# EVERYDAY MENU

PHILLIPS ACADEMY CATERING



# **ALL-DAY PACKAGES**

Choose one of these 3 packages to sustain you throughout the day.

# ALL DAY DELICIOUS \$36.99

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 10 quests or more.

## **DELICIOUS DAWN**

380-550 Cal each
400-440 Cal each
35 Cal/2.5 oz. serving
110-170 Cal/8 oz. serving
0 Cal/8 oz. serving
0 Cal/8 oz. serving

## AM PERK UP

💌 Granola Bars	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal eac
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **POWER UP LUNCH**

Tomato and Cucumber Couscous Salad 💌 😳 Orange Fennel Spinach Salad ♥ Bakery-Fresh Rolls with Butter 🤓 😳 🖻 Green Beans Gremolata 💌 😳 Three Pepper Cavatappi with Pesto © Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce New York Cheesecake lced Tea Iced Water

## PM PICK ME UP

 Chilled Spinach Dip with Tortilla Chips 🥶 😳 🖻 Grilled Vegetable Tray Bakery-Fresh Brownies Iced Water Gourmet Coffee, Decaf and Hot Tea ch ch ng ng nq

120 Cal/3.75 oz. serving 210 Cal/3.2 oz. serving 160 Cal each 70 Cal/3 oz. serving 280 Cal/7.5 oz. serving

210 Cal/5.75 oz. serving 360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving

230 Cal/2.25 oz. serving 70 Cal/3 oz. serving 250 Cal/2.25 oz. serving 0 Cal/8 oz. serving 0 Cal/8 oz. serving

# **ALL-DAY PACKAGES**

# MEETING WRAP UP \$32.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 10 guests or more.

### MORNING MINI

Miniature Muffins
Miniature Danish
Miniature Scones
Yogurt Parfait Cups Iced Water
Gourmet Coffee, Decaf and Hot Tea

## THE ENERGIZER

♥ Donut Holes
 ♥ ♥ № Ripe Bananas
 Iced Tea
 Iced Water
 Gourmet Coffee, Decaf and Hot Tea

## IT'S A WRAP

Chicken Caesar Wrap Pepper Jack Tuna Wrap Cran-Apple Turkey Wrap Cran-Apple Turkey Wrap Cran-Apple Turkey Wrap Cran-Apple Turkey Wrap Seasonal Fresh Fruit Salad Choice of One (1) Salad: Choice of

### **MID-DAY MUNCHIES**

Tortilla Chips
 Choice of Two (2) Salsas:
 Salsa Roja
 Salsa Verde
 Pico De Gallo
 Seasorted Whole Fruit
 Assorted Craveworthy Cookies
 Iced Water
 Gourmet Coffee, Decaf and Hot Tea

#### 80-120 Cal each 140-170 Cal each 100-110 Cal each 400-450 Cal each 0 Cal/8 oz. serving 0 Cal/8 oz. serving

- 45-90 Cal each 100 Cal each 0 Cal/8 oz. serving 0 Cal/8 oz. serving 0 Cal/8 oz. serving
- 630 Cal each 610 Cal each 660 Cal each 620 Cal each 35 Cal/2.5 oz. serving

50 Cal/3.5 oz. serving 120 Cal/3 oz. serving 100-160 Cal each 210-260 Cal each 250 Cal/2.25 oz. serving 0 Cal/8 oz. serving 0 Cal/8 oz. serving

#### 260 Cal/3 oz. serving

20 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/1 oz. serving 45-100 Cal each 210-260 Cal each 0 Cal/8 oz. serving 0 Cal/8 oz. serving

# SIMPLE PLEASURES \$23.99

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 10 guests or more.

