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v VEGETARIAN
EW EAT WELL
PF PLANT FORWARD

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\section*{ALL-DAY PACKAGES}

\section*{ALL DAY DELICIOUS \$47.99}

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 guests or more.
\begin{tabular}{lr}
\hline DELICIOUS DAWN & \\
\hline Assorted Muffins v & \(380-550\) Cal each \\
Assorted Scones v & \(400-440\) Cal each \\
Seasonal Fresh Fruit Platter vG PF & \(35 \mathrm{Cal} / 2.5\) oz. serving \\
Assorted Juice & \(110-170 \mathrm{Cal} / 8\) oz. serving \\
Iced Water & \(0 \mathrm{Cal} / 8\) oz. serving \\
Coffee, and Ice Water & 0 Cal/8 oz. serving
\end{tabular}

\section*{AM PERK UP}

\section*{Granola Bars \(\mathbf{v}\)}

130-250 Cal each
Assorted Yogurt Cups
Iced Tea
Iced Water
Coffee, and Ice Water
80-150 Cal each
o Cal/8 oz. serving
o Cal/8 oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving

\section*{POWER UP LUNCH}

Tomato and Cucumber Couscous Salad vg
Orange Fennel Spinach Salad \(\mathbf{v}\) Ew
\(120 \mathrm{Cal} / 3.75\) oz. serving Bakery-Fresh Rolls with Butter v \(210 \mathrm{Cal} / 3.2\) oz. serving 160 Cal each
Green Beans Gremolata vg Ew PF
\(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Three Pepper Cavatappi with Pesto vew
280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce Ew
New York Cheesecake \(\mathbf{v}\)
Iced Tea
Iced Water
\(210 \mathrm{Cal} / 5.75 \mathrm{oz}\). serving
\(360 \mathrm{Cal} /\) slice
0 Cal/8 oz. serving
o Cal/8 oz. serving

\section*{PM PICK ME UP}

Chilled Spinach Dip with Tortilla Chips v
\(230 \mathrm{Cal} / 2.25\) oz. serving
\(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(250 \mathrm{Cal} / 2.25\) oz. serving
Bakery-Fresh Brownies v
Iced Water
0 Cal/8 oz. serving
o Cal/8 oz. serving

\section*{MEETING WRAP UP \$39.99}

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

\section*{MORNING MINI}
Miniature Muffins v 80-120 Cal each


Miniature Danish v 140-170 Cal each
100-110 Cal each 400-450 Cal each o Cal/8 oz. serving
Yogurt Parfait Cups v o Cal/8 oz. serving
o Cal/8 oz. serving
Coffee, and Ice Water

\section*{THE ENERGIZER}

\section*{Donut Holes v}

45-90 Cal each

\section*{Ripe Bananas ve Ew pF}

Iced Tea
100 Cal each
Iced Water
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

Coffee, and Ice Water
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

\section*{IT'S A WRAP}

Chicken Caesar Wrap
630 Cal each
Pepper Jack Tuna Wrap 610 Cal each
Cran-Apple Turkey Wrap 660 Cal each
Grilled Vegetable Wrap v pr
620 Cal each
Seasonal Fresh Fruit Salad ve pF \(35 \mathrm{Cal} / 2.5\) oz. serving
Choice of One (1) Salad:
Classic Garden Salad with Fresh
Seasonal Vegetables and Balsamic
Vinaigrette and Ranch vg Ew PF
Grilled Vegetable Pasta Salad vg
\(50 \mathrm{Cal} / 3.5\) oz. serving \(120 \mathrm{Cal} / 3\) oz. serving 100-160 Cal each 210-260 Cal each
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
Iced Tea
Iced Water
\(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving o Cal/8 oz. serving o Cal/8 oz. serving

\section*{MID-DAY MUNCHIES}

\section*{Tortilla Chips v}
\(260 \mathrm{Cal} / 3\) oz. serving
Choice of Two (2) Salsas:
Salsa Roja vg 20 Cal/1 oz. serving

Salsa Verde vg 5 Cal/1 oz. serving
Pico De Gallo ve
\(5 \mathrm{Cal} / 1\) oz. serving
45-100 Cal each
210-260 Cal each
Assorted Craveworthy Cookies v
Iced Water
o Cal/8 oz. serving
Coffee, and Ice Water

\section*{ALL-DAY PACKAGES}

\section*{SIMPLE PLEASURES \$31.69}

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

\section*{SIMPLE CONTINENTAL}

Assorted Donuts v
Assorted Bagels \(\mathbf{v}\)
Orange Juice
Iced Water
Coffee, and Ice Wate

240-500 Cal each 290-450 Cal each \(120 \mathrm{Cal} / 8 \mathrm{oz}\). serving \(0 \mathrm{Cal} / 8\) oz. serving o Cal/8 oz. serving

\section*{BOX LUNCH}

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water
Choice of Two (2) Sandwiches:
Tuna Salad Ciabatta
520 Cal each
Ham and Swiss Sub
Turkey and Swiss Sandwich
Roasted Pepper and Mozzarella Ciabatta \(\mathbf{v}\) Ew PF Individual Bag of Chips \(\mathbf{v}\)
Assorted Craveworthy Cookies v
Bottled Water 400 Cal each 520 Cal each 500 Cal each

