



# **INSPIRED EXPERIENCES.** Our food is locally sourced and globally **CULINARY** inspired to connect you with community **FORWARD** and fuel your best work. Our people are genuine, passionate, and **THOUGHTFUL** empowered to do what it takes to make HOSPITALITY your moment special. Our common goodness considers PEOPLE & the environmental, social, ethical and PLANET economic impact of everything we do. Our experiences create connection and **INSPIRED** culture, bringing desired and inspired **EXPERIENCES** spaces to life.

2 LOUISIANA TECH CATERING SERVICES

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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



# **ALL-DAY PACKAGES**

## **ALL DAY DELICIOUS \$46.29**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 quests or more.

## **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Bottled Water	0 Cal each
Community Coffee	0 Cal/8 oz. serving

## **AM PERK UP**

Granola Bars <b>v</b>	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	O Cal each
Community Coffee	0 Cal/8 oz. serving

#### POWER UP LUNCH

POWER OF LUNCH	
Tomato and Cucumber Couscous Salad <b>vg</b>	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad <b>V EW</b>	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Green Beans Gremolata <b>vg EW PF</b>	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto <b>V EW</b>	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with	
a Lemon Tarragon White Wine Sauce <b>EW</b>	210 Cal/5.75 oz. serving
New York Cheesecake <b>v</b>	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

## PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips <b>v</b>	230 Cal/2.25 oz. serving
Grilled Vegetable Tray <b>vg EW PF</b>	70 Cal/3 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Community Coffee	0 Cal/8 oz. serving

## **MEETING WRAP UP \$38.39**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

## **MORNING MINI**

Miniature Muffins <b>v</b>	80-120 Cal each
Miniature Danish <b>v</b>	140-170 Cal each
Miniature Scones <b>v</b>	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	400-450 Cal each
Bottled Water	0 Cal each
Community Coffee	0 Cal/8 oz. serving

## THE ENERGIZER

Donut Holes <b>v</b>	45-90 Cal each
Ripe Bananas <b>vg EW PF</b>	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Community Coffee	0 Cal/8 oz. serving

#### IT'S A WRAP

II S A WKAI	
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap <b>V PF</b>	620 Cal each
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch <b>vg EW PF</b>	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>vg</b>	120 Cal/3 oz. serving
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

## **MID-DAY MUNCHIES**

Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Pico De Gallo <b>v</b>	5 Cal/1 oz. serving
Assorted Whole Fruit <b>VG EW PF</b>	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bottled Water	0 Cal each
Community Coffee	0 Cal/8 oz. serving

## **ALL-DAY PACKAGES**

## **SIMPLE PLEASURES \$30.49**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

## SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Bottled Water 0 Cal each Community Coffee 0 Cal/8 oz. serving

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta	520 Cal each
Ham and Swiss Sub	400 Cal each
Turkey and Swiss Sandwich	520 Cal each
Roasted Pepper and Mozzarella Ciabatta V EW PF	500 Cal each
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bottled Water	0 Cal each

## **MID-DAY MUNCHIES**

Tortilla Chips v 260 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roja vo 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Assorted Whole Fruit VG EW PF 45-100 Cal each Assorted Craveworthy Cookies v 210-260 Cal each **Bottled Water** O Cal each Community Coffee 0 Cal/8 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





## **BREAKFAST**

### **BREAKFAST COLLECTIONS**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

## MINI CONTINENTAL \$11.79

Miniature Muffins v 80-120 Cal each
Miniature Danish v 140-170 Cal each
Miniature Bagels v 110-160 Cal each
Seasonal Fresh Fruit Platter vg pf 35 Cal/2.5 oz. serving
Bottled Water 0 Cal each
Community Coffee 0 Cal/8 oz. serving

## **EUROPEAN CONTINENTAL \$15.69**

European Breakfast Charcuterie: Platter of Gruyere, Blue Cheese, Genoa Salami, Prosciutto, Orange Marmalade, Fig Cranberry Jam, Whole Grain Mustard, Hard-Boiled Egg,

