze	110 Cal/3.25 oz. serving
Add an Extra Buffet Starter? \$4.99	40-250 Cal each

BUFFET ENTREES	
Lemon Artichoke Chicken Breast Ew \$27.39	210 Cal/5.75 oz. serving
Chicken Stuffed with Sun-Dried Tomato and Basil Goat Cheese \$27.39	260 Cal/4.5 oz. serving
Slow-Roasted Turkey Breast Rubbed with Sage and Thyme EW \$23.79	170 Cal/3 oz. serving
Honey and Brown Sugar Ham \$20.19	190 Cal/3.5 oz. serving
Maple Dijon Salmon EW \$25.19	270 Cal/3.25 oz. serving
Pesto Flank Steak \$29.79	260 Cal/3 oz. serving
Eggplant Lasagna v \$20.19	250 Cal/7.25 oz. serving

BUFFET SIDES	
Roasted Root Vegetables vg EW PF	100 Cal/2.75 oz. serving
Fresh Herbed Vegetables vg EW PF	100 Cal/3.5 oz. serving
Balsamic Bacon Brussels PF	130 Cal/2.6 oz. serving
Garlic Roasted Broccoli vg ew PF	40 Cal/1.76 oz. serving
Creamy Garlic Mashed Potatoes v	120 Cal/3.75 oz. serving
Oven-Roasted Fingerling Potatoes ${f v}$	130 Cal/3.5 oz. serving
Toasted Orzo with Spinach and Cranberries vg	160 Cal/4 oz. serving

BUFFET FINISHES	
Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
Cherry Cheesecake Tarts v	170 Cal/1.75 oz. serving
Mini Chocolate and Caramel Cheesecakes ${f v}$	80 Cal/3.75 oz. serving
Spiced Carrot Cake v	350 Cal/slice
Assorted Craveworthy Cookies v	210-260 Cal each
Gluten Free Chocolate Torte v	210 Cal each

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RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Bacon Wrapped Scallops \$38.69	40 Cal each
Beef Satay \$30.99	35 Cal each
Buffalo Style Chicken Spring Rolls \$28.99	50 Cal each
Chicken Empanadas \$28.99	70 Cal each
Sesame Chicken \$28.99	40 Cal each
Crab Cakes \$38.69	35 Cal each
Vegetable Spring Rolls vg \$48.39	50 Cal each
Hand-Crafted Chef's Choice Hors D'oeurves- per dozen \$34.99	40-260 Cal each
Raspberry and Brie Filo \$38.99	150 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Tuna Poke Crisp EW \$22.99	80 Cal each
Mediterranean Antipasto Skewers v \$36.69	60 Cal each
Gazpacho Shooter vg ew pf \$22.79	30 Cal/2 oz. serving
Traditional Tomato Bruschetta Crostini v \$19.09	50 Cal each
Roasted Butternut Tartine V EW PF \$19.09	100 Cal each
Strawberry Ricotta Toast Points V PF \$19.09	40 Cal each

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 12 guests or more.

SEASONAL FRESH FRUIT PLATTER \$3.89 PER PERSON

Seasonal Fresh Fruit vg PF

35 Cal/2.5 oz. serving

ANTIPASTO PLATTER \$8.29 PER PERSON

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

GRILLED VEGETABLES \$5.19 PER PERSON

Grilled Vegetables served with Balsamic Vinaigrette **vg EW PF**

70 Cal/3 oz. serving

HOUSE-MADE SPINACH DIP \$5.69 PER PERSON

House-Made Spinach Dip served with Fresh Pita

230 Cal/2.25 oz. serving

HUMMUS WITH PITA CHIPS \$5.69 PER PERSON

Hummus with Pita Chips VEW PF

230 Cal/4.5 oz. serving

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

DIM SUM \$14.49

Egg Rolls	180 Cal each
Pot Stickers	45 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce v	40 Cal/1 oz. serving
Sweet and Sour Sauce vg	30 Cal/1 oz. serving
Chili Garlic Sauce vg	40 Cal/1 oz. serving
Sweet and Spicy Boneless Chicken Wings	
with Celery Sticks	590 Cal/7.5 oz. serving
Gourmet Dessert Bars v	300-370 Cal/2.75-3.25 oz. serving