\section*{MID-DAY MUNCHIES}

Tortilla Chips \(\mathbf{v}\)
Choice of Two (2) Salsas:
Salsa Roja vg
Salsa Verde vg
Pico De Gallo vg
Assorted Whole Fruit vg Ew PF
Assorted Craveworthy Cookies v Iced Water
Coffee, and Ice Water
\(260 \mathrm{Cal} / 3\) oz. serving
\(20 \mathrm{Cal} / 1\) oz. serving \(5 \mathrm{Cal} / 1\) oz. serving \(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving 45-100 Cal each 210-260 Cal each o Cal/8 oz. serving o Cal/8 oz. serving
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



\section*{BREAKFAST}

\section*{BREAKFAST COLLECTIONS}

All prices are per person and available for 12 guests or more. All appropriate condiments included.

\section*{BASIC BEGINNINGS \$9.99}

Choice of One (1) Breakfast Pastry:
Assorted Danish v
250-420 Cal each
Assorted Muffins v
Assorted Scones v 380-550 Cal each

Assorted Bagels v 400-440 Cal each 290-450 Cal each

370 Cal each
Croissants \(\mathbf{v}\)
Iced Water o Cal/8 oz. serving
Coffee, and Ice Water o Cal/8 oz. serving

\section*{QUICK START \$12.49}

Choice of Three (3) Breakfast Pastries:
Assorted Danish v
250-420 Cal each
Assorted Muffins v
Assorted Scones v
Assorted Bagels v
Croissants v 380-550 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each

Seasonal Fresh Fruit Platter vg PF Assorted Juice
Iced Water
Coffee, and Ice Water

\section*{NEW YORKER \$15.69}

Bagels v
290-450 Cal each
Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion and Cream Cheese

Seasonal Fresh Fruit Platter vg PF Assorted Juice
Iced Water
Coffee, and Ice Water
\(120 \mathrm{Cal} / 3.25\) oz. serving
\(35 \mathrm{Cal} / 2.5\) oz. serving 110-170 Cal/8 oz. serving o Cal/8 oz. serving o Cal/8 oz. serving

\section*{À LA CARTE BREAKFAST}

Assorted Muffins Served with Butter and Jam v \$26.09 Per Dozen

380-550 Cal each
Cinnamon Rolls \(\mathbf{v}\) \$26.09 Per Dozen
350 Cal each
Assorted Danish v \$26.09 Per Dozen
250-420 Cal each

Seasonal Fresh Fruit Platter vg pF \$3.69 Per Person
\(35 \mathrm{Cal} / 2.5\) oz. serving
Assorted Breakfast Breads \(\mathbf{v} \$ 14.79\) Serves 12
200-280 Cal each
Vegan Blueberry Banana Breakfast Bread vg pF \(\$ 15.69\) Serves 12

250 Cal/3 oz. serving

\section*{HOT BREAKFAST}

All prices are per person and available for 12 guests or more. All appropriate condiments included.

\section*{SUNRISE SANDWICH BUFFET \(\$ 13.89\)}

Seasonal Fresh Fruit Platter vg pF
\(35 \mathrm{CaI} / 2.5\) oz. serving
Breakfast Potatoes v
Choice of Two (2) Sunrise Breakfast Sandwiches:
Egg and Cheese English Muffin v 120-140 Cal/3 oz. serving

270 Cal each
Egg and Cheese Croissant
Sausage, Egg and Cheese Biscuit
Ham, Egg and Cheese Biscuit
Bacon, Egg and Cheese Bagel
Spicy Bacon, Egg, Potato and Cheese Burrito
Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup v pF
Spicy Southern Chicken Biscuit with Maple Sriracha Syrup
370 Cal each
490 Cal each
450 Cal each
410 Cal each
600 Cal each
440 Cal each 560 Cal each
Everything Salmon Biscuit with Smoked Salmon,
Cream Cheese, Cucumber and Hard-Boiled Egg on a Everything-Spiced Biscuit
Bacon, Lettuce, Tomato, Avocado and Egg Bagel Iced Water
Coffee, and Ice Water

370 Cal each
420 Cal each
o Cal/8 oz. serving

\section*{TACOS FOR BREAKFAST \$14.29}

Seasonal Fresh Fruit Platter vg PF
Flour Tortilla - 6" vg
Corn Tortilla - 6" vg
Scrambled Eggs v
Bacon and Eggs Scramble
Sauteed Peppers and Onions ve
Shredded Cheddar Cheese v
Hashbrown Potatoes \(\mathbf{v}\)
Guacamole vg
Choice of Two (2) Salsas:
Salsa Verde ve
Salsa Roja vg
Pico De Gallo ve
Sour Cream vg
Iced Water
Coffee, and Ice Water

