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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$46.99

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 quests or more.

DELICIOUS DAWN

Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM PERK UP

Granola Bars v	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

DOWED HD LINCH

POWER OF LUNCH	
Tomato and Cucumber Couscous Salad ve	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter v	160 Cal each
Green Beans Gremolata VG EW PF	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto V EW	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with	210 Cal/E 7E az comúna
a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York Cheesecake v	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips v	230 Cal/2.25 oz. serving
Grilled Vegetable Tray vg EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$39.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

MORNING MINI

Miniature Muffins v	80-120 Cal each
Miniature Danish v	140-170 Cal each
Miniature Scones v	100-110 Cal each
Yogurt Parfait Cups v	400-450 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

THE ENERGIZER

Donut Holes v	45-90 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	O Cal each
Starbucks Coffee Decaf and Hot Tea	0 Cal/8 oz serving

IT'S A WRAP

11 371 1110 11	
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap V PF	620 Cal each
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad v	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips v	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde vg	5 Cal/1 oz. serving
Pico De Gallo vg	5 Cal/1 oz. serving
Assorted Whole Fruit VG EW PF	45-100 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$30.49

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Bottled Water 0 Cal each Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta	520 Cal each
Ham and Swiss Sub	400 Cal each
Turkey and Swiss Sandwich	520 Cal each
Roasted Pepper and Mozzarella Ciabatta V EW PF	500 Cal each
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bottled Water	0 Cal each

MID-DAY MUNCHIES

Tortilla Chips v 260 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roja vo 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Assorted Whole Fruit VG EW PF 45-100 Cal each Assorted Craveworthy Cookies v 210-260 Cal each **Bottled Water** O Cal each Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 12 guests or more. All appropriate condiments included.

"TART"INES AND OATS \$14.29	
Choice of Two (2) Breakfast Tartines:	
Grilled Asparagus Sweet Potato Tartine, Everything Cr	ream
Cheese, Asparagus, Balsamic Drizzle VPF	90 Cal each
Grilled Sweet Potato Tartine, Marinated Tomato, Every	
Cream Cheese V PF	80 Cal each
Grilled Sweet Potato Tartine, Everything Cream Chees	•
Cucumber V PF	70 Cal each
Everything-Spiced Salmon Biscuit, Cream Cheese, Cuc	
and Hard-Boiled Egg	370 Cal each 250 Cal each
Open Face Avocado Egg Croissant with Sriracha	
Vegan Breakfast Toast with Avocado, Just® Egg Scran Radishes, Scallions and Sriracha vg EW PF	200 Cal each
Strawberry Banana Nutella Toast v	450 Cal each
Strawberry Bariana Nuteria Toast V	450 Cai each
Choice of Two (2) Overnight Grains:	
Chilled Overnight Cran-Apple, Banana Bircher Muesli v	
Turmeric Infused Granola v	270 Cal each
Overnight Coconut Freekeh with Strawberries, Toaste	
Coconut and Honey v	500 Cal each
Dragonfruit Mango Banana Chia Pudding with Chia Qu	
Crunch vg EW	190 Cal each
Overnight Strawberry Oatmeal v PF	320 Cal each
Overnight Blueberry Oatmeal V EW	210 Cal each
Overnight Apple Cinnamon Oatmeal VPF	480 Cal each
Overnight Pear & Pecan Oatmeal v	390 Cal each
	35 Cal/2.5 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

QUICK START \$10.29	
Choice of Three (3) Breakfast Pastries:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Croissants v	370 Cal each
Seasonal Fresh Fruit Platter vg pf	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups	190-230 Cal each
Milk	120 Cal each
Bananas VG EW PF	100 Cal each
Assorted Yogurt Cups	80-150 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and	
Jam v \$20.99 Per Dozen	290-450 Cal each

Assorted Donuts v \$17.99 Per Dozen 240-500 Cal each

Assorted Pastries v \$19.99 Per Dozen 210-530 Cal each

35 Cal/2.5 oz. serving

Assorted Yogurt Cups \$2.69 Each 50-150 Cal each

Vegan Blueberry Banana Breakfast Bread **VG PF**

Seasonal Fresh Fruit Platter vg pf \$3.89 Per Person

\$16.29 Serves 12 250 Cal/3 oz. serving

BREAKFAST

HOT BREAKFAST

All prices are per person and available for 12 guests or more. All appropriate condiments included.

