

# BEVERAGES & DESSERTS

## BEVERAGES

Includes appropriate accompaniments

- Starbucks Regular Coffee (0 Cal/8 oz. serving) \$22.99 Per Gallon
- Starbucks Decaffeinated Coffee (0 Cal/8 oz. serving) \$22.99 Per Gallon
- Hot Water with Assorted Tazo Tea Bags (0 Cal/8 oz. serving) \$22.99 Per Gallon
- Hot Apple Cider (160 Cal/8 oz. serving) \$19.99 Per Gallon
- Hot Chocolate (160 Cal/8 oz. serving) \$19.99 Per Gallon
- Iced Tea (5 Cal/8 oz. serving) \$17.99 Per Gallon
- Lemonade (90 Cal/8 oz. serving) \$17.99 Per Gallon
- Infused Water \$8.99 Per Gallon
  - Lemon Infused Water 0 Cal/8 oz. serving
  - Orange Infused Water 10 Cal/8 oz. serving
  - Apple Infused Water 20 Cal/8 oz. serving
  - Cucumber Infused Water 10 Cal/8 oz. serving
  - Grapefruit Infused Water 10 Cal/8 oz. serving
- Strawberry Basil Infused Iced Tea (10 Cal/8 oz. serving) \$19.99 Per Gallon
- Mango Agave Palmer Mocktails (190 Cal / 8 oz. serving) \$23.99 Per Gallon
- Apple Julep Mocktails (130 Cal / 8 oz. serving) \$23.99 Per Gallon
- Raspberry Hibiscus Mojito Mocktails (190 Cal / 8 oz. serving) \$23.99 Per Gallon
- Cardinal Seabreeze Mocktails (120 Cal / 8 oz. serving) \$23.99 Per Gallon
- Assorted Bottled Fruit Juices (110-170 Cal each) 2.29 each
- Iced Water (0 Cal/8oz serving) 2.99 Per Gallon
- Strawberry Basil Infused Lemonade (95 Cal/8 oz. serving) \$19.99 Per Gallon
- Peach Mint Iced Tea (10 Cal/ 8oz. serving) \$19.99 Per Gallon

■ VEGETARIAN ■ VEGAN

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## DESSERTS

Available for 15 guests or more

- Assorted Craveworthy Cookies (250-310 Cal each) \$13.49 Per Dozen
- Bakery-fresh Brownies (250 Cal/2.25 oz. serving) \$14.49 Per Dozen
- Gourmet Dessert Bars (300-370 Cal/2.75-3.25 oz. serving) \$16.49 Per Dozen
- Custom Artisan Cupcakes \$23.49
  - Chocolate Cupcake with Fudge Icing 480 Cal each
  - Vanilla Cupcake 380 Cal each
  - Bananas Foster Cupcake 180 Cal each
  - Devil's Food Cupcake 380 Cal each
- Chocolate Covered Strawberries (40 Cal each) \$20.49 Per Dozen

- Nord's Bakery Custom Occasion Cakes
- Full Sheet Cake (320 Cal/per slice) \$89.99
  - 1/2 Sheet Cake (320 Cal/per slice) \$43.99
  - 1/4 Sheet Cake (320 Cal/per slice) \$25.99

## ORDERING INFORMATION

### LEAD TIME

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

### EXTRAS

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

## CONTACT US TODAY

502.852.5211  
 catering@louisville.edu  
 louisvillecatering.catertrax.com

Prices effective until 07/01/2020  
 Prices may be subject to change



**EVERYDAY  
MENU**

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**LOUIS EVENTS & CATERING**



## ALL-DAY PACKAGES

Choose one of these 3 packages to sustain you throughout the day.

### ALL DAY DELICIOUS \$37.99

Relax. We'll keep the food coming! These 4 selections will keep your energy up throughout the day. Available for 15 guests or more. Includes appropriate condiments.

#### DELICIOUS DAWN

Assorted Muffins	400-510 Cal each
Assorted Scones	430-470 Cal each
Fresh Seasonal Sliced Fruit	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### AM PERK UP

Granola Bars	190 Cal each
Assorted Individual Yogurt Cups	50-150 Cal each
Iced Tea	5 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### POWER UP LUNCH

Tomato and Cucumber Couscous Salad	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad	210 Cal/3.2 oz. serving
Bakery Fresh Rolls	160 Cal each
Green Beans Gremolata	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto	310 Cal/7.5 oz. serving
Grilled Chicken with a Lemon Tarragon White Wine Sauce	200 Cal/5.75 oz. serving
New York Cheesecake	440 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

#### PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips	230 Cal/2.25 oz. serving
Grilled Vegetable Tray	70 Cal/3 oz. serving
Freshly Baked Brownies	250 Cal/2.25 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## RECEPTIONS

### RECEPTION STATIONS

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 24 guests or more. Includes appropriate condiments.