\section*{SOUTHERN SUNRISE \$14.99}

Seasonal Fresh Fruit Platter vg pF
Cage-Free Scrambled Eggs v
Shredded Cheddar Cheese \(\mathbf{v}\)
Choice of One (1) Breakfast Meat:
Country Ham
Crisp Bacon
Choice of One (1) Southern-Style Breakfast Entrée:
Biscuits and Gravy
Spicy Chicken 'n Waffle
Iced Water
Coffee, and Ice Water
\(35 \mathrm{Cal} / 2.5\) oz. serving 90 Cal each
35 Cal each
\(140 \mathrm{Cal} / 4\) oz. serving \(140 \mathrm{Cal} / 4\) oz. serving \(40 \mathrm{Cal} / 2\) oz. serving \(110 \mathrm{Cal} / 1\) oz. serving \(120 \mathrm{Cal} / 3\) oz. serving
\(100 \mathrm{Cal} / 4\) oz. serving
\(5 \mathrm{Cal} / 1\) oz. serving \(10 \mathrm{Cal} / 1\) oz. serving \(5 \mathrm{Cal} / 1\) oz. serving
\(120 \mathrm{Cal} / 1 \mathrm{oz}\). serving
O Cal/8 oz. serving
o Cal/8 oz. serving

35 Cal/2.5 oz. serving
\(180 \mathrm{Cal} / 4\) oz. serving
\(110 \mathrm{Cal} / 1\) oz. serving
60 Cal each
60 Cal each
\(570 \mathrm{Cal} / 7 \mathrm{oz}\). serving \(950 \mathrm{Cal} / 10.5\) oz. serving
o Cal/8 oz. serving
o Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{BREAKFAST}

\section*{BREAKFAST ENHANCEMENTS}

All prices are per person and available for 12 guests or more.

\section*{YOGURT PARFAIT BAR \$8.29 PER PERSON}

Choice of Two (2) Yogurt Flavors:
Greek Yogurt v
Strawberry Yogurt v
\(60 \mathrm{Cal} / 4\) oz. serving
Vanilla Yogurt \(\mathbf{v}\) \(80 \mathrm{Cal} / 4\) oz. serving

Diced Pineapple vg pF \(80 \mathrm{Cal} / 4\) oz. serving \(30 \mathrm{Cal} / 2\) oz. serving
Fresh Strawberries VG PF \(20 \mathrm{Cal} / 2\) oz. serving
Walnuts vg \(90 \mathrm{Cal} / 0.5\) oz. serving
Honey v \(40 \mathrm{Cal} / 0.5\) oz. serving
Granola \(\mathbf{v}\)
\(110 \mathrm{Cal} / 1\) oz. serving

\section*{OATMEAL BAR \$5.39 PER PERSON}

Oatmeal vg
Honey v
Maple Syrup ve
Dried Cranberries vg
Raisins vg
Brown Sugar vg
Cinnamon Sugar vg
Walnuts ve
\(140 \mathrm{Cal} / 8\) oz. serving \(40 \mathrm{Cal} / 0.5\) oz. serving
\(70 \mathrm{Cal} / 1\) oz. serving \(50 \mathrm{Cal} / 0.5\) oz. serving \(40 \mathrm{Cal} / 0.5\) oz. serving \(50 \mathrm{Cal} / 0.5\) oz. serving \(30 \mathrm{Cal} / 0.25\) oz. serving \(90 \mathrm{Cal} / 0.5\) oz. serving

\section*{BREAKFAST MEATS \$2.49 PER PERSON}

Add Bacon, Sausage or Ham to your Breakfast. Select One (1)

Crisp Bacon
Breakfast Sausage
Grilled Ham Steak
Turkey Bacon
Turkey Sausage Link
Turkey Sausage Patty

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{SANDWICHES \& SALADS}

\section*{CLASSIC COLLECTIONS}

All prices are per person and available for 12 guests or more.

\section*{DELI EXPRESS \$16.49}

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)
Individual Bags of Chips v
Assorted Baked Breads and Rolls \(\mathbf{v}\) Deli Platter (Sliced Oven-Roasted Turkey,
Sliced Roast Beef, Deli Ham and Tuna)
Cheese Tray (Cheddar and Swiss) v
Relish Tray (Lettuce, Tomato, Onion, Pickles,
Pepperoncini) vg
20-240 Cal each
100-160 Cal each
110-230 Cal each
\(50-160 \mathrm{Cal} / 2\) oz. serving \(110 \mathrm{Cal} / 1 \mathrm{oz}\). serving

Assorted Craveworthy Cookies v
\(10 \mathrm{Cal} / 1\) oz. serving
Choice of Two (2) Beverages
Lemonade
Iced Tea
lced Water
\(90 \mathrm{Cal} / 8\) oz. serving
210-260 Cal each
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving
o Cal/8 oz. serving

\section*{PREMIUM BOX LUNCHES}

\section*{Chicken, Blue Cheese and Pear Salad \$18.59}

Grilled Lemon Chicken on a Salad of Pear, Blue Cheese, Walnuts, Crisp Greens and Dijon Vinaigrette 630 Cal/13.5 oz. serving

