

INSPIRED EXPERIENCES. Our food is locally sourced and globally **CULINARY** inspired to connect you with community **FORWARD** and fuel your best work. Our people are genuine, passionate, and THOUGHTFUL empowered to do what it takes to make HOSPITALITY your moment special. Our common goodness considers PEOPLE & the environmental, social, ethical and **PLANET** economic impact of everything we do. Our experiences create connection and **INSPIRED** culture, bringing desired and inspired **EXPERIENCES** spaces to life.

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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$48.99

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 quests or more.

DELICIOUS DAWN

Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM PERK UP

Granola Bars v	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

DOWED LID LUNCH

POWER UP LUNCH	
Tomato and Cucumber Couscous Salad vg	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter v	160 Cal each
Green Beans Gremolata vg EW PF	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto V EW	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York Cheesecake v	360 Cal/slice
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips v	230 Cal/2.25 oz. serving
Grilled Vegetable Tray VG EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$40.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests or more.

MORNING MINI

Miniature Muffins v	80-120 Cal each
Miniature Danish v	140-170 Cal each
Miniature Scones v	100-110 Cal each
Yogurt Parfait Cups v	400-450 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

THE ENERGIZER

Donut Holes v	45-90 Cal each
Ripe Bananas vg EW PF 100 Ca	
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

IT'S A WRAP

Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap VPF	620 Cal each
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad vg	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Iced Water

Tortilla Chips v	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Pico De Gallo vg	5 Cal/1 oz. serving
Assorted Whole Fruit VG EW PF	45-100 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

O Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$32.99

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts V 240-500 Cal each
Assorted Bagels V 290-450 Cal each
Orange Juice 120 Cal/8 oz. serving
Iced Water 0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 520 Cal each Ham and Swiss Sub 400 Cal each Turkey and Swiss Sandwich 520 Cal each Roasted Pepper and Mozzarella Ciabatta V EW PF 500 Cal each Individual Bag of Chips V 100-160 Cal each Assorted Craveworthy Cookies V 210-260 Cal each Iced Water 0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips v

Choice of Two (2) Salsas:	
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Pico De Gallo v g	5 Cal/1 oz. serving
Assorted Whole Fruit vg EW PF	45-100 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

260 Cal/3 oz. serving

 $^{*}\mbox{All packages include necessary accompaniments and condiments.}$

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.





BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 12 guests or more. All appropriate condiments included.

QUICK START \$11.99

Choice of Three (3) Breakfast Pastries:

Assorted Danish v 250-420 Cal each 380-550 Cal each Assorted Muffins v Assorted Scones v 400-440 Cal each Assorted Bagels v 290-450 Cal each Croissants v 370 Cal each Seasonal Fresh Fruit Platter vg PF 35 Cal/2.5 oz. serving Assorted Juice 110-170 Cal/8 oz. serving Iced Water O Cal/8 oz. serving Gourmet Coffee. Decaf and Hot Tea O Cal/8 oz. serving

EUROPEAN CONTINENTAL \$16.49

European Breakfast Charcuterie: Platter of Gruyere, Blue Cheese, Genoa Salami, Prosciutto, Orange Marmalade, Fig Cranberry Jam, Whole Grain Mustard, Hard-Boiled Egg,

Red Grapes and Crostini 400 Cal/4.5 oz. serving

Croissants with Butter and Jam v 370 Cal each Seasonal Fresh Fruit Platter vg PF 35 Cal/2.5 oz. serving Assorted Juice 110-170 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

HEALTHY CHOICE BREAKFAST \$11.79

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups

Milk

120 Cal each
Bananas VG EW PF

100 Cal each
Assorted Yogurt Cups

Red Water

Gourmet Coffee, Decaf and Hot Tea

190-230 Cal each
120 Cal each
120 Cal each
80-150 Cal each
0 Cal/8 oz. serving

À LA CARTE BREAKFAST

Assorted Muffins Served with Butter and Jam V

\$3.09 Per Person 380-550 Cal each

Assorted Danish **v** \$20.89 Per Dozen 250-420 Cal each

Assorted Yogurt Cups \$3.09 Each 50-150 Cal each

Whole Fruit **VG EW PF** \$1.29 Each 45-100 Cal each

BREAKFAST

HOT BREAKFAST

All prices are per person and available for 12 guests or more. All appropriate condiments included.

