**Bennington College Catering** 

## EVENT MENU





# Inspired Experiences.

## **CULINARY FORWARD**

Our food is locally sourced and globally inspired to connect you with community and fuel your best work.

## THOUGHTFUL HOSPITALITY

Our people are genuine, passionate, and empowered to do what it takes to make your moment special.

## **PEOPLE & PLANET**

Our common goodness considers the environmental, social, ethical and economic impact of everything we do.

## **INSPIRED EXPERIENCES**

Our experiences create connection and culture, bringing desired and inspired spaces to life.

## WHAT'S INSIDE

Page 4: All-Day Packages

Page 6: Breakfast

Page 9: Sandwiches & Salads

Page 11: Buffets

Page 15: Receptions

Page 18: Beverages & Desserts

VG VEGAN

EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



## **All-Day Packages**

Choose one of these 3 packages to sustain you throughout the day.

## **ALL DAY DELICIOUS \$56.19**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 15 guests or more.

### **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## **AM PERK UP**

Granola Bars <b>v</b>	100-200 Cal each
Assorted Yogurt Cups	50-100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

### **POWER UP LUNCH**

Tomato and Cucumber Couscous Salad <b>vg</b>	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW PF	210 Cal/6.5 oz. serving
Bakery-Fresh Dinner Roll with Butter <b>v</b>	200 Cal each
Green Beans Gremolata <b>vg EW PF</b>	70 Cal/3 oz. serving
Three Pepper Pesto Cavatappi (Hot or Chilled) V EW PF	270 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with	
a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York-Style Cheesecake	360 Cal/slice
Iced Tea	O Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

## PM PICK ME UP

Spinach Dip (Hot Or Chilled) with Tortilla Chips <b>v</b>	250 Cal/2.25 oz. serving
Grilled Vegetable Tray <b>vg EW PF</b>	70 Cal/3 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## **MEETING WRAP UP \$44.39**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 15 guests

### **MORNING MINI**

Mini Muffins <b>v</b>	80-120 Cal each
Mini Danish <b>v</b>	100-140 Cal each
Mini Scones v	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	360-410 Cal each
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## THE ENERGIZER

Donut Holes <b>v</b>	45-70 Cal each
Ripe Bananas <b>vg EW PF</b>	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	O Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

### IT'S A WRAP

Seasonal Fresh Fruit Salad <b>vg PF</b>	35 Cal/2.5 oz. serving
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	580 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap PF	610 Cal each
Choice of One (1) Salad:	
Traditional Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch <b>v EW PF</b>	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>vg</b>	120 Cal/3 oz. serving
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### **MID-DAY MUNCHIES**

Tortilla Chips <b>vg</b>	280 Cal/ 3 Oz. Serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Assorted Whole Fruit <b>VG PF</b>	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## **All-Day Packages**

## **SIMPLE PLEASURES \$34.99**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 15 guests or more.

### SIMPLE CONTINENTAL

Assorted Donuts

Assorted Bagels v

290-450 Cal each
290-450 Cal each
Orange Juice

120 Cal/8 oz. serving
Iced Water

Mocha Joe's Coffee, Decaf, and Harney & Sons Tea

240-540 Cal each
290-450 Cal each
120 Cal/8 oz. serving
0 Cal/8 oz. serving

### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 500 Cal each
Deli Sliced Ham with Honey Mustard Ciabatta 420 Cal each
Turkey and Swiss Sandwich 520 Cal each
Mozzarella, Red Pepper, Balsamic and Kale Ciabatta EW PF 500 Cal each
Individual Bag of Chips V 100-160 Cal each
Assorted Craveworthy Cookies V 220-240 Cal each
Bottled Water 0 Cal each

## **MID-DAY MUNCHIES**

Tortilla Chips vg 280 Cal/3 oz. serving Choice of Two (2) Salsas: 20 Cal/1 oz. serving Salsa Roja vo Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Choice of One (1) Fruit Accompaniment: Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Whole Fruit VG PF 45-100 Cal each Assorted Craveworthy Cookies v 220-240 Cal each Iced Water O Cal/8 oz. serving Mocha Joe's Coffee, Decaf, and Harney & Sons Tea O Cal/8 oz. serving

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## **Breakfast**

## **BREAKFAST COLLECTIONS**

All prices are per person and available for 15 guests or more. All appropriate condiments included.

