

**EVENT MENU** 







W wheaton college
Dining Services



# **ALL-DAY PACKAGES**

Pll Day Delicious \$48.59
Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 15 guests or more.

#### **DELICIOUS DAWN**

Assorted Muffins	380-550 Cal each
<ul><li>Assorted Scones</li></ul>	400-440 Cal each
🚾 座 Seasonal Fresh Fruit Platter	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### **AM PERK UP**

♥ Granola Bars	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee Decaf and Hot Tea	0 Cal/8 oz serving

#### **POWER UP LUNCH**

Tomato and Cucumber Couscous Salad	120 Cal/3.75 oz. serving
🗸 👓 Orange Fennel Spinach Salad	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter	160 Cal each
🚾 👓 🎅 Green Beans Gremolata	70 Cal/3 oz. serving
🔻 👓 Three Pepper Cavatappi with Pesto	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce	210 Cal/5.75 oz. serving
▼ New York Cheesecake	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### **PM PICK ME UP**

Chilled Spinach Dip with	
Tortilla Chips	230 Cal/2.25 oz. serving
🚾 👓 환 Grilled Vegetable Tray	70 Cal/3 oz. serving
Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Meeting Wrap Up \$40.39 Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 15 guests or more.

#### **MORNING MINI**

Miniature Muffins	80-120 Cal each
Miniature Danish	140-170 Cal each
Miniature Scones	100-110 Cal each
▼ Yogurt Parfait Cups	400-450 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### THE ENERGIZER

▼ Donut Holes	45-90 Cal each
<b>™ ™</b> Bananas	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee Decaf and Hot Tea	0 Cal/8 oz serving

Chicken Caesar Wrap

Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
🔻 🆭 Grilled Vegetable Wrap	620 Cal each
👓 座 Seasonal Fresh Fruit Salad	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
🚾 👓 🏨 Classic Garden Salad with Fresh Seasonal	
Vegetables and Balsamic Vinaigrette and Ranch	50 Cal/3.5 oz. serving
☞ Grilled Vegetable Pasta Salad	120 Cal/3 oz. serving
▼ Individual Bag of Chips	100-160 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

#### **MID-DAY MUNCHIES**

Tortilla Chips	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
<b>™</b> Salsa Roja	20 Cal/1 oz. serving
Salsa Verde	5 Cal/1 oz. serving
<sup>™</sup> Pico De Gallo	5 Cal/1 oz. serving
🚾 👓 🆭 Assorted Whole Fruit	45-100 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

630 Cal each

## **ALL-DAY PACKAGES**

# Simple Pleasures \$32.09

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 15 guests or more.

#### SIMPLE CONTINENTAL

Assorted Donuts
 Assorted Bagels
 Orange Juice
 Bottled Water
 Starbucks Coffee, Decaf and Hot Tea
 420-500 Cal each
 290-450 Cal each
 120 Cal/8 oz. serving
 0 Cal each
 0 Cal/8 oz. serving

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta	520 Cal each
Ham and Swiss Sub	400 Cal each
Turkey and Swiss Sandwich	520 Cal each
🔻 🖭 환 Roasted Pepper and Mozzarella Ciabatta	500 Cal each
♥ Individual Bag of Chips	100-160 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Bottled Water	0 Cal each

#### **MID-DAY MUNCHIES**

Tortilla Chips 260 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roja 20 Cal/1 oz. serving Salsa Verde 5 Cal/1 oz. serving Pico De Gallo 5 Cal/1 oz. serving 🕶 🖭 🖭 Assorted Whole Fruit 45-100 Cal each Assorted Craveworthy Cookies 210-260 Cal each **Bottled Water** O Cal each Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.



 $<sup>{}^{\</sup>star}\mathsf{All}\,\mathsf{packages}\,\mathsf{include}\,\mathsf{necessary}\,\mathsf{accompaniments}\,\mathsf{and}\,\mathsf{condiments}$ 



# **BREAKFAST**

# Breakfast Collections

All prices are per person and available for 15 guests or more. All appropriate condiments included.

#### **BASIC BEGINNINGS** \$10.49

Choice of One (1) Breakfast Pastry:

240-420 Cal ea	Assorted Danish
380-550 Cal ea	Assorted Muffins
400-440 Cal ea	Assorted Scones
290-450 Cal ea	Assorted Bagels
370 Cal ea	v Croissants
0 Cal ea	Bottled Water
0 Cal/8 oz. servi	Starbucks Coffee, Decaf and Hot Tea
290-450 Cal ea 370 Cal ea 0 Cal ea	▼ Assorted Bagels ▼ Croissants  Bottled Water

#### **QUICK START** \$12.39

Choice of Three (3) Breakfast Pastries:

Assorted Danish	250-420 Cal each
Assorted Muffins	380-550 Cal each
<ul> <li>Assorted Scones</li> </ul>	400-440 Cal each
Assorted Bagels	290-450 Cal each
Croissants	370 Cal each
🚾 座 Seasonal Fresh Fruit Platter	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### **HEALTHY CHOICE BREAKFAST \$12.39**

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups	190-230 Cal each
Milk	120 Cal each
© © ® Bananas	100 Cal each
Assorted Yogurt Cups	80-150 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

# À la Carte Breakfast

<ul><li>Assorted Muffins Served with Butter and Jam</li><li>\$27.49 Per Dozen</li></ul>	380-550 Cal each
Buttery Croissants Served with Butter and Jam \$27.49 Per Dozen	370 Cal each
♥ Cinnamon Rolls \$28.49 Per Dozen	350 Cal each
♥ Assorted Danish \$27.49 Per Dozen	250-420 Cal each
♥ Assorted Pastries \$27.49 Per Dozen	210-530 Cal each
Assorted Yogurt Cups \$2.69 Each	50-150 Cal each

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 $<sup>{}^{\</sup>star}\mathsf{All}\ \mathsf{packages}\ \mathsf{include}\ \mathsf{necessary}\ \mathsf{accompaniments}\ \mathsf{and}\ \mathsf{condiments}$ 

# **BREAKFAST**

# Hot Breakfast

All prices are per person and available for 15 guests or more. All appropriate condiments included.

### TRIPLE B (BREAKFAST BOWL BUFFET) \$17.59

🔊 🖭 Seasonal Fresh Fruit Platter 💢 🥞	85 Cal/2.5 oz. serving
Choice of Two (2) International Breakfast Bowls:	
👓 🎅 Vegan Breakfast Fried Rice with Diced Just® Egg, O	nion,
Red Pepper, Cabbage, Hash Browns and Cauliflower Rice	
👓 🖭 Southwest Vegan Breakfast Bowl with Cauliflower F	
Vegan Chorizo, a Just® Egg Scramble, Vegan Cheddar Ch	eese
and Black Bean Corn Salsa	290 Cal each
Tzatziki Quinoa Bowl with Pork Sausage, Feta Cheese,	
and Cucumber Tomato Salad	550 Cal each
💇 Tzatziki Quinoa Veggie Bowl with Feta Cheese, and	
Cucumber Tomato Salad	470 Cal each
Korean Breakfast Bowl with Diced Bacon, Roasted Broco	
and Spinach over Jasmine Rice with Gochujang	570 Cal each
Chorizo and Pepper Breakfast Bowl with Yukon Potatoes	
and Cajun Spiced Hollandaise	470 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### **SILVER DOLLAR BREAKFAST BUFFET** \$12.79

Breakfast Potatoes	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Silver Dollar Pancakes	40 Cal each
™ Maple Syrup	70 Cal/1 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### **TACOS FOR BREAKFAST** \$14.99

Starbucks Coffee, Decaf and Hot Tea

35 Cal/2.5 oz. serving
90 Cal each
35 Cal each
140 Cal/4 oz. serving
140 Cal/4 oz. serving
40 Cal/2 oz. serving
110 Cal/1 oz. serving
120 Cal/3 oz. serving
100 Cal/4 oz. serving
5 Cal/1 oz. serving
10 Cal/1 oz. serving
5 Cal/1 oz. serving
120 Cal/1 oz. serving
0 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply



0 Cal/8 oz. serving



## **BREAKFAST**

# Breakfast Enhancements

All prices are per person and available for 15 guests or more.

#### YOGURT PARFAIT BAR \$8.69 Per Person

Choice of Two (2) Yogurt Flavors:

Greek Yogurt	60 Cal/4 oz. serving
Strawberry Yogurt	80 Cal/4 oz. serving
Vanilla Yogurt	80 Cal/4 oz. serving
™ <u>®</u> Diced Pineapple	30 Cal/2 oz. serving
🥶 🆭 Fresh Strawberries	20 Cal/2 oz. serving
™ Walnuts	90 Cal/0.5 oz. serving
▼ Honey	40 Cal/0.5 oz. serving
♥ Granola	110 Cal/1 oz serving

#### **BELGIAN WAFFLES** \$7.49 Per Person

▼ Belgian Waffles 90 Cal each

Fruit Toppings (may include Strawberry, Peach,

Blueberry, Strawberry-Peach, Apple Cinnamon)

Whipped Cream

Maple Syrup

20 Cal/1 oz. serving
50 Cal/0.5 oz. serving
70 Cal/1 oz. serving

#### **BREAKFAST MEATS** \$2.49 Per Person

Add Bacon, Sausage or Ham to your Breakfast. Select One (1)

Crisp Bacon	60 Cal each
Breakfast Sausage	60-180 Cal each
Grilled Ham Steak	60 Cal each
Turkey Bacon	60 Cal each
Turkey Sausage Link	60 Cal each
Turkey Sausage Patty	90 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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<sup>\*</sup>All packages include necessary accompaniments and condiments

## **SANDWICHES & SALADS**

### Classic Collections

All prices are per person and available for 15 guests or more.