AMERICAN BREAKFAST \$15.99

Choice of One (1) Breakfast Pastry:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	380-550 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Croissants v	370 Cal each
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee. Decaf and Hot Tea	0 Cal/8 oz. serving

FRENCH TOAST BUFFET \$13.99

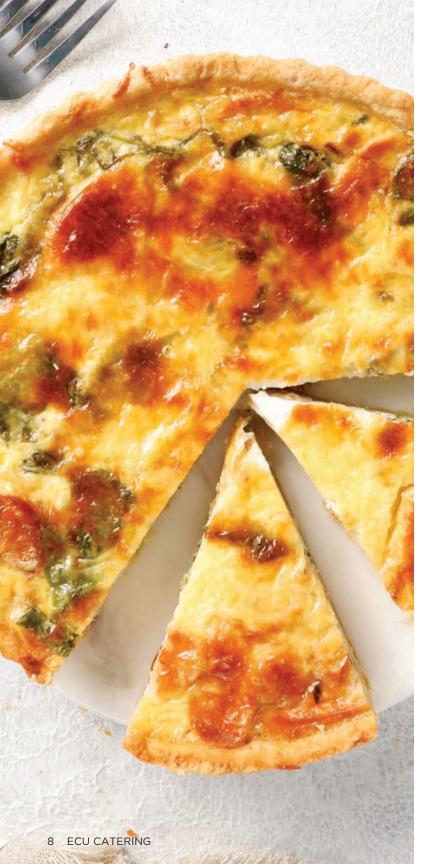
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Orange Cinnamon French Toast v 100	
Maple Syrup vg	70 Cal/1 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

SOUTHERN SUNRISE \$15.50 Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Cage-Free Scrambled Eggs v 180 Cal/4 oz. serving Shredded Cheddar Cheese v 110 Cal/1 oz. serving Choice of One (1) Breakfast Meat: Country Ham 60 Cal each Crisp Bacon 60 Cal each Choice of One (1) Southern-Style Breakfast Entrée: 570 Cal/7 oz. serving Biscuits and Gravy Spicy Chicken 'n Waffle 950 Cal/10.5 oz. serving Iced Water 0 Cal/8 oz. serving 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

*All packages include necessary accompaniments and condiments.

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BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 12 guests or more.

GRITS BAR \$8.89 PER PERSON

Traditional Grits served with Bacon, Cheddar Cheese, Scallions, Butter, Cinnamon Sugar and Raisins

410 Cal/9.25 oz. serving

TRADITIONAL SANDWICHES \$6.89 PER PERSON

Choice of Two (2) Sunrise Breakfast Sandwiches:

Egg and Cheese English Muffin v	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup v PF	440 Cal each
Spicy Southern Chicken Biscuit with Maple Sriracha Syrup	560 Cal each
Everything Salmon Biscuit with Smoked Salmon, Cream	

Cheese, Cucumber and Hard-Boiled Egg on a Everything-

Spiced Bagel 370 Cal each

Bacon, Lettuce, Tomato, Avocado and Egg Bagel

420 Cal each

BISCUITS IN SAUSAGE GRAVY \$3.89 PER PERSON

\$3.89

570 Cal/7 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

DELI EXPRESS \$16.99

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) 50-160 Cal/2 oz. serving

110 Cal/1 oz. serving Cheese Tray (Cheddar and Swiss) v

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 210-260 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

PREMIUM BOX LUNCHES

Spicy Salmon and Arugula Wrap \$17.69

Grilled Salmon, Jalapeno Coleslaw, Arugula, Tomato and Remoulade in a Lavash Wrap 740 Cal each Sweet Chili Cucumber Salad vg EW PF 20 Cal/3 oz. serving Individual Bag of Chips v 100-160 Cal each Bakery-Fresh Brownie **v** 250 Cal/2.25 oz. serving **Bottled Water** O Cal each

Harvest Chicken Salad \$18.59

Grilled Chicken, Fresh Baby Arugula, Roasted Red Potato, Cauliflower and Pumpkin Seeds tossed in a Kale Pesto Vinaigrette 640 Cal each Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