Red Grapes and Crostini 400 Cal/4.5 oz. serving

Croissants with Butter and Jam V 370 Cal each Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Juice 110-170 Cal/8 oz. serving Bottled Water 0 Cal each Community Coffee 0 Cal/8 oz. serving

## **HEALTHY CHOICE BREAKFAST \$11.79**

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups190-230 Cal eachMilk120 Cal eachBananas VG EW PF100 Cal eachAssorted Yogurt Cups80-150 Cal eachBottled Water0 Cal eachCommunity Coffee0 Cal/8 oz. serving

## À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam **v** \$26.09 Per Dozen

290-450 Cal each

Assorted Muffins Served with Butter and Jam **v** \$26.09 Per Dozen

380-550 Cal each

Buttery Croissants Served with Butter and Jam

\$26.09 Per Dozen 370 Cal each

Cinnamon Rolls **v** \$27.39 Per Dozen 350 Cal each

Assorted Pastries **v** \$26.09 Per Dozen 210-530 Cal each

## BREAKFAST

### **HOT BREAKFAST**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

## **AMERICAN BREAKFAST \$14.29**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Croissants <b>v</b>	370 Cal each
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Community Coffee	0 Cal/8 oz. serving

*Al	l packages	include	necessary	accompan	iments	and	cond	iments.
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#### **SUNRISE SANDWICH BUFFET \$15.49**

Scasonar restributer <b>Vor</b>	Cai, 2.5 02. 3CI VIIIg
Breakfast Potatoes <b>v</b> 120-14	O Cal/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:	
Egg and Cheese English Muffin <b>v</b>	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup	VPF 440 Cal each
Spicy Southern Chicken Biscuit with Maple Sriracha Syru	560 Cal each

Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg

Bacon, Lettuce, Tomato, Avocado and Egg Bagel

on a Everything-Spiced Biscuit 370 Cal each

O Cal each **Bottled Water** Community Coffee O Cal/8 oz. serving

#### TRIPLE B (BREAKFAST BOWL BUFFET) \$16.79

Seasonal Fresh Fruit Platter vg PF

Seasonal Fresh Fruit Platter va DE

35 Cal/2.5 oz. serving

420 Cal each

35 Cal/2 5 oz serving

Choice of Two (2) International Breakfast Bowls: Vegan Breakfast Fried Rice with Diced Just® Egg, Onion, Red Pepper, Cabbage, Hash Browns and

Cauliflower Rice VG PF 320 Cal each

Southwest Vegan Breakfast Bowl with Cauliflower Rice, Vegan Chorizo, a Just® Egg Scramble, Vegan

Cheddar Cheese and Black Bean Corn Salsa vg PF 290 Cal each

Tzatziki Quinoa Bowl with Pork Sausage, Feta Cheese,

and Cucumber Tomato Salad PF 550 Cal each

Tzatziki Quinoa Veggie Bowl with Feta Cheese, and

Cucumber Tomato Salad PF 470 Cal each

Korean Breakfast Bowl with Diced Bacon, Roasted

570 Cal each Broccoli and Spinach over Jasmine Rice with Gochujang

Chorizo and Pepper Breakfast Bowl with Yukon

Potatoes and Cajun Spiced Hollandaise 470 Cal each **Bottled Water** O Cal each Community Coffee O Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply



# **BREAKFAST**

## **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 12 guests or more.

# EUROPEAN BREAKFAST CHARCUTERIE DISPLAY \$58.09 PER 12

Platter of Gruyere, Blue Cheese, Genoa Salami, Prosciutto, Orange Marmalade, Fig Cranberry Jam, Whole Grain Mustard, Hard-Boiled Egg, Red Grapes and Crostini

400 Cal/4.5 oz. serving

# BREAKFAST BURRITOS AND TACOS \$7.49 PER PERSON

Choice of Two (2) Breakfast Burritos and/or Tacos: Choose from Meat Lovers, Pico, Florentine, or Sweet Potato Breakfast Burritos; or Egg & Hashbrowns, Vegan Chorizo, Egg & Chorizo, or Sausage, Egg and Cheese Tacos. One (1) Burrito Per Person, Two (2) Tacos Per Person:

Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham	820 Cal each
Pico Burrito: Scrambled Egg, Cheddar, Potato and Pico de Gallo ${\bf v}$	440 Cal each
Florentine Burrito: Scrambled Eggs, Mushrooms, Roasted Peppers, Spinach and Cheddar <b>v</b>	580 Cal each
Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa Brown Rice, Egg White, Swiss Cheese, Spinach and Pesto <b>V EW PF</b>	450 Cal each
Egg & Hash Breakfast Tacos (2) <b>v</b> Vegan Chorizo Breakfast Tacos (2) <b>vg Ew</b> Egg & Chorizo Tacos (2) Sausage, Egg & Cheese Taco	270 Cal each 270 Cal each 350 Cal each 280 Cal each

## BISCUITS IN SAUSAGE GRAVY \$3.89 PER PERSON

5.89 570 Cal/7 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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# SANDWICHES & SALADS

## CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

#### **DELI EXPRESS \$15.49**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each 100-160 Cal each Individual Bags of Chips v Assorted Baked Breads and Rolls v 110-230 Cal each Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving 110 Cal/1 oz. serving Cheese Tray (Cheddar and Swiss) v Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) vg 10 Cal/1 oz. serving 210-260 Cal each

Choice of Two (2) Beverages: Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

## **PREMIUM BOX LUNCHES**

#### Blackened Chicken Ciabatta \$17.69

Assorted Craveworthy Cookies v

Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta 410 Cal each Spiced Sweet Potato Salad vg Ew 120 Cal/4 oz. serving Individual Bag of Chips v 100-160 Cal each 250 Cal/2.25 oz. serving Bakery-Fresh Brownie V **Bottled Water** O Cal each

#### Asian Grain Bowl with Chicken \$18.59

Chicken, Red Quinoa, Brown Rice, Kale, Garlic Broccoli, Edamame and Almonds with a Carrot Ginger Dressing EW PF 350 Cal/7.25 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

## Steakhouse Chop Salad \$18.59

Grilled Beef Steak tossed with Blue Cheese, Vegetables and Romaine tossed with Dijon Vinaigrette 220 Cal each Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

## **CLASSIC BOX LUNCH \$14.59**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each Individual Bag of Chips v 100-160 Cal each 210-260 Cal each Assorted Craveworthy Cookies v **Bottled Water** O Cal each

## **CLASSIC SELECTIONS SANDWICH BUFFET \$17.69**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg O Cal/1 oz. serving Individual Bags of Chips V 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Thai Beef Wrap with Roast Beef, Cucumber, Cabbage and Carrot topped with a Thai-inspired Soy Sauce with Basil, Cilantro, Mint and Crushed Red Pepper EW

Turkey, Bacon and Cheddar Baguette with a Mesquite Mayonnaise 790 Cal each

Muffuletta Ciabatta with Turkey and Swiss with Green

Olive Spread and Pesto Mayo 560 Cal each

Grilled Chicken Club with Bacon and Swiss on Toasted

Wheat Bread 790 Cal each

Chicken Caesar Wrap 630 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

280 Cal each

# **SANDWICHES & SALADS**

## **CLASSIC COLLECTIONS**

Choice of Two (2) Side Salads (pg 10)

Dill Pickle Slices vg

All prices are per person and available for 12 guests or more.

#### THE EXECUTIVE LUNCHEON \$20.39

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

30-240 Cal each

O Cal/1 oz. serving

### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread	740 Cal each
New Orleans Muffuletta with Smoked Ham, Genoa Salami, Provolone Cheese and Green Olive-Cauliflower Spread	620 Cal each
Vietnamese Pork Baguette with Cucumber, Pickled Daikon and Carrot, Cilantro, Jalapeno and Mayo	790 Cal each
Old Bay* Shrimp Roll	320 Cal each
Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce	600 Cal each
Turkey, Ham and Ranch Club with Bacon, Lettuce and Tomato	630 Cal each

\*All packages include necessary accompaniments and condiments.

