
elon university catering
event menu
$\square$

## what we fring to the table

## OUR PROMISE TO YOU

We all expect our food to taste good, but we want it to do more than that. We want to know where it came from. How it's made. Who prepared it. We want it to tell a story.

## SHARE OUR CULINARY STORY <br> WITH 100\% TRANSPARENCY

We use fresh, vibrant, responsibly-sourced ingredients to create exciting flavors from down the street and around the globe.

STAY TRUE TO THE WAY
WE SERVE OUR FOOD
World-class chefs, hospitality teams, and food enthusiasts are ready to create dishes and experiences that meet every need.

GROW ROOTS IN YOUR COMMUNITY THROUGH FOOD

We do more than serve the community we become a part of it//

66 We are built on a food-first philosophy with a focus on authentic, personalized and collaborative food experiences.
MARY THORNTON, FOUNDER \& PRESIDENT, HARVEST TABLE CULINARY GROUP

## what's inside

```
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page 28 beverages + desserts
```


## QUALITY IS OUR COMMITMENT

our chefs go beyond technique + flavor development-they stay true to the Harvest Table culinary commitments from sourcing to preparation.


## DIETARY INFORMATION

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

WE ARE PROUD TO DO BUSINESS WITH THESE LOCAL VENDORS.
Little Leaf Farm - Sid Wainer \& Sons
Jansal Valley Farms - Plainville Farm


# all-day packages 

Choose one (7) of these three (3) packages to sustain you throughout the day.

## ALL DAY DELICIOUS ${ }_{\text {s5319 }}$

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person + available for 8 guests or more

## BREWED AWAKENINGS

| assorted muffins | $400-510$ Cal each |
| :--- | ---: |
| assorted scones | $430-470$ Cal each |
| fresh seasonal sliced fruit | $40 \mathrm{Cal} / 2.5$ oz. serving |
| assorted juice | $110-170$ Cal each |
| iced water | 0 Cal/8 oz. serving |
| port city java | 0 Cal/8 oz. serving |

## EASY DOES IT

granola bars
assorted individual yogurt cups
iced tea
iced water
port city java
190 Cal each
50-150 Cal each
5 Cal/8 oz. serving
0 Cal/8 oz. serving
0 Cal/8 oz. serving

$120 \mathrm{Cal} / 3.75$ oz. serving 210 Cal/3.2 oz. serving

160 Cal each
70 Cal/3 oz. serving
310 Cal/7.5 oz. serving
$200 \mathrm{Cal} / 5.75$ oz. serving
$440 \mathrm{Cal} /$ slice
5 Cal/8 oz. serving
0 Cal/8 oz. serving

## FRESH FOCUS

| chilled spinach dip with tortilla chips | $230 \mathrm{Cal} / 2.25 \mathrm{oz}$. serving |
| :--- | ---: |
| grilled vegetable tray | $70 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| bakery-fresh brownies | $250 \mathrm{Cal} / 2.25 \mathrm{oz}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| port city java | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## MEETING WRAP UP $\$ 4419$

Serve these favorites + success is a wrap! This all-day package includes the following four (4) delights. All prices are per person + available for 8 guests or more.

## MORNING MINUTE

| miniature muffins | $80-120$ Cal each |
| :--- | ---: |
| miniature danish | $140-170$ Cal each |
| miniature scones | $110-120$ Cal each |
| yogurt parfait cups | $370-400$ Cal each |
| iced water | 0 Cal/8 oz. serving |
| port city java | 0 Cal/8 oz. serving |

## MORNING BITES

| donut holes | $45-90$ Cal each |
| :--- | ---: |
| bananas | 110 Cal each |
| iced tea | $5 \mathrm{Cal} / 8$ oz. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| port city java | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## WRAP 'N TWIST

| chicken caesar wrap | 540 Cal each |
| :---: | :---: |
| pepper jack tuna wrap | 590 Cal each |
| cran-apple turkey wrap | 650 Cal each |
| grilled vegetable wrap | 620 Cal each |
| fresh seasonal sliced fruit | $40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving |
| select one (1) salad: |  |
| traditional garden salad | $50 \mathrm{Cal} / 3.5$ oz. serving |
| grilled vegetable pasta salad | $130 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| individual bag of chips | 100-160 Cal each |
| assorted craveworthy cookies | 250-310 Cal each |
| bakery-fresh brownies | $250 \mathrm{Cal} / 2.25$ oz. serving |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

DIPS + CHIPS

| tortilla chips | $90 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| :--- | ---: |
| select two (2) salsas: |  |
| salsa roja | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| salsa verde | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| pico de gallo | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| assorted fruit | $50-110$ Cal each |
| assorted craveworthy cookies | $250-310$ Cal each |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| port city java | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