Bakery-Fresh Roll with Butter v
Fresh Fruit Cup vg pF
Lemon Cheesecake Bar v
Bottled Water
Salmon Caesar Salad \$19.29
Caesar Salad with Grilled Salmon, Shredded
Parmesan Cheese and Seasoned Croutons
Bakery-Fresh Roll with Butter \(\mathbf{v}\)
Fresh Fruit Cup vepr
Lemon Cheesecake Bar v
Bottled Water
\(660 \mathrm{Cal} / 10.5\) oz. serving 160 Cal each
\(35 \mathrm{Cal} / 2.5\) oz. serving \(300 \mathrm{Cal} / 2.75\) oz. serving O Cal each

Sesame Tofu Garden Salad \$18.09
Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Balsamic Vinaigrette \(\mathbf{v}\) Bakery-Fresh Roll with Butter \(\mathbf{v}\)
Fresh Fruit Cup vg pF
Lemon Cheesecake Bar v
Bottled Water

160 Cal each
\(35 \mathrm{Cal} / 2.5\) oz. serving
\(300 \mathrm{Cal} / 2.75\) oz. serving
O Cal each
\(330 \mathrm{Cal} / 13\) oz. serving 160 Cal each
\(35 \mathrm{Cal} / 2.5\) oz. serving \(300 \mathrm{Cal} / 2.75\) oz. serving O Cal each

\footnotetext{
Additional premium box lunch options available upon request! Please contact your catering professional.
}

\section*{CLASSIC BOX LUNCH \$15.49}

\section*{Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips,} Assorted Craveworthy Cookies and Bottled Water
Choice of One (1) Classic Sandwich (See Below)
130-790 Cal each Individual Bag of Chips \(\mathbf{v}\) 100-160 Cal each Assorted Craveworthy Cookies v
210-260 Cal each Bottled Water

O Cal each

\section*{CLASSIC SELECTIONS SANDWICH BUFFET \$17.99}

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages
\begin{tabular}{lr} 
Choice of Two (2) Side Salads (pg 10) & 20-240 Cal each \\
Dill Pickle Slices vg & 0 Cal/1 oz. serving \\
Individual Bags of Chips v & \(100-160\) Cal each \\
Choice of Three (3) Classic Sandwiches & \(130-790\) Cal each \\
Assorted Craveworthy Cookies \(\mathbf{v}\) & \(210-260\) Cal each \\
Choice of Two (2) Beverages: & \\
\(\quad\) Lemonade & \(90 \mathrm{Cal} / 8\) oz. serving \\
Iced Tea & \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
Iced Water & \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving
\end{tabular}

\section*{CLASSIC SANDWICH OPTIONS}
(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Ham with White Cheddar, Arugula and Cranberry on Ciabatta

560 Cal each
Southwest Tuna Ciabatta
370 Cal each
Turkey, Feta, Spinach and Sun-Dried Tomato Ciabatta
610 Cal each
Grilled Chicken Club with Bacon and Swiss on Toasted Wheat Bread

790 Cal each
Mediterranean Veggie Ciabatta with Hummus, Spinach,
Tomato, Cucumber, Olive Spread and Feta \(\mathbf{v}\)
460 Cal each

\section*{SANDWICHES \& SALADS}

\section*{CLASSIC COLLECTIONS}

All prices are per person and available for 12 guests or more.

\section*{THE EXECUTIVE LUNCHEON \$21.49}

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)
Dill Pickle Slices vg
Individual Bags of Chips \(\mathbf{v}\)
Choice of Three (3) Executive
Luncheon Sandwiches
Assorted Craveworthy Cookies v
Choice of Two (2) Beverages:
Lemonade
Iced Tea
Iced Water

30-240 Cal each
o Cal/1 oz. serving 100-160 Cal each

310-790 Cal each
210-260 Cal each
\(90 \mathrm{Cal} / 8\) oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

\section*{EXECUTIVE LUNCHEON SANDWICHES}
(Available Sandwich choices for The Executive Luncheon Buffet)
Ham and Swiss Ciabatta with a Red Onion Apricot
Relish \(\quad 520\) Cal each

Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta \(\mathbf{v}\)

600 Cal each
Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette v PF

680 Cal each
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
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\section*{SIDE SALAD SELECTIONS}
(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)
\begin{tabular}{lr} 
Traditional Garden Salad with a Balsamic & \\
Vinaigrette Dressing vG Ew PF & 50 Cal/3.5 oz. serving \\
\begin{tabular}{l} 
Baby Spinach Salad with Bacon, Egg, Mushroom \\
and Tomato and Balsamic Vinaigrette
\end{tabular} & \\
\begin{tabular}{l} 
Red-Skinned Potato Salad with Egg, Celery and \\
Spanish Onion in a Seasoned Mayonnaise Dressing \\
\(\mathbf{v}\)
\end{tabular} & \(240 \mathrm{Cal} / 4 \mathrm{oz}\) oz. serving \\
Creamy Vegan Coleslaw vg Ew PF & \(80 \mathrm{Cal} / 3\) oz. serving
\end{tabular}

Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing ve Ew PF
\(60 \mathrm{Cal} / 3.75 \mathrm{oz}\). serving
\(35 \mathrm{CaI} / 2.5\) oz. serving
\(40 \mathrm{CaI} / 3\) oz. serving
\(200 \mathrm{Cal} / 3.75\) oz. serving
\(90 \mathrm{Cal} / 3.5\) oz. serving
White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette ve Ew pF

