

## WHAT'S INSIDE

Page 4: All-Day Packages
Page 6: Breakfast
Page 10: Sandwiches \& Salads

Page 11: Buffets
Page 15: Receptions
Page 18: Beverages \& Desserts
v VEGETARIAN
EW EAT WELL
PF PLANT FORWARD

```


\section*{ALL-DAY PACKAGES}

\section*{ALL DAY DELICIOUS \$46.29}

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 guests or more.
\begin{tabular}{lr}
\hline DELICIOUS DAWN & \\
\hline Assorted Muffins v & \(380-550\) Cal each \\
Assorted Scones v & \(400-440\) Cal each \\
Seasonal Fresh Fruit Platter vG PF & \(35 \mathrm{Cal} / 2.5\) oz. serving \\
Assorted Juice & \(110-170 \mathrm{Cal} / 8\) oz. serving \\
Iced Water & \(0 \mathrm{Cal} / 8\) oz. serving \\
Starbucks Coffee, Decaf and Hot Tea & 0 Cal/8 oz. serving
\end{tabular}

\section*{MEETING WRAP UP \$38.39}

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

\section*{MORNING MINI}

\section*{POWER UP LUNCH}

Tomato and Cucumber Couscous Salad ve Orange Fennel Spinach Salad \(\mathbf{v}\) Ew
\(120 \mathrm{Cal} / 3.75\) oz. serving Bakery-Fresh Rolls with Butter v \(210 \mathrm{Cal} / 3.2\) oz. serving 160 Cal each
Green Beans Gremolata vs Ew PF
\(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving
Three Pepper Cavatappi with Pesto vew
\(280 \mathrm{Cal} / 7.5\) oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce Ew
New York Cheesecake \(\mathbf{v}\)
Iced Tea
Iced Water

\section*{PM PICK ME UP}

Chilled Spinach Dip with Tortilla Chips v
\(230 \mathrm{Cal} / 2.25\) oz. serving
\(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(250 \mathrm{Cal} / 2.25\) oz. serving
Bakery-Fresh Brownies v
Iced Water
Starbucks Coffee, Decaf and Hot Tea
\(0 \mathrm{Cal} / 8\) oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving

130-250 Cal each
80-150 Cal each O Cal/8 oz. serving o Cal/8 oz. serving
o Cal/8 oz. serving

Granola Bars \(\mathbf{v}\)
Assorted Yogurt Cups
Iced Tea
Iced Water
Starbucks Coffee, Decaf and Hot Tea
\begin{tabular}{lr} 
Miniature Muffins v & \(80-120\) Cal each \\
Miniature Danish \(\mathbf{v}\) & \(140-170\) Cal each \\
Miniature Scones v & \(100-110\) Cal each \\
Yogurt Parfait Cups v & \(400-450\) Cal each \\
Iced Water & 0 Cal/8 oz. serving \\
Starbucks Coffee, Decaf and Hot Tea & 0 Cal/8 oz. serving
\end{tabular}
 40-170 Cal each
100-110 Cal each 400-450 Cal each o Cal/8 oz. serving
o Cal/8 oz. serving

45-90 Cal each
100 Cal each
o Cal/8 oz. serving
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving
o Cal/8 oz. serving

\section*{THE ENERGIZER}

\section*{Donut Holes v}

\section*{Ripe Bananas vg Ew pF}

Iced Tea
Iced Water
Starbucks Coffee, Decaf and Hot Tea

\section*{IT'S A WRAP}
Chicken Caesar Wrap 630 Cal each

Pepper Jack Tuna Wrap 610 Cal each
Cran-Apple Turkey 660 Cal each
Grilled Vegetable Wrap v pF
620 Cal each
Seasonal Fresh Fruit Salad ve pF \(35 \mathrm{Cal} / 2.5\) oz. serving
Choice of One (1) Salad:
Classic Garden Salad with Fresh
Seasonal Vegetables and Balsamic
Vinaigrette and Ranch vg Ew PF
Grilled Vegetable Pasta Salad vg
Individual Bag of Chips \(\mathbf{v}\)
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
Iced Tea
Iced Water
\(50 \mathrm{Cal} / 3.5\) oz. serving \(120 \mathrm{Cal} / 3\) oz. serving 100-160 Cal each 210-260 Cal each
\(250 \mathrm{Cal} / 2.25\) oz. serving o Cal/8 oz. serving

\section*{MID-DAY MUNCHIES}

Tortilla Chips v
260 Cal/3 oz. serving
Choice of Two (2) Salsas:
\begin{tabular}{ll} 
Salsa Roja vg & \(20 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\end{tabular}

Salsa Verde vg 5 Cal/1 oz. serving
Pico De Gallo vg
\(5 \mathrm{Cal} / 1\) oz. serving
45-100 Cal each
210-260 Cal each
o Cal/8 oz. serving
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

\section*{ALL-DAY PACKAGES}

\section*{SIMPLE PLEASURES \$30.49}