[^0]2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# all-day packages 

## SIMPLE PLEASURES $\$ 3509$

Easy does it-casually tasteful fare. This all-day package includes
three (3) of our favorites. All prices are per person + available for 8 guests or more

## SWEET + SAVORY AM

| assorted donuts $190-490$ Cal each |  |
| :--- | ---: |
| assorted bagels | $170-360$ Cal each |
| orange juice | $120 \mathrm{Cal} / 8$ oz. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| port city java | 0 Cal/8 oz. serving |

## BOX LUNCH

select one (1) sandwich:
tuna salad ciabatta 540 Cal each
ham + swiss sub 380 Cal each
turkey + swiss sandwich 490 Cal each
roasted pepper + mozzarella ciabatta 530 Cal each
individual bag of chips
100-160 Cal each
assorted craveworthy cookies
bottled water
250-310 Cal each

DIPS + CHIPS

| tortilla chips | $90 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| :--- | ---: |
| select two (2) salsas: |  |
| salsa roja | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| salsa verde | $20 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| pico de gallo | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| assorted fruit | $50-110$ Cal each |
| assorted craveworthy cookies | $250-310$ Cal each |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| port city java | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

[^1]


## breakfast

## CONTINENTAL BREAKFAST

All prices are per person + available for 8 guests or more.

## DAILY GRIND

select one (1) breakfast pastry:

iced water
port city java

## JUMP START \$12.99

select three (3) breakfast pastries

```
assorted danishe
assorted muffins
assorted scones
assorted bagels
```

fresh seasonal sliced fruit
assorted juice
iced water
port city java

## NEW YORK MINUTE \$15.89

## bagels

smoked salmon platter with hard-boiled
eggs, sliced tomato, cucumber, slivered
red onion + cream cheese
fresh seasonal sliced fruit
assorted juice
iced water
port city java

120-530 Cal each
400-510 Cal each
430-470 Cal each
170-360 Cal each
0 Cal/8 oz. serving
$0 \mathrm{Cal} / 8 \mathrm{oz}$. serving

120-530 Cal each
400-510 Cal each
430-470 Cal each
170-360 Cal each
$40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving
110-170 Cal each
0 Cal/8 oz. serving
0 Cal/8 oz. serving

170-360 Cal each
$120 \mathrm{Cal} / 3.25$ oz. serving
$40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving
110-170 Cal each
0 Cal/8 oz. serving
$0 \mathrm{Cal} / 8 \mathrm{oz}$. serving

[^2]
## breakfast

## HOT BREAKFAST

All prices are per person + available for 8 guests or more.

## CLASSIC BREAKFAST \$14.49

```
select one (1) breakfast pastry:
    assorted danishe
    assorted muffins
    assorted scones
    assorted bagels
breakfast potatoes
bacon
breakfast sausage
scrambled eggse
iced water
port city java
```


## SOUTHERN CHARM \$14.99

fresh seasonal sliced fruit $\quad 40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving
scrambled eggs
shredded cheddar cheese
$180 \mathrm{Cal} / 4 \mathrm{oz}$. serving
select one ( 1 ) breakfast meat:
$\begin{array}{ll}\text { country ham } & 60 \text { Cal each } \\ \text { crisp bacon } & 45 \text { Cal each }\end{array}$
select one (1) southern-style breakfast entrée:
biscuits + gravy
590 Cal/7 Oz. serving
spicy chicken 'n waffle $\quad 1070$ Cal/10.5 oz. serving
iced water
0 Cal/8 oz. serving
port city java
0 Cal/8 oz. serving
Egg Whites, Turkey Bacon + Turkey Sausage are Available Upon
Request - Nominal Fee May Apply

[^3]


## breakfast

## ENHANCEMENTS

All prices are per person + available for 8 guests or more.

## YOGURT PARFAIT BAR \$9.69

## SIGNATURE BREAKFAST SANDWICHES <br> $\$ 5.99$

```
\begin{tabular}{ll} 
egg + cheese english muffin & 260 Cal each \\
egg + cheese croissant & 370 Cal each \\
sausage, egg + cheese biscuit & 520 Cal each \\
ham, egg + cheese biscuit & 450 Cal each \\
bacon, egg + cheese bagel & 370 Cal each \\
spicy bacon, egg, potato + cheese burrito & 590 Cal each \\
spicy veggie sausage biscuit & 370 Cal each \\
spicy southern chicken biscuit & 640 Cal each
\end{tabular}
```

OMELET STATION
Omelets cooked fresh to order with eggs or egg whites + choice of cheeses + toppings. Attendant required, additional fees will apply.

