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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



## **ALL-DAY PACKAGES**

### **SIMPLE PLEASURES \$35.49**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 10 guests or more.

### SIMPLE CONTINENTAL

| Assorted Donuts                   | 240-540 Cal each      |
|-----------------------------------|-----------------------|
| Assorted Bagels <b>v</b>          | 290-450 Cal each      |
| Orange Juice                      | 120 Cal/8 oz. serving |
| Iced Water                        | 0 Cal/8 oz. serving   |
| Gourmet Coffee, Decaf and Hot Tea | 0 Cal/8 oz. serving   |

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Freshly Baked Cookies and Bottled Water

| Choice of Two (2) Sandwiches:                          |                  |
|--|------------------|
| Tuna Salad Ciabatta                                    | 500 Cal each     |
| Asiago Turkey with Caramelized Onions and Spinach &    |                  |
| Artichoke Spread                                       | 520 Cal each     |
| Smoked Turkey & Swiss with Lettuce, Tomato, and        |                  |
| Horseradish Mustard                                    | 520 Cal each     |
| Grilled Chicken & Mozzarella with Sun-Dried Tomato     |                  |
| Puree & Pesto Hummus                                   | 690 Cal each     |
| Farmer's Chicken Salad Sandwich with Apple & Walnut    |                  |
| Salad, Lettuce, and Cranberry Relish                   | 630 Cal each     |
| Grilled Chicken Caesar Wrap                            | 720 Cal each     |
| Ham & Swiss with Lettuce                               | 450 Cal each     |
| Roast Beef & Cheddar with Lettuce, Horseradish Mustard | 470 Cal each     |
| Grilled Veggies & Mozzarella with Balsamic Vinaigrette | 420-520 Cal each |
| *Also Available Gluten-Free                            |                  |
| Smashed Chickpea Wrap                                  | 380 Cal each     |
| Gluten-Free Turkey & Swiss with Lettuce and Tomato     | 430 Cal each     |
| Individual Bag of Chips <b>v</b>                       | 100-160 Cal each |
| Assorted Freshly Baked Cookies <b>v</b>                | 220-240 Cal each |
| Bottled Water  | O Cal each       |

#### **MID-DAY MUNCHIES**

| Tortilla Chips <b>vg</b>                | 280 Cal/3 oz. serving  |
|---|------------------------|
| Choice of Two (2) Salsas:               |                        |
| Salsa Roja <b>v</b> g                   | 20 Cal/1 oz. serving   |
| Corn Salsa <b>vg</b>                    | 60 Cal/1 oz. serving   |
| Pico De Gallo <b>v</b> g                | 5 Cal/1 oz. serving    |
| Choice of One (1) Fruit Accompaniment:  |                        |
| Seasonal Fresh Fruit Platter VG PF      | 35 Cal/2.5 oz. serving |
| Assorted Whole Fruit VG PF              | 45-100 Cal each        |
| Assorted Freshly Baked Cookies <b>v</b> | 220-240 Cal each       |
| Iced Water                              | 0 Cal/8 oz. serving    |
| Gourmet Coffee, Decaf and Hot Tea       | 0 Cal/8 oz. serving    |
|   |                        |

#### **MEETING WRAP UP \$44.99**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 10 guests

#### **MORNING MINI**

| 80-120 Cal each     |
|---------------------|
| 100-140 Cal each    |
| 100-110 Cal each    |
| 360-410 Cal each    |
| 0 Cal/8 oz. serving |
| 0 Cal/8 oz. serving |
|                     |

#### THE ENERGIZER

| Donut Holes <b>v</b>              | 45-70 Cal each      |
|-----------------------------------|---------------------|
| Ripe Bananas <b>vg EW PF</b>      | 100 Cal each        |
| Iced Tea                          | 0 Cal/8 oz. serving |
| Iced Water                        | 0 Cal/8 oz. serving |
| Gourmet Coffee, Decaf and Hot Tea | 0 Cal/8 oz. serving |

#### IT'S A WRAP

| II 3 A WKAP                             |                        |
|---|------------------------|
| Seasonal Fresh Fruit Salad <b>VG PF</b> | 35 Cal/2.5 oz. serving |
| Chicken Caesar Wrap                     | 630 Cal each           |
| Pepper Jack Tuna Wrap                   | 580 Cal each           |
| Cran-Apple Turkey Wrap                  | 660 Cal each           |
| Grilled Vegetable Wrap PF               | 610 Cal each           |
| Choice of One (1) Salad:                |                        |
| Traditional Garden Salad with Fresh     |                        |
| Seasonal Vegetables and Balsamic        |                        |
| Vinaigrette and Ranch <b>v ew PF</b>    | 50 Cal/3.5 oz. serving |
| Grilled Vegetable Pasta Salad <b>vg</b> | 120 Cal/3 oz. serving  |
| Individual Bag of Chips <b>v</b>        | 100-160 Cal each       |
| Assorted Freshly Baked Cookies <b>v</b> | 220-240 Cal each       |
| Freshly Baked Brownies <b>v</b>         | 250 Cal each           |
| Iced Tea                                | 0 Cal/8 oz. serving    |
| Iced Water                              | 0 Cal/8 oz. serving    |

#### MID-DAY MUNCHIES

| Tortilla Chips <b>vG</b>                | 280 Cal/3 oz. serving  |
|---|------------------------|
| Choice of Two (2) Salsas:               |                        |
| Salsa Roja <b>vg</b>                    | 20 Cal/1 oz. serving   |
| Corn Salsa <b>v</b> g                   | 60 Cal/1 oz. serving   |
| Pico De Gallo <b>vg</b>                 | 5 Cal/1 oz. serving    |
| Choice of One (1) Fruit Accompaniment:  |                        |
| Seasonal Fresh Fruit Platter vg PF      | 35 Cal/2.5 oz. serving |
| Assorted Whole Fruit <b>VG PF</b>       | 45-100 Cal each        |
| Assorted Freshly Baked Cookies <b>v</b> | 220-240 Cal each       |
| Iced Water                              | 0 Cal/8 oz. serving    |
| Gourmet Coffee, Decaf and Hot Tea       | 0 Cal/8 oz. serving    |
|   |                        |

### **ALL-DAY PACKAGES**

#### **ALL DAY DELICIOUS \$53.79**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 10 quests or more.

#### **DELICIOUS DAWN**

Assorted Muffins V 360-450 Cal each Assorted Scones V 400-440 Cal each Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Fruit Juice 100-150 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **AM PERK UP**

Granola Bars V 100-200 Cal each Assorted Yogurt Cups 50-100 Cal each Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **POWER UP LUNCH**

120 Cal/3.75 oz. serving Tomato and Cucumber Couscous Salad ve Orange Fennel Spinach Salad V EW PF 210 Cal/6.5 oz. serving Bakery-Fresh Dinner Roll with Butter v 200 Cal each Green Beans Gremolata vg EW PF 70 Cal/3 oz. serving Three Pepper Pesto Cavatappi VEW PF 270 Cal/7.5 oz. serving Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW 210 Cal/5.75 oz. serving New York-Style Cheesecake 360 Cal/slice Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

#### PM PICK ME UP

Hot Spinach Dip with Tortilla Chips V
Grilled Vegetable Tray VG EW PF
To Cal/3 oz. serving
Bakery-Fresh Brownies V
250 Cal/2.25 oz. serving
70 Cal/3 oz. serving
250 Cal each
lced Water
O Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea

250 Cal/2.25 oz. serving
70 Cal/3 oz. serving

 $^{*}$ All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





### **BREAKFAST**

#### **BREAKFAST COLLECTIONS**

All prices are per person and available for 10 guests or more. All appropriate condiments included.

#### **HEALTHY CHOICE BREAKFAST \$13.19**

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups

Milk

120 Cal/8 oz. serving

Bananas VG EW PF

100 Cal each

Assorted Yogurt Cups

Iced Water

Gourmet Coffee, Decaf and Hot Tea

170-230 Cal each

100 Cal each

100 Cal each

100 Cal/8 oz. serving

100 Cal/8 oz. serving

#### MINI CONTINENTAL \$13.39

Mini Muffins v 80-120 Cal each
Mini Danish v 100-140 Cal each
Mini Bagels v 110-140 Cal each
Seasonal Fresh Fruit Platter vg pf 35 Cal/2.5 oz. serving
Iced Water 0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **NEW YORKER \$23.29**

Assorted Bagels **v** 290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered

Red Onion and Cream Cheese 280 Cal/9 oz. serving

Seasonal Fresh Fruit Platter **VG PF**35 Cal/2.5 oz. serving
Assorted Fruit Juice
100-150 Cal/8 oz. serving
Iced Water
0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea
0 Cal/8 oz. serving

### À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam v \$3.99 Per Person

290-450 Cal each

Assorted Muffins Served with Butter and Jam **v** \$3.99 Per Person

360-450 Cal each

Cinnamon Rolls **v** \$4.19 Per Person

350 Cal each

Assorted Danish **v** \$3.99 Per Person

250-550 Cal each

Assorted Donuts \$2.39 PER PERSON

240-540 Cal each

Whole Fruit **vg ew pf \$1.49 E**ach

45-100 Cal each

Seasonal Fresh Fruit Platter **vg EW \$5.29 Per Person** 

35 Cal/2.5 oz. serving

Assorted Yogurt Cups v Ew \$2.99 Each

40-80 Cal each

Vegan Croissant **vg \$2.99 Еасн** 

320 Cal each

Vegan Blueberry Banana Bread vg \$2.99 Per Person

260 Cal slice

## **BREAKFAST**

#### **HOT BREAKFAST**

All prices are per person and available for 10 guests or more. All appropriate condiments included.

