

INSPIRED EXPERIENCES. Our food is locally sourced and globally **CULINARY** inspired to connect you with community **FORWARD** and fuel your best work. Our people are genuine, passionate, and **THOUGHTFUL** empowered to do what it takes to make HOSPITALITY your moment special. Our common goodness considers PEOPLE & the environmental, social, ethical and PLANET economic impact of everything we do. Our experiences create connection and **INSPIRED** culture, bringing desired and inspired **EXPERIENCES** spaces to life.

2 MISSOURI WESTERN CATERING

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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$43.79

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 10 quests or more.

DELICIOUS DAWN

Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM PERK UP

Granola Bars v	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

DOWED HD LINCH

POWER UP LUNCH	
Tomato and Cucumber Couscous Salad vg	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter v	160 Cal each
Green Beans Gremolata VG EW PF	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto V EW	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
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New York Cheesecake V	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips v	230 Cal/2.25 oz. serving
Grilled Vegetable Tray vg EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$36.29

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 10 guests or more.

MORNING MINI

Miniature Muffins v	80-120 Cal each
Miniature Danish v	140-170 Cal each
Miniature Scones v	100-110 Cal each
Yogurt Parfait Cups v	400-450 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

THE ENERGIZER

Donut Holes v	45-90 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

IT'S A WRAP

Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap V PF	620 Cal each
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad v	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

260 Cal/3 oz. serving
200 Cai/ 5 02. 3ei vii ig
20 Cal/1 oz. serving
5 Cal/1 oz. serving
5 Cal/1 oz. serving
45-100 Cal each
210-260 Cal each
0 Cal/8 oz. serving
0 Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$28.89

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 10 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 520 Cal each Ham and Swiss Sub 400 Cal each Turkey and Swiss Sandwich 520 Cal each Roasted Pepper and Mozzarella Ciabatta V EW PF 500 Cal each Individual Bag of Chips V 100-160 Cal each Assorted Craveworthy Cookies V 210-260 Cal each Iced Water 0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips v 260 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roja vo 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Assorted Whole Fruit VG EW PF 45-100 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Iced Water O Cal/8 oz. serving Gourmet Coffee. Decaf and Hot Tea 0 Cal/8 oz. serving

 $^{*}\mbox{All packages include necessary accompaniments and condiments.}$

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.



BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 10 guests or more. All appropriate condiments included.

"TART"INES AND OATS \$11.79	
Choice of Two (2) Breakfast Tartines:	
Grilled Asparagus Sweet Potato Tartine, Everything Ci	ream
Cheese, Asparagus, Balsamic Drizzle V PF	90 Cal each
Grilled Sweet Potato Tartine, Marinated Tomato, Every	ything
Cream Cheese V PF	80 Cal each
Grilled Sweet Potato Tartine, Everything Cream Chees	•
Cucumber V PF	70 Cal each
Everything-Spiced Salmon Biscuit, Cream Cheese, Cuc	
and Hard-Boiled Egg	370 Cal each
Open Face Avocado Egg Croissant with Sriracha	250 Cal each
Vegan Breakfast Toast with Avocado, Just® Egg Scran	•
Radishes, Scallions and Sriracha vg EW PF	200 Cal each
Strawberry Banana Nutella Toast v	450 Cal each
Choice of Two (2) Overnight Grains:	
Chilled Overnight Cran-Apple, Banana Bircher Muesli v	with
Turmeric Infused Granola v	270 Cal each
Overnight Coconut Freekeh with Strawberries, Toaste	d
Coconut and Honey v	500 Cal each
Dragonfruit Mango Banana Chia Pudding with Chia Qu	uinoa
Crunch vg EW	190 Cal each
Overnight Strawberry Oatmeal VPF	320 Cal each
Overnight Blueberry Oatmeal v EW	210 Cal each
Overnight Apple Cinnamon Oatmeal VPF	480 Cal each
Overnight Pear & Pecan Oatmeal v	390 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

BASIC BEGINNINGS \$11.19	
Choice of One (1) Breakfast Pastry:	_
Assorted Danish v	250-420 Cal each
Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Croissants v	370 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

HEALTHY CHOICE BREAKFAST \$11.79

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups	190-230 Cal each
Milk	120 Cal each
Bananas vg EW PF	100 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and	
Jam v \$26.99 Per Dozen	290-450 Cal each
Assorted Donuts v \$19.89 Per Dozen	240-500 Cal each
Assorted Pastries v \$26.99 Per Dozen	210-530 Cal each
Seasonal Fresh Fruit Platter VG PF \$3.49 PER PERSON	35 Cal/2.5 oz. serving
Assorted Yogurt Cups \$2.69 EACH	50-150 Cal each
Assorted Breakfast Breads v \$14.29 Serves 12	200-280 Cal each

BREAKFAST

HOT BREAKFAST

All prices are per person and available for 10 guests or more. All appropriate condiments included.

