EVENT MENU

MILTON ACADEMY





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VG VEGAN
V VEGETARIAN

EW EAT WELL

PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$51.49

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 8 quests or more.

DELICIOUS DAWN

Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Bottled Water	O Cal each
Starbucks Coffee Decaf and Hot Tea	0 Cal/8 oz serving

AM PERK UP

Granola Bars v	100-200 Cal each
Assorted Yogurt Cups	50-100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

POWER UP LUNCH

Tomato and Cucumber Couscous Salad vg	120 Cal/3./5 oz. serving
Orange Fennel Spinach Salad V EW PF	210 Cal/6.5 oz. serving
Bakery-Fresh Dinner Roll with Butter v	200 Cal each
Green Beans Gremolata vg EW PF	70 Cal/3 oz. serving
Three Pepper Pesto Cavatappi (Hot or Chilled) V EW PF	270 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York-Style Cheesecake Iced Tea Iced Water	360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving

PM PICK ME UP

Spinach Dip (Hot Or Chilled) with Tortilla Chips v	250 Cal/2.25 oz. serving
Grilled Vegetable Tray vg EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$42.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 8 guests

MORNING MINI

Mini Muffins v	80-120 Cal each
Mini Danish v	100-140 Cal each
Mini Scones v	100-110 Cal each
Yogurt Parfait Cups v	360-410 Cal each
Bottled Water	0 Cal each
Starbucks Coffee. Decaf and Hot Tea	0 Cal/8 oz. serving

THE ENERGIZER

Donut Holes v	45-70 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

IT'S A WRAP

Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	580 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap PF	610 Cal each
Choice of One (1) Salad:	
Traditional Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch v EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad vg	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips vg	280 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Pico De Gallo vg	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Assorted Whole Fruit VG PF	45-100 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$33.99

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 8 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts

Assorted Bagels v

290-450 Cal each
290-450 Cal each
Orange Juice

120 Cal/8 oz. serving
Bottled Water

0 Cal each
Starbucks Coffee, Decaf and Hot Tea

0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta

Deli Sliced Ham with Honey Mustard Ciabatta

Turkey and Swiss Sandwich

Mozzarella, Red Pepper, Balsamic and Kale Ciabatta EWPF

Individual Bag of Chips V

Assorted Craveworthy Cookies V

Bottled Water

500 Cal each
1200-160 Cal each
100-160 Cal each
2200-240 Cal each
0 Cal each

MID-DAY MUNCHIES

Tortilla Chips vg 280 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roia vg 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Choice of One (1) Fruit Accompaniment: Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving Assorted Whole Fruit VG PF 45-100 Cal each Assorted Craveworthy Cookies ${f v}$ 220-240 Cal each **Bottled Water** O Cal each Starbucks Coffee. Decaf and Hot Tea O Cal/8 oz. serving

 $^*\mbox{All packages include necessary accompaniments and condiments.}$

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 8 guests or more. All appropriate condiments included.

"TART"INES AND OATS \$11.00

Choice of Two (2) Breakfast Tartines:	
Grilled Asparagus Sweet Potato Tartine, Everything Cr	eam
Cheese, Asparagus, Balsamic Drizzle V PF	90 Cal each
Grilled Sweet Potato Tartine, Marinated Tomato, Every	thing
Cream Cheese V PF	80 Cal each
Grilled Sweet Potato Tartine, Everything Cream Chees	e,
Cucumber PF	80 Cal each
Everything-Spiced Salmon Biscuit, Cream Cheese, Cuc	umber
and Hard-Boiled Egg	370 Cal each
Open Face Avocado Egg Croissant with Sriracha 🗸	250 Cal each
Vegan Breakfast Toast with Avocado, Just® Egg Scram	nble,
Radishes, Scallions and Sriracha vg EW PF	190 Cal each
Strawberry Banana Nutella Toast v	460 Cal each
Choice of Two (2) Overnight Grains: Overnight Bircher Muesli with Apple, Banana	
and Cranberries with Turmeric Infused Granola 🔻	270 Cal each
Overnight Coconut Freekeh with Strawberries, Toasted	d
Coconut and Honey v	500 Cal each
Dragon Fruit Chia Pudding with Mango, Banana	
and topped with Chia Quinoa Crunch vg Ew	190 Cal each
Overnight Strawberry Oatmeal v pf	320 Cal each
Overnight Blueberry Oatmeal v EW	210 Cal each
Overnight Apple Cinnamon Oatmeal VPF	450 Cal each
Overnight Pear & Pecan Oatmeal v	390 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Boxed Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