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#### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Salidwich Bullets)	
Traditional Garden Salad with a Balsamic Vinaigrette Dressing <b>VG EW PF</b>	50 Cal/3.5 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	110 Cal/3.75 oz. serving
Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning <b>VG EW</b>	120 Cal/4 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing V	240 Cal/4 oz. serving
Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.5 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives <b>v</b>	80 Cal/3 oz. serving
Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions Combined in an Olive Oil Mix <b>VG EW</b>	140 Cal/3.25 oz. serving
Grilled Vegetable Pasta Salad with a Balsamic Dressing <b>vg</b>	120 Cal/3 oz. serving
Ranch Pasta Salad <b>v</b>	110 Cal/3 oz. serving
White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette <b>vg EW PF</b>	80 Cal/3.25 oz. serving

## **THEMED BUFFETS**

All prices are per person and available for 24 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## **SOUP AND SALAD BUFFET \$20.89**

Garden Fresh Mixed Greens <b>vg</b>	15 Cal/3 oz. serving
Sliced Red Onions <b>vg</b>	10 Cal/1 oz. serving
Tomatoes <b>vG</b>	10 Cal/1 oz. serving
Cucumbers <b>vg</b>	5 Cal/1 oz. serving
Shredded Carrots <b>vg</b>	10 Cal/0.5 oz. serving
Shredded Cheese <b>v</b>	60 Cal/0.5 oz. serving
Roasted Chickpea <b>vg</b>	100 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	80 Cal/2 oz. serving
Ranch Dressing <b>v</b>	200 Cal/2 oz. serving
Italian Dressing <b>v</b>	80 Cal/2 oz. serving
Croutons <b>v</b>	60 Cal/0.5 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Soup Du Jour	140-240 Cal/8 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

# SUNDAY BBQ \$21.59

Apple Bacon Coleslaw	150 Cal/3.25 oz. serving
Baked Sweet Potatoes <b>vg EW PF</b>	120 Cal/4.2 oz. serving
Sautéed Green Beans and Peppers <b>vg EW PF</b>	90 Cal/3.5 oz. serving
BBQ Beef Brisket	140 Cal/3 oz. serving
Slider Buns <b>v</b>	80 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

## **TASTY TEX MEX \$21.59**

IASIT IEA MEA \$21.59	
Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Mexican Rice <b>vg</b>	130 Cal/3 oz. serving
Charro Beans <b>VG EW PF</b>	80 Cal/3 oz. serving
Sauteed Peppers and Onions <b>vg</b>	140 Cal/2 oz. serving
Choice of One (1) Type of Fajitas:	
Beef Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
Citrus Braised Pork with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/3 oz. serving
Vegan Chorizo with Tortillas and Vegan Cheese ${f v}$	380 Cal/2 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo <b>vg</b>	10 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Salsa Roja <b>vg</b>	20 Cal/1 oz. serving
Cinnamon Crisps <b>v</b>	20 Cal each





## **THEMED BUFFETS**

All prices are per person and available for 24 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

TACO DEL SEOUL \$26.29	
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	50 Cal/1 oz. serving
Sweet and Sour Sauce <b>vg</b>	40 Cal/ 1 oz. serving
Chili Garlic Sauce <b>v</b> g	40 Cal/1 oz. serving
Corn Tortillas <b>vg</b>	40 Cal each
Bibb Lettuce Wrap <b>vg</b>	0 Cal/0.5 oz. serving
Jasmine Rice <b>v</b> g	130 Cal/3 oz. serving
Choice of Two (2) Proteins:	
Korean BBQ Chicken	140 Cal/2 oz. serving
Korean BBQ Pork	130 Cal/2 oz. serving
Korean BBQ Tofu <b>v</b> g	140 Cal/2 oz. serving
Asian Slaw <b>vg EW PF</b>	20 Cal/1.25 oz. serving
Pickled Cucumbers <b>VG</b>	10 Cal/1 oz. serving
Pickled Carrot and Daikon VG PF	10 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>vg</b>	5 Cal/1 oz. serving
Mango Salsa <b>v</b>	30 Cal/1 oz. serving
Shredded Green Cabbage <b>v</b> c	0 Cal/0.5 oz. serving
Scallions <b>vg</b>	0 Cal/0.25 oz. serving
Cilantro <b>vg</b>	0 Cal/0.125 oz. serving
Toasted Sesame Seeds <b>vg</b>	20 Cal/0.125 oz. serving
Chopped Peanuts vg	40 Cal/0.25 oz. serving
Coconut Mango Rice Dessert VPF	220 Cal/5.85 oz. serving