AMERICAN BREAKFAST \$12.99

Choice of One (1) Breakfast Pastry:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Croissants v	370 Cal each
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

FRENCH TOAST BUFFET \$11.59

Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Orange Cinnamon French Toast v	100 Cal each
Maple Syrup vg	70 Cal/1 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

SOUTHERN SUNRISE \$11.99

Seasonal Fresh Fruit Platter vg PF 35 Cal/2.5 oz. serving Cage-Free Scrambled Eggs v 180 Cal/4 oz. serving Shredded Cheddar Cheese v 110 Cal/1 oz. serving

Choice of One (1) Breakfast Meat:

Country Ham 60 Cal each 60 Cal each Crisp Bacon

Choice of One (1) Southern-Style Breakfast Entrée:

570 Cal/7 oz. serving Biscuits and Gravy Spicy Chicken 'n Waffle 950 Cal/10.5 oz. serving Iced Water O Cal/8 oz. serving 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

*All packages include necessary accompaniments and condiments.

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BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 10 guests or more.

YOGURT PARFAIT BAR \$7.89 PER PERSON

Choice of Two (2) Yogurt Flavors: Greek Yogurt v 60 Cal/4 oz. serving Strawberry Yogurt v 80 Cal/4 oz. serving Vanilla Yogurt v 80 Cal/4 oz. serving Diced Pineapple VG PF 30 Cal/2 oz. serving Fresh Strawberries VG PF 20 Cal/2 oz. serving Walnuts vg 90 Cal/0.5 oz. serving Honey v 40 Cal/0.5 oz. serving Granola v 110 Cal/1 oz. serving

TRADITIONAL SANDWICHES \$6.49 PER PERSON

Choice of Two (2) Sunrise Breakfast Sandwiches:

Bacon, Lettuce, Tomato, Avocado and Egg Bagel

noice of Two (2) Sunrise Breakfast Sandwiches:	
Egg and Cheese English Muffin v	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup V PF	440 Cal each
Spicy Southern Chicken Biscuit with Maple Sriracha Syrup	560 Cal each
Everything Salmon Biscuit with Smoked Salmon, Cream	
Cheese, Cucumber and Hard-Boiled Egg on a Everything-	
Spiced Bagel	370 Cal each

420 Cal each

BREAKFAST BURRITOS AND TACOS \$5.29 PER PERSON

Choice of Two (2) Breakfast Burritos and/or Tacos: Choose from Meat Lovers, Pico, Florentine, or Sweet Potato Breakfast Burritos; or Egg & Hashbrowns, Vegan Chorizo, Egg & Chorizo, or Sausage, Egg and Cheese Tacos. One (1) Burrito Per Person, Two (2) Tacos Per Person:

Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham	820 Cal each
Pico Burrito: Scrambled Egg, Cheddar, Potato and Pico de Gallo v	440 Cal each
Florentine Burrito: Scrambled Eggs, Mushrooms, Roasted Peppers, Spinach and Cheddar v	580 Cal each
Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa Brown Rice, Egg White, Swiss Cheese, Spinach and Pesto V EW PF	450 Cal each
Egg & Hash Breakfast Tacos (2) v Vegan Chorizo Breakfast Tacos (2) vg Ew Egg & Chorizo Tacos (2) Sausage, Egg & Cheese Taco	270 Cal each 270 Cal each 350 Cal each 280 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

*All packages include necessary accompaniments and condiments.

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 10 guests or more.

