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VG VEGAN
V VEGETARIAN

EW EAT WELL

PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$48.19

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 quests or more.

DELICIOUS DAWN

Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Bottled Water	O Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz serving

AM PERK UP

Granola Bars v	100-200 Cal each
Assorted Yogurt Cups	50-100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

POWER UP LUNCH

Tomato and Cucumber Couscous Salad vg	120 Cal/3./5 oz. serving
Orange Fennel Spinach Salad V EW PF	210 Cal/6.5 oz. serving
Bakery-Fresh Dinner Roll with Butter v	200 Cal each
Green Beans Gremolata VG EW PF	70 Cal/3 oz. serving
Three Pepper Pesto Cavatappi (Hot or Chilled) V EW PI	270 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York-Style Cheesecake Iced Tea Iced Water	360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving
	,

PM PICK ME UP

Spinach Dip (Hot Or Chilled) with Tortilla Chips v	250 Cal/2.25 oz. serving
Grilled Vegetable Tray vg EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal each
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$39.89

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 12 guests

MORNING MINI

Mini Muffins v	80-120 Cal each
Mini Danish v	100-140 Cal each
Mini Scones v	100-110 Cal each
Yogurt Parfait Cups v	360-410 Cal each
Bottled Water	0 Cal each
Java City Coffee Decaf and Hot Tea	0 Cal/8 oz serving

THE ENERGIZER

Donut Holes v	45-70 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

IT'S A WRAP

Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	580 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap PF	610 Cal each
Choice of One (1) Salad:	
Traditional Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch v EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad v	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips vG	280 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja vg	20 Cal/1 oz. serving
Salsa Verde v	5 Cal/1 oz. serving
Pico De Gallo vg	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Assorted Whole Fruit VG PF	45-100 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$31.69

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 12 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts

Assorted Bagels v

290-450 Cal each
290-450 Cal each
Orange Juice

120 Cal/8 oz. serving
Bottled Water

0 Cal each
Java City Coffee, Decaf and Hot Tea

0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta
Deli Sliced Ham with Honey Mustard Ciabatta
420 Cal each
Turkey and Swiss Sandwich
Mozzarella, Red Pepper, Balsamic and Kale Ciabatta EW PF
Individual Bag of Chips V
Assorted Craveworthy Cookies V
Bottled Water

500 Cal each
100-160 Cal each
220-240 Cal each
0 Cal each

MID-DAY MUNCHIES

Tortilla Chips vg 280 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roia vg 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Choice of One (1) Fruit Accompaniment: Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Whole Fruit VG PF 45-100 Cal each Assorted Craveworthy Cookies ${f v}$ 220-240 Cal each **Bottled Water** O Cal each Java City Coffee, Decaf and Hot Tea O Cal/8 oz. serving

 $^{*}\mbox{All packages include necessary accompaniments and condiments.}$

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 15 guests or more. All appropriate condiments included.

"TART"INES AND OATS \$17.19

Choice of Two (2) Breakfast Tartines:	
Grilled Asparagus Sweet Potato Tartine, Everything C	ream
Cheese, Asparagus, Balsamic Drizzle V PF	90 Cal each
Grilled Sweet Potato Tartine, Marinated Tomato, Every	/thing
Cream Cheese V PF	80 Cal each
Grilled Sweet Potato Tartine, Everything Cream Chees	e,
Cucumber PF	80 Cal each
Everything-Spiced Salmon Biscuit, Cream Cheese, Cuc	cumber
and Hard-Boiled Egg	370 Cal each
Open Face Avocado Egg Croissant with Sriracha 🗸	250 Cal each
Vegan Breakfast Toast with Avocado, Just® Egg Scran	nble,
Radishes, Scallions and Sriracha vg EW PF	190 Cal each
Strawberry Banana Nutella Toast v	460 Cal each
Choice of Two (2) Overnight Grains: Overnight Bircher Muesli with Apple, Banana	
and Cranberries with Turmeric Infused Granola ${f v}$	270 Cal each
Overnight Coconut Freekeh with Strawberries, Toaste	
Coconut and Honey v	500 Cal each
Dragon Fruit Chia Pudding with Mango, Banana	
and topped with Chia Quinoa Crunch vg EW	190 Cal each
Overnight Strawberry Oatmeal v PF	320 Cal each
Overnight Blueberry Oatmeal v Ew	210 Cal each
Overnight Apple Cinnamon Oatmeal VPF	450 Cal each
Overnight Pear & Pecan Oatmeal v	390 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MINI CONTINENTAL \$12.29

