



BREAKS

TOP PICK

The Healthy Alternative \$3.83 per person
Get healthy with our Heart-Happy Break

Apples	60 Cal each
Oranges	50 Cal each
Bananas	110 Cal each
Chobani®-Plain and Fruited	50-150 Cal each
Second Nature Simplicity Medley and/or Sahale Snacks	290 Cal each
Nature's Valley and Kashi Granola Bars	190 Cal each

Energy Break \$0.96 per person
Raise the Bar!

Nature's Valley Granola Bars	190 Cal each
Nature's Valley Fig Bars	130-220 Cal each
Kashi Bars	130 Cal each

Assorted Frito Lays and Doritos
\$0.90 per person
1.5-2 oz. Bags 140-260 Cal each

Assorted Craveworthy Cookies
\$0.97 per person

Chunky Chocolate, Nutty White Chocolate, Oatmeal Cinnaraisin	250-310 Cal each
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Vegetarian Vegan

Eat Well Plant Forward

*All packages include necessary accompaniments and condiments

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Gourmet Dessert Bars \$1.78 per person

Lemon and Raspberry	300-370 Cal/2.75-3.25 oz. serving
Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Chewy Marshmallow Bars	260 Cal each

Blondies \$1.68 per person 300 Cal each

BEVERAGES

Assorted Individual Bottled Juice (Each) \$1.64 each 110-170 Cal each

Assorted Sugar Free Sodas (Bottled) \$1.42 each 0-200 Cal each

Assorted Sugar Free Sodas (Canned) \$0.79 each 0-150 Cal each

Assorted Flavored Sparkling Water (12 oz. can) \$0.63 each 0 Cal/8 oz. serving

Boxed Water \$1.24 Per Person 0 Cal each

Starbucks Coffee Service (serves 10-12) Includes Regular/Decaf Coffee and a selection of Teas \$9.84 Per Order 0 Cal/12 oz. serving

Starbucks Coffee Service (serves 20-24) Includes Regular/Decaf Coffee and a selection of Teas \$19.68 Per Order 0 Cal/12 oz. serving