DELI EXPRESS \$12.99

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Individual Bags of Chips v	100-160 Cal each
Assorted Baked Breads and Rolls v	110-230 Cal each
Deli Platter (Sliced Oven-Roasted Turkey,	
Sliced Roast Beef, Deli Ham and Tuna)	50-160 Cal/2 oz. serving
Cheese Tray (Cheddar and Swiss) v	110 Cal/1 oz. serving
Relish Tray (Lettuce, Tomato, Onion, Pickles,	
Pepperoncini) v	10 Cal/1 oz. serving
Assorted Craveworthy Cookies v	210-260 Cal each

Choice of Two (2) Beverages: Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water O Cal/8 oz. serving

PREMIUM BOX LUNCHES

Asiago Roast Beef Focaccia \$16.69

Roast Beef, Asiago, Kale Spring Mix, Tomato and Onion on Focaccia with Spicy Mayonnaise 620 Cal each Grilled Vegetable Pasta Salad vg 120 Cal/3 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie V 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

Blackened Chicken Ciabatta \$16.69

Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta 410 Cal each Spiced Sweet Potato Salad vg Ew 120 Cal/4 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie V 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

Sesame Tofu Garden Salad \$17.09

Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Balsamic Vinaigrette v 330 Cal/13 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

CLASSIC BOX LUNCH \$12.49

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below)	130-790 Cal each
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bottled Water	0 Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$16.79

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Dill Pickle Slices vg	0 Cal/1 oz. serving
Individual Bags of Chips v	100-160 Cal each
Choice of Three (3) Classic Sandwiches	130-790 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Choice of Two (2) Beverages:	

90 Cal/8 oz. serving Lemonade O Cal/8 oz. serving Iced Tea Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread

420 Cal each

Roast Beef and Cheddar Sandwich 430 Cal each

Deli Sliced Turkey and Swiss on Hearty Wheat Bread 520 Cal each

Chicken Caesar Wrap 630 Cal each

Mediterranean Veggie Ciabatta with Hummus, Spinach,

460 Cal each Tomato, Cucumber, Olive Spread and Feta v

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 10 guests or more.

THE EXECUTIVE LUNCHEON \$19.29

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
Dill Pickle Slices v ₆	0 Cal/1 oz. serving
Individual Bags of Chips v	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
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Choice of Two (2) Beverages: Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Swiss Ciabatta with a Red Onion Apricot Relish	520 Cal each
Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli	610 Cal each
Tuna and Apple Salad with Fresh Tomatoes and Arugula on Ciabatta Bread EW	420 Cal each
Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette	680 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub	490 Cal each

Spicy Grilled Vegetable Wrap Bruschetta and Black

430 Cal each

Olives **V PF** 580 Cal each

*All packages include necessary accompaniments and condiments.

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In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic

Vinaigrette Dressing VG EW PF 50 Cal/3.5 oz. serving

Baby Spinach Salad with Bacon, Egg, Mushroom

and Tomato and Balsamic Vinaigrette 110 Cal/3.75 oz. serving

Red-Skinned Potato Salad with Egg, Celery and

Spanish Onion in a Seasoned Mayonnaise Dressing 240 Cal/4 oz. serving

Chimichurri Potato Salad vg 120 Cal/3.5 oz. serving

Apple Bacon Coleslaw 150 Cal/3.25 oz. serving

Creamy Vegan Coleslaw vg EW PF 80 Cal/3 oz. serving

Fresh Fruit Salad VG PF 35 Cal/2.5 oz. serving

Ranch Pasta Salad v 110 Cal/3 oz. serving

Herbed Quinoa Side Salad V PF 110 Cal/3.5 oz. serving

Tomato Corn Grain Salad vg PF 150 Cal/4.25 oz. serving

Tomato

Turkey, Bacon, and Ranch Sub with Lettuce and

THEMED BUFFETS

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

GLOBAL STREET TACOS \$18.99	
Tortilla Chips	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo v g	10 Cal/1 oz. serving
Salsa Roja vg	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Cumin Black Beans VG EW PF	90 Cal/3 oz. serving
Choice of One (1) Rice:	
Cilantro Lime White Rice vg	120 Cal/3 oz. serving
Cilantro Lime Brown Rice vg Ew	140 Cal/3.5 oz. serving
Mexican Rice vg	130 Cal/3 oz. serving
Choice of Two (2) Tacos:	
Korean Pork Taco with Kimchi	230 Cal each
Korean Shrimp Taco with Crema Fresca	
and Shredded Slaw	200 Cal each
Spicy Fish Taco with Watermelon Salsa	
and Spicy Slaw	140 Cal each
Green Chili Chicken Taco	220 Cal each
Black Bean and Kale Taco VG EW PF	180 Cal each
Mango Chicken Taco EW	260 Cal each
Roasted Vegetable Taco vg EW PF	200 Cal each
Cinnamon Sugar Cookies v	250 Cal each

