
under the oaks catering


## what we bring to the table

## OUR PROMISE TO YOU

We all expect our food to taste good, but we want it to do more than that. We want to know where it came from. How it's made. Who prepared it. We want it to tell a story.

## SHARE OUR CULINARY STORY <br> WITH $100 \%$ TRANSPARENCY

## We use fresh, vibrant, responsibly-sourced ingredients to create exciting flavors from down the street and around the globe. <br> 



GROW ROOTS IN YOUR COMMUNITY THROUGH FOOD

We do more than serve the community we become a part of fit colporavive

We are built on a food-first philosophy with a focus on authentic, personalized and collaborative food experiences.
MARY THORNTON, FOUNDER \& PRESIDENT, HARVEST TABLE CULINARY GROUP

## what's inside

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## QUALITY IS OUR COMMITMENT

our chefs go beyond technique + flavor development-they stay true to the Harvest Table culinary commitments from sourcing to preparation.


## DIETARY INFORMATION

V vegetarian
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

WE ARE PROUD TO DO BUSINESS WITH THESE LOCAL VENDORS.
Little Leaf Farm - Sid Wainer \& Sons
Jansal Valley Farms - Plainville Farm


# all-day packages 

Choose one (7) of these three (3) packages to sustain you throughout the day.

## ALL DAY DELICIOUS

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person + available for 12 guests or more.

## BREWED AWAKENINGS

| assorted muffins | $400-510$ Cal each |
| :--- | ---: |
| assorted scones | $430-470$ Cal each |
| fresh seasonal sliced fruit | 40 Cal/2.5 oz. serving |
| assorted juice | $110-170$ Cal each |
| bottled water | 0 Cal each |
| gourmet coffee, decaf and hot tea | 0 Cal/8 oz. serving |


| EASY DOES IT | 190 Cal each |
| :--- | ---: |
| granola bars | $50-150$ Cal each |
| assorted individual yogurt cups | $5 \mathrm{Cal} / 8$ oz. serving |
| iced tea | 0 Cal each |
| bottled water |  |
| gourmet coffee, decaf and hot tea | 0 Cal/8 oz. serving |



FRESH FOCUS

| chilled spinach dip with tortilla chips <br> grilled vegetable tray | $230 \mathrm{Cal} / 2.25 \mathrm{oz}$. serving |
| :--- | ---: |
| bakery-fresh brownies | $70 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| bottled water |  |
| gourmet coffee, decaf and hot tea | $250 \mathrm{Cal} / 2.25 \mathrm{oz}$. serving |
| 0 Cal each |  |

## MEETING WRAP UP $\$ 4419$

Serve these favorites + success is a wrap! This all-day package includes the following four (4) delights. All prices are per person + available for 12 guests or more.

## MORNING MINUTE



## MORNING BITES

| donut holes | 45-90 Cal each |
| :--- | ---: |
| bananas | 110 Cal each |
| iced tea | $5 \mathrm{Cal} / 8$ oz. serving |
| bottled water |  |
| gourmet coffee, decaf and hot tea | 0 Cal each |

## WRAP 'N TWIST

| chicken caesar wrap | 540 Cal each |
| :---: | :---: |
| pepper jack tuna wrap | 590 Cal each |
| cran-apple turkey wrap | 650 Cal each |
| grilled vegetable wrap | 620 Cal each |
| fresh seasonal sliced fruit | $40 \mathrm{Cal} / 2.50 \mathrm{z}$. serving |
| select one (1) salad: |  |
| traditional garden salad | 50 Cal 3.5 oz. serving |
| grilled vegetable pasta salad | $130 \mathrm{Cal} / 3$ oz serving |
| individual bag of chips | 100-160 Cal each |
| assorted craveworthy cookies | 250-310 Cal each |
| bakery-fresh brownies | $250 \mathrm{Cal} / 2.25$ oz. serving |
| iced tea | 5 Cal 88 z . serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

DIPS + CHIPS

| tortilla chips | $90 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| :--- | ---: |
| select two (2) salsas: |  |
| salsa roja | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| salsa verde | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| pico de gallo | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| assorted fruit | $50-110$ Cal each |
| assorted craveworthy cookies | $250-310$ Cal each |
| bottled water | 0 Cal each |
| gourmet coffee, decaf and hot tea | 0 Cal/8 oz. serving |