| шт | IMATE | BDEAKEA | ST \$18.39 |
|----|-------|---------|------------|
|    |       |         |            |

| Assorted Muffins V Assorted Scones V Assorted Scones V Assorted Bagels V Buttery Croissants V Seasonal Fresh Fruit Platter VG PF Cage-Free Scrambled Eggs V Breakfast Potatoes V Crisp Bacon Pork Breakfast Sausage Cheddar and Onion Frittata V Belgian Waffles V Maple Syrup VG Assorted Fruit Juice Local Page Score | Choice of Three (3) Breakfast Pastries:   |                           |
|---|---|---------------------------|
| Assorted Scones V Assorted Bagels V Assorted Bagels V Buttery Croissants V Seasonal Fresh Fruit Platter VG PF Seasonal Fresh Fruit Cal/3 oz. servin Seasonal Fresh Fruit Platter VG PF Seasonal Fresh Fruit Cal/3 oz. servin Seasonal Fresh Fruit Juice Seasonal Fresh Fruit Platter VG PF Seasonal Fresh Fruit Juce Seasonal | Assorted Danish <b>v</b>                  | 250-420 Cal each          |
| Assorted Bagels V  Buttery Croissants V  Seasonal Fresh Fruit Platter VG PF  Cage-Free Scrambled Eggs V  Breakfast Potatoes V  Crisp Bacon  Pork Breakfast Sausage  Cheddar and Onion Frittata V  Belgian Waffles V  Maple Syrup VG  Assorted Fruit Juice  100-150 Cal/8 oz. servin 100-450 Cal eac 100-150 Cal/8 oz. servin  | Assorted Muffins <b>v</b>                 | 360-450 Cal each          |
| Buttery Croissants V  Seasonal Fresh Fruit Platter VG PF  Cage-Free Scrambled Eggs V  Breakfast Potatoes V  Crisp Bacon  Pork Breakfast Sausage  Cheddar and Onion Frittata V  Belgian Waffles V  Maple Syrup VG  Assorted Fruit Juice  Sausage  130-140 Cal/3 oz. servin 120-140 Cal/3 oz. servin 120-140 Cal/3 oz. servin 120-180 Cal eac 260 Cal eac 260 Cal eac 260 Cal eac 260 Cal/3 oz. servin 260 Cal/1 oz. servin 260 Cal/8 oz. servin   | Assorted Scones <b>v</b>                  | 400-440 Cal each          |
| Seasonal Fresh Fruit Platter VG PF Cage-Free Scrambled Eggs V Breakfast Potatoes V Crisp Bacon Pork Breakfast Sausage Cheddar and Onion Frittata V Belgian Waffles V Maple Syrup VG Assorted Fruit Juice Local Potatoes V Season Social 22.5 oz. servin 120-140 Cal/3 oz. servin 120-140 Cal/3 oz. servin 120-180 Cal eac 260 Cal/2 oz. servin 260 Cal/1 oz. servin 260 Cal/8 oz. servin 260 Cal/8 oz. servin 260 Cal/8 oz. servin 260 Cal/8 oz. servin   | Assorted Bagels <b>v</b>                  | 290-450 Cal each          |
| Cage-Free Scrambled Eggs V  Breakfast Potatoes V  Crisp Bacon  Pork Breakfast Sausage  Cheddar and Onion Frittata V  Belgian Waffles V  Maple Syrup VG  Assorted Fruit Juice  Cal/4 oz. servin 120-140 Cal/3 oz. servin 120-140 Cal/4 oz. servin 100-150 Cal/8 oz. servin 100-150 Cal/8 oz. servin 100-150 Cal/8 oz. servin 100-150 Cal/8 oz. servin  | Buttery Croissants <b>v</b>               | 370 Cal each              |
| Breakfast Potatoes V 120-140 Cal/3 oz. servin Crisp Bacon 60 Cal eac Pork Breakfast Sausage 120-180 Cal eac Cheddar and Onion Frittata V 260 Cal eac Belgian Waffles V 90 Cal eac Maple Syrup VG 100 Cal/1 oz. servin Assorted Fruit Juice 100-150 Cal/8 oz. servin Iced Water 0 Cal/8 oz. servin   | Seasonal Fresh Fruit Platter <b>VG PF</b> | 35 Cal/2.5 oz. serving    |
| Crisp Bacon 60 Cal eac Pork Breakfast Sausage 120-180 Cal eac Cheddar and Onion Frittata v 260 Cal eac Belgian Waffles v 90 Cal eac Maple Syrup vG 100 Cal/1 oz. servin Assorted Fruit Juice 100-150 Cal/8 oz. servin Iced Water 0 Cal/8 oz. servin   | Cage-Free Scrambled Eggs <b>v</b>         | 180 Cal/4 oz. serving     |
| Pork Breakfast Sausage Cheddar and Onion Frittata v Belgian Waffles v 90 Cal eac Maple Syrup v 4 100 Cal/1 oz. servin Assorted Fruit Juice 100-150 Cal/8 oz. servin lced Water 0 Cal/8 oz. servin   | Breakfast Potatoes <b>v</b>               | 120-140 Cal/3 oz. serving |
| Cheddar and Onion Frittata v 260 Cal each Belgian Waffles v 90 Cal each Maple Syrup vo 100 Cal/1 oz. servin Assorted Fruit Juice 100-150 Cal/8 oz. servin Iced Water 0 Cal/8 oz. servin   | Crisp Bacon                               | 60 Cal each               |
| Belgian Waffles V 90 Cal eac<br>Maple Syrup VG 100 Cal/1 oz. servin<br>Assorted Fruit Juice 100-150 Cal/8 oz. servin<br>Iced Water 0 Cal/8 oz. servin   | Pork Breakfast Sausage                    | 120-180 Cal each          |
| Maple Syrup <b>vg</b> Assorted Fruit Juice Iced Water  100 Cal/1 oz. servin 100-150 Cal/8 oz. servin 0 Cal/8 oz. servin   | Cheddar and Onion Frittata 🗸              | 260 Cal each              |
| Assorted Fruit Juice 100-150 Cal/8 oz. servin Iced Water 0 Cal/8 oz. servin   | Belgian Waffles <b>v</b>                  | 90 Cal each               |
| Iced Water 0 Cal/8 oz. servin   | Maple Syrup <b>vg</b>                     | 100 Cal/1 oz. serving     |
| · .   | Assorted Fruit Juice                      | 100-150 Cal/8 oz. serving |
| Gourmet Coffee, Decaf and Hot Tea O Cal/8 oz. servin  | Iced Water                                | 0 Cal/8 oz. serving       |
|   | Gourmet Coffee, Decaf and Hot Tea         | 0 Cal/8 oz. serving       |

| <br>     |               |       |
|----------|---------------|-------|
| E CANBUN | ICH BUFFET \$ | 17 60 |
|          |               |       |
|          |               |       |

| Seasonal Fresh Fruit Platter VG PF                | 35 Cal/2.5 oz. serving        |
|---|-------------------------------|
| Breakfast Potatoes <b>v</b>                       | 120-140 Cal/3 oz. serving     |
| Choice of Two (2) Sunrise Breakfast Sandwiches:   |                               |
| Egg and Cheese English Muffin                     | 270 Cal each                  |
| Egg and Cheese Croissant                          | 370 Cal each                  |
| Sausage, Egg and Cheese Biscuit                   | 490 Cal each                  |
| Ham, Egg and Cheese Biscuit                       | 450 Cal each                  |
| Bacon, Egg and Cheese Bagel                       | 410 Cal each                  |
| Spicy Bacon, Egg, Potato and Cheese Burrito       | 600 Cal each                  |
| Spicy Veggie Sausage Biscuit with Maple Sriracha  | Syrup <b>VPF</b> 450 Cal each |
| Spicy Southern Chicken Biscuit with Maple Srirach | na Syrup 570 Cal each         |
| Everything Salmon Biscuit with Smoked Salmon,     |                               |
| Cream Cheese, Cucumber and Hard-Boiled Egg        |                               |
| on a Everything-Spiced Biscuit                    | 370 Cal each                  |

Additional Sandwich Choice - \$3.99 per per person Iced Water 0 Cal/8 oz. serving Gourmet Coffee, Decaf and Hot Tea O Cal/8 oz. serving

420 Cal each

#### **SOUTHERN SUNRISE \$16.09**

Bacon, Lettuce, Tomato, Avocado and Egg Bagel

| Seasonal Fresh Fruit Platter <b>vg PF</b>          | 35 Cal/2.5 oz. serving   |
|--|--------------------------|
| Cage-Free Scrambled Eggs <b>v</b>                  | 180 Cal/4 oz. serving    |
| Shredded Cheddar Cheese <b>v</b>                   | 110 Cal/1 oz. serving    |
| Choice of One (1) Breakfast Meat:                  |                          |
| Country Ham  | 70 Cal each              |
| Crisp Bacon  | 60 Cal each              |
| Choice of One (1) Southern-Style Breakfast Entrée: |                          |
| Biscuits and Gravy                                 | 570 Cal/7 oz. serving    |
| Spicy Chicken 'n Waffle                            | 990 Cal/10.5 oz. serving |
| Iced Water   | 0 Cal/8 oz. serving      |
| Gourmet Coffee, Decaf and Hot Tea                  | 0 Cal/8 oz. serving      |

| 79                     |
|------------------------|
| 35 Cal/2.5 oz. serving |
| 90 Cal each            |
| 35 Cal each            |
| 180 Cal/4 oz. serving  |
| 270 Cal/4 oz. serving  |
| 40 Cal/2 oz. serving   |
| 110 Cal/1 oz. serving  |
| 120 Cal/3 oz. serving  |
| 35 Cal/1 oz. serving   |
|                        |
| 60 Cal/1 oz. serving   |
| 10 Cal/1 oz. serving   |
| 5 Cal/1 oz. serving    |
| 60 Cal/1 oz. serving   |
|                        |