AMERICAN BREAKFAST \$14.49

Choice of One (1) Breakfast Pastry:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Croissants v	370 Cal each
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Seasonal Fresh Fruit Platter vg pf	35 Cal/:	2.5 oz. serving
Breakfast Potatoes v	120-140 Ca	I/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:		
Egg and Cheese English Muffin v		270 Cal each
Egg and Cheese Croissant		370 Cal each
Sausage, Egg and Cheese Biscuit		490 Cal each
Ham, Egg and Cheese Biscuit		450 Cal each
Bacon, Egg and Cheese Bagel		410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito		600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha	Syrup v pf	440 Cal each
Spicy Southern Chicken Biscuit with Maple Srirach	a Syrup	560 Cal each

SUNRISE SANDWICH BUFFET \$13.49

Everything Salmon Biscuit with Smoked Salmon,

Starbucks Coffee, Decaf and Hot Tea

Cream Cheese, Cucumber and Hard-Boiled Egg on a Everything-Spiced Biscuit 370 Cal each Bacon, Lettuce, Tomato, Avocado and Egg Bagel 420 Cal each **Bottled Water** O Cal each

TACOS FOR BREAKFAST \$14.99	
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Flour Tortilla - 6" vg	90 Cal each
Corn Tortilla - 6" vg	35 Cal each
Scrambled Eggs v	140 Cal/4 oz. serving
Bacon and Eggs Scramble	140 Cal/4 oz. serving
Sauteed Peppers and Onions vg	40 Cal/2 oz. serving
Shredded Cheddar Cheese v	110 Cal/1 oz. serving
Hashbrown Potatoes v	120 Cal/3 oz. serving
Guacamole vG	100 Cal/4 oz. serving
Choice of Two (2) Salsas:	
Salsa Verde v g	5 Cal/1 oz. serving
Salsa Roja vg	10 Cal/1 oz. serving
Pico De Gallo v	5 Cal/1 oz. serving
Sour Cream vg	120 Cal/1 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

*All packages include necessary accompaniments and condiments.

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O Cal/8 oz. serving



BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 12 guests or more.

LOX AND BAGELS \$9.99 PER PERSON

Bagels

290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion, and Cream Cheese

120 Cal/3.25 oz. serving

GRITS BAR \$6.49 PER PERSON

Traditional Grits served with Bacon, Cheddar Cheese, Scallions, Butter, Cinnamon Sugar and Raisins

410 Cal/9.25 oz. serving

BREAKFAST BURRITOS AND TACOS \$6.99 PER PERSON

Choice of Two (2) Breakfast Burritos and/or Tacos: Choose from Meat Lovers, Pico, Florentine, or Sweet Potato Breakfast Burritos; or Egg & Hashbrowns, Vegan Chorizo, Egg & Chorizo, or Sausage, Egg and Cheese Tacos. One (1) Burrito Per Person, Two (2) Tacos Per Person:

Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham	820 Cal each
Pico Burrito: Scrambled Egg, Cheddar, Potato and Pico de Gallo v	440 Cal each
Florentine Burrito: Scrambled Eggs, Mushrooms, Roasted Peppers, Spinach and Cheddar v	580 Cal each
Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa Brown Rice, Egg White, Swiss Cheese, Spinach and Pesto v ew pf	450 Cal each
Egg & Hash Breakfast Tacos (2) v Vegan Chorizo Breakfast Tacos (2) vg Ew Egg & Chorizo Tacos (2) Sausage, Egg & Cheese Taco	270 Cal each 270 Cal each 350 Cal each 280 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

