

# **INSPIRED EXPERIENCES.** Our food is locally sourced and globally **CULINARY** inspired to connect you with community **FORWARD** and fuel your best work. Our people are genuine, passionate, and **THOUGHTFUL** empowered to do what it takes to make HOSPITALITY your moment special. Our common goodness considers PEOPLE & the environmental, social, ethical and PLANET economic impact of everything we do. Our experiences create connection and **INSPIRED** culture, bringing desired and inspired **EXPERIENCES** spaces to life. BLAZER CATERING

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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



## **ALL-DAY PACKAGES**

## **ALL DAY DELICIOUS \$46.29**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 quests or more.

### **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee Decaf and Hot Tea	0 Cal/8 oz serving

## AM PERK UP

Granola Bars <b>v</b>	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### DOWED UD LUNCH

POWER UP LUNCH	
Tomato and Cucumber Couscous Salad vg	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Green Beans Gremolata <b>VG EW PF</b>	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto <b>V EW</b>	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with	
a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York Cheesecake <b>▼</b>	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips V	230 Cal/2.25 oz. serving
Grilled Vegetable Tray <b>vg EW PF</b>	70 Cal/3 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **MEETING WRAP UP \$38.39**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

## **MORNING MINI**

Miniature Muffins <b>v</b>	80-120 Cal each
Miniature Danish <b>v</b>	140-170 Cal each
Miniature Scones <b>v</b>	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	400-450 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## THE ENERGIZER

Donut Holes <b>v</b>	45-90 Cal each
Ripe Bananas <b>vg EW PF</b>	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## IT'S A WRAP

Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap <b>V PF</b>	620 Cal each
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch <b>vg EW PF</b>	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>vg</b>	120 Cal/3 oz. serving
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving

## MID-DAY MUNCHIES

Iced Water

Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>vg</b>	5 Cal/1 oz. serving
Pico De Gallo <b>v</b>	5 Cal/1 oz. serving
Assorted Whole Fruit <b>VG EW PF</b>	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

O Cal/8 oz. serving

## **ALL-DAY PACKAGES**

## **SIMPLE PLEASURES \$30.49**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

## SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 520 Cal each Ham and Swiss Sub 400 Cal each Turkey and Swiss Sandwich 520 Cal each Roasted Pepper and Mozzarella Ciabatta V EW PF 500 Cal each Individual Bag of Chips V 100-160 Cal each Assorted Craveworthy Cookies V 210-260 Cal each Iced Water 0 Cal/8 oz. serving

### **MID-DAY MUNCHIES**

Tortilla Chips v 260 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roja vo 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Assorted Whole Fruit VG EW PF 45-100 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Iced Water O Cal/8 oz. serving Starbucks Coffee. Decaf and Hot Tea 0 Cal/8 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





## **BREAKFAST**

#### **BREAKFAST COLLECTIONS**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

BASIC BEGINNINGS \$9.99	ВА	SIC	BEG	INNI	NGS	\$9.	99
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Choice of One (1) Breakfast Pastry:

Assorted Danish v 250-420 Cal each Assorted Muffins v 380-550 Cal each Assorted Scones v 400-440 Cal each Assorted Bagels v 290-450 Cal each Croissants v 370 Cal each Iced Water 0 Cal/8 oz. serving Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **QUICK START \$11.79**

Choice of Three (3) Breakfast Pastries:

Assorted Danish v 250-420 Cal each 380-550 Cal each Assorted Muffins v Assorted Scones v 400-440 Cal each Assorted Bagels v 290-450 Cal each Croissants v 370 Cal each Seasonal Fresh Fruit Platter vg PF 35 Cal/2.5 oz. serving Assorted Juice 110-170 Cal/8 oz. serving Iced Water O Cal/8 oz. serving Starbucks Coffee. Decaf and Hot Tea O Cal/8 oz. serving

### NEW YORKER \$15.69

Bagels **v** 290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion and Cream Cheese