Orange Chicken Spinach Salad \$18.59

Grilled Orange-Thyme-Glazed Chicken with a Sesame-Ginger Spinach Salad EW 460 Cal/11 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each 35 Cal/2.5 oz. serving Fresh Fruit Cup VG PF Lemon Cheesecake Bar v 300 Cal/2.75 oz. serving **Bottled Water** O Cal each

CLASSIC BOX LUNCH \$14.59

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each Individual Bag of Chips v 100-160 Cal each Assorted Craveworthy Cookies v 210-260 Cal each **Bottled Water** O Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$17.99

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each O Cal/1 oz. serving Dill Pickle Slices vg Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy Cookies v 210-260 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Honey Mustard Ham and Swiss Cheese with Lettuce 400 Cal each and Pickles on a Sub Roll

Roast Beef with Tarragon Horseradish Spread on

Wheatberry Bread 450 Cal each

Deli Sliced Turkey and Swiss on Hearty Wheat Bread 520 Cal each

630 Cal each Chicken Caesar Wrap

Veggie and Hummus Lavash; Hummus, Arugula, Plum Tomatoes, Cucumbers, Bell Pepper, Feta and

Mint **VPF** 130 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

Choice of Two (2) Side Salads (pg 10)

All prices are per person and available for 12 guests or more.

THE EXECUTIVE LUNCHEON \$20.49

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Dill Pickle Slices vg	0 Cal/1 oz. serving
Individual Bags of Chips v	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz serving

30-240 Cal each

EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Swiss Ciabatta with a Red Onion Apricot Relish	520 Cal each
Vietnamese Pork Baguette with Cucumber, Pickled Daikon and Carrot, Cilantro, Jalapeno and Mayo	790 Cal each
Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli	610 Cal each
Chicken Teriyaki Ciabatta with Pineapple Salsa on a Ciabatta	480 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub	490 Cal each
Spicy Grilled Vegetable Wrap Bruschetta and Black Olives V PF	580 Cal each

SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Sandwich Buriets)	
Traditional Garden Salad with a Balsamic Vinaigrette Dressing VG EW PF	50 Cal/3.5 oz. serving
Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning VG EW	120 Cal/4 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing V	240 Cal/4 oz. serving
Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing VG EW PF	60 Cal/3.75 oz. serving
Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Apple Walnut Salad tossed in a Cinnamon-Spiced Honey Yogurt Dressing V PF	80 Cal/3.5 oz. serving
Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v	80 Cal/3 oz. serving
Grilled Vegetable Pasta Salad with a Balsamic Dressing vg	120 Cal/3 oz. serving
Herbed Quinoa Side Salad V PF	110 Cal/3.5 oz. serving
Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic vg	120 Cal/4 oz. serving

*All packages include necessary accompaniments and condiments.

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THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

LAZY SUMMER BBQ \$24.99

Old-Fashioned Coleslaw V EW 150 Cal/3 oz. serving Cornbread Fiesta Muffins v 120 Cal each Baked Beans 160 Cal/4.75 oz. serving 250 Cal/4 oz. serving Macaroni and Cheese v BBQ Chicken 380 Cal/6 oz. serving Sliced Brisket 340 Cal/5 oz. serving 210-260 Cal each Assorted Craveworthy Cookies ${f v}$ Gourmet Dessert Bars **v** 300-360 Cal/2.75-3.25 oz. serving

TASTY TEX MEX \$23.79

IASIT IEX MEX \$25./9	
Tortilla Chips v	260 Cal/3 oz. serving
Mexican Rice vg	130 Cal/3 oz. serving
Charro Beans VG EW PF	80 Cal/3 oz. serving
Sauteed Peppers and Onions vg	140 Cal/2 oz. serving
Choice of One (1) Type of Fajitas:	
Beef Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	680 Cal/5 oz. serving
Chicken Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
Citrus Braised Pork with Tortillas,	
Shredded Cheddar and Sour Cream	580 Cal/3 oz. serving
Vegan Chorizo with Tortillas and Vegan Cheese 🔻	380 Cal/2 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo vg	10 Cal/1 oz. serving
Salsa Verde v G	5 Cal/1 oz. serving
Salsa Roja vg	20 Cal/1 oz. serving
Cinnamon Crisps v	20 Cal each

