

## WHAT'S INSIDE

Page 4: All-Day Packages
Page 6: Breakfast

Page 10: Sandwiches \& Salads

Page 11: Buffets

Page 15: Receptions
Page 18: Beverages \& Desserts
v VEGETARIAN
EW EAT WELL
PF PLANT FORWARD

```


\section*{ALL-DAY PACKAGES}

\section*{ALL DAY DELICIOUS \$43.79}

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 10 guests or more.
\begin{tabular}{lr}
\hline DELICIOUS DAWN & \\
\hline Assorted Muffins v & \(380-550\) Cal each \\
Assorted Scones v & \(400-440\) Cal each \\
Seasonal Fresh Fruit Platter vG PF & \(35 \mathrm{Cal} / 2.5\) oz. serving \\
Assorted Juice & \(110-170 \mathrm{Cal} / 8\) oz. serving \\
Iced Water & \(0 \mathrm{Cal} / 8\) oz. serving \\
Gourmet Coffee, Decaf and Hot Tea & 0 Cal/8 oz. serving
\end{tabular}

Gourmet Coffee, Decaf and Hot Tea
0 Cal/8 oz. serving

\section*{AM PERK UP}

\section*{Granola Bars \(\mathbf{v}\)}

130-250 Cal each
Assorted Yogurt Cups
Iced Tea
80-150 Cal each
Iced Water
\(0 \mathrm{Cal} / 8\) oz. serving

Gourmet Coffee, Decaf and Hot Tea
\(0 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

\section*{POWER UP LUNCH}

Tomato and Cucumber Couscous Salad vg
Orange Fennel Spinach Salad \(\mathbf{v}\) Ew
\(120 \mathrm{Cal} / 3.75\) oz. serving Bakery-Fresh Rolls with Butter v \(210 \mathrm{Cal} / 3.2\) oz. serving 160 Cal each
Green Beans Gremolata vs Ew PF
\(70 \mathrm{Cal} / 3\) oz. serving
Three Pepper Cavatappi with Pesto vew
280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce Ew
New York Cheesecake \(\mathbf{v}\)
Iced Tea
Iced Water
\(210 \mathrm{Cal} / 5.75 \mathrm{oz}\). serving
\(360 \mathrm{Cal} /\) slice
0 Cal/8 oz. serving
o Cal/8 oz. serving

\section*{PM PICK ME UP}

Chilled Spinach Dip with Tortilla Chips v
\(230 \mathrm{Cal} / 2.25\) oz. serving
\(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(250 \mathrm{Cal} / 2.25\) oz. serving
Bakery-Fresh Brownies v
Iced Water
\(0 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

\section*{MEETING WRAP UP \$36.29}

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 10 guests or more.

\section*{MORNING MINI}
Miniature Muffins v 80-120 Cal each


Miniature Danish v 40-170 Cal each
100-110 Cal each 400-450 Cal each o Cal/8 oz. serving
Yogurt Parfait Cups v o Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea

\section*{THE ENERGIZER}

\section*{Donut Holes v}

45-90 Cal each

\section*{Ripe Bananas vg Ew pF}

Iced Tea
100 Cal each
Iced Water
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

Gourmet Coffee, Decaf and Hot Tea
o Cal/8 oz. serving

\section*{IT'S A WRAP}

Chicken Caesar Wrap 630 Cal each
Pepper Jack Tuna Wrap 610 Cal each
Cran-Apple Turkey Wrap 660 Cal each
Grilled Vegetable Wrap v pF
620 Cal each
Seasonal Fresh Fruit Salad ve PF \(35 \mathrm{Cal} / 2.5\) oz. serving
Choice of One (1) Salad:
Classic Garden Salad with Fresh
Seasonal Vegetables and Balsamic
Vinaigrette and Ranch vg Ew PF
Grilled Vegetable Pasta Salad vg
Individual Bag of Chips \(\mathbf{v}\)
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
Iced Tea
Iced Water
\(50 \mathrm{Cal} / 3.5\) oz. serving
\(120 \mathrm{Cal} / 3\) oz. serving 100-160 Cal each 210-260 Cal each
\(250 \mathrm{Cal} / 2.25\) oz. serving o Cal/8 oz. serving o Cal/8 oz. serving

\section*{MID-DAY MUNCHIES}

\section*{Tortilla Chips v}
\(260 \mathrm{Cal} / 3\) oz. serving
Choice of Two (2) Salsas:
Salsa Roja vg 20 Cal/1 oz. serving

Salsa Verde vg \(5 \mathrm{Cal} / 1\) oz. serving
Pico De Gallo ve
\(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving
45-100 Cal each
210-260 Cal each
o Cal/8 oz. serving
o Cal/8 oz. serving

\section*{ALL-DAY PACKAGES}

\section*{SIMPLE PLEASURES \$28.89}

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 10 guests or more.