Seasonal Fresh Fruit Platter **vg PF**35 Cal/2.5 oz. serving

Assorted Juice 110-170 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

## À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam **v** \$22,39 Per Dozen

290-450 Cal each

120 Cal/3.25 oz. serving

Assorted Muffins Served with Butter and Jam  $\mathbf{v}$  \$22.39 Per Dozen

380-550 Cal each

Cinnamon Rolls **v** \$22.39 Per Dozen

350 Cal each

Assorted Danish **v** \$22.39 Per Dozen

250-420 Cal each

Assorted Scones Served with Butter and Jam  ${\bf v}$ 

\$22.39 Per Dozen

400-440 Cal each

Vegan Blueberry Banana Breakfast Bread **VG PF** 

\$15.49 Serves 12

250 Cal/3 oz. serving

## **BREAKFAST**

## **HOT BREAKFAST**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

## **AMERICAN BREAKFAST \$14.29**

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Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Croissants <b>v</b>	370 Cal each
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

<b>TACOS FOR BREAKFAST \$14.29</b>	
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Flour Tortilla - 6" <b>vg</b>	90 Cal each
Corn Tortilla - 6" <b>vg</b>	35 Cal each
Scrambled Eggs <b>v</b>	140 Cal/4 oz. serving
Bacon and Eggs Scramble	140 Cal/4 oz. serving
Sauteed Peppers and Onions <b>vg</b>	40 Cal/2 oz. serving
Shredded Cheddar Cheese v	110 Cal/1 oz. serving
Hashbrown Potatoes <b>v</b>	120 Cal/3 oz. serving
Guacamole <b>vG</b>	100 Cal/4 oz. serving
Choice of Two (2) Salsas:	
Salsa Verde <b>v</b>	5 Cal/1 oz. serving
Salsa Roja <b>v</b> g	10 Cal/1 oz. serving
Pico De Gallo <b>v</b> g	5 Cal/1 oz. serving
Sour Cream <b>vg</b>	120 Cal/1 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **SOUTHERN SUNRISE \$13.79**

Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Shredded Cheddar Cheese <b>v</b>	110 Cal/1 oz. serving
Choice of One (1) Breakfast Meat:	
Country Ham	60 Cal each
Crisp Bacon	60 Cal each
Choice of One (1) Southern-Style Breakfast Entrée:	
Biscuits and Gravy	570 Cal/7 oz. serving
Spicy Chicken 'n Waffle	950 Cal/10.5 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

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## **BREAKFAST**

## **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 12 guests or more.

#### GRITS BAR \$8.89 PER PERSON

Traditional Grits served with Bacon, Cheddar Cheese, Scallions, Butter, Cinnamon Sugar and Raisins

410 Cal/9.25 oz. serving

### BELGIAN WAFFLES \$7.29 PER PERSON

Belgian Waffles v

90 Cal each

Fruit Toppings (may include Strawberry, Peach, Blueberry, Strawberry-Peach, Apple Cinnamon) **vs** 

20 Cal/1 oz. serving

Whipped Cream **v** Maple Syrup **v**  50 Cal/0.5 oz. serving 70 Cal/1 oz. serving

## BISCUITS IN SAUSAGE GRAVY \$3.89 PER PERSON

\$3.89

570 Cal/7 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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## SANDWICHES & SALADS

### CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

#### **DELI EXPRESS \$15.19**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Individual Bags of Chips <b>v</b>	100-160 Cal each
Assorted Baked Breads and Rolls <b>v</b>	110-230 Cal each
Deli Platter (Sliced Oven-Roasted Turkey,	
Sliced Roast Beef, Deli Ham and Tuna)	50-160 Cal/2 oz. serving
Cheese Tray (Cheddar and Swiss) <b>v</b>	110 Cal/1 oz. serving
Relish Tray (Lettuce, Tomato, Onion, Pickles,	
Pepperoncini) <b>v</b> <sub>G</sub>	10 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

Choice of Two (2) Beverages: Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water O Cal/8 oz. serving

#### PREMIUM BOX LUNCHES

#### Asiago Roast Beef Focaccia \$17.69

Roast Beef, Asiago, Kale Spring Mix, Tomato and Onion on Focaccia with Spicy Mayonnaise 620 Cal each Grilled Vegetable Pasta Salad vg 120 Cal/3 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie V 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

#### Blackened Chicken Ciabatta \$17.69

Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta 410 Cal each Spiced Sweet Potato Salad vg Ew 120 Cal/4 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie V 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