#### **DELI EXPRESS** \$15.99

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg10) 20-240 Cal each

Individual Bags of Chips 100-160 Cal each

Assorted Baked Breads and Rolls 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey,

Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving

• Cheese Tray (Cheddar and Swiss) 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato,

Onion, Pickles, Pepperoncini) 10 Cal/1 oz. serving

Assorted Craveworthy Cookies
 Chains of The (2) Payarages

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving lced Tea 0 Cal/8 oz. serving

Iced Tea0 Cal/8 oz. servingIced Water0 Cal/8 oz. serving

### **PREMIUM BOX LUNCHES**

Spicy Salmon and Arugula Wrap \$18.49 Grilled Salmon, Jalapeno Coleslaw, Arugula,

Tomato and Remoulade in a Lavash Wrap 740 Cal each 20 Cal/3 oz. serving

Individual Bag of Chips
 Bakery-Fresh Brownie
 250 Cal/2.25 oz. serving

Bottled Water

0 Cal each

0 Cal each

210-260 Cal each

Harvest Chicken Salad \$19.39

Grilled Chicken, Fresh Baby Arugula, Roasted

Red Potato, Cauliflower and Pumpkin Seeds tossed in a Kale Pesto Vinaigrette

tossed in a Kale Pesto Vinaigrette 640 Cal each
Bakery-Fresh Roll with Butter 160 Cal each

© ₱ Fresh Fruit Cup 35 Cal/2.5 oz. serving ♥ Lemon Cheesecake Bar 300 Cal/2.75 oz. serving

\*\*Lemon Cheesecake Bar 300 Cal/2.75 oz. serving

Bottled Water 0 Cal each

Mediterranean Quinoa Salad \$18.99

👽 👓 🖭 Quinoa, Toasted Chickpeas, Cucumber,

Tomato and Kalamata Olives with Hummus and Pita 450 Cal/15 oz. serving Bakery-Fresh Roll with Butter 160 Cal each

© Presh Fruit Cup 35 Cal/2.5 oz. serving

● Fresh Fruit Cup 35 Cal/2.5 oz. serving ● Lemon Cheesecake Bar 300 Cal/2.75 oz. serving

#### **CLASSIC BOX LUNCH \$15.29**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below)

130-790 Cal each

Individual Bag of Chips

100-160 Cal each

Assorted Craveworthy Cookies

210-260 Cal each

O Cal each

O Cal each

#### **CLASSIC SELECTION SANDWICH BUFFET** \$18.59

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)

20-240 Cal each

Dill Pickle Slices

0 Cal/1 oz. serving

Individual Bags of Chips

100-160 Cal each
Choice of Three (3) Classic Sandwiches

Assorted Craveworthy Cookies

Choice of Two (2) Beverages:

Lemonade90 Cal/8 oz. servingIced Tea0 Cal/8 oz. servingIced Water0 Cal/8 oz. serving

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Roast Beef and Cheddar Sandwich 430 Cal each

California Turkey Ciabatta with Avocado, Spinach,

Cucumber, Tomato and Ranch Dressing 470 Cal each

Chicken Caesar Wrap 630 Cal each

Greek Salad Wrap with Crumbled Feta, Black Olives,

Fresh Cucumbers, Plum Tomatoes and Red Onion 430 Cal each

Mozzarella, Red Pepper, Balsamic and Kale

Ciabatta 500 Cal each

Additional Premium Box Lunch options available upon request!
Please contact your catering professional.

**Bottled Water** 



# **SANDWICHES & SALADS**

### Classic Collections

All prices are per person and available for 15 guests or more.

#### **THE EXECUTIVE LUNCHEON \$21.39**

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
© Dill Pickle Slices	0 Cal/1 oz. serving
▼ Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Executive Luncheon Sandwiches	310-790 Cal each
<ul> <li>Assorted Craveworthy Cookies</li> </ul>	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

#### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread	740 Cal each
Gourmet Turkey Sandwich with Baby Arugula, Creamy Brie and Cranberry-Fig Jam	430 Cal each
Buffalo Chicken Baguette with Ranch Dressing, Blue Cheese, Lettuce, Tomato and Onion	640 Cal each
Roast Beef, Caramelized Onion and Kale Ciabatta	440 Cal each
Chicken Teriyaki Ciabatta with Pineapple Salsa on a Ciabatta	480 Cal each
Italian Sub with Fresh Lettuce, Tomato, Onion and Herbal Honey Dijon Sauce	600 Cal each
Sweet Potato Smash with Goat Cheese, Cranberry Sauce and Arugula on Ciabatta	500 Cal each