\section*{SIMPLE CONTINENTAL}

Assorted Donuts v
240-500 Cal each
Assorted Bagels \(\mathbf{v}\) 290-450 Cal each
Orange Juice \(20 \mathrm{Cal} / 8\) oz. serving
Iced Water o Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea
o Cal/8 oz. serving

\section*{BOX LUNCH}

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water
Choice of Two (2) Sandwiches:
Tuna Salad Ciabatta
Ham and Swiss Sub
Turkey and Swiss Sandwich
Roasted Pepper and Mozzarella Ciabatta \(\mathbf{v}\) Ew pF Individual Bag of Chips \(\mathbf{v}\)
Assorted Craveworthy Cookies v
Iced Water
520 Cal each 400 Cal each 520 Cal each 500 Cal each 100-160 Cal each 210-260 Cal each 0 Cal/8 oz. serving

\section*{MID-DAY MUNCHIES}

Tortilla Chips v
\(260 \mathrm{Cal} / 3\) oz. serving
Choice of Two (2) Salsas:
Salsa Roja vg
Salsa Verde vg
Pico De Gallo vg
\(20 \mathrm{Cal} / 1\) oz. serving

Assorted Whole Fruit vg Ew pF
Assorted Craveworthy Cookies v Iced Water
Gourmet Coffee, Decaf and Hot Tea
\(5 \mathrm{Cal} / 1\) oz. serving
\(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving 45-100 Cal each 210-260 Cal each o Cal/8 oz. serving o Cal/8 oz. serving
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{BREAKFAST}

\section*{BREAKFAST COLLECTIONS}

All prices are per person and available for 10 guests or more. All appropriate condiments included.

\section*{"TART"INES AND OATS \$11.79}

\section*{Choice of Two (2) Breakfast Tartines:}

Grilled Asparagus Sweet Potato Tartine, Everything Cream Cheese, Asparagus, Balsamic Drizzle v pF
Grilled Sweet Potato Tartine, Marinated Tomato, Everything Cream Cheese vpF

O Cal each
80 Cal each
Grilled Sweet Potato Tartine, Everything Cream Cheese,
Cucumber vpF
Everything-Spiced Salmon Biscuit, Cream Cheese, Cucumber and Hard-Boiled Egg
Open Face Avocado Egg Croissant with Sriracha
Vegan Breakfast Toast with Avocado, Just Egg Scramble,
Radishes, Scallions and Sriracha vg Ew PF
Strawberry Banana Nutella Toast \(\mathbf{v}\)
70 Cal each
370 Cal each
250 Cal each

200 Cal each 450 Cal each

Choice of Two (2) Overnight Grains:
Chilled Overnight Cran-Apple, Banana Bircher Muesli with
Turmeric Infused Granola \(\mathbf{v}\)
270 Cal each
Overnight Coconut Freekeh with Strawberries, Toasted
Coconut and Honey v
500 Cal each
Dragonfruit Mango Banana Chia Pudding with Chia Quinoa
Crunch ve ew
190 Cal each
Overnight Strawberry Oatmeal v pF
Overnight Blueberry Oatmeal \(\mathbf{v}\) Ew
Overnight Apple Cinnamon Oatmeal v pF
Overnight Pear \& Pecan Oatmeal v Seasonal Fresh Fruit Platter vg PF Iced Water
Gourmet Coffee, Decaf and Hot Tea

320 Cal each
210 Cal each 480 Cal each 390 Cal each
\(35 \mathrm{Cal} / 2.5\) oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

\section*{BASIC BEGINNINGS \$11.19}

\section*{Choice of One (1) Breakfast Pastry:}

Assorted Danish v 250-420 Cal each
Assorted Muffins \(\mathbf{v}\)
Assorted Scones v
Assorted Bagels v
Croissants v
Iced Water
Gourmet Coffee, Decaf and Hot Tea

\section*{HEALTHY CHOICE BREAKFAST \$11.79}

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups
Milk
Bananas vgew pf
Assorted Yogurt Cups
Iced Water
Gourmet Coffee, Decaf and Hot Tea

\section*{À LA CARTE BREAKFAST}

Assorted Bagels with Butter, Cream Cheese and Jam v \$26.99 Per Dozen

290-450 Cal each

Assorted Donuts v \$19.89 Per Dozen 240-500 Cal each
Assorted Pastries v \$26.99 Per Dozen 210-530 Cal each
Seasonal Fresh Fruit Platter vg pf \(\$ 3.49\) Per Person \(35 \mathrm{Cal} / 2.5\) oz. serving

Assorted Yogurt Cups \$2.69 EAch
50-150 Cal each
Assorted Breakfast Breads v \$14.29 Serves 12
200-280 Cal each

\section*{HOT BREAKFAST}

All prices are per person and available for 10 guests or more. All appropriate condiments included.