 $^*\mbox{All packages include necessary accompaniments and condiments.}$

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

DELI EXPRESS \$12.79

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each 100-160 Cal each Individual Bags of Chips v Assorted Baked Breads and Rolls v 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey,

Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving 110 Cal/1 oz. serving Cheese Tray (Cheddar and Swiss) v

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 210-260 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

PREMIUM BOX LUNCHES

Asian Chicken Salad \$16.29

Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame

Dressing EW 440 Cal/16.5 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving 300 Cal/2.75 oz. serving

Lemon Cheesecake Bar v

Bottled Water O Cal each

Harvest Chicken Salad \$16.29

Grilled Chicken, Fresh Baby Arugula, Roasted Red Potato, Cauliflower and Pumpkin Seeds tossed in a Kale Pesto

Vinaigrette 640 Cal each Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

Steakhouse Chop Salad \$16.29

Bottled Water

Grilled Beef Steak tossed with Blue Cheese, Vegetables

and Romaine tossed with Dijon Vinaigrette 220 Cal each Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup vg PF 35 Cal/2.5 oz. serving 300 Cal/2.75 oz. serving Lemon Cheesecake Bar v

O Cal each

CLASSIC BOX LUNCH \$10.59

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each Individual Bag of Chips v 100-160 Cal each 210-260 Cal each Assorted Craveworthy Cookies v **Bottled Water** O Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$15.39

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg O Cal/1 oz. serving Individual Bags of Chips V 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Bavarian Ham and Swiss on a Pretzel Roll 500 Cal each

Roast Beef with Tarragon Horseradish Spread on

Wheatberry Bread 450 Cal each

Turkey Breast with Mesclun Greens and Sage Cream

Cheese on Ciabatta Bread 460 Cal each

Chicken Caesar Wrap 630 Cal each

Veggie Ciabatta with Chickpeas, Tomato, Spinach,

Radish, Carrot, Feta, Dill and White Bean Hummus V PF 490 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

Choice of Two (2) Side Salads (pg 10)

All prices are per person and available for 12 guests or more.

THE EXECUTIVE LUNCHEON \$18.89

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

choice of Two (2) slac salads (pg 10)	30 Z-TO Cui cucii
Dill Pickle Slices v _G	0 Cal/1 oz. serving
Individual Bags of Chips v	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

30-240 Cal each

500 Cal each

EXECUTIVE LUNCHEON SANDWICHES

New Orleans Muffuletta with Smoked Ham, Genoa

Sauce and Arugula on Ciabatta **V EW PF**

(Available Sandwich choices for The Executive Luncheon Buffet)

Salami, Provolone Cheese and Green Olive-Cauliflower Spread	620 Cal each
Roast Beef and Chimichurri Roll	530 Cal each
Chicken Teriyaki Ciabatta with Pineapple Salsa on a Ciabatta	480 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub	490 Cal each
Turkey, Ham and Ranch Club with Bacon, Lettuce and Tomato	630 Cal each
Sweet Potato Smash with Goat Cheese, Cranberry	

SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic Vinaigrette Dressing VG EW PF	50 Cal/3.5 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	110 Cal/3.75 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing V	240 Cal/4 oz. serving
Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame Teriyaki Dressing VG EW PF	25 Cal/3 oz. serving
Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing V EW	170 Cal/3.5 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v	80 Cal/3 oz. serving
Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions Combined in an Olive Oil Mix VG EW	140 Cal/3.25 oz. serving
Roasted Vegetable Pasta Salad V EW PF	200 Cal/3.75 oz. serving
Ranch Pasta Salad v	110 Cal/3 oz. serving
Herbed Quinoa Side Salad V PF	110 Cal/3.5 oz. serving

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THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