ALL-AMERICAN PICNIC \$18.	09
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Traditional Potato Salad v	240 Cal/4 oz. serving
	170 Cal/3.5 oz. serving
Fresh Country Coleslaw v EW	,
Home-Style Kettle Chips v	190 Cal/1.25 oz. serving
Grilled Hamburgers with Buns	330 Cal each
Vegetarian Burger V PF	170 Cal each
Hot Dogs with Buns	310 Cal each
Garnish Tray (Lettuce, Onions, Pickles	
and Tomatoes) vg	0-10 Cal/1 oz. serving
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

BAKED POTATO BAR \$19.79

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch **vg Ew PF** 50 Cal/3.5 oz. serving

Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar

Cheese, Scallions and Sour Cream 660 Cal/12 oz. serving

Choice of One (1) Dessert:

Apple Cobbler **v** 350 Cal/4.75 oz. serving Apple Pie **vg** 410 Cal/slice Add on Cheddar Cheese Sauce **v** 60 Cal/1 oz. serving





THEMED BUFFETS

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

CLASSIC PIZZA \$18.19

Assorted Craveworthy Cookies v

Bakery-Fresh Brownies v

Classic Garden Salad with Fresh Seasonal
Vegetables and Balsamic Vinaigrette and Ranch

Home-Style Kettle Chips VG EW PF

190 Cal/3.5 oz. serving

190 Cal/1.25 oz. each

Traditional New York-Style Cheese Pizza Slices V

Meat Lover's Pizza Slices

Garden Vegetable Pizza Slices V EW

370 Cal/slice

210-260 Cal each

250 Cal/2.25 oz. serving

EAST ASIAN EATS \$22.39

Egg Rolls	180 Cal each
Crispy Wontons	25 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce v	50 Cal/1 oz. serving
Sweet and Sour Sauce vg	40 Cal/ 1 oz. serving
vg Chili Garlic Sauce	40 Cal/1 oz. serving
Yakisoba Noodles v g	140 Cal/2.5 oz. serving

Jasmine Rice vG130 Cal/3 oz. servingLemongrass Chicken190 Cal/3 oz. servingAsian Tofu vG EW190 Cal/3 oz. servingTeriyaki Sauce vG20 Cal/0.5 oz. servingRaspberry Coconut Bars v360 Cal/3.25 oz. serving

THEMED BUFFETS

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

TASTY TEX MEX \$18.9		_				
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Tortilla Chips v	260 Cal/3 oz. serving
Mexican Rice vG	130 Cal/3 oz. serving
Charro Beans vg EW PF	80 Cal/3 oz. serving
Sauteed Peppers and Onions vg	140 Cal/2 oz. serving
Choice of One (1) Type of Fajitas:	
Beef Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
Citrus Braised Pork with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/3 oz. serving
Vegan Chorizo with Tortillas and Vegan Cheese ${f v}$	380 Cal/2 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo vg	10 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Salsa Roja vg	20 Cal/1 oz. serving
Cinnamon Crisps v	20 Cal each

NOODLE BAR BASICS \$18.39

70 Cal/2.25 oz. serving
110 Cal each
180 Cal/4 oz. serving
240 Cal/5.5 oz. serving
10 Cal/1 oz. serving
10 Cal/0.5 oz. serving
10 Cal/1 oz. serving
10 Cal/1 oz. serving
160 Cal/3 oz. serving
250 Cal/2 oz. serving
60 Cal/2 oz. serving
80 Cal/2 oz. serving
200 Cal/4 oz. serving
140 Cal/4 oz. serving
240 Cal/4 oz. serving
140 Cal/4 oz. serving
210-260 Cal each

HEARTLAND BUFFET \$17.99

Bakery-Fresh Brownies v

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette 180 Cal/3.75 oz. serving Bakery-Fresh Rolls with Butter V 160 Cal each 110 Cal/2.75 oz. serving Roasted New Potatoes vg Fresh Herbed Vegetables VG EW PF 100 Cal/3.5 oz. serving Grilled Lemon Rosemary Chicken EW 130 Cal/3 oz. serving Oreo Blondies v 270 Cal/1.75 oz. serving

250 Cal/2.25 oz. serving

*All packages include necessary accompaniments and condiments.