\section*{AMERICAN BREAKFAST \$12.99}

Choice of One (1) Breakfast Pastry:
Assorted Danish v
Assorted Muffins \(\mathbf{v}\)
Assorted Scones \(\mathbf{v}\)
Assorted Bagels \(\mathbf{v}\)
Croissants \(\mathbf{v}\)
Breakfast Potatoes \(\mathbf{v}\)
Crisp Bacon
Breakfast Sausage
Cage-Free Scrambled Eggs \(\mathbf{v}\)
Bottled Water
Gourmet Coffee, Decaf and Hot Tea
250-420 Cal each 380-550 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each

\section*{FRENCH TOAST BUFFET \(\$ 11.59\)}

Breakfast Potatoes \(\mathbf{v}\)
Crisp Bacon
Breakfast Sausage
Orange Cinnamon French Toast \(\mathbf{v}\)
Maple Syrup vg
Iced Water
Gourmet Coffee, Decaf and Hot Tea

120-140 Cal/3 oz. serving 60 Cal each 120-180 Cal each 100 Cal each
\(70 \mathrm{Cal} / 1\) oz. serving
o Cal/8 oz. serving
o Cal/8 oz. serving

\section*{SOUTHERN SUNRISE \$11.99}
\begin{tabular}{|c|c|}
\hline Seasonal Fresh Fruit Platter ve PF & \(35 \mathrm{Cal} / 2.5\) oz. serving \\
\hline Cage-Free Scrambled Eggs v & \(180 \mathrm{Cal} / 4\) oz. serving \\
\hline Shredded Cheddar Cheese v & \(110 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline \multicolumn{2}{|l|}{Choice of One (1) Breakfast Meat:} \\
\hline Country Ham & 60 Cal each \\
\hline Crisp Bacon & 60 Cal each \\
\hline \multicolumn{2}{|l|}{Choice of One (1) Southern-Style Breakfast Entrée:} \\
\hline Biscuits and Gravy & \(570 \mathrm{Cal} / 7\) oz. serving \\
\hline Spicy Chicken 'n Waffle & \(950 \mathrm{Cal} / 10.5\) oz. serving \\
\hline Iced Water & \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
\hline Gourmet Coffee, Decaf and Hot Tea & \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
\hline
\end{tabular}

\footnotetext{
Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply
}

\footnotetext{
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
}

\section*{BREAKFAST ENHANCEMENTS}

All prices are per person and available for 10 guests or more.

\section*{YOGURT PARFAIT BAR \$7.89 PER PERSON}

Choice of Two (2) Yogurt Flavors:

Greek Yogurt v
Strawberry Yogurt \(\mathbf{v}\)
Vanilla Yogurt v
Diced Pineapple vg pF
Fresh Strawberries VG PF
Walnuts vg
Honey v
Granola \(\mathbf{v}\)
\(60 \mathrm{Cal} / 4\) oz. serving \(80 \mathrm{Cal} / 4\) oz. serving \(80 \mathrm{Cal} / 4 \mathrm{oz}\). serving \(30 \mathrm{Cal} / 2\) oz. serving \(20 \mathrm{Cal} / 2\) oz. serving \(90 \mathrm{Cal} / 0.5\) oz. serving \(40 \mathrm{Cal} / 0.5\) oz. serving \(110 \mathrm{Cal} / 1 \mathrm{oz}\). serving

\section*{TRADITIONAL SANDWICHES \$6.49 PER PERSON}

Choice of Two (2) Sunrise Breakfast Sandwiches:

Egg and Cheese English Muffin v
Egg and Cheese Croissant
Sausage, Egg and Cheese Biscuit
Ham, Egg and Cheese Biscuit
Bacon, Egg and Cheese Bagel
Spicy Bacon, Egg, Potato and Cheese Burrito
Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup v pF Spicy Southern Chicken Biscuit with Maple Sriracha Syrup
Everything Salmon Biscuit with Smoked Salmon, Cream
Cheese, Cucumber and Hard-Boiled Egg on a Everything Spiced Bagel

Bacon, Lettuce, Tomato, Avocado and Egg Bagel

370 Cal each
270 Cal each 370 Cal each 490 Cal each 450 Cal each 410 Cal each 600 Cal each 440 Cal each 560 Cal each

420 Cal each

\section*{BREAKFAST BURRITOS AND TACOS}

\section*{\$5.29 PER PERSON}

Choice of Two (2) Breakfast Burritos and/or Tacos: Choose from Meat Lovers, Pico, Florentine, or Sweet Potato Breakfast Burritos; or Egg \& Hashbrowns, Vegan Chorizo, Egg \& Chorizo, or Sausage, Egg and Cheese Tacos. One (1) Burrito Per Person, Two (2) Tacos Per Person:
\begin{tabular}{ll} 
Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham & 820 Cal each \\
Pico Burrito: Scrambled Egg, Cheddar, Potato and & \\
Pico de Gallo v & 440 Cal each \\
Florentine Burrito: Scrambled Eggs, Mushrooms, Roasted & \\
Peppers, Spinach and Cheddar v & 580 Cal each \\
Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa & \\
Brown Rice, Egg White, Swiss Cheese, Spinach and & \\
Pesto V Ew PF & 450 Cal each \\
Egg \& Hash Breakfast Tacos (2) v & 270 Cal each \\
Vegan Chorizo Breakfast Tacos (2) vg Ew & 270 Cal each \\
Egg \& Chorizo Tacos (2) & 350 Cal each \\
Sausage, Egg \& Cheese Taco & 280 Cal each
\end{tabular}

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply

\footnotetext{
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
in the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
}

\section*{SANDWICHES \& SALADS}

\section*{CLASSIC COLLECTIONS}

All prices are per person and available for 10 guests or more.