HAPPY HOUR \$19.69

Chilled Spinach Dip served with Pita Chips	230 Cal/2.25 oz. serving
Mini Cheesesteaks	180 Cal each
Buffalo Chicken Tenders served with Blue Cheese Dip	560 Cal/6.75 oz. serving
Pretzels Bites with Beer Cheese v	410 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Gourmet Dessert Bars v	300-370 Cal/2.75-3.25 oz. serving

SOFT PRETZEL BAR \$7.19

Hot Pretzels vg	180 Cal each
Choice of Three (3) Dipping Sauces:	
Honey Mustard Sauce v	120 Cal/1 oz. serving
Spicy Mustard Sauce vg	30 Cal/1 oz. serving
Yellow Mustard Sauce vg	20 Cal/1 oz. serving
Nacho Cheese Sauce	40 Cal/1 oz. serving
Vegan Cheddar Cheese Sauce vg	60 Cal/1 oz. serving
Cajun Cheese Sauce v	70 Cal/1 oz. serving
Buffalo Blue Sauce v	30 Cal/1 oz. serving
Chocolate Sauce vG	60 Cal/1 oz. serving
Caramel Sauce v	80 Cal/1 oz. serving

BREAKS

All prices are per person and available for 12 guests or more.

ENER	GY B	REA	K \$	4.19

Granola Bars v	130-250 Cal each
Fruit Filled Bar v	130-250 Cal each
Breakfast Bar v	130-250 Cal each

BREADS AND SPREADS \$5.69

Tortilla Chips v	260 Cal/3 oz. serving
Pita Chips v	130 Cal/2 oz. serving
Crostini vg Ew	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole VG PF	90 Cal/2 oz. serving
Ginger Verde Guacamole vg pf	80 Cal/2 oz. serving
Chilled Spinach Dip v	200 Cal/2 oz. serving
Feta and Roasted Garlic Dip 🗸	260 Cal/2 oz. serving
Traditional Hummus VG PF	320 Cal/4 oz. serving
Artichoke and Olive Dip v	140 Cal/2 oz. serving
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving

SUGAR AND SPICE \$8.29

Sugar Craveworthy Cookies v	230 Cal each
Gummy Bears	400 Cal/4 oz. serving
Popcorn v	110 Cal/1.25 oz. serving
Cajun Chips	260 Cal/2 oz. serving
Savory Snack Mix v	430 Cal/3.75 oz. serving

EXECUTIVE COFFEE BREAK \$7.09

Assorted Dessert Bars v	300-360 Cal/2.75 oz. serving
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Includes appropriate accompaniments

Bottled Water \$2.49 Each 0 Cal each

Assorted Sodas (Can) \$1.89 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.49 Each 110-170 Cal each

Regular Coffee \$20.69 Per Gallon 0 Cal/8 oz. serving

Decaffeinated Coffee \$20.69 Per Gallon 0 Cal/8 oz. serving

Hot Water with Assorted Tea Bags

\$21.29 Per Gallon O Cal/8 oz. serving

Iced Tea \$19.09 Per Gallon O Cal/8 oz. serving

Lemonade \$19.09 Per Gallon 90 Cal/8 oz. serving

Wawa Iced Tea & Lemonade Cartons \$1.29 10-110 Cal/8 oz. serving

Lemon Infused Water (Per Gallon) \$7.99 O Cal/8 oz. serving

DESSERTS

▼ Assorted Craveworthy Cookies \$19.19 Per Dozen 210-260 Cal each

▼ Bakery-fresh Brownies \$23.19 Per Dozen 250 Cal/2.25 oz. serving

v Gourmet Dessert Bars

\$23.19 Per Dozen 300-360 Cal/2.75-3.25 oz. serving

Custom Artisan Cupcakes \$27.89 Per Dozen

Chocolate Cupcake with Fudge Icing **vg**480 Cal each
Vanilla Cupcake **v**380 Cal each
Bananas Foster Cupcake **v**180 Cal each
Devil's Food Cupcake **v**380 Cal each

vg Vegan Peach-Banana Cake (Each)

\$22.79 Serves 8 300 Cal/slice

ORDERING INFORMATION

Lead Time

Notice of 3 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens. Please be aware that we are a nut free facility and do not utilize the use of any tree-nut or peanut.

VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



Contact Us Today

610.436.3130 NewStreetCatering@wcupa.edu young-jessicall@aramark.com

Prices effective until 07/01/2024 Prices may be subject to change

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