SMOK'N BBQ
Includes: Choice of 2 Entrées, 1 Mac and Cheese, 1 Side Salad, 1 Dessert, Grilled and Chilled Vegetables, Cornbread Muffins, Buns and Beverages

ENTRÉES
BAKED BBQ CHICKEN
500 Cal per 2 piece serving
ST. LOUIS STYLE ANCHO BBQ RIBS
200 Cal per 4.5 oz. serving
GRILLED KIELBASA
340 Cal each
GRILLED RANCH CHICKEN
490 Cal each

SAVORY MAC & CHEESE
BACON TOMATO MAC AND CHEESE
350 Cal per 5 oz. serving
BROCCOLI MAC AND CHEESE
200 Cal per 4 oz. serving
TRADITIONAL MAC AND CHEESE
370 Cal per 4 oz. serving

SIDE SALADS (Included in Wrap Basket and Smok'n BBQ)
TANGY KALE SLAW
80 Cal per 4 oz. serving
TOMATO CUCUMBER COUSCOUS
120 Cal per 4 oz. serving
CREAMY VEGAN POTATO SALAD
190 Cal per 4 oz. serving
BUTTERED CORN ON THE COB
65 Cal each

INCLUDES
GRILLED & CHILLED VEGETABLES
65 Cal per 4 oz. serving
SOUTHERN CORNBREAD MUFFIN
WITH BUTTER
220 Cal each
BUNS
220 Cal each
ICED TEA AND WATER
0 Cal 8 oz. serving

SUMMER SALADS
Includes: Choice of 2 Crisp Salads and 1 Dessert. Accompanied by Summer Fruit Salad, Rolls and Beverages

SALAD BOWLS
SALMON NICOLE SALAD
Grilled salmon, potatoes, green beans, egg, Kamakura olives on romaine with vinaigrette.
400 Cal per 10 oz. serving
GRILLED CHICKEN COBB SALAD
Roasted Poppy, sauteed mushrooms, olive spread and Italian dressing.
600 Cal per 8 oz. serving
GRILLED CHICKEN SUMMER FRUIT AND FETA SALAD
Grilled chicken, fresh watermelon, feta, farro, tomato and red onion with arugula
280 Cal per 11 oz. serving

SMOK'N BBQ
Includes: Choice of 2 Entrées, 1 Mac and Cheese, 1 Side Salad, 1 Dessert, Grilled and Chilled Vegetables, Cornbread Muffins, Buns and Beverages

ENTRÉES
BAKED BBQ CHICKEN
500 Cal per 2 piece serving
ST. LOUIS STYLE ANCHO BBQ RIBS
200 Cal per 4.5 oz. serving
GRILLED KIELBASA
340 Cal each
GRILLED RANCH CHICKEN
490 Cal each

SAVORY MAC & CHEESE
BACON TOMATO MAC AND CHEESE
350 Cal per 5 oz. serving
BROCCOLI MAC AND CHEESE
200 Cal per 4 oz. serving
TRADITIONAL MAC AND CHEESE
370 Cal per 4 oz. serving

SIDE SALADS (Included in Wrap Basket and Smok'n BBQ)
TANGY KALE SLAW
80 Cal per 4 oz. serving
TOMATO CUCUMBER COUSCOUS
120 Cal per 4 oz. serving
CREAMY VEGAN POTATO SALAD
190 Cal per 4 oz. serving
BUTTERED CORN ON THE COB
65 Cal each

INCLUDES
GRILLED & CHILLED VEGETABLES
65 Cal per 4 oz. serving
SOUTHERN CORNBREAD MUFFIN
WITH BUTTER
220 Cal each
BUNS
220 Cal each
ICED TEA AND WATER
0 Cal 8 oz. serving

SUMMER SALADS
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Grilled chicken, fresh watermelon, feta, farro, tomato and red onion with arugula
280 Cal per 11 oz. serving

SUMMER VIBES
Featuring grilled and chilled flavors of summer

BBQ ENTRÉES
BAKED BBQ CHICKEN
500 Cal per 2 piece serving
ST. LOUIS STYLE ANCHO BBQ RIBS
200 Cal per 4.5 oz. serving
GRILLED KIELBASA
340 Cal each
GRILLED RANCH CHICKEN
490 Cal each

PULLED PORK
320 Cal per 3 oz. serving
BEEF ANGUS BURGER
320 Cal per 4 oz. serving
BISTRO BEER BURGER
200 Cal per 4 oz. serving

SIDE SALADS (Included in Wrap Basket and Smok'n BBQ)
TANGY KALE SLAW
80 Cal per 4 oz. serving
TOMATO CUCUMBER COUSCOUS
120 Cal per 4 oz. serving
CREAMY VEGAN POTATO SALAD
190 Cal per 4 oz. serving
BUTTERED CORN ON THE COB
65 Cal each

INCLUDES
GRILLED & CHILLED VEGETABLES
65 Cal per 4 oz. serving
SOUTHERN CORNBREAD MUFFIN
WITH BUTTER
220 Cal each
BUNS
220 Cal each
ICED TEA AND WATER
0 Cal 8 oz. serving

SUMMARY SWEETS
Included in All Menu Packages. See Back For Details.