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Mesclun Salad with Fresh Orange, Kalamata Olives	
and Red Onion with a Balsamic Vinaigrette <b>vg PF</b>	70 Cal/2.25 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Choice of One (1) Pasta:	
Cavatappi Noodles <b>v</b>	180 Cal/4 oz. serving
Fettuccine Noodles <b>vg</b>	240 Cal/5.5 oz. serving
Choice of Two (2) Vegetables:	
Broccoli <b>vg pf</b>	10 Cal/1 oz. serving
Onions <b>vg</b>	10 Cal/0.5 oz. serving
Tomatoes <b>v</b> s	10 Cal/1 oz. serving
Zucchini <b>v</b>	10 Cal/1 oz. serving
Choice of Two (2) Proteins:	
Grilled Chicken <b>EW</b>	160 Cal/3 oz. serving
Italian Sausage	250 Cal/2 oz. serving
Shrimp	60 Cal/2 oz. serving
Tofu <b>vg</b>	80 Cal/2 oz. serving
Choice of Two (2) Sauces:	
Marinara Sauce <b>vG</b>	200 Cal/4 oz. serving
Pesto Sauce	140 Cal/4 oz. serving
Alfredo Sauce V	240 Cal/4 oz. serving
Hearty Meat Sauce	140 Cal/4 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

### THEMED BUFFETS

All prices are per person and available for 24 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## **BAKED POTATO BAR \$20.89**

Classic Garden Salad with Fresh Seasonal Vegetables

and Balsamic Vinaigrette and Ranch vg EW PF 50 Cal/3.5 oz. serving

Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar

Cheese, Scallions and Sour Cream 660 Cal/12 oz. serving

Choice of One (1) Dessert:

Apple Cobbler v 350 Cal/4.75 oz. serving Apple Pie vg 410 Cal/slice Add on Cheddar Cheese Sauce v 60 Cal/1 oz. serving

## **ASIAN ACCENTS \$26.29**

Peanut Lime Ramen Noodles <b>v</b>	210 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	50 Cal/1 oz. serving
Sweet and Sour Sauce <b>vg</b>	40 Cal/ 1 oz. serving
Chili Garlic Sauce <b>vg</b>	40 Cal/1 oz. serving
Choice of One (1) Rice:	
White Rice <b>vg</b>	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
Steamed Brown Rice <b>vg EW</b>	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans EW	140 Cal/3 oz. serving
Fortune Cookies	20 Cal each

## **HEARTLAND BUFFET \$24.59**

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette

Bakery-Fresh Rolls with Butter v Roasted New Potatoes vg Fresh Herbed Vegetables VG EW PF Grilled Lemon Rosemary Chicken EW Oreo Blondies v

180 Cal/3.75 oz. serving 160 Cal each 110 Cal/2.75 oz. serving 100 Cal/3.5 oz. serving 130 Cal/3 oz. serving

270 Cal/1.75 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch <b>VG EW PF</b>	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving
Antipasto Salad PF	170 Cal/3 oz. serving
Traditional Hummus with Toasted Pita ${f v}$	130 Cal/1.75 oz. serving
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Asiago Chicken in a Roasted Red Pepper Sauce \$26.09	300 Cal/5 oz. serving
Grilled Lemon Rosemary Chicken EW \$22.69	130 Cal/3 oz. serving
Roasted Turkey with Cranberry Relish \$22.69	200 Cal/3.5 oz. serving
Oven-Roasted Seasoned Pork in a Brown Sugar-Pecan Sauce <b>EW</b> \$22.69	460 Cal/5 oz. serving
Asian Marinated Steak \$28.29	190 Cal/3 oz. serving
Roast Beef with Demi Glace \$26.09	260 Cal/6 oz. serving
Crispy Five Spice Tofu <b>vg EW PF</b> \$19.29	340 Cal/5 oz. serving

