## UNIVERSITY OF HARTFORD

CATERING SERVICES


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VG VEGAN
v VEGETARIAN

EW EAT WELL
PF PLANT FORWARD


## ALL-DAY PACKAGES

## ALL DAY DELICIOUS \$43.49

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 guests or more.

| DELICIOUS DAWN |  |
| :---: | :---: |
| Assorted Muffins v | 380-550 Cal each |
| Assorted Scones v | 400-440 Cal each |
| Seasonal Fresh Fruit Platter vg pF | $35 \mathrm{Cal} / 2.5$ oz. serving |
| Assorted Juice | 110-170 Cal/8 oz. serving |
| Bottled Water | O Cal each |
| Starbucks Coffee, Decaf and Hot Water with |  |
| Bigelow Tea Bags | O Cal/8 oz. serving |
| AM PERK UP |  |
| Granola Bars v | 130-250 Cal each |
| Assorted Yogurt Cups | 80-150 Cal each |
| Iced Tea | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| Bottled Water | O Cal each |
| Starbucks Coffee, Decaf and Hot Water with |  |
| Bigelow Tea Bags | O Cal/8 oz. serving |

## POWER UP LUNCH

Tomato and Cucumber Couscous Salad vg Orange Fennel Spinach Salad $\mathbf{v}$ Ew Bakery-Fresh Rolls with Butter v Green Beans Gremolata vg Ew PF Three Pepper Cavatappi with Pesto v ew

Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce Ew

75 oz. serving
New York Cheesecake $\mathbf{v}$
$360 \mathrm{Cal} /$ slice
Iced Tea
$0 \mathrm{Cal} / 8$ oz. serving
Iced Water
o Cal/8 oz. serving

## PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips v
Grilled Vegetable Tray vg Ew pF
Bakery-Fresh Brownies v
Bottled Water
$120 \mathrm{Cal} / 3.75$ oz. serving $210 \mathrm{CaI} / 3.2$ oz. serving 160 Cal each $70 \mathrm{Cal} / 3$ oz. serving $280 \mathrm{Cal} / 7.5$ oz. serving

Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags
$230 \mathrm{Cal} / 2.25$ oz. serving $70 \mathrm{Cal} / 3 \mathrm{oz}$. serving $250 \mathrm{Cal} / 2.25$ oz. serving O Cal each
$0 \mathrm{Cal} / 8 \mathrm{oz}$. serving

## MEETING WRAP UP \$37.79

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

| MORNING MINI |  |
| :--- | ---: |
| Miniature Muffins v | $80-120$ Cal each |
| Miniature Danish v | $140-170$ Cal each |
| Miniature Scones v | $100-110$ Cal each |
| Yogurt Parfait Cups v | $400-450$ Cal each |
| Bottled Water | O Cal each |
| Starbucks Coffee, Decaf and Hot Water with |  |
| Bigelow Tea Bags | O Cal/8 oz. serving |

## THE ENERGIZER

Donut Holes v 45-90 Cal each
Ripe Bananas vg ew pF 100 Cal each

Rice Beanas vo wrol $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving
Iced Tea
oz. serving
o Cal each
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags
0 Cal/8 oz. serving

## IT'S A WRAP

Chicken Caesar Wrap
630 Cal each
Pepper Jack Tuna Wrap
610 Cal each
Cran-Apple Turkey Wrap
660 Cal each
Grilled Vegetable Wrap v PF
620 Cal each
Seasonal Fresh Fruit Salad vg pF $35 \mathrm{Cal} / 2.5$ oz. serving
Choice of One (1) Salad:
Classic Garden Salad with Fresh
Seasonal Vegetables and Balsamic
Vinaigrette and Ranch vg Ew PF
Grilled Vegetable Pasta Salad vg
Individual Bag of Chips $\mathbf{v}$
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
Iced Tea
Iced Water
$50 \mathrm{Cal} / 3.5 \mathrm{oz}$. serving
$120 \mathrm{Cal} / 3$ oz. serving 100-160 Cal each
210-260 Cal each
$250 \mathrm{CaI} / 2.25$ oz. serving o Cal/8 oz. serving
$0 \mathrm{Cal} / 8$ oz. serving

## MID-DAY MUNCHIES

## Tortilla Chips v

260 Cal/3 oz. serving
Choice of Two (2) Salsas:
Salsa Roja vg $20 \mathrm{Cal} / 1$ oz. serving
Salsa Verde ve
Pico De Gallo vg
$5 \mathrm{Cal} / 1$ oz. serving
$5 \mathrm{Cal} / 1$ oz. serving 45-100 Cal each 210-260 Cal each O Cal each
Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags
O Cal/8 oz. serving

## ALL-DAY PACKAGES

## SIMPLE PLEASURES \$37.79

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

## SIMPLE CONTINENTAL

Assorted Donuts v
240-500 Cal each
Assorted Bagels v 290-450 Cal each Orange Juice
Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags

## BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water
Choice of Two (2) Sandwiches:
Tuna Salad Ciabatta
Ham and Swiss Sub
Turkey and Swiss Sandwich
Roasted Pepper and Mozzarella Ciabatta v Ew PF Individual Bag of Chips $\mathbf{v}$
Assorted Craveworthy Cookies v Bottled Water

520 Cal each 400 Cal each 520 Cal each 500 Cal each 100-160 Cal each 210-260 Cal each

## MID-DAY MUNCHIES

Tortilla Chips v
Choice of Two (2) Salsas:
Salsa Roja vg
Salsa Verde vg
Pico De Gallo vg
Assorted Whole Fruit vgew pr
Assorted Craveworthy Cookies v Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags
$260 \mathrm{Cal} / 3$ oz. serving
$20 \mathrm{Cal} / 1$ oz. serving
$5 \mathrm{Cal} / 1$ oz. serving
$5 \mathrm{Cal} / 1$ oz. serving 45-100 Cal each 210-260 Cal each O Cal each
o Cal/8 oz. serving
*All packages include necessary accompaniments and condiments. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



## BREAKFAST

## BREAKFAST COLLECTIONS

All prices are per person and available for 12 guests or more. All appropriate condiments included.

## BASIC BEGINNINGS \$8.79

Choice of One (1) Breakfast Pastry:
Assorted Danish v
250-420 Cal each
Assorted Muffins v
Assorted Scones v
Assorted Bagels v
Croissants v
Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags 380-550 Cal each 400-440 Cal each 290-450 Cal each

370 Cal each
O Cal each
o Cal/8 oz. serving

## QUICK START \$10.29

Choice of Three (3) Breakfast Pastries:
Assorted Danish v
Assorted Muffins v
Assorted Scones v
Assorted Bagels $\mathbf{v}$
Croissants $\mathbf{v}$
Seasonal Fresh Fruit Platter vg PF
Assorted Juice
Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags

250-420 Cal each 380-550 Cal each 400-440 Cal each 290-450 Cal each

370 Cal each
$35 \mathrm{Cal} / 2.5$ oz. serving 110-170 Cal/8 oz. serving o Cal each

0 Cal/8 oz. serving

## HEALTHY CHOICE BREAKFAST \$8.79

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups
Milk
Bananas vg Ew pF
Assorted Yogurt Cups
Bottled Water
Starbucks Coffee, Decaf and Hot Water with Bigelow Tea Bags

190-230 Cal each
120 Cal each
100 Cal each
80-150 Cal each
O Cal each

O Cal/8 oz. serving

## À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam v \$2.99 Per Person

290-450 Cal each

Assorted Muffins Served with Butter and Jam v \$2.89 Per Person

380-550 Cal each

Assorted Danish v \$2.89 Per Person
250-420 Cal each
Seasonal Fresh Fruit Platter vg PF \$4.29 Per Person
35 Cal/2.5 oz. serving

Overnight Oats - Chilled \$4.79 Per Person
Choice of Two (2) Overnight Oats:
Overnight Strawberry Oatmeal v pF
Overnight Blueberry Oatmeal v ew
Overnight Apple Cinnamon Oatmeal vpr
Overnight Pear and Pecan Oatmeal v
320 Cal each
210 Cal each
480 Cal each 390 Cal each

Assorted Yogurt Cups \$3.59 Each

## BREAKFAST

## HOT BREAKFAST

All prices are per person and available for 12 guests or more. All appropriate condiments included.

## ULTIMATE BREAKFAST \$18.99

Choice of Three (3) Breakfast Pastries:
Assorted Danish v
Assorted Muffins v
Assorted Scones $\mathbf{v}$
Assorted Bagels $\mathbf{v}$
Croissants $\mathbf{v}$
Seasonal Fresh Fruit Platter vg pF
Cage-Free Scrambled Eggs v
Breakfast Potatoes v
Crisp Bacon
Breakfast Sausage
Cheddar and Onion Frittata $\mathbf{v}$
Pancakes v
Maple Syrup vg
Assorted Juice
Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags

250-420 Cal each 380-550 Cal each 400-440 Cal each 290-450 Cal each 370 Cal each $35 \mathrm{CaI} / 2.5$ oz. serving $180 \mathrm{Cal} / 4 \mathrm{oz}$. serving 120-140 Cal/3 oz. serving 60 Cal each
120-180 Cal each 270 Cal each 50 Cal each
$70 \mathrm{Cal} / 1$ oz. serving $110-170 \mathrm{Cal} / 8$ oz. serving o Cal each
o Cal/8 oz. serving

## *All packages include necessary accompaniments and condiments.

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## AMERICAN BREAKFAST \$14.89

Choice of One (1) Breakfast Pastry:
Assorted Danish v
250-420 Cal each
Assorted Muffins v
Assorted Scones $\mathbf{v}$
Assorted Bagels v
Croissants $\mathbf{v}$
Breakfast Potatoes $\mathbf{v}$
Crisp Bacon
Breakfast Sausage
Cage-Free Scrambled Eggs v
Bottled Water
Starbucks Coffee, Decaf and Hot Water with
Bigelow Tea Bags
380-550 Cal each
400-440 Cal each
290-450 Cal each
370 Cal each
120-140 Cal/3 oz. serving 60 Cal each
120-180 Cal each
$180 \mathrm{Cal} / 4$ oz. serving
o Cal each