SPRING FLING \$21.59	
Choice of Two (2) Sides:	
Asian Edamame Salad	130 Cal/4 oz. serving
Red Quinoa & Pickled Onion Salad V EW	50 Cal/2 oz. serving
Roasted Beet & Arugula Salad vg EW PF	120 Cal/4 oz. serving
Asparagus, Mushroom & Farro Caesar EW PF	110 Cal/4 oz. serving
Roasted Red Potatoes EW PF	100 Cal/4 oz. serving
Asparagus Vegetable Sautee v	60 Cal/4 oz. serving
Choice of Two (2) Entrees:	
Grilled BBQ Pork Chops	180 Cal/3 oz. serving
Grilled Montreal Cod EW	80 Cal/3 oz. serving
Crispy Tofu EW	340 Cal/5 oz. serving
Eggplant Meatball vg ew pf	50 Cal each
Beef Tri-Tip Chimichurri	210 Cal/3 oz. serving
Grilled Peri Peri Chicken	140 Cal/3 oz. serving
Choice of Two (2) Sauces:	
Chimichurri Mayonnaise	150 Cal/1 oz. serving
Green Chile Relish v	15 Cal/1 oz. serving
Chermoula Crema vg	40 Cal/1 oz. serving
Harissa Aioli v	160 Cal/1 oz. serving
Peri Peri Sauce v	40 Cal/1 oz. serving
Brookie "Chocolate Chip Cookie Brownie" v	280 Cal/2.75 oz serving

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Choice of One (1) Grain:	
Lemon Herbed Farro VG EW PF	150 Cal/4 oz. serving
Quinoa and Lentils VG EW PF	90 Cal/3 oz. serving
Choice of One (1) Greens:	3
Kale Mix VG PF	10 Cal/3 oz. serving
Romaine Arugula Mix vg PF	5 Cal/3 oz. serving
Choice of Two (2) Proteins:	,
Lemon Garlic Chicken	130 Cal each
Hard-Cooked Egg v	80 Cal each
Grilled Sumac Salmon	120 Cal/3 oz. serving
Choice of Three (3) Toppings:	
Spicy Roasted Broccoli vg EW PF	45 Cal/3 oz. serving
Sliced Avocado vg	90 Cal/2 oz. serving
Turmeric Roasted Cauliflower vg EW PF	35 Cal/2 oz. serving
Garbanzo Beans v	40 Cal/3 oz. serving
Roasted Butternut Squash vg EW PF	80 Cal/2 oz. serving
Roasted Mushrooms vg EW PF	110 Cal/3 oz. serving
Shredded Beets vg	30 Cal/2 oz. serving
Edamame vg	80 Cal/2 oz. serving
Choice of Two (2) Sauces:	
Greek Yogurt Ranch Dressing v	80 Cal/1 oz. serving
Pesto Vinaigrette v	140 Cal/1 oz. serving
Tahini Tzatziki Dressing v	30 Cal/1 oz. serving
Choice of Two (2) Garnishes:	
Feta Cheese Crumbles v	80 Cal/1 oz. serving
Pickled Red Onion vg	20 Cal/1 oz. serving
Toasted Walnuts v g	190 Cal/1 oz. serving
Shaved Parmesan v	110 Cal/1 oz. serving
Brown Butter Pumpkin Seeds v	170 Cal/1 oz. serving
Choice of One (1) Dessert:	70.0
Baklava v	70 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each

TROPICAL TRADEWINDS \$22.79

Roasted Sweet Potato Salad vg EW	120 Cal/4 oz. serving
Coconut, Mango and Peanut Coleslaw V EW	200 Cal/3.77 oz. serving
Plantain Chips	120 Cal/1.5 oz. serving
Tropical Rice vg	120 Cal/3 oz. serving
Traditional Veggie Stir-Fry vg EW PF	40 Cal/2.75 oz. serving
Choice of Two (2) Tropical Entrées:	
Teriyaki Chicken EW	270 Cal/7.86 oz. serving
Mahi Mahi with Pineapple Salsa EW	190 Cal/7.75 oz. serving
Sweet Chili Pork	280 Cal/3 oz. serving
Miniature Pineapple Upside-Down Parfaits v	220 Cal each



THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

EASTERN INFLUENCES - CHILLED BUFFET \$22.89

Coriander Peanut Ramen Noodles 200 Cal/3 oz. serving Szechuan Green Beans 110 Cal/4 oz. serving Teriyaki Salmon on Sweet Chile Cucumber 80 Cal/2.25 oz. serving Orange Glazed Chicken with Sesame Spinach EW 230 Cal/5.5 oz. serving Gourmet Dessert Bars V 300-370 Cal/2.75-3.25 oz. serving

PASTA TRIO BUFFET \$21.69

Caesar Salad	170 Cal/2.7 oz. serving
Garlic Breadsticks v	110 Cal each
Manicotti Marinara	130 Cal/3.25 oz. serving
Chicken and Broccoli Ravioli EW	320 Cal/8.75 oz. serving
Rigatoni and Meat Balls	290 Cal/7.5 oz. serving
Lemon Cheesecake Bars v	300 Cal/2.75 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

TASTY TEX MEX \$21.89	
Tortilla Chips v	260 Cal/3 oz. serving
Mexican Rice vg	130 Cal/3 oz. serving
Charro Beans vg EW PF	80 Cal/3 oz. serving
Sauteed Peppers and Onions vg	140 Cal/2 oz. serving
Choice of One (1) Type of Fajitas:	
Beef Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
Citrus Braised Pork with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/3 oz. serving
Vegan Chorizo with Tortillas and Vegan Cheese 🗸	380 Cal/2 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo vg	10 Cal/1 oz. serving
Salsa Verde vg	5 Cal/1 oz. serving
Salsa Roja vg	20 Cal/1 oz. serving
Cinnamon Crisps v	20 Cal each

POWER LUNCH \$16.49	
Grilled Flatbread v Seasonal Fresh Fruit Platter vg pf	110 Cal each 35 Cal/2.25 oz. serving
Choice of Three (3) Salad Platters: Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend EW	450 Cal/14.5 oz. serving
Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa	500 Cal/16.5 oz. serving
Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad EW	530 Cal/11.15 oz. serving
Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing EW	520 Cal/11.88 oz. serving
Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette EW	310 Cal/6 oz. serving
Vegan Aquafaba Chocolate Mousse v	230 Cal/2.75 oz. serving

ASIAN ACCENTS \$22.99	
Peanut Lime Ramen Noodles v	210 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce v	50 Cal/1 oz. serving
Sweet and Sour Sauce vg	40 Cal/1 oz. serving
Chili Garlic Sauce vg	40 Cal/1 oz. serving
Choice of One (1) Rice:	
White Rice vg	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
Steamed Brown Rice vg EW	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans EW	140 Cal/3 oz. serving
Fortune Cookies	20 Cal each

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette EW	180 Cal/3.75 oz. serving
Greek Salad with Crumbled Feta $oldsymbol{v}$	110 Cal/3.25 oz. serving
Italian Green Salad with Penne and Prosciutto	110 Cal/3.25 oz. serving
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Asiago Chicken in a Roasted Red Pepper Sauce \$22.49	300 Cal/5 oz. serving
Chicken Stuffed with Sun-Dried Tomato and Basil Goat Cheese \$23.29	260 Cal/4.5 oz. serving
Honey Mustard Pork Loin EW \$23.79	270 Cal/4 oz. serving
Autumn Potato Crusted Salmon \$25.19	200 Cal/4 oz. serving
Beef Pot Roast with Dijon Shallot Sauce \$27.39	340 Cal/5 oz. serving
Asian Marinated Steak \$28.79	190 Cal/3 oz. serving
Late Harvest Veggie Cavatappi with Zucchini, Spinach, Tomato and White Beans in a Pepper-Garlic Sauce VEW PF \$22.29	420 Cal/15.75 oz. serving

BUFFET SIDES	
Pan Roasted Vegetables V PF	45 Cal/3 oz. serving
Italian Seasoned Green Beans V EW PF	40 Cal/3.25 oz. serving
Garlic Roasted Broccoli VG EW PF	40 Cal/1.76 oz. serving
Maple Glazed Carrots V EW PF	110 Cal/2 oz. serving
Buttermilk Mashed Potatoes v	120 Cal/3.75 oz. serving
Oven-Roasted Fingerling Potatoes ${f v}$	130 Cal/3.5 oz. serving
Macaroni and Cheese v	250 Cal/4 oz. serving