#### **SIDE SALAD SELECTIONS**

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

🕲 😳 ַ Traditional Garden Salad with a Balsamic Vinaigrette Dressing	50 Cal/3.5 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	110 Cal/3.75 oz. serving
👓 🖭 Arugula Salad with Cauliflower and Beets	120 Cal/2.5 oz. serving
© OROasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning	120 Cal/4 oz. serving
Chimichurri Potato Salad	120 Cal/3.5 oz. serving
Strawberry Melon Salad	40 Cal/3 oz. serving
👽 👓 連 Roasted Vegetable Pasta Salad	200 Cal/3.75 oz. serving
© Edamame Salad with Shiitake Mushrooms, Bean Sprouts, Radishes, Scallions, Fresh Basil and Mint Tossed in a Rice Wine Vinegar and Ginger Root Dressing	130 Cal/3 oz. serving
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<sup>\*</sup>All packages include necessary accompaniments and condiments

# Themed Buffets

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### **BBQ NATION \$22.79**

Choice	of One	(1) Sa	lad:
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Potato Salad

Sweet Potato Salad

Old-Fashioned Coleslaw

Lexington Slaw

Choice of One (1) Bread:

Corn Muffin

Southern Biscuits

Texas Toast

Choice of Two (2) Sides:

Macaroni and Cheese
BBQ Pinto Beans
Black-Eyed Peas

Bacon & Onion Green Beans

Choice of Two (2) Entrees:

Smoked BBQ Pulled Pork

Sliced Beef Brisket

BBQ Spiced Shredded Chicken

BBQ Pulled Oats Sandwich
Nashville BBQ Pulled Pork Sandwich

■ Bakery-Fresh Dinner Roll for Sandwiches

Choice of Two (2) Sauces:

Nashville BBQ Sauce

Carolina BBQ Sauce

Texas BBQ Sauce

Alabama BBQ Sauce

Barbecue Sauce

Assorted Craveworthy Cookies

240 Cal/4 oz. serving 290 Cal/4 oz. serving 150 Cal/4 oz. serving 30 Cal/4 oz. serving

> 220 Cal each 190 Cal each 120 Cal each

210 Cal/4 oz. serving 150 Cal/4 oz. serving 140 Cal/4 oz. serving 90 Cal/4 oz. serving

40-110 Cal/3 oz. serving 30-80 Cal/2 oz. serving 160 Cal/3 oz. serving 430 Cal each 500 Cal each 160 Cal each

> 70 Cal/1 oz. serving 20 Cal/1 oz. serving 50 Cal/1 oz. serving 160 Cal/1 oz. serving 170 Cal/1 oz. serving 210-260 Cal each

#### FRESH GINGER \$24.79

Vegetable Spring Roll
Choice of Two (2) Dipping Sauces:

Sweet Soy Sauce
Sweet & Sour Sauce

Sweet & Sour Sauc

Chili Garlic Sauce

Choice of Two (2) Bases:

Jasmine Rice

Rice Noodles

Napa Cabbage Greens Mix

™ Brown Rice

Choice of Two (2) Proteins:

Five Spice Gardien Lemongrass Chicken

Nam Tok Pork Ginger Garlic Shrimp

Choice of Two (2) Vegetables:

Sweet Soy Green Beans

Steamed Fresh Broccoli

Choice of One (1) Sauce:

Peanut Sauce

Thai Basil Red Curry Sauce

Sweet Chili Vinaigrette

Choice of Two (2) Toppings:

Herb Omelet

Fresh Jalapenos

Pickled Carrot & Daikon

Crispy Shallots

Chopped Peanuts

Marinated Cucumber

Coconut Mango Rice Dessert

230 Cal each

50 Cal/1 oz. serving 40 Cal/1 oz. serving 40 Cal/1 oz. serving

130 Cal/4 oz. serving 210 Cal/4 oz. serving 10 Cal/2 oz. serving 110 Cal/4 oz. serving

190 Cal/3 oz. serving 140 Cal/3 oz. serving 110 Cal/2.5 oz. serving 80 Cal/3 oz. serving

80 Cal/3 oz. serving 45 Cal/4 oz. serving 20 Cal/4 oz. serving

70 Cal/1 oz. serving 50 Cal/1 oz. serving 25 Cal/1 oz. serving

50 Cal/4 oz. serving 0 Cal/.5 oz. serving 10 Cal/1 oz. serving 20 Cal/.5 oz. serving 80 Cal/.5 oz. serving 10 Cal/1 oz. serving 220 Cal each