## TACOS FOR BREAKFAST \$15.69

| Seasonal Fresh Fruit Platter vg PF | $35 \mathrm{Cal} / 2.5$ oz. serving |
| :---: | :---: |
| Flour Tortilla - 6" vg | 90 Cal each |
| Corn Tortilla -6" vg | 35 Cal each |
| Scrambled Eggs v | $140 \mathrm{Cal} / 4$ oz. serving |
| Bacon and Eggs Scramble | $140 \mathrm{Cal} / 4$ oz. serving |
| Sauteed Peppers and Onions vg | $40 \mathrm{Cal} / 2$ oz. serving |
| Shredded Cheddar Cheese v | $110 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| Hashbrown Potatoes v | $120 \mathrm{Cal} / 3$ oz. serving |
| Guacamole vg | $100 \mathrm{Cal} / 4$ oz. serving |
| Choice of Two (2) Salsas: |  |
| Salsa Verde ve | $5 \mathrm{Cal} / 1$ oz. serving |
| Salsa Roja vg | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| Pico De Gallo ve | $5 \mathrm{Cal} / 1$ oz. serving |
| Sour Cream vg | $120 \mathrm{Cal} / 1$ oz. serving |
| Bottled Water | O Cal each |
| Starbucks Coffee, Decaf and Hot Water with |  |
| Bigelow Tea Bags | O Cal/8 oz. serving |

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -
Nominal Fee May Apply

BREAKFAST ENHANCEMENTS
All prices are per person and available for 12 guests or more.
LOX AND BAGELS \$11.49 PER PERSON
Bagels v

Choice of Two (2) Yogurt Flavors:

Greek Yogurt v
Strawberry Yogurt v
Vanilla Yogurt v
Diced Pineapple vg pF
Fresh Strawberries vg pF
Walnuts ve
Honey v
Granola v
$60 \mathrm{Cal} / 4$ oz. serving
$80 \mathrm{Cal} / 4$ oz. serving
$80 \mathrm{Cal} / 4 \mathrm{oz}$. serving
$30 \mathrm{Cal} / 2$ oz. serving
$20 \mathrm{Cal} / 2$ oz. serving
$90 \mathrm{Cal} / 0.5$ oz. serving
$40 \mathrm{Cal} / 0.5$ oz. serving
$110 \mathrm{Cal} / 1 \mathrm{oz}$. serving

BREAKFAST BURRITOS AND TACOS \$7.89 PER PERSON
Choice of Two (2) Breakfast Burritos and/or Tacos: Choose from Meat Lovers, Pico, Florentine, or Sweet Potato Breakfast Burritos; or Egg \& Hashbrowns, Vegan Chorizo, Egg \& Chorizo, or Sausage, Egg and Cheese Tacos. One (1) Burrito Per Person, Two (2) Tacos
Per Person:
Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham
820 Cal each
Pico Burrito: Scrambled Egg, Cheddar, Potato and Pico de Gallo v

440 Cal each
Florentine Burrito: Scrambled Eggs, Mushrooms, Roasted
Peppers, Spinach and Cheddar v
580 Cal each
Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa
Brown Rice, Egg White, Swiss Cheese, Spinach and
Pesto VEW PF 450 Cal each

Egg \& Hash Breakfast Tacos (2) v
Vegan Chorizo Breakfast Tacos (2) ve Ew
270 Cal each
Egg \& Chorizo Tacos (2)
270 Cal each
Sausage, Egg \& Cheese Taco

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request Nominal Fee May Apply
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## SANDWICHES \& SALADS

## CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

## DELI EXPRESS \$14.89

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)
Individual Bags of Chips v
Assorted Baked Breads and Rolls $\mathbf{v}$
Deli Platter (Sliced Oven-Roasted Turkey,
Sliced Roast Beef, Deli Ham and Tuna)
Cheese Tray (Cheddar and Swiss) v
Relish Tray (Lettuce, Tomato, Onion, Pickles,
Pepperoncini) vg
20-240 Cal each
100-160 Cal each
110-230 Cal each

Assorted Craveworthy Cookies v
Choice of Two (2) Beverages:
Lemonade
Iced Tea
Iced Water
$50-160 \mathrm{Cal} / 2$ oz. serving $110 \mathrm{Cal} / 1$ oz. serving
$10 \mathrm{Cal} / 1 \mathrm{oz}$. serving
210-260 Cal each
$90 \mathrm{Cal} / 8$ oz. serving
$0 \mathrm{Cal} / 8$ oz. serving
o Cal/8 oz. serving

## PREMIUM BOX LUNCHES

Tuscan Flatbread \$17.59
Sun-Dried Tomato Spread, Grilled Zucchini, Roasted
Peppers, Goat Cheese and Arugula Flatbread $\mathbf{v}$ ew
Herbed Quinoa Side Salad ve PF
430 Cal each
Individual Bag of Chips $\mathbf{v}$ $110 \mathrm{Cal} / 3.5$ oz. serving 100-160 Cal each Bakery-Fresh Brownie v 250 Cal/2.25 oz. serving Bottled Water
o Cal each