\section*{BUFFETS}

\section*{THEMED BUFFETS}

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{MI COMIDA \$21.59}

Choice of Two (2) Sides:

Sweet Plantain PF
Seasoned Black Beans
Crispy Yuca Fries Ew PF
Pinto Beans
Puerto Rican Mashed Plantains vg Ew pF
Brazilian Collard Greens
Choice of One (1) Base:
Chopped Salad vg pF
Yellow Rice vgew
Quinoa ve wh pr
Choice of One (1) Protein:
Puerto Rican Roasted Pork
Cuban Picadillo
Peruvian Chicken Ew
Mojo Shrimp
Choice of Two (2) Salsas/Sauce:
Salsa Criolla vg
Salsa Pebre vg
Mojo Dressing ve
Peruvian Green Sauce v
Spicy Mayonnaise
Tres Leche Parfait

70 Cal each
\(90 \mathrm{Cal} / 4\) oz. serving 40 Cal each
\(100 \mathrm{Cal} / 4\) oz. serving \(230 \mathrm{Cal} / 4 \mathrm{oz}\). serving \(30 \mathrm{Cal} / 4\) oz. serving
\(20 \mathrm{CaI} / 2\) oz. serving
\(120 \mathrm{Cal} / 4\) oz. serving
\(130 \mathrm{Cal} / 4 \mathrm{oz}\). serving
\(280 \mathrm{Cal} / 3\) oz. serving \(400 \mathrm{Cal} / 4 \mathrm{oz}\). serving 410 Cal each
\(120 \mathrm{Cal} / 4\) oz. serving
\(15 \mathrm{Cal} / 1\) oz. serving
\(5 \mathrm{Cal} / 1\) oz. serving
\(110 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(160 \mathrm{Cal} / 1\) oz. serving
\(140 \mathrm{Cal} / 1\) oz. serving
710 Cal each

\section*{SPRING FLING \(\$ 24.59\)}

Choice of Two (2) Sides:
Asian Edamame Salad
Red Quinoa \& Pickled Onion Salad v ew
Roasted Beet \& Arugula Salad vg Ew PF
Asparagus, Mushroom \& Farro Caesar Ew PF
Roasted Red Potatoes EW PF
Asparagus Vegetable Sautee vg
Choice of Two (2) Entrees:
Grilled BBQ Pork Chops
Grilled Montreal Cod Ew
Crispy Tofu Ew
Eggplant Meatball vg Ew PF
Beef Tri-Tip Chimichurri
Grilled Peri Peri Chicken
Choice of Two (2) Sauces:
Chimichurri Mayonnaise
Green Chile Relish v
Chermoula Crema vg
Harissa Aioliv
Peri Peri Sauce v
Brookie "Chocolate Chip Cookie Brownie" vg
\(130 \mathrm{Cal} / 4\) oz. serving \(50 \mathrm{Cal} / 2\) oz. serving \(120 \mathrm{Cal} / 4 \mathrm{oz}\). serving \(110 \mathrm{Cal} / 4\) oz. serving \(100 \mathrm{Cal} / 4\) oz. serving \(60 \mathrm{Cal} / 4 \mathrm{oz}\). serving
\(180 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(80 \mathrm{Cal} / 3 \mathrm{oz}\). serving \(340 \mathrm{Cal} / 5\) oz. serving 50 Cal each
\(210 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(140 \mathrm{CaI} / 3\) oz. serving
\(150 \mathrm{Cal} / 1\) oz. serving
\(15 \mathrm{Cal} / 1\) oz. serving \(40 \mathrm{Cal} / 1\) oz. serving \(160 \mathrm{Cal} / 1\) oz. serving
\(40 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(280 \mathrm{Cal} / 2.75\) oz serving

\section*{EASTERN DELIGHTS \$18.99}

Asian Chopped Salad with Ginger Miso v pF Sesame Noodles with Vegetables vg EW PF Choice of Rice:

White Rice v
Vegetable Fried Rice
Steamed Brown Rice vg ew
Spicy Szechuan Shrimp with Broccoli, Carrots and Onion pF
Fortune Cookies
\(100 \mathrm{Cal} / 3 \mathrm{oz}\). serving \(100 \mathrm{Cal} / 3\) oz. serving
\(130 \mathrm{Cal} / 3\) oz. serving
\(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving \(210 \mathrm{Cal} / 5.5\) oz. serving
\(80 \mathrm{Cal} / 3.75\) oz. serving
30 Cal each


\section*{BUFFETS}

\section*{THEMED BUFFETS}

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{A TASTE OF ITALY - CHILLED BUFFET \$23.59}

Caesar Salad
Italian White Bean Salad vg Ew PF
Garlic Breadsticks v
Seasonal Vegetables vg Ew PF
Three Pepper Pesto Cavatappi vew Grilled Rosemary Chicken Ew Grilled Fennel Tuna \(\mathbf{E w}\)
Assorted Italian Ices
\(170 \mathrm{Cal} / 2.7\) oz. serving \(90 \mathrm{Cal} / 3.33 \mathrm{oz}\). serving 110 Cal each \(70 \mathrm{Cal} / 3\) oz. serving \(280 \mathrm{Cal} / 7.5\) oz. serving \(130 \mathrm{Cal} / 3\) oz. serving \(150 \mathrm{Cal} / 3\) oz. serving