# Themed Buffets

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### TASTY TEX MEX \$22.69

▼ Tortilla Chips	260 Cal/3 oz. serving
Mexican Rice	130 Cal/3 oz. serving
🚾 🖭 🖭 Charro Beans	80 Cal/3 oz. serving
Sauteed Peppers and Onions	140 Cal/2 oz. serving
Choice of One (1) Type of Fajitas:	
Beef Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
Citrus Braised Pork with Tortillas.	
Shredded Cheddar and Sour Cream	580 Cal/3 oz. serving
V Vogan Chariza with Tartillas and Vogan Chassa	200 Cal/2 az asmina
Vegan Chorizo with Tortillas and Vegan Cheese	380 Cal/2 oz. serving

### **HEARTLAND BUFFET \$25.89**

Baby Spinach Salad with Bacon, Egg,	
Mushroom and Tomato and Balasmic Vinaigrette	180 Cal/3.75 oz. serving
<ul><li>Bakery-Fresh Dinner Rolls with Butter</li></ul>	160 Cal each
Roasted New Potatoes	110 Cal/2.75 oz. serving
© № Fresh Herbed Vegetables	100 Cal/3.5 oz. serving
Grilled Lemon Rosemary Chicken	130 Cal/3 oz. serving
Oreo Blondies	270 Cal/1.75 oz. serving

Bakery-Fresh Brownies

▼ Oreo Blondies	270 Cal/1.75 oz. serving
NOODLE BAR BASICS \$20.39	
™ Mesclun Salad with Fresh Orange, Kalamata	
Olives, and Red Onion with a Balsamic Vinaigrette	70 Cal/2.25 oz. serving
♥ Garlic Breadsticks	110 Cal each
Choice of One (1) Pasta:	
	180 Cal/4 oz. serving
▼ Fettucine Noodles	240 Cal/5.5 oz. serving
Choice of Two (2) Vegetables:	
<sup>™</sup> Broccoli	10 Cal/1 oz. serving
Onions	10 Cal/0.5 oz. serving
▼ Tomatoes	10 Cal/1 oz. serving
▼ Zucchini	10 Cal/1 oz. serving
Choice of Two (2) Proteins:	
™ Grilled Chicken	160 Cal/3 oz. serving
Italian Sausage	250 Cal/2 oz. serving
Shrimp	60 Cal/2 oz. serving
▼ Tofu	80 Cal/2 oz. serving
Choice of Two (2) Sauces:	
Marinara Sauce	200 Cal/4 oz. serving
Pesto Sauce	140 Cal/4 oz. serving
✓ Alfredo Sauce	240 Cal/4 oz. serving
Hearty Meat Sauce	140 Cal/4 oz. serving
Assorted Craveworthy Cookies	210-260 Cal each

Choice of Two (2) Salsas:	
™ Pico De Gallo	10 Cal/1 oz. serving
Salsa Verde	5 Cal/1 oz. serving
🥶 Salsa Roja	20 Cal/1 oz. serving
Cinnamon Crisps	20 Cal each

Looking to create your own Themed Buffet or Unique Custom Buffet?

Contact us at hesselbarth-mark@aramark.com / 508.286.5460 or rousseau-christopher@aramark.com / 508.286.5461 to explore more options and personalize your buffet to fit your event.

\*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

250 Cal/2.25 oz. serving

# Themed Buffets

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

### **BUILD YOUR OWN BITE SIZED SOUTHERN BBQ** \$22.79

🔻 🖭 Fresh Country Coleslaw	150 Cal/3 oz. serving
Collard Greens	90 Cal/3 oz. serving
🚾 🖭 Vegetarian Baked Beans	220 Cal/4 oz. serving
Macaroni and Cheese	250 Cal/4 oz. serving
Hush Puppies	70 Cal each
Choice of Two (2) Pulled Meats:	
Pulled BBQ Chicken	170 Cal/3 oz. serving
Cilantro-Lime Pulled Chicken	170 Cal/3 oz. serving
Pulled BBQ Pork	290 Cal/3 oz. serving
Anise Herbed Pulled Pork	220 Cal/3 oz. serving
♥ Slider Buns	80 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Bakery-Fresh Brownies	250 Cal/2.25 oz. serving

#### **CLASSIC PIZZA** \$20.19

🥶 🖭 🖭 Classic Garden Salad with Fresh Seasonal	
Vegetables and Balsamic Vinaigrette and Ranch	50 Cal/3.5 oz. serving
Home-Style Kettle Chips	190 Cal/1.25 oz. each
▼ Traditional New York-Style Cheese Pizza Slices	250 Cal/slice
Meat Lover's Pizza Slices	460 Cal/slice
👽 🔤 Garden Vegetable Pizza Slices	370 Cal/slice
Assorted Craveworthy Cookies	210-260 Cal each
Bakery-Fresh Brownies	250 Cal/2 25 oz serving