| Seasonal Fresh Fruit Platter vs pf Parmesan Peppercorn Hash Browns Ew Pick your Egg Dish (1) Three Cheese & Ham Strata Asparagus, Spinach & Feta Strata Spinach Parmesan Egg White Bite Lorraine Egg Bite Pick your Proteins (1) Maple Chipotle Bacon Turkey Sausage Patty Plant Based Sausage Patty Plant Based Sausage Patty Plant Baguette Slices vs Ricotta Cheese v Honey v Strawberry Preserves vs Blueberries vs Sliced Almonds vs Chia Quinoa Crunch vs Savory Toast Station: Grilled Baguette Slices vs Dressed Rocket Greens pf Smashed Avocado Spread vs Avocado Pea Spread vs Avocado Pea Spread vs Select Cheese v Pick your Proteins (1) As Cal/1 oz. serving Sliced Radish vs Final Parket Spices Spices vs Final Parket  | EARLY BIRD BRUNCH \$20.39          |                          |
|--|------------------------------------|--------------------------|
| Parmesan Peppercorn Hash Browns EW Pick your Egg Dish (1) Three Cheese & Ham Strata Asparagus, Spinach & Feta Strata Spinach Parmesan Egg White Bite Lorraine Egg Bite Lorraine Egg Bite Pick your Proteins (1) Maple Chipotle Bacon Turkey Sausage Patty Plant Based Sausage Patty Plant Based Sausage Patty Plant Based Sausage Patty Plant Baguette Slices VG Ricotta Cheese V A0 Cal/1 oz. serving Blueberries VG Sliced Almonds VG Chia Quinoa Crunch VG Savory Toast Station:  Grilled Baguette Slices VG Tiged Baguette Slices VG Sliced Almonds VG Chia Quinoa Crunch VG Savory Toast Station:  Grilled Baguette Slices VG Dressed Rocket Greens PF Smashed Avocado Spread VG Avocado Pea Spread VG Avocado Pea Spread VG Pickled Red Onion VG PF Green Scallions Add Cheese (1) Feta Cheese Crumbles V Crumbled Goat Cheese V Spice it Up Crushed Red Pepper VG Savory Soz Serving Scal/0.025 oz. serving Spice it Up Crushed Red Pepper VG Savory Soz Serving Scal/0.025 oz. serving Scal/1 oz. serving  | -                                  | 35 Cal/2.5 oz. serving   |
| Three Cheese & Ham Strata  Asparagus, Spinach & Feta Strata  Spinach Parmesan Egg White Bite  Lorraine Egg Bite  Pick your Proteins (1)  Maple Chipotle Bacon  Turkey Sausage Patty Plant Based Sausage Patty vg  Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg Honey v  Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg  Ricotta Cheese v  Honey v  So Cal/1 oz. serving Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg  Ro Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg  Ocal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg  Dressed Rocket Greens pf  Avocado Pea Spread vg  Avocado Pea Spread vg  Avocado Pea Spread vg  Fiscal Toz. serving Sliced Radish vg  Pickled Red Onion vg pf  Green Scallions  Add Cheese (1)  Feta Cheese Crumbles v  Crumbled Goat Cheese v  So Cal/1 oz. serving Spice it Up  Crushed Red Pepper vg  25 Cal/0.025 oz. serving  | Parmesan Peppercorn Hash Browns EW | 90 Cal/3.25 oz. serving  |
| Asparagus, Spinach & Feta Strata Spinach Parmesan Egg White Bite Lorraine Egg Bite  Pick your Proteins (1) Maple Chipotle Bacon Turkey Sausage Patty Plant Based Sausage Patty vg Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg Ricotta Cheese v Honey v Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Sloced Almonds vg To Cal/1 oz. serving Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg To Cal/1 oz. serving Sliced Rocket Greens pp  40 Cal/1 oz. serving Grape Tomatoes vg Sliced Radish vg To Cal/2 oz. serving Sliced Radish vg To Cal/2 oz. serving Add Cheese (1) Feta Cheese Crumbles v So Cal/2 oz. serving Spice it Up Crushed Red Pepper vg   | Pick your Egg Dish (1)             | ,                        |
| Spinach Parmesan Egg White Bite Lorraine Egg Bite 100 Cal each Pick your Proteins (1) Maple Chipotle Bacon Turkey Sausage Patty Plant Based Sausage Patty vg Select One (1) Toast Station: Sweet Toast Station: Grilled Baguette Slices vg Ricotta Cheese v Honey v Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Chia Quinoa Crunch vg Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Chia Quinoa Crunch vg Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Savory Toast Station: Grilled Baguette Slices vg Tio Cal/1 oz. serving Smashed Avocado Spread vg 40 Cal/1 oz. serving Avocado Pea Spread vg 40 Cal/1 oz. serving Grape Tomatoes vg Tio Cal/1 oz. serving Grape Tomatoes vg Sliced Radish vg Tio Cal/1 oz. serving Tio Cal/1 oz. | Three Cheese & Ham Strata          | 290 Cal/6.25 oz. serving |
| Lorraine Egg Bite  Pick your Proteins (1)  Maple Chipotle Bacon  Turkey Sausage Patty  Plant Based Sausage Patty vg  Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg  Ricotta Cheese v  Honey v  Strawberry Preserves vg  Blueberries vg  Sliced Almonds vg  Chia Quinoa Crunch vg  Savory Toast Station:  Grilled Baguette Slices vg  100 Cal each 40 Cal/1 oz. serving 150 | Asparagus, Spinach & Feta Strata   | 300 Cal/ 7oz. Serving    |
| Pick your Proteins (1)  Maple Chipotle Bacon Turkey Sausage Patty Plant Based Sausage Patty vg Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg Honey v Honey v Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg 100 Cal each 40 Cal/1 oz. serving 80 Cal/1 oz. serving 150 Cal/0.5 oz. serving 150 Cal/1 oz. servi | Spinach Parmesan Egg White Bite    | 290 Cal each             |
| Maple Chipotle Bacon Turkey Sausage Patty Plant Based Sausage Patty vg Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg Honey v Fire Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Finabled Baguette Slices vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Finabled Baguette Slices vg To Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vg Too Cal (2) Serving Smashed Avocado Spread vg Avocado Pea Spread vg Finabled Red Onion vg PF Fickled Red Onion vg PF Fickled Red Onion vg PF Fita Cheese Crumbles v Crumbled Goat Cheese v Spice it Up Crushed Red Pepper vg Select One (1) Too Cal each of the company to the compa | Lorraine Egg Bite                  | 100 Cal each             |
| Turkey Sausage Patty VG Plant Based Sausage Patty VG Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices VG Ricotta Cheese V Honey V So Cal/0.5 oz. serving Strawberry Preserves VG Blueberries VG Sliced Almonds VG Chia Quinoa Crunch VG Savory Toast Station:  Grilled Baguette Slices VG 170 Cal/1 oz. serving Shiced Almonds VG Chia Quinoa Crunch VG Savory Toast Station:  Grilled Baguette Slices VG Dressed Rocket Greens PF 40 Cal/1 oz. serving Smashed Avocado Spread VG Avocado Pea Spread VG Avocado Pea Spread VG Figher Tomatoes VG Sliced Radish VG Fickled Red Onion VG PF Green Scallions O Cal/0.5 oz. serving Add Cheese (1) Feta Cheese Crumbles V Crumbled Goat Cheese V Spice it Up Crushed Red Pepper VG So Cal/0.025 oz. serving Select Cal/0.025 oz. serving Spice it Up Crushed Red Pepper VG So Cal/0.025 oz. serving Select Cal/0.025 oz. serving Spice it Up Crushed Red Pepper VG So Cal/0.025 oz. serving Spice it Up Crushed Red Pepper VG So Cal/0.025 oz. serving   | Pick your Proteins (1)             |                          |
| Plant Based Sausage Patty vg Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg Ricotta Cheese V Honey V So Cal/0.5 oz. serving Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg 15 Cal/1 oz. serving Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Dressed Rocket Greens PF 40 Cal/1 oz. serving Smashed Avocado Spread vg Avocado Pea Spread vg Avocado Pea Spread vg Fickled Red Onion vg PF Green Scallions  Add Cheese (1) Feta Cheese Crumbles v Crumbled Goat Cheese v Spice it Up Crushed Red Pepper vg  100 Cal each 100 Cal each 40 Cal/1 oz. serving 40 Cal/1 oz. serving 50 Cal/0.5 oz. serving 80 Cal/1 oz. serving  | Maple Chipotle Bacon               | 80 Cal each              |
| Plant Based Sausage Patty vg Select One (1) Toast Station:  Sweet Toast Station:  Grilled Baguette Slices vg Ricotta Cheese v Honey v So Cal/0.5 oz. serving Strawberry Preserves vg Blueberries vg Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg 15 Cal/1 oz. serving Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Dressed Rocket Greens PF 40 Cal/1.4 oz. serving Smashed Avocado Spread vg Avocado Pea Spread vg Avocado Pea Spread vg Grape Tomatoes vg Sliced Radish vg Pickled Red Onion vg PF Green Scallions O Cal/0.5 oz. serving Add Cheese (1) Feta Cheese Crumbles v Crumbled Goat Cheese v Spice it Up Crushed Red Pepper vg  100 Cal each 100 Cal each 100 Cal each 100 Cal each 100 Cal/1 oz. serving 100 Cal/1  | Turkey Sausage Patty               | 90 Cal each              |
| Sweet Toast Station:  Grilled Baguette Slices vs 100 Cal each Ricotta Cheese v 40 Cal/1 oz. serving Honey v 50 Cal/0.5 oz. serving Strawberry Preserves vs 80 Cal/1 oz. serving Sliced Almonds vs 15 Cal/1 oz. serving Chia Quinoa Crunch vs 120 Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vs 100 Cal each Dressed Rocket Greens PF 40 Cal/1.4 oz. serving Smashed Avocado Spread vs 40 Cal/1 oz. serving Grape Tomatoes vs 100 Cal/1 oz. serving Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs PF 25 Cal/1 oz. serving Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Crumbled Goat Serving Crushed Red Pepper vs 25 Cal/0.025 oz. se |                                    | 150 Cal each             |
| Grilled Baguette Slices vs 100 Cal each Ricotta Cheese v 40 Cal/1 oz. serving Honey v 50 Cal/0.5 oz. serving Strawberry Preserves vs 80 Cal/1 oz. serving Blueberries vs 15 Cal/1 oz. serving Sliced Almonds vs 170 Cal/1 oz. serving Chia Quinoa Crunch vs 120 Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vs 100 Cal each Dressed Rocket Greens PF 40 Cal/1.4 oz. serving Smashed Avocado Spread vs 40 Cal/1 oz. serving Grape Tomatoes vs 100 Cal/1 oz. serving Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs PF 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Serving Crumbled Goat Cheese v 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Serving Crumbled Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Serving Crumbled Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 | Select One (1) Toast Station:      |                          |
| Ricotta Cheese V  Honey V  50 Cal/0.5 oz. serving Strawberry Preserves VG  Blueberries VG  Sliced Almonds VG  Chia Quinoa Crunch VG  Savory Toast Station:  Grilled Baguette Slices VG  Dressed Rocket Greens PF  Smashed Avocado Spread VG  Avocado Pea Spread VG  Grape Tomatoes VG  Sliced Radish VG  Pickled Red Onion VG PF  Green Scallions  Add Cheese (1)  Feta Cheese Crumbles V  Crushed Red Pepper VG  So Cal/0.025 oz. serving   | Sweet Toast Station:               |                          |
| Honey V  Strawberry Preserves VG  Blueberries VG  Sliced Almonds VG  Chia Quinoa Crunch VG  Savory Toast Station:  Grilled Baguette Slices VG  Dressed Rocket Greens PF  Avocado Pea Spread VG  Avocado Pea Spread VG  Grape Tomatoes VG  Sliced Radish VG  Pickled Red Onion VG PF  Green Scallions  Add Cheese (1)  Feta Cheese Crumbles V  Crushed Red Pepper VG  Source Serving  50 Cal/0.025 oz. serving  | Grilled Baguette Slices <b>vg</b>  | 100 Cal each             |
| Strawberry Preserves VG Blueberries VG Blueberries VG Blueberries VG Sliced Almonds VG Chia Quinoa Crunch VG Savory Toast Station:  Grilled Baguette Slices VG Dressed Rocket Greens PF Smashed Avocado Spread VG Avocado Pea Spread VG Grape Tomatoes VG Sliced Radish VG Pickled Red Onion VG PF Green Scallions Add Cheese (1) Feta Cheese Crumbles V Crushed Red Pepper VG Sliced Red Pc Serving Spice it Up Crushed Red Pepper VG Sliced Red Onion VG PF Serving Sliced Red Pc Serving Spice it Up Crushed Red Pepper VG Serving Sliced Red Pc Serving Spice it Up Crushed Red Pepper VG Serving Spice it Up Spice it Up Serving  | Ricotta Cheese <b>v</b>            | 40 Cal/1 oz. serving     |
| Blueberries vs 15 Cal/1 oz. serving Sliced Almonds vs 170 Cal/1 oz. serving Chia Quinoa Crunch vs 120 Cal/1 oz. serving Savory Toast Station:  Grilled Baguette Slices vs 100 Cal each Dressed Rocket Greens PF 40 Cal/1.4 oz. serving Smashed Avocado Spread vs 40 Cal/1 oz. serving Avocado Pea Spread vs 40 Cal/1 oz. serving Grape Tomatoes vs 10 Cal/1 oz. serving Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs PF 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving Spice it Up   | Honey <b>v</b>                     | 50 Cal/0.5 oz. serving   |
| Sliced Almonds vg Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Dressed Rocket Greens PF 40 Cal/1 oz. serving Smashed Avocado Spread vg Avocado Pea Spread vg Grape Tomatoes vg Sliced Radish vg Pickled Red Onion vg PF Green Scallions Add Cheese (1) Feta Cheese Crumbles v Crushed Red Pepper vg Sliced Red Pepper vg  | Strawberry Preserves <b>vg</b>     | 80 Cal/1 oz. serving     |
| Chia Quinoa Crunch vg Savory Toast Station:  Grilled Baguette Slices vg Dressed Rocket Greens PF 40 Cal/1.4 oz. serving Smashed Avocado Spread vg Avocado Pea Spread vg Grape Tomatoes vg Sliced Radish vg Pickled Red Onion vg PF Green Scallions Add Cheese (1) Feta Cheese Crumbles v Crushed Red Pepper vg Sliced Red Poz. serving Spread Vg | Blueberries <b>v</b> c             | 15 Cal/1 oz. serving     |
| Savory Toast Station:  Grilled Baguette Slices VG  Dressed Rocket Greens PF  40 Cal/1.4 oz. serving Smashed Avocado Spread VG  Avocado Pea Spread VG  Grape Tomatoes VG  Sliced Radish VG  Pickled Red Onion VG PF  Green Scallions  O Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles V  Crumbled Goat Cheese V  Spice it Up  Crushed Red Pepper VG  100 Cal/1. oz. serving Ad 0 Cal/1. oz. serving Spice Scal/1. oz. serving  | Sliced Almonds vg                  | 170 Cal/1 oz. serving    |
| Grilled Baguette Slices vs 100 Cal each Dressed Rocket Greens PF 40 Cal/1.4 oz. serving Smashed Avocado Spread vs 40 Cal/1 oz. serving Avocado Pea Spread vs 40 Cal/1 oz. serving Grape Tomatoes vs 10 Cal/1 oz. serving Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs PF 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up  Crushed Red Pepper vs 25 Cal/0.025 oz. serving 25 Cal/0.025 oz.   | Chia Quinoa Crunch vs              | 120 Cal/1 oz. serving    |
| Dressed Rocket Greens PF  Smashed Avocado Spread VG  Avocado Pea Spread VG  Avocado Pea Spread VG  Grape Tomatoes VG  Sliced Radish VG  Pickled Red Onion VG PF  Green Scallions  Add Cheese (1)  Feta Cheese Crumbles V  Crumbled Goat Cheese V  Spice it Up  Crushed Red Pepper VG  40 Cal/1.4 oz. serving 40 Cal/1 oz. serving 5 Cal/1 oz. serving 7 Cal/1.5 oz. serving 80 Cal/1.5 oz. serving 80 Cal/1 oz. serving  | Savory Toast Station:              |                          |
| Smashed Avocado Spread vs 40 Cal/1 oz. serving Avocado Pea Spread vs 40 Cal/1 oz. serving Grape Tomatoes vs 10 Cal/1 oz. serving Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs pr 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up  Crushed Red Pepper vs 25 Cal/0.025 oz. serving 25 Cal/0.025 oz.  | Grilled Baguette Slices vo         | 100 Cal each             |
| Avocado Pea Spread vs 40 Cal/1 oz. serving Grape Tomatoes vs 10 Cal/1 oz. serving Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs ps 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1) Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving  | Dressed Rocket Greens PF           | 40 Cal/1.4 oz. serving   |
| Grape Tomatoes v6  Sliced Radish v6  Fickled Red Onion v6 pF  Green Scallions  Add Cheese (1)  Feta Cheese Crumbles v  Crumbled Goat Cheese v  Spice it Up  Crushed Red Pepper v6  10 Cal/1 oz. serving  5 Cal/1 oz. serving  80 Cal/2 oz. serving  80 Cal/1 oz. serving  80 Cal/1 oz. serving  25 Cal/0.025 oz. serving   | Smashed Avocado Spread vo          | 40 Cal/1 oz. serving     |
| Sliced Radish vs 5 Cal/1 oz. serving Pickled Red Onion vs pr 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1) Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving  | Avocado Pea Spread <b>vg</b>       | 40 Cal/1 oz. serving     |
| Pickled Red Onion VG PF 25 Cal/1 oz. serving Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles V 80 Cal/1 oz. serving Crumbled Goat Cheese V 80 Cal/1 oz. serving Spice it Up  Crushed Red Pepper VG 25 Cal/0.025 oz. serving   | Grape Tomatoes <b>vs</b>           | 10 Cal/1 oz. serving     |
| Green Scallions 0 Cal/0.5 oz .serving Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving   | Sliced Radish vo                   | 5 Cal/1 oz. serving      |
| Add Cheese (1)  Feta Cheese Crumbles v 80 Cal/1 oz. serving Crumbled Goat Cheese v 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper vs 25 Cal/0.025 oz. serving   | Pickled Red Onion vg PF            | 25 Cal/1 oz. serving     |
| Feta Cheese Crumbles <b>v</b> 80 Cal/1 oz. serving Crumbled Goat Cheese <b>v</b> 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper <b>vg</b> 25 Cal/0.025 oz. serving  | Green Scallions                    | 0 Cal/0.5 oz .serving    |
| Crumbled Goat Cheese <b>v</b> 80 Cal/1 oz. serving Spice it Up Crushed Red Pepper <b>vg</b> 25 Cal/0.025 oz. serving   | Add Cheese (1)                     | _                        |
| Spice it Up Crushed Red Pepper <b>vg</b> 25 Cal/0.025 oz. serving  | Feta Cheese Crumbles <b>v</b>      | 80 Cal/1 oz. serving     |
| Crushed Red Pepper <b>vg</b> 25 Cal/0.025 oz. serving  | Crumbled Goat Cheese <b>v</b>      | 80 Cal/1 oz. serving     |
|  | Spice it Up                        | -                        |
| Everything Spice <b>vg</b> 25 Cal/0.025 oz. serving  | Crushed Red Pepper <b>vg</b>       | 25 Cal/0.025 oz. serving |
|  | Everything Spice <b>vg</b>         | 25 Cal/0.025 oz. serving |