#### TRADITIONAL CARVING TURKEY \$15.49

Bakery Fresh Rolls	160 Cal each
Carved Roasted Turkey	130 Cal/3 oz. serving
Sun-Dried Tomato Aioli	200 Cal/1 oz. serving
Cranberry-Mandarin Relish	60 Cal/1 oz. serving
Mesquite Mayonnaise	220 Cal/1 oz. serving

#### HONEY HAM \$15.49

Bakery Fresh Rolls	160 Cal each
Carved Honey Ham	170 Cal/3.5 oz. serving
Orange Horseradish Spread	80 Cal/1 oz. serving
Sriracha Honey Mustard	120 Cal/1 oz. serving
Red Onion-Apricot Relish	70 Cal/1 oz. serving

#### SLOW-COOKED BEEF \$15.49

Bakery Fresh Rolls	160 Cal each
Slow-Cooked Beef	200 Cal/3 oz. serving
Roasted Garlic Aioli	190 Cal/1 oz. serving
Tarragon Horseradish	190 Cal/1 oz. serving
Pesto Mayonnaise	190 Cal/1 oz. serving

### BREAKS

All prices are per person and available for 18 guests or more

#### THE HEALTHY ALTERNATIVE \$8.29

Apples	60 cal each
Oranges	50 cal each
Bananas	110 cal each
Pears	100 cal each
Individual Yogurt Cups	50-150 Cal each
Trail Mix	290 cal each
Granola Bars	190 cal each

#### SNACK ATTACK \$6.19

Individual Bags of Chips	100-160 Cal each
Roasted Peanuts	190 Cal/1 oz. serving
Trail Mix	290 Cal each
Assorted Craveworthy Cookies	250-310 Cal each
Bakery-fresh Brownies	250 Cal/2.25 oz. serving

#### SUGAR AND SPICE \$6.19

Craveworthy Sugar Cookies	240 Cal each
Gummy Bears	140 Cal/2 oz. serving
Popcorn	50 Cal/2.25 oz. serving
Cajun Chips	340 Cal/2 oz. serving
Savory Snack Mix	200 Cal/1.75 oz. serving

#### ORCHARD TREATS \$6.49

Apple Wedges	60 Cal each
Caramel Sauce	100 Cal/1 oz. serving
Cinnamon Sugar Donuts	280 Cal each
Maple Walnut Blondies	290 Cal/2.38 oz. serving
Sliced Cheese served with Baguettes	350 Cal/4.75 oz. serving

#### FLAVORFUL POPCORN BAR \$3.99 Per Person

(minimum of 18 Guests) Select three varieties from choices below (50 - 180 cal / 1 cup serving)

Cookies and Cream, Chocolate Caramel, Cinnamon Roll, Butter, White Chocolate Peanut Butter, Buffalo Ranch, Bacon Ranch, Cheesy Cheddar, White Cheddar, Caramel, Chicago Corn, River City, Kettlecorn

#### CHOCOHOLIC \$7.69

Mini Chocolate Bars	45-70 Cal each
Chunky Chocolate Craveworthy Cookies	280 Cal each
Chilled Chocolate Milk	160 Cal each
Chocolate Dipped Pretzels	110 Cal each
Chocolate Dipped Strawberries	xx Cal each

# RECEPTIONS

## RECEPTION PLATTERS AND DIPS

### FRESH GARDEN CRUDITÉS

\$35.99 serves 12    \$71.99 serves 24    \$142.99 serves 48  
 Fresh Garden Crudités with Ranch Dill Dip (120 Cal/5 oz. serving)

### ASSORTED MINI SANDWICHES

\$64.99 serves 12    \$124.99 serves 24    \$249.99 serves 48  
 An assortment of our most popular Mini Sandwiches

Ham and American Cheese Mini Sandwiches    260 cal each  
 Roast Beef and Cheddar Mini Sandwiches    260 cal each  
 Turkey and Swiss Mini Sandwiches    310 cal each  
 Mini Caprese Sandwiches    250 cal each

### GRILLED VEGETABLES

\$27.79 serves 12    \$45.99 serves 24    \$72.99 serves 48  
 Grilled Vegetables served with Balsamic Vinaigrette  
 (70 Cal/3 oz. serving)

### HOUSEMADE SPINACH DIP

\$29.99 serves 12    \$49.99 serves 24    \$87.99 serves 48  
 Housemade Spinach Dip Served with Fresh Pita Chips  
 (230 Cal/2.25 oz. serving)

### HUMMUS WITH PITA CHIPS

\$31.99 serves 12    \$55.99 serves 24    \$102.99 serves 48  
 Hummus with Pita Chips (220 Cal/4.5 oz. serving)

#### MAY WE SUGGEST A SERVED MEAL OR RECEPTION?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. Please contact our Catering Office at (502) 852-5211 to arrange a personal consultation.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## RECEPTION STATIONS

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 24 guests or more. Includes appropriate condiments.

### HAPPY HOUR \$16.09

Have a "pub" break with your favorite Happy Hour finger foods

Chilled Spinach Dip with Pita Chips    230 Cal/2.25 oz. serving  
 Mini Cheesesteaks    170 Cal each  
 Buffalo Chicken Tenders served with Blue Cheese Dip    680 Cal/6.75 oz. serving  
 Assorted Craveworthy Cookies    250-310 Cal each  
 Gourmet Dessert Bars    300-370 Cal/2.75-3.25 oz. serving

### CHEF'S PASTA \$14.99

Create your own pasta sensation with two (2) types of Noodles, two (2) Sauces, and four (4) warmed toppings

Cavatappi Pasta    90 Cal/2 oz. serving  
 Penne Pasta    90 Cal/2.5 oz. serving  
 Fettuccine Pasta    120 Cal/2.75 oz. serving  
 Marinara Sauce    30 Cal/1 oz. serving  
 Alfredo Sauce    60 Cal/1 oz. serving  
 Primavera Pesto Sauce    40 Cal/1 oz. serving  
 Roasted Mushrooms    90 Cal/3.5 oz. serving  
 Broccoli    10 Cal/1 oz. serving  
 Spinach    0 Cal/0.5 oz. serving  
 Onions    10 Cal/0.5 oz. serving  
 Tomatoes    5 Cal/1 oz. serving  
 Zucchini    5 Cal/1 oz. serving  
 Peas    5 Cal/0.25 oz. serving  
 Green Peppers    10 Cal/1 oz. serving

### SOFT PRETZEL BAR \$5.49

Crisp on the outside and soft on the inside, try our Hot Pretzels served with your choice of Three (3) Dipping Sauces; Sweet or Salty, the choice is Yours!