BUFFET SIDES	
Pan Roasted Vegetables <b>VPF</b>	45 Cal/3 oz. serving
Fresh Herbed Vegetables <b>VG EW PF</b>	100 Cal/3.5 oz. serving
Mashed Sweet Potatoes <b>VPF</b>	110 Cal/4.25 oz. serving
Buttermilk Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Roasted Red Potatoes <b>vg</b>	100 Cal/2.75 oz. serving
Savory Herbed Rice <b>v vg</b>	150 Cal/3.5 oz. serving
Macaroni and Cheese <b>v</b>	250 Cal/4 oz. serving

BUFFET FINISHES	
Apple Pie <b>v vg</b>	410 Cal/slice
Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
New York-Style Cheesecake	440 Cal/slice
Spiced Carrot Cake <b>v</b>	350 Cal/slice
Chocolate Cake <b>v</b>	340 Cal/slice
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

\*All packages include necessary accompaniments and condiments.

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# **RECEPTIONS**

## **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

## **RECEPTION HORS D'OEUVRES (HOT)**

Swedish Meatballs <b>\$24.59</b>	110 Cal each
Black Angus Mini Cheeseburgers (Sliders) \$54.09	50 Cal each
Pecan Chicken Tenders \$27.49	40 Cal each
Boneless Sweet 'n Spicy Wings \$34.09	150 Cal each
Coconut Shrimp \$33.89	50 Cal each
Crab Cakes <b>\$36.69</b>	35 Cal each
Vegetable Spring Rolls vg \$45.99	50 Cal each

## **RECEPTION HORS D'OEUVRES (COLD)**

Chocolate-Caramel Mini Cheesecakes <b>v</b> \$26.59	80 Cal each
Mediterranean Antipasto Skewers <b>v</b> \$35.19	60 Cal each
Veggie Hummus Cup <b>VG EW PF</b> \$29.49	170 Cal each
Traditional Tomato Bruschetta Crostini <b>v</b> \$18.69	50 Cal each
Shrimp and Avocado Toast Points <b>EW</b> \$21.79	70 Cal each
Shrimp Cocktail Market Price	70 Cal each

# UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





# RECEPTIONS

## **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 24 guests or more.

## **CLASSIC CHEESE TRAY \$5.89 PER PERSON**

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini  ${\bf v}$ 

290 Cal/2.75 oz. serving

## SEASONAL FRESH FRUIT PLATTER \$3.69 PER PERSON

Seasonal Fresh Fruit va pe

35 Cal/2.5 oz. serving

## **ANTIPASTO PLATTER \$7.89 PER PERSON**

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

# CHEF'S CHOICE CHARCUTERIE BOARD MARKET PRICE PER PERSON

Charcuterie Board

Calories Vary Per Assortment

## HOUSE-MADE SPINACH DIP \$48.29 SERVES 12

House-Made Spinach Dip served with Fresh Pita Chips  ${\bf V}$ 

230 Cal/2.25 oz. serving

\*All packages include necessary accompaniments and condiments.