## SIMPLE CONTINENTAL

Assorted Donuts
 Assorted Bagels
 Orange Juice
 Iced Water
 Gourmet Coffee, Decaf and Hot Tea

240-500 Cal each 290-450 Cal each 120 Cal/8 oz. serving 0 Cal/8 oz. serving 0 Cal/8 oz. serving

# BOX LUNCH

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Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:	
Tuna Salad Ciabatta	520 Cal each
Ham and Swiss Sub	400 Cal each
Turkey and Swiss Sandwich	520 Cal each
🗴 💿 🕸 Roasted Pepper and Mozzarella Ciabatta	500 Cal each
🖲 Individual Bag of Chips	100-160 Cal each
<ul> <li>Assorted Craveworthy Cookies</li> </ul>	210-260 Cal each
Iced Water	0 Cal/8 oz. serving

### **MID-DAY MUNCHIES**

💌 Tortilla Chips
Choice of Two (2) Salsas:
🤓 Salsa Roja
🥶 Salsa Verde
🥶 Pico De Gallo
呕 😳 🖗 Assorted Whole Fruit
<ul> <li>Assorted Craveworthy Cookies</li> </ul>
Iced Water
Gourmet Coffee, Decaf and Hot Tea

260 Cal/3 oz. serving

20 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/1 oz. serving 45-100 Cal each 210-260 Cal each 0 Cal/8 oz. serving 0 Cal/8 oz. serving

 $^{*}\mbox{All}$  packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# BREAKFAST

# **BREAKFAST COLLECTIONS**

All prices are per person and available for 10 quests or more. All appropriate condiments included.

### **BASIC BEGINNINGS** \$4.49

Choice of One (1) Breakfast Pastry:

💌 Assorted Danish	250-420 Cal each
<ul> <li>Assorted Muffins</li> </ul>	380-550 Cal each
<ul> <li>Assorted Scones</li> </ul>	400-440 Cal each
<ul> <li>Assorted Bagels</li> </ul>	290-450 Cal each
<ul> <li>Croissants</li> </ul>	370 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### MINI CONTINENTAL \$6.49

Miniature Muffins	80-120 Cal each
🛚 Miniature Danish	140-170 Cal each
🖲 Miniature Bagels	110-160 Cal each
🤓 🖭 Seasonal Fresh Fruit Platter	35 Cal/2.5 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## HEALTHY CHOICE BREAKFAST \$7.69

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day Individual Cereal Cups 190-230 Cal each 120 Cal each Milk 🤓 😳 💇 Bananas 100 Cal each Assorted Yogurt Cups 80-150 Cal each Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

# À LA CARTE BREAKFAST

<ul> <li>Assorted Pastries \$7.99 Per Dozen</li> </ul>	210-530 Cal each
© ً∞ Seasonal Fresh Fruit Platter \$2.69 Per Person	35 Cal/2.5 oz. serving
🖲 Greek Yogurt Cups 🖇 \$1.69 Each	60-130 Cal each
🜝 👓 🚈 Whole Fruit 🖇 0.49 Each	45-100 Cal each
💌 House Granola per person \$0.59	270 Cal/2 oz. serving
🖲 Homemade Granola Bar Per Dozen \$8.99	150 Cal each

\*All packages include necessary accompaniments and condiments

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# BREAKFAST

# **HOT BREAKFAST**

All prices are per person and available for 10 guests or more. All appropriate condiments included.

## AMERICAN BREAKFAST \$9.99

Choice of One (1) Breakfast Pastry:	
<ul> <li>Assorted Danish</li> </ul>	250-
<ul> <li>Assorted Muffins</li> </ul>	380-
<ul> <li>Assorted Scones</li> </ul>	400-4
<ul> <li>Assorted Bagels</li> </ul>	290-
♥ Croissants	
🖲 Breakfast Potatoes	120-140 Cal
Crisp Bacon	
Breakfast Sausage	120-
Cage-Free Scrambled Eggs	180 Cal
Iced Water	0 Cal
Gourmet Coffee, Decaf and Hot Tea	0 Cal

250-420 Cal each 380-550 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each 0-140 Cal/3 oz. serving 60 Cal each 120-180 Cal each 180 Cal/4 oz. serving 0 Cal/8 oz. serving 0 Cal/8 oz. serving