Hot Pretzels    170 Cal each  
 Honey Mustard Sauce    130 Cal/1 oz. serving  
 Spicy Mustard Sauce    30 Cal/1 oz. serving  
 Yellow Mustard Sauce    20 Cal/1 oz. serving  
 Nacho Cheese Sauce    40 Cal/1 oz. serving  
 Vegan Cheddar Cheese Sauce    60 Cal/1 oz. serving  
 Cajun Cheese Sauce    60 Cal/1 oz. serving  
 Buffalo Blue Sauce    30 Cal/1 oz. serving  
 Chocolate Sauce    70 Cal/1 oz. serving  
 Caramel Sauce    100 Cal/1 oz. serving

# ALL-DAY PACKAGES

## MEETING WRAP UP \$32.99

Serve these favorites and success is a wrap! This All-Day package includes the following 4 delights. Available for 15 guests or more. Includes appropriate condiments.

### MORNING MINI

Miniature Muffins    80-120 Cal each  
 Miniature Danish    140-170 Cal each  
 Miniature Scones    110-120 Cal each  
 Yogurt Parfait Cups    370-400 Cal each  
 Iced Water    0 Cal/8 oz. serving  
 Starbucks Coffee, Decaf and Hot Tea    0 Cal/8 oz. serving

### THE ENERGIZER

Donut Holes    45-90 Cal each  
 Ripe Bananas    110 Cal each  
 Iced Tea    5 Cal/8 oz. serving  
 Starbucks Coffee, Decaf and Hot Tea    0 Cal/8 oz. serving

### IT'S A WRAP

Includes choice of salad.  
 Chicken Caesar Wrap    540 Cal each  
 Pepper Jack Tuna Wrap    590 Cal each  
 Cran-Apple Turkey Wrap    650 Cal each  
 Grilled Vegetable Wrap    620 Cal each  
 Fresh Seasonal Sliced Fruit    40 Cal/2.5 oz. serving  
 Traditional Garden Salad    50 Cal/3.5 oz. serving  
 Grilled Vegetable Pasta Salad    130 Cal/3 oz. serving  
 Individual Bag of Chips    100-160 Cal each  
 Assorted Craveworthy Cookies    250-310 Cal each  
 Freshly Baked Brownies    250 Cal/2.25 oz. serving  
 Iced Tea    5 Cal/8 oz. serving  
 Iced Water    0 Cal/8 oz. serving

### MID-DAY MUNCHIES

Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages

Tortilla Chips    90 Cal/1 oz. serving  
 Salsa Roja    20 Cal/1 oz. serving  
 Salsa Verde    20 Cal/1 oz. serving  
 Pico De Gallo    10 Cal/1 oz. serving  
 Assorted Fruit    50-110 Cal each  
 Assorted Craveworthy Cookies    250-310 Cal each  
 Iced Water    0 Cal/8 oz. serving  
 Starbucks Coffee, Decaf and Hot Tea    0 Cal/8 oz. serving

## SIMPLE PLEASURES \$24.89

Easy does it-Casually tasteful fare. This All-Day package includes 3 of our favorites. Available for 15 guests or more. Includes appropriate condiments.

### SIMPLE CONTINENTAL

Nord's Donuts    190-490 Cal each  
 Einstein Bagels    170-360 Cal each  
 Orange Juice    120 Cal/8 oz. serving  
 Iced Water    0 Cal/8 oz. serving  
 Starbucks Coffee, Decaf and Hot Tea    0 Cal/8 oz. serving

### BOX LUNCH

Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water  
 Tuna Salad Ciabatta    540 Cal each  
 Ham and Swiss Sub    380 Cal each  
 Turkey and Swiss Sandwich    490 Cal each  
 Roasted Pepper and Mozzarella Ciabatta    530 Cal each  
 Individual Bag of Chips    100-160 Cal each  
 Assorted Craveworthy Cookies    250-310 Cal each  
 Bottled Water    0 Cal each

### MID-DAY MUNCHIES

Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages

Tortilla Chips    90 Cal/1 oz. serving  
 Salsa Roja    20 Cal/1 oz. serving  
 Salsa Verde    20 Cal/1 oz. serving  
 Pico De Gallo    10 Cal/1 oz. serving  
 Assorted Fruit    50-110 Cal each  
 Assorted Craveworthy Cookies    250-310 Cal each  
 Iced Water    0 Cal/8 oz. serving  
 Starbucks Coffee, Decaf and Hot Tea    0 Cal/8 oz. serving

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# BREAKFAST

## BREAKFAST COLLECTIONS

All prices are per person and available for 15 guests or more. Includes appropriate condiments.