| eggs | $180 \mathrm{Cal} / 4 \mathrm{oz}$. serving |
| :--- | ---: |
| egg whites | $80 \mathrm{Cal} / 4 \mathrm{oz}$. serving |
| shredded cheddar cheese | $120 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| crumbled feta cheese | $80 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| crumbled bacon | $90 \mathrm{Cal} / 0.5 \mathrm{oz}$. serving |
| diced ham | $30 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| mushrooms | $50 \mathrm{Cal} / 1.5 \mathrm{oz}$. serving |
| tomatoes | $10 \mathrm{Cal} / 2 \mathrm{oz}$. serving |
| onions | $10 \mathrm{Cal} / 1 \mathrm{oz}$. serving |
| green peppers | $10 \mathrm{Cal} / 1.5 \mathrm{oz}$. serving |
| spinach | $15 \mathrm{Cal} / 2 \mathrm{oz}$. serving |

Egg Whites, Turkey Bacon + Turkey Sausage are Available Upon
Request - Nominal Fee May Apply

[^4]
# sandwiches \& 

## SANDWICH BUFFETS

All prices are per person + available for 8 guests or more.

## salads

## DELI BAR $\$ 17.79$

select two (2) side salads
individual bags of chips assorted baked breads + rolls deli platter (turkey, roast beef, ham + tuna) cheese tray (cheddar + swiss) relish tray (lettuce, tomato, onion, pickles + pepperoncini) assorted craveworthy cookies select two (2) beverages:

```
lemonade
    iced tea
    iced water
\(90 \mathrm{Cal} / 8\) oz. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving
```


## THE GRAD BOX LUNCHES

blackened chicken ciabatta \$15.39
grilled blackened chicken breast, spring
salad mix + cucumber raita on ciabatta
spiced sweet potato salad
individual bag of chips
bakery-fresh brownie bottled water

390 Cal each
$120 \mathrm{Cal} / 4$ oz. serving
100-160 Cal each $250 \mathrm{Cal} / 2.25 \mathrm{oz}$. serving

0 Cal each
asian grain bowl + chicken \$16.79
chicken, red quinoa, brown rice, kale, garlic broccoli, edamame + almonds
with a carrot ginger dressing
bakery-fresh roll with butter
fresh fruit cup
lemon cheesecake bar bottled water

25-330 Cal each 100-160 Cal each 110-160 Cal each 25-80 Cal/1 oz. serving
$110 \mathrm{Cal} / 1 \mathrm{oz}$. serving
$20 \mathrm{Cal} / 1$ oz. serving 250-310 Cal each

660 Cal each
160 Cal each
$40 \mathrm{Cal} / 2.5$ oz. serving
$300 \mathrm{CaI} / 2.75$ oz. serving
0 Cal each
mediterranean chicken + grain salad \$14.49
quinoa, toasted chickpeas, cucumber, tomato

+ kalamata olives with hummus + pita bakery-fresh roll with butter fresh fruit cup lemon cheesecake bar bottled water

Additional premium box lunch options available upon request! Please contact your catering professional.

## THE UNDERGRAD BOX LUNCH \$16.79

select one (1) undergrad sandwich
140-750 Cal each
individual bag of chips
100-160 Cal each
250-310 Cal each
0 Cal each

## THE UNDERGRAD LUNCHEON

Choice of three (3) undergrad sandwiches + two (2) side salads accompanied by chips, mayo + mustard, pickles, assorted
craveworthy cookies + choice of two (2) beverages
select two (2) side salads
25-330 Cal each
dill pickle slices
select three (3) undergrad sandwiches
0 Cal/7 oz. serving
100-160 Cal each

250-310 Cal each
select two (2) beverages:

| lemonade | $90 \mathrm{Cal} / 8 \mathrm{oz}$. serving |
| :--- | ---: |
| iced tea | $5 \mathrm{Cal} / 8 \mathrm{z}$. serving |
| iced water | $0 \mathrm{Cal} / 8 \mathrm{oz}$. serving |

## THE UNDERGRAD SANDWICH OPTIONS

(Available sandwich choices for the undergrad box lunch + the undergrad luncheon)
deli sliced ham with honey mustard dressing on
ciabatta bread
370 Cal each
deli sliced turkey + swiss on hearty wheat bread
490 Cal each
chicken caesar wrap
630 Cal each
grilled chicken, pickled cucumber, kimchi slaw + spicy sesame gochujang sauce ciabatta

600 Cal each
mediterranean veggie ciabatta: hummus, baby
spinach, tomato, cucumber, crumbled feta +
olives
480 Cal each

[^5]