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

### BREAKFAST

#### BREAKFAST ENHANCEMENTS

All prices are per person and available for 10 guests or more.

#### LOX AND BAGELS \$16.29 PER PERSON

Bagels **v** 290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered

Red Onion, and Cream Cheese 280 Cal/9 oz. serving

#### **YOGURT PARFAIT BAR \$9.89 PER PERSON**

Choice of Two (2) Yogurt Flavors: Greek Yogurt v 60 Cal/4 oz. serving Strawberry Yogurt v 80 Cal/4 oz. serving 80 Cal/4 oz. serving Vanilla Yogurt v Diced Pineapple vg PF 30 Cal/2 oz. serving

Fresh Strawberries VG PF 20 Cal/2 oz. serving 90 Cal/0.5 oz. serving Walnuts vo Honey v 50 Cal/0.5 oz. serving Granola v 110 Cal/1 oz. serving

### **OATMEAL BAR \$6.79 PER PERSON**

140 Cal/8 oz. serving Oatmeal vo Honey v 50 Cal/0.5 oz. serving Maple Syrup vg 100 Cal/1 oz. serving 50 Cal/0.5 oz. serving Dried Cranberries vg Raisins va 40 Cal/0.5 oz. serving Brown Sugar vg 50 Cal/0.5 oz. serving Cinnamon Sugar vo 30 Cal/0.25 oz. serving Walnuts vg 90 Cal/0.5 oz. serving

#### **OMELET STATION \$12.39** PER PERSON

Omelets cooked fresh to order with Eggs or Egg Whites and choice of Cheeses and Toppings. Attendant required, additional fees will apply.

| Eggs <b>v</b>                 | 180 Cal/4 oz. serving  |
|-------------------------------|------------------------|
| Egg Whites <b>v</b>           | 45 Cal/4 oz. serving   |
| Shredded Cheddar Cheese v     | 110 Cal/1 oz. serving  |
| Crumbled Feta Cheese <b>v</b> | 80 Cal/1 oz. serving   |
| Crumbled Bacon                | 70 Cal/0.5 oz. serving |
| Diced Ham                     | 70 Cal/2 oz. serving   |
| Mushrooms <b>vg EW PF</b>     | 90 Cal/3 oz. serving   |
| Tomatoes <b>vg</b>            | 5 Cal/1 oz. serving    |
| Onions <b>v</b> <sub>6</sub>  | 10 Cal/1 oz. serving   |
| Green Peppers <b>vg</b>       | 10 Cal/2 oz. serving   |
| Spinach <b>vg</b>             | 15 Cal/2 oz. serving   |
|                               |                        |

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

#### EGGS-TRAVAGANZA \$5.69 PER PERSON

Choice of Two (2) Egg Delights: 390 Cal each Lorraine Quiche Cup Parmesan and Grilled Vegetable Quiche Cup 320 Cal each Spinach, Tomato and Mushroom Quiche Cup v 310 Cal each Egg White and Turkey Frittata 280 Cal each Mushroom, Pepper, Zucchini and Spinach Frittata 150 Cal each 120 Cal each Broccoli, Cheddar and Swiss Frittata v Lorraine Egg Bite 290 Cal each Sausage and Peppers Egg Bite 180 Cal each

#### BISCUITS AND SAUSAGE GRAVY \$4.09 PER PERSON

100 Cal each

**Biscuits and Gravy** 570 Cal/7 oz. serving

#### TRADITIONAL SANDWICHES \$7.69 PER PERSON

Choice of Two (2) Sunrise Breakfast Sandwiches:

Spinach Parmesan Egg White Bite

270 Cal each Egg and Cheese English Muffin Egg and Cheese Croissant 370 Cal each Sausage, Egg and Cheese Biscuit 490 Cal each Ham, Egg and Cheese Biscuit 450 Cal each Bacon, Egg and Cheese Bagel 410 Cal each 600 Cal each Spicy Bacon, Egg, Potato and Cheese Burrito Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup VPF 450 Cal each 570 Cal each Spicy Southern Chicken Biscuit with Maple Sriracha Syrup Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard Boiled Egg on an Everything-Spiced Biscuit 370 Cal each Bacon, Lettuce, Tomato, Avocado and Egg Bagel 420 Cal each

#### BREAKFAST MEATS \$3.99 PER PERSON

Add Bacon, Sausage or Ham to your Breakfast.

Select One (1):

Crisp Bacon 60 Cal each Breakfast Sausage Link 120 Cal each Breakfast Sausage Patty 180 Cal each Turkey Bacon 30 Cal each Turkey Sausage Link 60 Cal each Turkey Sausage Patty 90 Cal each

#### JUST PANCAKES \$7.89 PER PERSON

Silver Dollar Pancakes v 40 Cal each Maple Syrup vg 100 Cal/1 oz. serving Butter v 35 Calleach

#### JUST WAFFLES \$7.89 PER PERSON

Belgian Waffles v 90 Cal each Maple Syrup vg 100 Cal/1 oz. serving Butter v 35 Cal each

#### JUST FRENCH TOAST \$7.89 PER PERSON

100 Cal each Cinnamon French Toast v Maple Syrup vg 100 Cal/1 oz. serving Butter v 35 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

## **SANDWICHES & SALADS**

#### CLASSIC COLLECTIONS

All prices are per person and available for 10 guests or more.

#### **DELI EXPRESS \$17.89**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast

Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

80-230 Cal/2-4.5 oz. serving Chicken Salad, or Hummus with Vegetables) Cheese Tray (Cheddar and Swiss) v 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Freshly Baked Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water O Cal/8 oz. serving

#### PREMIUM BOX LUNCHES

Your Choice of Entrée Salad served with a Bakery-Fresh Roll with Butter, Fruit Cup. Dessert Bar, and Bottled Water

Bakery-Fresh Roll with Butter v 200 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert Bar v 200-420 Cal each **Bottled Water** O Cal each

Harvest Chicken Salad: Grilled Chicken. Fresh Baby Arugula, Roasted Red Potato, Cauliflower and Pumpkin Seeds served with

Kale Pesto Vinaigrette Ew \$19.29 640 Cal/13 oz. serving

Asian Chicken Salad: Grilled Chicken, Romaine, Vegetables, Orange and Almonds served with a

Sweet and Spicy Sesame Dressing \$19.29 430 Cal/16.5 oz. serving

Fresh Baby Spinach and Apple Salad with Grilled Chicken Breast. Crumbled Goat Cheese, Diced Bacon and

Country Apple Dressing \$21.19 540 Cal/10.5 oz. serving

Thai Beef Salad: Flank Steak, Rice Noodles and Vegetables on Greens with Chopped Peanuts served with

Thai Vinaigrette \$22.19 580 Cal/13.8 oz. serving

Sesame Tofu Garden Salad: Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens served

with Balsamic Vinaigrette v \$18.19 330 Cal/13 oz. serving

Mediterranean Quinoa Salad: Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and

Pita **v EW PF \$19.99** 570 Cal/15 oz. serving

Additional premium box lunch options available upon request! Please contact your catering professional.