### BASIC BEGINNINGS \$7.69

Choice of one (1) Breakfast Pastry served with Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Assorted Danish 200-430 Cal each
- Assorted Muffins 400-510 Cal each
- Assorted Scones 430-470 Cal each
- Einstein Bagels 170-360 Cal each
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### QUICK START \$9.69

Choice of three (3) Breakfast Pastries served with Fresh Seasonal Sliced Fruit, Fresh Assorted Juices, Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Assorted Muffins 400-510 Cal each
- Assorted Danish -430 Cal each
- Assorted Scones 430-470 Cal each
- Einstein Bagels 170-360 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juice 110-170 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### HEALTHY CHOICE BREAKFAST \$8.69

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

- Individual Cereal Cups 140-260 Cal each
- Milk 120 Cal each
- Bananas 110 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### MINI CONTINENTAL \$10.19

Miniature Muffins, Danish and Bagels served with Fresh Seasonal Sliced Fruit, Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Bagels 110-160 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

## À LA CARTE BREAKFAST

Includes appropriate condiments

- Assorted Einstein's Bagels (170-360 Cal each) \$19.99 Per Dozen
- Assorted Nord Donuts (190-490 Cal each) \$16.99 Per Dozen
- Assorted Pastries (200-510 Cal each) \$19.99 Per Dozen
- Assorted Muffins (400-510 Cal each) \$19.99 Per Dozen
- Assorted Scones (430-470 Cal each) \$19.99 Per Dozen
- Granola Bars (190 Cal each) \$1.79 Each
- Assorted Individual Yogurt Cups (50-150 Cal each) \$3.09 Each
- Whole Fruit (50-110 Cal each) \$1.29 Each

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# RECEPTIONS

## HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. Includes appropriate condiments.

### RECEPTION HORS D'OEUVRES (HOT)

- Beef Empanadas (70 Cal each) \$23.99
- Black Angus Mini Cheeseburgers (Sliders) (120 Cal each) \$39.99
- Buffalo Style Chicken Spring Rolls (25 Cal each) \$23.99
- Chicken Quesadillas (50 Cal each) \$21.99
- Crab Cakes (30 Cal each) \$25.99
- Mac n' Cheese Melts (80 Cal each) \$22.99
- Assorted Mini Quiche (70-90 Cal each) \$21.99
- Spanakopita (70 Cal each) \$22.99
- Vegetable Spring Rolls (15 Cal each) \$33.99

Mini Gourmet Pizzas (150 Cal each) \$38.99

Hot Brown Crostini French Baguette slice topped with Roasted Turkey Breast, Tomato, Bacon and drizzled with a Mornay Sauce (270 Cal each) \$37.99

### RECEPTION HORS D'OEUVRES (COLD)

- Mediterranean Antipasto Skewers (70 Cal each) \$31.99
- Mushroom Profiterole (45 Cal each) \$33.99
- Veggie Hummus Cup (190 Cal each) \$26.49
- Gazpacho Shooter (30 Cal/2 oz. serving) \$19.49
- Bruschetta Crostini (50 Cal each) \$16.49
- Shrimp and Avocado Toast Points (70 Cal each) \$18.49
- Cucumber Dill Canape (80 Cal each) \$16.99
- Assorted Chilled Pinwheels (75-120 Cal each) \$16.99

### UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.



# BUFFETS

## CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

### BUFFET STARTERS

- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Baby Spinach Salad with Bacon, Hard Boiled Eggs and Balsamic Vinaigrette (60 Cal/2.15 oz. serving)
- Greek Salad with Crumbled Feta (120 Cal/3.25 oz. serving)
- Antipasto Salad (130 Cal/3 oz. serving)
- Italian Green Salad with Penne and Prosciutto (110 Cal/3.25 oz. serving)

### BUFFET ENTREES

- Fried Chicken with Buttermilk Hot Sauce (530 Cal/5.6 oz. serving) \$17.79
- Roasted Turkey with Cranberry Relish (160 Cal/3.5 oz. serving) \$17.79
- Honey and Brown Sugar Ham (170 Cal/3.5 oz. serving) \$17.79
- Bruschetta Tilapia (200 Cal/5.5 oz. serving) \$18.49
- Pesto Flank Steak (250 Cal/3 oz. serving) \$19.29
- Eggplant Lasagna (250 Cal/7.25 oz. serving) \$15.79
- Grilled Lemon Rosemary Chicken (130 Cal/3 oz. serving) \$17.79
- Grilled Salmon in a Moroccan Herb Sauce (120 Cal/2.75 oz. serving) \$19.49
- Beef Pot Roast with Dijon Shallot Sauce (330 Cal/5 oz. serving) \$18.49

### BUFFET SIDES

- Italian Seasoned Green Beans (40 Cal/3.25 oz. serving)
- Brussels Sprouts with Almond Butter (70 Cal/3 oz. serving)
- Quinoa and Wild Rice Blend (110 Cal/2.6 oz. serving)
- Ginger Honey Glazed Carrots (110 Cal/3.25 oz. serving)
- Roasted Red Potatoes (100 Cal/2.75 oz. serving)
- Fresh Herbed Vegetables (100 Cal/3.5 oz. serving)
- Buttermilk Mashed Potatoes (120 Cal/3.75 oz. serving)

### BUFFET FINISHES

- Apple Pie (410 Cal/slice)
- Bread Pudding with Caramel Apple Sauce (370 Cal/6.75 oz. serving)
- Assorted Miniature Cool Citrus Cheesecakes (80 Cal/4.25 oz. serving)
- Assorted Miniature Chocolate and Caramel Cheesecakes (80 Cal/3.75 oz. serving)
- Individual Chocolate Ganache Bundt Cake (320 Cal each)
- Individual Vanilla Raspberry Bundt Cake (520 Cal each)

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# BREAKFAST

## HOT BREAKFAST

All prices are per person and available for 18 guests or more. Includes appropriate condiments.