ASIAN ACCENTS \$26.29

Peanut Lime Ramen Noodles v Egg Rolls	210 Cal/3 oz. serving 180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce v	50 Cal/1 oz. serving
Sweet and Sour Sauce vg	40 Cal/1 oz. serving
Chili Garlic Sauce vg	40 Cal/1 oz. serving
Choice of One (1) Rice:	
White Rice vg	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
Steamed Brown Rice vg EW	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans EW	140 Cal/3 oz. serving
Fortune Cookies	20 Cal each





THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

				ICS		

Mesclun Salad with Fresh Orange, Kalamata Olives

and Red Onion with a Balsamic Vinaigrette VG PF

Garlic Breadsticks v 110 Cal each

Choice of One (1) Pasta:

Cavatappi Noodles vg 180 Cal/4 oz. serving Fettuccine Noodles **vg** 240 Cal/5.5 oz. serving

Choice of Two (2) Vegetables:

Broccoli vg PF 10 Cal/1 oz. serving Onions vo 10 Cal/0.5 oz. serving 10 Cal/1 oz. serving Tomatoes vg Zucchini vg 10 Cal/1 oz. serving

Choice of Two (2) Proteins:

Grilled Chicken EW 160 Cal/3 oz. serving 250 Cal/2 oz. serving Italian Sausage Shrimp 60 Cal/2 oz. serving Tofu vg 80 Cal/2 oz. serving

Choice of Two (2) Sauces:

Marinara Sauce vg 200 Cal/4 oz. serving Pesto Sauce 140 Cal/4 oz. serving Alfredo Sauce v 240 Cal/4 oz. serving Hearty Meat Sauce 140 Cal/4 oz. serving Assorted Craveworthy Cookies v 210-260 Cal each Bakery-Fresh Brownies v 250 Cal/2.25 oz. serving

HEARTLAND BUFFET \$24.59

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette

Bakery-Fresh Rolls with Butter v Roasted New Potatoes vg Fresh Herbed Vegetables **vg EW PF** Grilled Lemon Rosemary Chicken EW

Oreo Blondies v

180 Cal/3.75 oz. serving

70 Cal/2.25 oz. serving

160 Cal each 110 Cal/2.75 oz. serving 100 Cal/3.5 oz. serving 130 Cal/3 oz. serving 270 Cal/1.75 oz. serving

THEMED BUFFETS

All prices are per person and available for 12 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

A TASTE OF ITALY - CHILLED BUFFET \$22.69

Caesar Salad 170 Cal/2.7 oz. serving Italian White Bean Salad vg EW PF 90 Cal/3.33 oz. serving Garlic Breadsticks v 110 Cal each 70 Cal/3 oz. serving Seasonal Vegetables VG EW PF Three Pepper Pesto Cavatappi v Ew 280 Cal/7.5 oz. serving Grilled Rosemary Chicken EW 130 Cal/3 oz. serving Grilled Fennel Tuna EW 150 Cal/3 oz. serving Assorted Italian Ices 70-80 Cal each

BAKED POTATO BAR \$20.89

Classic Garden Salad with Fresh Seasonal Vegetables

and Balsamic Vinaigrette and Ranch VG EW PF 50 Cal/3.5 oz. serving

Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar

Cheese. Scallions and Sour Cream 660 Cal/12 oz. serving

Choice of One (1) Dessert:

Apple Cobbler v 350 Cal/4.75 oz. serving Apple Pie vg 410 Cal/slice Add on Cheddar Cheese Sauce v 60 Cal/1 oz. serving

BASIC ITALIAN BUFFET \$19.29

Classic Garden Salad with Fresh Seasonal Vegetables

and Balsamic Vinaigrette and Ranch VG EW PF

Garlic Breadsticks v Home-Style Lasagna with Parmesan Cheese Choice of One (1) Vegetarian Lasagna:

Cauliflower Lasagna V PF Vegetable Alfredo Lasagna v Chocolate Dipped Biscotti v

50 Cal/3.5 oz. serving

110 Cal each 340 Cal/7.25 oz. serving

410 Cal/8.375 oz. serving 470 Cal/11 oz. serving 190 Cal each

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CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch vg ew pf	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balasmic Vinaigrette EW	180 Cal/3.75 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving
Antipasto Platter with Crostini	260 Cal/5 oz. serving
Seasonal Fresh Fruit Salad VG PF	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Fried Chicken with Buttermilk Hot Sauce \$22.69	470 Cal/5.6 oz. serving
Grilled Lemon Rosemary Chicken EW \$22.69	130 Cal/3 oz. serving
Oven-Roasted Seasoned Pork in a Brown Sugar-Pecan Sauce EW \$22.69	460 Cal/5 oz. serving
Autumn Potato Crusted Salmon \$23.99	200 Cal/4 oz. serving
Grilled Montreal Cod EW \$25.49	80 Cal/3 oz. serving
Fireside Herbed Steak Marinated in Dijon Mustard, Thyme and Cider Vinegar \$28.29	200 Cal/3 oz. serving
Squash, Tomato and "Cheese" Casserole VG EW PF \$19.29	90 Cal/4.25 oz. serving

BUFFET SIDES	
Pan Roasted Vegetables V PF	45 Cal/3 oz. serving
Italian Seasoned Green Beans V EW PF	40 Cal/3.25 oz. serving
Maple Glazed Carrots V EW PF	110 Cal/2 oz. serving
Creamy Garlic Mashed Potatoes v	120 Cal/3.75 oz. serving
Roasted New Potatoes vg	110 Cal/2.75 oz. serving
Savory Herbed Rice v vg	150 Cal/3.5 oz. serving
Macaroni and Cheese v	250 Cal/4 oz. serving

BUFFET FINISHES	
Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
New York-Style Cheesecake	440 Cal/slice
Mini Chocolate and Caramel Cheesecakes ${f v}$	80 Cal/3.75 oz. serving
Dulce De Leche Brownie v	230 Cal/2.25 oz. serving
Chocolate Cake v	340 Cal/slice
Assorted Craveworthy Cookies v	210-260 Cal each

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RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Bacon Wrapped Scallops \$36.69	40 Cal each
Beef Satay \$29.49	35 Cal each
Thai Brand Chicken Satay \$28.99	40 Cal each
Crab Cakes \$36.69	35 Cal each
Mac n' Cheese Melts v \$25.59	80 Cal each
Spankopita Mushrooms \$36.09	30 Cal each
Parmesan Artichoke Hearts v \$36.09	50 Cal each
Vegetable Empanadas v \$36.09	70 Cal each
Vegetable Spring Rolls vg \$45.99	50 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Tenderloin and Bacon Jam Crostini \$21.79	130 Cal each
Tuna Poke Crisp EW \$21.79	80 Cal each
Mediterranean Antipasto Skewers v \$35.99	60 Cal each
Veggie Hummus Cup VG EW PF \$29.49	170 Cal each
Traditional Tomato Bruschetta Crostini v \$18.99	50 Cal each
Pimento Cheese & Bacon Toast Points \$18.99	110 Cal each

UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 12 guests or more.

CLASSIC CHEESE TRAY \$5.89 PER PERSON

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini **V**

290 Cal/2.75 oz. serving

FRESH GARDEN CRUDITÉS \$4.49 PER PERSON

Fresh Garden Crudités with Ranch Dill Dip V PF

120 Cal/5 oz. serving

SEASONAL FRESH FRUIT PLATTER \$4.49 PER PERSON

Seasonal Fresh Fruit vg PF

5 Cal/2.5 oz. serving

ASSORTED MINI SANDWICHES \$7.99 PER PERSON

An assortment of our most popular Mini Sandwiches

Ham and American Cheese Mini Sandwiches

Roast Beef and Cheddar Mini Sandwiches

Turkey and Swiss Mini Sandwiches

Mini Caprese Sandwiches V

280 Cal each
320 Cal each
240 Cal each
240 Cal each

CHEF'S CHOICE CHARCUTERIE BOARD MARKET PRICE PER PERSON

Charcuterie Board

Calories Vary Per Assortment

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

HAPPY HOUR \$18.69

Chilled Spinach Dip served with Pita Chips Mini Cheesesteaks	v 230 Cal/2.25 oz. serving 180 Cal each
Buffalo Chicken Tenders served with Blue Cheese Dip	560 Cal/6.75 oz. serving
Pretzels Bites with Beer Cheese v Assorted Craveworthy Cookies v Gourmet Dessert Bars v	410 Cal each 210-260 Cal each 300-370 Cal/2.75-3.25 oz. serving