#### Salmon Caesar Salad \$18.59

Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons 660 Cal/10.5 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

### **CLASSIC BOX LUNCH \$14.59**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below)	130-790 Cal each
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bottled Water	0 Cal each

### CLASSIC SELECTIONS SANDWICH BUFFET \$17.69

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Dill Pickle Slices <b>vg</b>	0 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Classic Sandwiches	130-790 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Choice of Two (2) Beverages:	

90 Cal/8 oz. serving Lemonade Iced Tea O Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread	420 Cal each
Roast Beef and Cheddar Sandwich	430 Cal each

Deli Sliced Turkey and Swiss on Hearty Wheat Bread 520 Cal each

Chicken Caesar Wrap 630 Cal each

Grilled Vegetable Wrap with Provolone, Tomato,

620 Cal each Lettuce and Pesto Mayo with Pine Nuts VPF

Additional premium box lunch options available upon request! Please contact your catering professional.

## **SANDWICHES & SALADS**

## **CLASSIC COLLECTIONS**

Choice of Two (2) Side Salads (pg 10)

All prices are per person and available for 12 guests or more.

#### THE EXECUTIVE LUNCHEON \$20.39

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Dill Pickle Slices vg	0 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

30-240 Cal each

### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo	540 Cal each
Pepper Jack Tuna Wrap with Fresh Jalapenos and Plum Tomatoes	610 Cal each
Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette	680 Cal each
Tarragon Chicken Salad and Chive Cream Cheese Wrap	570 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub	490 Cal each
Turkey, Ham and Ranch Club with Bacon, Lettuce and Tomato	630 Cal each
Portobello Ciabatta with Baby Spinach and Sun-Dried Tomato Pesto ${\bf v}$	440 Cal each

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#### SIDE SALAD SELECTIONS

Balsamic Vinaigrette VG EW PF

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic Vinaigrette Dressing <b>vg Ew PF</b>	50 Cal/3.5 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	110 Cal/3.75 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing V	240 Cal/4 oz. serving
Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing <b>V EW</b>	170 Cal/3.5 oz. serving
Fresh Fruit Salad <b>vg pf</b>	35 Cal/2.5 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives <b>v</b>	80 Cal/3 oz. serving
Roasted Vegetable Pasta Salad <b>V EW PF</b>	200 Cal/3.75 oz. serving
Ranch Pasta Salad <b>v</b>	110 Cal/3 oz. serving
Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic <b>vs</b>	120 Cal/4 oz. serving
White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a	

80 Cal/3.25 oz. serving

#### THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### **LAZY SUMMER BBQ \$23.59**

Old-Fashioned Coleslaw V EW 150 Cal/3 oz. serving Cornbread Fiesta Muffins v 120 Cal each Baked Beans 160 Cal/4.75 oz. serving Macaroni and Cheese v 250 Cal/4 oz. serving BBQ Chicken 380 Cal/6 oz. serving Sliced Brisket 340 Cal/5 oz. serving Assorted Craveworthy Cookies  ${f v}$ 210-260 Cal each Gourmet Dessert Bars v 300-360 Cal/2.75-3.25 oz. serving

## **BAKED POTATO BAR \$20.89**

Classic Garden Salad with Fresh Seasonal Vegetables

and Balsamic Vinaigrette and Ranch **vg EW PF** 50 Cal/3.5 oz. serving

Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar

Cheese, Scallions and Sour Cream 660 Cal/12 oz. serving

Choice of One (1) Dessert:

Chocolate Dipped Biscotti v

Apple Cobbler **v** 350 Cal/4.75 oz. serving Apple Pie **vg** 410 Cal/slice Add on Cheddar Cheese Sauce **v** 60 Cal/1 oz. serving

### **BASIC ITALIAN BUFFET \$19.29**

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch VG EW PF 50 Cal/3.5 oz. serving Garlic Breadsticks V 110 Cal each Home-Style Lasagna with Parmesan Cheese Choice of One (1) Vegetarian Lasagna:

Cauliflower Lasagna V PF 410 Cal/8.375 oz. serving Vegetable Alfredo Lasagna V 470 Cal/11 oz. serving