🔻 😳 Garden Vegetable Pizza Slices	370 Cal/slice
Assorted Craveworthy Cookies	210-260 Cal each
Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
ASIAN ACCENTS \$27.69	
Peanut Lime Ramen Noodles	210 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce	50 Cal/1 oz. serving
<sup>™</sup> Sweet and Sour Sauce	40 Cal/1 oz. serving
<sup>™</sup> Chili Garlic Sauce	40 Cal/1 oz. serving
Choice of One (1) Rice:	
™ White Rice	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
🚾 👓 Steamed Brown Rice	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans	140 Cal/3 oz. serving
Fortune Cookies	20 Cal each

#### **POWER LUNCH** \$21.99

♥ Grilled Flatbread	110 Cal each
🥶 🖭 Seasonal Fresh Fruit Platter	35 Cal/2.25 oz. serving
Choice of Three (3) Salad Platters:	
Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend	450 Cal/14.5 oz. serving
Chickpea Couscous with Shawarma Beef, Tomato Tomato and Cucumber Herb Salad and a touch of Spicy Harissa	500 Cal/16.5 oz. serving
Grilled Salmon with Bulgur Wheat, Lentils, and Hummus in a Roasted Garlic Lemon Vinaigrette Garnished with Carrot Sesame Hummus and Pea Mint Salad	530 Cal/11.15 oz. serving
Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Vegggies in a Spicy Thai Lime Sriracha Dressing	520 Cal/11.88 oz. serving

© Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette

🚾 Vegan Aquafaba Chocolate Mousse

310 Cal/6 oz. serving 230 Cal/2.75 oz. serving





# Create Your Own Buffet

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

#### **BUFFET STARTERS**

呕 👓 환 Classic Garden Salad with Balsamic	
Vinaigrette and Ranch	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
♥ Greek Salad with Crumbled Feta	110 Cal/3.25 oz. serving
⊕ Antipasto Salad	170 Cal/3 oz. serving
🔻 🚳 🖭 Crudités with Tzatziki Sauce	40 Cal/5 oz. serving
Roasted Vegetable Platter with Chimichurri Mayo	200 Cal/4 oz. serving

#### **BUFFET ENTREES**

BUFFET ENTREES	
Fried Chicken with Buttermilk Hot Sauce \$23.79	470 Cal/5.6 oz. serving
Asiago Chicken in a Roasted Red Pepper Sauce \$27.39	300 Cal/5 oz. serving
Slow-Roasted Turkey Breast Rubbed with Sage and Thyme \$23.79	170 Cal/3 oz. serving
<sup>™</sup> Maple Dijon Salmon \$25.19	270 Cal/3.25 oz. serving
Pesto Flank Steak \$29.79	260 Cal/3 oz. serving
👽 👓 🎅 Cavatappi A La Toscana \$20.19	420 Cal/15.75 oz. serving
© 🕮 Vegan Chorizo Stuffed Portobello Cap \$23.19	320 Cal each

#### **BUFFET SIDES**

Pan Roasted Vegetables	45 Cal/3 oz. serving
👽 🕸 🖭 Italian Seasoned Green Beans	40 Cal/3.25 oz. serving
👽 😳 ַ Maple Glazed Carrots	110 Cal/2 oz. serving
● Buttermilk Mashed Potatoes	120 Cal/3.75 oz. serving
Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red	
Onions, Fresh Spinach and Scallions	190 Cal/3 oz. serving
💿 😳 連 Butternut Squash Barley Pilaf	220 Cal/4 oz. serving
Macaroni and Cheese	250 Cal/4 oz. serving

#### **BUFFET FINISHES**

New York-Style Cheesecake	440 Cal/slice
♥ Spiced Carrot Cake	350 Cal/slice
♥ Chocolate Cake	340 Cal/slice
♥ Cookies and Cream Thimble Cake	140 Cal each
♥ Salted Caramel Thimble Cake	140 Cal each
Assorted Craveworthy Cookies	210-260 Cal each

 $2000\ calories\ a\ day\ is\ used\ for\ general\ nutrition\ advice,\ but\ calorie\ needs\ vary.$  Additional\ nutrition\ information\ is\ available\ upon\ request.

<sup>\*</sup>All packages include necessary accompaniments and condiments

# **RECEPTIONS**

## Hors d'oeuvres

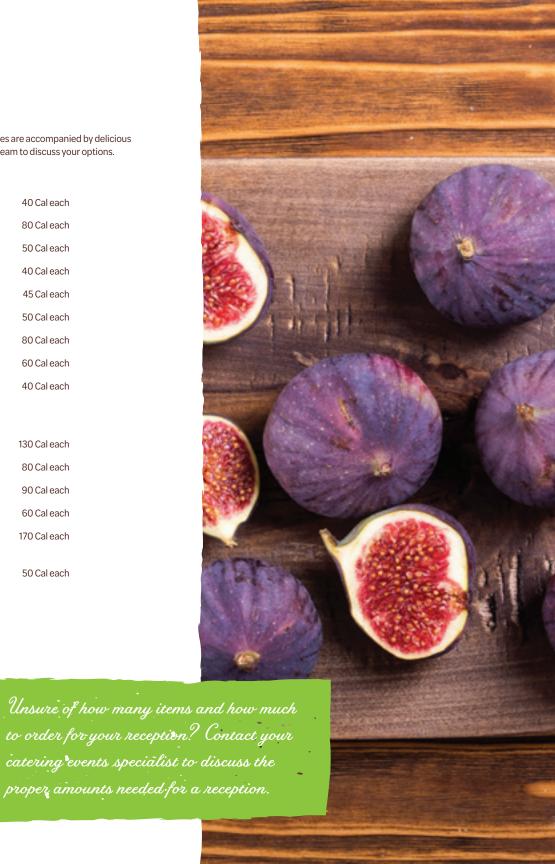
Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