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

\section*{SIMPLE CONTINENTAL}

Assorted Donuts v
Assorted Bagels v
Orange Juice
Iced Water
Starbucks Coffee, Decaf and Hot Tea

240-500 Cal each 290-450 Cal each \(120 \mathrm{Cal} / 8 \mathrm{oz}\). serving o Cal/8 oz. serving \(0 \mathrm{Cal} / 8\) oz. serving

\section*{BOX LUNCH}

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water
Choice of Two (2) Sandwiches:
Tuna Salad Ciabatta
Ham and Swiss Sub
Turkey and Swiss Sandwich
Roasted Pepper and Mozzarella Ciabatta \(\mathbf{v}\) Ew PF Individual Bag of Chips \(\mathbf{v}\)
Assorted Craveworthy Cookies v
Iced Water
520 Cal each 400 Cal each 520 Cal each 500 Cal each 100-160 Cal each 210-260 Cal each o Cal/8 oz. serving

\section*{MID-DAY MUNCHIES}

Tortilla Chips v
Choice of Two (2) Salsas:
Salsa Roja vg
Salsa Verde vg
Pico De Gallo vg
Assorted Whole Fruit vg EW PF
Assorted Craveworthy Cookies v Iced Water
Starbucks Coffee, Decaf and Hot Tea
\(20 \mathrm{Cal} / 1\) oz. serving \(5 \mathrm{Cal} / 1\) oz. serving \(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving 45-100 Cal each 210-260 Cal each o Cal/8 oz. serving o Cal/8 oz. serving
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.


\section*{BREAKFAST}

\section*{BREAKFAST COLLECTIONS}

All prices are per person and available for 12 guests or more. All appropriate condiments included.

\section*{BASIC BEGINNINGS \$9.99}

Choice of One (1) Breakfast Pastry:
Assorted Danish v
250-420 Cal each
Assorted Muffins v
Assorted Scones v 380-550 Cal each

Assorted Bagels \(\mathbf{v}\) 400-440 Cal each 290-450 Cal each

370 Cal each
Croissants \(\mathbf{v}\)
Iced Water 0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea o Cal/8 oz. serving

\section*{QUICK START \$11.79}

Choice of Three (3) Breakfast Pastries:
Assorted Danish v
250-420 Cal each
Assorted Muffins v
Assorted Scones v
Assorted Bagels \(\mathbf{v}\)
Croissants v
Seasonal Fresh Fruit Platter vg PF Assorted Juice 380-550 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each \(35 \mathrm{Cal} / 2.5\) oz. serving

Iced Water
Starbucks Coffee, Decaf and Hot Tea

\section*{NEW YORKER \$15.69}

Bagels \(\mathbf{v}\)
290-450 Cal each
Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion and Cream Cheese

Seasonal Fresh Fruit Platter vg PF Assorted Juice
Iced Water
Starbucks Coffee, Decaf and Hot Tea
\(120 \mathrm{Cal} / 3.25\) oz. serving
\(35 \mathrm{Cal} / 2.5\) oz. serving 110-170 Cal/8 oz. serving o Cal/8 oz. serving o Cal/8 oz. serving

\section*{À LA CARTE BREAKFAST}

Assorted Bagels with Butter, Cream Cheese and Jam v \$22.39 Per Dozen

290-450 Cal each
Assorted Muffins Served with Butter and Jam v \$22.39 Per Dozen

380-550 Cal each
Cinnamon Rolls \(\mathbf{v}\) \$22.39 Per Dozen
350 Cal each
Assorted Danish v \$22.39 Per Dozen
250-420 Cal each

Assorted Scones Served with Butter and Jam v \$22.39 Per Dozen

400-440 Cal each
Vegan Blueberry Banana Breakfast Bread vg pF \(\$ 15.49\) Serves 12

\section*{HOT BREAKFAST}

All prices are per person and available for 12 guests or more. All appropriate condiments included.

\section*{AMERICAN BREAKFAST \$14.29}

Choice of One (1) Breakfast Pastry:
Assorted Danish v
Assorted Muffins v
Assorted Scones \(\mathbf{v}\)
Assorted Bagels \(\mathbf{v}\)
Croissants \(\mathbf{v}\)
Breakfast Potatoes \(\mathbf{v}\)
Crisp Bacon
Breakfast Sausage
Cage-Free Scrambled Eggs v
Iced Water
Starbucks Coffee, Decaf and Hot Tea

250-420 Cal each 380-550 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each
120-140 Cal/3 oz. serving 60 Cal each 120-180 Cal each \(180 \mathrm{Cal} / 4\) oz. serving \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase you risk of foodborne illness, especially if you have certain medical conditions.