#### **CLASSIC BOX LUNCH \$18.99**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Freshly Baked Cookies and Bottled Water

| Choice of One Sandwich                                 | 150-770 Cal each |
|--|------------------|
| Asiago Turkey with Caramelized Onions and Spinach &    | 150-770 Car each |
|  | 520 Cal each     |
| Artichoke Spread                                       | 520 Cai each     |
| Smoked Turkey & Swiss with Lettuce, Tomato, and        |                  |
| Horseradish Mustard                                    | 520 Cal each     |
| Grilled Chicken & Mozzarella with Sun-Dried Tomato     |                  |
| Puree & Pesto Hummus                                   | 690 Cal each     |
| Farmer's Chicken Salad Sandwich with Apple & Walnut    |                  |
| Salad, Lettuce, and Cranberry Relish                   | 630 Cal each     |
| Grilled Chicken Caesar Wrap                            | 720 Cal each     |
| Ham & Swiss with Lettuce                               | 450 Cal each     |
| Roast Beef & Cheddar with Lettuce, Horseradish Mustard | 470 Cal each     |
| Grilled Veggies & Mozzarella with Balsamic Vinaigrette | 420-520 Cal each |
| *Also Available Gluten-Free                            |                  |
| Smashed Chickpea Wrap                                  | 380 Cal each     |
| Gluten-Free Turkey & Swiss with Lettuce and Tomato     | 430 Cal each     |
| Individual Bag of Chips <b>v</b>                       | 100-160 Cal each |
| Assorted Freshly Baked Cookies v                       | 220-240 Cal each |
| Bottled Water  | 0 Cal each       |
|  |                  |

#### **CLASSIC SELECTIONS SANDWICH BUFFET \$20.99**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Freshly Baked Cookies and Choice of Two (2) Beverages

| Choice of Two (2) Side Salads (pg 10)   | 20-240 Cal each      |
|---|----------------------|
| Dill Pickle Slices vg                   | 5 Cal/1 oz. serving  |
| Individual Bags of Chips <b>v</b>       | 100-160 Cal each     |
| Choice of Three (3) Classic Sandwiches  | 150-770 Cal each     |
| Assorted Freshly Baked Cookies <b>v</b> | 220-240 Cal each     |
| Choice of Two (2) Beverages:            |                      |
| Lemonade                                | 90 Cal/8 oz. serving |
| Iced Tea                                | 0 Cal/8 oz. serving  |
| Iced Water                              | 0 Cal/8 oz. serving  |

#### CLASSIC SANDWICH OPTIONS

Portobello Banh Mi Sub with Pickled Veggies,

Jalapeños and Vegan Sriracha Mayo vg EW PF

| CEASSIC SANDWICH OF HONS   |              |
|--|--------------|
| (Available Sandwich choices for the Classic Selections Buffet)   |              |
| Tuna Salad Ciabatta with Fresh Romaine and Sliced<br>Tomato  | 500 Cal each |
| Deli Sliced Turkey and Swiss on Hearty Wheat Bread   | 520 Cal each |
| Turkey, Bacon and Garlic Aioli Ciabatta  | 670 Cal each |
| Chicken Caesar Wrap  | 630 Cal each |
| Mediterranean Chicken Ciabatta with Roasted Red<br>Pepper Hummus, Cucumber, Arugula, Red Peppers<br>and Feta | 540 Cal each |
| Roast Beef and Cheddar Sandwich  | 410 Cal each |
| Greek Salad Wrap with Crumbled Feta, Black Olives, Fresh Cucumbers, Plum Tomatoes and Red Onion <b>v</b>     | 430 Cal each |

290 Cal each

## **SANDWICHES & SALADS**

#### **CLASSIC COLLECTIONS**

All prices are per person and available for 10 guests or more.

#### **THE EXECUTIVE LUNCHEON \$26.89**

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Freshly Baked Cookies and choice of Two (2) Beverages

| Choice of Two (2) Side Salads (Right)   | 30-240 Cal each      |
|---|----------------------|
| Dill Pickle Slices vg                   | 5 Cal/1 oz. serving  |
| Individual Bags of Chips <b>v</b>       | 100-160 Cal each     |
| Choice of Three (3) Executive           |                      |
| Luncheon Sandwiches                     | 320-800 Cal each     |
| Assorted Freshly Baked Cookies <b>v</b> | 220-240 Cal each     |
| Choice of Two (2) Beverages:            |                      |
| Lemonade                                | 90 Cal/8 oz. serving |
| Iced Tea                                | 0 Cal/8 oz. serving  |
| Iced Water                              | 0 Cal/8 oz. serving  |

#### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

| (Available Salidwich Choices for the Executive Euricheon Buriet,                                | )            |
|---|--------------|
| Creamy Chicken Salad Croissant with Fresh Dill  | 680 Cal each |
| Spicy Southwest Chicken Baguette with Monterey Jack<br>Cheese and Pico De Gallo                 | 640 Cal each |
| Buffalo Chicken Baguette with Ranch Dressing, Blue<br>Cheese, Lettuce, Tomato and Onion         | 640 Cal each |
| Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli                                    | 540 Cal each |
| Turkey and Ham Club Sub with Bacon, Swiss Cheese and Honey Dijon Dressing                       | 400 Cal each |
| Ham and Swiss Ciabatta with a Red Onion Apricot<br>Relish                                       | 510 Cal each |
| Roast Beef, Caramelized Onion and Kale Ciabatta   | 440 Cal each |
| Greek Salmon Farro Wrap with Lemon, Dill, Cucumber, Feta, Tomato, Onion and Greens <b>EW PF</b> | 470 Cal each |
| Old Bay® Shrimp Roll  | 320 Cal each |
| Sweet Potato Smash Ciabatta with Goat Cheese, Cranberry<br>Sauce and Arugula                    | 500 Cal each |
| Spicy Grilled Vegetable Wrap Bruschetta and Black   |              |

570 Cal each

#### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

| Sanawien Barrets)  |                          |
|--|--------------------------|
| Traditional Garden Salad with a Balsamic<br>Vinaigrette Dressing and Ranch <b>V EW PF</b>  | 45 Cal/3.5 oz. serving   |
| Mixed Lettuces, Chickpea, Cucumber and Tomato VG EW PF   | 90 Cal/3 oz. serving     |
| Chimichurri Potato Salad <b>ve</b>   | 120 Cal/3.5 oz. serving  |
| Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing <b>V EW</b>                                   | 170 Cal/3.5 oz. serving  |
| Creamy Vegan Coleslaw <b>vg EW PF</b>  | 80 Cal/3 oz. serving     |
| Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing <b>VG EW PF</b>   | 60 Cal/3.75 oz. serving  |
| Fresh Fruit Salad <b>VG PF</b>   | 35 Cal/2.5 oz. serving   |
| Greek Pasta Salad tossed with Tomatoes,<br>Cucumbers, Red Onions, Peppers, Fresh Baby<br>Spinach, Feta Cheese and Black Olives <b>v</b>  | 80 Cal/3 oz. serving     |
| Toasted Cranberry Apple Couscous with Apricots,<br>Granny Smith Apples, Almonds, Red Onions, Fresh<br>Spinach and Scallions <b>VG PF</b> | 190 Cal/3 oz. serving    |
| Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions Combined in an Olive Oil Mix <b>vg EW</b>                                  | 140 Cal/3.25 oz. serving |

Olives **V PF** 

### **THEMED BUFFETS**

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

| <b>PACIFIC COAST COLLECTION \$19</b>                 | .09                     |
|--|-------------------------|
| Seasonal Fresh Fruit Platter vg PF                   | 35 Cal/2.5 oz. serving  |
| Traditional Hummus with Pita Chips & Fresh           |                         |
| Vegetables Tray <b>v pf</b>                          | 230 Cal/5 oz. serving   |
| Choice of Two (2) Salad Platters                     |                         |
| Thai Beef Noodle Salad Platter                       | 320 Cal/6 oz. serving   |
| Sesame Chicken Salad with Mandarin Platter           | 160 Cal/5 oz. serving   |
| Southwest Kale Salad Platter                         | 220 Cal/5 oz. serving   |
| Teriyaki Salmon Salad Platter                        | 180 Cal/4 oz. serving   |
| Smoky Coconut -Lime Portobello Salad Platter vg PF   | 70 Cal/4 oz. serving    |
| Plant Forward Street Corn Salad Platter <b>vg Ew</b> | 220 Cal/3.3 oz. serving |
| Assorted Freshly Baked Cookies <b>v</b>              | 220-240 Cal each        |

| ALL-AMERICAN PICNIC \$21.89                         |                          |
|---|--------------------------|
| Traditional Potato Salad <b>v</b>                   | 240 Cal/4.25 oz. serving |
| Old-Fashioned Coleslaw <b>v EW</b>                  | 150 Cal/3 oz. serving    |
| Kettle Chips <b>v</b>                               | 190 Cal/1.25 oz. serving |
| Grilled Hamburgers with Buns                        | 320 Cal each             |
| Vegetarian Burger <b>vg PF</b>                      | 170 Cal each             |
| Hot Dogs with Buns                                  | 300 Cal each             |
| Cheese Tray   | 110 Cal/1 oz.serving     |
| Assorted Freshly Baked Cookies <b>v</b>             | 220-240 Cal each         |
| Bakery-Fresh Brownies <b>v</b>                      | 250 Cal each             |
| Add on Grilled Chicken Breast for an Additional Fee | 160 Cal/3 oz. serving    |

| NOODLE BAR BASICS \$22.19  |   |
|--|---|
| Mesclun Salad with Fresh Orange, Kalamata Olives and Red Onion with a Balsamic Vinaigrette <b>VG PF</b> Garlic Breadsticks <b>V</b> Choice of One (1) Pasta: | 60 Cal/2.25 oz. serving<br>110 Cal each |
| Cavatappi Pasta <b>vg</b>  | 170 Cal/4 oz. serving                   |
| Fettuccine Noodles <b>vg</b>   | 250 Cal/5.5 oz. serving                 |
| Choice of Two (2) Vegetables: Broccoli vg PF   | 10 Cal/1 oz. serving                    |
| Onions <b>vg</b>   | 10 Cal/1 oz. serving                    |
| Tomatoes <b>v</b> s  | 10 Cal/1 oz. serving                    |
| Zucchini <b>vg</b>   | 10 Cal/1 oz. serving                    |
| Choice of Two (2) Proteins: Grilled Chicken EW   | 160 Cal/3 oz. serving                   |
| Italian Sausage  | 230 Cal/2 oz. serving                   |
| Shrimp   | 100 Cal/3 oz. serving                   |
| Tofu <b>VG</b>   | 80 Cal/2 oz. serving                    |
| Choice of Two (2) Sauces:  Marinara Sauce VG PF  | 100 Cal/4 oz. serving                   |
| Pesto Primavera Sauce <b>V</b>   | 120 Cal/4 oz. serving                   |
| Alfredo Sauce <b>v</b>   | 250 Cal/4 oz. serving                   |
| Hearty Meat Sauce  | 140 Cal/4 oz. serving                   |
| Assorted Freshly Baked Cookies <b>v</b><br>Bakery-Fresh Brownies <b>v</b>  | 220-240 Cal each<br>250 Cal each        |

| <b>SOUP AND SALAD BUFFET \$23.99</b>          |                        |
|---|------------------------|
| Mixed Greens <b>vg</b>                        | 5 Cal/3 oz. serving    |
| Romaine Lettuce <b>vg</b>                     | 20 Cal/3 oz. serving   |
| Couscous <b>vG</b>                            | 140 Cal/2 oz. serving  |
| Sliced Red Onions vg                          | 10 Cal/1 oz. serving   |
| Tomatoes <b>vG</b>                            | 5 Cal/1 oz. serving    |
| Cucumbers <b>vg</b>                           | 5 Cal/1 oz. serving    |
| Shredded Carrots <b>vg</b>                    | 10 Cal/1 oz. serving   |
| Shredded Cheddar Cheese <b>v</b>              | 110 Cal/1 oz. serving  |
| Roasted Chickpea <b>vg</b>                    | 260 Cal/2 oz. serving  |
| Sliced Grilled Chicken                        | 160 Cal/3 oz. serving  |
| Bacon Bites                                   | 285 Cal/2 oz. serving  |
| Tofu <b>vg</b>                                | 165 Cal/2 oz. serving  |
| Balsamic Vinaigrette                          | 50 Cal/2 oz. serving   |
| Ranch Dressing <b>v</b>                       | 200 Cal/2 oz. serving  |
| Italian Dressing <b>v</b> <sub>G</sub>        | 80 Cal/2 oz. serving   |
| Croutons <b>v</b>                             | 60 Cal/0.5 oz. serving |
| Bakery-Fresh Dinner Roll with Butter <b>v</b> | 200 Cal each           |
| Choice of:                                    |                        |
| Chicken Noodle Soup                           | 140 Cal/8 oz. serving  |
| Broccoli Cheddar Soup                         | 240 Cal/8 oz. serving  |
| Tomato Soup                                   | 110 Cal/8 oz. serving  |
| Assorted Freshly Baked Cookies <b>v</b>       | 200 Cal/8 oz. serving  |