[^0]2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# all-day packages 

## SIMPLE PLEASURES $\$ 3509$

Easy does it-casually tasteful fare. This all-day package includes
three (3) of our favorites. All prices are per person + available for 12 guests or more

## SWEET + SAVORY AM

| assorted donuts | $190-490$ Cal each |
| :--- | ---: |
| assorted bagels | $170-360$ Cal each |
| orange juice | 120 Cal/8 oz. serving |
| bottled water | 0 Cal each |
| gourmet coffee, decaf and hot tea | 0 Cal/8 oz. serving |

## BOX LUNCH

| select one (1) sandwich: |  |
| :--- | ---: |
| tuna salad ciabatta | 540 Cal each |
| ham + swiss sub | 380 Cal each |
| turkey + swiss sandwich | 490 Cal each |
| roasted pepper + mozzarella ciabatta | 530 Cal each |
| individual bag of chips | $100-160$ Cal each |
| assorted craveworthy cookies | 250-310 Cal each |
| bottled water | 0 Cal each |

## DIPS + CHIPS

| tortilla chips | $90 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| :--- | ---: |
| select two (2) salsas: |  |
| salsa roja | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| salsa verde | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| pico de gallo | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| assorted fruit | $50-110$ Cal each |
| assorted craveworthy cookies | $250-310$ Cal each |
| bottled water | 0 Cal each |
| gourmet coffee, decaf and hot tea | 0 Cal/8 oz. serving |

[^1]


## breakfast

## CONTINENTAL BREAKFAST

All prices are per person + available for 12 guests or more

## DAILY GRIND

select one (1) breakfast pastry:

bottled water
gourmet coffee, decaf and hot tea
TINY TREATS
miniature muffins
miniature danish
miniature bagels
fresh seasonal sliced fruit
bottled water
gourmet coffee, decaf and hot tea

## NEW YORK MINUTE \$18.09

bagels
smoked salmon platter with hard-boiled
eggs, sliced tomato, cucumber, slivered
red onion + cream cheese
fresh seasonal sliced fruit
assorted juice
bottled water
gourmet coffee, decaf and hot tea

120-530 Cal each
400-510 Cal each
430-470 Cal each
170-360 Cal each
0 Cal each
0 Cal/8 oz. serving

80-120 Cal each
140-170 Cal each
110-160 Cal each
$40 \mathrm{Cal} / 2.5$ oz. serving
0 Cal each
0 Cal/8 oz. serving

170-360 Cal each

120 Cal/3.25 oz. serving
$40 \mathrm{Cal} / 2.5$ oz. serving
110-170 Cal each
0 Cal each
0 Cal/8 oz. serving

[^2]
## breakfast

## HOT BREAKFAST

All prices are per person + available for 12 guests or more.

## CHAMPION BREAKFAST \$18.49

| assorted danish | 120-530 Cal each |
| :---: | :---: |
| assorted muffins | 400-510 Cal each |
| assorted scones | 430-470 Cal each |
| assorted bagels | 170-360 Cal each |
| fresh seasonal sliced fruit | $40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving |
| scrambled eggs | $180 \mathrm{Cal} / 4 \mathrm{oz}$. serving |
| breakfast potatoes | 130-150 Cal/3 oz. serving |
| bacon | 45 Cal each |
| breakfast sausage | 130-220 Cal each |
| cheddar + onion frittata | 270 Cal each |
| pancakes | 50 Cal each |
| maple syrup | $70 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| assorted juices | 110-170 Cal each |
| bottled water | 0 Cal each |
| gourmet coffee, decaf and hot tea | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## SIGNATURE BREAKFAST SANDWICH BUFFET \$15.99

fresh seasonal sliced fruit
breakfast potatoes Cal/2.5 Oz. serving
select two (2) signature breakfast sandwiches:

| egg + cheese english muffin | 260 Cal each |
| :--- | :--- |
| egg + cheese croissant | 370 Cal each |
| sausage, egg + cheese biscuit | 520 Cal each |
| ham, egg + cheese biscuit | 450 Cal each |
| bacon, egg + cheese bagel | 370 Cal each |
| spicy bacon, egg, potato + cheese burrito | 590 Cal each |
| spicy veggie sausage biscuit | 370 Cal each |
| spicy southern chicken biscuit | 640 Cal each |
| bottled water | 0 Cal each |
| gourmet coffee, decaf and hot tea | 0 Cal/8 oz. serving |

Egg Whites, Turkey Bacon + Turkey Sausage are Available Upon Request - Nominal Fee May Apply