### ULTIMATE BREAKFAST \$14.89

Cheddar and Onion Frittata and Pancakes with Butter and Syrup accompanied by Scrambled Eggs, Crisp Bacon, Breakfast Sausage, Breakfast Potatoes, choice of three (3) Breakfast Pastries with Butter, Jam and Cream Cheese, Fresh Seasonal Sliced Fruit, Assorted Juices and Bottled Water, Starbucks Coffee, Decaf and Hot Tea

- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Einstein Bagels 170-360 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Scrambled Eggs 180 Cal/4 oz. serving
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Cheddar and Onion Frittata 270 Cal each
- Pancakes 50 Cal each
- Maple Syrup 70 Cal/1 oz. serving
- Assorted Juices 110-170 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving



### AMERICAN BREAKFAST \$11.39

Scrambled Eggs, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, choice of one (1) Breakfast Pastry, Bottled Water, Starbucks Coffee, Decaf and Hot Tea

- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Einstein Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/4 oz. serving
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

### SMART SUNRISE SANDWICH BUFFET \$11.89

Choice of two (2) healthy Breakfast Sandwiches served with two (2) flavors of our Granola Fruit Parfaits served with Fresh Seasonal Sliced Fruit, Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Garden Vegetables and Egg on Wheat English Muffin 220 Cal each
- Southwest Garden Vegetable, Ham and Egg on Wheat English Muffin 220 Cal each
- Turkey Sausage, Swiss and Egg on Wheat English Muffin 250 Cal each
- Spinach and Feta Flatbread Sandwich 230 Cal each
- Turkey Sausage and Egg White Flatbread 280 Cal each
- Mexican Turkey Bacon Flatbread 280 Cal each
- Chicken and Spinach English Muffin 380 Cal each
- Blueberry Orange Yogurt Parfait 410 Cal each
- Apple, Raisin and Cranberry Yogurt Parfait 400 Cal each
- Honey Ginger Pear Yogurt Parfait 440 Cal each
- Strawberry Yogurt Parfait 370 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply

## BREAKFAST

### BREAKFAST ENHANCEMENTS

All prices are per person and available for 18 guests or more. Includes appropriate condiments.

#### GRITS BAR \$7.19

Traditional Grits served with Bacon, Cheddar Cheese, Scallions, Butter, Cinnamon Sugar and Raisins 390 Cal/9.25 oz. serving

#### BELGIAN WAFFLES \$7.49

Belgian Waffles 60 Cal each  
 Fresh Strawberry and Peach Fruit Topping 20 Cal/1 oz. serving  
 Whipped Cream 50 Cal/0.5 oz. serving  
 Maple Syrup 70 Cal/1 oz. serving

#### HOME-STYLE BISCUITS AND GRAVY \$3.09

(590 Cal/7 oz. serving)

#### OATMEAL BAR \$7.19

Oatmeal 150 Cal/8 oz. serving  
 Dried Cranberries 20 Cal/0.5 oz. serving  
 Raisins 40 Cal/0.5 oz. serving  
 Walnuts 90 Cal/0.5 oz. serving  
 Maple Syrup 70 Cal/1 oz. serving

#### SENSIBLE SANDWICH \$5.29

Choice of two (2) Healthy Breakfast Sandwiches

Garden Vegetables & Egg on Wheat English Muffin 220 Cal each  
 Southwest Garden Vegetable, Ham & Egg on a Wheat English Muffin 220 Cal each  
 Turkey Sausage, Swiss & Egg on Wheat English Muffin 250 Cal each  
 Spinach & Feta Flatbread Sandwich 230 Cal each  
 Turkey Sausage & Egg White Flatbread 280 Cal each  
 Mexican Turkey Bacon Flatbread 280 Cal each

#### CEREAL BAR \$3.99

Individual Cereal Cups 140-260 Cal each  
 Milk 120 Cal each

#### HAND WRAPPED BREAKFAST BURRITOS \$4.49

Meat Lover's Breakfast Burrito with Bacon, Sausage and Ham 810 Cal each  
 Potato, Cheese and Pico de Gallo Breakfast Burrito 440 Cal each  
 Florentine Breakfast Burrito 580 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply

### THEMED BUFFETS

24 Person Minimum. Includes appropriate condiments and choice of beverages.

#### BAKED POTATO BAR \$16.89

Top your own Baked Potatoes with a Garden Salad and choice of Apple Cobbler or Apple Pie for Dessert

■ Classic Garden Salad 50 Cal/3.5 oz. serving  
 Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream 660 Cal/12 oz. serving  
 ■ Apple Cobbler 350 Cal/4.75 oz. serving  
 ■ Apple Pie 410 Cal/slice  
 Lemonade 90 Cal/8 oz. serving  
 Iced Tea 5 Cal/8 oz. serving  
 Iced Water 0 Cal/8 oz. serving  
 ■ Add on Cheddar Cheese Sauce 60 Cal/1 oz. serving

#### TASTY TEX MEX \$17.79

Create your own Fajitas with our Tex Mex Sides including choice of two (2) Salsas!