# sandwiches \& <br> <br> SANDWICH BUFFETS <br> <br> SANDWICH BUFFETS <br> All prices are per person + available for 8 guests or more. <br> <br> salads 

 <br> <br> salads}

## THE GRAD LUNCHEON \$19.99

Choice of three (3) grad sandwiches + two (2) side salads accompanied by chips, mayo + mustard, pickles, assorted craveworthy cookies + choice of two (2) beverages

```
select two (2) side salads
dill pickle slices
individual bags of chips*
select three (3) grad luncheon sandwiches
assorted craveworthy cookies
select two (2) beverages:
    lemonade
    5 Cal/8 oz. serving
    iced water 0 Cal/8 oz. serving
```

THE GRAD SANDWICH OPTIONS
(Available sandwich choices for the grad luncheon buffet)
ham + swiss ciabatta with a red onion apricot
relish
roast beef, caramelized onion + kale ciabatta
grilled herbed chicken + asiago with garlic
mayonnaise sub
italian sub with fresh lettuce, tomato, onion +
herbal honey dijon sauce
deli style turkey, ham + mozzarella with pesto
mayo on a baguette
spicy grilled vegetable wrap bruschetta + black
olives
balsamic roasted beets, honey ricotta spread,
arugula+ pesto

25-330 Cal each
0 Cal/1 oz. serving
100-160 Cal each
370-760 Cal each
250-310 Cal each

90 Cal/8 oz. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving


530 Cal each
500 Cal each

490 Cal each

560 Cal each

640 Cal each

600 Cal each

590 Cal each

## SIDE SALAD SELECTIONS

| traditional garden salad with a balsamic vinaigrette dressing | $50 \mathrm{Cal} / 3.5$ oz. serving |
| :---: | :---: |
| arugula salad with cauliflower + beets | $140 \mathrm{Cal} / 2.5$ oz. serving |
| sweet chili cucumber salad with red | $25 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| onion, fresh cilantro + a sweet + spicy |  |
| chili sauce |  |
| fresh fruit salad | $40 \mathrm{Cal} / 2.5 \mathrm{oz}$. serving |
| strawberry melon salad | $40 \mathrm{Cal} / 3 \mathrm{oz}$. serving |
| roasted vegetable pasta salad | $210 \mathrm{Cal} / 3.75$ oz. serving |
| herbed quinoa side salad | $100 \mathrm{Cal} / 3.5$ oz. serving |
| chickpea salad with fresh cucumbers, | $130 \mathrm{Cal} / 3.5$ oz. serving |
| red onions, green + red peppers, celery + |  |
| garlic with a hot pepper sauce + lemon |  |
| seasoning |  |
| creamy vegan coleslaw | $80 \mathrm{Cal} / 3 \mathrm{oz}$. serving |

[^6]
## buffets

## THEMED BUFFETS

All prices are per person + available for 10 guests or more. Includes choice of beverages.

## MEDITERRANEAN ESCAPE - PLANT FORWARD BUFFET

\$16.39

```
greek chickpea salad
vegetable platter
roasted red pepper hummus
greek pita with feta cheese + a red
wine vinaigrette
beef kofta pita with tzatziki + hummus
iced lemon craveworthy cookies
select two (2) beverages:
    lemonade 90 Cal/8 oz. serving
    iced tea
    iced water
```

```
70 Cal/3.25 oz. serving
```

70 Cal/3.25 oz. serving
120 Cal/5 oz. serving
140 Cal/4 oz. serving
160 Cal each
370 Cal each
270 Cal each
5 Cal/8 oz. serving
0 Cal/8 oz. serving

```

\section*{EASTERN DELIGHTS \$15.99}
```

asian chopped salad with ginger miso
sesame noodles with vegetables

brown rice $\quad$\begin{tabular}{l}
$100 \mathrm{Cal} / 3 \mathrm{oz}$. serving <br>
spicy szechuan shrimp with broccoli, <br>
carrots + onion <br>
fortune cookies <br>
select two (2) beverages: <br>