### SUNRISE SANDWICH BUFFET \$10.99

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😎 🖻 Seasonal Fresh Fruit Platter	35 Cal/2.5 oz. serving
	-140 Cal/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:	
🖲 Egg and Cheese English Muffin	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
💌 座 Spicy Veggie Sausage Biscuit with Maple	
Sriracha Syrup	440 Cal each
Spicy Southern Chicken Biscuit with Maple	
Sriracha Syrup	560 Cal each
Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg	
on a Everything-Spiced Biscuit	370 Cal each
Bacon, Lettuce, Tomato, Avocado and Egg Bag Iced Water	el 420 Cal each 0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## FRENCH TOAST BUFFET \$9.99

🖲 Breakfast Potatoes	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Orange Cinnamon French Toast	100 Cal each
👁 Maple Syrup	70 Cal/1 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply



# BREAKFAST

# **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 10 guests or more.

#### YOGURT PARFAIT BAR \$5.09 Per Person

Choice of Two (2) Yogurt Flavors:

🖲 Greek Yogurt	60 Cal/4 oz. serving
💌 Strawberry Yogurt	80 Cal/4 oz. serving
💌 Vanilla Yogurt	80 Cal/4 oz. serving
🥶 🖭 Diced Pineapple	30 Cal/2 oz. serving
🤓 🖻 Fresh Strawberries	20 Cal/2 oz. serving
呕 Walnuts	90 Cal/0.5 oz. serving
🖲 Honey	40 Cal/0.5 oz. serving
🖲 Granola	110 Cal/1 oz. serving

#### BELGIAN WAFFLES \$6.39 Per Person

🖲 Belgian Waffles	90 Cal each
🐵 Fruit Toppings (may include Strawberry, Peach	l,
Blueberry, Strawberry-Peach, Apple Cinnamon)	20 Cal/1 oz. serving
🖲 Whipped Cream	50 Cal/0.5 oz. serving
👁 Maple Syrup	70 Cal/1 oz. serving

#### OVERNIGHT OATS \$2.49

Individual Cups of Homemade Strawberry Overnight Oats

• Overnight Oats

140 Cal/6 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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# SANDWICHES & SALADS

# **CLASSIC COLLECTIONS**

All prices are per person and available for 10 guests or more.

### DELI EXPRESS \$11.19

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips 100-160 Cal each Assorted Baked Breads and Rolls 110-230 Cal each Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving Cheese Tray (Cheddar and Swiss) 110 Cal/1 oz. serving 👁 Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) 10 Cal/1 oz. serving Assorted Craveworthy Cookies 210-260 Cal each Choice of Two (2) Beverages: 90 Cal/8 oz. serving Lemonade lced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

### PREMIUM BOX LUNCHES

Asian Chicken Salad \$14.99

 Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame Dressing
 Bakery-Fresh Roll with Butter
 Fresh Fruit Cup
 Lemon Cheesecake Bar
 Bottled Water

Mediterranean Chicken and Grain Salad \$14.99

 Chicken, Farro, Roasted Cauliflower, Feta Cheese and Kalamata Olives in a Lemon Garlic Vinaigrette
 Bakery-Fresh Roll with Butter
 Fresh Fruit Cup
 Lemon Cheesecake Bar Bottled Water

Mediterranean Quinoa Salad \$14.99

 Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and Pita
 Bakery-Fresh Roll with Butter
 Fresh Fruit Cup
 Lemon Cheesecake Bar Bottled Water

450 Cal/15 oz. serving 160 Cal each 35 Cal/2.5 oz. serving 300 Cal/2.75 oz. serving 0 Cal each

340 Cal each/7 oz. serving

35 Cal/2.5 oz. serving

300 Cal/2.75 oz. serving

160 Cal each

0 Cal each

#### ADDITIONAL PREMIUM BOX LUNCH OPTIONS AVAILABLE UPON REQUEST!

Please contact your catering professional!