\section*{DELI EXPRESS \$12.99}

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)
Individual Bags of Chips v
Assorted Baked Breads and Rolls \(\mathbf{v}\) Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) Cheese Tray (Cheddar and Swiss) v Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) vg

20-240 Cal each 100-160 Cal each 110-230 Cal each

50-160 Cal/2 oz. serving \(110 \mathrm{Cal} / 1 \mathrm{oz}\). serving

Assorted Craveworthy Cookies v
\(10 \mathrm{Cal} / 1\) oz. serving
Choice of Two (2) Beverages
Lemonade
Iced Tea
Iced Water
\(90 \mathrm{Cal} / 8\) oz. serving
210-260 Cal each

Cal/8 oz. serving
o Cal/8 oz. serving

\section*{PREMIUM BOX LUNCHES}

\section*{Asiago Roast Beef Focaccia \$16.69}

Roast Beef, Asiago, Kale Spring Mix, Tomato and

Onion on Focaccia with Spicy Mayonnaise Grilled Vegetable Pasta Salad vg
Individual Bag of Chips \(\mathbf{v}\) Bakery-Fresh Brownie v Bottled Water

Blackened Chicken Ciabatta \$16.69
Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta Spiced Sweet Potato Salad vg Ew Individual Bag of Chips \(\mathbf{v}\) Bakery-Fresh Brownie v Bottled Water

620 Cal each
\(120 \mathrm{Cal} / 3\) oz. serving
100-160 Cal each \(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving O Cal each

410 Cal each
\(120 \mathrm{Cal} / 4\) oz. serving
100-160 Cal each
\(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving
o Cal each
Sesame Tofu Garden Salad \$17.09
Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Balsamic Vinaigrette \(\mathbf{v}\)
\(330 \mathrm{Cal} / 13\) oz. serving 160 Cal each
\(35 \mathrm{CaI} / 2.5\) oz. serving \(300 \mathrm{Cal} / 2.75\) oz. serving
Lemon Cheesecake Bar v
Bottled Water

\section*{CLASSIC BOX LUNCH \$12.49}

\section*{Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips,} Assorted Craveworthy Cookies and Bottled Water
Choice of One (1) Classic Sandwich (See Below)
130-790 Cal each Individual Bag of Chips \(\mathbf{v}\) 100-160 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Bottled Water

O Cal each

\section*{CLASSIC SELECTIONS SANDWICH BUFFET \$16.79}

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages
\begin{tabular}{lr} 
Choice of Two (2) Side Salads (pg 10) & 20-240 Cal each \\
Dill Pickle Slices vg & 0 Cal/1 oz. serving \\
Individual Bags of Chips v & \(100-160\) Cal each \\
Choice of Three (3) Classic Sandwiches & \(130-790\) Cal each \\
Assorted Craveworthy Cookies \(\mathbf{v}\) & \(210-260\) Cal each \\
Choice of Two (2) Beverages: & \\
\(\quad\) Lemonade & \(90 \mathrm{Cal} / 8\) oz. serving \\
Iced Tea & \(0 \mathrm{Cal} / 8\) oz. serving \\
Iced Water & \(0 \mathrm{Cal} / 8\) oz. serving
\end{tabular}

\section*{CLASSIC SANDWICH OPTIONS}
\begin{tabular}{ll} 
(Available Sandwich choices for the Classic Boxed Lunch and Classic \\
Selections Buffet) \\
\begin{tabular}{l} 
Deli Sliced Ham with Honey Mustard Dressing on \\
Ciabatta Bread
\end{tabular} & 420 Cal each \\
Roast Beef and Cheddar Sandwich & 430 Cal each \\
Deli Sliced Turkey and Swiss on Hearty Wheat Bread & 520 Cal each \\
Chicken Caesar Wrap & 630 Cal each \\
\begin{tabular}{l} 
Mediterranean Veggie Ciabatta with Hummus, Spinach, \\
Tomato, Cucumber, Olive Spread and Feta v
\end{tabular} & 460 Cal each
\end{tabular}

Selections Buffet)
Deli Sliced Ham with Honey Mustard Dressing on

Roast Beef and Cheddar Sandwich 430 Cal each
Deli Sliced Turkey and Swiss on Hearty Wheat Bread 520 Cal each

Mediterranean Veggie Ciabatta with Hummus, Spinach,
Tomato, Cucumber, Olive Spread and Feta \(\mathbf{v}\)
460 Cal each

\footnotetext{
Additional premium box lunch options available upon request! Please contact your catering professional.