MINI CONTINENTAL \$7.50

Mini Muffins v	80-120 Cal each
Mini Danish v	100-140 Cal each
Mini Bagels v	110-140 Cal each
Seasonal Fresh Fruit Platter VG PF 35	Cal/2.5 oz. serving
Boxed Water	O Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

HEALTHY CHOICE BREAKFAST \$9.50

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups	170-230 Cal each
Milk	120 Cal/8 oz. serving
Bananas vg EW PF	100 Cal each
Assorted Yogurt Cups	50-140 Cal each
Boxed Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

À LA CARTE BREAKFAST

Buttery Croissants Served with Butter and Jam \$12.00 Per Dozen	370 Cal each
Assorted Danish v \$15.00 Per Dozen	250-550 Cal each
Assorted Pastries v \$18.00 Per Dozen	210-530 Cal each
Seasonal Fresh Fruit Platter VG PF \$3.90 PER PERSON	35 Cal/2.5 oz. serving
Overnight Oats - Chilled \$3.00 PER PERSON Choice of Two (2) Overnight Oats: Overnight Strawberry Oatmeal V PF Overnight Blueberry Oatmeal V EW Overnight Apple Cinnamon Oatmeal V PF Overnight Pear and Pecan Oatmeal V	320 Cal each 210 Cal each 450 Cal each 390 Cal each
Assorted Greek Yogurt Cups v \$2.20	90-110 Cal each

BREAKFAST

HOT BREAKFAST

All prices are per person and available for 8 guests or more. All appropriate condiments included.

ULTIMATE BREAKFAST \$15.00

Choice of Three (3) Breakfast Pastries:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Buttery Croissants v	370 Cal each
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Breakfast Potatoes v ₆	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cheddar and Onion Frittata v	260 Cal each
Pancakes v	50 Cal each
Maple Syrup v	100 Cal/1 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Boxed Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

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FRESH OFF THE GRIDDLE \$12.80

Breakfast Potatoes v g	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Choice of One (1) Griddle Entrée:	
Orange Cinnamon French Toast v	100 Cal each
Silver Dollar Pancakes 🔻	40 Cal each
Belgian Waffles v	90 Cal each
Maple Syrup vg	100 Cal/1 oz. serving
Boxed Water	0 Cal each
Starbucks Coffee. Decaf and Hot Tea	0 Cal/8 oz. serving

EARLY BIRD BRUNCH \$15.00

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Parmesan Peppercorn Hash Browns EW	90 Cal/3.25 oz. serving
Pick your Egg Dish (2):	
Three Cheese & Ham Strata	290 Cal/6.25 oz. serving
Asparagus, Spinach & Feta Strata	300 Cal/ 7oz. Serving
Spinach Parmesan Egg White Bite	290 Cal each
Lorraine Egg Bite	100 Cal each
Pick your Proteins (1):	
Maple Chipotle Bacon	80 Cal each
Turkey Sausage Patty	90 Cal each
Incogmeato™ Sausage Patty v c	150 Cal each
Select One (1) Toast Station:	
Sweet Toast Station:	
Grilled Baguette Slices vg	100 Cal each
Ricotta Cheese v	40 Cal/1 oz. serving
Honey v	50 Cal/0.5 oz. serving
Strawberry Preserves vg	80 Cal/1 oz. serving
Blueberries vg	15 Cal/1 oz. serving
Sliced Almonds vg	170 Cal/1 oz. serving
Chia Quinoa Crunch vg	120 Cal/1 oz. serving
Savory Toast Station:	
Grilled Baguette Slices vg	100 Cal each
Dressed Rocket Greens PF	40 Cal/1.4 oz. serving
Smashed Avocado Spread vg	40 Cal/1 oz. serving
Avocado Pea Spread v	40 Cal/1 oz. serving
Grape Tomatoes vg	10 Cal/1 oz. serving
Sliced Radish vg	5 Cal/1 oz. serving
Pickled Red Onion VG PF	25 Cal/1 oz. serving
Green Scallions	0 Cal/0.5 oz .serving
Add Cheese (1):	00.01/2
Feta Cheese Crumbles v	80 Cal/1 oz. serving
Crumbled Goat Cheese v	80 Cal/1 oz. serving
Spice it Up:	05.0.1/0.005
Crushed Red Pepper vg	25 Cal/0.025 oz. serving
Everything Spice vg	25 Cal/0.025 oz. serving
Boxed Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply



BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 8 guests or more.