BUFFET FINISHES	
Apple Pie v vg	410 Cal/slice
Cherry Cheesecake Tarts v	170 Cal/1.75 oz. serving
New York-Style Cheesecake	440 Cal/slice
Chocolate Cake v	340 Cal/slice
Aquafaba Chocolate Mousse vg	240 Cal/2.75 oz. serving
Assorted Craveworthy Cookies v	210-260 Cal each

*All packages include necessary accompaniments and condiments.

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RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Bacon Wrapped Scallops \$31.49	40 Cal each
Franks in a Blanket \$23.29	40 Cal each
Italian Meatballs \$25.49	90 Cal each
Coconut Chicken \$28.99	40 Cal each
Balsamic Fig & Goat Cheese Flatbread \$28.99	80 Cal each
Spicy Corn Fritters with Jalapeno Ranch Drizzle v \$31.99	45 Cal each
Mac n' Cheese Melts v \$23.29	80 Cal each
Assorted Mini Quiche \$25.99	70-100 Cal each
Vegetable Spring Rolls vs \$33.99	50 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Tenderloin and Bacon Jam Crostini \$28.99	130 Cal each
Italian Pinwheel Skewer \$32.99	90 Cal each
Goat Cheese and Beet Skewer v \$32.99	35 Cal each
Veggie Hummus Cup VG EW PF \$28.99	170 Cal each
Traditional Tomato Bruschetta Crostini v \$21.49	50 Cal each
Pimento Cheese & Bacon Toast Points \$19.09	110 Cal each

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 12 guests or more.

CLASSIC CHEESE TRAY \$4.29 PER PERSON

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini **V**

290 Cal/2.75 oz. serving

FRESH GARDEN CRUDITÉS \$4.09 PER PERSON

Fresh Garden Crudités with Ranch Dill Dip V PF

120 Cal/5 oz. serving

SEASONAL FRESH FRUIT PLATTER \$4.29 PER PERSON

Seasonal Fresh Fruit vg PF

35 Cal/2.5 oz. servino

ASSORTED MINI SANDWICHES \$5.29 PER PERSON

An assortment of our most popular Mini Sandwiches

Ham and American Cheese Mini Sandwiches

Roast Beef and Cheddar Mini Sandwiches

Turkey and Swiss Mini Sandwiches

Mini Caprese Sandwiches V

280 Cal each
320 Cal each
240 Cal each
240 Cal each

HOUSE-MADE SPINACH DIP \$4.09 PER PERSON

House-Made Spinach Dip served with Fresh Pita Chips ${\bf V}$

230 Cal/2.25 oz. serving

*All packages include necessary accompaniments and condiments.

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RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

MEZZE DELIGHT \$12.39

Pita Chips v 130 Cal/2 oz. serving Hummus **VG PF** 320 Cal/2 oz. serving Baba Ghanoush vg PF 90 Cal/4 oz. serving 140 Cal/3.25 oz. serving Tabbouleh Salad vg Ew 150 Cal/2.75 oz. serving Marinated Olives VG PF Seasonal Vegetables VG EW PF 70 Cal/3 oz. serving Falafel **vg** 35 Cal each

DIM SUM \$13.49

Egg Rolls	180 Cal each
Pot Stickers	45 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce v	40 Cal/1 oz. serving
Sweet and Sour Sauce vg	30 Cal/1 oz. serving
Chili Garlic Sauce vg	40 Cal/1 oz. serving
Sweet and Spicy Boneless Chicken Wings	
with Celery Sticks	590 Cal/7.5 oz. serving
Gourmet Dessert Bars v	300-370 Cal/2.75-3.25 oz. serving