}

\section*{SANDWICHES \& SALADS}

\section*{CLASSIC COLLECTIONS}

All prices are per person and available for 10 guests or more.

\section*{THE EXECUTIVE LUNCHEON \$19.29}

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)
Dill Pickle Slices vg
Individual Bags of Chips \(\mathbf{v}\)
Choice of Three (3) Executive
Luncheon Sandwiches
Assorted Craveworthy Cookies v
Choice of Two (2) Beverages:
Lemonade
Iced Tea
Iced Water

30-240 Cal each
o Cal/1 oz. serving
100-160 Cal each
310-790 Cal each
210-260 Cal each
\(90 \mathrm{Cal} / 8\) oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

\section*{EXECUTIVE LUNCHEON SANDWICHES}
(Available Sandwich choices for The Executive Luncheon Buffet)
\begin{tabular}{ll}
\begin{tabular}{ll} 
Ham and Swiss Ciabatta with a Red Onion Apricot \\
Relish
\end{tabular} & 520 Cal each \\
Turkey Feta Ciabatta with Spinach and Sun-Dried \\
Tomato Aioli
\end{tabular}\(\quad 610\) Cal each
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{SIDE SALAD SELECTIONS}
(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)
\begin{tabular}{|c|c|}
\hline Traditional Garden Salad with a Balsamic & \\
\hline Vinaigrette Dressing ve Ew PF & \(50 \mathrm{Cal} / 3.5\) oz. serving \\
\hline Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette & \(110 \mathrm{Cal} / 3.75\) oz. serving \\
\hline Red-Skinned Potato Salad with Egg, Celery and & \\
\hline Spanish Onion in a Seasoned Mayonnaise Dressing & \(240 \mathrm{Cal} / 4\) oz. serving \\
\hline Chimichurri Potato Salad ve & \(120 \mathrm{Cal} / 3.5\) oz. serving \\
\hline Apple Bacon Coleslaw & \(150 \mathrm{Cal} / 3.25\) oz. serving \\
\hline Creamy Vegan Coleslaw ve Ew PF & \(80 \mathrm{Cal} / 3\) oz. serving \\
\hline Fresh Fruit Salad vg pF & \(35 \mathrm{Cal} / 2.5\) oz. serving \\
\hline Ranch Pasta Salad \(\mathbf{v}\) & \(110 \mathrm{Cal} / 3\) oz. serving \\
\hline Herbed Quinoa Side Salad v PF & \(110 \mathrm{Cal} / 3.5\) oz. serving \\
\hline Tomato Corn Grain Salad v & \(150 \mathrm{Cal} / 4.25\) oz. serving \\
\hline
\end{tabular}

Tomato Corn Grain Salad vg PF

\section*{BUFFETS}

\section*{THEMED BUFFETS}

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{GLOBAL STREET TACOS \$18.99}

Tortilla Chips
\(260 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Choice of Two (2) Salsas:
Pico De Gallo vg
Salsa Roja vg
Salsa Verde vg
Cumin Black Beans vgew pF
\(10 \mathrm{Cal} / 1\) oz. serving
\(20 \mathrm{Cal} / 1 \mathrm{oz}\). serving \(5 \mathrm{Cal} / 1\) oz. serving \(90 \mathrm{Cal} / 3\) oz. serving
Choice of One (1) Rice:
Cilantro Lime White Rice vg
Cilantro Lime Brown Rice ve ew
\(120 \mathrm{Cal} / 3\) oz. serving \(140 \mathrm{Cal} / 3.5\) oz. serving \(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Mexican Rice vg
Choice of Two (2) Tacos:
Korean Pork Taco with Kimchi
Korean Shrimp Taco with Crema Fresca and Shredded Slaw

230 Cal each
200 Cal each
Spicy Fish Taco with Watermelon Salsa
and Spicy Slaw
Green Chili Chicken Taco
Black Bean and Kale Taco ve Ew pF
Mango Chicken Taco ew
Roasted Vegetable Taco vg ew pr
Cinnamon Sugar Cookies \(\mathbf{v}\)

\section*{140 Cal each} 220 Cal each 180 Cal each 260 Cal each 200 Cal each 250 Cal each

\section*{ALL-AMERICAN PICNIC \$18.09}

Traditional Potato Salad \(\mathbf{v}\) Fresh Country Coleslaw vew Home-Style Kettle Chips v Grilled Hamburgers with Buns
Vegetarian Burger V PF
Hot Dogs with Buns
Garnish Tray (Lettuce, Onions, Pickles and Tomatoes) vg
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
Add on Grilled Chicken Breast for an Additional Fee