190 Cal each





## **THEMED BUFFETS**

**TASTY TEX MEX \$21.59** 

Tortilla Chips  ${\bf v}$ 

Cinnamon Crisps  ${\bf v}$ 

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Tortilla Chips ¥	200 Cai/ 3 02. 3ei vii ig
Mexican Rice <b>vg</b>	130 Cal/3 oz. serving
Charro Beans <b>vg EW PF</b>	80 Cal/3 oz. serving
Sauteed Peppers and Onions <b>vg</b> Choice of One (1) Type of Fajitas:	140 Cal/2 oz. serving
Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
Citrus Braised Pork with Tortillas, Shredded Cheddar and Sour Cream	580 Cal/3 oz. serving
Vegan Chorizo with Tortillas and Vegan Cheese ${f v}$	380 Cal/2 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo <b>vg</b>	10 Cal/1 oz. serving
Salsa Verde <b>v</b>	5 Cal/1 oz. serving
Salsa Roja <b>vg</b>	20 Cal/1 oz. serving

260 Cal/3 oz. serving

20 Cal each

ASIAN ACCENTS \$26.29	
Peanut Lime Ramen Noodles <b>v</b>	210 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	50 Cal/1 oz. serving
Sweet and Sour Sauce <b>vg</b>	40 Cal/ 1 oz. serving
Chili Garlic Sauce <b>vg</b>	40 Cal/1 oz. serving
Choice of One (1) Rice:	
White Rice <b>vg</b>	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
Steamed Brown Rice vg Ew	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Bear	ns <b>EW</b> 140 Cal/3 oz. serving
Fortune Cookies	20 Cal each

## **THEMED BUFFETS**

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## **BUILD YOUR OWN BITE SIZED SOUTHERN BBQ** \$21.59

Fresh Country Coleslaw <b>v Ew</b>	150 Cal/3 oz. serving
Collard Greens	90 Cal/3 oz. serving
Vegetarian Baked Beans <b>vg PF</b>	220 Cal/4 oz. serving
Macaroni and Cheese <b>v</b>	250 Cal/4 oz. serving
Hush Puppies <b>v</b>	70 Cal each
Choice of Two (2) Pulled Meats:	
Pulled BBQ Chicken	170 Cal/3 oz. serving
Cilantro-Lime Pulled Chicken	170 Cal/3 oz. serving
Pulled BBQ Pork	290 Cal/3 oz. serving
Anise Herbed Pulled Pork	220 Cal/3 oz. serving
Slider Buns v	80 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

## **THE BLAZER COOKOUT \$17.79**

Traditional Potato Salad <b>v</b>	240 Cal/4 oz. serving
Fresh Country Coleslaw <b>V EW</b>	170 Cal/3.5 oz. serving
Home-Style Kettle Chips <b>v</b>	190 Cal/1.25 oz. serving
Grilled Hamburgers with Buns	330 Cal each
Vegetarian Burger <b>V PF</b>	170 Cal each
Hot Dogs with Buns	310 Cal each
Garnish Tray (Lettuce, Onions, Pickles	
and Tomatoes) <b>vg</b>	0-10 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

#### **NOODLE BAR BASICS \$20.79**

Mesclun Salad with Fresh Orange, Kalamata Olives	
and Red Onion with a Balsamic Vinaigrette <b>VG PF</b>	70 Cal/2.25 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Choice of One (1) Pasta:	100 6-1/4
Cavatappi Noodles <b>vg</b> Fettuccine Noodles <b>vg</b>	180 Cal/4 oz. serving
	240 Cal/5.5 oz. serving
Choice of Two (2) Vegetables:  Broccoli <b>vg PF</b>	10 Cal/1 oz. serving
Onions VG	10 Cal/0.5 oz. serving
Tomatoes <b>vg</b>	10 Cal/ 0.5 02. serving
Zucchini <b>vg</b>	10 Cal/1 oz. serving
Choice of Two (2) Proteins:	10 Caly 1 02. Set Virig
Grilled Chicken EW	160 Cal/3 oz. serving
Italian Sausage	250 Cal/2 oz. serving
Shrimp	60 Cal/2 oz. serving
Tofu <b>v</b> g	80 Cal/2 oz. serving
Choice of Two (2) Sauces:	,
Marinara Sauce <b>vg</b>	200 Cal/4 oz. serving
Pesto Sauce	140 Cal/4 oz. serving
Alfredo Sauce <b>v</b>	240 Cal/4 oz. serving
Hearty Meat Sauce	140 Cal/4 oz. serving
Choice of One (1) Dessert:	
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