MEDITERRANEAN BRUNCH DISPLAY \$32.00 PER 12

Display of Pita, Hummus, Hard-Boiled Egg, Feta, Dolma, Olives, Tzatziki, Olive Oil, Date-Pecan Dip and Lemon **PF**

350 Cal/5.3 oz. serving

YOGURT PARFAIT BAR \$5.00 PER PERSON

Choice of Two (2) Yogurt Flavors: Greek Yogurt v 60 Cal/4 oz. serving Strawberry Yogurt v 80 Cal/4 oz. serving Vanilla Yogurt v 80 Cal/4 oz. serving 30 Cal/2 oz. serving Diced Pineapple VG PF Fresh Strawberries VG PF 20 Cal/2 oz. serving 90 Cal/0.5 oz. serving Walnuts vg Honey v 50 Cal/0.5 oz. serving Granola v 110 Cal/1 oz. serving

TRADITIONAL SANDWICHES \$5.00 PER PERSON

Choice of Two (2) Sunrise Breakfast Sandwiches: Egg and Cheese English Muffin 270 Cal each 370 Cal each Egg and Cheese Croissant Sausage, Egg and Cheese Biscuit 490 Cal each Ham, Egg and Cheese Biscuit 450 Cal each Bacon, Egg and Cheese Bagel 410 Cal each Spicy Bacon, Egg, Potato and Cheese Burrito 600 Cal each Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup VPF 450 Cal each Spicy Southern Chicken Biscuit with Maple Sriracha Syrup 570 Cal each

Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard Boiled Egg on

an Everything-Spiced Biscuit 370 Cal each

Bacon, Lettuce, Tomato, Avocado and Egg Bagel 420 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 8 guests or more.

DELI EXPRESS \$10.50

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

80-230 Cal/2-4.5 oz. serving Chicken Salad, or Hummus with Vegetables) Cheese Tray (Cheddar and Swiss) v 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

PREMIUM BOX LUNCHES

Your Choice of Entrée Salad served with a Bakery-Fresh Roll with Butter, Fruit Cup. Dessert Bar, and Bottled Water

Bakery-Fresh Roll with Butter v 200 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert Bar v 200-420 Cal each **Boxed Water** O Cal each

Traditional Caesar Salad with Shredded Parmesan Cheese and Seasoned Croutons served with Caesar Dressing

\$12.50 430 Cal/6 oz. serving

Asian Chicken Salad: Grilled Chicken. Romaine, Vegetables, Orange and Almonds served with a Sweet and

Spicy Sesame Dressing \$12.50 430 Cal/16.5 oz. serving

Modern Cobb: Romaine, Tomato, Roasted Corn, Avocado, Vegan Chick'n, Shiitake 'Bacon' and Crispy Chickpeas served with Vegan Ranch vo

\$12.50 540 Cal/14.85 oz. serving

CLASSIC BOX LUNCH \$12.50

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 150-770 Cal each Individual Bag of Chips v 100-160 Cal each Assorted Craveworthy Cookies v 220-240 Cal each Boxed Water 0 Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$12.50

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips V 100-160 Cal each Choice of Three (3) Classic Sandwiches 150-770 Cal each Assorted Craveworthy Cookies v 220-240 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Turkey Breast with Mesclun Greens and Sage Cream

460 Cal each Cheese Ciabatta

Creamy Chicken Salad Croissant with Fresh Dill 680 Cal each

Chicken Caesar Wrap 630 Cal each

Greek Salad Wrap with Crumbled Feta, Black Olives,

Fresh Cucumbers, Plum Tomatoes and Red Onion v 430 Cal each

420 Cal each Jerk Smashed Chickpea Wrap vg PF

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 8 guests or more.

THE EXECUTIVE LUNCHEON \$15.50

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

30-240 Cal each Choice of Two (2) Side Salads (pg 10) Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Executive

320-800 Cal each Luncheon Sandwiches Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water O Cal/8 oz. serving

EXECUTIVE LUNCHEON SANDWICHES

Cucumber, Arugula, Tomato, Pickled Red Onions.