80-120 Cal each
100-140 Cal each
110-140 Cal each
35 Cal/2.5 oz. serving
0 Cal each
0 Cal/8 oz. serving

NEW YORKER \$17.79

NEW TORKER \$17.75	
Assorted Bagels v	290-450 Cal each
Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion and Cream Cheese	280 Cal/9 oz. serving
Seasonal Fresh Fruit Platter VG PF Assorted Fruit Juice Bottled Water Java City Coffee, Decaf and Hot Tea	35 Cal/2.5 oz. serving 100-150 Cal/8 oz. serving 0 Cal each 0 Cal/8 oz. serving

À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam v \$29.99 Per Dozen	290-450 Cal each
Assorted Muffins Served with Butter and Jam v \$32.99 PER DOZEN	360-450 Cal each
Assorted Donuts \$25.99 Per Dozen	240-540 Cal each
Assorted Scones Served with Butter and Jam v \$27.99 PER DOZEN	400-440 Cal each
Whole Fruit VG EW PF \$1.49 EACH	45-100 Cal each
Vegan Zucchini Breakfast Bread vg \$17.49 Serves 12	270 Cal slice

BREAKFAST

HOT BREAKFAST

Java City Coffee, Decaf and Hot Tea

All prices are per person and available for 15 guests or more. All appropriate condiments included.

SUNRISE SANDWICH BUFFET \$14.89

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:	
Egg and Cheese English Muffin	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha	Syrup VPF 450 Cal each
Spicy Southern Chicken Biscuit with Maple Srirach	na Syrup 570 Cal each
Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg	
on a Everything-Spiced Biscuit	370 Cal each
Bacon, Lettuce, Tomato, Avocado and Egg Bagel	420 Cal each

0 Cal/8 oz. serving

FRESH OFF THE GRIDDLE \$15.59

Breakfast Potatoes vg	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Choice of One (1) Griddle Entrée:	
Orange Cinnamon French Toast 🗸	100 Cal each
Silver Dollar Pancakes V	40 Cal each
Belgian Waffles v	90 Cal each
Maple Syrup vg	100 Cal/1 oz. serving
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

SOUTHERN SUNRISE \$16.59

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Shredded Cheddar Cheese v	110 Cal/1 oz. serving
Choice of One (1) Breakfast Meat:	
Country Ham	70 Cal each
Crisp Bacon	60 Cal each
Choice of One (1) Southern-Style Breakfast Entrée:	
Biscuits and Gravy	570 Cal/7 oz. serving
Spicy Chicken 'n Waffle	990 Cal/10.5 oz. serving
Bottled Water	0 Cal each
Java City Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

*All packages include necessary accompaniments and condiments.

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BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 15 guests or more.

YOGURT PARFAITS \$6.29 PER PERSON

Choose Your Favorite:

Blueberry Orange Yogurt Parfait v	400 Cal each
Apple, Raisin and Cranberry Yogurt Parfait V PF	410 Cal each
Honey Ginger Pear Yogurt Parfait v pf	460 Cal each
Strawberry Yogurt Parfait v	360 Cal each

EGGS-TRAVAGANZA \$5.89 PER PERSON

Choice of Two (2) Egg Delights. All Made with Cage-Free Eggs

Choice of Two (2) Egg Delights:

Lorraine Quiche Cup	390 Cal each
Parmesan and Grilled Vegetable Quiche Cup	320 Cal each
Spinach, Tomato and Mushroom Quiche Cup 🗸	310 Cal each
Egg White and Turkey Frittata	280 Cal each
Mushroom, Pepper, Zucchini and Spinach Frittata	150 Cal each
Broccoli, Cheddar and Swiss Frittata v	120 Cal each
Lorraine Egg Bite	290 Cal each
Sausage and Peppers Egg Bite	180 Cal each
Spinach Parmesan Egg White Bite	100 Cal each

REVITALIZING REFRESHERS \$7.29 PER PERSON

Choice of Two (2) Refreshments:

Golden Glow with Lemon, Honey, Ginger, Turmeric,

Cider Vinegar and Water 90 Cal/8 oz. serving

Cranberry Citrus with Cranberry and OJ infused

with Lemon and Honey 70 Cal/8 oz. serving

Mean and Green Juice with Carrot, Apple, Celery,

Cucumber, Kale and Ginger

170 Cal/8 oz. serving

Mixed Berry Juice Apple, Strawberries, Blueberries,

Lemon and Celery

190 Cal/8 oz. serving

Pineapple Kale Juice with Celery, Kale

and Turmeric

170 Cal/8 oz. serving

Mango Honey Basil Sparkler

80 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

 $^*\mbox{All packages include necessary accompaniments and condiments.}$

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

DELI EXPRESS \$24.79

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

80-230 Cal/2-4.5 oz. serving Chicken Salad, or Hummus with Vegetables) Cheese Tray (Cheddar and Swiss) v 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

PREMIUM BOX LUNCHES

Your Choice of Entrée Salad served with a Bakery-Fresh Roll with Butter, Fruit Cup. Dessert Bar, and Bottled Water

Bakery-Fresh Roll with Butter v 200 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert Bar v 200-420 Cal each **Bottled Water** O Cal each

Traditional Caesar Salad with Shredded Parmesan Cheese and Seasoned Croutons served with Caesar Dressing

\$15.89 430 Cal/6 oz. serving

Chicken Cobb Salad with Grilled Chicken, Bacon, Avocado, Egg and Blue Cheese on Salad Greens served

with an Italian Vinaigrette \$19.89 440 Cal/12.25 oz. serving

Asian Grain Bowl with Chicken: Chicken, Red Quinoa, Brown Rice, Kale, Garlic Broccoli. Edamame and Almonds served with Carrot Ginger

Dressing EW PF \$17.89 350 Cal/7.25 oz. serving

CLASSIC BOX LUNCH \$16.99

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 150-770 Cal each Individual Bag of Chips v 100-160 Cal each Assorted Craveworthy Cookies v 220-240 Cal each **Bottled Water** 0 Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$18.79

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips V 100-160 Cal each Choice of Three (3) Classic Sandwiches 150-770 Cal each Assorted Craveworthy Cookies v 220-240 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Bavarian Ham and Swiss on a Pretzel Roll 490 Cal each

Tuna Salad Ciabatta with Fresh Romaine and Sliced

Tomato 500 Cal each

Turkey, Bacon and Cheddar Baguette with a Mesquite Mayonnaise

800 Cal each

Thinly Sliced Pastrami with Slaw and Thousand Island

Dressing on Rye Bread 470 Cal each

Very Veggie Submarine Sandwich with Provolone and

Honey Dijon Dressing v 450 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

THE EXECUTIVE LUNCHEON \$25.89

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

30-240 Cal each Choice of Two (2) Side Salads (pg 10) Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Executive 320-800 Cal each Luncheon Sandwiches

Assorted Craveworthy Cookies v Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water O Cal/8 oz. serving

EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread 720 Cal each Vietnamese Pork Baguette with Cucumber, Pickled Daikon and Carrot, Cilantro, Jalapeno and Mayo 790 Cal each Grilled Salmon, Jalapeno Coleslaw, Arugula, Tomato and Remoulade Wrap 710 Cal each

Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette 680 Cal each

Saucy Turkey Ciabatta with Coleslaw and Swiss Cheese

560 Cal each

220-240 Cal each

Creamy Chicken Salad Croissant with Fresh Dill 680 Cal each

Vegetarian Shawarma with Chickpea and Cauliflower Shawarma, Cucumber, Tomato, Lettuce, Harissa Sauce and Vegan Tzatziki vg EW PF

450 Cal each

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SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette

90 Cal/3.75 oz. serving

Mixed Lettuces, Chickpea, Cucumber and Tomato

90 Cal/3 oz. serving VG EW PF

Arugula Salad with Cauliflower and Beets EW PF 120 Cal/2.5 oz. serving

Chimichurri Potato Salad vg 120 Cal/3.5 oz. serving

Apple Bacon Coleslaw 150 Cal/3.25 oz. serving

Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame

Teriyaki Dressing vg EW PF 25 Cal/3 oz. serving

Greek Pasta Salad tossed with Tomatoes. Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v

80 Cal/3 oz. serving

Roasted Vegetable Pasta Salad v EW PF

200 Cal/3.75 oz. serving

Chickpea Salad with Fresh Cucumbers, Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning vo