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## **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch <b>VG EW PF</b>	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette <b>EW</b>	180 Cal/3.75 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving
Antipasto Platter with Crostini	260 Cal/5 oz. serving
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Fried Chicken with Buttermilk Hot Sauce \$21.99	470 Cal/5.6 oz. serving
Lemon Artichoke Chicken Breast EW \$20.99	210 Cal/5.75 oz. serving
Asiago Chicken in a Roasted Red Pepper Sauce \$20.99	300 Cal/5 oz. serving
Roasted Turkey with Cranberry Relish \$22.69	200 Cal/3.5 oz. serving
Honey Mustard Pork Loin EW \$19.99	270 Cal/4 oz. serving
Maple Dijon Salmon <b>EW</b> \$23.99	270 Cal/3.25 oz. serving
Pesto Flank Steak \$24.99	260 Cal/3 oz. serving

BUFFET SIDES	
Pan Roasted Vegetables <b>V PF</b>	45 Cal/3 oz. serving
Italian Seasoned Green Beans <b>V EW PF</b>	40 Cal/3.25 oz. serving
Garlic Roasted Broccoli <b>vg EW PF</b>	40 Cal/1.76 oz. serving
Sweet Herbed Corn Pudding ${f v}$	350 Cal/4 oz. serving
Creamy Garlic Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Roasted Red Potatoes <b>vg</b>	100 Cal/2.75 oz. serving
Macaroni and Cheese <b>v</b>	250 Cal/4 oz. serving

BUFFET FINISHES	
Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
New York-Style Cheesecake	440 Cal/slice
Dulce De Leche Brownie <b>v</b>	230 Cal/2.25 oz. serving
Spiced Carrot Cake <b>v</b>	350 Cal/slice
Chocolate Cake <b>v</b>	340 Cal/slice
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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## **RECEPTIONS**

## **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

## **RECEPTION HORS D'OEUVRES (HOT)**

Franks in a Blanket \$24.59	40 Cal each
Beef Empanadas \$29.49	80 Cal each
Swedish Meatballs \$24.59	110 Cal each
Black Angus Mini Cheeseburgers (Sliders) \$54.09	50 Cal each
Chicken Quesadillas \$24.99	50 Cal each
Boneless Buffalo Wings \$27.49	110 Cal each
Mac n' Cheese Melts v \$25.59	80 Cal each
Spanakopita v \$25.59	60 Cal each
Vegetable Spring Rolls vg \$38.29	50 Cal each

## RECEPTION HORS D'OEUVRES (COLD)

Assorted Petit Fours <b>v</b> \$26.59	60-140 Cal each
Chocolate-Caramel Mini Cheesecakes <b>v</b> \$26.59	80 Cal each
Veggie Hummus Cup <b>VG EW PF</b> \$29.49	170 Cal each
Traditional Tomato Bruschetta Crostini <b>v</b> \$18.19	50 Cal each
Shrimp Cocktail MARKET PRICE	70 Cal each
Pimento Cheese & Bacon Toast Points \$18.19	110 Cal each

## UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





## **RECEPTIONS**

### **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 12 guests or more.

### CLASSIC SLICED CHEESE TRAY \$49.99 SERVES 12

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Crackers, Pita Chips and Crostini **V** 

290 Cal/2.75 oz. serving

## FRESH GARDEN CRUDITÉS \$45.79 SERVES 12

Fresh Garden Crudités with Ranch Dill Dip V PF

120 Cal/5 oz. serving

### SEASONAL FRESH FRUIT PLATTER \$38.99 SERVES 12

Seasonal Fresh Fruit vg PF

35 Cal/2.5 oz. serving

### **ANTIPASTO PLATTER \$69.99 SERVES 12**

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

## **HOUSE-MADE SPINACH DIP \$34.99 SERVES 12**

House-Made Spinach Dip served with Fresh Pita Chips  ${\bf v}$ 

230 Cal/2.25 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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## RECEPTIONS

#### CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

#### **DIM SUM \$13.79**

Gourmet Dessert Bars v

Egg Rolls 180 Cal each Pot Stickers 45 Cal each Choice of Two (2) Dipping Sauces: Sweet Soy Sauce v 40 Cal/1 oz. serving Sweet and Sour Sauce vo 30 Cal/1 oz. serving Chili Garlic Sauce vg 40 Cal/1 oz. serving Sweet and Spicy Boneless Chicken Wings with Celery Sticks 590 Cal/7.5 oz. serving

300-370 Cal/2.75-3.25 oz. serving

#### **HAPPY HOUR \$18.69**

Chilled Spinach Dip served with Pita Chips v 230 Cal/2.25 oz. serving Mini Cheesesteaks 180 Cal each

Buffalo Chicken Tenders served

with Blue Cheese Dip 560 Cal/6.75 oz. serving

Pretzels Bites with Beer Cheese v 410 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Gourmet Dessert Bars v 300-370 Cal/2.75-3.25 oz. serving

### **TRADITIONAL CARVING - ROASTED TURKEY \$16.79**

Carved Roasted Turkey EW 170 Cal/3 oz. serving Bakery-Fresh Dinner Rolls with Butter V 160 Cal each Sun-Dried Tomato Aioli v 210 Cal/1 oz. serving Cranberry-Mandarin Relish vg 60 Cal/1 oz. serving Mesquite Mayonnaise V 210 Cal/1 oz. serving

#### **BREAKS**

All prices are per person and available for 12 guests or more.

#### **ENERGY BREAK \$4.19**

Granola Bars v 130-250 Cal each Fruit Filled Bar v 130-250 Cal each Breakfast Bar v 130-250 Cal each

## **SNACK ATTACK \$7.89**

Assorted Chips v 100-160 Cal each Roasted Peanuts v 180 Cal/1 oz. serving Trail Mix v 290 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Bakery-Fresh Brownies v 250 Cal/2.25 oz. serving

#### **COFFEE BREAK \$5.89**

Assorted Craveworthy Cookies v 210-260 Cal each Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### EXECUTIVE COFFEE BREAK \$6.79

Assorted Dessert Bars v 300-360 Cal/2.75 oz. serving 250 Cal/2.25 oz. serving Bakery-Fresh Brownies v Starbucks Coffee. Decaf and Hot Tea 0 Cal/8 oz. serving



## **BEVERAGES & DESSERTS**

## **BEVERAGES**

Includes appropriate accompaniments

Bottled Water \$2.49 Each O Cal each Assorted Sodas (Can) \$1.99 Each 0-150 Cal each Assorted Individual Fruit Juices \$2.49 Each 110-170 Cal each Hot Water with Assorted Tea Bags \$20.89 Per Gallon 0 Cal/8 oz. serving Starbucks Regular Coffee \$27.79 Per Gallon O Cal/8 oz. serving Starbucks Decaffeinated Coffee \$27.79 Per Gallon 0 Cal/8 oz. serving Hot Chocolate \$24.99 Per Gallon 160 Cal/8 oz. serving Iced Tea \$18.19 Per Gallon O Cal/8 oz. serving Lemonade \$18.19 Per Gallon 90 Cal/8 oz. serving

### **DESSERTS**

Iced Water \$1.99 Per Gallon

Multi-Layer Chocolate Cake - serves 12

▼ Assorted Craveworthy Cookies \$16.99 Per Dozen 210-260 Cal each

0 Cal/8 oz. serving

▼ Bakery-fresh Brownies \$18.99 Per Dozen 250 Cal/2.25 oz. serving

▼ Gourmet Dessert Bars \$19.99 Per Dozen 300-360 Cal/2.75-3.25 oz. serving

New York Cheesecake - serves 16 \$39.99 360 Cal/3.74 oz. serving

**\$34.99** 290 Cal/2.93 oz. serving

### ORDERING INFORMATION

#### **Lead Time**

Notice of 4 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

### Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VFGAN

EW FAT WELL

V VEGETARIAN

PF PLANT FORWARD



## **Contact Us Today**

229.259.5510 catering@valdosta.edu Wilson-Andrew1@aramark.com www.valdosta.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change

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