SOFT PRETZEL BAR \$6.29

Hot Pretzels v	180 Cal each
Choice of Three (3) Dipping Sauces:	
Honey Mustard Sauce v	120 Cal/1 oz. serving
Spicy Mustard Sauce vg	30 Cal/1 oz. serving
Yellow Mustard Sauce vg	20 Cal/1 oz. serving
Nacho Cheese Sauce	40 Cal/1 oz. serving
Vegan Cheddar Cheese Sauce vg	60 Cal/1 oz. serving
Cajun Cheese Sauce v	70 Cal/1 oz. serving
Buffalo Blue Sauce v	30 Cal/1 oz. serving
Chocolate Sauce v	60 Cal/1 oz. serving
Caramel Sauce v	80 Cal/1 oz. serving

BREAKS

All prices are per person and available for 12 guests or more.

ENERGY BREAK \$5.39

Granola Bars v	130-250 Cal each
Fruit Filled Bar v	130-250 Cal each
Breakfast Bar v	130-250 Cal each

THE HEALTHY ALTERNATIVE \$7.49

Apple vg EW PF	60 Cal each
Orange vg Ew PF	45 Cal each
Banana vg ew pf	100 Cal each
Pear vg	90 Cal each
Yogurt Cup v	80-150 Cal each
Trail Mix v	290 Cal each
Granola Bars v	130-250 Cal each

SNACK ATTACK \$7.49

Assorted Chips v	100-160 Cal each
Roasted Peanuts v	180 Cal/1 oz. serving
Trail Mix v	290 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving

BREADS AND SPREADS \$6.59

Tortilla Chips v	260 Cal/3 oz. serving
Pita Chips v	130 Cal/2 oz. serving
Crostini vg EW	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole vg pf	90 Cal/2 oz. serving
Ginger Verde Guacamole vg PF	80 Cal/2 oz. serving
Chilled Spinach Dip v	200 Cal/2 oz. serving
Feta and Roasted Garlic Dip v	260 Cal/2 oz. serving
Traditional Hummus VG PF	320 Cal/4 oz. serving
Artichoke and Olive Dip v	140 Cal/2 oz. serving
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Bottled Water \$2.49 Each

Includes appropriate accompaniments

Starbucks Regular/Decaffeinated Coffee and Hot Water with Assorted Teavana Bags \$2.09 Per Person

\$2.09 Per Person 0 Cal/8 oz. serving

Assorted Sodas (Can) \$1.89 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.49 Each 110-170 Cal each

Iced Tea \$17.99 Per Gallon O Cal/8 oz. serving

Lemonade \$17.99 Per Gallon 90 Cal/8 oz. serving

Infused Water \$1.99 Per Gallon Choice of One (1) Fruit Infused Water:

Lemon Infused Water 0 Cal/8 oz. serving
Orange Infused Water 10 Cal/8 oz. serving
Apple Infused Water 20 Cal/8 oz. serving
Cucumber Infused Water 10 Cal/8 oz. serving
Grapefruit Infused Water 10 Cal/8 oz. serving

Peach Mint Infused Lemonade \$19.99 Per Gallon 100 Cal/8 oz. serving

Strawberry Basil Infused Lemonade

\$19.99 Per Gallon 100 Cal/8 oz. serving

Peach Iced Tea \$19.99 Per Gallon 80 Cal/8 oz. serving

DESSERTS

v Assorted Craveworthy Cookies \$16.89 Per Dozen

210-260 Cal each

O Cal each

v Gourmet Dessert Bars \$24.99 Per Dozen

ozen 300-360 Cal/2.75-3.25 oz. serving

Custom Artisan Cupcakes \$24.99 Per Dozen

Chocolate Cupcake with Fudge Icing **vg**Vanilla Cupcake **v**Bananas Foster Cupcake **v**Devil's Food Cupcake **v**380 Cal each
380 Cal each
380 Cal each

v Chocolate Covered Strawberries

\$28.99 Per Dozen 40 Cal each

▼ New York Cheesecake (Each) \$32.39 Serves 8

440 Cal/slice

ORDERING INFORMATION

Lead Time

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



Contact Us Today

570.372.4632 longkj@susqu.edu www.susquehannacatering.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change

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