150 Cal/3.5 oz. serving

White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette vg EW PF

80 Cal/3.25 oz. serving

THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

PACIFIC COAST COLLECTION \$19.59

Seasonal Fresh Fruit Platter VG PF Traditional Hummus with Pita Chips	35 Cal/2.5 oz. serving
& Fresh Vegetables Tray V PF	230 Cal/5 oz. serving
Choice of Two (2) Salad Platters	
Thai Beef Noodle Salad Platter	320 Cal/6 oz. serving
Sesame Chicken Salad with Mandarin Platter	160 Cal/5 oz. serving
Southwest Kale Salad Platter	220 Cal/5 oz. serving
Teriyaki Salmon Salad Platter	180 Cal/4 oz. serving
Smoky Coconut -Lime Portobello Salad Platter vg PF	70 Cal/4 oz. serving
Plant Forward Street Corn Salad Platter vg Ew	220 Cal/3.3 oz. serving
Assorted Craveworthy Cookies v	220-240 Cal each

FAR EAST FUSION \$25.89

Kimchi	20 Cal/2.1 oz. serving
Carrot Ginger Wedge Salad VG PF	240 Cal/7.4 oz. serving
Choice of Two (2) Dumplings:	
Steamed Edamame Potsticker (2 per guest) v	60 Cal each
Steamed Vegetable Potsticker (2 per guest) v	40 Cal each
Pork Potsticker (2 per guest)	45 Cal each
Choice of Two (2) Sauces:	
Sweet Soy Sauce v	50 Cal/1.25 oz. serving
Sweet & Sour Sauce vg	35 Cal/1 oz. serving
Chili Garlic Sauce vg	110 Cal/1 oz. serving
Gardein® Chick'n Lo Mein Bowl vg PF	470 Cal/10.5 oz. serving
Dan Dan Noodles	410 Cal/8.25 oz. serving
Chili Crisp VG PF	120 Cal/1 oz. serving
Fortune Cookie	20 Cal each

BBQ NATION \$24.49

Choice of One (1) Salad:	
Potato Salad v	240 Cal/4.25 oz. serving
Sweet Potato Salad v pf	290 Cal/3.5 oz. serving
Old-Fashioned Coleslaw VEW	150 Cal/3 oz. serving
Lexington Slaw vg EW PF	30 Cal/2.75 oz. serving
Choice of One (1) Bread:	
Corn Muffin v	220 Cal each
Southern Biscuits v	190 Cal each
Texas Toast v g	120 Cal each
Choice of Two (2) Sides:	
Macaroni and Cheese	210 Cal/4.25 oz. serving
BBQ Pinto Beans	150 Cal/3.5 oz. serving
Black-Eyed Peas	140 Cal/4.5 oz. serving
Bacon & Onion Green Beans PF	90 Cal/4 oz. serving
Choice of Two (2) Entrees:	
Smoked BBQ Pulled Pork	210 Cal/3 oz. serving
Smoked Beef Brisket	170-210 Cal/3 oz. serving
BBQ Spiced Shredded Chicken	160 Cal/3 oz. serving
Nashville BBQ Pulled Pork Sandwich	510 Cal each
BBQ Jackfruit vg pf	150 Cal/3 oz. serving
BBQ Pulled Oats Sandwich vg PF	430 Cal each
Bakery-Fresh Dinner Roll for Sandwiches v	160 Cal each
Choice of Two (2) Sauces:	
Nashville BBQ Sauce	70 Cal/1 oz. serving
Carolina BBQ Sauce vg	20 Cal/1 oz. serving
Texas BBQ Sauce	50 Cal/1 oz. serving
Alabama BBQ Sauce v	160 Cal/1 oz. serving
Sweet Baby Ray's BBQ Sauce vg	170 Cal/1 oz. serving
Assorted Craveworthy Cookies v	220-240 Cal each



THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

MI COMIDA \$22.89

Choice of Two (2) Sides:	
Sweet Plantain vg	70 Cal each
Seasoned Black Beans PF	90 Cal/4 oz. serving
Crispy Yuca Fries vg	150 Cal/3.5 oz. serving
Pinto Beans EW PF	100 Cal/4.3 oz. serving
Puerto Rican Mashed Plantains	230 Cal/4 oz. serving
Brazilian Collard Greens vg EW PF	30 Cal/2 oz. serving
Choice of One (1) Base:	
Chopped Salad vg PF	20 Cal/3 oz. serving
Yellow Rice vg EW	120 Cal/3.5 oz. serving
Quinoa vg ew pf	130 Cal/3 oz. serving
Choice of One (1) Protein:	
Puerto Rican Roasted Pork	350 Cal/3.5 oz. serving
Cuban Picadillo	400 Cal/4.25 oz. serving
Peruvian Chicken EW	410 Cal/7.25 oz. serving
Mojo Shrimp	120 Cal/3 oz. serving
Plant Forward Pastelon v	220 Cal/7.75 oz. serving
Choice of Two (2) Salsas/Sauce:	
Salsa Criolla v	15 Cal/1 oz. serving
Salsa Pebre v	5 Cal/1 oz. serving
Mojo Dressing vg	110 Cal/1 oz. serving
Peruvian Green Sauce v	160 Cal/1 oz. serving
Spicy Mayonnaise	140 Cal/1 oz. serving
Tres Leche Parfait v	710 Cal each

SPRING FLING \$24.59

Choice of Two (2) Sides:

Asian Edamame Salad V EW PF	130 Cal/3 oz. serving
Red Quinoa & Pickled Onion Salad V EW PF	50 Cal/2 oz. serving
Arugula Salad with Cauliflower and Beets EW PF	120 Cal/2.5 oz. serving
Asparagus, Mushroom & Farro Caesar EW PF	110 Cal/4 oz. serving
Roasted Red Potatoes vg	100 Cal/2.75 oz. serving
Asparagus Vegetable Sauté vg EW PF	60 Cal/4 oz. serving
Choice of Two (2) Entrées:	
Grilled BBQ Pork Chops EW	180 Cal each
Grilled Montreal Cod EW	110 Cal/3 oz. serving
Crispy Five Spice Tofu vg EW PF	340 Cal/5 oz. serving
Eggplant Meatball vg ew pf	50 Cal each
Beef Tri-Tip Chimichurri	200 Cal/3 oz. serving
Grilled Peri Peri Chicken EW	140 Cal/3 oz. serving
Choice of Two (2) Sauces:	
Chimichurri Mayonnaise V	150 Cal/1 oz. serving
Green Chile Relish v	15 Cal/1 oz. serving
Chermoula Crema v	40 Cal/1 oz. serving
Harissa Aioli v	160 Cal/1 oz. serving
Peri Peri Sauce v g	40 Cal/1 oz. serving
Chocolate Chip Cookie Brownies V	280 Cal each

THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

PASTA TRIO BUFFET \$19.89

Caesar Salad	240 Cal/5.5 oz. serving
Garlic Breadsticks v	110 Cal each
Manicotti Marinara	140 Cal each
Chicken and Broccoli Ravioli EW	350 Cal/8.75 oz. serving
Rigatoni and Meat Balls	290 Cal/7.5 oz. serving
Assorted Dessert Bars v	200-420 Cal each
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

REPUBLIC OF SPICE \$21.89

KE: 022:0 0: 0: 102 42:103	
Kachumber Salad VG EW PF	40 Cal/3.9 oz. serving
Tikka Chaat Salad vg ew pf	70 Cal/3 oz. serving
Curry-Spiced Naan v	450 Cal each
Choice of One (1) Base:	
Brown Rice vg EW	100 Cal/2.75 oz. serving
Lemon-Ginger Basmati Rice v	170 Cal/3.25 oz. serving
Choice of One (1) Vegetarian Entrée:	
Sweet Potato Coconut Curry VG PF	150 Cal/4 oz. serving
Cauliflower Cashew Vindaloo vg PF	110 Cal/3.5 oz. serving
Yellow Dal vg ew pf	110 Cal/4.25 oz. serving
Choice of One (1) Entrée:	
Kadai Jhinga Masala (Shrimp Curry)	120 Cal/4.5 oz. serving
Tandoori Chicken EW	140 Cal/3 oz. serving
Butter Chicken	220 Cal/4 oz. serving
Pickled Red Onion v	10 Cal/0.5 oz. serving
Shredded Carrot vg	10 Cal/1 oz. serving
Cilantro vg	0 Cal/0.125 oz. serving
Choice of Two (2) Sauces:	
Mango Chutney v	45 Cal/1 oz. serving
Cucumber Mint Raita v	15 Cal/1 oz. serving
Tomato-Onion Chutney v	140 Cal/2 oz. serving
Honey Lemon Rice Pudding v	200 Cal/4.25 oz. serving

