Simmons UNIVERSITY

Catering





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VG VEGAN
V VEGETARIAN

EW EAT WELL

PF PLANT FORWARD



ALL-DAY PACKAGES

ALL DAY DELICIOUS \$57.99

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 24 quests or more.

DELICIOUS DAWN

Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee Decaf, and Hot Tea	0 Cal/8 oz serving

AM PERK UP

Granola Bars v	100-200 Cal each
Assorted Yogurt Cups	50-100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

POWER UP LUNCH

Tomato and Cucumber Couscous Salad vg	120 Cal/3./5 oz. serving
Orange Fennel Spinach Salad V EW PF	210 Cal/6.5 oz. serving
Bakery-Fresh Dinner Roll with Butter v	200 Cal each
Green Beans Gremolata vg EW PF	70 Cal/3 oz. serving
Three Pepper Pesto Cavatappi (Hot or Chilled) V EW PF	270 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce EW	210 Cal/5.75 oz. serving
New York-Style Cheesecake Iced Tea Iced Water	360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving

PM PICK ME UP

Spinach Dip (Hot Or Chilled) with Tortilla Chips v	250 Cal/2.25 oz. serving
Grilled Vegetable Tray vg EW PF	70 Cal/3 oz. serving
Bakery-Fresh Brownies v	250 Cal each
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

MEETING WRAP UP \$46.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 24 quests or more.

MORNING MINI

Mini Muffins v	80-120 Cal each
Mini Danish v	100-140 Cal each
Mini Scones v	100-110 Cal each
Yogurt Parfait Cups v	360-410 Cal each
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee Decaf, and Hot Tea	0 Cal/8 oz serving

THE ENERGIZER

Donut Holes v	45-70 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

IT'S A WRAP

Seasonal Fresh Fruit Salad VG PF	35 Cal/2.5 oz. serving
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	580 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap PF	610 Cal each
Choice of One (1) Salad:	
Traditional Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch v EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad vg	120 Cal/3 oz. serving
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips vg	280 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja v g	20 Cal/1 oz. serving
Salsa Verde v	5 Cal/1 oz. serving
Pico De Gallo v g	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Assorted Whole Fruit vg PF	45-100 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

SIMPLE PLEASURES \$37.99

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 24 guests or more.

SIMPLE CONTINENTAL

Assorted Donuts	240-540 Cal each
Assorted Bagels v	290-450 Cal each
Orange Juice	120 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

BOX LUNCH

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta	500 Cal each
Deli Sliced Ham with Honey Mustard Ciabatta	420 Cal each
Turkey and Swiss Sandwich	520 Cal each
Mozzarella, Red Pepper, Balsamic and Kale Ciabatta EW F	F 500 Cal each
Individual Bag of Chips v	100-160 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Iced Water	0 Cal/8 oz. serving

MID-DAY MUNCHIES

Tortilla Chips vg	280 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja vg	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Pico De Gallo v g	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Whole Fruit VG PF	45-100 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

 $^*\mbox{All}$ packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



BREAKFAST

BREAKFAST COLLECTIONS

All prices are per person and available for 12 guests or more. All appropriate condiments included.

BASIC BEGINNINGS \$10.99

Choice of One (1) Breakfast Pastry:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Buttery Croissants v	370 Cal each
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

QUICK START \$13.09

Choice of Three (3) Breakfast Pastries:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Buttery Croissants v	370 Cal each
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

TOAST BAR-SWEET OR SAVORY \$12.59

Choose between a Sweet or Savory CYO Toast B	ar
Seasonal Fresh Fruit Platter vg PF	35 Cal/2.5 oz. serving
Make it Sweet:	
Grilled Baguette Slices v	100 Cal each
Ricotta Cheese v	40 Cal/1 oz. serving
Honey v	80 Cal/1 oz.serving
Strawberry Preserves v	80 Cal/1 oz. serving
Blueberries vg	15 Cal/1 oz. serving
Sliced Almonds vG	170 Cal/1 oz. serving
Chia Quinoa Crunch v	120 Cal/1 oz. serving
Make it Savory:	
Grilled Baguette Slices v	100 Cal each
Dressed Rocket Greens PF	40 Cal/1.4 oz. serving
Smashed Avocado Spread vg	40 Cal/1 oz. serving
Avocado Pea Spread v	40 Cal/1 oz. serving
Grape Tomatoes v ₆	10 Cal/1 oz. serving
Sliced Radish vg	5 Cal/1 oz. serving
Pickled Red Onion VG PF	25 Cal/1 oz. serving
Green Scallions	0 Cal/0.5 oz. serving
Add Cheese (1):	
Feta Cheese Crumbles v	80 Cal/1 oz. serving
Crumbled Goat Cheese v	80 Cal/1 oz. serving
Spice it Up:	
Crushed Red Pepper v ₆	25 Cal/0.025 oz. serving
Everything Spice v	25 Cal/0.025 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam v \$27.99 Per Dozen	290-450 Cal each
Assorted Muffins Served with Butter and Jam v \$27.99 Per Dozen	360-450 Cal each
Assorted Pastries v \$27.99 Per Dozen	210-530 Cal each
Seasonal Fresh Fruit Platter VG PF \$4.09 P ER P ERSON	35 Cal/2.5 oz. serving
Assorted Greek Yogurt Cups v \$3.79	90-110 Cal each
Vegan Blueberry Banana Breakfast Bread V6	260 Cal slice