\section*{TACOS FOR BREAKFAST \$14.29}

Seasonal Fresh Fruit Platter vg pF
Flour Tortilla - \(6^{\prime \prime}\) vg
Corn Tortilla - 6" vg 35 Cal each

Scrambled Eggs v
\(140 \mathrm{Cal} / 4\) oz. serving
Bacon and Eggs Scramble
Sauteed Peppers and Onions vg
Shredded Cheddar Cheese v
Hashbrown Potatoes \(\mathbf{v}\)
Guacamole vg
Choice of Two (2) Salsas:
Salsa Verde vg
Salsa Roja vg
Pico De Gallo ve
Sour Cream vg
Iced Water \(140 \mathrm{Cal} / 4\) oz. serving \(40 \mathrm{Cal} / 2\) oz. serving \(110 \mathrm{Cal} / 1\) oz. serving \(120 \mathrm{Cal} / 3\) oz. serving
\(100 \mathrm{Cal} / 4\) oz. serving
\(5 \mathrm{Cal} / 1\) oz. serving \(10 \mathrm{CaI} / 1\) oz. serving \(5 \mathrm{Cal} / 1\) oz. serving \(120 \mathrm{Cal} / 1\) oz. serving

Starbucks Coffee, Decaf and Hot Tea
o Cal/8 oz. serving

\section*{SOUTHERN SUNRISE \$13.79}

Seasonal Fresh Fruit Platter vg PF
Cage-Free Scrambled Eggs v
Shredded Cheddar Cheese v
Choice of One (1) Breakfast Meat:
Country Ham 60 Cal each
60 Cal each
Crisp Bacon 60 Cal each
60 Cal each
Choice of One (1) Southern-Style Breakfast Entrée:
Biscuits and Gravy 60 Cal each
60 Cal each
Spicy Chicken ' n Waffle
Iced Water
Starbucks Coffee, Decaf and Hot Tea
\(35 \mathrm{Cal} / 2.5\) oz. serving
\(180 \mathrm{Cal} / 4\) oz. serving
\(110 \mathrm{Cal} / 1\) oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply

\section*{BREAKFAST}

\section*{BREAKFAST ENHANCEMENTS}

\author{
All prices are per person and available for 12 guests or more
}

\section*{GRITS BAR \$8.89 PER PERSON}

Traditional Grits served with Bacon,
Cheddar Cheese, Scallions, Butter,
Cinnamon Sugar and Raisins
\(410 \mathrm{Cal} / 9.25 \mathrm{oz}\). serving

\section*{BELGIAN WAFFLES \$7.29 PER PERSON}

Belgian Waffles v
Fruit Toppings (may include Strawberry, Peach, Blueberry, Strawberry-Peach, Apple Cinnamon) ve
\(20 \mathrm{Cal} / 1\) oz. serving
Whipped Cream v

BISCUITS IN SAUSAGE GRAVY \$3.89 PER PERSON
\$3.89
570 Cal/7 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{SANDWICHES \& SALADS}

\section*{CLASSIC COLLECTIONS}

All prices are per person and available for 12 guests or more.

\section*{DELI EXPRESS \(\$ 15.19\)}

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)
Individual Bags of Chips v
Assorted Baked Breads and Rolls \(\mathbf{v}\)
Deli Platter (Sliced Oven-Roasted Turkey,
Sliced Roast Beef, Deli Ham and Tuna)
Cheese Tray (Cheddar and Swiss) v
Relish Tray (Lettuce, Tomato, Onion, Pickles,
Pepperoncini) vg
20-240 Cal each
100-160 Cal each
110-230 Cal each

Assorted Craveworthy Cookies v
Choice of Two (2) Beverages:
Lemonade
Iced Tea
Iced Water
\(50-160 \mathrm{CaI} / 2\) oz. serving \(110 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(10 \mathrm{Cal} / 1 \mathrm{oz}\). serving
210-260 Cal each
\(90 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving
o Cal/8 oz. serving

\section*{PREMIUM BOX LUNCHES}

\section*{Asiago Roast Beef Focaccia \$17.69}

Roast Beef, Asiago, Kale Spring Mix, Tomato and Onion on Focaccia with Spicy Mayonnaise Grilled Vegetable Pasta Salad vg

620 Cal each Grilled Vegetable Pasta Salad vg Individual Bag of Chips \(\mathbf{v}\) Bakery-Fresh Brownie v Bottled Water
\(20 \mathrm{Cal} / 3\) oz. serving
100-160 Cal each

Blackened Chicken Ciabatta \(\$ 17.69\)
Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta
Spiced Sweet Potato Salad vg Ew
410 Cal each
Individual Bag of Chips \(\mathbf{v}\)
Bakery-Fresh Brownie v Bottled Water
\(250 \mathrm{Cal} / 2.25\) oz. serving O Cal each

\section*{Salmon Caesar Salad \$18.59}

Caesar Salad with Grilled Salmon, Shredded
Parmesan Cheese and Seasoned Croutons
Bakery-Fresh Roll with Butter \(\mathbf{v}\)