70-80 Cal each

\section*{LAZY SUMMER BBQ \$23.59}

\section*{Old-Fashioned Coleslaw v Ew} Cornbread Fiesta Muffins v
Baked Beans
Macaroni and Cheese \(\mathbf{v}\)
BBQ Chicken
Sliced Brisket
Assorted Craveworthy Cookies v Gourmet Dessert Bars v
\(150 \mathrm{Cal} / 3\) oz. serving 120 Cal each
\(160 \mathrm{Cal} / 4.75 \mathrm{oz}\). serving
\(250 \mathrm{Cal} / 4\) oz. serving
\(380 \mathrm{Cal} / 6\) oz. serving
340 Cal/5 oz. serving
210-260 Cal each
300-360 Cal/2.75-3.25 oz. serving

\section*{THEMED BUFFETS}

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{BASIC ITALIAN BUFFET \$21.49}

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch ve ew pr Garlic Breadsticks v
\(50 \mathrm{Cal} / 3.5\) oz. serving
110 Cal each
Home-Style Lasagna with Parmesan Cheese
Choice of One (1) Vegetarian Lasagna:
Cauliflower Lasagna v pF
Vegetable Alfredo Lasagna \(\mathbf{v}\)
Chocolate Dipped Biscotti \(\mathbf{v}\)

\section*{TASTY TEX MEX \$22.89}

Tortilla Chips v
Mexican Rice vo
Charro Beans vg ew pf
Sauteed Peppers and Onions vg
Choice of One (1) Type of Fajitas:
Beef Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
Chicken Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
Citrus Braised Pork with Tortillas,
Shredded Cheddar and Sour Cream
Vegan Chorizo with Tortillas and Vegan Cheese \(\mathbf{v}\)
\(340 \mathrm{Cal} / 7.25\) oz. serving
\(410 \mathrm{Cal} / 8.375\) oz. serving \(470 \mathrm{Cal} / 11 \mathrm{oz}\). serving 190 Cal each

Choice of Two (2) Salsas:
\begin{tabular}{lr} 
Pico De Gallo vg & \(10 \mathrm{Cal} / 1\) oz. serving \\
Salsa Verde vg & \(5 \mathrm{Cal} / 1\) oz. serving \\
Salsa Roja vg & \(20 \mathrm{Cal} / 1\) oz. serving
\end{tabular}

Salsa Roja vg
\(20 \mathrm{Cal} / 102\) serving
20 Cal each

\section*{TACO DEL SEOUL \$24.29}

\section*{Egg Rolls}

180 Cal each
Choice of Two (2) Dipping Sauces:

Sweet Soy Sauce \(\mathbf{v}\)
Sweet and Sour Sauce vg
Chili Garlic Sauce vg
Corn Tortillas vg
Bibb Lettuce Wrap ve Jasmine Rice vg
Choice of Two (2) Proteins:
Korean BBQ Chicken
Korean BBQ Pork
Korean BBQ Tofu vg
Asian Slaw vg Ew pf
Pickled Cucumbers vg
Pickled Carrot and Daikon vg pF
Choice of Two (2) Salsas:
Salsa Roja vg
Salsa Verde vc
Mango Salsa \(\mathbf{v}\)
Shredded Green Cabbage vg
Scallions ve
Cilantro vg
Toasted Sesame Seeds vg
Chopped Peanuts vg
Coconut Mango Rice Dessert v pF
\(50 \mathrm{Cal} / 1\) oz. serving \(40 \mathrm{Cal} / 1 \mathrm{oz}\). serving \(40 \mathrm{Cal} / 1 \mathrm{oz}\). serving 40 Cal each \(0 \mathrm{Cal} / 0.5\) oz. serving \(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(140 \mathrm{Cal} / 2\) oz. serving \(130 \mathrm{Cal} / 2\) oz. serving \(140 \mathrm{Cal} / 2\) oz. serving \(20 \mathrm{Cal} / 1.25\) oz. serving \(10 \mathrm{Cal} / 1 \mathrm{oz}\). serving \(10 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(20 \mathrm{Cal} / 1\) oz. serving
\(5 \mathrm{Cal} / 1\) oz. serving
\(30 \mathrm{Cal} / 1\) oz. serving
\(0 \mathrm{Cal} / 0.5\) oz. serving \(0 \mathrm{Cal} / 0.25\) oz. serving o Cal/0.125 oz. serving \(20 \mathrm{Cal} / 0.125 \mathrm{oz}\). serving \(40 \mathrm{Cal} / 0.25 \mathrm{oz}\). serving \(220 \mathrm{Cal} / 5.85 \mathrm{oz}\). serving

\footnotetext{
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
}

\section*{BUFFETS}

\section*{CREATE YOUR OWN BUFFET}

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

\section*{BUFFET STARTERS}

Classic Garden Salad with Balsamic Vinaigrette and Ranch vg Ew PF
\(50 \mathrm{Cal} / 3.5\) oz. serving
Classic Caesar Salad
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette Ew