## Harvest Chicken Salad \$17.89

Grilled Chicken, Fresh Baby Arugula, Roasted Red Potato, Cauliflower and Pumpkin Seeds tossed in a Kale Pesto

Vinaigrette

640 Cal each
Bakery-Fresh Roll with Butter v
Fresh Fruit Cup vg pF
Lemon Cheesecake Bar v
Bottled Water

160 Cal each
$35 \mathrm{CaI} / 2.5$ oz. serving $300 \mathrm{Cal} / 2.75$ oz. serving

O Cal each

Steakhouse Chop Salad \$18.29
Grilled Beef Steak tossed with Blue Cheese, Vegetables and Romaine tossed with Dijon Vinaigrette
Bakery-Fresh Roll with Butter v
220 Cal each
Fresh Fruit Cup vg pF
160 Cal each
Lemon Cheesecake Bar $\mathbf{v}$
$35 \mathrm{Cal} / 2.5$ oz. serving

Bottled Water
O Cal each

## CLASSIC BOX LUNCH \$14.29

## Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips,

 Assorted Craveworthy Cookies and Bottled Water| Choice of One (1) Classic Sandwich (See Below) | 130-790 Cal each |
| :--- | :--- |
| Individual Bag of Chips $\mathbf{v}$ | $100-160$ Cal each |
| Assorted Craveworthy Cookies $\mathbf{v}$ | $210-260$ Cal each |

Bottled Water
0 Cal each

## CLASSIC SELECTIONS SANDWICH BUFFET \$17.59

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

| Choice of Two (2) Side Salads (pg 10) | 20-240 Cal each |
| :--- | ---: |
| Dill Pickle Slices vg | 0 Cal/1 oz. serving |
| Individual Bags of Chips v | $100-160$ Cal each |
| Choice of Three (3) Classic Sandwiches | $130-790$ Cal each |
| Assorted Craveworthy Cookies $\mathbf{v}$ | $210-260$ Cal each |
| Choice of Two (2) Beverages: |  |
| $\quad$ Lemonade | $90 \mathrm{Cal} / 8$ oz. serving |
| Iced Tea | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| Iced Water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)
Honey Mustard Ham and Swiss Ciabatta 540 Cal each
Roast Beef and Cheddar Sandwich 430 Cal each
Turkey, Bacon and Garlic Aioli Ciabatta 670 Cal each
Chicken Caesar and Asiago Bruschetta Baguette 770 Cal each
Grilled Vegetable Ciabatta with Grilled Vegetables,
Spicy Hummus, Lettuce and Feta Cheese v pr
270 Cal each

[^0]
## SANDWICHES \& SALADS

## CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

## THE EXECUTIVE LUNCHEON \$21.29

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)
Dill Pickle Slices vg
Individual Bags of Chips $\mathbf{v}$
Choice of Three (3) Executive
Luncheon Sandwiches
Assorted Craveworthy Cookies v
Choice of Two (2) Beverages:
Lemonade
Iced Tea
Iced Water

30-240 Cal each
o Cal/1 oz. serving 100-160 Cal each

310-790 Cal each 210-260 Cal each
$90 \mathrm{Cal} / 8$ oz. serving
O Cal/8 oz. serving
o Cal/8 oz. serving

## EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)
New Orleans Muffuletta with Smoked Ham, Genoa Salami, Provolone Cheese and Green Olive-Cauliflower Spread

Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo

540 Cal each
Buffalo Chicken Baguette with Ranch Dressing, Blue
Cheese, Lettuce, Tomato and Onion
640 Cal each
Roast Beef, Provolone, Artichoke Relish and Pesto
Mayo Baguette
680 Cal each
Turkey, Bacon, and Ranch Sub with Lettuce and
Tomato
430 Cal each
Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta $\mathbf{v}$

600 Cal each
Portobello Ciabatta with Baby Spinach and Sun-Dried
Tomato Pesto v
440 Cal each
*All packages include necessary accompaniments and condiments.
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## SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

| Traditional Garden Salad with a Balsamic |  |
| :--- | ---: |
| Vinaigrette Dressing vG Ew PF |  |$\quad 50 \mathrm{Cal} / 3.5$ oz. serving

Sweet Chili Cucumber Salad with Red Onion, Fresh Cilantro and a Sweet and Spicy Chili Sauce ve ew PF
$20 \mathrm{CaI} / 3$ oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v
$80 \mathrm{Cal} / 3 \mathrm{oz}$. serving
Grilled Vegetable Pasta Salad with a Balsamic Dressing vg
$120 \mathrm{Cal} / 3$ oz. serving
Herbed Quinoa Side Salad $\mathbf{v}$ PF
$110 \mathrm{Cal} / 3.5$ oz. serving
$150 \mathrm{Cal} / 4.25$ oz. serving