### CLASSIC BOX LUNCH \$10.69

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

- Choice of One (1) Classic Sandwich (See Below)
- Individual Bag of Chips
- Assorted Craveworthy Cookies
- Bottled Water

130-790 Cal each 100-160 Cal each 210-260 Cal each 0 Cal each

#### CLASSIC SELECTIONS SANDWICH BUFFET \$15.69

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)

- Dill Pickle Slices
- Individual Bags of Chips
- Choice of Three (3) Classic Sandwiches
- Assorted Craveworthy Cookies Choice of Two (2) Beverages:
- Lemonade Iced Tea Iced Water

90 Cal/8 oz. serving 0 Cal/8 oz. serving 0 Cal/8 oz. serving

20-240 Cal each

0 Cal/1 oz. serving

100-160 Cal each

130-790 Cal each

210-260 Cal each

## CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)	
Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread	420 Cal each
Roast Beef and Cheddar Sandwich	430 Cal each
Deli Sliced Turkey and Swiss on Hearty Wheat Bread	520 Cal each
Chicken Caesar Wrap	630 Cal each
🖲 Tomato, Mozzarella and Pesto on Foccacia	370 Cal each

# SANDWICHES & SALADS

# **CLASSIC COLLECTIONS**

All prices are per person and available for 10 guests or more.

### THE EXECUTIVE LUNCHEON \$17.49

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
© Dill Pickle Slices	0 Cal/1 oz. serving
<ul> <li>Individual Bags of Chips</li> </ul>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
<ul> <li>Assorted Craveworthy Cookies</li> </ul>	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

## EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Swiss Ciabatta with a Red Onion Apricot Relish	520 Cal each
Turkey and Avocado Mayo on Multigrain	390 Cal each
Buffalo Chicken Baguette with Ranch Dressing, Blue Cheese, Lettuce, Tomato and Onion	640 Cal each
Spicy Southwest Chicken Baguette with Monterey Jack Cheese and Pico De Gallo	640 Cal each
Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce	600 Cal each
♥ <sup>®</sup> Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette	680 Cal each

### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

	😎 🥯 🕅 Traditional Garden Salad with a Balsamic Vinaigrette Dressing	50 Cal/3.5 oz. serving
	👓 🖻 Arugula Salad with Cauliflower and Beets	120 Cal/2.5 oz. serving
ר ק ו	© © Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning	120 Cal/4 oz. serving
ו ו ן	Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing	240 Cal/4 oz. serving
9	Grilled Vegetable Pasta Salad with a Balsamic Dressing	120 Cal/3 oz. serving
	💌 🖻 Herbed Quinoa Side Salad	110 Cal/3.5 oz. serving
ı	© ©      Chickpea Salad with Fresh Cucumbers, Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning	90 Cal/3.5 oz. serving
ר ז	Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic	120 Cal/4 oz. serving
ı		

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# THEMED BUFFETS

All prices are per person and available for 15 quests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### SPRING FLING \$16.09

Choice of Two (2) Sides:	
Asian Edamame Salad	130 Cal/4 oz. serving
💌 😳 Red Quinoa & Pickled Onion Salad	50 Cal/2 oz. serving
🜝 😳 🖻 Roasted Beet & Arugula Salad	120 Cal/4 oz. serving
🐵 🖻 Asparagus, Mushroom & Farro Caesar	110 Cal/4 oz. serving
🐵 🖻 Roasted Red Potatoes	100 Cal/4 oz. serving
👁 Asparagus Vegetable Sautee	60 Cal/4 oz. serving
Choice of Two (2) Entrées:	
Grilled BBQ Pork Chops	180 Cal/3 oz. serving
💷 Grilled Montreal Cod	80 Cal/3 oz. serving
😳 Crispy Tofu	340 Cal/5 oz. serving
😎 😳 🖻 Eggplant Meatball	50 Cal each
Beef Tri-Tip Chimichurri	210 Cal/3 oz. serving
Grilled Peri Peri Chicken	140 Cal/3 oz. serving
Choice of Two (2) Sauces:	
Chimichurri Mayonnaise	150 Cal/1 oz. serving
🖲 Green Chile Relish	15 Cal/1 oz. serving
🤓 Chermoula Crema	40 Cal/1 oz. serving
💌 Harissa Aioli	160 Cal/1 oz. serving
💌 Peri Peri Sauce	40 Cal/1 oz. serving
👁 Brookie "Chocolate Chip Cookie Brownie"	280 Cal/2.75 oz serving