| lemonade |
| :--- | :--- | <br>


| iced tea |
| :--- | :--- | <br>

iced water
\end{tabular}

```

\section*{SUMMERTIME BBQ \$19.89}
\begin{tabular}{lr} 
coleslaw & \(150 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
cornbread fiesta muffins & 120 Cal each \\
macaroni + cheese & \(260 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
baked beans & \(170 \mathrm{Cal} / 4.75 \mathrm{oz}\). serving \\
bbq chicken & \(430 \mathrm{Cal} / 6 \mathrm{oz}\). serving \\
sliced brisket & \(350 \mathrm{Cal} / 5 \mathrm{oz}\). serving \\
assorted craveworthy cookies & \(250-310\) Cal each \\
gourmet dessert bars & \(300-370 \mathrm{Cal} / 2.75-3.25 \mathrm{oz}\). serving \\
select two (2) beverages: & \(90 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
\(\quad\) lemonade & \(5 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
iced tea & \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving
\end{tabular}

\footnotetext{
*All packages include necessary accompaniments and condiments
}

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\section*{buffets}

\section*{THEMED BUFFETS}

All prices are per person + available for 10 guests or more. Includes choice of beverages.

\section*{RIO GRAND GRILLIN' \$19.99}

charro beans
select one (1) entrée
beef fajitas with tortillas,
shredded cheddar + sour cream
chicken fajitas with tortillas
shredded cheddar + sour cream
select two (2) salsas:
pico de gal
salsa verde
salsa roja
cinnamon crisps
select two (2) beverages:
lemonade
iced tea
iced water

90 Cal/1 oz. serving
\(130 \mathrm{Cal} / 3\) oz. serving
\(90 \mathrm{Cal} / 3 \mathrm{oz}\). serving

590 Cal/5 oz. serving
\(580 \mathrm{Cal} / 5 \mathrm{oz}\). serving
\(10 \mathrm{Cal/1}\) oz. serving
10 Cal// oz. serving
\(20 \mathrm{Cal} / 1 \mathrm{oz}\). serving
20 Cal each

90 Cal/8 oz. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving

\section*{A LITTLE BIT OF SEOUL \$18.29}
\begin{tabular}{|c|c|}
\hline \multicolumn{2}{|l|}{\multirow[t]{2}{*}{\begin{tabular}{l}
egg rolls \\
190 Cal each \\
select two (2) dipping sauces:
\end{tabular}}} \\
\hline & \\
\hline sweet soy sauce & \(50 \mathrm{Cal} / 1\) oz. serving \\
\hline sweet + sour sauce & 40 Cal 17 oz. serving \\
\hline chili garlic sauce & \(45 \mathrm{Cal} / 1\) oz. serving \\
\hline corn tortillas & 40 Cal each \\
\hline bibb lettuce wrap & \(0 \mathrm{Cal} / 0.5\) oz. serving \\
\hline jasmine rice & \(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
\hline \multicolumn{2}{|l|}{select two (2) proteins:} \\
\hline korean bbq chicken & \(140 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
\hline korean bbq pork & \(110 \mathrm{Cal} / 2\) oz. serving \\
\hline korean bbq tofu & \(90 \mathrm{Cal} / 2\) oz. serving \\
\hline asian slaw & 20 Cal/1.25 oz. serving \\
\hline pickled cucumbers & \(5 \mathrm{Cal/7}\) oz. serving \\
\hline pickled carrot + daikon & \(15 \mathrm{Cal} / 1\) oz. serving \\
\hline \multicolumn{2}{|l|}{select two (2) salsas:} \\
\hline salsa roja & \(20 \mathrm{Cal} / 1\) oz. serving \\
\hline salsa verde & \(10 \mathrm{Cal/7}\) oz. serving \\
\hline mango salsa & \(30 \mathrm{Cal} / 1\) oz. serving \\
\hline shredded green cabbage & \(0 \mathrm{Cal} / 0.5\) oz. serving \\
\hline scallions & \(0 \mathrm{Cal} / 0.25\) oz. serving \\
\hline cilantro & \(0 \mathrm{Cal} / 0.125\) oz. serving \\
\hline toasted sesame seeds & \(30 \mathrm{Cal} / 0.125\) oz. serving \\
\hline chopped peanuts & \(40 \mathrm{Cal} / 0.25\) oz. serving \\
\hline coconut mango rice dessert & \(230 \mathrm{Cal} / 5.85 \mathrm{oz}\). serving \\
\hline
\end{tabular}
select two (2) beverages:
lemonade
\(90 \mathrm{Cal} / 8 \mathrm{oz}\). serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving

\section*{LOOKING TO CREATE YOUR OWN THEMED BUFFET OR UNIQUE CUSTOM BUFFET?}

Contact us at catering@elon.edu / 336.278.5330 or
littlejohn-kaylie@harvesttableculinary to explore more options + personalize your buffet to fit your event

\footnotetext{
*All packages include necessary accompaniments and condiments
}

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\section*{buffets}

\section*{THEMED BUFFETS}

All prices are per person + available for 10 guests or more Includes choice of beverages.

\section*{PASTABILITIES \$20.99}
mesclun salad with sliced oranges,
\begin{tabular}{|c|c|}
\hline kalamata olives + red onion & \(70 \mathrm{Cal} / 2.25\) oz. serving \\
\hline garlic breadsticks & 110 Cal each \\
\hline select one (1) noodle: & \\
\hline cavatappi noodles & \(180 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
\hline fettuccine noodles & 240 Cal/5.5 oz. serving \\
\hline select two (2) proteins: & \\
\hline grilled chicken & \(160 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
\hline italian sausage & \(330 \mathrm{Cal} / 2\) oz. serving \\
\hline shrimp & \(60 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
\hline tofu & \(50 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
\hline select two (2) sauces: & \\
\hline marinara sauce \({ }^{\text {a }}\) & \(110 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