Greek Salad with Crumbled Feta v
Antipasto Salad PF
Seasonal Fresh Fruit Salad vg PF

\section*{BUFFET ENTREES}

Asiago Chicken in a Roasted Red Pepper Sauce \$26.09
\(300 \mathrm{CaI} / 5\) oz. serving
Chipotle Pork Loin Topped with a Pineapple Salsa EW \$22.69
Autumn Potato Crusted Salmon \$23.99
Pesto Flank Steak \(\$ 28.29\)
Eggplant Lasagna v \$21.79
\(210 \mathrm{Cal} / 3.75\) oz. serving
\(200 \mathrm{Cal} / 4\) oz. serving
\(260 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(250 \mathrm{Cal} / 7.25 \mathrm{oz}\). serving
\(420 \mathrm{Cal} / 15.75\) oz. serving

320 Cal each

\section*{BUFFET SIDES}

Zucchini, Tomato and Squash Blend ve Ew PF

\section*{Chili-Garlic Green Beans Ew PF}

Brussels Sprouts with Almond Butter vew pF
Garlic Roasted Broccoli vg Ew PF
Ginger Honey Glazed Carrots vew pF
Oven-Roasted Fingerling Potatoes \(\mathbf{v}\)
Quinoa and Wild Rice Blend vg Ew
\(40 \mathrm{Cal} / 3.5\) oz. serving
\(60 \mathrm{Cal} / 4\) oz. serving
\(70 \mathrm{Cal} / 3\) oz. serving
40 Cal/1.76 oz. serving
\(110 \mathrm{Cal} / 3.25\) oz. serving
\(130 \mathrm{CaI} / 3.5\) oz. serving
\(80 \mathrm{Cal} / 2.75\) oz. serving

\section*{BUFFET FINISHES}

Apple Pie v vg
\(410 \mathrm{Cal} /\) slice
Bread Pudding with Caramel Apple Sauce
\(360 \mathrm{Cal} / 6.75\) oz. serving
New York-Style Cheesecake
\(440 \mathrm{Cal} /\) slice
Spiced Carrot Cake v
\(350 \mathrm{Cal} /\) slice
Chocolate Cake v
\(340 \mathrm{Cal} /\) slice
Assorted Craveworthy Cookies v
210-260 Cal each

\footnotetext{
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
}

\section*{RECEPTIONS}

\section*{HORS D'OEUVRES}

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

\section*{RECEPTION HORS D'OEUVRES (HOT)}

Bacon Wrapped Scallops \$36.69
Chicken Quesadillas \$27.49
Boneless Sweet 'n Spicy Wings \$27.49
Boneless Buffalo Wings \$27.49
Coconut Shrimp \$40.89
Crab Cakes \$36.69
Assorted Mini Quiche \$24.09
Spanakopita v \$25.59
Vegetable Spring Rolls vg \$45.99

40 Cal each 50 Cal each

150 Cal each 110 Cal each 50 Cal each 35 Cal each 70-100 Cal each 60 Cal each 50 Cal each

\section*{RECEPTION HORS D'OEUVRES (COLD)}

Assorted Petit Fours v \(\$ 31.39\)
Smoked Salmon Mousse Cucumber Round \$32.99
Mediterranean Antipasto Skewers v \$40.99
Veggie Hummus Cup ve ew pf \$29.49
Shrimp and Avocado Toast Points Ew \$21.79
Shrimp Cocktail Market Price

60-140 Cal each 100 Cal each 60 Cal each 170 Cal each 70 Cal each 70 Cal each

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?
Contact your catering events specialist to discuss the proper amounts needed for a reception.


\section*{RECEPTIONS}

\section*{RECEPTION PLATTERS AND DIPS}

All prices are per person and available for 12 guests or more.

\section*{CLASSIC CHEESE TRAY \(\$ 5.89\) PER PERSON}

Classic Sliced Cheese Tray with Swiss, Cheddar
and Pepper Jack Cheeses served with Crackers,
Pita Chips and Crostini \(\mathbf{v}\)

\title{
SEASONAL FRESH FRUIT PLATTER \$3.69 PER PERSON
}

\section*{HOUSE-MADE SPINACH DIP \$5.39 PER PERSON}

House-Made Spinach Dip served with Fresh Pita
Chips v
\(230 \mathrm{Cal} / 2.25\) oz. serving

\section*{HUMMUS WITH PITA CHIPS \$5.39 PER PERSON}

\author{
Hummus with Pita Chips vew pF
}
\(230 \mathrm{Cal} / 4.5 \mathrm{oz}\). serving

\section*{All packages include necessary accompaniments and condiments}

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{RECEPTIONS}

\section*{CHEF-INSPIRED STATIONS}

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.
\begin{tabular}{lr}
\hline AMERICAN TEA \$17.99 & \\
Fresh Mozzarella Tea Sandwiches v & 240 Cal each \\
Grilled Chicken and Apple Tea Sandwiches & 230 Cal each \\
Roast Beef and Brie Tea Sandwiches & 260 Cal each \\
Scones with Jam and Honey Cream Cheese v & 380 Cal/3 oz. serving \\
Assorted Petit Fours v & \(60-140\) Cal each \\
Shortbread Cookies v & 20 Cal each \\
Hot Water with Assorted Tea Bags & O Cal/8 oz. serving
\end{tabular}