BREAKFAST

HOT BREAKFAST

All prices are per person and available for 12 guests or more. All appropriate condiments included.

ULTIMATE BREAKFAST \$19.29

Choice of Three (3) Breakfast Pastries:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Buttery Croissants v	370 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cheddar and Onion Frittata v	260 Cal each
Pancakes v	50 Cal each
Maple Syrup vg	100 Cal/1 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

*All packages include necessary accompaniments and condiments.

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AMERICAN BREAKFAST \$15.69

Choice of One (1) Breakfast Pastry:	
Assorted Danish v	250-420 Cal each
Assorted Muffins v	360-450 Cal each
Assorted Scones v	400-440 Cal each
Assorted Bagels v	290-450 Cal each
Buttery Croissants v	370 Cal each
Breakfast Potatoes v	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs v	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

EARLY BIRD BRUNCH \$17.29

Seasonal Fresh Fruit Platter vg PF Parmesan Peppercorn Hash Browns EW	35 Cal/2.5 oz. serving 90 Cal/3.25 oz. serving
Pick your Egg Dish (2):	30 cal, 5.23 62. 3cl villig
Three Cheese & Ham Strata	290 Cal/6.25 oz. serving
Asparagus, Spinach & Feta Strata	300 Cal/ 7oz. Serving
Spinach Parmesan Egg White Bite	290 Cal each
Lorraine Egg Bite	100 Cal each
Pick your Proteins (1):	
Maple Chipotle Bacon	80 Cal each
Turkey Sausage Patty	90 Cal each
Incogmeato™ Sausage Patty v g	150 Cal each
Select One (1) Toast Station:	
Sweet Toast Station:	100 6-1
Grilled Baguette Slices vg Ricotta Cheese v	100 Cal each 40 Cal/1 oz. serving
Honey V	50 Cal/0.5 oz. serving
Strawberry Preserves vg	80 Cal/1 oz. serving
Blueberries vg	15 Cal/1 oz. serving
Sliced Almonds vg	170 Cal/1 oz. serving
Chia Quinoa Crunch vg	120 Cal/1 oz. serving
Savory Toast Station:	3
Grilled Baguette Slices vg	100 Cal each
Dressed Rocket Greens PF	40 Cal/1.4 oz. serving
Smashed Avocado Spread vg	40 Cal/1 oz. serving
Avocado Pea Spread v g	40 Cal/1 oz. serving
Grape Tomatoes vg	10 Cal/1 oz. serving
Sliced Radish vg	5 Cal/1 oz. serving
Pickled Red Onion VG PF	25 Cal/1 oz. serving
Green Scallions Add Cheese (1):	0 Cal/0.5 oz .serving
Feta Cheese Crumbles v	80 Cal/1 oz. serving
Crumbled Goat Cheese v	80 Cal/1 oz. serving
Spice it Up:	oo caly 1 oz. sel villig
Crushed Red Pepper vg	25 Cal/0.025 oz. serving
Everything Spice vg	25 Cal/0.025 oz. serving
Iced Water	0 Cal/8 oz. serving
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply



BREAKFAST

BREAKFAST ENHANCEMENTS

All prices are per person and available for 12 guests or more.

YOGURT PARFAIT BAR \$11.99 PER PERSON

Choice of Two (2) Yogurt Flavors:

Greek Yogurt v 60 Cal/4 oz. serving 80 Cal/4 oz. serving Strawberry Yogurt v Vanilla Yogurt v 80 Cal/4 oz. serving Diced Pineapple VG PF 30 Cal/2 oz. serving Fresh Strawberries VG PF 20 Cal/2 oz. serving 90 Cal/0.5 oz. serving Walnuts vg Honey **v** 50 Cal/0.5 oz. serving Granola v 110 Cal/1 oz. serving

ASSORTED CEREAL CUPS SERVED WITH MILK \$6.39 PER PERSON

Individual Cereal Cups **v**

170-230 Cal each 120 Cal/8.75 oz. serving

ACAI BOWLS \$12.09

Assorted Toppings to include: Honey, Blueberries, Strawberries, Toasted Coconut, Granola. Waitstaff is required.