## "TART"INES AND OATS \$17.19

Chaire of True (2) Development Tentinger	
Choice of Two (2) Breakfast Tartines:	
Grilled Asparagus Sweet Potato Tartine, Everything Cre	
Cheese, Asparagus, Balsamic Drizzle VPF	90 Cal each
Grilled Sweet Potato Tartine, Marinated Tomato, Everyt	
Cream Cheese <b>V PF</b>	80 Cal each
Grilled Sweet Potato Tartine, Everything Cream Cheese	2,
Cucumber PF	80 Cal each
Everything-Spiced Salmon Biscuit, Cream Cheese, Cucu	umber
and Hard-Boiled Egg	370 Cal each
Open Face Avocado Egg Croissant with Sriracha v	250 Cal each
Vegan Breakfast Toast with Avocado, Just® Egg Scram	ble,
Radishes, Scallions and Sriracha vg EW PF	190 Cal each
Strawberry Banana Nutella Toast <b>v</b>	460 Cal each
Choice of Two (2) Overnight Grains:	
Overnight Bircher Muesli with Apple, Banana	
and Cranberries with Turmeric Infused Granola <b>v</b>	270 Cal each
Overnight Coconut Freekeh with Strawberries, Toasted	
Coconut and Honey <b>v</b>	500 Cal each
Dragon Fruit Chia Pudding with Mango, Banana	
and topped with Chia Quinoa Crunch VG EW	190 Cal each
Overnight Strawberry Oatmeal <b>V PF</b>	320 Cal each
Overnight Blueberry Oatmeal <b>v EW</b>	210 Cal each
Overnight Apple Cinnamon Oatmeal VPF	450 Cal each
Overnight Pear & Pecan Oatmeal <b>v</b>	390 Cal each
	35 Cal/2.5 oz. serving
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	O Cal/8 oz. serving
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BASIC	BEG	INNIN	GS S	10.99
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Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## **MINI CONTINENTAL \$12.99**

Mini Muffins <b>v</b>	80-120 Cal each
Mini Danish <b>v</b>	100-140 Cal each
Mini Bagels <b>v</b>	110-140 Cal each
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Iced Water	O Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	O Cal/8 oz. serving

## À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam v \$4.09 Per Person	290-450 Cal each
Assorted Bagels with Butter, Cream Cheese and Jam <b>v \$28.79 Per Dozen</b>	290-450 Cal each
Assorted Muffins Served with Butter and Jam <b>v</b> \$4.09 Per Person	360-450 Cal each
Buttery Croissants Served with Butter and Jam \$4.09 Per Person	370 Cal each
Buttery Croissants Served with Butter and Jam \$28.79 Per Dozen	370 Cal each
Assorted Scones Served with Butter and Jam <b>v</b> \$4.09 Per Person	400-440 Cal each
Assorted Pastries v \$4.09 Per Person	210-530 Cal each
Assorted Pastries v \$28.79 Per Dozen	210-530 Cal each
Assorted Greek Yogurt Cups <b>v \$3.19</b>	90-110 Cal each

## **Breakfast**

## **HOT BREAKFAST**

All prices are per person and available for 15 guests or more. All appropriate condiments included.

## **ULTIMATE BREAKFAST \$17.89**

Choice of Three (3) Breakfast Pastries:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Breakfast Potatoes <b>vg</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cheddar and Onion Frittata v	260 Cal each
Pancakes v	50 Cal each
Maple Syrup <b>vg</b>	100 Cal/1 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

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## **AMERICAN BREAKFAST \$15.59**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Breakfast Potatoes <b>vg</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## **EARLY BIRD BRUNCH \$17.89**

Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Parmesan Peppercorn Hash Browns EW	90 Cal/3.25 oz. serving
Pick your Egg Dish (2):	200 0 1/0 05
Three Cheese & Ham Strata	290 Cal/6.25 oz. serving
Asparagus, Spinach & Feta Strata	300 Cal/ 7oz. Serving
Spinach Parmesan Egg White Bite	290 Cal each
Lorraine Egg Bite	100 Cal each
Pick your Proteins (1):	80 Cal each
Maple Chipotle Bacon	90 Cal each
Turkey Sausage Patty	
Incogmeato™ Sausage Patty <b>vg</b>	150 Cal each
Select One (1) Toast Station: Sweet Toast Station:	
Grilled Baguette Slices <b>vg</b>	100 Cal each
Ricotta Cheese v	40 Cal/1 oz. serving
Honey V	50 Cal/0.5 oz. serving
Strawberry Preserves <b>vg</b>	80 Cal/1 oz. serving
Blueberries <b>vg</b>	15 Cal/1 oz. serving
Sliced Almonds vg	170 Cal/1 oz. serving
Chia Quinoa Crunch <b>vg</b>	120 Cal/1 oz. serving
Savory Toast Station:	120 Caly 1 02. sel VIIIg
Grilled Baguette Slices <b>vg</b>	100 Cal each
Dressed Rocket Greens PF	40 Cal/1.4 oz. serving
Smashed Avocado Spread <b>vg</b>	40 Cal/1 oz. serving
Avocado Pea Spread <b>vg</b>	40 Cal/1 oz. serving
Grape Tomatoes vg	10 Cal/1 oz. serving
Sliced Radish vg	5 Cal/1 oz. serving
Pickled Red Onion vg PF	25 Cal/1 oz. serving
Green Scallions	O Cal/0.5 oz .serving
Add Cheese (1):	3
Feta Cheese Crumbles <b>v</b>	80 Cal/1 oz. serving
Crumbled Goat Cheese <b>v</b>	80 Cal/1 oz. serving
Spice it Up:	
Crushed Red Pepper vg	25 Cal/0.025 oz. serving
Everything Spice <b>vg</b>	25 Cal/0.025 oz. serving
Iced Water	O Cal/8 oz. serving
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply



## **Breakfast**

## **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 15 guests or more.

## **MEDITERRANEAN BRUNCH DISPLAY \$49.49 PER 12**

Display of Pita, Hummus, Hard-Boiled Egg, Feta, Dolma, Olives, Tzatziki, Olive Oil, Date-Pecan Dip and Lemon **PF** 

350 Cal/5.3 oz. serving

## LOX AND BAGELS \$16.99 PER PERSON

Bagels v 290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered Red Onion, and Cream Cheese

280 Cal/9 oz. serving

## **TRADITIONAL SANDWICHES \$7.99 PER PERSON**

Choice of Two (2) Sunrise Breakfast Sandwiches:

Egg and Cheese English Muffin 270 Cal each Egg and Cheese Croissant 370 Cal each Sausage, Egg and Cheese Biscuit 490 Cal each Ham, Egg and Cheese Biscuit 450 Cal each Bacon, Egg and Cheese Bagel 410 Cal each Spicy Bacon, Egg, Potato and Cheese Burrito 600 Cal each Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup VPF 450 Cal each Spicy Southern Chicken Biscuit with Maple Sriracha Syrup 570 Cal each

Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard Boiled Egg on

an Everything-Spiced Biscuit 370 Cal each

Bacon, Lettuce, Tomato, Avocado and Egg Bagel 420 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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## **Sandwiches & Salads**

## CLASSIC COLLECTIONS

All prices are per person and available for 15 guests or more.

### **DELI EXPRESS \$17.69**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Individual Bags of Chips <b>v</b>	100-160 Cal each
Assorted Baked Breads and Rolls <b>v</b>	110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

Chicken Salad, or Hummus with Vegetables) 80-230 Cal/2-4.5 oz. serving Cheese Tray (Cheddar and Swiss) v 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

10 Cal/1 oz. serving Pepperoncini) vg Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

### PREMIUM BOX LUNCHES

Your Choice of Entrée Salad served with a Bakery-Fresh Roll with Butter, Fruit Cup. Dessert Bar, and Bottled Water

Bakery-Fresh Roll with Butter v 200 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert Bar v 200-420 Cal each **Bottled Water** O Cal each

Traditional Caesar Salad with Grilled Chicken, Shredded Parmesan Cheese and Seasoned Croutons served with

Caesar Dressing \$20.99 320 Cal/7.25 oz. serving

Fresh Baby Spinach and Apple Salad with Grilled Chicken Breast, Crumbled Goat Cheese, Diced Bacon and

540 Cal/10.5 oz. serving Country Apple Dressing \$20.99

Chicken, Blue Cheese and Pear Salad: Grilled Lemon Chicken on a Salad of Pear, Blue Cheese, Walnuts, Crisp

Greens and Dijon Vinaigrette \$20.99 620 Cal/13.5 oz. serving

## **CLASSIC BOX LUNCH \$16.49**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below)	150-770 Cal each
Individual Bag of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bottled Water	O Cal each

### **CLASSIC SELECTIONS SANDWICH BUFFET \$20.39**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Classic Sandwiches 150-770 Cal each Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages: 90 Cal/8 oz. serving Lemonade Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Arugula and Prosciutto Baguette 610 Cal each Bavarian Ham and Swiss on a Pretzel Roll 490 Cal each Roast Beef and Cheddar Sandwich 410 Cal each Turkey, Bacon and Cheddar Baguette with a Mesquite

Mayonnaise Italian Sub with Fresh Lettuce, Tomato, Onion and

610 Cal each Herbal Honey Dijon Sauce

Additional premium box lunch options available upon request! Please contact your catering professional.