# **BUFFETS**

#### POWER BOOST BOWLS \$16.69

Choice of One (1) Grain: 🤓 😳 🖻 Lemon Herbed Farro 🚾 😳 🖭 Quinoa and Lentils Choice of One (1) Greens: 🥶 🖻 Kale Mix 💿 🖻 Romaine Aruqula Mix Choice of Two (2) Proteins: Lemon Garlic Chicken Hard-Cooked Egg Grilled Sumac Salmon Choice of Three (3) Toppings: 🧐 😳 🎰 Spicy Roasted Broccoli Sliced Avocado 🤓 😳 🏂 Turmeric Roasted Cauliflower 🚾 Garbanzo Beans 🤓 😳 🖄 Roasted Butternut Squash 🤓 😳 💇 Roasted Mushrooms Shredded Beets 呕 Edamame Choice of Two (2) Sauces: Greek Yogurt Ranch Dressing • Pesto Vinaigrette Tahini Tzatziki Dressing Choice of Two (2) Garnishes: Feta Cheese Crumbles Pickled Red Onion Toasted Walnuts Shaved Parmesan Brown Butter Pumpkin Seeds Choice of One (1) Dessert: Baklava Assorted Craveworthy Cookies

ALL-AMERICAN PICNIC \$15.99

Traditional Potato Salad

💌 😳 Fresh Country Coleslaw

Grilled Hamburgers with Buns

Garnish Tray (Lettuce, Onions,

Assorted Craveworthy Cookies

Add on Grilled Chicken Breast for an Additional Fee

Home-Style Kettle Chips

💌 🖻 Vegetarian Burger

Pickles and Tomatoes)

Bakery-Fresh Brownies

Hot Dogs with Buns

#### 150 Cal/4 oz. serving 90 Cal/3 oz. serving

10 Cal/3 oz. serving 5 Cal/3 oz. serving

130 Cal each 80 Cal each 120 Cal/3 oz. serving

45 Cal/3 oz. serving 90 Cal/2 oz. serving 35 Cal/2 oz. serving 40 Cal/3 oz. serving 80 Cal/2 oz. serving 110 Cal/3 oz. serving 30 Cal/2 oz. serving 80 Cal/2 oz. serving 80 Cal/1 oz. serving 140 Cal/1 oz. serving 30 Cal/1 oz. serving 80 Cal/1 oz. serving

20 Cal/1 oz. serving 190 Cal/1 oz. serving 110 Cal/1 oz. serving 170 Cal/1 oz. serving

> 70 Calleach 210-260 Cal each

240 Cal/4 oz. serving 170 Cal/3.5 oz. serving 190 Cal/1.25 oz. serving 330 Cal each 170 Cal each 310 Calleach

0-10 Cal/1 oz. serving 210-260 Cal each 250 Cal/2.25 oz. serving

160 Cal/3 oz. serving

# **BUFFETS**

# THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### BASIC ITALIAN BUFFET \$15.09

© ∞ <sup>∞</sup> Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch 50 Cal/3.5 oz. serving

- Garlic Breadsticks
   Home-Style Lasagna with Parmesan Cheese
   Choice of One (1) Vegetarian Lasagna:
- 🖲 🕅 Cauliflower Lasagna
- Vegetable Alfredo Lasagna
- Chocolate Dipped Biscotti

410 Cal/8.375 oz. serving 470 Cal/11 oz. serving 190 Cal each

340 Cal/7.25 oz. serving

110 Cal each

### TASTY TEX MEX \$15.99

<ul> <li>Tortilla Chips</li> <li>Mexican Rice</li> <li> <sup>(2)</sup> Mario Beans      </li> <li>Sauteed Peppers and Onions     </li> </ul>	260 Cal/3 oz. serving 130 Cal/3 oz. serving 80 Cal/3 oz. serving 140 Cal/2 oz. serving
Choice of One (1) Type of Fajitas: Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream Citrus Braised Pork with Tortillas.	580 Cal/5 oz. serving
Shredded Cheddar and Sour Cream Vegan Chorizo with Tortillas and	580 Cal/3 oz. serving
Vegan Cheese Choice of Two (2) Salsas:	380 Cal/2 oz. serving
<ul> <li>Pico De Gallo</li> <li>Salsa Verde</li> <li>Salsa Roja</li> <li>Cinnamon Crisps</li> </ul>	10 Cal/1 oz. serving 5 Cal/1 oz. serving 20 Cal/1 oz. serving 20 Cal each



#### LOOKING TO CREATE YOUR OWN THEMED BUFFET OR UNIQUE CUSTOM BUFFET?

Contact us at catering@andover.edu / 978.749.4399 or 978.749.4393 to explore more options and personalize your buffet to fit your event.