## CLASSIC BREAKFAST \$15.49

select one (1) breakfast pastry:
assorted danish
assorted muffins
assorted scones
assorted bagels
fresh seasonal sliced fruit
breakfast potatoes
bacon
breakfast sausage
scrambled eggs
bottled water
gourmet coffee, decaf and hot tea

120-530 Cal each
400-510 Cal each
430-470 Cal each
170-360 Cal each
$40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving 130-150 Cal/3 oz. serving

45 Cal each
130-220 Cal each
180 Cal/4 Oz. serving
0 Cal each
0 Cal/8 oz. serving



## breakfast

## ENHANCEMENTS

All prices are per person + available for 12 guests or more.

HOME-STYLE BISCUITS + GRAVY \$4.49
$590 \mathrm{Cal} / 7 \mathrm{Oz}$. serving

## OMELET STATION

Omelets cooked fresh to order with eggs or egg whites + choice of


## EUROPEAN BREAKFAST CHARCUTERE

european breakfast charcuterie: platter
of gruyere, blue cheese, genoa salami,
genoa salami, prosciutto, orange
marmalade, fig cranberry jam, whole
grain mustard, hard-boiled egg, red
grapes and crostini
400 Cal/4.5 oz. serving

Egg Whites, Turkey Bacon + Turkey Sausage are Available Upon
Request - Nominal Fee May Apply

## sandwiches \&

## SANDWICH BUFFETS

All prices are per person + available for 12 guests or more.

## salads

## DELI BAR \$15.99

| select two (2) side salads | 25-330 Cal each |
| :---: | :---: |
| individual bags of chips | 100-160 Cal each |
| assorted baked breads + rolls | 110-160 Cal each |
| deli platter (turkey, roast beef, ham + tuna) | 25-80 Cal/1 oz. serving |
| cheese tray (cheddar + swiss) | $110 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| relish tray (lettuce, tomato, |  |
| onion, pickles + pepperoncini) | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| assorted craveworthy cookies | 250-310 Cal each |
| select two (2) beverages: |  |
| lemonade | $90 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## THE GRAD BOX LUNCHES

chicken, blue cheese + pear salad \$17.99
grilled lemon chicken on a salad of pear,
blue cheese, walnuts, crisp greens

+ dijon vinaigrette
bakery-fresh roll with butter
assorted whole fruit
lemon cheesecake bar
bottled water
620 Cal each
160 Cal each
$40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving
50-110 Cal each
$300 \mathrm{Cal} / 2.75$ oz. serving
O Cal each
harvest chicken salad \$17.99
grilled chicken, fresh baby arugula, roasted
red potato, cauliflower + pumpkin seeds
tossed in a kale pesto vinaigrette
bakery-fresh roll with butter
fresh fruit cup
assorted whole fruit
lemon cheesecake bar
bottled water
salmon caesar salad \$17.99
caesar salad with grilled salmon, shredded
parmesan cheese + seasoned croutons
bakery-fresh roll with butter
fresh fruit cup
assorted whole fruit (1) lemon cheesecake bar bottled water


## THE UNDERGRAD BOX LUNCH \$13.99

Please limit selection to 3.

| undergrad sandwich | $140-750$ Cal each |
| :--- | ---: |
| individual bag of chips | $100-160$ Cal each |
| assorted whole fruit | $50-110$ Cal each |
| assorted craveworthy cookies | $250-370$ Cal each |
| bottled water | 0 Cal each |

## THE UNDERGRAD LUNCHEON

Choice of three (3) undergrad sandwiches + two (2) side salads accompanied by chips, mayo + mustard, pickles, assorted
craveworthy cookies + choice of two (2) beverages

| select two (2) side salads | $25-330$ Cal each |
| :--- | ---: |
| dill pickle slices | 0 Cal/1 Oz. serving |
| individual bags of chips | $100-160$ Cal each |
| select three (3) undergrad sandwiches | $140-750$ Cal each |
| assorted craveworthy cookies | $250-310$ Cal each |
| select two (2) beverages: |  |
| $\quad$ lemonade | 90 Cal/8 oz. serving |
| $\quad$ iced tea | 5 Cal/8 oz. serving |
| iced water | 0 Cal/8 oz. serving |

## THE UNDERGRAD SANDWICH OPTIONS

(Available sandwich choices for the undergrad box lunch + the undergrad luncheon)
roast beef with tarragon horseradish spread on wheatberry bread

450 Cal each
deli sliced turkey + swiss on hearty wheat bread
490 Cal each
turkey breast with mesclun greens + sage
cream cheese on ciabatta bread
420 Cal each
grilled chicken club with bacon + swiss on
toasted wheat bread
750 Cal each
grilled vegetable ciabatta: grilled vegetables,
spicy hummus, lettuce \& feta cheese
270 Cal each
*All packages include necessary accompaniments and condiments

Additional premium box lunch options available upon request!
Please contact your catering professional.