800 Cal each

## **Sandwiches & Salads**

## **CLASSIC COLLECTIONS**

All prices are per person and available for 15 guests or more.

### **THE EXECUTIVE LUNCHEON \$23.79**

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
Dill Pickle Slices vg	5 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	320-800 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

## **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Swiss Ciabatta with a Red Onion Apricot Relish	510 Cal each
Vietnamese Pork Baguette with Cucumber, Pickled Daikon and Carrot, Cilantro, Jalapeno and Mayo	790 Cal each
Roast Beef, Caramelized Onion and Kale Ciabatta	440 Cal each
Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli	610 Cal each
Creamy Chicken Salad Croissant with Fresh Dill	680 Cal each
Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub	490 Cal each
Garden Vegetable Ciabatta with Boursin, Aged Provolone and Roasted Garlic Aioli <b>v</b>	600 Cal each

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### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic	
Vinaigrette Dressing and Ranch VEW PF	45 Cal/3.5 oz. serving
Chimichurri Potato Salad <b>vg</b>	120 Cal/3.5 oz. serving
Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing <b>V EW</b>	170 Cal/3.5 oz. serving
Creamy Vegan Coleslaw VG EW PF	80 Cal/3 oz. serving
Sweet Chili Cucumber Salad with Red Onion, Fresh Cilantro and a Sweet and Spicy Chili Sauce <b>YG EW</b> <b>PF</b>	20 Cal/3 oz. serving
Fresh Fruit Salad <b>vg PF</b>	35 Cal/2.5 oz. serving
Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions <b>VG PF</b>	190 Cal/3 oz. serving
Grilled Vegetable Pasta Salad with a Balsamic Dressing <b>vg</b>	120 Cal/3 oz. serving
Chickpea Salad with Fresh Cucumbers, Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning <b>VG</b> <b>EW PF</b>	150 Cal/3.5 oz. serving
Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic <b>v6</b>	110 Cal/4 oz. serving

## THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## **PACIFIC COAST COLLECTION \$18.99**

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Traditional Hummus with Pita Chips	
& Fresh Vegetables Tray <b>V PF</b>	230 Cal/5 oz. serving
Choice of Two (2) Salad Platters	
Thai Beef Noodle Salad Platter	320 Cal/6 oz. serving
Sesame Chicken Salad with Mandarin Platter	160 Cal/5 oz. serving
Southwest Kale Salad Platter	220 Cal/5 oz. serving
Teriyaki Salmon Salad Platter	180 Cal/4 oz. serving
Smoky Coconut -Lime Portobello Salad Platter vg PF	70 Cal/4 oz. serving
Plant Forward Street Corn Salad Platter <b>vg Ew</b>	220 Cal/3.3 oz. serving
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each

## **TASTE OF OLD COUNTRY \$26.69**

Dill Pickle Soup with Bacon	190 Cal/8 oz. serving
Buttery Potato Cheddar Pierogis with Sautéed	
Onions and Garlic <b>v</b>	100 Cal each
Roasted Root Vegetables VG EW PF	60 Cal/2 oz. serving
Sour Cream v	60 Cal/1 oz. serving
Sauerkraut VG PF	20 Cal/3.5 oz. serving
Grilled Kielbasa	400 Cal/3.5 oz. serving
Assorted Craveworthy Cookies v	220-240 Cal each