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# THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### EAST ASIAN EATS \$17.29

Egg Rolls Crispy Wontons Choice of Two (2) Dipping Sauces: Sweet Soy Sauce Sweet and Sour Sauce Chili Garlic Sauce Yakisoba Noodles Jasmine Rice Lemongrass Chicken Chicken Chicken Chicken Chicken Chicken Chicken Chicken Chicken

Raspberry Coconut Bars

## HEARTLAND BUFFET \$15.29

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette

- Bakery-Fresh Rolls with Butter
- Roasted New Potatoes
- 🤓 😳 🖻 Fresh Herbed Vegetables
- Grilled Lemon Rosemary Chicken
- Oreo Blondies

180 Cal each 25 Cal each

50 Cal/1 oz. serving 40 Cal/1 oz. serving 40 Cal/1 oz. serving 140 Cal/2.5 oz. serving 130 Cal/3 oz. serving 190 Cal/3 oz. serving 20 Cal/0.5 oz. serving 360 Cal/3.25 oz. serving

180 Cal/3.75 oz. serving 160 Cal each 110 Cal/2.75 oz. serving 100 Cal/3.5 oz. serving 130 Cal/3 oz. serving 270 Cal/1.75 oz. serving

# BUFFETS

#### SOUP AND SALAD BUFFET \$13.99

- 🞯 Garden Fresh Mixed Greens
- 💿 Sliced Red Onions
- Tomatoes
- Cucumbers
- Shredded Carrots
- Shredded Cheese
- Roasted Chickpeas Sliced Grilled Chicken
- Diced Ham
- Ranch Dressing
- ♥ Italian Dressing
- Croutons
- Bakery-Fresh Rolls with Butter
- Soup Du Jour
- Assorted Craveworthy Cookies

15 Cal/3 oz. serving 10 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/1 oz. serving 10 Cal/0.5 oz. serving 100 Cal/2 oz. serving 100 Cal/2 oz. serving 80 Cal/2 oz. serving 200 Cal/2 oz. serving 80 Cal/2 oz. serving 60 Cal/0.5 oz. serving 160 Cal each 140-240 Cal/8 oz. serving 210-260 Cal each

# **BUFFETS**

# **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

## **BUFFET STARTERS**

呕 😳 🕸 Classic Garden Salad with Balsamic	
Vinaigrette and Ranch	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta	110 Cal/3.25 oz. serving
🖲 📼 🖻 Crudités with Tzatziki Sauce	40 Cal/5 oz. serving
$^{oldsymbol{arepsilon}}$ Traditional Hummus with Toasted Pita	130 Cal/1.75 oz. serving
Antipasto Platter with Crostini	260 Cal/5 oz. serving
BUFFET ENTREES	
😳 Grilled Lemon Rosemary Chicken \$16.99	130 Cal/3 oz. serving
© Slow-Roasted Turkey Breast Rubbed with Sage and Thyme \$16.99	170 Cal/3 oz. serving
😳 Maple Dijon Salmon 🖇 18.99	270 Cal/3.25 oz. serving
😳 Grilled Montreal Cod \$18.99	80 Cal/3 oz. serving
Asian Marinated Steak \$20.99	190 Cal/3 oz. serving

- Asian Marinated Steak \$20.99
- ♥ Eggplant Lasagna \$16.99
- 🚾 😳 🖻 Crispy Five Spice Tofu 🖇 14.99

50 Cal/3.5 oz. serving
170 Cal/2.7 oz. serving
10 Cal/3.25 oz. serving
40 Cal/5 oz. serving
30 Cal/1.75 oz. serving
260 Cal/5 oz. serving