# sandwiches \& 

## SANDWICH BUFFETS

All prices are per person + available for 12 guests or more.

## THE GRAD LUNCHEON \$20.99

Choice of three (3) grad sandwiches + two (2) side salads accompanied by chips, mayo + mustard, pickles, assorted craveworthy cookies + choice of two (2) beverages

```
select two (2) side salads
dill pickle slices
select three (3) grad luncheon sandwiches
assorted craveworthy cookies
select two (2) beverages:
    lemonade }90\textrm{Cal}/8\textrm{oz}\mathrm{ . serving
    iced water 0 Cal/8 oz. serving
25-330 Cal each
0 Cal/1 oz. serving
100-160 Cal each
370-760 Cal each
250-310 Cal each
\(90 \mathrm{Cal} / 8 \mathrm{oz}\). serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving
```

THE GRAD SANDWICH OPTIONS
(Available sandwich choices for the grad luncheon buffet)
ham + brie with fresh pear, spinach +
caramelized onions on wheatberry bread
roast pork with apple slaw sub
southwest smoked turkey ciabatta with fresh
spinach + chipotle mayo
roast beef + fontina sub
chicken teriyaki ciabatta with pineapple salsa
on a ciabatta
grilled herbed chicken + asiago with garlic
mayonnaise sub
gourmet turkey sandwich with baby arugula +
creamy brie+ cranberry-fig jam
$-2-2$

700 Cal each
410 Cal each

500 Cal each
650 Cal each

510 Cal each

490 Cal each

430 Cal each

## buffets

## THEMED BUFFETS

All prices are per person + available for 12 guests or more Includes choice of beverages.

## MEDITERRANEAN ESCAPE - PLANT FORWARD BUFFET

\$20.39

```
greek chickpea salad
vegetable platter
roasted red pepper hummus
greek pita with feta cheese + a red
wine vinaigrette
beef kofta pita with tzatziki + hummus
iced lemon craveworthy cookies
select two (2) beverages:
    lemonade
    iced tea
    iced water
\(70 \mathrm{Cal} / 3.25\) oz. serving
\(120 \mathrm{Cal} / 5\) oz. serving
140 Cal/4 oz. serving
160 Cal each
370 Cal each
270 Cal each
\(90 \mathrm{Cal} / 8 \mathrm{oz}\). serving 5 Cal/8 oz. serving 0 Cal/8 oz. serving
```


## SMOKIN' SLIDERS \$21.99

```
fresh country coleslaw
vegetarian baked beans
collard greens
macaroni + cheese
hush puppies
select two (2) pulled meats:
pulled bbq chicken
cilantro-lime pulled chicken
pulled bba pork
anise herbed pulled pork
slider buns \(\boldsymbol{\bullet}\)
assorted craveworthy cookies
bakery-fresh brownies
select two (2) beverages:
lemonade
iced tea
iced water
```

170 Cal/3.5 oz. serving
160 Cal/4 oz. serving
90 Cal/3 oz. serving
260 Cal/4 oz. serving
70 Cal each

190 Cal/3 oz. serving
180 Cal/3 oz. serving
290 Cal/3 oz. serving
$220 \mathrm{Cal} / 3$ oz. serving
80 Cal each
250-310 Cal each
250 Cal/2.25 oz. serving
$90 \mathrm{Cal} / 8 \mathrm{oz}$. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving

## SKY HIGH POTATOES \$19.99

classic garden salad $\quad 50 \mathrm{Cal} / 3.5 \mathrm{oz}$. serving
top your own baked potato with
chicken mushroom alfredo, chili con
carne, steamed broccoli, crumbled
bacon, shredded cheddar cheese,
scallions + sour cream
$660 \mathrm{Cal} / 12$ oz. serving
select one (1) dessert:.
apple cobbler $350 \mathrm{Cal} / 4.75$ oz, serving
apple pie 410 Cal/slice
select two (2) beverages:
lemonade $90 \mathrm{Cal} / 8$ oz. serving
iced tea $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving
iced water $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving
add on cheddar cheese sauce $60 \mathrm{Cal} / 1 \mathrm{oz}$. serving