Acai vg

280 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

DELI EXPRESS \$19.39

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

80-230 Cal/2-4.5 oz. serving Chicken Salad, or Hummus with Vegetables) Cheese Tray (Cheddar and Swiss) v 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vg 10 Cal/1 oz. serving Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

PREMIUM BOX LUNCHES

Your Choice of Entrée Salad served with a Bakery-Fresh Roll with Butter, Fruit Cup. Dessert Bar, and Bottled Water

Bakery-Fresh Roll with Butter v 200 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert Bar v 200-420 Cal each **Bottled Water** O Cal each

Traditional Caesar Salad with Grilled Chicken, Shredded Parmesan Cheese and Seasoned Croutons served with

Caesar Dressing \$20.39 320 Cal/7.25 oz. serving

Fresh Baby Spinach and Apple Salad with Grilled Chicken Breast, Crumbled Goat Cheese, Diced Bacon and

540 Cal/10.5 oz. serving Country Apple Dressing \$20.39

Mediterranean Quinoa Salad: Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and

Pita **v EW PF \$20.39** 570 Cal/15 oz. serving

CLASSIC BOX LUNCH \$17.09

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 150-770 Cal each Individual Bag of Chips v 100-160 Cal each Assorted Craveworthy Cookies v 220-240 Cal each **Bottled Water** 0 Cal each

CLASSIC SELECTIONS SANDWICH BUFFET \$21.99

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips V 100-160 Cal each Choice of Three (3) Classic Sandwiches 150-770 Cal each Assorted Craveworthy Cookies v 220-240 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water 0 Cal/8 oz. serving

CLASSIC SANDWICH OPTIONS

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Turkey, Avocado and Slaw Ciabatta with a Greek

Goddess Spread 410 Cal each

Chicken Caesar Wrap 630 Cal each

Jerk Chicken Sandwich 680 Cal each

Reuben Wrap with Corned Beef, Swiss Cheese,

Coleslaw with Lettuce, Onion and Dijon Mustard 630 Cal each

Roasted Chickpea Gyro with Lettuce, Cucumber, Red

Onion and Feta Cheese Spread V PF 540 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

SANDWICHES & SALADS

CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

THE EXECUTIVE LUNCHEON \$23.09

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

30-240 Cal each Choice of Two (2) Side Salads (pg 10) Dill Pickle Slices vg 5 Cal/1 oz. serving Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Executive

320-800 Cal each Luncheon Sandwiches Assorted Craveworthy Cookies v 220-240 Cal each

Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving Iced Water O Cal/8 oz. serving

EXECUTIVE LUNCHEON SANDWICHES

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread 720 Cal each Vietnamese Pork Baguette with Cucumber, Pickled Daikon and Carrot, Cilantro, Jalapeno and Mayo 790 Cal each Creamy Chicken Salad Croissant with Fresh Dill 680 Cal each Chicken Teriyaki Ciabatta with Pineapple Salsa 470 Cal each

Masala Hummus and Chicken Ciabatta with Sliced Cucumber, Arugula, Tomato, Pickled Red Onions, Indian-Spiced Hummus and Cilantro EW 500 Cal each

Deli-Style Turkey, Ham and Mozzarella with Pesto Mayo on a Baguette 680 Cal each

Sweet Potato Smash Ciabatta with Goat Cheese.

500 Cal each Cranberry Sauce and Arugula V EW PF

*All packages include necessary accompaniments and condiments.

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SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic

Vinaigrette Dressing and Ranch **v EW PF** 45 Cal/3.5 oz. serving

Arugula Salad with Cauliflower and Beets EW PF 120 Cal/2.5 oz. serving

Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing

240 Cal/4 oz. serving

Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing **v EW**

170 Cal/3.5 oz. serving

Sweet Chili Cucumber Salad with Red Onion, Fresh Cilantro and a Sweet and Spicy Chili Sauce vg EW

20 Cal/3 oz. serving

Fresh Fruit Salad vg PF

35 Cal/2.5 oz. serving

Greek Pasta Salad tossed with Tomatoes. Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives v

80 Cal/3 oz. serving

Chickpea Salad with Fresh Cucumbers. Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning vo

150 Cal/3.5 oz. serving

Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic vg

110 Cal/4 oz. serving

Moroccan Carrot Salad with Mint VG EW PF

120 Cal/3.75 oz. serving

THEMED BUFFETS

All prices are per person and available for 18 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

BAKED POTATO BAR \$23.39

Traditional Garden Salad with Balsamic Vinaigrette	
and Ranch V EW PF	50 Cal/3.5 oz. serving
Baked Potatoes vg	220 Cal each
Chicken Mushroom Alfredo	50 Cal/1 oz. serving
Chili Con Carne	60 Cal/2 oz. serving
Vegetarian Chili vg ew PF	30 Cal/2 oz. serving
Steamed Broccoli VG PF	20 Cal/2 oz. serving
Bacon Bits	70 Cal/0.5 oz. serving
Shredded Cheddar Cheese v	110 Cal/1 oz. serving
Scallions vg	0 Cal/0.25 oz. serving
Sour Cream v	60 Cal/1 oz. serving
Butter v	35 Cal each
Choice of One (1) Dessert:	
Apple Cobbler v	360 Cal/4.75 oz. serving
Apple Pie vg	410 Cal/slice
Add on Cheddar Cheese Sauce v	40 Cal/1 oz. serving

BBQ NATION \$24.19

DBQ NATION \$24.19	
Choice of One (1) Salad:	
Potato Salad v	240 Cal/4.25 oz. serving
Sweet Potato Salad v pf	290 Cal/3.5 oz. serving
Old-Fashioned Coleslaw V EW	150 Cal/3 oz. serving
Lexington Slaw vg EW PF	30 Cal/2.75 oz. serving
Choice of One (1) Bread:	
Corn Muffin v	220 Cal each
Southern Biscuits v	190 Cal each
Texas Toast v g	120 Cal each
Choice of Two (2) Sides:	
Macaroni and Cheese	210 Cal/4.25 oz. serving
BBQ Pinto Beans	150 Cal/3.5 oz. serving
Black-Eyed Peas	140 Cal/4.5 oz. serving
Bacon & Onion Green Beans PF	90 Cal/4 oz. serving
Choice of Two (2) Entrees:	
Smoked BBQ Pulled Pork	210 Cal/3 oz. serving
Smoked Beef Brisket	170-210 Cal/3 oz. serving
BBQ Spiced Shredded Chicken	160 Cal/3 oz. serving
Nashville BBQ Pulled Pork Sandwich	510 Cal each
BBQ Jackfruit vg PF	150 Cal/3 oz. serving
BBQ Pulled Oats Sandwich vg PF	430 Cal each
Bakery-Fresh Dinner Roll for Sandwiches v	160 Cal each
Choice of Two (2) Sauces:	
Nashville BBQ Sauce	70 Cal/1 oz. serving
Carolina BBQ Sauce vg	20 Cal/1 oz. serving
Texas BBQ Sauce	50 Cal/1 oz. serving
Alabama BBQ Sauce v	160 Cal/1 oz. serving
Sweet Baby Ray's BBQ Sauce vg	170 Cal/1 oz. serving
Assorted Craveworthy Cookies v	220-240 Cal each





THEMED BUFFETS

All prices are per person and available for 18 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

POWER BOOST BOWLS \$25.09

POWER BOOST BOWES \$23.09	
Choice of One (1) Grain:	
Lemon Herbed Farro vg EW PF	150 Cal/3.5 oz. serving
Quinoa and Lentils VG EW PF	90 Cal/3 oz. serving
Choice of One (1) Greens:	
Kale Mix vg pf	10 Cal/1.25 oz. serving
Romaine Arugula Mix vg pf	5 Cal/1.25 oz. serving
Choice of Two (2) Proteins:	
Lemon Garlic Chicken	130 Cal/3 oz. serving
Hard-Cooked Egg v	80 Cal each
Grilled Sumac Salmon	120 Cal/2.75 oz. serving
Choice of Three (3) Toppings:	
Spicy Roasted Broccoli vg EW PF	45 Cal/1.5 oz. serving
Sliced Avocado v	90 Cal/2 oz. serving
Turmeric Roasted Cauliflower VG EW PF	35 Cal/2 oz. serving
Garbanzo Beans v g	150 Cal/3 oz. serving
Roasted Butternut Squash vg EW PF	80 Cal/2 oz. serving
Roasted Mushrooms VG EW PF	90 Cal/3 oz. serving
Shredded Beets vg	30 Cal/2 oz. serving
Edamame v g	80 Cal/2 oz. serving
Choice of Two (2) Sauces:	
Greek Yogurt Ranch Dressing v	90 Cal/1 oz. serving
Pesto Vinaigrette v	120 Cal/1 oz. serving
Tahini Tzatziki Dressing v	30 Cal/1 oz. serving
Choice of Two (2) Garnishes:	
Feta Cheese Crumbles v	80 Cal/1 oz. serving
Pickled Red Onion v _G	20 Cal/1 oz. serving
Toasted Walnuts vg	180 Cal/1 oz. serving
Shaved Parmesan	110 Cal/1 oz. serving
Brown Butter Pumpkin Seeds 🗸	170 Cal/1 oz. serving
Choice of One (1) Dessert:	
Baklava v	70 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Assorted Craveworthy Cookies v	220-240 Cal eac

SABOR CANTINA \$20.49

Tortilla Chips vg	280 Cal/3 oz. serving
Select Two (2) Salsas:	
Fire Roasted Salsa vg	10 Cal/1 oz. serving
Grilled Pineapple Salsa vg	25 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Salsa Macha v g	190 Cal/8 oz. serving
Black Bean, Jicama & Corn Salad vg EW PF	90 Cal/3.25 oz. serving
Sofrito Black Beans and Rice vg Ew	160 Cal/3.5 oz. serving
Select Two (2) Empanadas:	
MIni Beef Empanada (4 per guest)	80 Cal each
Mini Chicken Empanadas (3 per guest)	70 Cal each
Mini Vegetable Empanadas (3 per guest)	70 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each

THEMED BUFFETS

All prices are per person and available for 18 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

MEDI EATS BUFFET \$24.89

Chilled Israeli Couscous VG EW PF	120 Cal/3.5 oz. serving
Pita Wedges v	60 Cal each
Roasted Eggplant vg EW PF	100 Cal/3 oz. serving
Sautéed Spinach vg EW PF	60 Cal/3.25 oz. serving
Choice of One (1) Chicken Entree:	
Chicken Souvlaki Skewers	190 Cal each
Baked Paprikash Chicken EW	200 Cal/6 oz. serving
Baked Falafel V PF	45-260 Cal each
Tzatziki v	15 Cal/1 oz. serving
Cinnamon Custard v	110 Cal each

CLASSIC PIZZA \$21.29

Traditional Garden Salad with Balsamic Vinaigrette and Ranch v EW PF	50 Cal/3.5 oz. serving 190 Cal/1.25 oz. each
Kettle Chips V	190 Cal/ 1.25 02. each
Choice of Three (3) Pizzas:	
Traditional New York-Style Cheese Pizza Slices v	250 Cal/slice
Meat Lover's Pizza Slices	460 Cal/slice
Garden Vegetable Pizza Slices	270 Cal/slice
Pepperoni Pizza	390 Cal each
Buffalo Chicken Pizza	380 Cal each
BBQ Chicken Pizza	450 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each

TACO DEL SEOUL \$27.09

Vegetable Egg Rolls v	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce v	50 Cal/1.25 oz. serving
Sweet and Sour Sauce vg	35 Cal/1 oz. serving
Chili Garlic Sauce vg	110 Cal/1 oz. serving
Corn Tortillas vg	35 Cal each
Bibb Lettuce Wrap vg	0 Cal/0.5 oz. serving
Jasmine Rice vg	130 Cal/3 oz. serving
Choice of Two (2) Proteins:	
Korean BBQ Chicken	130 Cal/2 oz. serving
Korean BBQ Pork	140 Cal/2 oz. serving
Korean BBQ Tofu vg	140 Cal/2 oz. serving
Asian Slaw vg EW PF	40 Cal/2.5 oz. serving
Pickled Cucumbers vg	5 Cal/1 oz. serving
Pickled Carrot and Daikon vg PF	15 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja vg	20 Cal/1 oz. serving
Salsa Verde v g	5 Cal/1 oz. serving
Mango Salsa v	30 Cal/1 oz. serving
Shredded Green Cabbage VG PF	0 Cal/0.5 oz. serving
Scallions vg	0 Cal/0.25 oz. serving
Cilantro vg	0 Cal/0.125 oz. serving
Toasted Sesame Seeds vg	40 Cal/0.25 oz. serving
Chopped Peanuts v	80 Cal/0.5 oz. serving
Coconut Mango Rice Dessert V PF	220 Cal/5.85 oz. serving

REPUBLIC OF SPICE \$29.99

Kachumber Salad vg EW PF	40 Cal/3.9 oz. serving
Tikka Chaat Salad vg EW PF	70 Cal/3 oz. serving
Curry-Spiced Naan v g	450 Cal each
Choice of One (1) Base:	
Brown Rice vg EW	100 Cal/2.75 oz. serving
Lemon-Ginger Basmati Rice vg	170 Cal/3.25 oz. serving
Choice of One (1) Vegetarian Entrée:	
Sweet Potato Coconut Curry VG PF	150 Cal/4 oz. serving
Cauliflower Cashew Vindaloo VG PF	110 Cal/3.5 oz. serving
Yellow Dal vg ew pf	110 Cal/4.25 oz. serving
Choice of One (1) Entrée:	
Kadai Jhinga Masala (Shrimp Curry)	120 Cal/4.5 oz. serving
Tandoori Chicken EW	140 Cal/3 oz. serving
Butter Chicken	220 Cal/4 oz. serving
Pickled Red Onion vg	10 Cal/0.5 oz. serving
Shredded Carrot vg	10 Cal/1 oz. serving
Cilantro vg	0 Cal/0.125 oz. serving
Choice of Two (2) Sauces:	
Mango Chutney v	45 Cal/1 oz. serving
Cucumber Mint Raita v	15 Cal/1 oz. serving
Tomato-Onion Chutney vg	140 Cal/2 oz. serving
Honey Lemon Rice Pudding v	200 Cal/4.25 oz. serving

O-MORI RAMEN BOWL \$25.89

Tempura Broccoli with Spicy Sesame Mayo	420 Cal/5 oz. serving
Wedge Salad with Carrot Ginger Dressing vg PF	240 Cal/7.4 oz. serving
Ramen Noodles v	370 Cal/5 oz. serving
Choice of Two (2) Broths:	
Smoky Shoyu	60 Cal/12 oz. serving
Curry Chicken	70 Cal/12 oz. Serving
Mushroom Miso vg	50 Cal/12 oz. Serving
Choice of One (1) Protein:	,
Chashu Pulled Pork	260 Cal/3.5 oz. serving
Crispy Chicken Katsu	270 Cal/3.75 oz. serving
Soy Shiitake vg EW PF	100 Cal/2.25 oz. serving
Choice of Three (3) Toppings:	,
Crispy Onion vg	110 Cal/1 oz. serving
Baby Bok Choy vg EW PF	5 Cal/1.125 oz. serving
Corn vg	50 Cal/2 oz. serving
Spinach v G	15 Cal/2 oz. serving
Soy Egg v	80 Cal each
Choice of Two (2) Garnishes:	oo car cacii
Scallion vg	5 Cal/0.5 oz. serving
Nori Square vG	0 Cal each
Chili Oil	120 Cal/0.5 oz. serving
Togarashi vg	25 Cal/0.25 oz. serving
Toasted Sesame Seed vg	40 Cal/0.25 oz. serving
Toasted Sesame Seed VG	40 Cai/ 0.25 02. Serving

*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

CREATE YOUR OWN BUFFET

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS

Traditional Garden Salad with Balsamic Vinaigrette and Ranch ${\bf v}$ EW PF	45 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Caprese Salad PF	150 Cal/3 oz. serving
Kale Salad with Blue Cheese, Raisins and Red Onion and a Lemon Vinaigrette EW PF	100 Cal/1.5 oz. serving
Avocado Kale Salad VG PF	50 Cal/1.5 oz. serving
Greek Salad with Crumbled Feta v	110 Cal/3.25 oz. serving

BUFFET ENTREES

Grilled Chicken Breast with Cider Marinade \$24.89	120 Cal/3 oz. serving
Lemon Artichoke Chicken Breast EW \$28.59	210 Cal/5.75 oz. serving
Grilled Peri-Peri Chicken \$24.89	140 Cal/3 oz. serving
Chicken Mushroom Marsala EW \$24.89	240 Cal/6.75 oz. serving
Pretzel Crusted Chicken Breast with Honey Cream Sauce \$28.59	270 Cal/4.75 oz. serving
Honey Mustard Pork Loin \$24.89	270 Cal/4 oz. serving
Bruschetta Tilapia EW \$30.59	180 Cal/5.5 oz. serving
Grilled Teriyaki Salmon \$30.59	140 Cal/3 oz. serving
BBQ Beef Brisket \$28.59	350 Cal/5 oz. serving
Caribbean-Style Stuffed Pepper with Sofrito Rice and Black-Eyed Peas VG EW PF \$28.19	120 Cal each
Vegan Shepherd's Pie v ew PF \$21.19	250 Cal/9.8 oz. serving

BUFFET SIDES

Pan Roasted Vegetables V PF	45 Cal/3 oz. serving
Chili-Garlic Green Beans VG EW PF	70 Cal/4 oz. serving
Fresh Asparagus VG EW PF	20 Cal/3 oz. serving
Caesar Brussels Sprouts EW PF	150 Cal/1.5 oz. serving
Garlic Roasted Broccoli vg EW PF	40 Cal/1.75 oz. serving
Ginger Honey Glazed Carrots v	110 Cal/3.25 oz. serving
Buttermilk Mashed Potatoes ${f v}$	120 Cal/3.75 oz. serving
Savory Herbed Rice v ₆	150 Cal/3.5 oz. serving
Macaroni and Cheese	210 Cal/4.25 oz. serving

BUFFET FINISHES

Berry Panna Cotta	340 Cal each
Bread Pudding with Caramel Apple Sauce ${\bf v}$	360 Cal/6.75 oz. serving
Assorted Mini Parfaits v	190-240 Cal each
Chocolate Cake v	320 Cal slice
Assorted Craveworthy $^{\circ}$ Cookies ${\bf V}$	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each

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RECEPTIONS

HORS D'OEUVRES

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

RECEPTION HORS D'OEUVRES (HOT)

Smoked Candied Bacon Jam Tarts \$34.19	80 Cal each
Bacon Wrapped Scallops \$40.89	40 Cal each
Black Angus Mini Cheeseburgers (Sliders) \$69.39	50 Cal each
Chicken and Waffle with Spicy Syrup \$34.19	45 Cal each
Brie and Raspberry en Croute v \$36.69	140 Cal each
Assorted Mini Quiche \$26.19	100 Cal each
Spanakopita v \$28.09	60 Cal each
Vegetable Samosas v \$38.39	40 Cal each

RECEPTION HORS D'OEUVRES (COLD)

Tenderloin and Bacon Jam Crostini \$25.09	130 Cal each
Mediterranean Antipasto Skewers \$42.99	60 Cal each
Veggie Hummus Cups VG EW PF \$32.99	170 Cal each
Gazpacho Shooters VG EW PF \$22.99	30 Cal/2 oz. serving
Traditional Tomato Bruschetta Crostini vg \$21.99	50 Cal each
Shrimp Cocktail Market Price	50 Cal each

UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





RECEPTIONS

RECEPTION PLATTERS AND DIPS

All prices are per person and available for 18 guests or more.

CLASSIC CHEESE TRAY \$6.59 PER PERSON

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini V

300 Cal/2.75 oz. serving

FRESH GARDEN CRUDITÉS \$4.69 PER PERSON

Array of Carrots, Broccoli, Bell Peppers, Cauliflower, Squash, Grape Tomatoes, Celery, Mushrooms with Ranch Dill Dip **V PF**

120 Cal/5 oz. serving

GRILLED VEGETABLES \$5.39 PER PERSON

Grilled Vegetables served with Balsamic Vinaigrette **VG EW PF**

70 Cal/3 oz. serving

ANTIPASTO PLATTER \$8.99 PER PERSON

Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese

260 Cal/5 oz. serving

ASSORTED TEA SANDWICHES \$8.49 PER PERSON

An assortment of our most popular Tea Sandwiches

Chicken and Apple Tea Sandwiches230 Cal eachRoast Beef and Brie Tea Sandwiches260 Cal eachCreamy Egg Salad on White Bread290 Cal eachFresh Mozzarella, Tomato and Basil Tea Sandwiches240 Cal each

*All packages include necessary accompaniments and condiments.

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RECEPTIONS

CHEF-INSPIRED STATIONS

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 18 guests or more.

HAPPY HOUR \$20.79

Spinach Dip (Warm or Chilled) served with Pita Chips ${\bf v}$	250 Cal/2.25 oz. serving
Mini Cheesesteaks	180 Cal each
Buffalo Chicken Tenders served with Blue Cheese Dip	560 Cal/6.75 oz. serving
Pretzels Bites (10 per person) with Beer Cheese v Assorted Craveworthy Cookies v Assorted Dessert Bars v	390 Cal/6 oz. serving 220-240 Cal each 200-420 Cal each

BRUSCHETTA BLISS \$5.99

Crostini vg EW	40 Cal each
Choice of Three (3) Spreads:	
Apple Chutney v	35 Cal/1 oz. serving
Bacon Jam	150 Cal/1 oz. serving
Spicy Kale Pesto	130 Cal/1 oz. serving
Tomato Bruschetta Topping v	20 Cal/1 oz. serving
Green Chili Relish v g	10 Cal/1 oz. serving
Blue Cheese and Chive Spread	130 Cal/1 oz. serving
Choice of Two (2) Toppings:	
Bacon-Scallion Topping	70 Cal/1 oz. serving
Chorizo and Chickpea Topping	80 Cal/1 oz. serving
Roasted Red Pepper Tapenade v	50 Cal/1 oz. serving
Mushroom Sauté vg EW PF	30 Cal/1 oz. serving
Choice of Glaze(s):	
Honey Balsamic Glaze v	40 Cal/1 oz. serving
Chipotle Orange Glaze vg	70 Cal/1 oz. serving

TOP YOUR OWN POUND CAKE BAR \$12.49

Pound Cake Slices v	150 Cal slice
Sugared Strawberries v	60 Cal/2 oz. serving
Apple-Brown Sugar Compote 🗸	80 Cal/2 oz. serving
Cherry Compote v _G	60 Cal/2 oz. serving
Fresh Blueberries v	30 Cal/2 oz. serving
Chocolate Syrup vg	80 Cal/1 oz. serving
Whipped Cream v	50 Cal/1 oz. serving

BREAKS

All prices are per person and available for 12 guests or more.

SNACK ATTACK \$8.59

Asserted Individual Dags of Chinase	100-160 Cal each
Assorted Individual Bags of Chips v	100-160 Car each
Roasted Peanuts v	180 Cal/1 oz. serving
Trail Mix v	280 Cal each
Assorted Craveworthy Cookies v	220-240 Cal each
Bakery-Fresh Brownies v	250 Cal each

BREADS AND SPREADS \$7.59

Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Tortilla Chips v	280 Cal/3 oz. serving
Pita Chips v	160 Cal/2 oz. serving
Crostini vg EW	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole vg PF	70 Cal/2 oz. serving
Ginger Verde Guacamole VG PF	70 Cal/2 oz. serving
Chilled Spinach Dip v	200 Cal/2.25 oz. serving
Feta and Roasted Garlic Dip v	270 Cal/2 oz. serving
Traditional Hummus VG PF	330 Cal/4.5 oz. serving
Artichoke and Olive Dip v	140 Cal/2 oz. serving

EXECUTIVE COFFEE BREAK \$7.49

Assorted Dessert Bars v	200-420 Cal each
Bakery-Fresh Brownies v	250 Cal each
Shark Bite Coffee, Decaf, and Hot Tea	0 Cal/8 oz. serving

HOT CHOCOLATE BAR \$6.59

Hot Chocolate Bar with Assorted Toppings	
and Mix-Ins	160-320 Cal/8 oz. serving



BEVERAGES & DESSERTS

BEVERAGES

Includes appropriate accompaniments

Regular/Decaffeinated Coffee and Hot Water with

Assorted Tea Bags \$3.79 Per Person

Regular Coffee \$2.39 Per Person 0 Cal/8 oz. serving

Hot Water with Assorted Tea Bags

\$2.39 Per Person O Cal/8 oz. serving

Assorted Individual Fruit Juices \$2.89 Each 100-150 Cal each

Hot Chocolate \$27.39 Per Gallon 160 Cal/8 oz. serving

Sweet Tea \$22.99 Per Gallon 150 Cal/8 oz. serving

Fruit Punch \$24.69 Per Gallon 110 Cal/8 oz. serving

Infused Water \$11.99 Per Gallon

Choice of One (1) Fruit Infused Water:

Lemon Infused Water0 Cal/8 oz. servingOrange Infused Water10 Cal/8 oz. servingApple Infused Water20 Cal/8 oz. servingCucumber Infused Water0 Cal/8 oz. servingGrapefruit Infused Water20 Cal/8 oz. serving

Hibiscus Iced Tea \$22.99 Per Gallon 80 Cal/8 oz. serving

Strawberry Agua Fresca \$22.59 Per Gallon 70 Cal/8 oz. serving

DESSERTS

Assorted Craveworthy Cookies v

\$17.99 PER DOZEN

220-240 Cal each

Bakery-fresh Brownies v

\$23.99 PER DOZEN

250 Cal each

O Cal/8 oz. serving

Assorted Dessert Bars **v**

\$27.29 PER DOZEN

200-420 Cal each

Custom Artisan Cupcakes ${f v}$

\$33.09 PER DOZEN

180-480 Cal each

New York Cheesecake (Each)

\$39.49 SERVES 8

360 Cal slice

ORDERING INFORMATION

Lead Time

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Calorie & Nutrition

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

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VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



Contact Us Today

617.306.6574 catering@simmons.edu https://simmons.catertrax.com/

Prices effective until 07/01/2026 Prices may be subject to change

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