## BUFFETS

## THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## CURRY AND SPICE \$21.59

Kachumber Salad vg Ew PF
Potato Samosa ve
Lemon-Ginger Basmati Rice vg Sweet Potato Coconut Curry ve PF Lamb Kofta Curry Ginger-Spiced Rice Pudding $\mathbf{v}$
$35 \mathrm{CaI} / 3.9 \mathrm{oz}$. serving 180 Cal each $170 \mathrm{Cal} / 3.25$ oz. serving $130 \mathrm{Cal} / 4 \mathrm{oz}$. serving $270 \mathrm{Cal} / 3$ oz. serving $180 \mathrm{Cal} / 4.5$ oz. serving

## ALL-AMERICAN PICNIC \$17.59

Traditional Potato Salad v Fresh Country Coleslaw vew Home-Style Kettle Chips v Grilled Hamburgers with Buns
Vegetarian Burger V PF
Hot Dogs with Buns
Garnish Tray (Lettuce, Onions, Pickles and Tomatoes) vg
Assorted Craveworthy Cookies v
Bakery-Fresh Brownies v
Add on Grilled Chicken Breast for an Additional Fee
$240 \mathrm{Cal} / 4$ oz. serving $170 \mathrm{Cal} / 3.5$ oz. serving $190 \mathrm{Cal} / 1.25 \mathrm{oz}$. serving 330 Cal each 170 Cal each 310 Cal each

0-10 Cal/1 oz. serving 210-260 Cal each $250 \mathrm{Cal} / 2.25$ oz. serving $160 \mathrm{Cal} / 3$ oz. serving

## CLASSIC PIZZA \$15.99

Classic Garden Salad with Fresh Seasonal Vegetables and Balsamic Vinaigrette and Ranch ve Ew PF Home-Style Kettle Chips
Traditional New York-Style Cheese Pizza Slices v Meat Lover's Pizza Slices
Garden Vegetable Pizza Slices V Ew
Assorted Craveworthy Cookies v Bakery-Fresh Brownies v
$50 \mathrm{Cal} / 3.5$ oz. serving $190 \mathrm{Cal} / 1.25$ oz. each $250 \mathrm{Cal} /$ slice $460 \mathrm{Cal} /$ slice $370 \mathrm{Cal} /$ slice
210-260 Cal each $250 \mathrm{Cal} / 2.25$ oz. serving



## BUFFETS

## THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## TASTY TEX MEX \$25.99

Tortilla Chips v
$260 \mathrm{Cal} / 3$ oz. serving
Mexican Rice vg
Charro Beans ve ew pF
Sauteed Peppers and Onions vg
Choice of One (1) Type of Fajitas:
Beef Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
$130 \mathrm{Cal} / 3$ oz. serving
$80 \mathrm{Cal} / 3$ oz. serving
$140 \mathrm{Cal} / 2$ oz. serving

Chicken Fajitas with Tortillas,
Shredded Cheddar and Sour Cream
$680 \mathrm{Cal} / 5 \mathrm{oz}$. serving

Citrus Braised Pork with Tortillas,
Shredded Cheddar and Sour Cream
$580 \mathrm{Cal} / 5$ oz. serving

Vegan Chorizo with Tortillas and Vegan Cheese $\mathbf{v}$
$580 \mathrm{Cal} / 3$ oz. serving
$380 \mathrm{Cal} / 2$ oz. serving
Choice of Two (2) Salsas:
Pico De Gallo vg
$10 \mathrm{Cal} / 1$ oz. serving
$5 \mathrm{Cal} / 1$ oz. serving
$20 \mathrm{Cal} / 1 \mathrm{oz}$. serving
20 Cal each
Cinnamon Crisps v

## HEARTLAND BUFFET \$22.59

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette
$180 \mathrm{Cal} / 3.75$ oz. serving
Bakery-Fresh Rolls with Butter v
Roasted New Potatoes vg
Fresh Herbed Vegetables vg Ew pF
Grilled Lemon Rosemary Chicken Ew
Oreo Blondies v

160 Cal each
$110 \mathrm{Cal} / 2.75$ oz. serving $100 \mathrm{Cal} / 3.5 \mathrm{oz}$. serving $130 \mathrm{Cal} / 3$ oz. serving $270 \mathrm{Cal} / 1.75$ oz. serving

## THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## SOUP AND SALAD BUFFET \$16.99

Garden Fresh Mixed Greens vg
Sliced Red Onions vg
Tomatoes vg
Cucumbers ve
Shredded Carrots vg
Shredded Cheese v
Roasted Chickpeas ve
Sliced Grilled Chicken
Diced Ham
Ranch Dressing $\mathbf{v}$
Italian Dressing $\mathbf{v}$
Croutons v
Bakery-Fresh Rolls with Butter v
Soup Du Jour
Assorted Craveworthy Cookies v
$15 \mathrm{Cal} / 3$ oz. serving
$10 \mathrm{Cal} / 1$ oz. serving
10 Cal/1 oz. serving
$5 \mathrm{Cal} / 1 \mathrm{oz}$. serving
$10 \mathrm{Cal} / 0.5$ oz. serving $60 \mathrm{Cal} / 0.5$ oz. serving $100 \mathrm{Cal} / 2$ oz. serving $160 \mathrm{Cal} / 3$ oz. serving
$80 \mathrm{Cal} / 2$ oz. serving
$200 \mathrm{Cal} / 2$ oz. serving
$80 \mathrm{Cal} / 2$ oz. serving
$60 \mathrm{Cal} / 0.5$ oz. serving 160 Cal each
140-240 Cal/8 oz. serving
210-260 Cal each