### NORTH BY NORTHWEST \$25.09

| Kale Salad with Blue Cheese, Raisins and      |                          |
|---|--------------------------|
| Red Onion and a Lemon Vinaigrette EW PF       | 100 Cal/2 oz. serving    |
| Bakery-Fresh Dinner Roll with Butter <b>v</b> | 200 Cal each             |
| Potatoes au Gratin <b>v</b>                   | 180 Cal/4.25 oz. serving |
| Roasted Brussels Sprouts <b>VG EW PF</b>      | 35 Cal/2 oz. serving     |
| Grilled Portobello stuffed with Vegan Cheese, |                          |
| Peppers, Onion, and Vegan Chorizo vg PF       | 330 Cal each             |
| Maple Dijon Salmon                            | 270 Cal/3.25 oz. serving |
| Lemon Garlic Aioli <b>v</b>                   | 190 Cal/1 oz. serving    |
| Seasonal Berry Cobbler <b>v</b>               | 320 Cal/4 oz. serving    |
|   |                          |



### **THEMED BUFFETS**

TASTY TEV MEY \$25.20

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

| TASTY TEX MEX \$25.29  |  |
|--|--|
| Tortilla Chips <b>vg</b> Mexican Rice <b>vg</b>                            | 280 Cal/3 oz. serving<br>130 Cal/3 oz. serving |
| Charro Beans VG EW PF  | 80 Cal/3 oz. serving                           |
| Sautéed Peppers and Onions <b>vg</b><br>Choice of One (1) Type of Fajitas: | 40 Cal/2 oz. serving                           |
| Beef Fajitas with Tortillas,<br>Shredded Cheddar and Sour Cream            | 670 Cal/9 oz. serving                          |
| Chicken Fajitas with Tortillas,<br>Shredded Cheddar and Sour Cream         | 570 Cal/9 oz. serving                          |
| Citrus Braised Pork with Tortillas,<br>Shredded Cheddar and Sour Cream     | 500 Cal/6.5 oz. serving                        |
| Plant-Based Chorizo with Tortilla and<br>Vegan Cheese <b>v</b>             | 470 Cal/6.5 oz. serving                        |
| Additional Fajita selection \$2.00 per person                              |  |
| Choice of Two (2) Salsas:  |  |
| Pico De Gallo <b>v</b>   | 10 Cal/1 oz. serving                           |
| Corn Salsa <b>v</b> g  | 60 Cal/1 oz. serving                           |
| Salsa Roja <b>vo</b>   | 20 Cal/1 oz. serving                           |
| Cinnamon Churro Bites <b>vg</b>  | 250 Cal/2.75 oz. serving                       |

|  | N \$25 |  |
|--|--------|--|
|  |        |  |

Choice of One (1) Salad: Potato Salad **v** 

| . otato calda v                                  | 2 10 000, 1120 021 001 11115 |
|--|------------------------------|
| Sweet Potato Salad <b>V PF</b>                   | 290 Cal/3.5 oz. serving      |
| Old-Fashioned Coleslaw v Ew                      | 150 Cal/3 oz. serving        |
| Choice of One (1) Bread:                         |                              |
| Corn Muffin <b>v</b>                             | 220 Cal each                 |
| Southern Biscuits V                              | 190 Cal each                 |
| Texas Toast <b>vg</b>                            | 120 Cal each                 |
| Choice of Two (2) Sides:                         |                              |
| Macaroni and Cheese                              | 210 Cal/4.25 oz. serving     |
| BBQ Pinto Beans                                  | 150 Cal/3.5 oz. serving      |
| Bacon & Onion Green Beans PF                     | 90 Cal/4 oz. serving         |
| Choice of Two (2) Entrees:                       |                              |
| Smoked BBQ Pulled Pork                           | 210 Cal/3 oz. serving        |
| Smoked Beef Brisket                              | 170-210 Cal/3 oz. serving    |
| BBQ Spiced Shredded Chicken                      | 160 Cal/3 oz. serving        |
| BBQ Jackfruit <b>vg pf</b>                       | 150 Cal/3 oz. serving        |
| Bakery-Fresh Dinner Roll for Sandwiches <b>v</b> | 160 Cal each                 |
| Choice of Two (2) Sauces:                        |                              |
| Nashville BBQ Sauce                              | 70 Cal/1 oz. serving         |
| Carolina BBQ Sauce vg                            | 20 Cal/1 oz. serving         |
| Texas BBQ Sauce                                  | 50 Cal/1 oz. serving         |
| Sweet Baby Ray's BBQ Sauce vg                    | 170 Cal/1 oz. serving        |
| Assorted Freshly Baked Cookies <b>v</b>          | 220-240 Cal each             |
| -  |                              |
|  |                              |

240 Cal/4.25 oz. serving

#### **THEMED BUFFETS**

All prices are per person and available for 10 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

#### **POWER BOOST BOWLS \$26.09**

| Choice of One (1) Grain:                     |                          |
|--|--------------------------|
| Lemon Herbed Farro <b>vg EW PF</b>           | 150 Cal/3.5 oz. serving  |
| Quinoa and Lentils VG EW PF                  | 90 Cal/3 oz. serving     |
| Choice of One (1) Greens:                    | _                        |
| Kale Mix vg PF                               | 10 Cal/1.25 oz. serving  |
| Romaine Arugula Mix <b>vg PF</b>             | 5 Cal/1.25 oz. serving   |
| Choice of Two (2) Proteins:                  |                          |
| Lemon Garlic Chicken                         | 130 Cal/3 oz. serving    |
| Hard-Cooked Egg <b>v</b>                     | 80 Cal each              |
| Grilled Sumac Salmon                         | 120 Cal/2.75 oz. serving |
| Chimichurri Flank Steak                      | 250 Cal/3 oz. serving    |
| Crispy Five Spice Tofu vg EW PF              | 340 Cal/5 oz. serving    |
| Choice of Three (3) Toppings:                |                          |
| Spicy Roasted Broccoli <b>vg EW PF</b>       | 45 Cal/1.5 oz. serving   |
| Sliced Avocado <b>vg</b>                     | 90 Cal/2 oz. serving     |
| Turmeric Roasted Cauliflower <b>vg EW PF</b> | 35 Cal/2 oz. serving     |
| Garbanzo Beans <b>v</b>                      | 150 Cal/3 oz. serving    |
| Roasted Butternut Squash <b>vg EW PF</b>     | 80 Cal/2 oz. serving     |
| Roasted Mushrooms <b>vg EW PF</b>            | 90 Cal/3 oz. serving     |
| Shredded Beets <b>vg</b>                     | 30 Cal/2 oz. serving     |
| Edamame <b>v</b> G                           | 80 Cal/2 oz. serving     |
| Choice of Two (2) Sauces:                    |                          |
| Greek Yogurt Ranch Dressing <b>v</b>         | 90 Cal/1 oz. serving     |
| Pesto Vinaigrette <b>v</b>                   | 120 Cal/1 oz. serving    |
| Tahini Tzatziki Dressing <b>v</b>            | 30 Cal/1 oz. serving     |
| Choice of Two (2) Garnishes:                 |                          |
| Feta Cheese Crumbles <b>v</b>                | 80 Cal/1 oz. serving     |
| Pickled Red Onion <b>vg</b>                  | 20 Cal/1 oz. serving     |
| Toasted Walnuts <b>vg</b>                    | 180 Cal/1 oz. serving    |
| Shaved Parmesan                              | 110 Cal/1 oz. serving    |
| Brown Butter Pumpkin Seeds <b>v</b>          | 170 Cal/1 oz. serving    |
| Choice of One (1) Dessert:                   | 70.0                     |
| Baklava <b>v</b>                             | 70 Cal each              |
| Assorted Freshly Baked Cookies <b>v</b>      | 220-240 Cal each         |

#### TAVOLINO BUFFET \$26.09

| TAVOLINO BOLLET \$20.03                                     |                          |  |  |
|---|--------------------------|--|--|
| Caesar Salad  | 240 Cal/5.5 oz. serving  |  |  |
| Garlic Breadsticks <b>v</b>                                 | 110 Cal each             |  |  |
| Eggplant Parmesan <b>v PF</b>                               | 390 Cal/7.7 oz. serving  |  |  |
| Rigatoni Marinara   | 120 Cal/4.5 oz. serving  |  |  |
| Italian Sausage and Peppers                                 | 420 Cal/4.75 oz. serving |  |  |
| Miniature Cheesecake Tarts <b>v</b>                         | 170 Cal each             |  |  |
| Add on Grilled Chicken Breast for an Additional Fee         | 160 Cal/3 oz. serving    |  |  |
| Additional selections can be added - nominal fee will apply |                          |  |  |

### EAST ASIAN EATS \$27.19

| Vegetable Egg Rolls <b>v</b><br>Crispy Wontons <b>v</b> | 180 Cal each<br>25 Cal each |
|---|-----------------------------|
| Choice of Two (2) Dipping Sauces:                       |                             |
| Sweet Soy Sauce <b>v</b>                                | 50 Cal/1.25 oz. serving     |
| Sweet & Sour Sauce <b>vg</b>                            | 35 Cal/ 1 oz. serving       |
| Chili Garlic Sauce <b>vg</b>                            | 110 Cal/1 oz. serving       |
| Lo Mein Noodles <b>vg</b>                               | 150 Cal/2.5 oz. serving     |
| Jasmine Rice <b>v</b>                                   | 130 Cal/3 oz. serving       |
| Lemongrass Chicken                                      | 140 Cal/3 oz. serving       |
| Asian Tofu <b>vg EW</b>                                 | 190 Cal/3 oz. serving       |
| Teriyaki Sauce <b>v</b>                                 | 20 Cal/1 oz. serving        |
| Lemon Bars <b>v</b>                                     | 300 Cal each                |
|   |                             |

#### **HARVEST BOUNTY \$28.19**

| Traditional Mixed Green Salad with     |                          |
|--|--------------------------|
| Balsamic and Ranch V EW PF             | 50 Cal 3.5 oz. serving   |
| Southern Biscuits with Butter <b>v</b> | 230 Cal each             |
| Buttermilk Mashed Potatoes <b>v</b>    | 120 Cal/3.75 oz. serving |
| Sautéed Dill Green Beans VG EW PF      | 30 Cal/3 oz. serving     |
| Vegetable Lasagna Alfredo 🗸            | 470 Cal/11 oz. serving   |
| Choice of One (1) Entree:              |                          |
| Herb Roasted Turkey                    | 170 Cal/3 oz. serving    |
| Baked Ham                              | 120 Cal/3 oz. serving    |
| Apple Pie <b>vg</b>                    | 410 Cal/slice            |