## **NORTH BY NORTHWEST \$24.59**

Kale Salad with Blue Cheese, Raisins and Red Onion and a Lemon Vinaigrette EW PF	100 Cal/2 oz. serving
Bakery-Fresh Dinner Roll with Butter <b>v</b> Potatoes au Gratin <b>v</b> Roasted Brussels Sprouts <b>vg EW PF</b>	200 Cal each 180 Cal/4.25 oz. serving 35 Cal/2 oz. serving
Grilled Portobello stuffed with Vegan Cheese, Peppers, Onion, and Vegan Chorizo <b>VG PF</b>	330 Cal each
Maple Dijon Salmon Lemon Garlic Aioli <b>v</b>	270 Cal/3.25 oz. serving 190 Cal/1 oz. serving
Individual Blackberry Cobbler Dusted with Cinnamon Sugar <b>v</b>	320 Cal each





## THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## **CURRY AND SPICE \$30.79**

k	(achumber Salad <b>vg Ew PF</b>	40 Cal/3.9 oz. serving
P	Potato Samosa <b>v</b>	180 Cal each
L	emon-Ginger Basmati Rice <b>vg</b>	170 Cal/3.25 oz. serving
S	Sweet Potato Coconut Curry VG PF	150 Cal/4 oz. serving
E	Butter Chicken	220 Cal/4 oz. serving
(	Ginger-Spiced Rice Pudding <b>v</b>	190 Cal/4.5 oz. serving

## **GLOBAL STREET TACOS \$26.39**

Tortilla Chips <b>v</b> <sub>G</sub>	280 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Salsa Roja <b>vg</b>	20 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Cumin Black Beans VG EW PF	90 Cal/3 oz. serving
Choice of One (1) Rice:	
Cilantro Lime White Rice <b>v</b>	120 Cal/3 oz. serving
Cilantro Lime Brown Rice <b>VG EW</b>	140 Cal/3.5 oz. serving
Mexican Rice vg	130 Cal/3 oz. serving
Choice of Two (2) Tacos:	
Korean Pork Taco with Kimchi	230 Cal each
Korean Shrimp Taco with Crema Fresca	
and Shredded Slaw	210 Cal each
Spicy Fish Taco with Watermelon Salsa	
and Spicy Slaw	160 Cal each
Green Chili Chicken Taco	210 Cal each
Black Bean and Kale Taco vg EW PF	180 Cal each
Mango Chicken Taco EW	270 Cal each
Roasted Vegetable Taco <b>VG EW PF</b>	200 Cal each
Cinnamon Sugar Cookies v	240 Cal each

## THEMED BUFFETS

All prices are per person and available for 15 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## **CLASSIC PIZZA \$23.09**

Traditional Garden Salad with Balsamic Vinaigrette	
and Ranch V EW PF	50 Cal/3.5 oz. serving
Kettle Chips <b>v</b>	190 Cal/1.25 oz. each
Choice of Three (3) Pizzas:	
Traditional New York-Style Cheese Pizza Slices <b>v</b>	250 Cal/slice
Meat Lover's Pizza Slices	460 Cal/slice
Garden Vegetable Pizza Slices	270 Cal/slice
Pepperoni Pizza	390 Cal each
Buffalo Chicken Pizza	380 Cal each
BBQ Chicken Pizza	450 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each

## **HARVEST BOUNTY \$27.89**

Traditional Mixed Green Salad with	
Balsamic and Ranch V EW PF	50 Cal 3.5 oz. serving
Southern Biscuits with Butter V	230 Cal each
Buttermilk Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Sautéed Dill Green Beans VG EW PF	30 Cal/3 oz. serving
Vegetable Lasagna Alfredo <b>v</b>	470 Cal/11 oz. serving
Choice of One (1) Entree:	
Herb Roasted Butterball® Turkey	170 Cal/3 oz. serving
Baked Ham	120 Cal/3 oz. serving
Apple Pie vg	410 Cal/slice

## **POWER LUNCH \$23.69**

Grilled Flatbread <b>vg</b> Geasonal Fresh Fruit Platter <b>vg PF</b>	110 Cal each 35 Cal/2.25 oz. serving
Choice of Three (3) Salad Platters: Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend <b>EW</b>	440 Cal/14.5 oz. serving
Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa <b>EW</b>	340 Cal/16 oz. serving
Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad <b>EW</b>	530 Cal/11 oz. serving
Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing <b>EW</b>	530 Cal/11.9 oz. serving
Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette EW PF	310 Cal/6 oz. serving
Smoky Coconut-Lime Portobello Salad Platter <b>vg pF</b>	70 Cal/4 oz. serving
Plant Forward Street Corn Salad Platter <b>vg</b>	220 Cal/3.3 oz. serving
Aquafaba Chocolate Mousse <b>v</b>	250 Cal each