HEARTLAND BUFFET \$24.59

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette 90 Cal/3.75 oz. serving Bakery-Fresh Dinner Roll with Butter **v** 200 Cal each Fresh Herbed Vegetables **VG EW PF** 100 Cal/3.5 oz. serving Roasted New Potatoes vg 110 Cal/2.75 oz. serving Eggplant Parmesan VPF 390 Cal/7.7 oz. serving Grilled Lemon Rosemary Chicken EW 130 Cal/4 oz. serving Cookies & Cream Blondie v 270 Cal each

BAKED POTATO BAR \$17.99

Traditional Garden Salad with Balsamic Vinaigrette	
and Ranch V EW PF	50 Cal/3.5 oz. serving
Baked Potatoes vg	220 Cal each
Chicken Mushroom Alfredo	50 Cal/1 oz. serving
Chili Con Carne	60 Cal/2 oz. serving
Vegetarian Chili vg EW PF	30 Cal/2 oz. serving
Steamed Broccoli vg PF	20 Cal/2 oz. serving
Bacon Bits	70 Cal/0.5 oz. serving
Shredded Cheddar Cheese v	110 Cal/1 oz. serving
Scallions vG	0 Cal/0.25 oz. serving
Sour Cream v	60 Cal/1 oz. serving
Butter v	35 Cal each
Choice of One (1) Dessert:	
Apple Cobbler v	360 Cal/4.75 oz. serving
Apple Pie vg	410 Cal/slice
Add on Cheddar Cheese Sauce v	40 Cal/1 oz. serving

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS

Traditional Garden Salad with Balsamic Vinaigrette and Ranch v EW PF	45 Cal/3.5 oz. serving
Seared Vegan Caesar Wedge Salad vg EW PF	80 Cal/3 oz. serving
Kale Salad with Blue Cheese, Raisins and Red Onion and a Lemon Vinaigrette EW PF	100 Cal/1.5 oz. serving
Mandarin Cranberry Salad v EW	130 Cal/4 oz. serving
Antipasto Salad PF	130 Cal/4 oz. serving
Traditional Hummus with Pita Chips & Fresh Vegetables v	150 Cal/1.75 oz. serving

BUFFET ENTREES	
Fried Chicken with Buttermilk Hot Sauce \$25.19	440 Cal/5.75 oz. serving
Grilled Peri-Peri Chicken \$21.99	140 Cal/3 oz. serving
Slow-Roasted Butterball* Turkey Breast Rubbed with Sage and Thyme \$22.99	170 Cal/3 oz. serving
Honey Mustard Pork Loin \$22.49	270 Cal/4 oz. serving
Grilled Salmon in a Moroccan Herb Sauce \$22.69	130 Cal/2.75 oz. serving
Blackened Catfish \$25.49	180 Cal/5 oz. serving
Beef Pot Roast with Dijon Shallot Sauce \$25.99	340 Cal/5 oz. serving
Beef Tri-Tip Chimichurri \$24.59	200 Cal/3 oz. serving
Homestyle Beef Lasagna \$23.99	330 Cal/5 oz. serving
Vegetable Lasagna Alfredo \$25.59	470 Cal/11 oz. serving
Cavatappi A La Toscana with Zucchini, Spinach, Tomato and White Beans in a Pepper-Garlic Sauce	

410 Cal/15.75 oz. serving

BUFFET SIDES

Pan Roasted Vegetables V PF	45 Cal/3 oz. serving
Chili-Garlic Green Beans VG EW PF	70 Cal/4 oz. serving
Grilled Asparagus VG EW PF	20 Cal/3 oz. serving
Herb-Roasted Mushrooms VG EW PF	90 Cal/3 oz. serving
Mushroom Farro V PF	170 Cal/4 oz. serving
Chimichurri Roasted Carrots VG EW PF	170 Cal/7.25 oz. serving
Creamy Garlic Mashed Potatoes v	120 Cal/3.75 oz. serving
Roasted Red Potatoes vg	100 Cal/2.75 oz. serving
Savory Herbed Rice vg	150 Cal/3.5 oz. serving
Penne with Marinara Sauce vg	290 Cal/3 oz. serving
Macaroni and Cheese	210 Cal/4.25 oz. serving
Broccoli Mac and Cheese	200 Cal/4.15 oz. serving