■ Tortilla Chips 90 Cal/1 oz. serving  
 ■ Mexican Rice 130 Cal/3 oz. serving  
 ■ Charro Beans 90 Cal/3 oz. serving  
 Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream 590 Cal/5 oz. serving  
 Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream 580 Cal/5 oz. serving  
 ■ Pico De Gallo 10 Cal/1 oz. serving  
 ■ Salsa Verde 10 Cal/1 oz. serving  
 ■ Salsa Roja 20 Cal/1 oz. serving  
 Cinnamon Crisps 20 Cal each  
 Lemonade 90 Cal/8 oz. serving  
 Iced Tea 5 Cal/8 oz. serving  
 Iced Water 0 Cal/8 oz. serving

## BUFFETS

### NOODLE BAR BASICS \$19.89

Make your own Pasta creation featuring choice of Cavatappi or Fettuccine Noodles; two (2) of the following: Marinara, Alfredo, Pesto Primavera or Hearty Meat Sauce; two (2) of the following: Grilled Chicken, Italian Sausage, Shrimp or Tofu; and a medley of Veggies and Accompaniments

■ Mesclun Salad with Sliced Oranges, Kalamata Olives and Red Onion 70 Cal/2.25 oz. serving  
 110 Cal each  
 ■ Garlic Breadsticks 180 Cal/4 oz. serving  
 ■ Cavatappi Noodles 240 Cal/5.5 oz. serving  
 ■ Fettuccine Noodles 160 Cal/3 oz. serving  
 Grilled Chicken 330 Cal/2 oz. serving  
 Italian Sausage 60 Cal/2 oz. serving  
 Shrimp 50 Cal/2 oz. serving  
 ■ Tofu 110 Cal/4 oz. serving  
 ■ Marinara Sauce 160 Cal/4 oz. serving  
 Pesto Sauce 240 Cal/4 oz. serving  
 ■ Alfredo Sauce 130 Cal/4 oz. serving  
 Hearty Meat Sauce 10 Cal/1 oz. serving  
 ■ Broccoli 10 Cal/0.5 oz. serving  
 ■ Onions 5 Cal/1 oz. serving  
 ■ Tomatoes 5 Cal/1 oz. serving  
 ■ Zucchini 250-310 Cal each  
 ■ Assorted Craveworthy Cookies 250 Cal/2.25 oz. serving  
 ■ Bakery-fresh Brownies 90 Cal/8 oz. serving  
 Lemonade 5 Cal/8 oz. serving  
 Iced Tea 0 Cal/8 oz. serving  
 Iced Water



# BUFFETS

## THEMED BUFFETS

24 Person Minimum. Includes appropriate condiments and choice of beverages.

### EAST ASIAN EATS \$17.99

Jasmine Rice, Yakisoba Noodles, Lemongrass Chicken, Asian Tofu with Teriyaki Sauce and sides with two (2) Dipping Sauces

Egg Rolls	190 Cal each
Crispy Wontons	25 Cal each
■ Sweet Soy Sauce	50 Cal/1 oz. serving
■ Sweet and Sour Sauce	40 Cal/ 1 oz. serving
■ Chili Garlic Sauce	45 Cal/1 oz. serving
■ Yakisoba Noodles	120 Cal/2.5 oz. serving
■ Jasmine Rice	130 Cal/3 oz. serving
■ Lemongrass Chicken	190 Cal/3 oz. serving
■ Asian Tofu	120 Cal/3 oz. serving
■ Teriyaki Sauce	25 Cal/0.5 oz. serving
■ Raspberry Coconut Bars	370 Cal/3.25 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### ALL-AMERICAN PICNIC \$14.89

Home-style Potato Salad	240 Cal/4 oz. serving
Fresh Country Coleslaw	170 Cal/3.5 oz. serving
House-made Kettle Chips	240 Cal/1.25 oz. serving
Grilled Hamburgers with Buns	330 Cal each
Hot Dogs with Buns	310 Cal each
Garnish Tray (Lettuce, Onions, Pickles, Tomatoes)	0-10 Cal/1 oz. serving
Assorted Craveworthy Cookies	250-310 Cal each
Bakery-fresh Brownies	250 Cal/2.25 oz. serving
Sweet Tea	120 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### HARVEST BOUNTY \$19.89

Choice of Herb Roasted Turkey or Baked Ham served with Sides and Beverages

■ Traditional Mixed Green Salad	50 Cal/3.5 oz. serving
■ Southern Biscuits	190 Cal each
■ Buttermilk Mashed Potatoes	120 Cal/3.75 oz. serving
■ Sautéed Dill Green Beans	30 Cal/3 oz. serving
Herb Roasted Turkey	130 Cal/3 oz. serving
Baked Ham	110 Cal/3 oz. serving
■ Apple Pie	410 Cal/slice
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### PASTA TRIO BUFFET \$17.79

A Trio of Pasta Dishes and sides...add on Grilled Chicken Breast for an additional fee

Caesar Salad	160 Cal/2.7 oz. serving
Garlic Breadsticks	110 Cal each
Manicotti Marinara	140 Cal/3.25 oz. serving
Chicken and Broccoli Ravioli	320 Cal/8.75 oz. serving
Rigatoni and Meat Balls	310 Cal/7.5 oz. serving
Lemon Cheesecake Bars	300 Cal/2.75 oz. serving
Sweet Tea	120 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Grilled Chicken Breast (additional fee applies)	160 Cal/3 oz. serving

### MEDI EATS BUFFET \$17.79

Israeli Couscous	120 Cal/3.5 oz. serving
Roasted Eggplant	100 Cal/3 oz. serving
Sautéed Spinach	60 Cal/3.25 oz. serving
White Pita Flatbread	250 Cal each
Whole Wheat Pita Flatbread	250 Cal each
Chicken Souvlaki Skewers	210 Cal each
Falafel	60 Cal each
Tzatziki	15 Cal/1 oz. serving
Cinnamon Custard	110 Cal/2.75 oz. serving
Sweet Tea	120 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

# SANDWICHES & SALADS

## CLASSIC COLLECTIONS

All prices are per person and available for 18 guests or more. Includes appropriate condiments.