Fresh Fruit Cup vg pF
Lemon Cheesecake Bar v
Bottled Water
\(660 \mathrm{Cal} / 10.5\) oz. serving
160 Cal each
\(35 \mathrm{Cal} / 2.5\) oz. serving \(300 \mathrm{Cal} / 2.75\) oz. serving O Cal each

\section*{CLASSIC BOX LUNCH \$14.59}

\section*{Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips,} Assorted Craveworthy Cookies and Bottled Water
Choice of One (1) Classic Sandwich (See Below)
130-790 Cal each Individual Bag of Chips \(\mathbf{v}\) Assorted Craveworthy Cookies v 100-160 Cal each
210-260 Cal each Bottled Water
o Cal each

\section*{CLASSIC SELECTIONS SANDWICH BUFFET \$17.69}

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages
\begin{tabular}{lr} 
Choice of Two (2) Side Salads (pg 10) & \(20-240\) Cal each \\
Dill Pickle Slices ve & 0 Cal/1 oz. serving \\
Individual Bags of Chips \(\mathbf{v}\) & \(100-160\) Cal each \\
Choice of Three (3) Classic Sandwiches & \(130-790\) Cal each \\
Assorted Craveworthy Cookies \(\mathbf{v}\) & \(210-260\) Cal each \\
Choice of Two (2) Beverages: & \\
\(\quad\) Lemonade & \(90 \mathrm{Cal} / 8\) oz. serving \\
Iced Tea & \(0 \mathrm{Cal} / 8\) oz. serving \\
Iced Water & \(0 \mathrm{Cal} / 8\) oz. serving
\end{tabular}

\section*{CLASSIC SANDWICH OPTIONS}
\begin{tabular}{ll} 
(Available Sandwich choices for the Classic Boxed Lunch and Classic \\
Selections Buffet) \\
Deli Sliced Ham with Honey Mustard Dressing on \\
Ciabatta Bread & 420 Cal each \\
Roast Beef and Cheddar Sandwich & 430 Cal each \\
Deli Sliced Turkey and Swiss on Hearty Wheat Bread & 520 Cal each \\
Chicken Caesar Wrap & 630 Cal each \\
\begin{tabular}{l} 
Grilled Vegetable Wrap with Provolone, Tomato, \\
Lettuce and Pesto Mayo with Pine Nuts V PF
\end{tabular} & 620 Cal each
\end{tabular} Selections Buffet)
Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread

620 Cal each

\footnotetext{
Additional premium box lunch options available upon request! Please contact your catering professional.
}

\section*{SANDWICHES \& SALADS}

\section*{CLASSIC COLLECTIONS}

All prices are per person and available for 12 guests or more.

\section*{THE EXECUTIVE LUNCHEON \$20.39}

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)
Dill Pickle Slices vg
Individual Bags of Chips \(\mathbf{v}\)
Choice of Three (3) Executive
Luncheon Sandwiches
Assorted Craveworthy Cookies v
Choice of Two (2) Beverages:
Lemonade
Iced Tea
Iced Water

30-240 Cal each
o Cal/1 oz. serving
100-160 Cal each
310-790 Cal each
210-260 Cal each
\(90 \mathrm{Cal} / 8\) oz. serving
\(0 \mathrm{Cal} / 8\) oz. serving
o Cal/8 oz. serving

\section*{EXECUTIVE LUNCHEON SANDWICHES}
(Available Sandwich choices for The Executive Luncheon Buffet)
Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo

540 Cal each
Pepper Jack Tuna Wrap with Fresh Jalapenos and Plum Tomatoes

610 Cal each
Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette

680 Cal each
Tarragon Chicken Salad and Chive Cream Cheese Wrap

570 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub

490 Cal each
Turkey, Ham and Ranch Club with Bacon, Lettuce and Tomato

630 Cal each
Portobello Ciabatta with Baby Spinach and Sun-Dried Tomato Pesto \(\mathbf{v}\)

440 Cal each
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{SIDE SALAD SELECTIONS}
(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)
\begin{tabular}{ll} 
Traditional Garden Salad with a Balsamic & \\
Vinaigrette Dressing vg Ew PF & 50 Cal/3.5 oz. serving \\
Baby Spinach Salad with Bacon, Egg, Mushroom & \\
and Tomato and Balsamic Vinaigrette & 110 Cal/3.75 oz. serving \\
\begin{tabular}{l} 
Red-Skinned Potato Salad with Egg, Celery and \\
Spanish Onion in a Seasoned Mayonnaise Dressing \\
v
\end{tabular} & 240 Cal/4 oz. serving