#### 7TH & H STREET \$31.19

| D 111 D 11 II                             | 0.40 0.1/7               |
|---|--------------------------|
| Peanut Lime Ramen Noodles <b>vg</b>       | 240 Cal/3 oz. serving    |
| Vegetable Egg Rolls <b>v</b>              | 180 Cal each             |
| Choice of Two (2) Dipping Sauces:         |                          |
| Sweet Soy Sauce <b>v</b>                  | 50 Cal/1.25 oz. serving  |
| Sweet and Sour Sauce <b>vg</b>            | 35 Cal/1 oz. serving     |
| Chili Garlic Sauce <b>vg</b>              | 110 Cal/1 oz. serving    |
| Choice of One (1) Rice:                   |                          |
| White Rice <b>vg</b>                      | 130 Cal/3 oz. serving    |
| Vegetable Fried Rice <b>V PF</b>          | 130 Cal/3.25 oz. serving |
| Steamed Brown Rice <b>vg EW</b>           | 110 Cal/2.75 oz. serving |
| General Tso's Chicken                     | 370 Cal/8 oz. serving    |
| General Tso's Tofu <b>vg EW</b>           | 120 Cal/3.6 oz. serving  |
| Teriyaki Salmon with Lemon Green Beans EW | 130 Cal/3 oz. serving    |
| Fortune Cookies                           | 20 Cal each              |

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

#### **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

|  |  | T S' |  |  |
|--|--|------|--|--|
|  |  |      |  |  |
|  |  |      |  |  |

| Traditional Garden Salad with Balsamic Vinaigrette and Ranch <b>v EW PF</b> | 45 Cal/3.5 oz. serving   |
|---|--------------------------|
| Classic Caesar Salad  | 170 Cal/2.7 oz. serving  |
| Caprese Salad PF  | 150 Cal/3 oz. serving    |
| Greek Salad with Crumbled Feta ${f v}$                                      | 110 Cal/3.25 oz. serving |
| Antipasto Platter with Crostini   | 260 Cal/5 oz. serving    |
| Roasted Vegetable Platter with Chimichurri Mayo ${\bf v}$ PF                | 200 Cal/4 oz. serving    |
| Traditional Hummus with Pita Chips & Fresh<br>Vegetables <b>v</b>           | 150 Cal/1.75 oz. serving |
| Seasonal Fresh Fruit Salad <b>vg pF</b>                                     | 35 Cal/2.25 oz. serving  |
|   |                          |

#### RUFFET ENTRES

Additional Starter \$4.59 PER PERSON

Additional Entree \$8.09 PER PERSON

Additional Vegetarian Entree \$6.89 PER PERSON

| BUFFELENIREES   |                           |
|---|---------------------------|
| Cavatappi A La Toscana with Zucchini, Spinach,<br>Tomato and White Beans in a Pepper-Garlic Sauce<br>VEW PF \$22.19 | 410 Cal/15.75 oz. serving |
| Grilled Lemon Rosemary Chicken EW \$26.09   | 130 Cal/4 oz. serving     |
| Baked Peruvian Chicken marinated in Sherry<br>Vinegar, Garlic, Cumin and Paprika <b>\$26.09</b>                     | 410 Cal/7.25 oz. serving  |
| Chipotle Pork Loin Topped with a Pineapple Salsa \$26.09  | 210 Cal/3.75 oz. serving  |
| Homestyle Beef Lasagna <b>\$27.69</b>   | 330 Cal/5 oz. serving     |
| Caribbean-Style Stuffed Pepper with Sofrito Rice and Black-Eyed Peas <b>vg EW PF \$28.29</b>                        | 120 Cal each              |
| Plant-Based Chorizo Stuffed Portobello Cap vg PF \$28   | 330 Cal each              |
| Greek Style Cod with Orzo Salad EW \$29.89  | 440 Cal/5 oz.serving      |
| Grilled Teriyaki Salmon \$30.49   | 140 Cal/3 oz. serving     |
| Sautéed Mojo Shrimp with Citrus and Garlic<br>\$31.99   | 120 Cal/3 oz. serving     |
| English Style Short Ribs <b>\$34.29</b>   | 690 Cal/3.5 oz. serving   |
| Pesto Flank Steak \$35.99   | 250 Cal/3 oz. serving     |
| Beef Tenderloin and Mushroom Ragout \$37.29   | 290 Cal/7.65 oz. serving  |

#### **BUFFET SIDES**

| Roasted Ro   | ot Vegetables <b>vg Ew PF</b> | 60 Cal/2 oz. serving     |
|--------------|-------------------------------|--------------------------|
| Chili-Garlic | Green Beans <b>vg Ew PF</b>   | 70 Cal/4 oz. serving     |
| Fresh Aspa   | ragus <b>vg ew PF</b>         | 20 Cal/3 oz. serving     |
| Caesar Brus  | ssels Sprouts <b>EW PF</b>    | 150 Cal/1.5 oz. serving  |
| Garlic Roas  | ted Broccoli <b>vg ew pf</b>  | 40 Cal/1.75 oz. serving  |
| Mushroom     | arro <b>v pf</b>              | 170 Cal/4 oz. serving    |
| Maple Glaze  | ed Carrots <b>v ew pf</b>     | 110 Cal/2 oz. serving    |
| Buttermilk I | Mashed Potatoes <b>v</b>      | 120 Cal/3.75 oz. serving |
| Roasted Ne   | w Potatoes <b>v</b> g         | 110 Cal/2.75 oz. serving |
| Quinoa and   | Wild Rice Blend <b>vg EW</b>  | 80 Cal/2.75 oz. serving  |
| Penne with   | Marinara Sauce <b>v</b>       | 290 Cal/3 oz. serving    |
| Macaroni ar  | nd Cheese                     | 210 Cal/4.25 oz. serving |
| Additional S | Side \$4.59 PER PERSON        |                          |

**BUFFET FINISHES** 

| Bread Pudding with Caramel Apple Sauce ${f v}$ | 360 Cal/6.75 oz. serving |
|--|--------------------------|
| Mini Assorted Cheesecakes <b>v</b>             | 80 Cal each              |
| Assorted Mini Parfaits <b>v</b>                | 190-240 Cal each         |
| Assorted Freshly Baked Cookies ${f v}$         | 220-240 Cal each         |
| Bakery-Fresh Brownies <b>v</b>                 | 250 Cal each             |
| Assorted Dessert Bars <b>v</b>                 | 200-420 Cal each         |
| Additional Dessert \$4.59 PER PERSON           |                          |

Please inquire with our office for seated meal options.

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

#### **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

| RECEPTION HORS D'OEUVRES (HOT)                                   |              |
|--|--------------|
| Vegetable Tikki with Vegan Cucumber-Dill Aioli <b>vg \$20.29</b> | 70 Cal each  |
| Assorted Mini Quiche \$27.39                                     | 100 Cal each |
| Pigs in a Blanket \$27.99  | 45 Cal each  |
| Baked Mac N' Cheese Melts <b>v</b> \$29.29                       | 80 Cal each  |
| Spanakopita <b>v \$29.29</b>                                     | 60 Cal each  |
| Chicken Satay \$31.89  | 20 Cal each  |
| Chili-Lime Chicken Kabobs \$36.79                                | 40 Cal each  |
| Chicken and Waffle with Spicy Syrup \$36.79                      | 45 Cal each  |
| Coconut Shrimp \$38.69   | 50 Cal each  |
| Beef Empanadas \$39.59   | 150 Cal each |
| Duchesse Truffled Potato Bites \$41.99                           | 20 Cal each  |
| Spicy Corn Fritters with Jalapeno Ranch Drizzle <b>v</b> \$41.99 | 45 Cal each  |
| Lollipop Lamb Chop \$44.59                                       | 130 Cal each |
| Crab Cakes <b>\$45.69</b>  | 35 Cal each  |
| Vegetable Spring Rolls v \$54.59                                 | 50 Cal each  |
| Mini Beef Wellington \$54.99                                     | 120 Cal each |

| RECEPTION HORS D'OEUVRES (COLD)                   |              |
|---|--------------|
| Traditional Tomato Bruschetta Crostini ve \$20.89 | 50 Cal each  |
| Chicken Walnut Salad Bites Ew \$25.19             | 80 Cal each  |
| Salmon Crostini <b>\$29.89</b>                    | 120 Cal each |
| Crab Dip Crostini \$32.69                         | 40 Cal each  |
| Veggie Hummus Cups <b>vg EW PF \$34.29</b>        | 170 Cal each |
| Tuna Poke Crisps <b>EW \$35.19</b>                | 80 Cal each  |
| Tenderloin and Bacon Jam Crostini \$35.39         | 130 Cal each |
| Shrimp Cocktail \$38.89                           | 50 Cal each  |
| Mediterranean Antipasto Skewers \$39.79           | 60 Cal each  |

## UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





#### **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 10 guests or more.

#### **CLASSIC CHEESE TRAY \$9.59 PER PERSON**

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini **V** 

300 Cal/2.75 oz. serving

#### FRESH GARDEN CRUDITÉS \$5.19 PER PERSON

Array of Carrots, Broccoli, Bell Peppers, Cauliflower, Squash, Grape Tomatoes, Celery, Mushrooms with Ranch Dill Dip **V PF** 

120 Cal/5 oz. serving

#### **ANTIPASTO PLATTER \$11.49 PER PERSON**

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

#### ASSORTED MINI SANDWICHES \$9.19 PER PERSON

An assortment of our most popular Mini Sandwiches

Ham & Cheese270 Cal eachRoast Beef & Brie260 Cal eachTurkey & Swiss320 Cal eachFresh Mozzarella, Tomato and Basil240 Cal each

#### MARYLAND CRAB DIP \$7.29 PER PERSON

Maryland Crab Dip 100 Cal/1 oz. serving Tortilla Chips **vg** 280 Cal/3 oz. serving

# HOUSEMADE SPINACH DIP SERVED WITH PITA CHIPS 6.26 PER PERSON

Housemade Spinach Dip served with Fresh Pita

Chips **v** 230 Cal/2.25 oz. serving

#### SOUTHWEST DIPPING DUO 6.29 PER PERSON

Black Bean, Corn and Pico Guacamole served with Tortilla Chips  ${\bf v}$ 

420 Cal/6.75 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

#### **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 10 guests or more.

#### **HAPPY HOUR \$21.79**

| Spinach Dip (Warm or Chilled) served |                          |
|--------------------------------------|--------------------------|
| with Pita Chips <b>v</b>             | 250 Cal/2.25 oz. serving |
| Mini Cheesesteaks                    | 180 Cal each             |
| Duffala Chialean Tandara asmed       |                          |

Buffalo Chicken Tenders served

560 Cal/6.75 oz. serving with Blue Cheese Dip Pretzels Bites (10 per person) with Beer Cheese v 390 Cal/6 oz. serving Assorted Freshly Baked Cookies v 220-240 Cal each Assorted Dessert Bars **v** 200-420 Cal each

#### **SOFT PRETZEL BAR \$7.89**

| 180 Cal each          |
|-----------------------|
|                       |
| 50 Cal/1 oz. serving  |
| 60 Cal/1 oz. serving  |
| 25 Cal/1 oz. serving  |
| 40 Cal/1 oz. serving  |
| 60 Cal/1 oz. serving  |
| 60 Cal/1 oz. serving  |
| 30 Cal/1 oz. serving  |
| 80 Cal/1 oz. serving  |
| 120 Cal/1 oz. serving |
|                       |

| vegetable Spring Rolls V                           | 50 Cai each             |
|--|-------------------------|
| Chicken Lemongrass Pot Stickers                    | 45 Cal each             |
| Choice of Two (2) Dipping Sauces:                  |                         |
| Sweet Soy Sauce <b>v</b>                           | 50 Cal/1.25 oz. serving |
| Sweet and Sour Sauce <b>vg</b>                     | 35 Cal/1 oz. serving    |
| Chili Garlic Sauce <b>v</b> c                      | 110 Cal/1 oz. serving   |
| Sweet and Spicy Boneless Chicken Wings with Celery | Sticks 150 Cal each     |
| Assorted Dessert Bars v                            | 240-370 Cal each        |