\(240 \mathrm{Cal} / 4\) oz. serving \(170 \mathrm{Cal} / 3.5\) oz. serving \(190 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving 330 Cal each 170 Cal each 310 Cal each

0-10 Cal/1 oz. serving 210-260 Cal each \(250 \mathrm{Cal} / 2.25\) oz. serving \(160 \mathrm{Cal} / 3\) oz. serving

\section*{BAKED POTATO BAR \$19.79}

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch ve ew pr
\(50 \mathrm{Cal} / 3.5\) oz. serving
Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream
\(660 \mathrm{Cal} / 12\) oz. serving
Choice of One (1) Dessert:
Apple Cobbler v
Apple Pie vg
Add on Cheddar Cheese Sauce \(\mathbf{v}\)
\(350 \mathrm{Cal} / 4.75\) oz. serving \(410 \mathrm{Cal} /\) slice \(60 \mathrm{Cal} / 1 \mathrm{oz}\). serving


\section*{BUFFETS}

\section*{THEMED BUFFETS}

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{CLASSIC PIZZA \$18.19}

Classic Garden Salad with Fresh Seasona
Vegetables and Balsamic Vinaigrette and Ranch
Home-Style Kettle Chips vg ew pr
Traditional New York-Style Cheese Pizza Slices v
Meat Lover's Pizza Slices
Garden Vegetable Pizza Slices \(\mathbf{v}\) Ew
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
\(50 \mathrm{Cal} / 3.5 \mathrm{oz}\). serving \(190 \mathrm{Cal} / 1.25 \mathrm{oz}\). each \(250 \mathrm{Cal} /\) slice \(460 \mathrm{Cal} /\) slice \(370 \mathrm{Cal} /\) slice 210-260 Cal each \(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving

\section*{EAST ASIAN EATS \$22.39}

Egg Rolls 180 Cal each
Crispy Wontons
Choice of Two (2) Dipping Sauces:
Sweet Soy Sauce \(\mathbf{v}\)
Sweet and Sour Sauce vg
vg Chili Garlic Sauce
Yakisoba Noodles ve
Jasmine Rice vg
Lemongrass Chicken
Asian Tofu vg Ew
Teriyaki Sauce vg
Raspberry Coconut Bars \(\mathbf{v}\)
\(50 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(40 \mathrm{Cal} / 1\) oz. serving \(40 \mathrm{Cal} / 1\) oz. serving \(140 \mathrm{Cal} / 2.5\) oz. serving \(130 \mathrm{Cal} / 3\) oz. serving \(190 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(190 \mathrm{Cal} / 3\) oz. serving
\(20 \mathrm{Cal} / 0.5\) oz. serving \(360 \mathrm{Cal} / 3.25\) oz. serving

\section*{THEMED BUFFETS}

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{TASTY TEX MEX \$18.99}

Tortilla Chips \(\mathbf{v}\)
Mexican Rice vg
Charro Beans vgew pf
Sauteed Peppers and Onions vg
Choice of One (1) Type of Fajitas:
Beef Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
Chicken Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
Citrus Braised Pork with Tortillas,
Shredded Cheddar and Sour Cream
Vegan Chorizo with Tortillas and Vegan Cheese \(\mathbf{v}\)
Choice of Two (2) Salsas:
Pico De Gallo vg
Salsa Verde vg
Salsa Roja vg
Cinnamon Crisps v
\(260 \mathrm{Cal} / 3\) oz. serving
\(130 \mathrm{Cal} / 3\) oz. serving
\(80 \mathrm{Cal} / 3\) oz. serving
\(140 \mathrm{Cal} / 2\) oz. serving
\(680 \mathrm{Cal} / 5\) oz. serving
\(580 \mathrm{Cal} / 5 \mathrm{oz}\). serving
\(580 \mathrm{Cal} / 3\) oz. serving \(380 \mathrm{Cal} / 2\) oz. serving
\(10 \mathrm{Cal} / 1\) oz. serving
\(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(20 \mathrm{Cal} / 1 \mathrm{oz}\). serving
20 Cal each

\section*{NOODLE BAR BASICS \$18.39}

Mesclun Salad with Fresh Orange, Kalamata Olives and Red Onion with a Balsamic Vinaigrette vg pF Garlic Breadsticks v
\(70 \mathrm{Cal} / 2.25\) oz. serving Choice of One (1) Pasta:

Cavatappi Noodles ve
Fettuccine Noodles vg
Choice of Two (2) Vegetables:
Broccoli vg pp
Onions ve
Tomatoes ve
Zucchini vg
Choice of Two (2) Proteins:
Grilled Chicken Ew
Italian Sausage
Shrimp
Tofu vg
Choice of Two (2) Sauces:
Marinara Sauce vg
Pesto Sauce
Alfredo Sauce \(\mathbf{v}\)
Hearty Meat Sauce
Choice of One (1) Dessert:
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v

\section*{HEARTLAND BUFFET \$17.99}

Baby Spinach Salad with Bacon, Egg, Mushroom
and Tomato and Balasmic Vinaigrette
Bakery-Fresh Rolls with Butter v
Roasted New Potatoes vg
Fresh Herbed Vegetables vg Ew pF
Grilled Lemon Rosemary Chicken Ew
Oreo Blondies v

180 Cal/3.75 oz. serving 160 Cal each
\(110 \mathrm{Cal} / 2.75\) oz. serving \(100 \mathrm{Cal} / 3.5\) oz. serving
\(130 \mathrm{Cal} / 3\) oz. serving
\(270 \mathrm{Cal} / 1.75\) oz. serving

\footnotetext{
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
}

\section*{BUFFETS}

\section*{CREATE YOUR OWN BUFFET}

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

\section*{BUFFET STARTERS}

Classic Garden Salad with Balsamic Vinaigrette and Ranch vg Ew PF
\(50 \mathrm{Cal} / 3.5\) oz. serving
Classic Caesar Salad
Antipasto Salad PF
Crudités with Tzatziki Sauce vew pF
Traditional Hummus with Toasted Pita \(\mathbf{v}\)
Seasonal Fresh Fruit Salad vg PF

\section*{BUFFET ENTREES}

Grilled Chicken Breast with Cider Marinade ew \$21.39
\(120 \mathrm{Cal} / 3\) oz. serving
Asiago Chicken in a Roasted Red Pepper Sauce \$24.69
\(300 \mathrm{Cal} / 5\) oz. serving
Slow-Roasted Turkey Breast Rubbed with Sage and Thyme Ew \$21.39
\(170 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Chipotle Pork Loin Topped with a Pineapple Salsa EW \$21.39

Maple Dijon Salmon Ew \$21.99
Beef Pot Roast with Dijon Shallot Sauce \$24.59
Crispy Five Spice Tofu vg Ew pF \(\$ 18.19\)
\(170 \mathrm{Cal} / 2.7\) oz. serving \(170 \mathrm{Cal} / 3 \mathrm{oz}\). serving \(40 \mathrm{Cal} / 5\) oz. serving
\(130 \mathrm{Cal} / 1.75\) oz. serving \(35 \mathrm{Cal} / 2.25\) oz. serving

\section*{RECEPTIONS}

\section*{HORS D'OEUVRES}

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

\section*{RECEPTION HORS D'OEUVRES (HOT)}

Bacon Wrapped Scallops \$34.89
40 Cal each
Swedish Meatballs \$23.29
Buffalo Style Chicken Spring Rolls \$26.09
Chicken Satay \$26.09
Boneless BBQ Wings \$26.09
Coconut Shrimp \$32.19
Brie, Pear \& Almond Beggar's Purses v \$31.69
Crispy Asiago Asparagus v \$34.19
Mac n' Cheese Melts v \(\$ 24.19\)
110 Cal each
50 Cal each
20 Cal each
160 Cal each
50 Cal each 90 Cal each 50 Cal each 80 Cal each

\section*{RECEPTION HORS D'OEUVRES (COLD)}

Cool Citrus Mini Cheesecakes v \(\$ 25.19\)
Mediterranean Antipasto Skewers v \$33.09
Veggie Hummus Cup vgew pF \(\$ 27.89\)
Traditional Tomato Bruschetta Crostini v \$17.29
Shrimp Cocktail Market Price
Pimento Cheese \& Bacon Toast Points \(\$ 17.29\)

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?
Contact your catering events specialist to discuss the proper amounts needed for a reception.


\section*{RECEPTIONS}

RECEPTION PLATTERS AND DIPS
All prices are per person and available for 10 guests or more.
CLASSIC SLICED CHEESE TRAY \$58.99 SERVES 12
Classic Sliced Cheese Tray with Swiss, Cheddar
and Pepper Jack Cheeses, Crackers, Pita Chips and Crostini \(\mathbf{v}\)

SEASONAL FRESH FRUIT PLATTER \$40.89 SERVES 12 Seasonal Fresh Fruit vg pF
\(35 \mathrm{Cal} / 2.5\) oz. serving

\section*{CHEF'S CHOICE CHARCUTERIE BOARD MARKET PRICE SERVES 12}

Charcuterie Board
Calories Vary Per Assortment

\section*{HOUSE-MADE SPINACH DIP \$50.49 SERVES 12}

House-Made Spinach Dip served with Fresh Pita
Chips v
\(230 \mathrm{CaI} / 2.25\) oz. serving

\section*{HUMMUS WITH PITA CHIPS \$50.49 SERVES 12}

Hummus with Pita Chips vew pF
250 Cal/4.5 oz. serving
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{CHEF-INSPIRED STATIONS}

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 10 guests or more.