TRADITIONAL CARVING - ROASTED TURKEY \$13.99

Carved Roasted Turkey EW	170 Cal/3 oz. serving
Bakery-Fresh Dinner Rolls with Butter v	160 Cal each
Sun-Dried Tomato Aioli 🗸	210 Cal/1 oz. serving
Cranberry-Mandarin Relish vg	60 Cal/1 oz. serving
Mesquite Mayonnaise v	210 Cal/1 oz. serving

GROWN UP MAC AND CHEESE \$15.79

Chipotle Macaroni and Cheese v	480 Cal/8 oz. serving
Choice of Three (3) Proteins:	
Grilled Chicken Breast	160 Cal/3 oz. serving
Sautéed Shrimp	90 Cal/3 oz. serving
Pulled Pork	290 Cal/3 oz. serving
Diced Ham	80 Cal/2 oz. serving
Roasted Mushrooms VG EW PF	90 Cal/3 oz. serving
Peas vg ew pf	70 Cal/3 oz. serving
Broccoli Bits VG EW PF	40 Cal/1.76 oz. serving
Scallions vg	0 Cal/0.25 oz. serving

BREAKS

All prices are per person and available for 12 guests or more.

THE HEALTHY ALTERNATIVE CO. 70

INE REALINY ALIERNATIVE \$9.79		
Apple vg ew pf	60 Cal each	
Orange vg Ew PF	45 Cal each	
Banana vg Ew PF	100 Cal each	
Pear vg	90 Cal each	
Yogurt Cup v	80-150 Cal each	
Trail Mix v	290 Cal each	
Granola Bars v	130-250 Cal each	

WHAT'S POPPIN' \$3.89

Choice of Three (3) Popcorn Varieties:	
Classic Popcorn VG EW PF	110 Cal/1.25 oz. serving
Parmesan Garlic Popcorn v Ew	110 Cal/1.25 oz. serving
Ranch Popcorn v	110 Cal/1.25 oz. serving
BBQ Popcorn vg	110 Cal/1.25 oz. serving
Southwest Popcorn vg	120 Cal/1.25 oz. serving

SNACK ATTACK \$8.49

Assorted Chips v	100-160 Cal each
Roasted Peanuts v	180 Cal/1 oz. serving
Trail Mix v	290 Cal each
Assorted Craveworthy Cookies v	210-260 Cal each
Bakery-Fresh Brownies v	250 Cal/2.25 oz. serving

ORCHARD TREATS \$10.89

Apple Wedges vg ew pf	60 Cal each
Caramel Sauce v	100 Cal/1 oz. serving
Cinnamon Sugar Donuts v	240 Cal each
Maple Walnut Blondies v	300 Cal/2.38 oz. serving
Sliced Cheese served with Baguettes v	710 Cal/4.75 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with

Assorted Tea Bags \$2.99 Per Person

Bottled Water \$2.49 Each O Cal each

Assorted Sodas (Canned) \$2.19 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.49 Each 110-170 Cal each

O Cal/8 oz. serving

Hot Apple Cider \$24.99 Per Gallon 160 Cal/8 oz. serving

Hot Chocolate \$24.99 Per Gallon 160 Cal/8 oz. serving

Iced Tea \$18.49 Per Gallon O Cal/8 oz. serving

Lemonade \$18.49 Per Gallon 90 Cal/8 oz. serving

Fruit Punch \$22.09 Per Gallon 5 Cal/8 oz. serving

Infused Water \$11.09 Per Gallon

Choice of One (1) Fruit Infused Water: Lemon Infused Water

Lemon Infused Water 0 Cal/8 oz. serving
Orange Infused Water 10 Cal/8 oz. serving
Apple Infused Water 20 Cal/8 oz. serving
Cucumber Infused Water 10 Cal/8 oz. serving
Grapefruit Infused Water 10 Cal/8 oz. serving

DESSERTS

▼ Assorted Blondies \$3.09 Per Person 240-300/1.875-2.38 oz. serving

v Assorted Craveworthy Cookies

\$2.09 Per Person 210-260 Cal each

V Bakery-fresh Brownies

\$3.09 Per Person 250 Cal/2.25 oz. serving

v Gourmet Dessert Bars

\$3.09 Per Person 300-360 Cal/2.75-3.25 oz. serving

Custom Artisan Cupcakes \$26.59 Per Dozen

Chocolate Cupcake with Fudge Icing **v6**Vanilla Cupcake **v**Bananas Foster Cupcake **v**Devil's Food Cupcake **v**480 Cal each
180 Cal each
380 Cal each
380 Cal each

ORDERING INFORMATION

Lead Time

Notice of 4 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN

EW FAT WELL

V VEGETARIAN

PF PLANT FORWARD

Booking an Event:

Thank you for choosing ECU Catering for your event!