## NORTHERN ITALIAN BUFFET \$23.19

Mediterranean Salad with a Greek Vinaigrette $\mathbf{v}$ Garlic Breadsticks v
Roasted Mushrooms ve Ew pF
Grilled Lemon Rosemary Chicken Ew
Shrimp Scampi
Vermicelli Pasta vg
Berry Panna Cotta
$110 \mathrm{Cal} / 3.25 \mathrm{oz}$. serving 110 Cal each
$90 \mathrm{Cal} / 3$ oz. serving
$130 \mathrm{Cal} / 3$ oz. serving
$100 \mathrm{Cal} / 3 \mathrm{oz}$. serving
$140 \mathrm{Cal} / 3.25$ oz. serving
$340 \mathrm{CaI} / 5$ oz. serving

## EAST ASIAN EATS \$21.49

## Egg Rolls

180 Cal each
Crispy Wontons
25 Cal each
Choice of Two (2) Dipping Sauces:
Sweet Soy Sauce $\mathbf{v}$
Sweet and Sour Sauce vg
ve Chili Garlic Sauce
Yakisoba Noodles vg
Jasmine Rice vg
Lemongrass Chicken
Asian Tofu vg Ew
Teriyaki Sauce vg
Raspberry Coconut Bars v
$50 \mathrm{Cal} / 1$ oz. serving $40 \mathrm{Cal} / 1$ oz. serving $40 \mathrm{Cal} / 1 \mathrm{oz}$. serving $140 \mathrm{CaI} / 2.5$ oz. serving $130 \mathrm{Cal} / 3 \mathrm{oz}$. serving $190 \mathrm{Cal} / 3$ oz. serving $190 \mathrm{Cal} / 3$ oz. serving $20 \mathrm{Cal} / 0.5$ oz. serving $360 \mathrm{Cal} / 3.25$ oz. serving

[^1]
## BUFFETS

## CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

## BUFFET STARTERS

Classic Garden Salad with Balsamic Vinaigrette and Ranch vg Ew PF

Classic Caesar Salad
Greek Salad with Crumbled Feta v
Antipasto Salad PF
Traditional Hummus with Toasted Pita v
Seasonal Fresh Fruit Salad vg PF
$50 \mathrm{Cal} / 3.5$ oz. serving $170 \mathrm{Cal} / 2.7$ oz. serving $110 \mathrm{Cal} / 3.25$ oz. serving $170 \mathrm{Cal} / 3$ oz. serving $130 \mathrm{Cal} / 1.75$ oz. serving $35 \mathrm{Cal} / 2.25$ oz. serving

## BUFFET ENTREES

Fried Chicken with Buttermilk Hot Sauce \$23.69
Asiago Chicken in a Roasted Red Pepper Sauce \$22.59

Grilled Lemon Rosemary Chicken Ew \$22.59
Cavatappi with Grilled Chicken, Chorizo, Tomatoes, Mushrooms, Roasted Peppers and Beans \$22.99

Chipotle Pork Loin Topped with a Pineapple Salsa Ew \$22.79

Maple Dijon Salmon ew \$25.99
Pesto Flank Steak $\$ 25.89$

## BUFFET SIDES

Fresh Herbed Vegetables vg Ew pF
Italian Seasoned Green Beans v Ew pF Garlic Roasted Broccoli vg EW PF

Creamy Garlic Mashed Potatoes $\mathbf{v}$
Roasted Red Potatoes vg
Savory Herbed Rice v ve
Penne with Marinara Sauce vg
$100 \mathrm{CaI} / 3.5$ oz. serving $40 \mathrm{Cal} / 3.25$ oz. serving
$40 \mathrm{Cal} / 1.76$ oz. serving
$120 \mathrm{Cal} / 3.75$ oz. serving
$100 \mathrm{Cal} / 2.75 \mathrm{oz}$. serving
$150 \mathrm{Cal} / 3.5$ oz. serving
$100 \mathrm{Cal} / 3$ oz. serving

## BUFFET FINISHES

Cherry Cheesecake Tarts $\mathbf{v}$
New York-Style Cheesecake
Spiced Carrot Cake v $350 \mathrm{Cal} / \mathrm{slice}$

Chocolate Cake $\mathbf{v}$
$340 \mathrm{CaI} /$ slice
380 Cal each
210-260 Cal each

[^2]
## RECEPTIONS

## HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

## RECEPTION HORS D'OEUVRES (HOT)

Black Angus Mini Cheeseburgers (Sliders) \$39.89
Chicken Empanadas \$28.99
Chicken Satay \$29.99
Coconut Shrimp \$32.99
Balsamic Fig \& Goat Cheese Flatbread \$28.99
Mac n' Cheese Melts v \$28.99
Vegetable Empanadas v \$26.89
Vegetable Spring Rolls vg $\$ 28.99$
Buffalo Cauliflower Wings v \$23.19