## **TASTY TEX MEX \$26.39**

Tortilla Chips <b>vg</b>	280 Cal/3 oz. serving
Mexican Rice <b>vg</b>	130 Cal/3 oz. serving
Charro Beans vg EW PF	80 Cal/3 oz. serving
Sautéed Peppers and Onions <b>vg</b>	40 Cal/2 oz. serving
Choice of One (1) Type of Fajitas:	
Beef Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	670 Cal/9 oz. serving
Chicken Fajitas with Tortillas,	
Shredded Cheddar and Sour Cream	570 Cal/9 oz. serving
Citrus Braised Pork with Tortillas,	
Shredded Cheddar and Sour Cream	500 Cal/6.5 oz. serving
Plant-Based Chorizo with Tortilla and	
Vegan Cheese <b>v</b>	470 Cal/6.5 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo <b>vg</b>	10 Cal/1 oz. serving
Salsa Verde <b>vg</b>	5 Cal/1 oz. serving
Salsa Roja <b>v</b>	20 Cal/1 oz. serving
Cinnamon Crisps <b>vg</b>	250 Cal/2.75 oz. serving

\*All packages include necessary accompaniments and condiments.

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In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

### **BUFFET STARTERS**

Traditional Garden Salad with Balsamic Vinaigrette and Ranch <b>V EW PF</b>	45 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Caprese Salad PF	150 Cal/3 oz. serving
Greek Salad with Crumbled Feta <b>v</b>	110 Cal/3.25 oz. serving
Italian Green Salad with Penne and Prosciutto EW	110 Cal/3.25 oz. serving
Traditional Hummus with Pita Chips & Fresh Vegetables <b>v</b>	150 Cal/1.75 oz. serving
BUFFET ENTREES	
Grilled Chicken Breast with Cider Marinade \$25.69	120 Cal/3 oz. serving
Grilled Lemon Rosemary Chicken Ew \$25.69	130 Cal/4 oz. serving
Boursin, Bacon & Spinach Stuffed Chicken with Portobello Risotto topped with Sundried Tomatoes \$29.49	550 Cal/12.35 oz. serving
Oven-Roasted Seasoned Pork with a Warm Brown Sugar-Pecan Sauce <b>EW \$25.69</b>	450 Cal/5 oz. serving
Grilled Salmon in a Moroccan Herb Sauce \$31.59	130 Cal/2.75 oz. serving
Maple Dijon Salmon <b>\$31.59</b>	270 Cal/3.25 oz. serving
Beef Tenderloin and Mushroom Ragout \$35.49	290 Cal/7.65 oz. serving
Asian Marinated Steak \$35.49	190 Cal/3 oz. serving
Fireside Herbed Steak Marinated in Dijon Mustard, Thyme and Cider Vinegar <b>\$35.49</b>	200 Cal/3 oz. serving
Vegetable Lasagna Alfredo <b>\$21.79</b>	470 Cal/11 oz. serving

410 Cal/15.75 oz. serving

340 Cal/5 oz. serving

### **BUFFET SIDES**

Pan Roasted Vegetables <b>v PF</b>	45 Cal/3 oz. serving
Roasted Root Vegetables VG EW PF	60 Cal/2 oz. serving
Fresh Herbed Vegetables VG EW PF	100 Cal/3.5 oz. serving
Roasted Brussels Sprouts with Garlic and Pancetta	80 Cal/2.6 oz. serving
Herb-Roasted Mushrooms <b>vg EW PF</b>	90 Cal/3 oz. serving
Maple Roasted Carrots <b>V EW PF</b>	110 Cal/2 oz. serving
Smoky Sweet Potato Au Gratin <b>v</b>	140 Cal/4 oz. serving
Creamy Garlic Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Mashed Sweet Potatoes <b>V PF</b>	100 Cal/4.25 oz. serving
Oven-Roasted Fingerling Potatoes <b>v</b>	130 Cal/3.5 oz. serving
Quinoa and Wild Rice Blend vg EW	80 Cal/2.75 oz. serving
Savory Herbed Rice <b>vg</b>	150 Cal/3.5 oz. serving

## **BUFFET FINISHES**

Apple Pie <b>vg</b>	410 Cal slice
Berry Panna Cotta	340 Cal each
Chocolate Cake <b>v</b>	320 Cal slice
Assorted Craveworthy® Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Assorted Dessert Bars <b>v</b>	200-420 Cal each