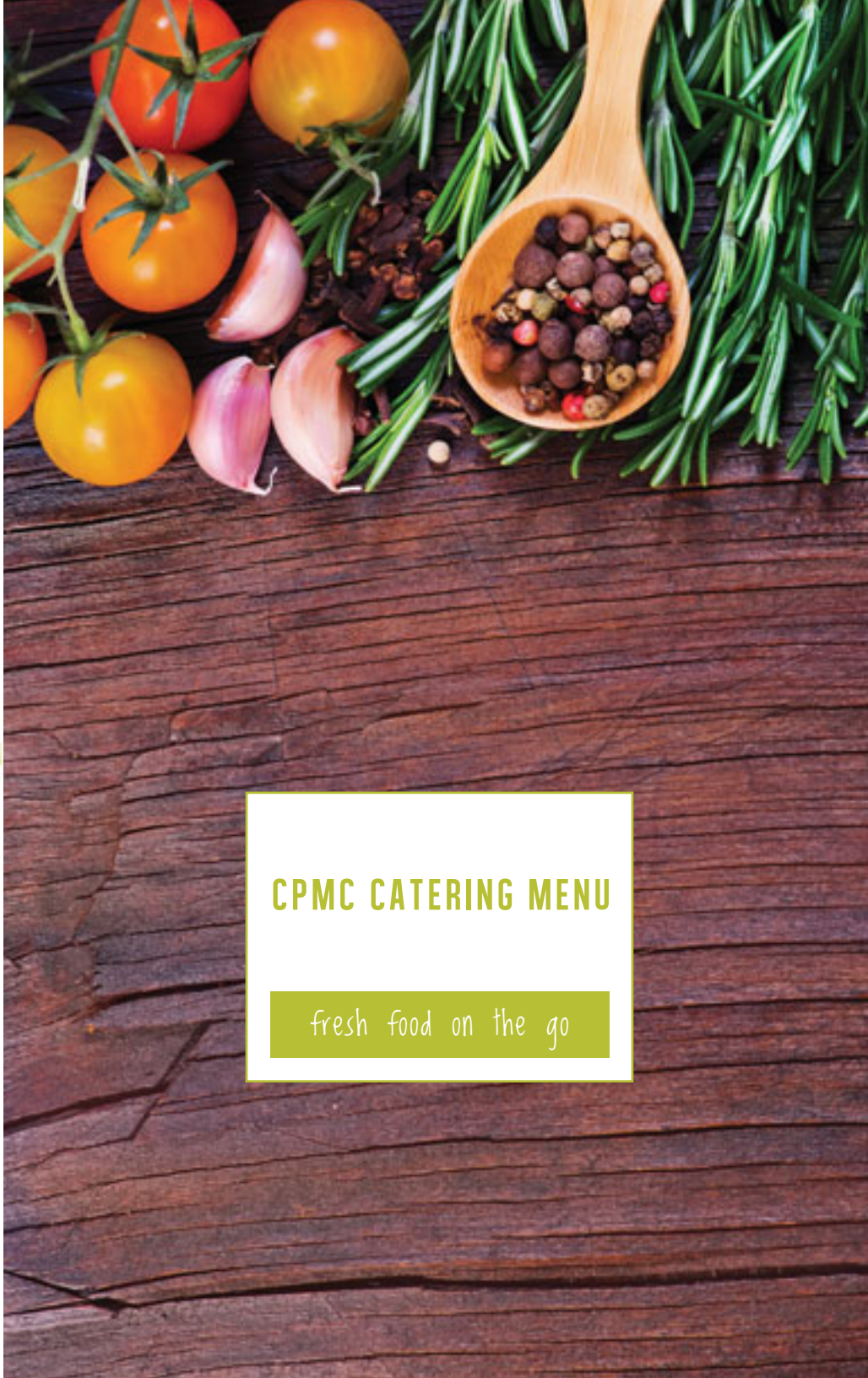


CONTACT US TODAY

www.cpmc.catertrax.com

Prices effective until 07/01/2023
Prices may be subject to change

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CPMC CATERING MENU

fresh food on the go



SUNRISE STARTERS

TOP PICK

American Breakfast

\$4.95

Available for 8 or more

Breakfast Pastry

210-530 Cal each

Scrambled Eggs

180 Cal/4 oz. serving

Breakfast Potatoes

60-180 Cal/3 oz. serving

Bacon

60 Cal each

Sausage: Pork/Turkey

60-180 Cal each



- A La Carte
- Assorted Bagels with Butter, Jam and Cream Cheese

\$1.71 per person

210-530 Cal each

Seasonal Fresh Fruit Platter (available for 6 or more)

\$1.06 per person

40 Cal/2.5 oz. serving

Assorted Individual Yogurt Cups

\$1.19 each

80-150 Cal each

Granola Bars

\$1.63 each

100-210 Cal each

Assorted Breakfast Pastries (Muffins, Scones, Danish, Croissants)

\$1.80 per person

120-530 Cal each

FAVORITE LUNCH PACKAGES

Classic Box Lunch

\$7.75 per person

Choice of One (1) Classic Sandwich or One (1) Classic Salad served with Potato Chips, Craveworthy Cookie and a 12 oz Canned Flavored Sparkling Water or Sugar Free Soda

Choice of One (1) Classic Sandwich

130-790 Cal each

Individual Bag of Chips

100-160 Cal each

Assorted Craveworthy Cookie

210-260 Cal each

Bottled Water

0 Cal each

Assorted Sugar-Free Canned Soda

0 Cal each

CLASSIC SANDWICHES

(Available Sandwich choices for the Classic Boxed Lunch)

- Ham and Provolone Sandwich with Lettuce and Tomato on Whole Wheat Bread

370 Cal each

Chipotle Roast Beef on Ciabatta with Red Onion, Spicy Pepper Jack Cheese and Chipotle Mayo

610 Cal each

Roast Beef and Cheddar with Lettuce, Tomato and Horseradish Spread on White Country Bread

460 Cal each

Tuna Salad with Lettuce and Tomato on Multigrain Bread

500 Cal each

Whole Grain Turkey Ciabatta with Red Onion, Tomato, Lettuce and Pesto Mayo

560 Cal each

Turkey BLT with Crispy Bacon, Lettuce, Tomato and Mayonnaise on Country White Bread

570 Cal each

Chicken Caprese Sandwich with Grilled Chicken Breast, Fresh Mozzarella, Tomato and Basil on a Telera Roll with Pesto Mayonnaise

630 Cal each

Greek Salad Wrap with Crumbled Feta, Black Olives, Fresh Cucumbers, Plum Tomatoes and Red Onion

430 Cal each

Caprese Ciabatta with Tomato, Mozzarella and Pesto

420 Cal each

Vegetable Lavash Flat Bread with Mixed Veggies and Hummus

130 Cal each

CLASSIC SALADS

Choice of One (1) Classic Entrée Salad

240-720 Cal each

Assorted Craveworthy Cookie

210-260 Cal each

Bottled Water

0 Cal each

Assorted Canned Soda

0 Cal each

Traditional Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons

560 Cal each

Sesame Tofu Garden Salad-Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Balsamic Vinaigrette

290 Cal each

Chicken Ceasar Salad with Grilled Chicken, Parmesan and Seasoned Croutons on a Bed of Crisp Romaine

340 Cal each

Cobb Salad with Bacon, Blue Cheese, Chopped Egg, Tomato and Greens topped with Garlic Herb Chicken

430 Cal each

Classic Chef Salad with Turkey, Ham, Cheddar, Swiss Cheese, Tomato, Cucumber, and Egg on Mixed Greens

290 Cal each

Strawberry Chicken Salad with Grilled Chicken Breast on a Bed of Arugula & Spring Mix with Straberries, Cucumbers, and Red Onion topped with Feta and Candied Almonds

340 Cal each

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.