50 Cal each 70 Cal each 20 Cal each 50 Cal each 80 Cal each 80 Cal each 70 Cal each 50 Cal each $25 \mathrm{Cal} / 2$ oz. serving

## RECEPTION HORS D'OEUVRES (COLD)

Tenderloin and Bacon Jam Crostini \$46.99
Tuna Poke Crisp ew \$39.89
Gazpacho Shooter vg Ew PF \$26.89
Traditional Tomato Bruschetta Crostini v \$20.49
Middle Eastern Chickpea Toast Points vew \$21.59
Grilled Shrimp Cocktail with Sriracha Cocktail Sauce \$32.99

130 Cal each 80 Cal each $30 \mathrm{Cal} / 2 \mathrm{oz}$. serving 50 Cal each 70 Cal each
$150 \mathrm{Cal} / 2 \mathrm{oz}$. serving

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.



## RECEPTIONS

RECEPTION PLATTERS AND DIPS
All prices are per person and available for 15 guests or more.
FRESH GARDEN CRUDITÉS \$4.39 PER PERSON
Fresh Garden Crudités with Ranch Dill Dip v pF $120 \mathrm{Cal} / 5 \mathrm{oz}$. serving
SEASONAL FRESH FRUIT PLATTER \$4.29 PER PERSON
Seasonal Fresh Fruit vg pF
35 Cal/2.5 oz. serving

## BLACK BEAN, CORN AND PICO GUACAMOLE \$5.29 PER PERSON

Black Bean, Corn and Pico Guacamole served with
Tortilla Chips vg PF
$320 \mathrm{Cal} / 6.75$ oz. serving
FLATBREAD CRISPS \$4.29 PER PERSON
Flatbread Crisps Served with Hummus, Harissa and
Tzatziki v
$410 \mathrm{Cal} / 6.18$ oz. serving

## ASSORTED ARTISAN CHEESE TRAY

\$5.39 PER PERSON
Chef selection of Artisan Cheese
crackers \& Flatbreads $\mathbf{v}$
$100 \mathrm{Cal} / 2$ oz. serving
*All packages include necessary accompaniments and condiments.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## RECEPTIONS

## CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 15 guests or more.

## GROWN UP MAC AND CHEESE \$18.99

Chipotle Macaroni and Cheese $\mathbf{v}$
$480 \mathrm{Cal} / 8$ oz. serving
Choice of Three (3) Proteins:
Grilled Chicken Breast
Sautéed Shrimp
Pulled Pork
Diced Ham
Roasted Mushrooms ve Ew PF
Peas vg Ew pF
Broccoli Bits vg Ew PF
Scallions vg
$160 \mathrm{Cal} / 3$ oz. serving $90 \mathrm{Cal} / 3$ oz. serving $290 \mathrm{Cal} / 3$ oz. serving $80 \mathrm{Cal} / 2$ oz. serving $90 \mathrm{Cal} / 3 \mathrm{oz}$. serving $70 \mathrm{Cal} / 3$ oz. serving $40 \mathrm{Cal} / 1.76$ oz. serving o Cal/0. 25 oz. serving

## SOFT PRETZEL BAR \$9.69

Hot Pretzels vg
180 Cal each
Choice of Three (3) Dipping Sauces:

Honey Mustard Sauce v
Spicy Mustard Sauce vg
Yellow Mustard Sauce vg
Nacho Cheese Sauce
Vegan Cheddar Cheese Sauce vg
Cajun Cheese Sauce $\mathbf{v}$
Buffalo Blue Sauce v
Chocolate Sauce vg
Caramel Sauce v
$120 \mathrm{Cal} / 1$ oz. serving $30 \mathrm{Cal} / 1$ oz. serving $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving $40 \mathrm{Cal} / 1$ oz. serving $60 \mathrm{Cal} / 1$ oz. serving $70 \mathrm{Cal} / 1$ oz. serving $30 \mathrm{Cal} / 1$ oz. serving $60 \mathrm{Cal} / 1$ oz. serving $80 \mathrm{Cal} / 1 \mathrm{oz}$. serving

## TOP YOUR OWN POUND CAKE BAR \$7.99

Pound Cake Slices v
Sugared Strawberries v
Apple-Brown Sugar Compote $\mathbf{v}$ Cherry Compote vg Fresh Blueberries vg Chocolate Syrup ve
Whipped Cream v

150 Cal each $60 \mathrm{CaI} / 2$ oz. serving $80 \mathrm{Cal} / 2$ oz. serving $60 \mathrm{Cal} / 2$ oz. serving $30 \mathrm{Cal} / 2$ oz. serving $60 \mathrm{Cal} / 1$ oz. serving 50 Cal/0.5 oz. serving

## BREAKS

All prices are per person and available for 12 guests or more.