BUFFET FINISHES

Berry Panna Cotta	340 Cal each
Red Velvet Thimble Cake v	90 Cal each
Salted Caramel Thimble Cake v	140 Cal each
Spiced Carrot Cake v	350 Cal slice
Chocolate Cake v	320 Cal slice
Aquafaba Chocolate Mousse ${f v}$	250 Cal each

*All packages include necessary accompaniments and condiments.

needs vary. Additional nutrition information is available upon request.

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VEW PF \$20.79

RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Franks in a Blanket \$24.59	45 Cal each
Swedish Meatballs \$18.49	100 Cal each
Chicken Empanadas \$29.99	70 Cal each
Chili-Lime Chicken Kabobs \$31.59	40 Cal each
Tandoori Chicken \$24.89	35 Cal each
Sweet & Spicy Boneless Chicken Wings \$29.79	150 Cal each
Brie and Raspberry en Croute v \$35.89	140 Cal each
Balsamic Fig & Goat Cheese Flatbread \$31.69	80 Cal each
Spanakopita v \$26.59	60 Cal each
Buffalo Cauliflower Wings vg EW PF \$22.49	25 Cal/1.75 oz. serving
Potato and Onion Pakoras with Cilantro Chutney vg Ew PF	
\$18.89	40 Cal each
Lamb Kofta Meatballs \$31.69	90 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Tenderloin and Bacon Jam Crostini \$32.99	130 Cal each
Ricotta and Fig Flatbread v \$22.89	70 Cal each
Mediterranean Antipasto Skewers \$34.89	60 Cal each
Hot Miso Honey Root Vegetable Skewers vg Ew PF \$18.89	100 Cal each
Gazpacho Shooters vg EW PF \$23.49	30 Cal/2 oz. serving
Middle Eastern Chickpea Toast Points v Ew \$20.39	80 Cal each
Tuna Poke Crisps EW \$24.49	80 Cal each
Smoked Salmon Mousse Cucumber Rounds \$32.99	100 Cal each
Candied Bacon Topped Deviled Eggs \$22.39	80 Cal each

UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 15 guests or more.

CLASSIC CHEESE TRAY \$62.19 SERVES 12

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Crackers, Pita Chips and

300 Cal/2.75 oz. serving

SEASONAL FRESH FRUIT PLATTER \$43.29 SERVES 12

Seasonal Fresh Fruit vg PF

35 Cal/2.5 oz. serving

CHEF CURATED CHARCUTERIE BOARD MARKET PRICE SERVES 12

Chef Curated Charcuterie Board

Calories Vary Per Assortment

HOUSEMADE SPINACH DIP SERVED WITH FRESH PITA CHIPS \$36.99 SERVES 12

Housemade Spinach Dip served with Fresh Pita

230 Cal/2.25 oz. serving

FLATBREAD CRISPS \$29.99 SERVES 12

Flatbread Crisps served with Hummus, Harissa and Tzatziki **V PF**

430 Cal/6.15 oz. serving

*All packages include necessary accompaniments and condiments.

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RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 15 guests or more.

MEZZE DELIGHT \$16.89

Pita Chips v	160 Cal/2 oz. serving
Traditional Hummus VG PF	330 Cal/4.5 oz. serving
Baba Ghanoush vg pf	90 Cal/4 oz. serving
Tabbouleh Salad vg Ew	120 Cal/3.5 oz. serving
Marinated Olives VG PF	150 Cal/2.75 oz. serving
Seasonal Vegetables vg EW PF	70 Cal/3 oz. serving
Baked Falafel vg PF	45-260 Cal each

SOFT PRETZEL BAR \$6.89

Hot Pretzels vg	180 Cal each
Choice of Three (3) Dipping Sauces:	
Honey Mustard Sauce v	50 Cal/1 oz. serving
Spicy Mustard Sauce vg	60 Cal/1 oz. serving
Yellow Mustard Sauce vg	25 Cal/1 oz. serving
Nacho Cheese Sauce v	40 Cal/1 oz. serving
Vegan Cheddar Cheese Sauce vo	60 Cal/1 oz. serving
Cajun Cheese Sauce v	60 Cal/1 oz. serving
Buffalo Blue Sauce	30 Cal/1 oz. serving
Chocolate Sauce vG	80 Cal/1 oz. serving
Caramel Sauce v	120 Cal/1 oz. serving