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CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Antipasto Salad PF	170 Cal/3 oz. serving
Crudités with Tzatziki Sauce V EW PF	40 Cal/5 oz. serving
Traditional Hummus with Toasted Pita ${f v}$	130 Cal/1.75 oz. serving
Seasonal Fresh Fruit Salad vg PF	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Grilled Chicken Breast with Cider Marinade EW \$21.39	120 Cal/3 oz. serving
Asiago Chicken in a Roasted Red Pepper Sauce \$24.69	300 Cal/5 oz. serving
Slow-Roasted Turkey Breast Rubbed with Sage and Thyme EW \$21.39	170 Cal/3 oz. serving
Chipotle Pork Loin Topped with a Pineapple Salsa EW \$21.39	210 Cal/3.75 oz. serving
Maple Dijon Salmon EW \$21.99	270 Cal/3.25 oz. serving
Beef Pot Roast with Dijon Shallot Sauce \$24.59	340 Cal/5 oz. serving
Crispy Five Spice Tofu vg EW PF \$18.19	340 Cal/5 oz. serving

BUFFET SIDES	
Pan Roasted Vegetables V PF	45 Cal/3 oz. serving
Italian Seasoned Green Beans V EW PF	40 Cal/3.25 oz. serving
Balsamic Bacon Brussels PF	130 Cal/2.6 oz. serving
Sweet Herbed Corn Pudding ${f v}$	350 Cal/4 oz. serving
Maple Glazed Carrots V EW PF	110 Cal/2 oz. serving
Creamy Garlic Mashed Potatoes ${f v}$	120 Cal/3.75 oz. serving
Macaroni and Cheese v	250 Cal/4 oz. serving

BUFFET FINISHES	
Apple Pie v vg	410 Cal/slice
Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
New York-Style Cheesecake	440 Cal/slice
Chocolate Cake v	340 Cal/slice
Assorted Craveworthy Cookies ${f v}$	210-260 Cal each
Brownies v	250 Cal each

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Bacon Wrapped Scallops \$34.89	40 Cal each
Swedish Meatballs \$23.29	110 Cal each
Buffalo Style Chicken Spring Rolls \$26.09	50 Cal each
Chicken Satay \$26.09	20 Cal each
Boneless BBQ Wings \$26.09	160 Cal each
Coconut Shrimp \$32.19	50 Cal each
Brie, Pear & Almond Beggar's Purses v \$31.69	90 Cal each
Crispy Asiago Asparagus v \$34.19	50 Cal each
Mac n' Cheese Melts v \$24.19	80 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Cool Citrus Mini Cheesecakes v \$25.19	80 Cal each
Mediterranean Antipasto Skewers v \$33.09	60 Cal each
Veggie Hummus Cup vg EW PF \$27.89	170 Cal each
Traditional Tomato Bruschetta Crostini v \$17.29	50 Cal each
Shrimp Cocktail MARKET PRICE	70 Cal each
Pimento Cheese & Bacon Toast Points \$17.29	110 Cal each

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 10 guests or more.

CLASSIC SLICED CHEESE TRAY \$58.99 SERVES 12

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Crackers, Pita Chips and Crostini **V**

290 Cal/2.75 oz. serving

SEASONAL FRESH FRUIT PLATTER \$40.89 SERVES 12

Seasonal Fresh Fruit va DE

35 Cal/2.5 oz. serving

CHEF'S CHOICE CHARCUTERIE BOARD MARKET PRICE SERVES 12

Charcuterie Board

Calories Vary Per Assortment

HOUSE-MADE SPINACH DIP \$50.49 SERVES 12

House-Made Spinach Dip served with Fresh Pita Chips ${\bf v}$

230 Cal/2.25 oz. serving

HUMMUS WITH PITA CHIPS \$50.49 SERVES 12

Hummus with Pita Chips **v EW PF**

250 Cal/4.5 oz. serving

 $^*\mbox{All packages include necessary accompaniments and condiments.}$

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 10 guests or more.