\hline pesto sauce & \(160 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
\hline alfredo sauce & \(240 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
\hline hearty meat sauce & \(130 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
\hline broccoli & \(10 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline onions & \(10 \mathrm{Cal} / 0.5\) oz. serving \\
\hline tomatoes & \(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline zucchini & \(5 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
\hline assorted craveworthy cookies & 250-310 Cal each \\
\hline bakery-fresh brownies & \(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving \\
\hline select two (2) beverages: & \\
\hline lemonade & \(90 \mathrm{Cal} / 8\) oz. serving \\
\hline iced tea & \(5 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
\hline iced water & \(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving \\
\hline
\end{tabular}

FARMSTEAD FEAST \$18.99
baby spinach salad with bacon bakery-fresh rolls with buttere roasted new potatoes fresh herbed vegetables grilled lemon rosemary chicken oreo blondies
select two (2) beverages:
lemonade
iced tea
iced water

5 cal/8 oz serving
\(60 \mathrm{Cal} / 2.15\) oz. serving
160 Cal each
\(110 \mathrm{Cal} / 2.75 \mathrm{oz}\). serving \(100 \mathrm{Cal} / 3.5\) oz. serving \(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving 270 Cal/1.75 oz. serving
\(90 \mathrm{Cal} / 8\) oz. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving

\section*{SUMMER PICNIC \(\$ 17.99\)}
traditional potato salad 240 Cal/4 oz. serving
fresh country coleslaw 170 Cal/3.5 oz. serving
home-style kettle chips 240 Cal/1.25 oz. serving
grilled hamburgers with buns 330 Cal each
hot dogs with buns
310 Cal each
garnish tray (lettuce, onions,
pickles + tomatoes)
assorted craveworthy cookies
bakery-fresh brownies
0-10 Cal/1 oz. serving
250-310 Cal each
\(250 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving
\(90 \mathrm{Cal} / 8\) oz. serving
lemonade-
lemonade
5 Cal/8 oz. serving
iced tea
0 Cal/8 oz. serving
add on vegetarian burgers
for an additional fee 450 Cal each
add on grilled chicken breast
for an additional fee
160 Cal/3 oz. serving

\footnotetext{
*All packages include necessary accompaniments and condiments
}

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



\section*{buffets}

\section*{CUSTOMIZE YOUR EXPERIENCE}

Customize your own buffet: select (1) starter, (1) entrée, (2) sides + (1) dessert. Served with assorted rolls + butter + choice of beverages.

\section*{BUFFET STARTERS}
\begin{tabular}{lr}
\begin{tabular}{l} 
seasonal garden salad with balsamic \\
vinaigrette
\end{tabular} & \(50 \mathrm{Cal} / 3.5 \mathrm{oz}\). serving \\
classic caesar salad & \(160 \mathrm{Cal} / 2.7 \mathrm{oz}\). serving \\
baby spinach salad with bacon, \\
hard-boiled eggs + balsamic vinaigrette & \(60 \mathrm{Cal} / 2.15 \mathrm{oz}\). serving \\
greek salad with crumbled feta & \(120 \mathrm{Cal} / 3.25 \mathrm{oz}\). serving \\
antipasto salad & \(130 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
seasonal fresh fruit salad & \(40 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving
\end{tabular}

\section*{BUFFET ENTRÉES}
grilled chicken breast with cider marinade \$19.49
grilled lemon rosemary chicken \$19.49
chicken stuffed with sun-dried tomato + basil goat cheese \$20.49
potato crusted salmon \$21.99
fireside herbed steak marinated in dijon mustard, thyme + cider vinegar \$21.99
eggplant lasagna \$19.99
late harvest veggie cavatappi with
zucchini, spinach, tomato + white beans
in a pepper-garlic sauce \$19.99

\section*{BUFFET SIDES}
\begin{tabular}{lr} 
pan roasted vegetables & \(45 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
italian seasoned green beans \\
broccoli rabe & \(40 \mathrm{Cal} / 3.25 \mathrm{oz}\). serving \\
buttermilk mashed potatoes & \(70 \mathrm{Cal} / 3.75 \mathrm{oz}\). serving \\
oven-roasted fingerling potatoes \\
toasted orzo with spinach + \\
cranberries \\
macaroni + cheese & \(120 \mathrm{Cal} / 3.75 \mathrm{oz}\). serving \\
mal/3.5 oz. serving \\
\end{tabular}

\section*{BUFFET FINISHES}
\begin{tabular}{lr} 
bread pudding with caramel apple \\
sauce \\
cherry cheesecake tarts & \(370 \mathrm{Cal} / 6.75 \mathrm{oz}\). serving \\
dulce de leche brownie & \(170 \mathrm{Cal} / 1.75 \mathrm{oz}\). serving \\
chocolate cake & \(220 \mathrm{Cal} / 2.25 \mathrm{oz}\). serving \\
glazed strawberry bars & \(270 \mathrm{Cal} /\) slice \\
assorted craveworthy cookies & 390 Cal each \\
250-310 Cal each
\end{tabular}

\footnotetext{
*All packages include necessary accompaniments and condiments
}

\section*{receptions}

HORS D'OEUVRES
Hors d'oeuvres are priced per dozen.

RECEPTION HORS D'OEUVRES (HOT)
bacon wrapped scallops \$31.99
balsamic fig + goat cheese flatbread \$28.99
chicken quesadillas \$25.99
chili-lime chicken kabobs \$29.99
boneless buffalo wings \$26.39
boneless bbq wings \$26.39
crab cakes \$28.99
mac n' cheese melts \$24.99
spanakopita \$24.99
RECEPTION HORS D'OEUVRES (COLD)
```