Spicy Grilled Vegetable Wrap Bruschetta and Black

Indian-Spiced Hummus and Cilantro EW

(Available Sandwich choices for The Executive Luncheon Buffet)

Grilled Salmon, Jalapeno Coleslaw, Arugula, Tomato and Remoulade Wrap 710 Cal each Roast Beef, Caramelized Onion and Kale Ciabatta 440 Cal each Saucy Turkey Ciabatta with Coleslaw and Swiss 560 Cal each Cheese 470 Cal each Chicken Teriyaki Ciabatta with Pineapple Salsa Buffalo Chicken Baguette with Ranch Dressing, Blue Cheese, Lettuce, Tomato and Onion 640 Cal each Masala Hummus and Chicken Ciabatta with Sliced

500 Cal each

570 Cal each

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SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic

Vinaigrette Dressing and Ranch **v EW PF** 45 Cal/3.5 oz. serving

Mixed Lettuces, Chickpea, Cucumber and Tomato

90 Cal/3 oz. serving VG EW PF

Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro

tossed in Spicy Caribbean Jerk Seasoning VG EW 120 Cal/4 oz. serving

Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame

Teriyaki Dressing vg EW PF 25 Cal/3 oz. serving

Chilled Dill Cucumber Salad with Onions Tossed in

Italian Dressing VG EW PF 60 Cal/3.75 oz. serving

Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby

Spinach, Feta Cheese and Black Olives v 80 Cal/3 oz. serving

Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions Combined in an Olive Oil Mix vg EW

140 Cal/3.25 oz. serving

Grilled Vegetable Pasta Salad with a Balsamic

Dressing **vg** 120 Cal/3 oz. serving

White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette vg EW PF

80 Cal/3.25 oz. serving

Olives V PF

THEMED BUFFETS

All prices are per person and available for 8 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

GREAT LAKES GRILL \$14.50

Ranch Pasta Salad v 110 Cal/3 oz. serving Buttered Corn on the Cob VPF 130 Cal each 210 Cal/2 oz. serving Fresh Potato Chips V Grilled Bratwurst Hot Dog 430 Cal each Beyond® Bratwurst **vg** 250 Cal each 20 Cal/2 oz. serving Peppers and Onions vo Sauerkraut v PF 80 Cal/4 oz. serving Giardiniera v 70 Cal/4 oz. serving Yellow Mustard vg 20 Cal/1 oz. serving Assorted Craveworthy Cookies v 220-240 Cal each

ATLANTIC COAST BBQ \$16.50

Watermelon & Feta Salad v Ew 70 Cal/4.5 oz. serving 70 Cal/4 oz. serving Smothered Okra EW PF Pimento Mac & Cheese 360 Cal/4 oz. serving Cola BBQ Chicken 130 Cal/3.5 oz. serving BBQ Jackfruit **VG PF** 190 Cal/4 oz. serving Assorted Craveworthy Cookies ${f v}$ 220-240 Cal each

O-MORI RAMEN BOWL \$16.50	
Tempura Broccoli with Spicy Sesame Mayo	420 Cal/5 oz. serving
Wedge Salad with Carrot Ginger Dressing VG PF	240 Cal/7.4 oz. serving
Ramen Noodles v	370 Cal/5 oz. serving
Choice of Two (2) Broths:	
Smoky Shoyu	60 Cal/12 oz. serving
Curry Chicken	70 Cal/12 oz. Serving
Mushroom Miso vg	50 Cal/12 oz. Serving
Choice of One (1) Protein:	
Chashu Pulled Pork	260 Cal/3.5 oz. serving
Crispy Chicken Katsu	270 Cal/3.75 oz. serving
Soy Shiitake VG EW PF	100 Cal/2.25 oz. serving
Choice of Three (3) Toppings:	
Crispy Onion v	110 Cal/1 oz. serving
Baby Bok Choy vg EW PF	5 Cal/1.125 oz. serving
Corn vg	50 Cal/2 oz. serving
Spinach vg	15 Cal/2 oz. serving
Soy Egg v	80 Cal each
Choice of Two (2) Garnishes:	
Scallion vg	5 Cal/0.5 oz. serving
Nori Square v g	0 Cal each
Chili Oil	120 Cal/0.5 oz. serving
Togarashi vg	25 Cal/0.25 oz. serving
Toasted Sesame Seed vg	40 Cal/0.25 oz. serving





THEMED BUFFETS

All prices are per person and available for 8 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