SLIDE INTO HOME \$13.99

Choice of Three (3) Sliders:	
Grilled Veggie Sliders VG EW PF	110 Cal each
Bacon-Blue Meatball Sliders	220 Cal each
Ham and Cheese Sliders	160 Cal each
Spicy Cauliflower Slider VG PF	180 Cal each
Shredded Pork and Slaw Sliders	340 Cal each
Cheeseburger Sliders	260 Cal each
Sriracha Fried Chicken Sliders	390 Cal each

LOADED TOTCHOS \$14.99

Tater Tots	240 Cal/4 oz. serving
Choice of Two (2) Proteins:	
Taco Seasoned Beef	140 Cal/2oz. serving
Diced Bacon	110 Cal/1 oz. serving
Chicken Tinga	160 Cal/3 oz. serving
Vegan Chorizo Crumbles v g	120 Cal/2 oz. serving
Queso Dip	70 Cal/1 oz. serving
Pico de Gallo v g	5 Cal/1 oz. serving
Sour Cream v	60 Cal/1 oz. serving
Jalapeno Peppers v	5 Cal/0.5 oz. serving
Scallions vg	10 Cal/2 oz. serving

TOP YOUR OWN POUND CAKE BAR \$11.19

Pound Cake Slices v	150 Cal each
Sugared Strawberries v	60 Cal/2 oz. serving
Apple-Brown Sugar Compote v	80 Cal/2 oz. serving
Cherry Compote vg	60 Cal/2 oz. serving
Fresh Blueberries v	30 Cal/2 oz. serving
Chocolate Syrup vg	60 Cal/1 oz. serving
Whipped Cream v	50 Cal/0.5 oz. serving

BREAKS

All prices are per person and available for 10 guests or more.

THE HEALTHY ALTERNATIVE \$9.29		
Apple vg ew pf	60 Cal each	
Orange vg Ew PF	45 Cal each	
Banana VG EW PF	100 Cal each	
Pear vg	90 Cal each	
Yogurt Cup v	80-150 Cal each	
Trail Mix v	290 Cal each	
Granola Bars v	130-250 Cal each	

SUGAR AND SPICE \$5.99	
Sugar Craveworthy Cookies v	230 Cal each
Gummy Bears	400 Cal/4 oz. serving
Popcorn v	110 Cal/1.25 oz. serving
Caiun China	260 Cal/2 oz convina

Cajun Chips 260 Cal/2 oz. serving Savory Snack Mix **v** 430 Cal/3.75 oz. serving

COFFEE BREAK \$5.59

SLIGAD AND SDICE \$5.00

Assorted Craveworthy Cookies V 210-260 Cal each Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

EXECUTIVE COFFEE BREAK \$6.39

Assorted Dessert Bars v 300-360 Cal/2.75 oz. serving Bakery-Fresh Brownies v 250 Cal/2.25 oz. serving Gourmet Coffee. Decaf and Hot Tea 0 Cal/8 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Includes appropriate accompaniments

Bottled Water \$2.29 Each O Cal each

Assorted Sodas (Can) \$1.79 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.49 EACH 110-170 Cal each

Regular Coffee \$18.99 PER GALLON 0 Cal/8 oz. serving

Decaffeinated Coffee \$18.99 Per Gallon O Cal/8 oz. serving

Hot Water with Assorted Tea Bags

\$19.19 Per Gallon O Cal/8 oz. serving

Hot Chocolate \$17.99 Per Gallon 160 Cal/8 oz. serving

Iced Tea \$17.29 Per Gallon O Cal/8 oz. serving

Lemonade \$17.29 Per Gallon 90 Cal/8 oz. serving

Iced Water \$1.49 Per Gallon O Cal/8 oz. serving

DESSERTS

Assorted Craveworthy Cookies **v** \$16.99 Per Dozen 210-260 Cal each

Bakery-fresh Brownies **v** \$18.99 Per Dozen

250 Cal/2.25 oz. serving

Gourmet Dessert Bars **v** \$18.99 Per Dozen

300-360 Cal/2.75-3.25 oz. serving

Traditional Apple Pie (Each) **v** \$13.99 Serves 8

410 Cal/slice

New York Cheesecake (Each) **v** \$29.09 Serves 8

440 Cal/slice

ORDERING INFORMATION

Lead Time

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



Contact Us Today

816.271.4435 / 816.271.4426 catering@missouriwestern.edu richey-brittney@aramark.com www.missouriwestern.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change

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