mediterranean antipasto skewers \$35.99
veggie hummus cup \$33.89
gazpacho shooter \$24.79
strawberry ricotta toast points \$20.89
pimento cheese and bacon toast points \$20.89
traditional tomato bruschetta \$20.89

```

20 Cal each
80 Cal each
50 Cal each
40 Cal each
110 Cal each
160 Cal each
30 Cal each
80 Cal each
70 Cal each

70 Cal each
190 Cal each
\(30 \mathrm{Cal} / 2\) oz. serving
60 Cal each
110 Cal each
50 Cal each

\section*{RECEPTION PLATTERS + DIPS}

All prices are per person + available for 10 guests or more.
FRESH SEASONAL FRUIT \(\$ 39.59\) srv. 12
\begin{tabular}{|c|c|}
\hline fresh seasonal fruit tray & \(40 \mathrm{Cal} / 2.5\) oz. serving \\
\hline \multicolumn{2}{|l|}{GRILLED VEGETABLES \(\$ 32.79\) srv. 12} \\
\hline grilled vegetables served with balsamic vinaigrette & \(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
\hline \multicolumn{2}{|l|}{CHEF'S SELECTION CHARCUTERIE BOARD} \\
\hline market price srv. 12 & Calories vary per assortn \\
\hline \multicolumn{2}{|l|}{HOUSE-MADE SPINACH DIP \$35.69 srv. 12} \\
\hline house-made spinach dip served with fresh pita chips & \(230 \mathrm{Cal} / 2.25\) oz. serv \\
\hline
\end{tabular}

HUMMUS WITH PITA CHIPS \(\$ 40.69\) srv. 12
hummus with pita chips
220 Cal/4.5 oz. serving

MAY WE SUGGEST A SERVED MEAL OR RECEPTION?
Our catering guide is a starting point for your event, we would love to work with you to make your event successful. If you don't find what you want, please call our catering office at 336-278-5330.

\footnotetext{
*All packages include necessary accompaniments and condiments
}



\section*{receptions}

\section*{RECEPTION STATIONS}

Reception stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person + available for 10 guests or more

\section*{BAZAAR BITES \$11.99}
\begin{tabular}{lr} 
pita chips & \(140 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
hummus & \(80 \mathrm{Cal} / 2 \mathrm{oz}\). serving \\
baba ghanoush & \(120 \mathrm{Cal} / 4 \mathrm{oz}\). serving \\
tabbouleh salad & \(110 \mathrm{Cal} / 3.25 \mathrm{oz}\). serving \\
marinated olives & \(150 \mathrm{Cal} / 2.75 \mathrm{oz}\). serving \\
seasonal vegetables & \(70 \mathrm{Cal} / 3 \mathrm{oz}\). serving \\
falafel & 60 Cal each
\end{tabular}

TAILGATE TREATS \$15.99
chilled spinach dip served
with pita chips
mini cheesesteaks
\(230 \mathrm{Cal} / 2.25\) oz. serving 170 Cal each
buffalo chicken tenders served
with blue cheese dip
680 Cal/6.75 oz. serving
250-310 Cal each
gourmet dessert bars 300-370 Cal/2.75-3.25 oz. serving

PUB PRETZELS \$5.99
\begin{tabular}{lr} 
hot pretzels \\
select three (3) dipping sauces: \\
honey mustard sauce & \(130 \mathrm{Cal} / 1 \mathrm{Cal}\) oz. serving \\
spicy mustard sauce & \(30 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
yellow mustard sauce & \(20 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
nacho cheese sauce & \(40 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
vegan cheddar cheese sauce & \(60 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
cajun cheese sauce & \(60 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
buffalo blue sauce & \(30 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
chocolate sauce & \(70 \mathrm{Cal} / 1 \mathrm{oz}\). serving \\
caramel sauce & \(100 \mathrm{Cal} / 1 \mathrm{oz}\). serving
\end{tabular}

\section*{BREAKS}

All prices are per person + available for 8 guests or more


CLASSIC SNACKS \$7.49
individual bags of chips
roasted peanuts
trail mix
assorted craveworthy cookies
bakery-fresh brownies
SPREADS + BREADS \$7.89
tortilla chips
crostinie
select four (4) spreads
\[
\begin{aligned}
& \text { korean roja guacamole } \\
& \text { ginger verde guacamole } \\
& \text { chilled spinach dip } \\
& \text { feta + roasted garlic dip } \\
& \text { traditional hummus } \\
& \text { artichoke + olive dip }
\end{aligned}
\]
fresh fruit tray

EXECUTIVE BREAK \$6.99
lemon cheesecake bars
raspberry coconut almond bars
bakery-fresh brownies
port city java

100-160 Cal each
170 Cal/1 oz. serving
290 Cal each
250-310 Cal each 250 Cal/2.25 oz. serving
\(190 \mathrm{Cal} / 2\) oz. serving
\(140 \mathrm{Cal} / 2\) oz. serving
40 Cal each
\(90 \mathrm{Cal} / 2\) oz. serving
\(90 \mathrm{Cal} / 2 \mathrm{oz}\). serving
200 Cal/2 oz. serving
260 Cal/2 oz. serving
\(80 \mathrm{Cal} / 2\) oz. serving
140 Cal/2 oz. serving
\(40 \mathrm{Cal} / 2.5 \mathrm{oz}\). serving
\(300 \mathrm{Cal} / 2.75\) oz. serving
\(370 \mathrm{Cal} / 3.25 \mathrm{oz}\). serving
\(250 \mathrm{Cal} / 2.25\) oz. serving
0 Cal/8 oz. serving

\footnotetext{
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}


\section*{BEVERAGES}
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assorted canned sodas \$2.19 ea.
sparkling water \$3.49 ea
hot water with assorted teavana tea
bags \$22.99 per gallon
java city regular coffee \$24.29 per gallon
java city decaffeinated coffee
\$24.29 per gallon
hot apple cider \$21.99 per gallon
hot chocolate \$21.99 per gallon
iced tea \$19.99 per gallon
lemonade \$19.99 per gallon
iced water \$4.49 per gallon