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In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## RECEPTIONS

### CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 24 guests or more.

### **MEZZE DELIGHT \$11.79**

Pita Chips v 130 Cal/2 oz. serving Hummus **VG PF** 320 Cal/2 oz. serving 90 Cal/4 oz. serving Baba Ghanoush vg PF 140 Cal/3.25 oz. serving Tabbouleh Salad vg EW Marinated Olives VG PF 150 Cal/2.75 oz. serving Seasonal Vegetables vg EW PF 70 Cal/3 oz. serving Falafel vg 35 Cal each

## **DIM SUM \$13.79**

Egg Rolls 180 Cal each Pot Stickers 45 Cal each

Choice of Two (2) Dipping Sauces:

Sweet Soy Sauce v 40 Cal/1 oz. serving Sweet and Sour Sauce vo 30 Cal/1 oz. serving Chili Garlic Sauce vg 40 Cal/1 oz. serving

Sweet and Spicy Boneless Chicken Wings

with Celery Sticks 590 Cal/7.5 oz. serving Gourmet Dessert Bars v 300-370 Cal/2.75-3.25 oz. serving

## **HAPPY HOUR \$18.69**

Chilled Spinach Dip served with Pita Chips v 230 Cal/2.25 oz. serving 180 Cal each Mini Cheesesteaks

Buffalo Chicken Tenders served

with Blue Cheese Dip 560 Cal/6.75 oz. serving

410 Cal each Pretzels Bites with Beer Cheese v Assorted Craveworthy Cookies v 210-260 Cal each 300-370 Cal/2.75-3.25 oz. serving Gourmet Dessert Bars v

#### **BREAKS**

All prices are per person and available for 12 guests or more.

#### **ENERGY BREAK \$4.79**

Granola Bars v 130-250 Cal each Fruit Filled Bar v 130-250 Cal each Breakfast Bar V 130-250 Cal each

## SUGAR AND SPICE \$7.89

Sugar Craveworthy Cookies v 230 Cal each **Gummy Bears** 400 Cal/4 oz. serving Popcorn **v** 110 Cal/1.25 oz. serving Cajun Chips 260 Cal/2 oz. serving Savory Snack Mix v 430 Cal/3.75 oz. serving

#### **EXECUTIVE COFFEE BREAK \$6.79**

Assorted Dessert Bars v 300-360 Cal/2.75 oz. serving Bakery-Fresh Brownies v 250 Cal/2.25 oz. serving Community Coffee 0 Cal/8 oz. serving



# **BEVERAGES & DESSERTS**

## **BEVERAGES**

Includes appropriate accompaniments

Bottled Water \$2.49 Each O Cal each

Assorted Sodas (Can) \$1.99 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.49 Each 110-170 Cal each

Regular Coffee \$21.99 Per Gallon 0 Cal/8 oz. serving

Decaffeinated Coffee \$21.99 Per Gallon 0 Cal/8 oz. serving

Hot Water with Assorted Tea Bags

\$21.99 Per Gallon O Cal/8 oz. serving

Iced Tea \$19.99 Per Gallon O Cal/8 oz. serving

Lemonade \$21.99 Per Gallon 90 Cal/8 oz. serving

Iced Water \$1.59 Per Gallon 0 Cal/8 oz. serving

Infused Water \$11.09 Per Gallon Choice of One (1) Fruit Infused Water:

Lemon Infused Water0 Cal/8 oz. servingOrange Infused Water10 Cal/8 oz. servingApple Infused Water20 Cal/8 oz. servingCucumber Infused Water10 Cal/8 oz. servingGrapefruit Infused Water10 Cal/8 oz. serving

## **DESSERTS**

▼ Assorted Craveworthy Cookies \$25.79 Per Dozen 210-260 Cal each

▼ Bakery-fresh Brownies \$21.99 Per Dozen 250 Cal/2.25 oz. serving

▼ Chocolate Chip Cookie Brownies \$21.99 Per Dozen 280 Cal/2.6 oz. serving

**v** Gourmet Dessert Bars

\$38.49 Per Dozen 300-360 Cal/2.75-3.25 oz. serving

Custom Artisan Cupcakes \$36.49 Per Dozen

Chocolate Cupcake with Fudge Icing VG
Vanilla Cupcake V

Bananas Foster Cupcake V

Devil's Food Cupcake V

480 Cal each
180 Cal each
180 Cal each
380 Cal each

## ORDERING INFORMATION

#### **Lead Time**

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

**VG** VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



## **Contact Us Today**

318.257.3213 eppinette-lisa@aramark.com www.latech.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change

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