| CHOCAHOLIC \$9.49 |  |
| :--- | ---: |
| Mini Candy Bars (4 each) v | $45-70$ Cal each |
| Chunky Cocolate Craveworthy Cookies v | 230 Cal each |
| Chocolate Dipped Pretzels $\mathbf{v}$ | 120 Cal each |
| Chocolate Dipped Strawberries (2 each) v | 80 Cal each |
| Chocolate Milk | $160 \mathrm{Cal} / 8.75$ oz. serving |

## THE HEALTHY ALTERNATIVE \$6.89

| Apple vg EW PF | 60 Cal each |
| :--- | ---: |
| Orange vGEW PF | 45 Cal each |
| Banana vG EW PF | 100 Cal each |
| Pear vg | 90 Cal each |
| Yogurt Cup v | $80-150$ Cal each |
| Trail Mix v | 290 Cal each |
| Granola Bars v | $130-250$ Cal each |

## SNACK ATTACK $\$ 7.39$

| Assorted Chips v | $100-160$ Cal each |
| :--- | ---: |
| Roasted Peanuts v | 180 Cal/1 oz. serving |
| Trail Mix v | 290 Cal each |
| Assorted Craveworthy Cookies $\mathbf{v}$ | $210-260$ Cal each |
| Bakery-Fresh Brownies $\mathbf{v}$ | 250 Cal/2.25 oz. serving |

## BREADS AND SPREADS $\$ 6.99$

| Tortilla Chips $\mathbf{v}$ | $260 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| :---: | :---: |
| Pita Chips v | $130 \mathrm{Cal} / 2 \mathrm{oz}$. serving |
| Crostini ve Ew | 40 Cal each |
| Choice of Four (4) Spreads: |  |
| Korean Roja Guacamole vg PF | $90 \mathrm{Cal} / 2$ oz. serving |
| Ginger Verde Guacamole vg PF | $80 \mathrm{Cal} / 2$ oz. serving |
| Chilled Spinach Dip v | $200 \mathrm{Cal} / 2$ oz. serving |
| Feta and Roasted Garlic Dip v | $260 \mathrm{Cal} / 2 \mathrm{oz}$. serving |
| Traditional Hummus ve PF | $320 \mathrm{Cal} / 4$ oz. serving |
| Artichoke and Olive Dip v | $140 \mathrm{Cal} / 2$ oz. serving |
| Seasonal Fresh Fruit Platter ve PF | $35 \mathrm{Cal} / 2.5$ oz. serving |

## BEVERAGES \& DESSERTS

BEVERAGES
Includes appropriate accompaniments

## Hot Water with Bigelow Tea Bags

 \$3.19 Per Person$0 \mathrm{Cal} / 8 \mathrm{oz}$. serving
Starbucks Regular/Decaffeinated Coffee and Hot
Water with Bigelow Tea Bags
\$3.99 Per Person
O Cal/8 oz. serving

Bottled Water \$2.19 Each
O Cal each

Assorted Sodas (Can) \$2.19 Each
0-150 Cal each
Assorted Individual Fruit Juices \$2.79 Each
110-170 Cal each

Iced Tea \$12.99 Per Gallon
O Cal/8 oz. serving
Lemonade \$12.99 Per Gallon
$90 \mathrm{Cal} / 8 \mathrm{oz}$. serving
Iced Water \$5.69 Per Gallon
O Cal/8 oz. serving
Infused Water \$10.99 Per Gallon
Choice of One (1) Fruit Infused Water:
Lemon Infused Water
Orange Infused Water
Apple Infused Water
Cucumber Infused Water
Grapefruit Infused Water
$10 \mathrm{Cal} / 8 \mathrm{oz}$. serving
$20 \mathrm{Cal} / 8 \mathrm{oz}$. serving
$10 \mathrm{Cal} / 8$ oz. serving
$10 \mathrm{Cal} / 8 \mathrm{oz}$. serving

Hot Chocolate W/whipped cream (per person)
\$3.99
$100 \mathrm{Cal} / 8 \mathrm{oz}$. serving

## DESSERTS

v Assorted Blondies \$29.99 Per Dozen
240-300/1.875-2.38 oz. serving
v Assorted Craveworthy Cookies
\$16.39 Per Dozen
210-260 Cal each
v Bakery-fresh Brownies
\$29.99 Per Dozen
$250 \mathrm{Cal} / 2.25$ oz. serving
v Gourmet Dessert Bars
\$37.59 Per Dozen
Custom Artisan Cupcakes \$41.99 Per Dozen
Chocolate Cupcake with Fudge Icing vg
Vanilla Cupcake v
Bananas Foster Cupcake $\mathbf{v}$
480 Cal each
880 Cal each
Devil's Food Cupcake v

## ORDERING INFORMATION

## Lead Time

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

## Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

## Calorie \& Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN
v VEGETARIAN

EW EAT WELL
PF PLANT FORWARD

## Contact Us Today

860.768.5017 / 203.216.9613

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Prices effective until 07/01/2024
Prices may be subject to change
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[^0]:    Additional premium box lunch options available upon request! Please contact your catering professional.

[^1]:    *All packages include necessary accompaniments and condiments.
    2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
    In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

[^2]:    *All packages include necessary accompaniments and condiments.
    2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

    In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