```

0-150 Cal each
O Cal each

0 Cal/8 oz. serving
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

0 Cal/8 oz. serving
160 Cal/8 oz. serving
\(160 \mathrm{Cal} / 8\) oz. serving
\(5 \mathrm{Cal} / 8 \mathrm{oz}\). serving
\(90 \mathrm{Cal} / 8\) oz. serving
\(0 \mathrm{Cal} / 8 \mathrm{oz}\). serving

\section*{DESSERTS}

\section*{ORDERING INFORMATION}

\section*{LEAD TIME}

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function + will do whatever it takes to exceed your expectations.

WE ARE HAPPY TO ACCOMMODATE SPECIAL DIETARY REQUESTS, PLEASE CONTACT THE OFFICE TO DISCUSS THE OPTIONS THAT WE HAVE AVAILABLE.

\section*{EXTRAS}

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff + everything in between. - additional fees may apply

\footnotetext{
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}


\title{
your table is waiting
}

\title{
CONTACT US TODAY
}
336.278 .5330
catering@elon.edu
littlejohn-kaylie@harvesttableculinary

\section*{www.elon.edu/dining}

Prices effective until 07/01/2024
Prices may be subject to change
```

4 vegetarian (1) vegan

```

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/ bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.
```


[^0]:    *All packages include necessary accompaniments and condiments

[^1]:    *All packages include necessary accompaniments and condiments

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[^2]:    *All packages include necessary accompaniments and condiments

[^3]:    *All packages include necessary accompaniments and condiments

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