### DELI EXPRESS \$11.89

Create your own Deli Sandwich creation accompanied by your choice of two (2) Side Salads, Chips, Assorted Craveworthy Cookies and Beverages

Side Salads	25-330 Cal each
■ Individual Bags of Chips	100-160 Cal each
■ Assorted Baked Breads & Rolls	110-160 Cal each
Deli Platter (Turkey, Roast Beef, Ham, Tuna)	25-80 Cal/1 oz. serving
■ Cheese Tray (Cheddar & Swiss)	110 Cal/1 oz. serving
■ Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini)	20 Cal/1 oz. serving
■ Assorted Craveworthy Cookies	250-310 Cal each
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### PREMIUM BOX LUNCHES

Asiago Roast Beef Focaccia	\$13.99
Roast Beef, Asiago, Kale Spring Mix, Tomato and Onion on Focaccia with Spicy Mayonnaise	590 Cal each
■ Grilled Vegetable Pasta Salad	130 Cal/3 oz. serving
■ Individual Bag of Chips	100-160 Cal each
■ Freshly Baked Brownie	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each

Tuscan Flatbread	\$12.99
Sun-Dried Tomato Spread, Grilled Zucchini, Roasted Peppers, Goat Cheese and Arugula Flatbread	440 Cal each
■ Herbed Quinoa Side Salad	110 Cal/3.5 oz. serving
■ Individual Bag of Chips	100-160 Cal each
■ Freshly Baked Brownie	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each

Chicken, Blue Cheese and Pear Salad	\$14.49
Grilled Lemon Chicken on a Salad of Pear, Blue Cheese, Walnuts, Crisp Greens and Dijon Vinaigrette	620 Cal each
Bakery Fresh Roll	160 Cal each
Fresh Fruit Cup	40 Cal/2.5 oz. serving
Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Kale Pesto Turkey Ciabatta	\$13.49
Turkey, Provolone, Tomato, Balsamic Glaze and Spicy Kale Pesto on Ciabatta	560 Cal each
Chilled Dill Cucumber Salad	60 Cal/3.75 oz. serving
Individual Bag of Chips	100-160 Cal each
Freshly Baked Brownie	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each

Asian Chicken Salad	\$14.49
Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame Dressing	430 Cal each
Bakery Fresh Roll	160 Cal each
Fresh Fruit Cup	40 Cal/2.5 oz. serving
Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

### CLASSIC BOX LUNCH \$10.49

Your choice of Classic Sandwich - served with Potato Chips, Craveworthy Cookies and Bottled Water	140-750 Cal each
■ Classic Selection Sandwich	100-160 Cal each
■ Individual Bag of Chips	250-310 Cal each
■ Assorted Craveworthy Cookies	0 Cal each

### CLASSIC SELECTIONS BUFFET \$15.99

Your Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Beverages	25-330 Cal each
Side Salads	0 Cal/1 oz. serving
■ Dill Pickle Slices	100-160 Cal each
■ Individual Bags of Chips	140-750 Cal each
Classic Selection Sandwiches	250-310 Cal each
■ Assorted Craveworthy Cookies	90 Cal/8 oz. serving
Lemonade	5 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	

### CLASSIC SANDWICH OPTIONS

(Available Sandwich Choices for the Classic Boxed Lunch and Classic Selections Buffet)	
Roast Beef and Cheddar Sandwich	(420 Cal each)
Chicken Caesar Wrap	(630 Cal each)
Turkey, Bacon and Cheddar Baguette with a Mesquite Mayonnaise	(600 Cal each)
Honey Mustard Ham and Swiss Ciabatta	(480 Cal each)
■ Grilled Vegetable Wrap	(610 Cal each)
Deli Sliced Turkey and Swiss on Hearty Wheat Bread	(490 Cal each)

# SANDWICHES & SALADS

## CLASSIC COLLECTIONS

All prices are per person and available for 18 guests or more. Includes appropriate condiments.

### THE EXECUTIVE LUNCHEON \$18.29

Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Beverages

Side Salads	25-330 Cal each
■ Dill Pickle Slices	0 Cal/1 oz. serving
■ Individual Bags of Chips	100-160 Cal each
Executive Luncheon Sandwiches	370-760 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich Choices for the Executive Luncheon Buffet)

■ Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta (570 Cal each)

Ham and Brie, with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread (700 Cal each)

Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli (620 Cal each)

Turkey, Ham and Ranch Club with Bacon, Lettuce and Tomato (580 Cal each)

Deli style Turkey, Ham and Mozzarella with Pesto Mayo on a Baguette (640 Cal each)

Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub (490 Cal each)

Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette (690 Cal each)

Granny Smith Apples and Brie with Fresh Baby Spinach on a French Baguette (760 Cal each)

Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette (570 Cal each)

Tarragon Chicken Salad and Chive Cream Cheese Wrap (590 Cal each)

### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)

■ Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives (90 Cal/3 oz. serving)

■ White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette (90 Cal/3.33 oz. serving)

■ Chilled Dill Cucumber Salad with Onions tossed in Italian Dressing (60 Cal/3.75 oz. serving)