\end{tabular}

Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing v Ew
\(170 \mathrm{Cal} / 3.5\) oz. serving

\section*{Fresh Fruit Salad vg PF}

Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v

Roasted Vegetable Pasta Salad \(\mathbf{v}\) Ew PF
Ranch Pasta Salad \(\mathbf{v}\)
Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic vg

White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette ve Ew pF

35 Cal/2.5 oz. serving
\(80 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(200 \mathrm{Cal} / 3.75\) oz. serving
\(110 \mathrm{Cal} / 3 \mathrm{oz}\). serving
\(120 \mathrm{Cal} / 4\) oz. serving
\(80 \mathrm{Cal} / 3.25 \mathrm{oz}\). serving

\section*{BUFFETS}

\section*{THEMED BUFFETS}

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{LAZY SUMMER BBQ \$23.59}

Old-Fashioned Coleslaw vew
Cornbread Fiesta Muffins v
Baked Beans
Macaroni and Cheese \(\mathbf{v}\)
BBQ Chicken
Sliced Brisket
Assorted Craveworthy Cookies v
Gourmet Dessert Bars v

150 Cal/3 oz. serving 120 Cal each
\(160 \mathrm{Cal} / 4.75 \mathrm{oz}\). serving \(250 \mathrm{Cal} / 4 \mathrm{oz}\). serving \(380 \mathrm{Cal} / 6\) oz. serving \(340 \mathrm{Cal} / 5 \mathrm{oz}\). serving 210-260 Cal each 300-360 Cal/2.75-3.25 oz. serving

\section*{BAKED POTATO BAR \$20.89}

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch vg Ew PF
\(50 \mathrm{Cal} / 3.5\) oz. serving
Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed
Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream
\(660 \mathrm{Cal} / 12\) oz. serving
Choice of One (1) Dessert:
Apple Cobbler \(\mathbf{v}\)
\(350 \mathrm{Cal} / 4.75 \mathrm{oz}\). serving
Apple Pie vg
\(410 \mathrm{Cal} /\) slice
Add on Cheddar Cheese Sauce \(\mathbf{v}\)
\(60 \mathrm{Cal} / 1 \mathrm{oz}\). serving

\section*{BASIC ITALIAN BUFFET \$19.29}

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch vg ew pr Garlic Breadsticks v
Home-Style Lasagna with Parmesan Cheese
Choice of One (1) Vegetarian Lasagna:
Cauliflower Lasagna v PF
Vegetable Alfredo Lasagna v
Chocolate Dipped Biscotti \(\mathbf{v}\)
\(50 \mathrm{Cal} / 3.5\) oz. serving
110 Cal each
\(410 \mathrm{Cal} / 8.375\) oz. serving \(470 \mathrm{Cal} / 11 \mathrm{oz}\). serving 190 Cal each



\section*{BUFFETS}

\section*{THEMED BUFFETS}

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{TASTY TEX MEX \$21.59}

Tortilla Chips \(\mathbf{v}\)
\(260 \mathrm{Cal} / 3\) oz. serving
Mexican Rice vg
Charro Beans ve ew pF
Sauteed Peppers and Onions vg
Choice of One (1) Type of Fajitas:
Beef Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
\(130 \mathrm{Cal} / 3\) oz. serving
\(80 \mathrm{Cal} / 3\) oz. serving
\(140 \mathrm{Cal} / 2\) oz. serving

Chicken Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
\(680 \mathrm{Cal} / 5\) oz. serving

Citrus Braised Pork with Tortillas,
Shredded Cheddar and Sour Cream
\(580 \mathrm{Cal} / 5\) oz. serving

Vegan Chorizo with Tortillas and Vegan Cheese \(\mathbf{v}\)
580 Cal/3 oz. serving
\(380 \mathrm{CaI} / 2\) oz. serving
Choice of Two (2) Salsas:
Pico De Gallo ve
\(10 \mathrm{Cal} / 1\) oz. serving
\(5 \mathrm{Cal} / 1\) oz. serving
Salsa Verde ve
Salsa Roja vg
\(20 \mathrm{Cal} / 1 \mathrm{oz}\). serving
Cinnamon Crisps v
20 Cal each

\section*{ASIAN ACCENTS \$26.29}

Peanut Lime Ramen Noodles \(\mathbf{v}\)
Egg Rolls
Choice of Two (2) Dipping Sauces:
Sweet Soy Sauce \(\mathbf{v}\)
Sweet and Sour Sauce vg
Chili Garlic Sauce vg
Choice of One (1) Rice:
White Rice vg
Vegetable Fried Rice
Steamed Brown Rice vg ew
General Tso's Chicken
Teriyaki Salmon with Lemon Green Beans Ew
Fortune Cookies
\(210 \mathrm{Cal} / 3\) oz. serving 180 Cal each