## Tranoport your tastebuds

## buffets

## THEMED BUFFETS

All prices are per person + available for 12 guests or more
Includes choice of beverages.

| TUSCAN TABLETOP \$19.99 |  |
| :---: | :---: |
| italian house salad garlic breadsticks | $50 \mathrm{Cal} / 3.5$ oz. serving 110 Cal each |
| home-style lasagna with parmesan cheese | 330 Cal/7.25 oz. serving |
| select one (1) vegetarian lasagna cauliflower lasagna vegetable alfredo lasagn | $430 \mathrm{Cal} / 8.375$ oz. serving 460 Cal//1 oz. serving |
| chocolate dipped biscotti | 190 Cal each |
| select two (2) beverages: |  |
| lemonade | $90 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | 0 Cal/8 oz. serving |

## CARIBBEAN BREEZE \$18.09

| spicy mango salad | $80 \mathrm{Cal} / 2.37$ oz. serving |
| :---: | :---: |
| caribbean coconut rice and red beans | $140 \mathrm{Cal} / 2.65$ oz. serving |
| vegan jamaican "meat" pie | 550 Cal each |
| jerk chicken: baked chicken leg quarter |  |
| coated with jerk seasoning | 220 Cal each |
| classic flan (1) | 450 Cal each |
| select two (2) beverages: |  |
| lemonade | 90 Cal/8 oz. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | 0 Cal/8 oz. serving |

RIO GRAND GRILLIN' \$27.99

| tortilla chips | $90 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| :---: | :---: |
| mexican rice | $130 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| charro beans | $90 \mathrm{Cal} / 3$ oz. serving |
| select one (1) entrée: beef fajitas with tortillas, shredded cheddar + sour cream | 590 Cal/5 oz. serving |
| chicken fajitas with tortillas, shredded cheddar + sour cream | 580 Cal/5 oz. serving |
| select two (2) salsas: |  |
| pico de gallo | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| salsa verde | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| salsa roja | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| cinnamon crisps | 20 Cal each |
| select two (2) beverages: |  |
| lemonade | $90 \mathrm{Cal} / 8$ oz. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## buffets

## THEMED BUFFETS

All prices are per person + available for 12 guests or more. Includes choice of beverages.

| WOK 'N ROLLS \$22.99 |  |
| :---: | :---: |
| peanut lime ramen noodles | $200 \mathrm{Cal} / 3 \mathrm{Oz}$. serving |
| egg rolls | 190 Cal each |
| select two (2) dipping sauces: |  |
| sweet soy sauce | $50 \mathrm{Cal} / 1$ oz. serving |
| sweet + sour sauce | $40 \mathrm{Cal} / 1$ oz. serving |
| chili garlic sauce | $45 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| steamed brown rice | $210 \mathrm{Cal} / 5.5$ oz. serving |
| general tso's chicken | $370 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| teriyaki salmon with lemon green beans | $100 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| fortune cookies | 30 Cal each |
| select two (2) beverages: |  |
| lemonade | $90 \mathrm{Cal} / 8$ oz. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |


| LOW COUNTRY FUSION \$26.09 |  |
| :---: | :---: |
| hoppin' john: black-eyed peas with bacon braised collard greens | 160 Cal/4 Oz. serving |
| hushpuppies | 70 Cal each |
| fried green tomato | 50 Cal each |
| cajun mayonnaise | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| black eyed peas | $90 \mathrm{Cal} / 4.15$ oz. serving |
| bbq shrimp over cajun spiced grits | $920 \mathrm{Cal} / 12 \mathrm{oz}$. serving |
| coconut cupcake with coconut cream cheese icing | 350 Cal each |
| select two (2) beverages: |  |
| lemonade | $90 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |




## buffets

## CUSTOMIZE YOUR EXPERIENCE

Customize your own buffet: select (1) starter, (1) entrée, (2) sides + (1) dessert. Served with assorted rolls + butter + choice of beverages

## BUFFET STARTERS

seasonal garden salad with balsamic
vinaigrette
classic caesar salad
antipasto salad
italian green salad with penne +
prosciutto
autumn vegetable salad with red wine
vinaigrette
crudités with tzatziki sauce