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**VEW PF \$21.79** 

Cavatappi A La Toscana with Zucchini, Spinach, Tomato and White Beans in a Pepper-Garlic Sauce

Crispy Five Spice Tofu vg EW PF \$21.79

## **Receptions**

## **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

## **RECEPTION HORS D'OEUVRES (HOT)**

Beef Empanadas \$32.79	150 Cal each
Swedish Meatballs \$32.79	100 Cal each
Beef Satay \$32.99	35 Cal each
Chicken Satay \$30.69	20 Cal each
Coconut Chicken \$30.69	40 Cal each
Truffle & Wild Mushroom Arancini \$39.59	60 Cal each
Spicy Corn Fritters with Jalapeno Ranch Drizzle v \$39.59	45 Cal each
Balsamic Fig & Goat Cheese Flatbread \$32.79	80 Cal each
Assorted Mini Quiche \$26.99	100 Cal each
Spanakopita v \$28.79	60 Cal each
Vegetable Samosas v \$32.99	40 Cal each
Vegetable Spring Rolls v \$49.89	50 Cal each

## **RECEPTION HORS D'OEUVRES (COLD)**

Goat Cheese and Beet Skewers v \$33.79	35 Cal each
Mediterranean Antipasto Skewers \$39.29	60 Cal each
Veggie Hummus Cups vg EW PF \$33.79	170 Cal each
Gazpacho Shooters vg EW PF \$23.69	30 Cal/2 oz. serving
Shrimp and Coconut Ceviche \$43.99	160 Cal/5.25 oz. serving
Roasted Butternut Crostini <b>V EW PF \$20.69</b>	100 Cal each
Tuna Poke Crisps <b>EW \$24.89</b>	80 Cal each
Smoked Salmon Mousse Cucumber Rounds <b>\$24.89</b>	100 Cal each
Candied Bacon Topped Deviled Eggs \$24.79	80 Cal each

## UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





## **Receptions**

## **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 15 guests or more.

## **SEASONAL FRESH FRUIT PLATTER \$4.19 PER PERSON**

Seasonal Fresh Fruit vg PF

35 Cal/2.5 oz. serving

## **ANTIPASTO PLATTER \$9.19 PER PERSON**

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

## CHEF CURATED CHARCUTERIE BOARD MARKET PRICE PER PERSON

Chef Curated Charcuterie Board

Calories Vary Per Assortment

## TRADITIONAL HUMMUS WITH PITA CHIPS & FRESH VEGETABLES \$6.19 PER PERSON

Traditional Hummus with Pita Chips & Fresh Vegetables **V EW PF** 

230 Cal/5 oz. serving

## **RED PEPPER KALE DIP \$6.19 PER PERSON**

Red Pepper Kale Dip Pita Chips **v**  130 Cal/1.75 oz. serving 160 Cal/2 oz. serving

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## **Receptions**

## **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 15 guests or more.

## **GYRO STATION \$14.09**

Pita Bread <b>v</b>	210 Cal each
Beef & Lamb Gyro	400 Cal/4 oz. serving
Baked Falafel <b>vg pf</b>	90 Cal each
Pickled Red Onion vg	25 Cal/1 oz. serving
Cauliflower Tabbouleh VG EW PF	10 Cal/2 oz. serving
Diced Tomatoes vg	10 Cal/1 oz. serving
Diced Cucumber vo	5 Cal/1 oz. serving
Tzatziki Sauce V	15 Cal/1 oz. serving
Harissa Sauce vg	130 Cal/1 oz. serving

## **WORLD OF DUMPLINGS \$15.79**

Choice of Four (4) International Dumplings:	
Beef Empanada with Sour Cream & Salsa	150 Cal each
Mini Chicken Empanadas with Sour Cream & S	Salsa 70 Cal each
Mini Vegetable Empanadas with Sour Cream &	& Salsa <b>v</b> 70 Cal each
Buttery Potato Cheddar Pierogis with Sautéed	d
Onions, Garlic & Sour Cream <b>v</b>	100 Cal each
Steamed Edamame Potsticker with Sweet Soy	y Sauce <b>v</b> 60 Cal each
Steamed Vegetable Potsticker with Sweet So	y Sauce <b>v</b> 40 Cal each
Pork Potsticker with Sweet Soy Sauce	45 Cal each
Potato Samosa with Tomato-Onion Chutney	g 250 Cal/4 oz. serving
Fried Ravioli with Marinara	110 Cal each