\(50 \mathrm{Cal} / 1\) oz. serving \(40 \mathrm{Cal} / 1\) oz. serving \(40 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(130 \mathrm{Cal} / 3\) oz. serving
\(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving \(210 \mathrm{Cal} / 5.5\) oz. serving \(370 \mathrm{Cal} / 8\) oz. serving \(140 \mathrm{Cal} / 3\) oz. serving 20 Cal each

\section*{THEMED BUFFETS}

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

\section*{BUILD YOUR OWN BITE SIZED SOUTHERN BBQ \$21.59}

Fresh Country Coleslaw vew Collard Greens
Vegetarian Baked Beans vg PF
Macaroni and Cheese \(\mathbf{v}\)
Hush Puppies \(\mathbf{v}\)
Choice of Two (2) Pulled Meats:
Pulled BBQ Chicken
Cilantro-Lime Pulled Chicken
Pulled BBQ Pork
Anise Herbed Pulled Pork
Slider Buns v
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
\(150 \mathrm{Cal} / 3\) oz. serving \(90 \mathrm{Cal} / 3\) oz. serving \(220 \mathrm{Cal} / 4 \mathrm{oz}\). serving \(250 \mathrm{Cal} / 4\) oz. serving 70 Cal each
\(170 \mathrm{Cal} / 3\) oz. serving \(170 \mathrm{Cal} / 3\) oz. serving \(290 \mathrm{Cal} / 3\) oz. serving \(220 \mathrm{Cal} / 3 \mathrm{oz}\). serving 80 Cal each
210-260 Cal each
\(250 \mathrm{Cal} / 2.25\) oz. serving

\section*{THE BLAZER COOKOUT \$17.79}

Traditional Potato Salad \(\mathbf{v}\) Fresh Country Coleslaw vew
Home-Style Kettle Chips \(\mathbf{v}\)
Grilled Hamburgers with Buns
Vegetarian Burger v PF
Hot Dogs with Buns
Garnish Tray (Lettuce, Onions, Pickles
and Tomatoes) vg
Assorted Craveworthy Cookies \(\mathbf{v}\)
Bakery-Fresh Brownies v
Add on Grilled Chicken Breast for an Additional Fee
\(240 \mathrm{Cal} / 4\) oz. serving \(170 \mathrm{Cal} / 3.5\) oz. serving \(190 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving 330 Cal each 170 Cal each 310 Cal each

0-10 Cal/1 oz. serving 210-260 Cal each \(250 \mathrm{Cal} / 2.25\) oz. serving \(160 \mathrm{Cal} / 3\) oz. serving

\section*{NOODLE BAR BASICS \$20.79}

Mesclun Salad with Fresh Orange, Kalamata Olives and Red Onion with a Balsamic Vinaigrette vg PF Garlic Breadsticks v
Choice of One (1) Pasta:
Cavatappi Noodles ve
Fettuccine Noodles vg
Choice of Two (2) Vegetables:
Broccoli vg pp
Onions ve
Tomatoes ve
Zucchini vg
Choice of Two (2) Proteins:
Grilled Chicken Ew
Italian Sausage
Shrimp
Tofu vg
Choice of Two (2) Sauces:
Marinara Sauce vg
Pesto Sauce
Alfredo Sauce \(\mathbf{v}\)
Hearty Meat Sauce
Choice of One (1) Dessert:
Assorted Craveworthy Cookies \(\mathbf{v}\)
Bakery-Fresh Brownies v
\(70 \mathrm{Cal} / 2.25\) oz. serving 110 Cal each
\(180 \mathrm{Cal} / 4\) oz. serving \(240 \mathrm{Cal} / 5.5\) oz. serving
\(10 \mathrm{Cal} / 1\) oz. serving
\(10 \mathrm{Cal} / 0.5\) oz. serving \(10 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(10 \mathrm{Cal} / 1\) oz. serving
\(160 \mathrm{Cal} / 3\) oz. serving \(250 \mathrm{Cal} / 2\) oz. serving \(60 \mathrm{Cal} / 2\) oz. serving
\(80 \mathrm{Cal} / 2\) oz. serving
\(200 \mathrm{Cal} / 4\) oz. serving \(140 \mathrm{Cal} / 4\) oz. serving \(240 \mathrm{Cal} / 4\) oz. serving \(140 \mathrm{Cal} / 4\) oz. serving

210-260 Cal each \(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{BUFFETS}

\section*{CREATE YOUR OWN BUFFET}

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

\section*{BUFFET STARTERS}

Classic Garden Salad with Balsamic Vinaigrette and Ranch vg Ew PF
\(50 \mathrm{Cal} / 3.5\) oz. serving
Classic Caesar Salad
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette \(\mathbf{E w}\)

Greek Salad with Crumbled Feta v
Antipasto Platter with Crostini
Seasonal Fresh Fruit Salad vg PF \(170 \mathrm{Cal} / 2.7\) oz. serving
\(180 \mathrm{Cal} / 3.75\) oz. serving \(110 \mathrm{Cal} / 3.25\) oz. serving \(260 \mathrm{Cal} / 5\) oz. serving \(35 \mathrm{CaI} / 2.25\) oz. serving