## BUFFET ENTRÉES

grilled chicken breast with cider
marinade \$22.99
lemon artichoke chicken breast \$23.99
honey mustard pork loin \$22.99
grilled salmon in a moroccan herb sauce \$27.59
pesto flank steak \$24.99
eggplant lasagna \$19.99
vegan chorizo stuffed portobello cap \$19.99
$50 \mathrm{Cal} / 3.5 \mathrm{oz}$. serving
$160 \mathrm{Cal} / 2.7 \mathrm{oz}$. serving
$130 \mathrm{Cal} / 3 \mathrm{oz}$. serving
$110 \mathrm{Cal} / 3.25 \mathrm{oz}$. serving
$80 \mathrm{Cal} / 3 \mathrm{oz}$. serving
$40 \mathrm{Cal} / 5 \mathrm{oz}$. serving

BUFFET SIDES

| pan roasted vegetables | $45 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| :--- | ---: |
| zucchini, tomato + squash blend | $40 \mathrm{Cal} / 3.5 \mathrm{oz}$. serving |
| fresh herbed vegetables | $100 \mathrm{Cal} / 3.5 \mathrm{oz}$. serving |
| tomato caper ratatouille | $45 \mathrm{Cal} / 4.25 \mathrm{oz}$. serving |
| buttermilk mashed potatoes | $120 \mathrm{Cal} / 3.75 \mathrm{oz}$. serving |
| savory herbed rice | $140 \mathrm{Cal} / 4 \mathrm{oz}$. serving |
| balsamic bacon brussels | $130 \mathrm{Cal} / 2.6 \mathrm{oz}$. serving |
| BUFFET FINISHES |  |

[^3]

## HORS D'OEUVRES

Hors d'oeuvres are priced per dozen

RECEPTION HORS D'OEUVRES (HOT)
bacon wrapped scallops $\$ 39.99$
italian meatballs $\$ 24.99$
boneless bbq wings $\$ 29.99$
crab cakes $\$ 42.19$
mac n' cheese melts \$18.99
parmesan artichoke hearts \$35.99
sesame chicken $\$ 29.99$
vegetable empanadas \$41.49

## RECEPTION PLATTERS + DIPS

All prices are per person + available for 12 guests or more.