#### **GROWN UP MAC AND CHEESE \$17.99**

| Chipotle Macaroni and Cheese      | 240 Cal/4 oz. serving   |
|-----------------------------------|-------------------------|
| Choice of Three (3) Proteins:     |                         |
| Grilled Chicken Breast            | 160 Cal/3 oz. serving   |
| Sautéed Shrimp                    | 90 Cal/3 oz. serving    |
| Pulled Pork                       | 210 Cal/3.5 oz. serving |
| Diced Ham                         | 70 Cal/2 oz. serving    |
| Roasted Mushrooms <b>vg EW PF</b> | 60 Cal/2 oz. serving    |
| Peas vg EW PF                     | 25 Cal/1 oz. serving    |
| Broccoli Bits vg EW PF            | 40 Cal/1.75 oz. serving |
| Scallions <b>v</b>                | 0 Cal/0.25 oz. serving  |
|                                   |                         |

#### **THE MASH-UP \$15.49**

| THE PASH OF WISHES                       |                          |
|--|--------------------------|
| Choice of Mashed Potatoes or Tater Tots: |                          |
| Creamy Garlic Mashed Potatoes <b>v</b>   | 120 Cal/3.75 oz. serving |
| Mashed Sweet Potatoes <b>V PF</b>        | 100 Cal/4.25 oz. serving |
| Buttermilk Mashed Potatoes v             | 120 Cal/3.75 oz. serving |
| Tater Tots <b>vg</b>                     | 240 Cal/4 oz. serving    |
| Choice of Two (2) Proteins:              |                          |
| Crumbled Bacon                           | 290 Cal/2 oz. serving    |
| Pulled Pork                              | 110 Cal/2 oz. serving    |
| Diced Ham                                | 70 Cal/2 oz. serving     |
| Country Gravy                            | 60 Cal/2 oz. serving     |
| Cheddar Cheese Sauce <b>v</b>            | 80 Cal/2 oz. serving     |
| Butter <b>v</b>                          |                          |
| Sour Cream <b>v</b>                      | 60 Cal/1 oz. serving     |
| Choice of Three (3) Vegetables           |                          |
| Blanched Broccoli Florets vg PF          | 20 Cal/2 oz. serving     |
| Herb-Roasted Mushrooms <b>vg EW PF</b>   | 90 Cal/2 oz. serving     |
| Diced Green Peppers va                   | 10 Cal/2 oz. serving     |
| Diced Tomatoes <b>v</b> <sub>G</sub>     | 10 Cal/2 oz. serving     |
| Diced Onions vg                          | 5 Cal/0.5 oz. serving    |
| Choice of Two (2) Toppers:               |                          |
| Shredded Cheddar Cheese v                | 110 Cal/2 oz. serving    |
| French Fried Onions v                    | 180 Cal/1 oz. serving    |
| Sliced Chives vg                         | O Cal/0.5 oz. serving    |
| Scallions vg                             | 0 Cal/0.5 oz. serving    |
| Crushed Red Pepper <b>vg</b>             | 10 Cal/1 oz. serving     |
|  |                          |

#### SLIDE INTO HOME \$15.19

| Choice of Three (3) Sliders:   |              |
|--------------------------------|--------------|
| Grilled Veggie Sliders vg EW   | 110 Cal each |
| Bacon-Blue Meatball Sliders    | 220 Cal each |
| Ham and Cheese Sliders         | 160 Cal each |
| Spicy Cauliflower Slider vg Ew | 170 Cal each |
| Shredded Pork and Slaw Sliders | 300 Cal each |
| Cheeseburger Sliders           | 250 Cal each |
| Sriracha Fried Chicken Sliders | 390 Cal each |

#### CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 10 guests or more.

#### **SUNDAE FUNDAY \$8.49**

Create Your own Delicious Sundae

Choice of One (1) Ice Cream Flavor:

Vanilla Ice Cream v 110 Cal/4 oz. serving
Chocolate Ice Cream v 120 Cal/4 oz. serving
Strawberry Ice Cream v 130 Cal/4 oz. serving
Non Dairy Sorbet vg 60-80 Cal/4 oz. serving

Choice of Two (2) Sauces:

Caramel Sauce V 120 Cal/1 oz. serving
Chocolate Syrup VG 80 Cal/1 oz. serving
Raspberry Sauce VG 100 Cal/1 oz. serving
Crushed Pineapple VG 15 Cal/1 oz. serving

Choice of Three (3) Toppings:

Chocolate Chips V 70 Cal/1 oz. serving Sliced Strawberries vg 20 Cal/2 oz. serving Toasted Pecans vg 100 Cal/0.5 oz. serving Toasted Coconut vg 150 Cal/1 oz. serving Mini Marshmallows 50 Cal/0.5 oz. serving Oreo® Cookie Crumbs vg 140 Cal/1 oz. serving Plain M&M's® v 140 Cal/1 oz. serving Sprinkles vg 130 Cal/1 oz. serving Whipped Cream v 50 Cal/1 oz. serving

#### THE SWEET SPOT \$8.69

Select Two (2) Bases:

Fudge Brownie v 200 Cal each
New York-Style Cheesecake 360 Cal slice
Pound Cake Slices v 150 Cal slice
Pumpkin Pie 310 Cal slice
Select Three (3) Toppings:

Chocolate Syrup **vs** 150 Cal/1 oz. serving
Caramel Sauce **v** 120 Cal/1 oz. serving
Vegan Apple Compote **vs** 60 Cal/1 oz. serving
Cherry Compote **vs** 30 Cal/1 oz. serving
Gingersnap Cookie **vs** 30 Cal each

Gingersnap Cookie ve 30 Cal each
Oreo\* Cookie Crumbs ve 140 Cal/1 oz. serving
Cinnamon Teddy Grahams\* ve 90 Cal/0.75 oz. serving
Cinnamon Streusel v 130 Cal/1 oz. serving
Pretzel Topping ve 110 Cal/1 oz. serving

Candied Almonds and Walnuts **vg** 170 Cal/1 oz. serving 170 Cal/1 oz. serving 270 Cal/1 oz. serving 270 Cal/1.75 oz. servi

Select Two (2) Extras:

Whipped Cream v 50 Cal/1 oz. serving
Chocolate Chips v 70 Cal/0.5 oz. serving
Toasted Coconut v6 150 Cal/1 oz. serving

### RECEPTIONS

#### **BREAKS**

All prices are per person and available for 10 guests or more.

| <b>TRAIL</b> | MIX   | STATI | ON S | \$7.99 |
|--------------|-------|-------|------|--------|
|              | TITA. | 91411 |      | 9/.33  |

| Granola <b>v</b>                      | 220 Cal/2 oz. serving |
|---------------------------------------|-----------------------|
| Goldfish® Crackers <b>v</b>           | 260 Cal/2 oz. serving |
| Pretzel Thins v                       | 350 Cal/2 oz. serving |
| Plain M&M'S® <b>v</b>                 | 270 Cal/2 oz. serving |
| Pumpkin Crunch Topping <b>v</b>       | 140 Cal/1 oz. serving |
| Chocolate Peanut Butter Bark <b>v</b> | 290 Cal/1 oz. serving |
| Raisins <b>v</b> <sub>G</sub>         | 90 Cal/1 oz. serving  |
| Dried Cranberries vg                  | 100 Cal/1 oz. serving |
| Almonds <b>vg</b>                     | 170 Cal/1 oz. serving |

#### **ENERGY BREAK \$4.59**

Granola Bars V 100-250 Cal each
Fruit Filled Bar V 100-250 Cal each
Breakfast Bar V 100-250 Cal each

#### **ORCHARD TREATS \$12.59**

Apple Wedges vg EW PF 60 Cal each
Caramel Sauce v 120 Cal/1 oz. serving
Cinnamon Sugar Donuts v 240 Cal each
Maple Walnut Blondies v 300 Cal each
Sliced Cheese served with Baguettes v 710 Cal/4.75 oz. serving

#### **HOT CHOCOLATE BAR \$7.29**

Hot Chocolate Bar with Assorted Toppings

and Mix-Ins 160-320 Cal/8 oz. serving

#### **SNACK ATTACK \$8.99**

Assorted Individual Bags of Chips v 100-160 Cal each Roasted Peanuts v 180 Cal/1 oz. serving Trail Mix v 280 Cal each Assorted Freshly Baked Cookies v 220-240 Cal each Bakery-Fresh Brownies v 250 Cal each

#### **EXECUTIVE COFFEE BREAK \$7.99**

Assorted Dessert Bars v 200-420 Cal each
Bakery-Fresh Brownies v 250 Cal each
Iced Water 0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **BREADS AND SPREADS \$6.29**

Seasonal Fresh Fruit Platter VG PF

35 Cal/2.5 oz. serving
Tortilla Chips VG

Pita Chips V

160 Cal/2 oz. serving
Crostini VG EW

40 Cal each

Choice of Four (4) Spreads:

Korean Roja Guacamole **VG PF**Ginger Verde Guacamole **VG PF**Chilled Spinach Dip **V**Feta and Roasted Garlic Dip **VG**Traditional Hummus **VG PF**Artichoke and Olive Dip **V**To Cal/2 oz. serving
200 Cal/2.25 oz. serving
270 Cal/2 oz. serving
330 Cal/4.5 oz. serving

### **BEVERAGES & DESSERTS**

#### **BEVERAGES**

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with Assorted Tea Bags \$3.69 PER PERSON O Cal/8 oz. serving Bottled Water (Plastic) \$1.69 EACH O Cal each Saratoga Sparkling Water (Glass) \$3.59 EACH O Cal each

Iced Water \$0.49 Per Person O Cal/8 oz. serving

Assorted Sodas (Can) \$2.29 EACH 0-150 Cal each

Assorted Individual Fruit Juices \$2.99 Each 100-150 Cal each

Cold Brew Coffee \$3.09 PER PERSON O Cal/8 oz. serving

Hot Chocolate \$2.79 Per Person 160 Cal/8 oz. serving

Iced Tea \$1.99 PER PERSON O Cal/8 oz. serving

Lemonade \$1.99 PER PERSON 90 Cal/8 oz. serving

Peach Iced Tea \$2.19 Per Person 80 Cal/8 oz. serving

All Day Beverage Service - Standard \$12.79 PER PERSON

Enjoy our traditional coffee service, including regular & decaf coffee, hot water, tea bags, and traditional accompaniments and iced water service for up to eight (8) Hours.

Iced Water O Cal/8 oz. serving Gourmet Coffee, Decaf, and Hot Tea O Cal/8 oz. serving

All Day Beverage Service - Premium \$18.79 Per Person

Enjoy our traditional coffee service, including regular & decaf coffee, hot water, tea bags, and traditional accompaniments and unlimited service of iced water, lemonade, iced tea and canned soft drinks for up to eight (8) hours.

Iced Water O Cal/8 oz. serving Gourmet Coffee, Decaf, and Hot Tea O Cal/8 oz. serving Lemonade 80 Cal/8 oz. serving Assorted Sodas (Can) 0-150 Cal each Iced Tea O Cal/8 oz. serving

Please inquire with our office for beer and wine selection

#### **DESSERTS**

Assorted Freshly Baked Cookies V \$3.19 PER PERSON 220-240 Cal each

Bakery-fresh Brownies v

\$3.69 PER PERSON 250 Cal each

Gourmet Dessert Bars v \$3.69 PER PERSON 200-420 Cal each

Assorted Mini Dessert Parfaits v 180-240 Cal each \$2.29 PER PERSON

Assorted Petit Fours v 60-100 Cal each \$32.79 PER DOZEN

360 Cal slice

New York Cheesecake \$38.99 SERVES 8

#### ORDERING INFORMATION

#### **Lead Time**

Notice of 4 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

#### Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



### **Contact Us Today**

202.808.4898 / 202.662.9476 gucapitolcatering@aramark.com george town capitol campus. cater trax. com

Prices effective until 07/01/2026 Prices may be subject to change

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