SLIDE INTO HOME \$12.49

Choice of Three (3) Sliders:	
Grilled Veggie Sliders VG PF	110 Cal each
Bacon-Blue Meatball Sliders	220 Cal each
Ham and Cheese Sliders	160 Cal each
Spicy Cauliflower Slider VG PF	170 Cal each
Shredded Pork and Slaw Sliders	300 Cal each
Cheeseburger Sliders	250 Cal each
Sriracha Fried Chicken Sliders	390 Cal each

BREAKS

All prices are per person and available for 12 guests or more.

BREADS AND SPREADS \$7.79

Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Tortilla Chips vg	280 Cal/3 oz. serving
Pita Chips V	160 Cal/2 oz. serving
Crostini vg EW	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole vg PF	70 Cal/2 oz. serving
Ginger Verde Guacamole vg PF	70 Cal/2 oz. serving
Chilled Spinach Dip v	200 Cal/2.25 oz. serving
Feta and Roasted Garlic Dip v	270 Cal/2 oz. serving
Traditional Hummus VG PF	330 Cal/4.5 oz. serving
Artichoke and Olive Dip v	140 Cal/2 oz. serving

FEEL LIKE A KID AGAIN \$7.79

Marshmallow Cereal Bars	210 Cal each
Goldfish® Crackers v	260 Cal/2 oz. serving
Milk	120 Cal/8.75 oz. serving
Chocolate Syrup vg	80 Cal/1 oz. serving
Strawberry Syrup vg	80 Cal/1 oz. serving

COFFEE BREAK \$6.49

Assorted Craveworthy Cookies v 220-240 Cal each Java City Coffee, Decaf and Hot Tea O Cal/8 oz. serving

HOT CHOCOLATE BAR \$4.09

Hot Chocolate Bar with Assorted Toppings and Mix-Ins 160-320 Cal/8 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Includes appropriate accompaniments

Hot Water with Assorted Tea Bags

\$20.99 PER GALLON

Java City Regular Coffee \$25.19 Per Gallon O Cal/8 oz. serving

Java City Decaffeinated Coffee \$25.19 Per Gallon 0 Cal/8 oz. serving

Cold Brew Coffee \$32.59 Per Gallon 0 Cal/8 oz. serving

Apple Cider \$28.29 Per Gallon 160 Cal/8 oz. serving

Iced Tea \$18.89 Per Gallon 0 Cal/8 oz. serving

Lemonade \$18.89 Per Gallon 90 Cal/8 oz. serving

Assorted Sodas (Can) \$1.49 Each 0-150 Cal each

Bottled Water \$1.49 Each O Cal/8 oz. serving

Infused Water \$11.59 Per Gallon
Choice of One (1) Fruit Infused Water

Choice of One (1) Fruit Infused Water: Lemon Infused Water

Lemon Infused Water0 Cal/8 oz. servingOrange Infused Water10 Cal/8 oz. servingApple Infused Water20 Cal/8 oz. servingCucumber Infused Water0 Cal/8 oz. servingGrapefruit Infused Water20 Cal/8 oz. serving

Strawberry Basil Infused Lemonade

\$21.69 Per Gallon 130 Cal/8 oz. serving

Hibiscus Iced Tea \$21.69 Per Gallon 80 Cal/8 oz. serving

DESSERTS

Assorted Craveworthy Cookies ${\bf v}$

\$19.89 PER DOZEN

220-240 Cal each

O Cal/8 oz. serving

Assorted Dessert Bars ${\bf v}$

\$22.89 PER DOZEN

200-420 Cal each

Custom Artisan Cupcakes **v** \$27.69 Per Dozen

180-480 Cal each

Assorted Petit Fours **v**

\$27.69 PER DOZEN

60-100 Cal each

Berry Panna Cotta \$43.29 Per Dozen

340 Cal each

ORDERING INFORMATION

Lead Time

Notice of 3 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

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VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



Contact Us Today

540.887.7090 / 336.413.0041 MBUCatering@aramark.com froelich-christian@aramark.com https://mbu.catertrax.com/

Prices effective until 07/01/2026 Prices may be subject to change

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