## FRESH GARDEN CRUDITÉS \$4.99 pp

```
dip)}120\textrm{Cal/5 Oz. serving
FRESH SEASONAL FRUIT $4.29 pp.
fresh seasonal fruit tray 40 Cal/2.5 oz. serving
ANTIPASTO PLATTER $9.09 pp.
antipasto platter with marinated
vegetables, italian meats + cheese

\section*{ASSORTED TEA SANDWICHES \(\$ 8.99\) pp}
chicken + slaw ..... 210 Cal each
roast beef + brie 240 Cal each
egg salad 290 Cal each
mozzarella 250 Cal each

\section*{HOUSE-MADE SPINACH DIP \$4.99 pp}
house-made spinach dip served with fresh pita chips
\(230 \mathrm{Cal} / 2.25\) oz. serving

MAY WE SUGGEST A SERVED MEAL OR RECEPTION?
Our talented chefs are delighted to create special menus that include
local and sustainable selections that accommodate your culinary preferences and budget. Please contact our Catering Office at (336) 758-5610 to arrange a personal consultation

\footnotetext{
*All packages include necessary accompaniments and condiments
}



\section*{receptions}

\section*{RECEPTION STATIONS}

Reception stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person + available for 12 guests or more

\section*{TAILGATE TREATS \$21.49}
\(\begin{array}{lr}\begin{array}{l}\text { chilled spinach dip served } \\ \text { with pita chips }\end{array} & 230 \mathrm{Cal} / 2.25 \text { oz. serving } \\ \text { mini cheesesteaks } \\ \text { buffalo chicken tenders served } & 170 \text { Cal each } \\ \text { with blue cheese dip } & 680 \text { Cal/6.75 oz. serving } \\ \text { assorted craveworthy cookies } & 250-310 \text { Cal each } \\ \text { gourmet dessert bars } & 300-370 \text { Cal/2.75-3.25 oz. serving }\end{array}\)
LOADED COOKIE "NACHOS" \$8.39
\begin{tabular}{|c|c|}
\hline cookie crisps & 60 Cal each \\
\hline \multicolumn{2}{|l|}{choice of two (2) sauces:} \\
\hline caramel sauce & \(80 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline chocolate sauce & \(60 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline raspberry sauce & \(70 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline \multicolumn{2}{|l|}{choice of three (3) toppings:} \\
\hline chocolate chips (1) & \(140 \mathrm{Cal} / 1\) Oz. serving \\
\hline sliced strawberries & \(10 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline toasted pecans & \(100 \mathrm{Cal} / 0.5\) oz. serving \\
\hline toasted coconut & \(80 \mathrm{Cal} / 0.5 \mathrm{oz}\). serving \\
\hline mini marshmallows & \(90 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline oreo \({ }^{\oplus}\) cookie crumbs & \(70 \mathrm{Cal} / 0.5\) oz. serving \\
\hline rainbow sprinkles & \(30 \mathrm{Cal} / 0.5 \mathrm{oz}\). serving \\
\hline whipped topping & \(30 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline
\end{tabular}

GOURMET POPCORN BAR \(\$ 6.19\)
choice of three (3) popcorn varieties:
\begin{tabular}{ll} 
classic popcorn & \(110 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving \\
parmesan garlic popcorn & \(110 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving \\
ranch popcorn & \(110 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving \\
bbq popcorn & \(110 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving \\
southwest popcorn & \(120 \mathrm{Cal} / 1.25 \mathrm{oz}\). serving
\end{tabular}

\section*{BREAKS}

All prices are per person + available for 12 guests or more.

\section*{CHOC-O-LOTS! \$10.19}
miniature chocolate bars
45-70 Cal each
chunky chocolate craveworthy cookies
chilled chocolate milk
280 Cal each
160 Cal each
110 Cal each
40 Cal each
SMART 'N HEALTHY \$11.29


\section*{SPREADS + BREADS \(\$ 5.99\)}
\begin{tabular}{lr} 
tortilla chips & \(190 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
pita chips & \(140 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
crostini & 40 Cal each \\
select four (4) spreads: \\
korean roja guacamole & \(90 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
ginger verde guacamole & \(90 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
chilled spinach dip & \(200 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
feta + roasted garlic dip & \(260 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
traditional hummus & \(80 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
artichoke + olive dip & \(140 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
fresh fruit tray & \(40 \mathrm{Cal} / 2.5 \mathrm{oz}\). serving
\end{tabular}

\section*{FOREVER YOUNG \(\$ 7.89\)}
\begin{tabular}{lr} 
marshmallow cereal bars & 210 Cal each \\
gold fish crackers & \(260 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
milk & 120 Cal each \\
chocolate syrup & \(70 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
strawberry syrup & \(70 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\end{tabular}

\footnotetext{
*All packages include necessary accompaniments and condiments
}


\section*{BEVERAGES}
regular coffee, decaf + hot water with
assorted tea bags \$4.59 pp.
assorted canned sodas \$2.29 ea.
assorted individual fruit juices \$2.89 ea.
sparkling water \$3.99 ea.
hot apple cider \(\$ 28.69\) per gallon
ced tea \(\$ 22.99\) per gallon
lemonade \(\$ 22.99\) per gallon
bottled water \$2.49
cucumber lime spritzer (per gallon)
\(\$ 23.79\)
hibiscus lemonade \$23.99

\(50 \mathrm{Cal} / 8\) oz. serving
120 Cal/8 oz. serving

\section*{DESSERTS}

\section*{ORDERING INFORMATION}

\section*{LEAD TIME}

Notice of 48 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function + will do whatever it takes to exceed your expectations

WE ARE HAPPY TO ACCOMMODATE SPECIAL DIETARY REQUESTS, PLEASE CONTACT THE OFFICE TO DISCUSS THE OPTIONS THAT WE HAVE AVAILABLE.

\section*{EXTRAS}

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff + everything in between. - additional fees may apply

\footnotetext{
*All packages include necessary accompaniments and condiments
}


\title{
your Table is waiting
}

\section*{CONTACT US TODAY}
336.758 .5610
wfucater@wfu.edu
wfu.catertrax.com
Prices effective until 07/01/2024
Prices may be subject to change

\section*{v vegetarian 1 vegan}
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[^0]:    *All packages include necessary accompaniments and condiments

[^1]:    *All packages include necessary accompaniments and condiments

[^2]:    *All packages include necessary accompaniments and condiments

[^3]:    *All packages include necessary accompaniments and condiments