250 Cal/7.25 oz. serving

340 Cal/5 oz. serving

### **BUFFET SIDES**

👓 👓 🚈 Fresh Herbed Vegetables	100 Cal/3.5 oz. serving
💌 😳 🕮 Italian Seasoned Green Beans	40 Cal/3.25 oz. serving
🌝 👓 🎘 Garlic Roasted Broccoli	40 Cal/1.76 oz. serving
Creamy Garlic Mashed Potatoes	120 Cal/3.75 oz. serving
💌 Oven-Roasted Fingerling Potatoes	130 Cal/3.5 oz. serving
💌 📼 Savory Herbed Rice	150 Cal/3.5 oz. serving
Macaroni and Cheese	250 Cal/4 oz. serving

## **BUFFET FINISHES**

New York-Style Cheesecake	440 Cal/slice
🖲 Chocolate Cake	340 Cal/slice
🐵 Glazed Strawberry Bars	380 Cal each
<ul> <li>Assorted Craveworthy Cookies</li> </ul>	210-260 Cal each
<ul> <li>Brownies</li> </ul>	250 Cal each
💌 Blondies	230 Cal each

\*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# RECEPTIONS

# HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

# **RECEPTION HORS D'OEUVRES (HOT)**

40 Cal each
40 Cal each
80 Cal each
70 Cal each
20 Cal each
35 Cal each
60 Cal each
40 Cal each

## **RECEPTION HORS D'OEUVRES (COLD)**

• Mediterranean Antipasto Skewers \$25.99	60 Cal each
💿 😳 🖻 Veggie Hummus Cup 🖇 \$25.99	170 Cal each
♥ Traditional Tomato Bruschetta Crostini \$15.99	50 Cal each
🛚 😳 Middle Eastern Chickpea Toast Points 🖇 \$15.99	70 Cal each
🐵 Shrimp and Avocado Toast Points \$17.99	70 Cal each
Shrimp Cocktail Market Price	70 Cal each

#### UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





# RECEPTIONS

# **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 15 guests or more.

# CLASSIC CHEESE TRAY \$2.99 Per Person Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini

290 Cal/2.75 oz. serving

#### **FRESH GARDEN CRUDITÉS** \$2.49 Per Person **\*** Fresh Garden Crudités with Ranch Dill Dip

120 Cal/5 oz. serving

#### BLACK BEAN, CORN AND PICO GUACAMOLE \$3.99 Per Person Black Bean, Corn and Pico Guacamole served with

Tortilla Chips	320 Cal/6.75 oz. serving
<b>HUMMUS WITH PITA CHIPS</b> \$2.99 Per Person ©  Description: Market M Market Market Mar	230 Cal/4.5 oz. serving
FLATBREAD CRISPS \$3.59 Per Person	

♥ Flatbread Crisps Served with Hummus, Harissa and Tzatziki

410 Cal/6.18 oz. serving

## MAY WE SUGGEST A SERVED MEAL OR RECEPTION?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. Please contact our Catering Office at 978-749-4399 to arrange a personal consultation.

\*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# RECEPTIONS

# **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 15 guests or more.

# GROWN UP MAC AND CHEESE \$13.49 Chipotle Macaroni and Cheese 480 Cal/8 oz. serving

Chipotle Macaroni and Cheese
Choice of Three (3) Proteins:
Grilled Chicken Breast
Sautéed Shrimp
Pulled Pork
Diced Ham
💿 💿 座 Roasted Mushrooms
💿 😳 👰 Peas
🌚 👓 🖻 Broccoli Bits
🚾 Scallions

## LOADED TOTCHOS \$11.69

Tater Tots Choice of Two (2) Proteins: Taco Seasoned Beef Diced Bacon Chicken Tinga Vegan Chorizo Crumbles Queso Dip Pico de Gallo Sour Cream Jalapeno Peppers Scallions

# **TOP YOUR OWN POUND CAKE BAR**\$8.99Pound Cake Slices150 Cal each

Pound Cake Slices
Sugared Strawberries
Apple-Brown Sugar Compote
Cherry Compote
Fresh Blueberries
Chocolate Syrup
Whipped Cream