■ Red-skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing (240 Cal/4 oz. serving)

■ Traditional Coleslaw finely shredded with Carrots in a Mayonnaise and Celery Seed Dressing (170 Cal/3.5 oz. serving)

■ Traditional Garden Salad with a Balsamic Vinaigrette Dressing (50 Cal/3.5 oz. serving)

■ Roasted Vegetable Pasta Salad (210 Cal/3.75 oz. serving)

■ Fresh Fruit Salad (40 Cal/2.5 oz. serving)

Apple Bacon Coleslaw (140 Cal/3.25 oz. serving)

Tabbouleh with Ground Bulgur, Tomatoes, Parsley, and Scallions combined in an Olive Oil Mix (330 Cal/3.25 oz. serving)

Edamame Salad with Shiitake Mushrooms, Bean Sprouts, Radishes, Scallions, Fresh Basil and Mint tossed in a Rice Wine Vinegar and Ginger Root Dressing (130 Cal/3 oz. serving)

## THEMED BUFFETS

20 Person Minimum. Includes appropriate condiments and choice of beverages.

### LAZY SUMMER BBQ \$18.79

■ Coleslaw	150 Cal/3 oz. serving
■ Cornbread Fiesta Muffins	120 Cal each
■ Macaroni and Cheese	260 Cal/4 oz. serving
Baked Beans	170 Cal/4.75 oz. serving
BBQ Chicken	430 Cal/6 oz. serving
Sliced Brisket	350 Cal/5 oz. serving
■ Assorted Craveworthy Cookies	250-310 Cal each
■ Gourmet Dessert Bars	300-370 Cal/2.75-3.25 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### TASTE OF SPAIN \$17.79

■ Mesclun Salad	15 Cal/3 oz. serving
■ Shallot Sherry Vinaigrette	80 Cal/1 oz. serving
■ Rosemary Sea Salt Flatbread	220 Cal/2.25 oz. serving
■ Spanish Rice	110 Cal/3.5 oz. serving
■ Steamed Asparagus	20 Cal/3 oz. serving
Paprika Chicken	200 Cal/5 oz. serving
Braised Pork	360 Cal/3.5 oz. serving
■ Lemon Cheesecake Bars	300 Cal/2.75 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### REPUBLIC OF SPICE \$17.99

Kadai Jhinga Masala (Prawns in sauce) and Tandoori Chicken served over Lemon-Ginger Basmati Rice and accompaniments

Kachumber Side Salad	40 Cal/3.9 oz. serving
Tikka Chaat Side Salad	70 Cal/3 oz. serving
Curry-Spiced Naan	440 Cal each
Kadai Jhinga Masala	120 Cal/4.5 oz. serving
Tandoori Chicken	150 Cal/3 oz. serving
Lemon-Ginger Basmati Rice	170 Cal/3.25 oz. serving
Pickled Red Onion	10 Cal/0.5 oz. serving
Shredded Carrot	10 Cal/0.5 oz. serving
Cilantro	0 Cal/0.125 oz. serving
Mango Chutney	45 Cal/1 oz. serving
Cucumber Mint Raita	15 Cal/1 oz. serving
Tomato Chutney	5 Cal/0.5 oz. serving
Honey Lemon Rice Pudding	200 Cal/4.25 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

# BUFFETS

### YUCATAN BOWL \$17.79

Create your own Yucatan Bowls with White or Brown Rice, Charro Beans, Braised Chicken and Beef, Roasted Portobello Mushrooms, Toppings Bar including two (2) Salsas, and Sides

■ Romaine Lettuce Salad	0 Cal/0.25 oz. serving
■ Avocado Ranch Dressing	80 Cal/1 oz. serving
■ Cilantro Lime White Rice	120 Cal/3 oz. serving
■ Cilantro Lime Brown Rice	140 Cal/3.5 oz. serving
■ Charro Beans	90 Cal/3 oz. serving
Braised Chicken	180 Cal/3 oz. serving
Braised Beef	160 Cal/3 oz. serving
■ Roasted Portobello Mushrooms	20 Cal/2.25 oz. serving
■ Guacamole	40 Cal/1.33 oz. serving
■ Pico De Gallo	10 Cal/1 oz. serving
■ Salsa Verde	10 Cal/1 oz. serving
■ Salsa Roja	20 Cal/1 oz. serving
■ Dulce de Leche Brownie	220 Cal/2.25 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### SOUP AND SALAD BUFFET \$15.89

Garden Fresh Tossed Salad with Dressings and assorted toppings served with Dinner Rolls and Butter, Soup du Jour, Assorted Craveworthy Cookies and choice of Beverage

Garden Fresh Mixed Greens	15 Cal/3 oz. serving
Ranch Dressing	200 Cal/2 oz. serving
Italian Dressing	80 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	60 Cal/2 oz. serving
Roasted Chickpeas	210 Cal/2 oz. serving
Sliced Red Onions	10 Cal/1 oz. serving
Shredded Cheese	60 Cal/0.5 oz. serving
Tomatoes	5 Cal/1 oz. serving
Cucumbers	5 Cal/1 oz. serving
Shredded Carrots	10 Cal/0.5 oz. serving
CROUTONS	60 Cal/0.5 oz. serving
Dinner Rolls	160 Cal each
Soup du Jour	80-420 Cal/8 oz. serving
Assorted Craveworthy Cookies	250-310 Cal each
Sweet Tea	120 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving