# EVENT MENU

SAGINAW VALLEY STATE UNIVERSITY





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VG VEGAN
V VEGETARIAN

EW EAT WELL

PF PLANT FORWARD



# **ALL-DAY PACKAGES**

### **ALL DAY DELICIOUS \$49.00**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 24 quests or more.

### **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **AM PERK UP**

Granola Bars <b>v</b>	100-200 Cal each
Assorted Yogurt Cups	50-100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **POWER UP LUNCH**

Tomato and Cucumber Couscous Salad <b>vg</b>	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW PF	210 Cal/6.5 oz. serving
Bakery-Fresh Dinner Roll with Butter <b>v</b>	200 Cal each
Green Beans Gremolata <b>vg EW PF</b>	70 Cal/3 oz. serving
Three Pepper Pesto Cavatappi <b>V EW PF</b>	270 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce <b>EW</b>	210 Cal/5.75 oz. serving
New York-Style Cheesecake Iced Tea Iced Water	360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving

### PM PICK ME UP

Spinach Dip with Tortilla Chips <b>v</b>	250 Cal/2.25 oz. serving
Grilled Vegetable Tray <b>vg EW PF</b>	70 Cal/3 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee Decaf and Hot Tea	0 Cal/8 oz serving

### **MEETING WRAP UP \$42.00**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 24 guests

### **MORNING MINI**

Mini Muffins <b>v</b>	80-120 Cal each
Mini Danish <b>v</b>	100-140 Cal each
Mini Scones v	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	360-410 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### THE ENERGIZER

Donut Holes <b>v</b>	45-70 Cal each
Ripe Bananas <b>vg EW PF</b>	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **IT'S A WRAP**

Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.5 oz. serving
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	580 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap PF	610 Cal each
Choice of One (1) Salad:	
Traditional Garden Salad with	
Balsamic Vinaigrette and Ranch VEW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>v</b> g	120 Cal/3 oz. serving
House Made Kettle Chips <b>v</b>	160 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

### **MID-DAY MUNCHIES**

Tortilla Chips <b>v</b>		280 Cal/3 oz. serving
Choice of Two (2	2) Salsas:	
Salsa Roja <b>v</b>		20 Cal/1 oz. serving
Salsa Verde <b>v</b>	G	5 Cal/1 oz. serving
Pico De Gallo	VG	5 Cal/1 oz. serving
Choice of One (1	) Fruit Accompaniment:	
Seasonal Fres	h Fruit Platter <b>vg pf</b>	35 Cal/2.5 oz. serving
Assorted Who	ole Fruit <b>vg pf</b>	45-100 Cal each
Assorted Cravev	vorthy Cookies <b>v</b>	220-240 Cal each
Iced Water		0 Cal/8 oz. serving
Gourmet Coffee	, Decaf and Hot Tea	0 Cal/8 oz. serving

### **ALL-DAY PACKAGES**

### **SIMPLE PLEASURES \$33.00**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 24 guests or more.

### SIMPLE CONTINENTAL

Assorted Donuts	240-540 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Orange Juice	120 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Sandwich

Deli Sliced Ham with Honey Mustard Sandwich

Turkey and Swiss Sandwich

Mozzarella, Red Pepper, Balsamic and Kale Sandwich

House Made Kettle Chips V

160 Cal/1 oz. serving

Assorted Craveworthy Cookies V

220-240 Cal each

O Cal each

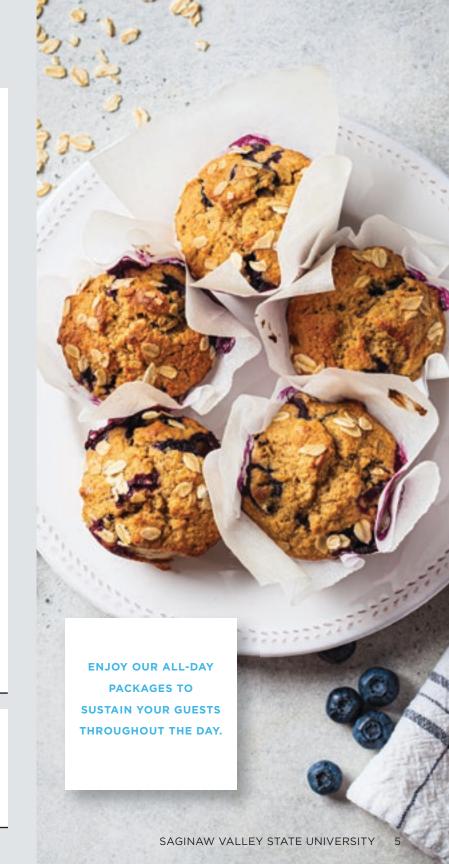
### **MID-DAY MUNCHIES**

Tortilla Chips <b>vg</b>	280 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Pico De Gallo <b>v</b> g	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Assorted Whole Fruit VG PF	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

 $^*\mbox{All packages include necessary accompaniments and condiments.}$ 

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





# **BREAKFAST**

### **BREAKFAST COLLECTIONS**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

### **BASIC BEGINNINGS \$10.00**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **QUICK START \$13.00**

-	
Choice of Three (3) Breakfast Pastries:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Seasonal Fresh Fruit Platter <b>vg pf</b>	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **HEALTHY CHOICE BREAKFAST \$12.00**

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day.

Individual Cereal Cups	170-230 Cal each
Milk	120 Cal/8 oz. serving
Bananas <b>vg Ew PF</b>	100 Cal each
Assorted Yogurt Cups	50-140 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam <b>v</b> \$26.00 Per Dozen	290-450 Cal each
Assorted Muffins Served with Butter and Jam <b>v</b> \$22.00 Per Dozen	360-450 Cal each
Assorted Danish v \$22.00 Per Dozen	250-550 Cal each
Assorted Scones Served with Butter and Jam <b>v</b> \$22.00 Per Dozen	400-440 Cal each
Seasonal Fresh Fruit Platter <b>VG PF \$6.00 PER PERSON</b>	35 Cal/2.5 oz. serving
Assorted Yogurt Cups \$3.00 Each	40-80 Cal each
Assorted Cake Donuts <b>v</b> \$22.00 Per Dozen	120-290 cal each
Assorted Premium Donuts <b>v</b> \$28.00 Per Dozen	350-450 cal each
Granola Bars \$3.00 Each	130-250 cal each

# **BREAKFAST**

### **HOT BREAKFAST**

All prices are per person and available for 24 guests or more. All appropriate condiments included.

### **AMERICAN BREAKFAST \$16.00**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	360-450 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

### **SOUTHERN SUNRISE \$16.00**

Seasonal Fresh Fruit Platter vg PF

Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Shredded Cheddar Cheese <b>v</b>	110 Cal/1 oz. serving
Choice of One (1) Breakfast Meat:	
Country Ham	70 Cal each
Crisp Bacon	60 Cal each
Choice of One (1) Southern-Style Breakfast Entrée:	
Biscuits and Gravy	570 Cal/7 oz. serving
Spicy Chicken 'n Waffle	990 Cal/10.5 oz. serving
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

35 Cal/2.5 oz. serving

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### **SUNRISE SANDWICH BUFFET \$16.00**

Seasonal Fresh Fruit Platter vg PF

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Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:	
Egg and Cheese English Muffin	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha	Syrup <b>VPF</b> 450 Cal each
Spicy Southern Chicken Biscuit with Maple Srirach	na Syrup 570 Cal each
Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg	
on a Everything-Spiced Biscuit	370 Cal each
Bacon, Lettuce, Tomato, Avocado and Egg Bagel	420 Cal each
Iced Water	0 Cal/8 oz. serving
Gourmet Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

35 Cal/2.5 oz. serving

0 Cal/8 oz. serving

### **SUNNYSIDE SCRAMBLE \$15.00**

Gourmet Coffee, Decaf and Hot Tea

Seasonal Fresh Fruit Platter <b>vg pf</b>	35 Cal/2.5 oz. serving
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Country Ham	60 Cal each
Choice of One (1) Cage-Free Egg Scramble:	
Country Egg Scramble <b>v</b>	140 Cal/4 oz. serving
California Scramble	330 Cal/5.9 oz. serving
Western Scramble	300 Cal/6 oz. serving
Chorizo and Egg Scramble	100 Cal/4 oz. serving
Iced Water	0 Cal/8 oz serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply



### **BREAKFAST**

### **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 12 guests or more.

### LOX AND BAGELS \$15.00 PER PERSON

Bagels ▼ 290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered

Red Onion, and Cream Cheese 280 Cal/9 oz. serving

### YOGURT PARFAIT BAR \$10.00 PER PERSON

Choice of Two (2) Yogurt Flavors: Greek Yogurt v 60 Cal/4 oz. serving 80 Cal/4 oz. serving Strawberry Yogurt  ${\bf v}$ Vanilla Yogurt v 80 Cal/4 oz. serving 30 Cal/2 oz. serving Diced Pineapple vg PF Fresh Strawberries VG PF 20 Cal/2 oz. serving Walnuts **v** 90 Cal/0.5 oz. serving Honey **v** 50 Cal/0.5 oz. serving Granola v 110 Cal/1 oz. serving

### **OATMEAL BAR \$6.00 PER PERSON**

Oatmeal vo 140 Cal/8 oz. serving Honey **v** 50 Cal/0.5 oz. serving 100 Cal/1 oz. serving Maple Syrup vg Dried Cranberries vg 50 Cal/0.5 oz. serving Raisins vg 40 Cal/0.5 oz. serving Brown Sugar vg 50 Cal/0.5 oz. serving Cinnamon Sugar vg 30 Cal/0.25 oz. serving Walnuts vg 90 Cal/0.5 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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### **SANDWICHES & SALADS**

### CLASSIC COLLECTIONS

Available for 12 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage Service.

#### **DELI EXPRESS \$19.00**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)

House Made Kettle Chips **v**Assorted Baked Breads and Rolls **v**20-240 Cal each
160 Cal/1 oz. serving
110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

Chicken Salad, or Hummus with Vegetables) 80-230 Cal/2-4.5 oz. serving Cheese Tray (Cheddar and Swiss) **v** 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) **VG** 10 Cal/1 oz. serving Assorted Craveworthy Cookies **V** 220-240 Cal each

### PREMIUM BOX LUNCHES

Your Choice of Entrée Salad served with a Bakery-Fresh Roll with Butter, Fruit Cup, Dessert Bar, and Bottled Water. Select a maximum of three (3) varieties.

Bakery-Fresh Roll with Butter v 200 Cal each Fresh Fruit Cup vg PF 35 Cal/2.5 oz. serving Dessert Bar v 200-420 Cal each Bottled Water 0 Cal each

Traditional Caesar Salad with Grilled Chicken, Shredded Parmesan Cheese and Seasoned Croutons served with

Caesar Dressing \$20.00 320 Cal/7.25 oz. serving

Salmon Caesar Salad: Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons served with Caesar Dressing

**\$21.00** 640 Cal/10.5 oz. serving

Fresh Baby Spinach and Apple Salad with Grilled Chicken Breast, Crumbled Goat Cheese, Diced Bacon and

Country Apple Dressing \$20.00 540 Cal/10.5 oz. serving

Asian Chicken Salad: Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame Dressing \$20.00

Spicy Sesame Dressing **\$20.00** 440 Cal/16.5 oz. serving

Peach BBQ Chicken Salad: Peaches, Grilled Chicken, Bacon, Broccoli Slaw, Almonds and Feta Cheese on Arugula and Quinoa and served with a BBQ

Vinaigrette \$20.00 710 Cal/11.75 oz. serving

Mediterranean Quinoa Salad: Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and

Pita **y \$19.00** 560 Cal/15 oz. serving

 $\label{thm:continuous} \mbox{Additional premium box lunch options available upon request! Please contact your catering professional.}$ 

#### **CLASSIC BOX LUNCH \$15.00**

Your choice of Classic Sandwich served with Mustard, Mayo, House Made Kettle Chips, Assorted Craveworthy Cookies and Bottled Water. Select a maximum of three (3) varieties.

Choice of One (1) Classic Sandwich (See Below)

Housemade Kettle Chips **v**Assorted Craveworthy Cookies **v**Bottled Water

150-770 Cal each
160 Cal/1 oz. serving
220-240 Cal each
0 Cal each

### **CLASSIC SELECTIONS SANDWICH BUFFET \$19.00**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by House Made Kettle Chips, Mayo and Mustard, Pickles, and Assorted Craveworthy Cookies

Choice of Two (2) Side Salads (pg 10)

20-240 Cal each
Dill Pickle Slices vg 5 Cal/1 oz. serving
Housemade Kettle Chips v 160 Cal/1 oz. serving
Choice of Three (3) Classic Sandwiches 150-770 Cal each
Assorted Craveworthy Cookies v 220-240 Cal each

### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Tuna Salad on Hearty Wheatberry with Fresh Romaine and Sliced Tomato

Deli Sliced Turkey and Swiss on Hearty Wheat Bread 520 Cal each

Turkey and Avocado Mayo on Multigrain 400 Cal each

Grilled Vegetable Wrap with Provolone, Tomato,

Lettuce and Pesto Mayo with Pine Nuts **PF** 610 Cal each

Veggie and Hummus Lavash with Arugula, Plum

Tomatoes, Cucumbers, Bell Pepper, Feta and Mint **V PF** 150 Cal each

Roast Beef and Cheddar Sandwich on Wheatberry Bread 430 Cal each

Bavarian Ham and Swiss on a Pretzel Roll 490 Cal each

Roast Beef and Cheddar Sandwich 410 Cal each

Chicken Caesar Wrap 680 Cal each

500 Cal each

### **SANDWICHES & SALADS**

### CLASSIC COLLECTIONS

Available for 12 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage Service.

#### THE EXECUTIVE LUNCHEON \$21.00

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, and Assorted Craveworthy Cookies

Choice of Two (2) Side Salads (pg 10) 30-240 Cal each Dill Pickle Slices vg 5 Cal/1 oz. serving 160 Cal/1 oz. serving House Made Kettle Chips v Choice of Three (3) Executive Luncheon Sandwiches 320-800 Cal each 220-240 Cal each Assorted Craveworthy Cookies v

#### **EXECUTIVE LUNCHEON SANDWICHES**

(Available Sandwich choices for The Executive Luncheon Buffet) Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread 720 Cal each Grilled Salmon, Jalapeno Coleslaw, Arugula, Tomato and Remoulade Wrap 710 Cal each Creamy Chicken Salad Croissant with Fresh Dill 680 Cal each Deli-Style Turkey, Ham and Mozzarella with Pesto Mayo on a Baguette 680 Cal each Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baquette V PF 670 Cal each Roasted Beet and Ricotta Flatbread with Balsamic Roasted Beets, Honey Ricotta Spread, Arugula and Pesto **v p** 520 Cal each Sweet Potato Smash Flatbread with Goat Cheese. Cranberry Sauce and Arugula V EW PF 500 Cal each Roast Beef, Swiss and Mushroom Sub 440 Cal each Tuna and Apple Salad with Fresh Tomato and Arugula on Wheatberry Bread 600 Cal each Chicken Teriyaki Wrap with Pineapple Salsa 540 cal each

### STANDARD BEVERAGE SERVICE

Iced Tea 5 Cal/8 oz. serving Iced Water O Cal/8 oz. serving 90 Cal/8 oz. serving Lemonade Gourmet Coffee/Decaf 0 Cal/8 oz. serving 0-170 Cal/8 oz. serving Assorted Sodas

### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic Vinaigrette Dressing and Ranch V EW PF

45 Cal/3.5 oz. serving

Baby Spinach Salad with Bacon, Egg, Mushroom

and Tomato and Balsamic Vinaigrette

90 Cal/3.75 oz. serving

Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning vg EW

120 Cal/4 oz. serving

Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing

240 Cal/4 oz. serving

Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame Terivaki Dressing vg EW PF

25 Cal/3 oz. serving

Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing **v EW** 

170 Cal/3.5 oz. serving

Apple Walnut Salad tossed in a Cinnamon-Spiced Honey Yogurt Dressing VPF

80 Cal/3.5 oz. serving

Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v

80 Cal/3 oz. serving

Toasted Cranberry Apple Couscous with Apricots. Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions VG PF

190 Cal/3 oz. serving

Toasted Barley Orange Cranberry Salad with Red Onions, Honey and Cinnamon V PF

120 Cal/3.5 oz. serving

Ranch Pasta Salad v

110 Cal/3 oz. serving

Grilled Vegetable Pasta Salad with a Balsamic Dressing vo

120 Cal/3 oz. serving

Seasonal Fresh Fruit Salad vg PF

in Italian Dressing vg EW PF

35 Cal/2.25 oz. serving

Chilled Dill Cucumber Salad with Onions Tossed

70 Cal/3.75 oz. serving

### THEMED BUFFETS

Available for 24 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage Service

### **CURRY AND SPICE \$26.00**

Kachumber Salad **VG EW PF**Potato Samosa **VG**Lemon-Ginger Basmati Rice **VG**Sweet Potato Coconut Curry **VG PF**Butter Chicken

Ginger-Spiced Rice Pudding **V**40 Cal/3.9 oz. serving
180 Cal each
170 Cal/3.25 oz. serving
150 Cal/4 oz. serving
220 Cal/4 oz. serving
190 Cal/4.5 oz. serving

# MEDITERRANEAN ESCAPE - PLANT FORWARD BUFFET \$22.00

Greek Chickpea Salad v pf 110 Cal/3.25 oz. serving Vegetable Platter v pf 120 Cal/5 oz. serving Roasted Red Pepper Hummus vg EW pf 230 Cal/4 oz. serving Greek Pita with Feta Cheese and a Red Wine Vinaigrette v EW pf 170 Cal each Beef Kofta Pita with Tzatziki and Hummus EW pf 400 Cal each Iced Craveworthy Lemon Cookies v 260 Cal each

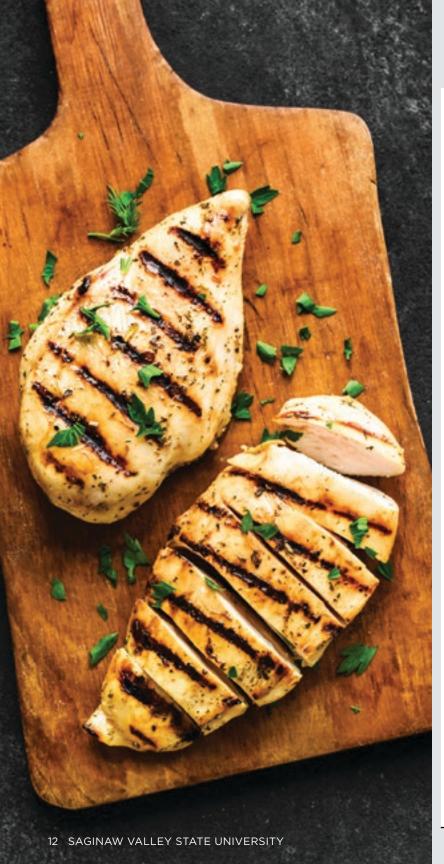
### LAZY SUMMER BBQ \$27.00

Old-Fashioned Coleslaw v Ew 150 Cal/3 oz. serving Cornbread Fiesta Muffins v 160 Cal each Baked Beans 160 Cal/4.75 oz. serving Macaroni and Cheese 210 Cal/4.25 oz. serving Choice of Two (2) Entrees: BBQ Jackfruit vg PF 150 Cal/3 oz. serving BBQ Chicken 370 Cal/6 oz. serving BBQ Brisket 350 Cal/5 oz. serving Assorted Craveworthy Cookies v 220-240 Cal each Assorted Dessert Bars v 200-420 Cal each

### **BAKED POTATO BAR \$22.00**

Traditional Garden Salad with Balsamic Vinaigrette and Ranch **VEW PF** 50 Cal/3.5 oz. serving Baked Potatoes vg 220 Cal each Warm Cheddar Cheese Sauce v 160 Cal/1 oz. serving Chili Con Carne 60 Cal/2 oz. serving Steamed Broccoli VG PF 20 Cal/2 oz. serving **Bacon Bits** 70 Cal/0.5 oz. serving Shredded Cheddar Cheese v 110 Cal/1 oz. serving Scallions vg 0 Cal/0.25 oz. serving Sour Cream v 60 Cal/1 oz. serving Butter v 35 Cal each Choice of One (1) Dessert: Apple Cobbler v 360 Cal/4.75 oz. serving Apple Pie vg 410 Cal/slice





### **THEMED BUFFETS**

Available for 24 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage Service

### **BBQ NATION \$28.00**

BBG NATION \$20.00	
Choice of One (1) Salad:	
Potato Salad <b>v</b>	240 Cal/4.25 oz. serving
Sweet Potato Salad <b>v pf</b>	290 Cal/3.5 oz. serving
Old-Fashioned Coleslaw v Ew	150 Cal/3 oz. serving
Lexington Slaw vg EW PF	30 Cal/2.75 oz. serving
Choice of One (1) Bread:	
Corn Muffin <b>v</b>	220 Cal each
Southern Biscuits <b>v</b>	190 Cal each
Texas Toast <b>vg</b>	120 Cal each
Choice of Two (2) Sides:	
Macaroni and Cheese	210 Cal/4.25 oz. serving
BBQ Pinto Beans	150 Cal/3.5 oz. serving
Black-Eyed Peas	140 Cal/4.5 oz. serving
Bacon & Onion Green Beans PF	90 Cal/4 oz. serving
Choice of Two (2) Entrees:	
Smoked BBQ Pulled Pork	210 Cal/3 oz. serving
Smoked Beef Brisket	170-210 Cal/3 oz. serving
BBQ Spiced Shredded Chicken	160 Cal/3 oz. serving
Nashville BBQ Pulled Pork Sandwich	510 Cal each
BBQ Jackfruit vg PF	150 Cal/3 oz. serving
BBQ Pulled Oats Sandwich vg PF	430 Cal each
Bakery-Fresh Dinner Roll for Sandwiches v	160 Cal each
Choice of Two (2) Sauces:	
Nashville BBQ Sauce	70 Cal/1 oz. serving
Carolina BBQ Sauce vg	20 Cal/1 oz. serving
Texas BBQ Sauce	50 Cal/1 oz. serving
Alabama BBQ Sauce <b>v</b>	160 Cal/1 oz. serving
Sweet Baby Ray's BBQ Sauce vo	170 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each

### **GREEK ACTUALLY \$27.00**

Grilled Vegetables <b>v</b>	70 Cal/1/2 cup serving
Hummus <b>v</b>	250 Cal/1/2 cup serving
Tortilla Wedges <b>v</b>	210 Cal/2 oz. serving
Greek Salad 🗸	100 Cal/3 oz. serving
Mediterranean Pot Roast	340 Cal/5 oz. serving
Grilled Chicken	320 Cal/5 oz. serving
Garlic Potatoes <b>v</b>	100 Cal/1/2 cup serving
Middle Eastern Roasted Carrots <b>v</b>	100 Cal/1/2 cup serving
Fruit Platter <b>vg</b>	40 Cal/1/2 cup serving
Strawberry Coulis <b>vg</b>	30 Cal/1 oz. serving
Melted Dark Chocolate <b>v</b>	170 Cal/1 oz. serving

### STANDARD BEVERAGE SERVICE

Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Gourmet Coffee/Decaf	0 Cal/8 oz. serving
Assorted Sodas	0-170 Cal/8 oz. serving

### THEMED BUFFETS

Available for 24 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage Service

### **BUILD YOUR OWN BITE SIZED SOUTHERN BBQ** \$25.00

Old Fashioned Coleslaw <b>v EW</b>	150 Cal/3 oz. serving
Collard Greens	90 Cal/3 oz. serving
Vegetarian Baked Beans <b>vg PF</b>	220 Cal/4.75 oz. serving
Macaroni and Cheese	210 Cal/4.25 oz. serving
Hush Puppies <b>v</b>	70 Cal each
Choice of Two (2) Pulled Meats:	
Pulled BBQ Chicken	170 Cal/3 oz. serving
Cilantro-Lime Pulled Chicken	170 Cal/3 oz. serving
Carolina Pulled Pork	230 Cal/3.5 oz. serving
Anise Herbed Pulled Pork	250 Cal/3.5 oz. serving
Black Bean Slider <b>v</b>	190 Cal each
BBQ Jackfruit <b>VG PF</b>	150 Cal/3 oz. serving
Slider Buns <b>v</b>	80 Cal each
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each

### **ALL-AMERICAN PICNIC \$22.00**

Traditional Potato Salad <b>v</b>	240 Cal/4.25 oz. serving
Old-Fashioned Coleslaw V EW	150 Cal/3 oz. serving
House Made Kettle Chips <b>v</b>	160 Cal/1 oz. serving
Grilled Hamburgers with Buns	320 Cal each
Vegetarian Burger <b>VG PF</b>	170 Cal each
Hot Dogs with Buns	300 Cal each
Cheese Tray	110 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Add on Grilled Chicken Breast for \$5.00	160 Cal/3 oz. serving

### **SIZZLING SALAD BAR \$26.00**

Dinner Roll <b>v</b>	140 Cal each
Mixed Greens <b>vg</b>	15 Cal/3 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Teriyaki Salmon	60 Cal/2.25 oz. serving
Bacon	120 Cal/1 oz. serving
Shredded Cheese v	60 Cal/0.5 oz. serving
Feta Cheese <b>v</b>	70 Cal/0.5 oz. serving
Sliced Red Onions VG	10 Cal/1 oz. serving
Cucumbers <b>v</b> <sub>6</sub>	5 Cal/1 oz. serving
Shredded Carrots <b>vg</b>	10 Cal/0.5 oz. serving
Broccoli Florets <b>vg</b>	10 Cal/1 oz. serving
Roasted Chickpeas <b>vg</b>	210 Cal/2 oz. serving
Tomatoes <b>v</b> <sub>G</sub>	5 Cal/1 oz. serving
Croutons <b>v</b>	60 Cal/0.5 oz. serving
Chow Mein Noodles <b>v</b>	70 Cal/0.5 oz. serving
Ranch Dressing <b>v</b>	200 Cal/2 oz. serving
FF Italian Dressing <b>vg</b>	50 Cal/2 oz. serving
Balsamic Vinaigrette <b>v</b>	120 Cal/2 oz. serving
Choice of Two (2) Soups:	
Chicken Noodle Soup	140 Cal/8 oz. serving
Broccoli Cheddar Soup <b>v</b>	240 Cal/8 oz. serving
Tomato Soup <b>v</b>	210 Cal/8 oz. serving
Assorted Dessert Bars <b>v</b>	300-370 Cal/2.75-3.25 oz. serving

### **TASTY TEX MEX \$25.00**

Tortilla Chips <b>vg</b> Mexican Rice <b>vg</b> Charro Beans <b>vg EW PF</b> Sautéed Peppers and Onions <b>vg</b> Choice of Two (2) Types of Fajitas:	280 Cal/3 oz. serving 130 Cal/3 oz. serving 80 Cal/3 oz. serving 40 Cal/2 oz. serving
Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream	670 Cal/9 oz. serving
Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream	570 Cal/9 oz. serving
Citrus Braised Pork with Tortillas, Shredded Cheddar and Sour Cream	500 Cal/6.5 oz. serving
Plant-Based Chorizo with Tortilla and Vegan Cheese ${f v}$	470 Cal/6.5 oz. serving
Choice of Two (2) Salsas: Pico De Gallo <b>vg</b> Salsa Verde <b>vg</b> Salsa Roja <b>vg</b> Cinnamon Crisps <b>vg</b>	10 Cal/1 oz. serving 5 Cal/1 oz. serving 20 Cal/1 oz. serving 250 Cal/2.75 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



### THEMED BUFFETS

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### **LATIN FLAVORS \$25.00**

Citrus Tex -Mex Salad: Oranges, Tomatoes, Jicama, Romaine and Cilantro topped with Tortilla Straws served with Salsa Ranch  ${f v}$ 110 Cal/7.25 oz. serving Grilled Flatbread vg 110 Cal each Choice of One (1) Rice: Cilantro Lime White Rice vg 120 Cal/3 oz. serving Cilantro Lime Brown Rice vg 140 Cal/3.5 oz. serving Mexican Rice vo 130 Cal/3 oz. serving Cumin Black Beans VG EW PF 90 Cal/3 oz. serving Chipotle Orange Roasted Chicken 370 Cal/6 oz. serving Carne Asada con Papas Ranchero 250 Cal/6 oz. serving Chili Relleno v 310 Cal/6 oz. serving Sopapillas vg 130 Cal/1.5 oz. serving

### **HEARTLAND BUFFET \$25.00**

Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette Bakery-Fresh Dinner Roll with Butter V Fresh Herbed Vegetables VG EW PF Roasted New Potatoes VG Eggplant Parmesan V PF Grilled Lemon Rosemary Chicken EW Cookies & Cream Blondie V

90 Cal/3.75 oz. serving 200 Cal each 100 Cal/3.5 oz. serving 110 Cal/2.75 oz. serving 390 Cal/7.7 oz. serving 130 Cal/4 oz. serving 270 Cal each

### STANDARD BEVERAGE SERVICE

Iced Tea5 Cal/8 oz. servingIced Water0 Cal/8 oz. servingLemonade90 Cal/8 oz. servingGourmet Coffee/Decaf0 Cal/8 oz. servingAssorted Sodas0-170 Cal/8 oz. serving

### **THEMED BUFFETS**

Available for 24 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage Service

### **BASIC ITALIAN BUFFET \$23.00**

Classic Caesar Salad v EW PF	170 Cal/2.7 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Homestyle Beef Lasagna with Parmesan Cheese	330 Cal/7.25 oz. serving
Fresh Seasonal Vegetables <b>vg</b>	20 Cal/4 oz. serving
Choice of One (1) Vegetarian Lasagna:	
Cauliflower Lasagna 🗸	410 Cal/8.4 oz. serving
Vegetable Alfredo Lasagna <b>v</b>	460 Cal/11 oz. serving
Chocolate Mousse <b>v</b>	150 Cal/3 oz. serving

### **NORTHERN ITALIAN BUFFET \$28.00**

Mediterranean Salad with a Greek Vinaigrette <b>v</b>	110 Cal/3.25 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Vegetable Medley vg EW PF	30 Cal/3 oz. serving
Grilled Lemon Rosemary Chicken EW	130 Cal/4 oz. serving
Shrimp Scampi	100 Cal/3 oz. serving
Vermicelli Pasta <b>v</b>	140 Cal/3.25 oz. serving
Lemon Bars	250 Cal/2 oz. serving

### **PASTA TRIO BUFFET \$25.00**

Caesar Salad	240 Cal/5.5oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Manicotti Marinara	140 Cal each
Chicken and Broccoli Ravioli EW	350 Cal/8.75 oz. serving
Rigatoni and Meatballs	290 Cal/7.5 oz. serving
Assorted Dessert Bars v	200-420 Cal each
Add on Grilled Chicken Breast for \$5.00	160 Cal/3 oz. serving



### **CARDINAL BUFFET**

Available for 24 guests or more, all prices are per person and based on 1.5 hours of service. Includes Standard Beverage service. Choose one starter, one entree, two sides, one dessert \$28.00

### **BUFFET STARTERS**

Traditional Garden Salad with Balsamic Vinaigrette	
and Ranch v EW PF	45 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Caprese Salad PF	150 Cal/3 oz. serving
Mandarin Cranberry Salad <b>v EW</b>	130 Cal/4 oz. serving
Antipasto Salad PF	130 Cal/4 oz. serving
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.25 oz. serving
Traditional Hummus with Pita Chips & Fresh	
Vegetables v ew pf	230 Cal/5 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving

Additional Starter \$4.00

### **BUFFET ENTREES**

Lemon Artichoke Chicken Breast <b>EW</b>	210 Cal/5.75 oz. serving
Asiago Chicken in a Roasted Red Pepper Sauce	310 Cal/5 oz. serving
Grilled Lemon Rosemary Chicken EW	130 Cal/4 oz. serving
Chicken Mushroom Marsala EW	240 Cal/6.75 oz. serving
Chicken Stuffed with Sun-Dried Tomato and Basil Goat Cheese	260 Cal/4.5 oz. serving
Chipotle Pork Loin Topped with a Pineapple Salsa	210 Cal/3.75 oz. serving
Grilled Pork Chop with Apple Onion Soubise	240 Cal/5 oz. serving
Grilled Teriyaki Salmon	140 Cal/3 oz. serving
Grilled Montreal Cod	110 Cal/3 oz. serving
Mahi Mahi with Pineapple Salsa	190 Cal/5 oz. serving
Beef Pot Roast with Dijon Shallot Sauce	340 Cal/5 oz. serving
BBQ Beef Brisket	350 Cal/5 oz. serving
Vegetable Lasagna Alfredo <b>v ew pf</b>	470 Cal/11 oz. serving
Cavatappi A La Toscana with Zucchini, Spinach, Tomato and White Beans in a Pepper-Garlic	
Sauce v ew pf	410 Cal/15.75 oz. serving
Plant-Based Chorizo Stuffed Portobello Cap <b>vg PF</b>	330 Cal each

**BUFFET SIDES** 

Pan Roasted Vegetables <b>VPF</b>	45 Cal/3 oz. serving
Roasted Root Vegetables <b>vg EW PF</b>	60 Cal/2 oz. serving
Fresh Herbed Vegetables <b>vg ew pf</b>	100 Cal/3.5 oz. serving
Fresh Asparagus <b>vg EW PF</b>	20 Cal/3 oz. serving
Maple Glazed Carrots <b>V EW PF</b>	110 Cal/2 oz. serving
Creamy Garlic Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Mashed Sweet Potatoes <b>V PF</b>	100 Cal/4.25 oz. serving
Buttermilk Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Oven-Roasted Fingerling Potatoes ${f v}$	130 Cal/3.5 oz. serving
Roasted New Potatoes <b>vg</b>	110 Cal/2.75 oz. serving
Penne with Marinara Sauce <b>vg</b>	290 Cal/3 oz. serving
Macaroni and Cheese	210 Cal/4.25 oz. serving
Garlic Roasted Broccoli <b>VG EW PF</b>	40 Cal/1.75 oz. serving
Cranberry-Pecan Mixed Grains <b>v</b>	160 Cal/3 oz. serving
Savory Herbed Rice <b>v</b> <sub>6</sub>	150 Cal/3.5 oz. serving

Additional Side \$3.00

### **BUFFET FINISHES**

Bread Pudding with Caramel Apple Sauce ${f v}$	360 Cal/6.75 oz. serving
Dulce De Leche Brownie <b>v</b>	230 Cal each
Pumpkin Crunch Mousse <b>V</b>	160 Cal/2.75 oz. serving
Assorted Craveworthy $^{\circ}$ Cookies ${f v}$	220-240 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Assorted Dessert Bars <b>v</b>	200-420 Cal each
New York-Style Cheesecake	360 Cal slice
Apple Pie <b>vg</b>	410 Cal slice
Additional Dessert \$4.00	

### STANDARD BEVERAGE SERVICE

Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Lemonade	90 Cal/8 oz. serving
Gourmet Coffee/Decaf	0 Cal/8 oz. serving
Assorted Sodas	0-170 Cal/8 oz. serving

\*All packages include necessary accompaniments and condiments.

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Additional Entree \$6.00

### PLATED MEALS

All prices are per person and available for 24 guests or more. Includes Standard Beverage Service.

### **CLASSIC CHICKEN PICCATA \$24.00**

Boneless Chicken Breast with a White Wine Caper Sauce, Served with Seasonal Vegetable sauté, Angel Hair Pasta and House Salad

250 Cal/6 oz. serving Chicken Breast with Sauce Angel Hair Pasta v 140 Cal/4 oz. serving Seasonal Vegetables v 15 Cal/3 oz. serving 60-100 Cal each House Salad with Dressing vg Artisan Roll v 140 Cal each

### **CHICKEN RIESLING \$24.00**

Grilled chicken breast topped with Sautéed fresh spinach, Seasoned plum tomatoes, Artichoke hearts, White wine, and garlic, on a bed of Garlic Mashed Potatoes, Served with Artisan Rolls and Spring Mix Bistro Salad

Chicken Breast with Vegetables 260 Cal/6 oz. serving Garlic Mashed Potatoes v 120 Cal/4 oz. serving Bistro Salad with Dressing vg 100 Cal each Artisan Roll v 140 Cal each

### MISO CHICKEN \$24.00

Boneless Sautéed Chicken Breast, Roasted Carrots and Butternut Squash. Candied Almonds and Miso Ginger Grains. Served with Artisan Rolls and Cranberry Mandarin Salad

Chicken Breast, Vegetables, Grains and Almonds 700 Cal/6 oz. serving 60-100 Cal each Cranberry Mandarin Salad vg Artisan Roll v 140 Cal each

#### **CHICKEN CAPRESE \$24.00**

Grilled Chicken Breast topped with Fresh Mozzarella, Tomato and Fresh Basil. Finished with Balsamic Glaze . Served With Fresh Asparagus and Fluffy Mashed Potatoes served with Artisan Rolls and Classic Caesar Salad

Chicken Breast, Toppings and Sauce 520 Cal/6 oz. serving Asparagus v 45 Cal/3 oz. serving Mashed Potatoes v 120 Cal/4 oz. serving Caesar Salad with Dressing 120 Cal each Artisan Roll v 140 Cal each

### **BISTRO CHICKEN \$24.00**

Boneless chicken breast topped with Provolone Cheese, Onions, Mushrooms and a Bacon Scallion Crumble. Served with Bistro sauce. Smoked Paprika Roasted Potatoes and Capri Blend Vegetables. Served with Artisan Rolls and House Salad

Chicken and Toppings 380 Cal/6 oz. serving Potatoes v 130 Cal/4 oz. serving Vegetable v 20 Cal/3 oz. serving House Salad with Dressing vo 60-100 Cal each Artisan Roll v 140 Cal each

#### **CRISPY ASIAGO-CRUSTED CHICKEN \$24.00**

Deep fried boneless chicken breast coated with a blend of Bread Crumbs, Asiago and Pepper. Served with Spaghetti and Marinara, Garden Vegetables and Caesar Salad

Chicken Breast 430 Cal/6 oz. serving Spaghetti with Sauce v 170 Cal/4 oz. serving 15 Cal/3 oz. serving Garden Vegetables v 120 Cal each Caesar Salad with Dressing Artisan Roll v 140 Cal each

### **BISTRO-STYLE FLANK STEAK WITH WILD MUSHROOM WINE SAUCE \$26.00**

Marinated Flank Steak flame broiled with Wild Mushroom Red Wine Sauce. Served with Garlic Potato Puree, Garden Vegetables and Caesar Salad

Flank Steak with Red Wine Demi 430 Cal/6 oz. serving Garlic Potato Puree v 120 Cal /4 oz. serving Garden Vegetables v 15 Cal/3 oz. serving Caesar Salad with Dressing 120 Cal each Artisan Roll v 140 Cal each

### **BEEF TENDERLOIN \$37.00**

Filet Mignon with Roasted Mushrooms, Cipollini Onions, Delmonico Potatoes and Garden Vegetables. Served with Classic Caesar Salad

Filet Mignon, Onions and Mushrooms 290 Cal each Delmonico Potatoes v 210 Cal/4 oz. serving Garden Vegetables v 15 Cal/3 oz. serving Caesar Salad with Dressing 120 Cal each Artisan Roll v 140 Cal each

### OVEN ROASTED PORK TENDERLOIN MEDALLIONS \$25.00

Oven Roasted Pork Medallions served with Parslev Cream Sauce . Roasted Red Potatoes and Steamed Broccoli. Served with House Salad and Artisan Roll.

Pork Tenderloin with Parslev Cream Sauce 190 Cal/6 oz. serving Red Potatoes v 120 Cal/4 oz. serving Broccoli v 40 Cal/3 oz. serving House Salad with Dressing vo 60-100 Cal each Artisan Roll v 140 Cal each

### **LEMON DILL SALMON \$24.00**

Grilled Garlic Herb Salmon served with a Creamy Lemon Dill Sauce, Confetti Brown Rice, Orange Ginger Glazed Carrots, Artisan Rolls and House Salad

Salmon with Sauce 170 Cal/6 oz. serving Confetti Brown Rice v 120 Cal/4 oz. serving Orange Ginger Carrots v 80 Cal/3 oz. serving House Salad with Dressing vo 60-100 Cal each Artisan Roll v 140 Cal each



# **PLATED MEALS**

All prices are per person and available for 24 guests or more. Includes Standard Beverage Service.

### **VEGETARIAN PLATED MEALS**

### INDIAN BUTTER CHICKPEAS WITH RICE PILAF \$23.00

Tender Chickpeas simmered in a rich, creamy tomato-butter sauce infused with aromatic Indian spices like garam masala, cumin, and turmeric. Served over fragrant Basmati Rice Pilaf. Served with Salad and Artisan Rolls

Indian Butter Chickpeas **v** 705 Cal/8 oz. serving
House Salad with Dressings **vs** 60-100 cal each
Naan Bread **v** 150 Cal/2 pieces

### **CREAMY LEMON PASTA \$23.00**

Fettuccine pasta with Lemon cream sauce, Sautéed red peppers, Mushrooms, and Shallots. Served with Salad and Artisan Rolls

Pasta with Vegetables **v** 900 Cal/8 oz. serving
House Salad with Dressings **vs** 60-100 cal each
Artisan Roll **v** 140 Cal each

#### **ITALIAN RAVIOLI \$23.00**

Cheese Ravioli with Spinach, Artichokes, Capers and Sun-Dried Tomatoes. Classic Caesar Salad and Artisan Roll. Add on Grilled Chicken Breast for \$5.00.

Italian Ravioli v390 Cal/3 ravioliSeasoned Broccoli v120 Cal/3 oz. servingCaesar Salad with Dressing120 Cal eachArtisan Roll v140 Cal each

### **ALLERGEN PLATED MEALS**

#### **HONEY GARLIC CHICKEN BREAST \$23.00**

Grilled Marinated Chicken Breast served with Cauliflower Rice and Roasted Sweet Bell Peppers and Broccoli. Served with House Salad

Chicken with Glaze 220 Cal/6 oz. serving
Peppers and Broccoli vg 40 Cal/3 oz. serving
House Salad vg 60-100 Cal each
Cauliflower Rice vg 60 Cal/3 oz. serving

### **SLOW ROASTED BEEF \$23.00**

Slow Cooked Beef and Demi Sauce served with Roasted Redskin Potatoes and Root Vegetables. Served with House Salad

Roasted Beef with demi sauce

Redskin Potato vs 110 Cal/4 oz. serving
Root Vegetables vs 90 Cal/3 oz. serving
House Salad vs 60-100 Cal each
Artisan Rolls v 140 Cal each

#### **ROASTED PORTOBELLO STEAK \$23.00**

Roasted Portobello served with Garlic Rice Pilaf and Roasted Vegetables. Served with Salad and Artisan Rolls

Served with Salad and Artisan Rolls

Roasted Portobello Steak **vs** 320 Cal each House Salad with Dressings **vs** 60-100 Cal each Naan Bread **v** 150 Cal/2 pieces

### **HORS D'OEUVRES**

Contact your catering team to discuss your options. Available for 24 guests or more and based on 1.5 hours of service. Priced per person.

### **RECEPTION HORS D'OEUVRES (HOT)**

Bacon Wrapped Scallops \$7.00	40 Cal each
Coconut Shrimp \$7.00	50 Cal each
Crab Cakes \$7.00	35 Cal each
Boursin Mushroom Pinwheels <b>v</b> \$5.00	70 Cal each
Assorted Mini Quiche \$5.00	100 Cal each
Spanakopita <b>v</b> \$5.00	60 Cal each
Buffalo Cauliflower Wings VG EW PF \$5.00	25 Cal/1.75 oz. serving
Boneless Wings <b>\$6.00</b> (Choose from Buffalo, BBQ, Teriyaki, Mango Habane	400-460 Cal/4 oz serving ero, and Plain)
Meatballs <b>\$6.00</b> (Choose from Swedish, BBQ, and Italian)	180-300 Cal/3 pieces
Vegetable Spring Roll <b>v</b> \$5.00	230 Cal each
Potstickers <b>\$6.00</b> (Choose from Pork, Chicken, and Vegetable <b>v</b> )	40-60 Cal each
Creamy Tuscan Shrimp Market Price	330 Cal/3 shrimp
Middle Eastern Falafel <b>vg</b> \$6.00	130 Cal/3 pieces
Mac n' Cheese Melts <b>v</b> \$5.00	160 Cal/2 pieces

### RECEPTION HORS D'OEUVRES (COLD)

Ricotta and Fig Flatbread <b>v</b> \$5.00	70 Cal each
Hot Miso Honey Root Vegetable Skewers <b>VG EW PF \$5.00</b>	100 Cal each
Traditional Tomato Bruschetta Crostini vg \$5.00	50 Cal each
Roasted Butternut Crostini <b>V EW PF</b> \$5.00	100 Cal each
Cranberry Brie Crostini \$5.00	170 Cal each
Shrimp Cocktail Market Price	50 Cal each
Scotch Egg with Honey Mustard \$5.00	180 Cal each
Garden Pizza <b>v</b> \$5.00	170 Cal/2 pieces
Smoked Whitefish Dip with Pita Chip \$5.00	160 Cal per serving
Cherry Chicken Salad Bites \$6.00	360 Cal/3 cups
Candied Bacon \$5.00	140 Cal/slice
Assorted Sliders \$5.00	
Italian Deli	170 Cal each
Chicken Salad	160 Cal each
Grilled Vegetable <b>v</b>	120 Cal each

### UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.

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### **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 24 guests or more.

### **CLASSIC CHEESE TRAY \$7.00 PER PERSON**

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, and Crostini **Y** 

300 Cal/2.75 oz. serving

### FRESH GARDEN CRUDITÉS \$6.00 PER PERSON

Array of Carrots, Broccoli, Bell Peppers,
Cauliflower, Squash, Grape Tomatoes, Celery,
Mushrooms with Ranch Dill Dip VPF

120 Cal/5 oz. serving

### SEASONAL FRESH FRUIT PLATTER \$6.00 PER PERSON

Seasonal Fresh Fruit VG PF

35 Cal/2.5 oz. serving

### **ANTIPASTO PLATTER \$8.00 PER PERSON**

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

# CHEF CURATED CHARCUTERIE BOARD MARKET PRICE PER PERSON

Chef Curated Charcuterie Board

Calories Vary Per Assortment

### **SMOKED SALMON PLATTER \$9.00**

Salmon and toppings 130 cal serving
Assorted Crackers **v** 60 Cal per serving

# GRILLED VEGETABLE MEZZE WITH HUMMUS AND GARLIC AIOLI \$7.00

Grilled Vegetables **vg**Hummus **vg**120 Cal/2 oz. serving

Garlic Aioli **v**200 Cal/1 oz. serving

### **HUMMUS AND PITA \$5.00**

Traditional Hummus **vg** 120 Cal/2 oz serving Pita Bread **v** 80 Cal/4 wedges

### **HOUSEMADE SPINACH DIP \$5.00**

Housemade Spinach Dip and Tortilla Chips 230 Cal/2.25 oz. serving

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### **CHEF-INSPIRED STATIONS**

All prices are per person and available for 24 guests or more.

### THE SWEET SPOT \$8.00

Select Two (2) Bases:	
Fudge Brownie <b>v</b>	200 Cal each
New York-Style Cheesecake	360 Cal slice
Pound Cake Slices <b>v</b>	150 Cal slice
Pumpkin Pie	310 Cal slice
Select Three (3) Toppings:	
Chocolate Syrup <b>vg</b>	150 Cal/1 oz. serving
Caramel Sauce <b>v</b>	120 Cal/1 oz. serving
Vegan Apple Compote <b>v</b>	60 Cal/1 oz. serving
Cherry Compote <b>v</b>	30 Cal/1 oz. serving
Gingersnap Cookie <b>v</b> g	30 Cal each
Oreo® Cookie Crumbs <b>vg</b>	140 Cal/1 oz. serving
Cinnamon Teddy Grahams® <b>vg</b>	90 Cal/0.75 oz. serving
Cinnamon Streusel <b>v</b>	130 Cal/1 oz. serving
Pretzel Topping <b>vg</b>	110 Cal/1 oz. serving
Candied Almonds and Walnuts <b>vg</b>	170 Cal/1 oz. serving
Candied Bacon Crumbles	370 Cal/1.75 oz. serving
Select Two (2) Extras:	,
Whipped Cream <b>v</b>	50 Cal/1 oz. serving
Chocolate Chips <b>v</b>	70 Cal/0.5 oz. serving
Toasted Coconut <b>vg</b>	150 Cal/1 oz. serving
	3.,

### **BRUSCHETTA BLISS \$7.00**

Crostini <b>vg EW</b>	40 Cal each
Choice of Three (3) Spreads:	
Apple Chutney <b>vg</b>	35 Cal/1 oz. serving
Bacon Jam	150 Cal/1 oz. serving
Spicy Kale Pesto	130 Cal/1 oz. serving
Tomato Bruschetta Topping <b>v</b>	20 Cal/1 oz. serving
Green Chili Relish <b>v</b> g	10 Cal/1 oz. serving
Blue Cheese and Chive Spread	130 Cal/1 oz. serving
Choice of Two (2) Toppings:	
Bacon-Scallion Topping	70 Cal/1 oz. serving
Chorizo and Chickpea Topping	80 Cal/1 oz. serving
Roasted Red Pepper Tapenade <b>vg</b>	50 Cal/1 oz. serving
Mushroom Sauté <b>vg EW PF</b>	30 Cal/1 oz. serving
Choice of Glaze(s):	
Honey Balsamic Glaze <b>v</b>	40 Cal/1 oz. serving
Chipotle Orange Glaze <b>v</b> G	70 Cal/1 oz. serving

### SOFT PRETZEL BAR \$8.00

Hot Pretzels <b>vg</b>	180 Cal each
Choice of Three (3) Dipping Sauces:	
Honey Mustard Sauce v	50 Cal/1 oz. serving
Spicy Mustard Sauce <b>vg</b>	60 Cal/1 oz. serving
Yellow Mustard Sauce <b>vg</b>	25 Cal/1 oz. serving
Nacho Cheese Sauce <b>v</b>	40 Cal/1 oz. serving
Vegan Cheddar Cheese Sauce <b>v</b>	60 Cal/1 oz. serving
Cajun Cheese Sauce <b>v</b>	60 Cal/1 oz. serving
Buffalo Blue Sauce	30 Cal/1 oz. serving
Chocolate Sauce vg	80 Cal/1 oz. serving
Caramel Sauce v	120 Cal/1 oz. serving

### **SLIDE INTO HOME \$9.00**

Choice of Three (3) Sliders:	
Grilled Veggie Sliders vg PF	110 Cal each
Bacon-Blue Meatball Sliders	220 Cal each
Ham and Cheese Sliders	160 Cal each
Spicy Cauliflower Slider vg PF	170 Cal each
Shredded Pork and Slaw Sliders	300 Cal each
Cheeseburger Sliders	250 Cal each
Sriracha Fried Chicken Sliders	390 Cal each

### **HAPPY HOUR \$20.00**

Spinach Dip served with Pita Chips <b>v</b>	250 Cal/2.25 oz. serving
Mini Cheesesteaks	180 Cal each
Buffalo Chicken Tenders served with Blue	
Cheese Dip	560 Cal/6.75 oz. serving
Pretzel Bites with Beer Cheese v	390 Cal/6 oz. serving
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each
Assorted Dessert Bars <b>v</b>	200-420 Cal each

### **SNACKS**

### HOUSE MADE KETTLE CHIPS AND RANCH DIP \$3.00

Chips v 160 Cal/1 oz. serving 200 Cal/1 oz. serving Dip v

### **TRAIL MIX \$3.00**

Sweet and Salty Snack Blend v 180 Cal/1/4 cup serving

#### SNACK MIX \$3.00

Savory Snack Blend v 240 Cal/1 cup serving

### PRETZELS \$2.00

Pretzel Twists v 240 Cal/1 cup serving

### **APPLES, ORANGES, BANANAS \$3.00**

90 cal each Apples vg 60 cal each Oranges vo Bananas vo 100 cal each

### **ASSORTED NOVELTY ICE CREAM \$3.00**

Assorted Novelty Ice Cream v 150 - 400 cal each

### **BREAKS**

All prices are per person and available for 12 guests or more.

### **TRAIL MIX STATION \$7.00**

Granola <b>v</b>	220 Cal/2 oz. serving
Goldfish® Crackers <b>v</b>	260 Cal/2 oz. serving
Pretzel Thins v	350 Cal/2 oz. serving
Plain M&M'S® <b>v</b>	270 Cal/2 oz. serving
Pumpkin Crunch Topping <b>v</b>	140 Cal/1 oz. serving
Chocolate Peanut Butter Bark <b>v</b>	290 Cal/1 oz. serving
Raisins <b>v</b> <sub>6</sub>	90 Cal/1 oz. serving
Dried Cranberries <b>vg</b>	100 Cal/1 oz. serving
Almonds <b>vg</b>	170 Cal/1 oz. serving

### **SNACK ATTACK \$10.00**

Seasonal Fresh Fruit Platter vg PF

House Made Kettle Chips <b>v</b>	100-160 Cal each	
Roasted Peanuts <b>v</b>	180 Cal/1 oz. serving	
Trail Mix <b>v</b>	280 Cal each	
Assorted Craveworthy Cookies <b>v</b>	220-240 Cal each	
Bakery-Fresh Brownies v	250 Cal each	

35 Cal/2.5 oz. serving

### **BREADS AND SPREADS \$11.00**

Tortilla Chips <b>vg</b>	280 Cal/3 oz. serving
Pita Chips <b>v</b>	160 Cal/2 oz. serving
Crostini <b>vg Ew</b>	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole vg PF	70 Cal/2 oz. serving
Ginger Verde Guacamole <b>vg PF</b>	70 Cal/2 oz. serving
Chilled Spinach Dip <b>v</b>	200 Cal/2.25 oz. serving
Feta and Roasted Garlic Dip <b>v</b>	270 Cal/2 oz. serving
Traditional Hummus <b>VG PF</b>	330 Cal/4.5 oz. serving
Artichoke and Olive Dip <b>v</b>	140 Cal/2 oz. serving

#### **HOT CHOCOLATE BAR \$7.00**

Hot Chocolate Bar with Assorted Toppings and Mix-Ins:

Hot Cocoa 160 Cal/8 oz. serving Chocolate Syrup vg 80 Cal/1 oz. serving Caramel Sauce v 100 Cal/1 oz. serving 50 Cal/1 oz. serving Whipped Cream v Mini Marshmallows 50 Cal/0.5 oz. serving

#### **PURE MICHIGAN \$12.00**

Cheese Slices v 120 Cal/1 oz. serving Cheese Spread v 90 Cal/2 T 200 Cal/2 oz. serving Summer Sausage 160 Cal 8 oz. serving Michigan Fizz vg Cherry Chunk Cookies v 280 Cal each Apple Cider vg 120 Cal/8oz. serving Cinnamon Doughnut vo 220 Cal each

### THE CARDINAL BREAK \$9.00

Red & White Kettle Corn v 120 Cal/1 Cup Licorice vg 30 Cal/1 piece Tortilla Chips & Salsa vg 150 Cal/1 oz. Chips/1 oz. Salsa Cherry Limeade vo 100 Cal/8 oz. serving Red Velvet Cupcakes v 160 Cal each

### **BEVERAGES & DESSERTS**

### BEVERAGES

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with

Assorted Tea Bags \$4.00 Per Person O Cal/8 oz. serving

Hot Water with Assorted Tea Bags

0 Cal/8 oz. serving \$20.00 PER GALLON

Bottled Water \$3.00 EACH O Cal each

0-150 Cal each Assorted Sodas (Can) \$3.00 Each

Assorted Individual Fruit Juices \$3.00 Each 100-150 Cal each

Sparkling Water \$4.00 Each O Cal each

Hot Chocolate \$26.00 PER GALLON 160 Cal/8 oz. serving

Iced Tea \$20.00 Per Gallon

0 Cal/8 oz. serving

Iced Water \$10.00 PER GALLON O Cal/8 oz serving

90 Cal/8 oz. serving

160 Cal/8 oz serving

Starbucks Regular or Decaf Coffee \$35.00 Per Gallon 0 Cal/8 oz serving

Regular or Decaf Coffee \$26.00 Per Gallon 0 Cal/8 oz serving

Assorted Fruit Juices (per gallon) \$26.00 Per Gallon 120-130 Cal/8 oz serving

### **PUNCH**

Players Punch \$24.00 Per Gallon

Hot or Cold Apple Cider \$26.00 PER GALLON

Lemonade \$20.00 Per Gallon

(Orange pineapple Juice, Ginger ale, and Sprite) 150 Cal/8 oz serving

Michigan Fiz \$24.00 Per Gallon

(Vernors and Traverse City Cherry Juice) 160 Cal/8 oz serving

Cranberry Fizz \$24.00 Per Gallon

(Sprite and Cranberry Juice) 110 Cal/8 oz serving

### **DESSERTS**

Assorted Craveworthy Cookies v

\$21.00 PER DOZEN 220-240 Cal each

Bakery-fresh Brownies v

\$21.00 PER DOZEN 250 Cal each

Famous Mint Brownies v

**\$24.00 PER DOZEN** 230 Cal each

Assorted Dessert Bars v

\$25.00 PER DOZEN 200-420 Cal each

Chocolate Covered Strawberries v

**\$26.00 PER DOZEN** 40 Cal each

Sweet & Tangy Lemon Bars v

\$25.00 PER DOZEN 150 Cal each

Rice Krispie Treats v

**\$21.00 PER DOZEN** 120 Cal each

### SPECIALTY DESSERTS

All prices are based per person and available for 24 guests or more. Groups of up to 50 guests may select one (1) dessert. Groups of 51-150 guests may select two (2) desserts. Groups of 151 or more may select three (3) desserts.

Assorted Cakes \$5.00 Each

260 Cal slice Chocolate Cake v Yellow Cake v 320 Cal slice Carrot Cake v 360 Cal slice Red Velvet Cake v 500 Cal slice White Cake v 380 Cal slice

Assorted Pies \$5.00 Each

Apple Pie v 410 Cal slice 350 Cal slice Blueberry Pie v Cherry Pie v 380 Cal slice Pumpkin Pie v 300 Cal slice

Dessert "Martini's" \$7.00 Each

Chocolate Mousse v 150 Cal each Strawberry Shortcake v 180 Cal each 170 Cal each Angel Food Cake with Berries v Fruit Martini with Chocolate Dipped Ladyfinger v 110 Cal each

Specialty Desserts \$7.00 Each

430 Cal each Tres Leche Cake Key Lime Bistro 250 Cal each Red Velvet Bistro 280 Cal each Cheeesecake 440-520 Cal each

VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD

### **ORDERING INFORMATION**

#### **Lead Time**

A minimum of 2 weeks is appreciated; however, we will do our best to accommodate late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations. Please note, events booked less than one week out may incur late/rush fees.

### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

### **Allergen**

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

### **Contact Us Today**

989.964.4348 conferencecenterevents@svsu.edu

Prices effective until 08/01/2026 Prices may be subject to change

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