MEDITERRANEAN ESCAPE - PLANT FORWARD BUFFET \$16.70

Greek Chickpea Salad **v pf** 110 Cal/3.25 oz. serving Vegetable Platter **v pf** 120 Cal/5 oz. serving Roasted Red Pepper Hummus **vg ew pf** 230 Cal/4 oz. serving

Greek Pita with Feta Cheese and

a Red Wine Vinaigrette **V EW PF** 170 Cal each

Beef Kofta Pita with Tzatziki and Hummus **EW PF** 400 Cal each Iced Craveworthy Lemon Cookies **v** 260 Cal each

SPRINGTIME IN CAPRI - PLANT-FORWARD BUFFET \$16.50

Tuscan White Bean Salad VG EW PF

Caprese Salad PF

150 Cal/3 oz. serving
Garlic Breadsticks V

110 Cal each
Penne with Fresh Vegetables VG EW PF

Penne with Chicken and Kale EW PF

Lemon Cheesecake Bars V

80 Cal/3.3 oz. serving
150 Cal/3 oz. serving
180 Cal/9.5 oz. serving
220 Cal/7 oz. serving
300 Cal each

THEMED BUFFETS

All prices are per person and available for 8 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

BAKED POTATO BAR \$16.70

50 Cal/3.5 oz. serving
220 Cal each 50 Cal/1 oz. serving 60 Cal/2 oz. serving 30 Cal/2 oz. serving 20 Cal/2 oz. serving 70 Cal/0.5 oz. serving 110 Cal/1 oz. serving 0 Cal/0.25 oz. serving 60 Cal/1 oz. serving
360 Cal/4.75 oz. serving 410 Cal/slice 40 Cal/1 oz. serving

YUCATAN BOWL \$16.50

TOCATAN BOWE \$10:50	
Romaine Lettuce Salad vg	15 Cal/3 oz. serving
Avocado Ranch Dressing v	90 Cal/1 oz. serving
Choice of One (1) Rice:	
Cilantro Lime White Rice vg	120 Cal/3 oz. serving
Cilantro Lime Brown Rice vg	140 Cal/3.5 oz. serving
Mexican Rice vg	130 Cal/3 oz. serving
Charro Beans VG EW PF	80 Cal/3 oz. serving
Choice of Three (3) Proteins:	
Shredded Chicken	170 Cal/3 oz. serving
Braised Beef	190 Cal/3.75 oz. serving
Roasted Portobello Mushrooms vg EW	20 Cal/2.25 oz. serving
Citrus Braised Pork	250 Cal/3 oz. serving
Plant-Based Chorizo vg	230 Cal/4 oz. serving
Guacamole vg	35 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo vg	5 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Salsa Roja vg	20 Cal/1 oz. serving
Dulce De Leche Brownie v	220 Cal each

EAST ASIAN EATS \$16.70

POWER LUNCH \$16.50	
Grilled Flatbread vg Seasonal Fresh Fruit Platter vg pF	110 Cal each 35 Cal/2.25 oz. serving
Choice of Three (3) Salad Platters: Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend EW	440 Cal/14.5 oz. serving
Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa EW	340 Cal/16 oz. serving
Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad EW	530 Cal/11 oz. serving
Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing EW	530 Cal/11.9 oz. serving
Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette EW PF	310 Cal/6 oz. serving
Smoky Coconut-Lime Portobello Salad Platter vg PF	70 Cal/4 oz. serving
Plant Forward Street Corn Salad Platter vg	220 Cal/3.3 oz. serving
Aquafaba Chocolate Mousse ${f v}$	250 Cal each

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CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS

Classic Caesar Salad	170 Cal/2.7 oz. serving
Caprese Salad PF	150 Cal/3 oz. serving
Avocado Kale Salad VG PF	50 Cal/1.5 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving
Crudités with Tzatziki Sauce V EW PF	40 Cal/5 oz. serving
Seasonal Fresh Fruit Salad vg PF	35 Cal/2.25 oz. serving

BUFFET ENTREES

120 Cal/3 oz. serving
130 Cal/4 oz. serving
310 Cal/7.5 oz. serving
200 Cal/3.5 oz. serving
270 Cal/3.25 oz. serving
140 Cal/3 oz. serving
440 Cal/5 oz.serving
200 Cal/3 oz. serving
250 Cal/3 oz. serving
280 Cal/4.25 oz. serving
340 Cal/5 oz. serving

BUFFET SIDES

Fresh Herbed Vegetables VG EW PF	100 Cal/3.5 oz. serving
Grilled Asparagus VG EW PF	20 Cal/3 oz. serving
Broccoli Rabe VG EW PF	60 Cal/3.8 oz. serving
Ginger Honey Glazed Carrots $oldsymbol{v}$	110 Cal/3.25 oz. serving
Fingerling Potato Hash v	130 Cal/3.25 oz. serving
Buttermilk Mashed Potatoes v	120 Cal/3.75 oz. serving
Cranberries & Brown Rice VG PF	160 Cal/3.75 oz. serving
Savory Herbed Rice v	150 Cal/3.5 oz. serving

BUFFET FINISHES

Bread Pudding with Caramel Apple Sauce ${f v}$	360 Cal/6.75 oz. serving
Mini Assorted Cheesecakes v	80 Cal each
Chocolate Cake v	320 Cal slice
Assorted Craveworthy $^{\circ}$ Cookies ${f v}$	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each
Assorted Dessert Bars v	200-420 Cal each

*All packages include necessary accompaniments and condiments.

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RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Mini Beef Wellington \$19.90	120 Cal each
Chicken Quesadillas \$19.90	50 Cal each
Chicken and Waffle with Spicy Syrup \$19.90	45 Cal each
Spicy Corn Fritters with Jalapeno Ranch Drizzle v \$19.90	45 Cal each
Spanakopita v \$19.90	60 Cal each
Vegetable Samosas v \$19.90	40 Cal each
Potato and Onion Pakoras with Cilantro Chutney VG EW PF	
\$12.00	40 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Tenderloin and Bacon Jam Crostini \$19.90	130 Cal each
Italian Pinwheels \$19.90	90 Cal each
Ricotta and Fig Flatbread v \$19.90	70 Cal each
Mediterranean Antipasto Skewers \$19.90	60 Cal each
Veggie Hummus Cups vg EW PF \$19.90	170 Cal each
Gazpacho Shooters VG EW PF \$19.90	30 Cal/2 oz. serving
Chicken Cobb Crostini \$19.90	150 Cal each
Salmon Crostini \$19.90	120 Cal each
Shrimp Cocktail Market Price	50 Cal each

UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 8 guests or more.

CLASSIC CHEESE TRAY \$3.40 PER PERSON

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini V

300 Cal/2.75 oz. serving

GRILLED VEGETABLES \$3.40 PER PERSON

Grilled Vegetables served with Balsamic Vinaigrette VG EW PF

70 Cal/3 oz. serving

PICKLED VEGETABLE PLATTER WITH HERBED RANCH \$3.40 PER PERSON

Pickled Vegetable Platter with Herbed Ranch VPF

100 Cal/3 oz. serving

ASSORTED MINI SANDWICHES \$8.40 PER PERSON

An assortment of our most popular Mini Sandwiches

Ham & Cheese270 Cal eachRoast Beef & Brie260 Cal eachTurkey & Swiss320 Cal eachFresh Mozzarella, Tomato and Basil240 Cal each

CHEF CURATED CHARCUTERIE BOARD MARKET PRICE PER PERSON

Chef Curated Charcuterie Board

Calories Vary Per Assortment

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RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 8 guests or more.

MEZZE DELIGHT \$8.00

Pita Chips v	160 Cal/2 oz. serving
Traditional Hummus VG PF	330 Cal/4.5 oz. serving
Baba Ghanoush vg pf	90 Cal/4 oz. serving
Tabbouleh Salad vg Ew	120 Cal/3.5 oz. serving
Marinated Olives VG PF	150 Cal/2.75 oz. serving
Seasonal Vegetables vg EW PF	70 Cal/3 oz. serving
Baked Falafel vg PF	45-260 Cal each

SOFT PRETZEL BAR \$5.00

Hot Pretzels vg	180 Cal each
Choice of Three (3) Dipping Sauces:	
Honey Mustard Sauce v	50 Cal/1 oz. serving
Spicy Mustard Sauce vg	60 Cal/1 oz. serving
Yellow Mustard Sauce vg	25 Cal/1 oz. serving
Nacho Cheese Sauce v	40 Cal/1 oz. serving
Vegan Cheddar Cheese Sauce vg	60 Cal/1 oz. serving
Cajun Cheese Sauce v	60 Cal/1 oz. serving
Buffalo Blue Sauce	30 Cal/1 oz. serving
Chocolate Sauce v	80 Cal/1 oz. serving
Caramel Sauce v	120 Cal/1 oz. serving

BRUSCHETTA BLISS \$5.90

Crostini vg EW	40 Cal each
Choice of Three (3) Spreads:	
Apple Chutney v g	35 Cal/1 oz. serving
Bacon Jam	150 Cal/1 oz. serving
Spicy Kale Pesto	130 Cal/1 oz. serving
Tomato Bruschetta Topping v	20 Cal/1 oz. serving
Green Chili Relish vg	10 Cal/1 oz. serving
Blue Cheese and Chive Spread	130 Cal/1 oz. serving
Choice of Two (2) Toppings:	
Bacon-Scallion Topping	70 Cal/1 oz. serving
Chorizo and Chickpea Topping	80 Cal/1 oz. serving
Roasted Red Pepper Tapenade vg	50 Cal/1 oz. serving
Mushroom Sauté VG EW PF	30 Cal/1 oz. serving
Choice of Glaze(s):	
Honey Balsamic Glaze v	40 Cal/1 oz. serving
Chipotle Orange Glaze v g	70 Cal/1 oz. serving

BREAKS

All prices are per person and available for 8 guests or more.

TRAIL MIX WITHOUT ADDED NUTS STATION \$5.50

Granola v	220 Cal/2 oz. serving
Goldfish® Crackers v	260 Cal/2 oz. serving
Pretzel Thins v	350 Cal/2 oz. serving
Plain M&M'S® v	270 Cal/2 oz. serving
Pumpkin Crunch Topping v	140 Cal/1 oz. serving
Raisins vg	90 Cal/1 oz. serving
Dried Cranberries vg	100 Cal/1 oz. serving

BREADS AND SPREADS \$3.70

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Tortilla Chips v	280 Cal/3 oz. serving
Pita Chips v	160 Cal/2 oz. serving
Crostini vg EW	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole VG PF	70 Cal/2 oz. serving
Ginger Verde Guacamole vg PF	70 Cal/2 oz. serving
Chilled Spinach Dip v	200 Cal/2.25 oz. serving
Feta and Roasted Garlic Dip v	270 Cal/2 oz. serving
Traditional Hummus VG PF	330 Cal/4.5 oz. serving
Artichoke and Olive Dip v	140 Cal/2 oz. serving

HOT CHOCOLATE BAR \$3.00

Hot Chocolate Bar with Assorted Toppings	
and Mix-Ins	160-320 Cal/8 oz. serving

HOT CARAMEL CIDER BAR \$3.00

Hot Caramei Cider Bar with Assorted Toppings	
and Mix-Ins	160-320 Cal/8 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Includes appropriate accompaniments

Starbucks Regular/Decaffeinated Coffee and Hot

Water with Assorted Teavana Bags \$3.60 Per Person

Boxed Water \$2.40 Each 0 Cal each

0 Cal/8 oz. serving

220-240 Cal each

Assorted Sodas (Can) \$2.00 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.00 Each 100-150 Cal each

Sparkling Water \$2.00 Each O Cal each

Iced Tea \$4.00 Per Gallon 0 Cal/8 oz. serving

Lemonade \$4.00 Per Gallon 90 Cal/8 oz. serving

Iced Water \$3.00 Per Gallon O Cal/8 oz. serving

Strawberry Basil Infused Lemonade \$6.00 Per Gallon

6.00 Per Gallon 130 Cal/8 oz. serving

Canned Iced Coffee \$2.00 20 Cal/1 oz. serving

DESSERTS

Assorted Craveworthy Cookies **v** \$9.90 Per Dozen

Bakery-fresh Brownies **v**\$9.90 PER DOZEN
250 Cal each

Assorted Dessert Bars **v**

\$9.90 Per Dozen 200-420 Cal each

Assorted Mini Parfaits **v** \$14.00 Per Dozen

1.00 Per Dozen 180-240 Cal each

Mini Cheesecakes **v** \$10.90 Per Dozen 80 Cal each

ORDERING INFORMATION

Lead Time

Notice of 48 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

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VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



Contact Us Today

508.631.0550 jennifer_skikas@milton.edu jennifer_skikas@milton.edu milton.catertrax.com

Prices effective until 07/01/2026 Prices may be subject to change

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