\section*{BUFFET ENTREES}

Fried Chicken with Buttermilk Hot Sauce \$21.99 Lemon Artichoke Chicken Breast Ew \$20.99

Asiago Chicken in a Roasted Red Pepper Sauce \$20.99

Roasted Turkey with Cranberry Relish \$22.69 Honey Mustard Pork Loin Ew \$19.99

Maple Dijon Salmon Ew \$23.99
Pesto Flank Steak \$24.99
\(470 \mathrm{Cal} / 5.6\) oz. serving \(210 \mathrm{Cal} / 5.75\) oz. serving
\(300 \mathrm{Cal} / 5\) oz. serving
\(200 \mathrm{Cal} / 3.5\) oz. serving
\(270 \mathrm{Cal} / 4\) oz. serving
\(270 \mathrm{Cal} / 3.25\) oz. serving
\(260 \mathrm{Cal} / 3\) oz. serving

\section*{BUFFET SIDES}

Pan Roasted Vegetables V PF
Italian Seasoned Green Beans v Ew pF Garlic Roasted Broccoli vg Ew PF

Sweet Herbed Corn Pudding \(\mathbf{v}\)
Creamy Garlic Mashed Potatoes \(\mathbf{v}\)
Roasted Red Potatoes vg
Macaroni and Cheese v
\(45 \mathrm{Cal} / 3\) oz. serving
\(40 \mathrm{Cal} / 3.25\) oz. serving
40 Cal/1.76 oz. serving
\(350 \mathrm{Cal} / 4 \mathrm{oz}\). serving
\(120 \mathrm{Cal} / 3.75\) oz. serving
\(100 \mathrm{Cal} / 2.75\) oz. serving
\(250 \mathrm{Cal} / 4\) oz. serving

\section*{BUFFET FINISHES}

Bread Pudding with Caramel Apple Sauce
360 Cal/6.75 oz. serving
New York-Style Cheesecake
\(440 \mathrm{Cal} /\) slice
Dulce De Leche Brownie v
Spiced Carrot Cake v
\(350 \mathrm{Cal} /\) slice
Chocolate Cake v
\(340 \mathrm{Cal} /\) slice
Assorted Craveworthy Cookies v
210-260 Cal each

\footnotetext{
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
}

\section*{RECEPTIONS}

\section*{HORS D'OEUVRES}

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

\section*{RECEPTION HORS D'OEUVRES (HOT)}

Franks in a Blanket \$24.59
Beef Empanadas \$29.49
Swedish Meatballs \$24.59
Black Angus Mini Cheeseburgers (Sliders) \$54.09
Chicken Quesadillas \$24.99
Boneless Buffalo Wings \$27.49
Mac n' Cheese Melts v \(\mathbf{\$ 2 5 . 5 9}\)
Spanakopita v \$25.59
Vegetable Spring Rolls vg \(\$ 38.29\)

40 Cal each 80 Cal each 110 Cal each 50 Cal each 50 Cal each 110 Cal each 80 Cal each 60 Cal each 50 Cal each

\section*{RECEPTION HORS D'OEUVRES (COLD)}

Assorted Petit Fours v \(\$ 26.59\)
Chocolate-Caramel Mini Cheesecakes v \$26.59
Veggie Hummus Cup ve ew pr \(\$ 29.49\)
Traditional Tomato Bruschetta Crostini v \$18.19
Shrimp Cocktail Market Price
Pimento Cheese \& Bacon Toast Points \(\$ 18.19\)

60-140 Cal each 80 Cal each 170 Cal each 50 Cal each 70 Cal each 110 Cal each

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.


\section*{RECEPTIONS}

RECEPTION PLATTERS AND DIPS
All prices are per person and available for 12 guests or more.
CLASSIC SLICED CHEESE TRAY \$49.99 SERVES 12
Classic Sliced Cheese Tray with Swiss, Cheddar
and Pepper Jack Cheeses, Crackers, Pita Chips and Crostini \(\mathbf{v}\)

\section*{FRESH GARDEN CRUDITÉS \$45.79 SERVES 12}

Fresh Garden Crudités with Ranch Dill Dip v PF
\(120 \mathrm{Cal} / 5 \mathrm{oz}\). serving
SEASONAL FRESH FRUIT PLATTER \$38.99 SERVES 12
Seasonal Fresh Fruit vg pF
\(35 \mathrm{Cal} / 2.5 \mathrm{oz}\). serving

\section*{ANTIPASTO PLATTER \$69.99 SERVES 12}

Antipasto Platter with Marinated Vegetables,
Italian Meats and Cheese
\(260 \mathrm{Cal} / 5 \mathrm{oz}\). serving

\section*{HOUSE-MADE SPINACH DIP \$34.99 SERVES 12}

House-Made Spinach Dip served with Fresh Pita
Chips v
\(230 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

\section*{CHEF-INSPIRED STATIONS}

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

\section*{DIM SUM \$13.79}
\begin{tabular}{lr} 
Egg Rolls & 180 Cal each \\
Pot Stickers & 45 Cal each
\end{tabular}

Pot Stickers
Choice of Two (2) Dipping Sauces:

\section*{Sweet Soy Sauce \(\mathbf{v}\)}

Sweet and Sour Sauce vg
Chili Garlic Sauce vg
Sweet and Spicy Boneless Chicken Wings
with Celery Sticks
Gourmet Dessert Bars v

45 Cal each
\(40 \mathrm{Cal} / 1\) oz. serving
\(30 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\(40 \mathrm{Cal} / 1 \mathrm{oz}\). serving
590 Cal/7.5 oz. serving 300-370 Cal/2.75-3.25 oz. serving

\section*{HAPPY HOUR \$18.69}

Chilled Spinach Dip served with Pita Chips v \(230 \mathrm{Cal} / 2.25\) oz. serving Mini Cheesesteaks 180 Cal each

Buffalo Chicken Tenders served with Blue Cheese Dip
\(560 \mathrm{Cal} / 6.75\) oz. serving
Pretzels Bites with Beer Cheese \(\mathbf{v}\)
410 Cal each
Assorted Craveworthy Cookies v
210-260 Cal each
Gourmet Dessert Bars v
300-370 Cal/2.75-3.25 oz. serving

\section*{TRADITIONAL CARVING - ROASTED TURKEY \$16.79}

Carved Roasted Turkey Ew
Bakery-Fresh Dinner Rolls with Butter v
Sun-Dried Tomato Aioli v
Cranberry-Mandarin Relish ve
Mesquite Mayonnaise \(\mathbf{v}\)
\(170 \mathrm{Cal} / 3\) oz. serving 160 Cal each \(210 \mathrm{Cal} / 1\) oz. serving \(60 \mathrm{Cal} / 1 \mathrm{oz}\). serving \(210 \mathrm{Cal} / 1 \mathrm{oz}\). serving

\section*{BREAKS}

All prices are per person and available for 12 guests or more
\begin{tabular}{|c|c|}
\hline \multicolumn{2}{|l|}{ENERGY BREAK \$4.19} \\
\hline Granola Bars v & 130-250 Cal each \\
\hline Fruit Filled Bar v & 130-250 Cal each \\
\hline Breakfast Bar v & 130-250 Cal each \\
\hline \multicolumn{2}{|l|}{SNACK ATTACK \$7.89} \\
\hline Assorted Chips v & 100-160 Cal each \\
\hline Roasted Peanuts v & \(180 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline Trail Mix v & 290 Cal each \\
\hline Assorted Craveworthy Cookies v & 210-260 Cal each \\
\hline Bakery-Fresh Brownies v & \(250 \mathrm{Cal} / 2.25\) oz. serving \\
\hline \multicolumn{2}{|l|}{COFFEE BREAK \$5.89} \\
\hline \begin{tabular}{l}
Assorted Craveworthy Cookies v \\
Starbucks Coffee, Decaf and Hot Tea
\end{tabular} & 210-260 Cal each o Cal/8 oz. serving \\
\hline \multicolumn{2}{|l|}{EXECUTIVE COFFEE BREAK \$6.79} \\
\hline Assorted Dessert Bars v & 300-360 Cal/2.75 oz. serving \\
\hline Bakery-Fresh Brownies v & \(250 \mathrm{Cal} / 2.25\) oz. serving \\
\hline Starbucks Coffee, Decaf and Hot Tea & 0 Cal/8 oz. serving \\
\hline
\end{tabular}

\section*{BEVERAGES \& DESSERTS}

\section*{BEVERAGES}

Includes appropriate accompaniments

\section*{Bottled Water \$2.49 Each}

Assorted Sodas (Can) \$1.99 Each
Assorted Individual Fruit Juices \$2.49 Each
Hot Water with Assorted Tea Bags \$20.89 Per Gallon

Starbucks Regular Coffee \$27.79 Per Gallon
Starbucks Decaffeinated Coffee \(\$ 27.79\) Per Gallon
Hot Chocolate \$24.99 Per Gallon
Iced Tea \$18.19 Per Gallon
Lemonade \$18.19 Per Gallon
Iced Water \$1.99 Per Gallon

\section*{DESSERTS}
v Assorted Craveworthy Cookies \$16.99 Per Dozen
v Bakery-fresh Brownies
\$18.99 Per Dozen
v Gourmet Dessert Bars
\$19.99 Per Dozen
300-360 Cal/2.75-3.25 oz. serving
New York Cheesecake - serves 16 \$39.99
\(360 \mathrm{Cal} / 3.74\) oz. serving
Multi-Layer Chocolate Cake - serves 12 \$34.99

\section*{ORDERING INFORMATION}

\section*{Lead Time}

Notice of 4 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

\section*{Extras}

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

\section*{Calorie \& Nutrition}

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

\section*{Allergen}

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN
v VEGETARIAN

EW EAT WELL
PF PLANT FORWARD

\section*{Contact Us Today}
229.259.5510
catering@valdosta.edu
Wilson-Andrew1@aramark.com
www.valdosta.catertrax.com

Prices effective until 07/01/2024
Prices may be subject to change```