Once you have booked a room on campus through the proper reservations, Catering will work with you to provide the Catering Services. Please don't hesitate to reach out to one of our sales team members during your ordering process and we will be happy to answer any questions to make your ordering process as seamless as possible! We can also customize a menu for your event in addition to the menus offered online. ECU Catering does not provide tables for events.

Once booked, a guaranteed number of persons attending your event must be submitted to us 72 business hours prior to the event. This is the number for which you will be billed. If your actual count should be larger than your guarantee, you will be billed for the total number in attendance. Unanticipated circumstances may find you in need of altering your count after the 72 business hour deadline. These changes will require approval and some charges may still apply.

Room Reservations:

Room Reservations must book your locations directly; depending on where your event is taking place there may be various contacts for booking your room. Reservations in the Green Room at Croatan, Port City Java Conference Room, Tiffin Room at West End and Sweethearts at Todd go through 25Live. Once you have booked, an ECU Catering Sales Team Member will reach out for your catering order. All bookings in the Croatan, Tiffin, Port City Java Conference Room and Sweethearts Room require an ECU Catering order of \$300.00 minimum per day.

Payment:

If your function is sponsored by the University, you will receive an invoice detailing the charges for your catering. If there are any questions or issues, please contact the Catering Office. Any payment not received within 30 days of the event will be considered past due and appropriate finance charges will be applied. Orders placed outside of ECU Departments require a 50% deposit prior to the event.

Cancellation of Your Event:

Notification of cancellation is required a minimum of 72 business hours before your event is to take place. We will need written notification of intent to cancel for our files. If the cancellation notice is less than 72 hours or 3 business days before the event start time, then charges and/ or fees will be determined by the time/costs incurred by the catering department. In the event of inclement weather or other emergencies, notification of cancellation will be accepted based on each individual circumstance and approval.

If specialty rentals such as linens and china are ordered for the event the charges may still apply

Alcohol Policy:

Alcohol is only permitted for service by Aramark in spaces on campus where Aramark holds the permit (Main Campus Student Center, Health Science Campus Student Center, Wright Auditorium). All requests for permission to serve beer or wine must be approved through the Office of Student Success as well as any other authority pertaining to a specific location. ECU Catering is not permitted to purchase, store or transport alcohol other than at MCSC, HSC Student Center, and Wright Auditorium. Bartenders are available at \$40 per hour with a two-hour minimum. One bartender per 50 guests. In compliance with State and Federal regulations, the bartender is required to request ID for consumption of Alcohol per applicable state laws and are also required to refuse service to anyone who appears underage and refuse service to persons not conducting themselves in an orderly manner or visibly intoxicated.

Additional Fees:

Delivery Fees

- -A Delivery Fee of \$35.00 is required for ECU on-campus events under \$300.00.
- -A Delivery Fee of \$50 is required for ECU off-campus events under \$300.00.

Guest Table Linen Fees

- -Standard White 120 Round Linens are \$15.00 each
- -114" Banquet Linens are \$10.00 each
- -Overlavs are \$4.00 each
- -Napkins are \$1.00 each
- *Please note: Standard Food and Beverage Table Linens are provided at no additional charge.
- *Disposable Cater Cloth is provided for all delivery only/disposable events.

Dinnerware:

- -Clear Plastic Dinnerware with Reflections Utensils are an additional \$2.50 per person
- -China/Glassware & Silverware Service Fee is \$4.00 per person.
- -Please note: Black Plastic Plates and Silverware are provided for all events if specialty items are not requested.

Attendants:

- -Chef Fee is \$125 per station for up to 3 hours
- -Passed Hors d' oeuvres Attendants are \$25 per hour each
- -Additional Attendants above what is required for service is \$25 per hour each



Contact Us Today

252.328.4756 catering@ecu.edu ecucatering.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change

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