90 Cal/3 oz. serving 290 Cal/3 oz. serving 80 Cal/2 oz. serving 90 Cal/3 oz. serving 70 Cal/3 oz. serving 40 Cal/1.76 oz. serving 0 Cal/0.25 oz. serving

160 Cal/3 oz. serving

240 Cal/4 oz. serving

140 Cal/2oz. serving 110 Cal/1 oz. serving 160 Cal/3 oz. serving 120 Cal/2 oz. serving 70 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/1 oz. serving 5 Cal/0.5 oz. serving 10 Cal/2 oz. serving

60 Cal/2 oz. serving

80 Cal/2 oz. serving

60 Cal/2 oz. serving

30 Cal/2 oz. serving

60 Cal/1 oz. serving

50 Cal/0.5 oz. serving

# BREAKS

All prices are per person and available for 10 quests or more.

### CHOCAHOLIC \$6.49

- 🖲 Mini Candy Bars (4 each)
- Chunky Chocolate Craveworthy Cookies
- Chocolate Dipped Pretzels

# Chocolate Dipped Strawberries (2 each) Chocolate Milk

#### BREADS AND SPREADS \$3.99

- Tortilla Chips
- ♥ Pita Chips ☞ © Crostini
- 🐨 🔍 Crostini
- Choice of Four (4) Spreads:
  - 🐨 🖭 Korean Roja Guacamole
  - Ginger Verde Guacamole
     Chilled Spinsch Div
  - Chilled Spinach Dip
     Feta and Roasted Garlic Dip

  - Artichoke and Olive Dip
- Seasonal Fresh Fruit Platter

## EXECUTIVE COFFEE BREAK \$5.49

Assorted Dessert Bars
 Bakery-Fresh Brownies
 Gourmet Coffee, Decaf and Hot Tea



260 Cal/3 oz. serving 130 Cal/2 oz. serving 40 Cal each

90 Cal/2 oz. serving 80 Cal/2 oz. serving 200 Cal/2 oz. serving 260 Cal/2 oz. serving 320 Cal/4 oz. serving 140 Cal/2 oz. serving 35 Cal/2.5 oz. serving

300-360 Cal/2.75 oz. serving 250 Cal/2.25 oz. serving 0 Cal/8 oz. serving

#### ALLERGEN INFORMATION

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

# **BEVERAGES & DESSERTS**

# BEVERAGES

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with Assorted Tea Bags \$1.99 Per Person	0 C
Bottled Water \$.79 Each	
Boxed Water \$1.79 Each	
Assorted Individual Fruit Juices \$1.99 Each	า 11
Sparkling Water \$1.49 Each	
Hot Apple Cider \$18.09 Per Gallon	160 C
Hot Chocolate \$18.09 Per Gallon	160 C
lced Tea \$13.39 Per Gallon	0 C
Lemonade \$13.39 Per Gallon	90 C
Iced Water \$1.19 Per Gallon	0 C

0 Cal/8 oz. serving 0 Cal each 0 Cal each 110-170 Cal each 0 Cal each 60 Cal/8 oz. serving 60 Cal/8 oz. serving 90 Cal/8 oz. serving 90 Cal/8 oz. serving

# DESSERTS

<ul> <li>Assorted Craveworthy Cookies</li> <li>\$8.49 Per Dozen</li> </ul>	210-260 Cal each
Bakery-fresh Brownies \$8.99 Per Dozen	250 Cal/2.25 oz. serving
<ul><li>Gourmet Dessert Bars</li><li>\$9.99 Per Dozen</li></ul>	300-360 Cal/2.75-3.25 oz. serving
<ul> <li>Multi-Layer Chocolate Cake</li> <li>(Each) \$14.99 Serves 8</li> </ul>	320 Cal/slice
♥ New York Cheesecake (Each) \$16.99 Serves 8	440 Cal/slice



# **ORDERING INFORMATION**

#### LEAD TIME

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### EXTRAS

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### 🖲 Vegetarian 💿 Vegan 💿 Eat Well 🖻 Plant Forward

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## CONTACT US TODAY

978.749.4399 / 978.749.4393 catering@andover.edu https://paa.catertrax.com/

Prices effective until 07/01/2024 Prices may be subject to change