GROWN UP MAC AND CHEESE \$15.79
Chipotle Macaroni and Cheese \(\mathbf{v}\)
\(480 \mathrm{Cal} / 8\) oz. serving
Choice of Three (3) Proteins:
Grilled Chicken Breast
\(160 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Sautéed Shrimp
\(90 \mathrm{Cal} / 3\) oz. serving
Pulled Pork \(290 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Diced Ham
Roasted Mushrooms ve Ew pF
Peas vgew pr
Broccoli Bits vg ew pF
Scallions vg \(80 \mathrm{Cal} / 2\) oz. serving \(90 \mathrm{Cal} / 3\) oz. serving \(70 \mathrm{Cal} / 3\) oz. serving
\(40 \mathrm{Cal} / 1.76\) oz. serving
\(0 \mathrm{Cal} / 0.25\) oz. serving

\section*{SLIDE INTO HOME \$14.79}

Choice of Three (3) Sliders:

Grilled Veggie Sliders vgew pF
Bacon-Blue Meatball Sliders
Ham and Cheese Sliders
Spicy Cauliflower Slider vg PF
Shredded Pork and Slaw Sliders
Cheeseburger Sliders
Sriracha Fried Chicken Sliders

110 Cal each 220 Cal each 160 Cal each 180 Cal each 340 Cal each 260 Cal each 390 Cal each

\section*{BREAKS}

All prices are per person and available for 12 guests or more.
\begin{tabular}{lr}
\hline SNACK ATTACK \$7.89 & \\
\hline Assorted Chips \(\mathbf{v}\) & \(100-160\) Cal each \\
Roasted Peanuts \(\mathbf{v}\) & \(180 \mathrm{Cal} / 1\) oz. serving \\
Trail Mix \(\mathbf{v}\) & 290 Cal each \\
Assorted Craveworthy Cookies \(\mathbf{v}\) & \(210-260\) Cal each \\
Bakery-Fresh Brownies \(\mathbf{v}\) & \(250 \mathrm{Cal} / 2.25\) oz. serving
\end{tabular}

\section*{SUGAR AND SPICE \(\mathbf{\$ 7 . 8 9}\)}
\begin{tabular}{lr} 
Sugar Craveworthy Cookies v & 230 Cal each \\
Gummy Bears & \(400 \mathrm{Cal} / 4\) oz. serving \\
Popcorn v & \(110 \mathrm{Cal} / 1.25\) oz. serving \\
Cajun Chips & \(260 \mathrm{Cal} / 2\) oz. serving \\
Savory Snack Mix v & \(430 \mathrm{Cal} / 3.75\) oz. serving
\end{tabular}

COFFEE BREAK \$5.89
Assorted Craveworthy Cookies v
210-260 Cal each
Coffee, and Ice Water
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

\section*{EXECUTIVE COFFEE BREAK \$6.79}

Assorted Dessert Bars \(\mathbf{v}\) Bakery-Fresh Brownies v Coffee, and Ice Water

300-360 Cal/2.75 oz. serving
\(250 \mathrm{Cal} / 2.25\) oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving

\section*{BEVERAGES \& DESSERTS}

\section*{BEVERAGES}

Includes appropriate accompaniments

\section*{Bottled Water \$2.49 Each}

Assorted Sodas (Can) \$1.89 Each

Sparkling Water \$2.39 Each

Regular Coffee \$23.99 Per Gallon

Decaffeinated Coffee \$23.99 Per Gallon

Hot Water with Teavana Tea Bags \$22.99 Per Gallon
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

0 Cal/8 oz. serving
\(90 \mathrm{Cal} / 8 \mathrm{oz}\). serving
120-130 Cal/8 oz. serving
Infused Water \$11.09 Per Gallon
Choice of One (1) Fruit Infused Water
Lemon Infused Water
Orange Infused Water
Apple Infused Water
Cucumber Infused Water
Grapefruit Infused Water

DESSERTS
v Assorted Craveworthy Cookies \$16.99 Per Dozen

210-260 Cal each
v Bakery-fresh Brownies
\$19.99 Per Dozen
v Chocolate Chip Cookie Brownies
\$21.99 Per Dozen
\(280 \mathrm{Cal} / 2.6 \mathrm{oz}\). serving
v Gourmet Dessert Bars \$21.99 Per Dozen

Custom Artisan Cupcakes \$26.59 Per Dozen Chocolate Cupcake with Fudge Icing vs
Vanilla Cupcake v
Bananas Foster Cupcake v
Devil's Food Cupcake v

480 Cal each
380 Cal each
180 Cal each
380 Cal each

\section*{ORDERING INFORMATION}

\section*{Lead Time}

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

\section*{Extras}

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

\section*{Calorie \& Nutrition}

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

\section*{Allergen}

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.


\section*{Contact Us Today}
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shearer-maria@aramark.com
Hall-Deanna@aramark.com
https://stmu.catertrax.com/

Prices effective until 07/01/2024
Prices may be subject to change
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