\section*{SLIDE INTO HOME \$13.99}

Choice of Three (3) Sliders:

> Grilled Veggie Sliders vg Ew PF

Bacon-Blue Meatball Sliders
Ham and Cheese Sliders
Spicy Cauliflower Slider vg pF
Shredded Pork and Slaw Sliders
Cheeseburger Sliders
Sriracha Fried Chicken Sliders
110 Cal each 220 Cal each 160 Cal each 180 Cal each 340 Cal each 260 Cal each 390 Cal each

\section*{BREAKS}

All prices are per person and available for 10 guests or more.
\begin{tabular}{|c|c|}
\hline \multicolumn{2}{|l|}{THE HEALTHY ALTERNATIVE \$9.29} \\
\hline Apple vgew pr & 60 Cal each \\
\hline Orange vgew pr & 45 Cal each \\
\hline Banana ve ew pr & 100 Cal each \\
\hline Pear vg & 90 Cal each \\
\hline Yogurt Cup v & 80-150 Cal each \\
\hline Trail Mix v & 290 Cal each \\
\hline Granola Bars v & 130-250 Cal each \\
\hline \multicolumn{2}{|l|}{SUGAR AND SPICE \$5.99} \\
\hline Sugar Craveworthy Cookies v & 230 Cal each \\
\hline Gummy Bears & \(400 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
\hline Popcorn v & \(110 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving \\
\hline Cajun Chips & \(260 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
\hline Savory Snack Mix v & \(430 \mathrm{Cal} / 3.75\) oz. serving \\
\hline \multicolumn{2}{|l|}{COFFEE BREAK \$5.59} \\
\hline Assorted Craveworthy Cookies \(\mathbf{v}\) Gourmet Coffee, Decaf and Hot Tea & 210-260 Cal each o Cal/8 oz. serving \\
\hline \multicolumn{2}{|l|}{EXECUTIVE COFFEE BREAK \$6.39} \\
\hline \begin{tabular}{l}
Assorted Dessert Bars v \\
Bakery-Fresh Brownies \(\mathbf{v}\) \\
Gourmet Coffee, Decaf and Hot Tea
\end{tabular} & 00-360 Cal/2.75 oz. serving
\(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving
\(0 \mathrm{Cal} / 8\) oz. serving \\
\hline Gourmet Coffee, Decaf and Hot Tea & \(0 \mathrm{Cal} / 8\) oz. serving \\
\hline
\end{tabular}

\section*{BEVERAGES \& DESSERTS}

\section*{BEVERAGES}

Includes appropriate accompaniments

\section*{Bottled Water \$2.29 EACH}

Assorted Sodas (Can) \$1.79 EAch
Assorted Individual Fruit Juices \(\$ 2.49 \mathrm{EACH}_{\mathrm{AC}}\)

Regular Coffee \$18.99 Per Gallon

Decaffeinated Coffee \$18.99 Per Gallon
Hot Water with Assorted Tea Bags \$19.19 Per Gallon

Hot Chocolate \$17.99 Per Gallon
Iced Tea \$17.29 Per Gallon
Lemonade \$17.29 Per Gallon

Iced Water \$1.49 Per Gallon

\section*{DESSERTS}

Assorted Craveworthy Cookies v \$16.99 Per Dozen

Bakery-fresh Brownies v \$18.99 Per Dozen

Gourmet Dessert Bars v \$18.99 Per Dozen

Traditional Apple Pie (Each) v
\$13.99 Serves 8

New York Cheesecake (Each) v
\$29.09 Serves 8
\(410 \mathrm{Cal} /\) slice
o Cal each
0-150 Cal each
110-170 Cal each
O Cal/8 oz. serving
o Cal/8 oz. serving
o Cal/8 oz. serving \(160 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving
\(90 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

210-260 Cal each

250 Cal/2.25 oz. serving

300-360 Cal/2.75-3.25 oz. serving
\(440 \mathrm{Cal} /\) slice

\section*{ORDERING INFORMATION}

\section*{Lead Time}

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

\section*{Extras}

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

\section*{Calorie \& Nutrition}

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

\section*{Allergen}

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.


\section*{Contact Us Today}
816.271.4435 / 816.271.4426
catering@missouriwestern.edu
richey-brittney@aramark.com
www.missouriwestern.catertrax.com

Prices effective until 07/01/2024
Prices may be subject to change
© 2023 Aramark. All rights reserved. 暨 0031915_1```