### **RECEPTION HORS D'OEUVRES (HOT)**

Bacon Wrapped Scallops \$38.69	40 Cal each
Beef Empanadas \$30.99	80 Cal each
Buffalo Style Chicken Spring Rolls \$28.99	50 Cal each
Coconut Chicken \$28.99	40 Cal each
Chicken and Waffle with Spicy Syrup \$28.99	45 Cal each
Coconut Shrimp \$35.69	50 Cal each
■ Mac n' Cheese Melts \$26.89	80 Cal each
♥ Spanakopita \$26.89	60 Cal each
© Vegetable Samosas \$37.99	40 Cal each

#### **RECEPTION HORS D'OEUVRES (COLD)**

Tenderloin and Bacon Jam Crostini \$22.99	130 Cal each
<sup>™</sup> Tuna Poke Crisp \$22.99	80 Cal each
Italian Pinwheel Skewer \$37.99	90 Cal each
■ Mediterranean Antipasto Skewers \$36.69	60 Cal each
© <sup>©</sup> № Veggie Hummus Cup \$30.99	170 Cal each
♥ Traditional Tomato Bruschetta Crostini \$19.09	50 Cal each





## RECEPTIONS

# Reception Platters and Dips

All prices are per person and available for 10 guests or more.

#### CLASSIC SLICED CHEESE TRAY \$65.49 Serves 12

◆ Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Crackers, Pita Chips and Crostini

290 Cal/2.75 oz. serving

#### FRESH GARDEN CRUDITÉS \$47.79 Serves 12

💌 🖭 Fresh Garden Crudités with Ranch Dill Dip

120 Cal/5 oz. serving

SEASONAL FRESH FRUIT PLATTER \$45.59 Serves 12

Seasonal Fresh Fruit

35 Cal/2.5 oz. serving

CHEF'S CHOICE CHARCUTERIE BOARD Market Price Serves 12

Calories Vary Per Assortment

#### HOUSE-MADE SPINACH DIP \$50.89 Serves 12

House-Made Spinach Dip served with Fresh Pita Chips

230 Cal/2.25 oz. serving

# May we suggest a Served Meal or Reception?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. When placing your order in Catertrax simply choose the "Custom Menu" and add any notes for your event. Our team will reach out to you to discuss further details.

\*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

# **RECEPTIONS**

# Chef-Inspired Stations

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 10 guests or more.

#### **HAPPY HOUR \$19.69**

Chilled Spinach Dip served with Pita Chips	230 Cal/2.25 oz. serving
Mini Cheesesteaks	180 Cal each
Buffalo Chicken Tenders served	
with Blue Cheese Dip	560 Cal/6.75 oz. serving
Pretzels Bites with Beer Cheese	410 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Gourmet Dessert Bars	300-370 Cal/2.75-3.25 oz. serving

#### **SLIDE INTO HOME \$15.49**

hoice of Three (3) Sliders:	
™ © © Grilled Veggie Sliders	110 Cal each
Bacon-Blue Meatball Sliders	220 Cal each
Ham and Cheese Sliders	160 Cal each
🚾 🖭 Spicy Cauliflower Slider	180 Cal each
Shredded Pork and Slaw Sliders	340 Cal each
Cheeseburger Sliders	260 Cal each
Sriracha Fried Chicken Sliders	390 Cal each

#### **SUNDAE FUNDAY** \$7.79

Create Your own Delicious Sundae

Choice of One (1) Ice Cream Flavor:

Choice of One (1) Ice Cream Flavor:	
▼ Vanilla Ice Cream	110 Cal/4 oz. serving
Chocolate Ice Cream	120 Cal/4oz. serving
Strawberry Ice Cream	130 Cal/4 oz. serving
Non Dairy Sorbet	Calories Vary
Choice of Two (2) Sauces:	
Caramel Sauce	80 Cal/1 oz. serving
™ Chocolate Syrup	60 Cal/1 oz. serving
Raspberry Sauce	150 Cal/2 oz. serving
Crushed Pineapple	30 Cal/2 oz. serving
Choice of Three (3) Toppings:	
Chocolate Chips	140 Cal/1 oz. serving
Sliced Strawberries	10 Cal/1 oz. serving
▼ Toasted Pecans	100 Cal/0.5 oz. serving
▼ Toasted Coconut	80 Cal/0.5 oz. serving
Mini Marshmallows	90 Cal/1 oz. serving
<sup>™</sup> Oreo® Cookie Crumbs	70 Cal/0.5 oz. serving
Sprinkles	30 Cal/0.5 oz. serving

### Breaks

All prices are per person and available for 15 guests or more.