### **HUMMUS STATION \$14.09**

Hummus vg PF	280 Cal/4 oz. serving
Shredded Chicken with Chermoula Sauce vg	210 Cal/3 oz. serving
Choice of Falafel:	
Baked Falafel vg PF	90 Cal each
Fried Falafel <b>VG PF</b>	90 Cal each
Lemon Beet Tahini VG PF	220 Cal/4.2 oz. serving
Tomato Cucumber Salad <b>vg</b>	25 Cal/2.75 oz. serving
Cumin Roasted Cauliflower <b>vg PF</b>	80 Cal/2 oz. serving
Feta Cheese Crumbles <b>v</b>	80 Cal/1 oz. serving
Tzatziki Sauce <b>v</b>	15 Cal/1 oz. serving
Tabbouleh with Ground Bulgur, Tomatoes, Parsley	
and Scallions combined in an Olive Oil Mix VG EW	140 Cal/3.2 oz. serving
Olive Oil <b>vg</b>	240 Cal/1 oz. serving
Pita Wedges	30 Cal each

## **BREAKS**

All prices are per person and available for 15 guests or more.

## **SNACK ATTACK \$8.79**

Assorted Individual Bags of Chips v	100-160 Cal each
Roasted Peanuts <b>v</b>	180 Cal/1 oz. serving
Trail Mix <b>v</b>	280 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each

## **COFFEE BREAK \$6.79**

Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Mocha Joe's Coffee, Decaf, and Harney & Sons Tea	0 Cal/8 oz. serving

## **HOT CHOCOLATE BAR \$6.79**

Hot Chocolate Bar with Assorted Toppings	
and Mix-Ins	160-320 Cal/8 oz. serving

## **SPICED HARVEST CIDER BAR \$6.79**

Spiced Harvest Cider Bar with Assorted	
Toppings and Mix-Ins	160-320 Cal/8 oz. serving



## **Beverages & Desserts**

## **BEVERAGES**

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with Assorted Tea Bags \$3.49 Per Person

Assorted red bags \$5.45 FER FERSON

Boxed Water \$2.79 Each

Assorted Sodas (Can) \$3.29 EACH

Regular Coffee \$2.49 PER PERSON

Assorted Individual Fruit Juices \$2.79 EACH

Sparkling Water \$2.79 EACH

Regular Coffee, Decaf and Hot Water with Assorted Tea Bags **\$32.29 Per Gallon** 

Iced Tea \$19.89 PER GALLON

Lemonade \$22.89 PER GALLON

Infused Water \$14.29 PER GALLON
Choice of One (1) Fruit Infused Water:

Lemon Infused Water
Orange Infused Water
Apple Infused Water
Cucumber Infused Water
Grapefruit Infused Water

Mango Agua Fresca \$23.29 Per Gallon

## DESSERTS

Assorted Craveworthy Cookies v \$2.49 Per Person

Bakery-Fresh Brownies **V \$3.49 Per Person** 

Bakery-Fresh Brownies **v \$27.79 PER DOZEN** 

Gourmet Dessert Bars v \$3.49 Per Person

Gourmet Dessert Bars v \$27.79 Per Dozen

Assorted Craveworthy Cookies **V \$24.09 Per Dozen** 

Chocolate Covered Strawberries V
\$27.19 PER DOZEN

O Cal/8 oz. serving

O Cal/8 oz. serving

O Cal/8 oz. serving

O Cal each

O Cal each

0-150 Cal each

100-150 Cal each

O Cal/8 oz. serving

90 Cal/8 oz. serving

O Cal/8 oz. serving 10 Cal/8 oz. serving 20 Cal/8 oz. serving

20 Cal/8 oz. serving 0 Cal/8 oz. serving 20 Cal/8 oz. serving

90 Cal/8 oz. serving

220-240 Cal each

250 Cal each

250 Cal each

200-420 Cal each

200-420 Cal each

220-240 Cal each

40 Cal each

## ORDERING INFORMATION

### **Lead Time**

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

## Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

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VG VEGAN

V VEGETARIAN

**EW** EAT WELL

PF PLANT FORWARD



## **Contact Us Today**

802.440.4581 / 802.212.9123 daugherty-ashley@aramark.com bennington.catertrax.com

Prices effective until 07/01/2026 Prices may be subject to change

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