#### **CHOCAHOLIC** \$9.29

▼ Mini Candy Bars (4 each)	45-70 Cal each
Chunky Chocolate Craveworthy Cookies	230 Cal each
Chocolate Dipped Pretzels	120 Cal each
<ul><li>Chocolate Dipped Strawberries (2 each)</li></ul>	80 Cal each
Chocolate Milk	160 Cal/8.75 oz. serving

#### WHAT'S POPPIN' \$4.09

Choice of Three (3) Popcorn Varieties:

<sup>™</sup> <sup>™</sup> Classic Popcorn	110 Cal/1.25 oz. serving
🔻 👓 Parmesan Garlic Popcorn	110 Cal/1.25 oz. serving
▼ Ranch Popcorn	110 Cal/1.25 oz. serving
■ BBQ Popcorn	110 Cal/1.25 oz. serving
<sup>™</sup> Southwest Popcorn	120 Cal/1.25 oz. serving

#### **BREADS AND SPREADS** \$5.69

▼ Tortilla Chips	260 Cal/3 oz. serving
🔻 Pita Chips	130 Cal/2 oz. serving
™ Crostini	40 Cal each
Choice of Four (4) Spreads:	
🚾 隆 Korean Roja Guacamole	90 Cal/2 oz. serving
🚾 🖭 Ginger Verde Guacamole	80 Cal/2 oz. serving
Chilled Spinach Dip	200 Cal/2 oz. serving
Feta and Roasted Garlic Dip	260 Cal/2 oz. serving
🚾 🖭 Traditional Hummus	320 Cal/4 oz. serving
Artichoke and Olive Dip	140 Cal/2 oz. serving
🥸 َ Seasonal Fresh Fruit Platter	35 Cal/2.5 oz. serving

### **ORCHARD TREATS** \$11.39

🚾 👓 🕦 Apple Wedges	60 Cal each
▼ Caramel Sauce	100 Cal/1 oz. serving
Cinnamon Sugar Donuts	240 Cal each
Maple Walnut Blondies	300 Cal/2.38 oz. serving
Sliced Cheese served with Baguettes	710 Cal/4.75 oz. serving

### ALLERGEN INFORMATION

50 Cal/0.5 oz. serving

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.



Whipped Cream



## **BEVERAGES & DESSERTS**

# Beverages

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with Assorted Tea Bags \$3.19 Per Person 0 Cal/8 oz. serving Bottled Water \$2.49 Each O Cal each 0-150 Cal each Assorted Sodas (Can) \$1.89 Each Sparkling Water \$2.39 Each O Cal each Regular Coffee \$20.69 Per Gallon 0 Cal/8 oz. serving Hot Chocolate \$25.89 Per Gallon 160 Cal/8 oz. serving Lemonade \$19.09 Per Gallon 90 Cal/8 oz. serving Fruit Punch \$23.29 Per Gallon 5 Cal/8 oz. serving Iced Water \$1.69 Per Gallon 0 Cal/8 oz. serving

Infused Water \$11.69 Per Gallon Choice of One (1) Fruit Infused Water:

Lemon Infused Water 0 Cal/8 oz. serving Orange Infused Water 10 Cal/8 oz. serving Apple Infused Water 20 Cal/8 oz. serving 10 Cal/8 oz. serving Cucumber Infused Water Grapefruit Infused Water 10 Cal/8 oz. serving

### Desserts

Assorted Craveworthy Cookies \$19.19 Per Dozen

210-260 Cal each

Bakery-fresh Brownies \$23.19 Per Dozen 250 Cal/2.25 oz. serving

Gourmet Dessert Bars \$23.19 Per Dozen 300-360 Cal/2.75-3.25 oz. serving

Custom Artisan Cupcakes \$27.89 Per Dozen

Chocolate Cupcake with Fudge Icing 480 Cal each Vanilla Cupcake 380 Cal each

Bananas Foster Cupcake 180 Cal each Devil's Food Cupcake 380 Cal each

New York Cheesecake (Each)

\$32.39 Serves 8 440 Cal/slice

Ordering Information

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

🔻 Vegetarian 💩 Vegan 👓 Eat Well 🏨 Plant Forward

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/ bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

#### **CONTACT US TODAY**

508.286.5460 / 508.286.5461 hesselbarth-mark@aramark.com rousseau-christopher@aramark.com peacockcatering.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change